



10 Apr 2025 — Youth Service Month

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**International Toast:** Rotary Club of Port Moresby, Papua New Guinea See Page 4

#### The Presidential Point:

When you look at the photos from last week's meeting it looks like everyone is very distracted and not listening to the speaker. Actually, it's the opposite as everyone was listening and practicing everything that Yvonne Todd was telling us about how to take better photos from our mobile phones. She even gave us homework to do - I'm now expecting great things from us all when in the photos we take of our events and projects. Yvonne, thank you very much for such an engaging and practical talk.

We also spoke about the horror of the western Queensland floods. It was decided that we should run a serviette appeal, but that we need to wait for Lindsay to return from his New Zealand holiday to organise it as he is so good at it! Watch for it at an upcoming meeting.

We have an exciting meeting this week with the Pride of Workmanship Awards- we have 5 fantasic reipoients and 4 of them will be at the meeting this week so be there to hear about, and to support, these wonderful people! Thanks Rosemary for organising this.

On Sunday the Tree Planting at White's Hill Reserve, Boundary Rd is happening. In past years it has been a great day, and satisfying to see what can be achieved in a few hours. Hope to see you there.

#### Jane Andersen

#### **Upcoming Meetings & Events**

Thu 10 Apr Weekly Meeting @ United Service Club - RSVP

Pride of Workmanship Awards

Sun 13 Apr District Tree Planting - RSVP

Whites Hill Reserve, Camp Hill

Thu 17 Apr Weekly Meeting @ United Service Club - RSVP

Easter meeting - Very Rev Dr Adrian Farrelly

Thu 24 Apr Meeting Cancelled

ANZAC on K'gari instead.

Thu 01 May Weekly Meeting @ United Service Club - RSVP

Michael Eather, FireWorks Gallery

Thu 08 May Weekly Meeting @ United Service Club - RSVP

Prof Eric Chung - Coloplast Interventional Orology Thu 15 May Weekly Meeting @ United Service Club - RSVP

Brendan Rook - Investigator - Australian Army



DG Sue Mulraney has agreed to another D9620 Tree Planting Challenge Day this year: 9am - 11am Sunday 13 April 2025.

April is Environment Month and participating in this event allows Clubs to contribute to Rotary's latest area of focus **Supporting the Environment**.

Brisbane City Council's Offsets and Restoration Team has once again offered a venue - this year's planting will be at Whites Hill Reserve, Boundary Rd, Camp Hill.

Contact David Bunce if you are interested in attending.

#### Mother's Day Raffle - Tickets On Sale This Week



At this week's meeting we will not be having a Joker Draw instead we will be selling tickets in our Mother's Day Raffle. The prize is this beautiful cultured pearl ring kindly donated by Margaret Rix.

The tickets are 3 for \$10 and we'll continue to sell the tickets up to our meeting on the 8th May when we will do the draw.

Pay Cindy at the desk, deposit online (make sure to put a suitable reference) or pay cash to me at our meetings. Proceeds go towards club projects

Margot Baillie.

Rotary Grace: For the fellowship of Rotary we give our thanks.

# **Last Week's Meeting**

This week our member, Yvonne Todd, gave a practical lesson on how to take better photos with mobile phones.

I'm looking forward to even better pics from you all now – the bar has been raised! Ed



Yvonne Todd presenting



Yvonne Todd & Jane Andersen



Yvonne Todd & Anne Maree Buttner



Roly Wells & Ros Mumford



Jane Andersen, Loretta Lynch, Steve Settle (who clearly brought the wrong glasses) & Rob O'Donovan (it looks like the camera is on selfie view).



Cindy Kemp & Ann-Maree Bennett



Robyn Drake (behind), Susan Rix, Ros Mumford (obscured) and Wendy Protheroe (looking for divine inspiration)



Once again the Joker Draw did not go off but you will now have to wait until the meeting on 15 May for the next chance.

## **Upcoming Guest Speakers**



#### 17 April 2025 - Easter meeting - Very Rev Dr Adrian Farrelly

Very Rev Dr Adrian Farrelly's is a Member of Council of priests, College of Consultors and the Episcopal Council. He is a Judge of the Regional Tribunal for Queensland from 1983 to the present.

Ordained 8 August 1973, he has served in Ekibin and Gayndah, was Sunday assistant at St John the Apostle Ottawa and Stafford, and Administrator at Clayfield, Gympie and Gayndah.

He is now retired and his favourite secular pastime is golf

#### 08 May 2025 - Prof Eric Chung

Professor Eric Chung is a consultant urological surgeon at the AndroUrology Centre for Sexual, Urinary and Reproductive Excellence and holds professorial academic appointments at the University of Queensland. He holds numerous executive positions including President-elect of the International Society of Sexual Medicine (ISSM), Chair of the male urinary section and Past Chair of the Andrology section within the Urological Society of Australia and New Zealand (USANZ) and serves as an Advisor on the Panel of Clinical Experts (PoCE) for the Australia Government Department of Health. He is the only urologist from Australia invited to serve at the recent International Consultation on Sexual Medicine, the peak body on all matters relating to sexual dysfunction.





