

# **HOT AIR**

06 November 2025 — Rotary Foundation Month

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**International Toast:**  
**The School of St Jude**  
**Interact Club, Tanzania**  
See Page 4

## The President's Post

A special thanks to Bill and Anne Maree (AM) for leading last week's workshop session. Together, you shone a light on a most important priority for our future. AM's facilitation skills helped us all contribute ideas and perspectives that will shape our actions. Thanks then for the enthusiastic engagement of everyone who took part — it did make the session both energizing and productive. It was a good reminder of the collaborative spirit that truly drives our club.

If we keep one focus top of mind over the next six months: continuing to invite friends, colleagues, and acquaintances to experience our meetings. Keeping this consciously Top of Mind over 6 months will help make this a shared habit once again, we'll not only see tangible rewards but also rekindle a tradition that has long strengthened our club's vitality and reach.

We are fortunate to enjoy such strong camaraderie within an active, welcoming club. What we have here is something special — and something worth sharing.

We have locked in Thursday, 23rd April 2026 for our annual Pride of Workmanship Awards. Give some thought now to people you know who could be suitable candidates and let Rosemary Meadows know so we can start the process. If we can start thinking about them now then we should be able to find some really deserving people.

**Greg Beard**

## Upcoming Meetings & Events

- Thu 06 Nov Weekly Meeting @ United Service Club – [RSVP](#)**  
Nick Mair, Pack Mentality Group: Protecting the Pack – A Candid Conversation on Mental Health
- Thu 13 Nov Weekly Meeting @ United Service Club – [RSVP](#)**
- Thu 20 Nov Weekly Meeting @ United Service Club – [RSVP](#)**  
Amanda Jackes, Woodfordia – Unity & Good Will  
•• Membership Drive Meeting ••
- Sun 23 Nov Paddington Club 40<sup>th</sup> Anniversary Lunch – [Book](#)**  
Botanic Gardens Café, Mount Coot-tha
- Thu 27 Nov Weekly Meeting @ United Service Club – [RSVP](#)**  
Club Assembly
- ~~Thu 04 Dec~~ No Weekly Meeting – Christmas Party instead**
- Fri 05 Dec Club Christmas Party – See Page 2 – [RSVP](#)**  
•• NOTE CHANGED DATE ••

## This Week's Guest Speaker

### Protecting the Pack – A Candid Conversation on Mental Health

Nick Mair, Pack Mentality Group



Nick will bring warmth, humour, and lived experience to a topic that touches every workplace and community — mental health.

As the founder of Pack Mentality Group, and a certified Mental Health First Aid instructor, Nick combines real-world insights from his own journey with practical tools to help people support one another through life's challenges.

Blending honesty, hope, and a touch of Aussie humour, Nick's presentation **Protecting the Pack will** remind us that connection, conversation, and compassion can truly save lives.

[www.packmentality.com.au](http://www.packmentality.com.au)



Welcome on Board !

The focus for the two **Member Meetings – m&m's** - is on bringing along a guest. Our meetings feature excellent guest speakers so a great opportunity to see our Club at its best.

**The second m&m is in two weeks on the 20th November.** The guest speaker will be **Amanda Jackes, Woodfordia**, speaking about Unity & Good Will.

Plenty of time to search into your networks of friends and neighbours, with an emphasis on bringing along guests who might be interested in Rotary - they just haven't been asked!

So what have **m&m's** got to do with it? Everything! As a very special incentive, for every guest you bring along, you will receive a packet of **m&m's**. How's that for stimulation!

**Bill Phillips**



**TOGETHER WE SEE A WORLD  
WHERE PEOPLE UNITE AND TAKE ACTION  
TO CREATE LASTING  
CHANGE ACROSS THE GLOBE  
IN OUR COMMUNITIES AND IN OURSELVES**

Rotary Grace: For the fellowship of Rotary, we give our thanks.

## Last Week's Meeting



Yvonne Robson, dressed as a jockey and winner of best outfit, with Greg Beard



Ann Maree Buttner winner of the best hat



Bill Phillips promoting the upcoming membership drive meeting



Rob Drake & Roly Wells getting into it



Ann-Marie Bennett & Deb Le Garde, fascinated.



Russell Postle finishing a close second in the Joker Draw

## Wendy's Wanderings

In her role as Rotary Foundation Australia Director you might think that Wendy is living the high-life when you see all the functions and events that she is attending, but it's a lot of hard work and all for a good cause!

On Monday 27 October I spent a day with The Director of the Peace Centre and some of the Peace Fellows to discuss the Centres around the world, the similarities and the differences. The Fellows that are here are from Group 23. More than 220 Peace Fellows have graduated and are now working across the world.

Included in the photo at right are the Director and staff of POLSIS at the University of Queensland, four Peace Fellows, staff of Rotary International from Evanston and four Past District



Karena Bierman from RI Headquarters in Evanston and Greg Marlow from the Northern Territory

Also on Monday 27 October the bridges of Brisbane were lit purple for polio. We live in a beautiful city.

Recently I was speaker at the Wynnum & Manly multi club Foundation dinner. More than \$5000 was raised for the Foundation from the auction on that evening plus an additional \$1,000 direct donation.

**Wendy Protheroe**



Tracy Wyatt (RC Wynnum and Manly), Wendy Protheroe, & Robin Archer (RC Cleveland)

## Halloween @ Bellbowrie

Each year, in the month leading up to the last Saturday in October, James Postle converts the front of his house at Bellbowrie into a serious Haunted House Halloween spooky experience.

Complete with a maze and a team of enthusiastic helpers, they ensure a scare is achieved. Fortunately, the neighbours are very supportive!

On the Saturday this year's cast inside the maze included James' school mate David and his partner Polly, Jane Hillyard, Mark and his schoolmate Eliot, and James' daughter Grace. Out front, to manage the crowd, were Rotaract President Gareth, with Deb and I. Friday 31<sup>st</sup> was the actual Halloween and so James opened again for a second, but reduced, night.

**Russell Postle**



## Upcoming Events



**Service Project:**  
**GIVEwrap**  
**Christmas Gift**  
**Wrapping**

We're inviting volunteers to join the **Act for Kids Christmas Present Wrapping Fundraiser** at **Toowong Shopping Centre** — a wonderful way to support a great cause and share some festive cheer with the community.

**Please let me know your availability for any of the following shifts:**

**Saturday 20<sup>th</sup> December:**

Morning: 9am – 1pm  
Afternoon: 1pm – 5pm

**Monday 22<sup>nd</sup> December:**

Morning: 9am – 1pm  
Afternoon 1pm – 4pm  
Evening: 4pm – 7pm

**Wednesday 24<sup>th</sup> December:**

Morning: 9am – 1pm  
Afternoon: 1pm – 5pm

**Sunday 21<sup>st</sup> December:**

Morning: 9am – 1pm  
Afternoon: 1pm – 5pm

**Tuesday 23<sup>rd</sup> December:**

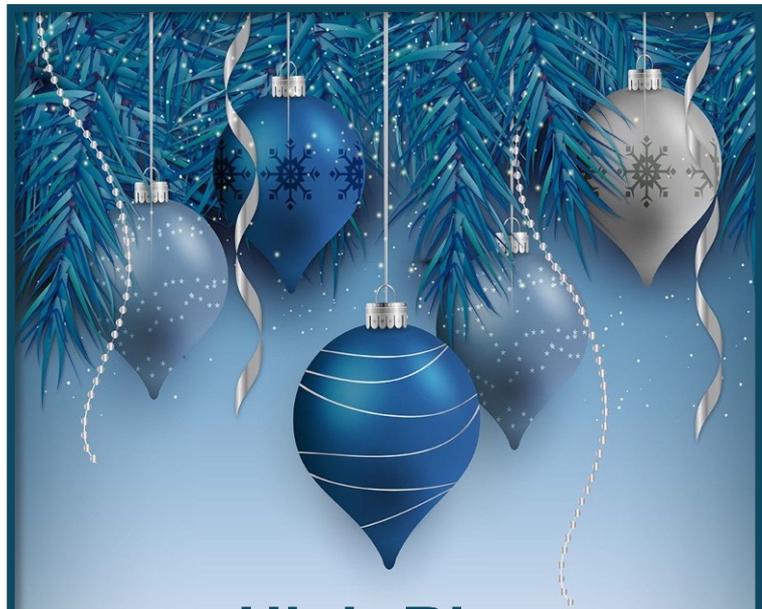
Morning: 9am – 1pm  
Afternoon: 1pm – 4pm  
Evening: 4pm – 7pm

**Location:**

Toowong Village, 9  
Sherwood Road,  
Toowong, QLD 4064.

It would be great if you could donate a few hours of your time to make this event a success and raise funds to help kids heal from trauma.

Contact **David Bunce** to **lock in a shift spot** or for more info.