#### 05 June 2025 - Cr Vicki Howard, Brisbane City Council

As a long standing resident of New Farm, Vicki Howard has been proud to represent Brisbane's vibrant inner northern suburbs in Brisbane City Council since 2012. Vicki's passion for the inner city drives her to ensure Central Ward receives strong and effective representation that delivers the roads and transport we need, the parks and greenspace we want and the reliable services and lifestyle opportunities we deserve.

#### 12 June 2025 - Brendan Ketter and Sally Huynh, Shadforth Financial

**Brendan** is a Private Wealth Adviser in the Brisbane office and has been with Shadforth since 2007. Over this time has built specialised knowledge in superannuation, retirement strategies, tax planning and portfolio management. His greatest joy comes from helping people from all walks of life achieve financial independence and eliminate financial anxieties. Outside of work Brendan enjoys supporting all Queensland sporting teams. He is a husband and father and loves being part of his son's growth and development through life. On his holidays Brendan enjoys travel and dining his way through Taiwan, the birthplace of his wife.

**Sally** is a Private Wealth Adviser in the Brisbane office and prides herself in providing exceptional personalised services to her clients. She partners with successful hard working families, business owners and executives, busy medical professionals, and separated spouses to make the most of their financial future. Sally also has a strong understanding of and considerable experience providing investment advice services to the not-for-profit (NFP) and community sectors. Away from work, Sally is married with two children and is a doting mum who enjoys keeping her family active through bike riding, swimming, golfing and walking.





### Yvonne's walking again...

One of our members, Yvonne Robson, is off doing a trek again – recently she was near Viano do Castello in Portugal and looks to be enjoying it!



## Date Claimer — Croquet Under Lights Sunday Evening, 25 May 25

Mark your diaries now – an evening of fun and fellowship at Stephens Croquet Club, Annerley on Sunday 25 May 25 – learn how to play and have some fun!



#### **Duty Roster**

**REMEMBER:** If you won't be there that day then it's your responsibility to arrange a replacement

Setup, Greeter & Closedown Chair Thu 03 Apr Phil G Rosemary M Thu 10 Apr Ken M Rosemary M Thu 17 Apr Ken M Lindsay M Thu 24 Apr No Meeting - ANZAC on K'gari instead Thu 01 May Lindsay M **TBC** 

### **International Toast**

This week is we are celebrating the:

Rotary Club of Port Moresby, Papua New Guinea



In impoverished rural areas of Papua New Guinea 54% of children are stunted (short for their age) and 14% are wasted (low in weight), frequently leading to permanent, undiagnosed, physical and mental impairment. An inadequate diet that is low in energy, protein, fats and oil is largely to blame. Together, the Rotary Club of Port Moresby in PNG and the Rotary Club of Nambour in Queensland, received Global Grant funding from The Rotary Foundation to address the issue with a project to break the malnutrition cycle.

After completing a community assessment that confirmed the critical need for education regarding improved nutrition, they delivered a program that encouraged healthier, stronger and smarter babies with unrestricted cognitive development.

A two-week Train-the-Trainer Workshop for Healthier, Stronger, and Smarter Babies was provided to 55 volunteers from 19 villages. Subsequently, 15 teams of instructors delivered awareness sessions to villagers on improved nutrition, birth control, immunisation, disease treatment, and Water, Sanitation and Hygiene at 41 workshops. Follow-up revision workshops were also held at another 13 villages.

Information resources such as booklets and diet posters were provided to reinforce messages. Demonstration gardens of nutritious foods were established. Each family was given seed of corn, beans, peanut and coconut to encourage production of nutritious food. Talks on nutrition were also given to school children. Project lessons were broadcast on Radio Biami, in both English and the Bedamuni (Biami) language.

At baby food workshops, women prepared simple mashed foods for their babies like fresh dessert banana and papaya, boiled pumpkin and other staple foods enriched with coconut milk or marita pandanus, as well as more complex foods like corn and bean porridge and peanut butter.

About 2,000 families learned about the importance of good nutrition from volunteer instructors. Demonstration gardens showed how the addition of organic matter to the soil maintains soil fertility and promotes productivity of nutritious crops in intensive home gardens. Women had fun preparing new, nutritious baby foods — and the babies relished these foods. Nutrition lessons were reinforced through revision workshops, talks to school children and broadcasts over Radio Biami, as well as widespread distribution of booklets and diet charts for each village. The challenge is to transform awareness into sustainable adoption of nutritious diets for mothers and infants.

https://www.rotaryfoundationaustralia.org.au/project/betternutrition-png-mothers-children