## High-Rise Christmas Party

**Date:** Friday 5 December  
**Time:** 6.00 – 10.00pm  
**Venue:** The Tillmans, Tarragindi  
**BYO:** Wine and Beer (ice provided)  
**Cost:** \$50/person  
**RSVP:** Friday 21 November - email [yrobson@gmail.com](mailto:yrobson@gmail.com)

The cost includes a glass of welcome bubbles, three course sit down dinner, coffee and tea and a take home treat. Plenty of street parking.

# Effective Thinking and Writing (WRIT1999)



**WRIT1999 is a University of Queensland Enhanced Studies course open to Year 11 students from eligible schools or any Queensland Year 11 student who identifies as Aboriginal or Torres Strait Islander.**

The goal of the course is to assist students who have completed Year 11 in acquiring academic skills that will enhance their Year 12 performance and gain a university place in their desired program. It is free to all eligible students.

## Key Details

**Dates:** Monday 12 – Friday 16 January 2026

**Format:** 5 days of classes

**Times:** 9am–3pm each day

**Venue:** The University of Queensland, St Lucia Campus

## Benefits



Previous WRIT1999 students have shown improved academic results, higher rates of university completion and success in UQ degree programs.



Students who successfully complete WRIT1999 will be eligible to receive one adjustment point toward their UQ entrance rank (1-99 scale) through the Subject Incentive Scheme.



Students who later enrol in a relevant UQ degree may receive credit for their completed course, depending on which degree they enrol in and subject to approval by the relevant Faculty.



WRIT1999 counts for 2 points towards a student's Queensland Certificate of Education (QCE).

## For more information, please contact:

**Fiona Beavis**

Senior Manager

Advancement and Community Engagement

P 0477 521 682

E [f.beavis@uq.edu.au](mailto:f.beavis@uq.edu.au)

W [critical-thinking.project.uq.edu.au](http://critical-thinking.project.uq.edu.au)

**Bruce Jones**

Rotary Club

E [writ1999@rotary9620.org](mailto:writ1999@rotary9620.org)

## Learn more:

[www.critical-thinking.project.uq.edu.au](http://www.critical-thinking.project.uq.edu.au)

## Eligible schools and enrolment process:

To identify eligible schools and learn more about the enrolment process, visit:

[www.critical-thinking.project.uq.edu.au/writ1999](http://www.critical-thinking.project.uq.edu.au/writ1999)

## UQ Donations:

To support a student, please pay the total amount of your preferred option online here:

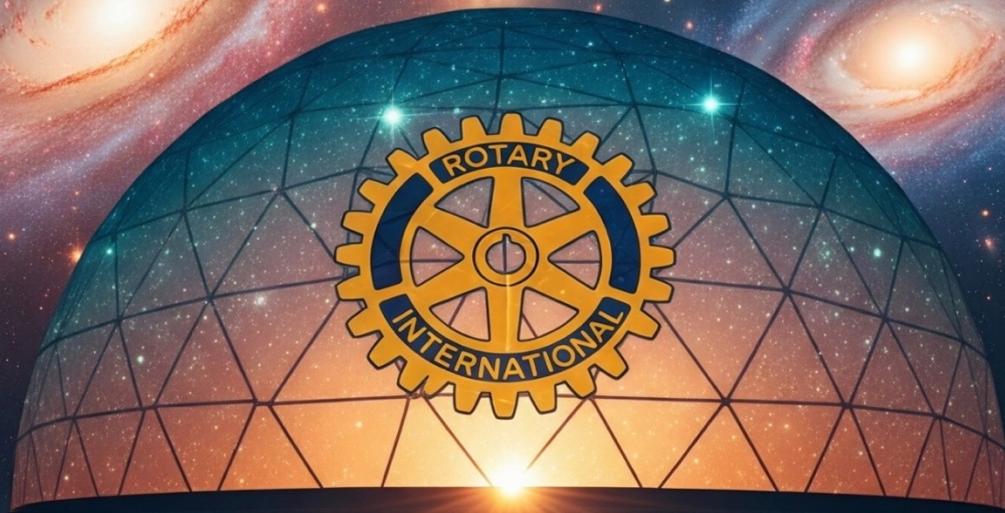
[www.donations.uq.edu.au/critical-thinking-project](http://www.donations.uq.edu.au/critical-thinking-project)



**Watch why WRIT1999 is award-winning**

# 40<sup>TH</sup> ANNIVERSARY LUNCH PARTY

Rotary Paddington/Brisbane Planetarium



**Sunday 23rd November**  
**12pm for 12:30pm start**

#### ABOUT

40th Birthday Celebration of a remarkable Club

On: Sunday 23 November 2025

At: 12:00 for 12:30pm – 4:30pm

Where: Botanic Gardens Café 152 Mount Coot-tha Rd, Mount Coot-tha QLD  
4066

Rotarians and their friends Cost: \$ 68 Inc. 2 course lunch & drink on arrival then cash bar  
Rotaractors and their friends special price \$35

#### DATE

Sunday 23 November 2025 12:00 PM - 3:00 PM (UTC+10)

#### LOCATION

Botanic Gardens Cafe  
152 Mount Coot-Tha Rd, , Mount Coot-Tha QLD 4066

[Book Here](#)



**Rotary Club of Brisbane High-Rise  
Calendar 2025-26**

**Activities outside of Club Meetings**

**KEY:**

Major Projects
Community Services
Social
Foundation
Youth
District Events, Conferences or Training

NOVEMBER <i>Rotary Foundation Month</i>	
Art Show 2026 Preparation	World Interact Day 5-Nov
Pretty Woman The Musical QPAC 12-Nov	Club Meeting Bring a Guest 20-Nov
Board Meeting 24-Nov	Coffee Brigade Fundraising Breakfast 25-Nov

DECEMBER <i>Rotary Disease Prevention &amp; Treatment Month</i>	
Art Show 2026 Preparation	Kinross Cluster Meeting 4-Dec
Club Christmas Party 5-Dec	Last Day Early Rego Rotary Int Conf. 15-Dec
Family Xmas Party 18-Dec	QPAC Theatre Night "Spirit of Christmas" 18-Dec
Xmas Gift Wrapping Fundraiser for Act for Kids 20-Dec	Xmas Gift Wrapping Fundraiser for Act for Kids 21-Dec
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**Board Members 2025-26**

President	Greg Beard
Past President	Jane Andersen
President Elect	Cindy Kemp
Secretary	Ann Maree Buttner
Treasurer	Cindy Kemp
Community Projects	David Bunce
Marketing	Ann-Maree Bennett
Membership	Bill Phillips
Rotary Foundation	Susan Rix
Youth	Loretta Lynch
<b>Assisted By:</b>	
Fellowship	Margot Baillie
Speaker Program	Ann-Maree Bennett
Administration	Rosemary Meadows
Hot Air	Steve Knight

**Duty Roster**

**REMEMBER:** *If you won't be there that day then it's your responsibility to arrange a replacement*

	Greeter & Closedown	Chair
Thu 06 Nov	Tom D	Kerstin B
Thu 13 Nov	Robyn D	Tom D
Thu 20 Nov	Jennifer E	Robyn D
Thu 27 Nov	Helen F	Jennifer E
<del>Thu 04 Dec</del>	<i>No Meeting – Club Christmas Party instead</i>	
Thu 27 Nov		Helen F

**Lindsay Marshall, Russell Postle & Alex Griffiths** once again supported the RFDS through the **Oceans to Outback** October challenge:



**Stats:**

Russell 641km ] *combined that's more*  
Lindsay 649km ] *than riding to Longreach*  
Alex 698km  
Total 1,988km => *close to 2,000kms!!!*

**Total raised:**

Combined to date is over \$17,000 plus others at my work so approx. \$19,000. Pretty humbling.

**Highlights:**

**For me** – riding in 22 countries without any being affected by the weather nor travelling issues (plus walking 20km up Mt Coot-tha). Mind you, I found it harder cycling indoors than on the road and missed being actually outdoors. Nevertheless, absolutely worth doing though it for the RFDS.

**For Russell** – I believe, having not ridden during week 3 as he was away on K'Gari, he did over 150kms in 3.5 days Sat-Tue last week. Legend. And his fund raising is amazing (as usual).

**For Alex** – he did his kms in the first 3 weeks as he and Sharon were away the last week on holiday in Vietnam - huge!!!

**Lindsay Marshall**

**The books are still open during November — use the links below to support the extraordinary RFDS:**

[Lindsay Marshall](#) [Russell Postle](#) [Alex Griffiths](#)



**International Toast**

This week is we are celebrating the:  
**The School of St Jude Interact Club, Tanzania**



Wednesday 5 November is World Interact Day – the anniversary of the founding of the first Interact Club.

The School of St Jude has an Interact club which is run by secondary students aged 12-18. A recent project is making blackboard dusters from the recycled mattress foam, which helps reduce the amount of waste going to landfill.

<https://www.schoolofstjude.org/our-school/rotary/>

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