



Invocation. *For good food, for good friendship and the privilege to serve we give thanks.*

Four Way Test of the things we think, say or do. *Is it the TRUTH? Is it FAIR to all concerned? Will it build GOODWILL and BETTER FRIENDSHIPS? Will it be BENEFICIAL to all concerned?* (Last week, David Collis reminded us that the four way Test has a ninety year history and is translated into 100 languages)

SHIRL'S SHENANIGANS

Meet and Greet When I was in Caloundra Rotary the Meet and Greet position was taken seriously. Guest speakers and potential new members were warmly welcomed, introduced to members, accompanied to dinner and guided through the meeting. In the year I was there two guest speakers joined the club and established an Environment Program which included the rare privilege of watching baby turtles speed into the ocean. When John and I tasted Probus the Greeter had morning tea with us. When I mentioned this at the board meeting Jeff Proud said, 'I didn't know that.' and suggested that we should make it a designated position for gabby people and perhaps 6 people could share it. I will open a discussion about Meet and Greet at the next meeting.

John Gillet I think the guest speakers this year have been particularly enlightening and done much to enhance our meetings. A big THANKYOU John.

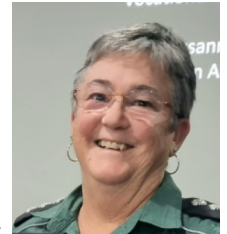
Who is Multiplex? Apart from being the contractor for our \$260 million dollar hospital. A **small** sample of Multiplexes other projects include **Newcastle** Health and Innovation Precinct, Western **Sydney International Airport**, **London**, Town Centre, RAAF Curtin Redevelopment, **Derby**. Multiplex was founded in 1962 by Perth businessman John Roberts. In 2007 it was acquired by Brookfield Asset Management, part of Brookfield Business Partners, Head Quarters, Toronto Canada, a publicly traded limited partnership. **SHIRL**



Bag Stuffing

Last week : Sue Page St John's Ambulance

Sue gave us a potted history of St John's, starting with monks in Jerusalem establishing a hospital for the disabled. This was before the Crusades whose aim was to destroy Islam in the holy city. The Knights of St John absorbed the monks, turning them into armed soldiers. Then the fortunes of war drove them out of the Holy Land, first to the island of Rhodes then in 1530 to Malta which they ruled for the next 250 years. Driven from Malta, the Knights spread through Europe. They were most successful in The UK where Queen Victoria gave them a Royal Charter, covering their Hospital and Ambulance activities. Sue seemed a little uncertain on this, but it appears that King Charles 111 is the Sovereign head of the Order of St John.



St John's Ambulance in Australia dates from 1883. Here in Moruya iSue heads the Moruya Division. Predominately its job is to teach First Aid, but it also has two vehicles which are available to attend gatherings if invited..

Despite its rich heritage, St John as a voluntary charitable organization depends very much on donations and fees for services. If the van is asked to appear there will be a fee, the amount assessed by Sue— John Nader remembers when the Rodeo Committee would set aside \$1,000 to have the van present—a reassuring presence offering treatment following accidents though essentially only until a professional ambulance arrived.

Now that the Moruya Division has been extended to cover Bega, Sue's travelling has increased, as has fuel costs involved with the van. We were able to donate \$500 to this very worthwhile cause.

President Shirl's Board. *Vice President* Andrew Elek; *Immediate Past President* Chris Manahan; *Secretary* Andrew Elek *Treasurer* **Jeff Proud** *Director Club Service* Keith Armstrong; *Meal Numbers* John Spencer; *Program* John Gillett; *Bulletin* John Sewell; *Membership* Peter Smith; *Director International* Shirl Hayes; *Director Vocational* Pauline Gleeson; *Director Community Service* Tony Armstrong; *Director Youth Service* **Rhonnie Sourh** *Rotary Foundation* Keith Armstrong; *Catering Projects* Tony Armstrong, *Protection* Col Jay; *ShelterBox* Alan Shephard.

RAWCS Recognises John Hayes

The May edition of Rover, the on line magazine of RAWCS (Rotary Australia World Community Service) is dedicated to the memory of John Hayes.

It is always worthwhile reading Rover to recognise the scope of this voluntary work, but this edition has an emphasis on Sexual health which leads it to the work of Shirl's SHEP - *Sexual Health Education through Pictures*.

Family planning and avoidance of sexually transmissible diseases (STDs) are two of the benefits that sexual health education can provide.

Shirl was invited to provide a history of the work she and John had done in this area. You can find her story at Pages 6 and 7 of the Rover. This is a very short summary.

2011. Kalumburu Catholic Mission, Western Australia

John had volunteered at the remote First Nations settlement for six months. Shirl joined him.

2012. Western Kenya. We lived on the farm and volunteered for the Women's and Men's Health program igniting the spark that was to become SHEP.

2013. Siem Reap, Cambodia Six weeks teaching English to poor children in a Buddhist school.

2014. Nepal, Kathmandu For four weeks we taught English through craft.

2015. Tonga, School renovation, Lapaha

2015. Timor Leste, First use of SHEP pictures. Four year garden project on Arturo Island

2016. Timor Leste, Rotarians against Malaria (RAM) fact finding mission

2018. Philippines, two one-week medical missions in Caluya and Jabonga

2018. Papua New Guinea, Paul Tunn Memorial Dental Project. SHEP now a complete teaching program for Anatomy, Family Planning and STIs, with 5 PowerPoint Presentations.

2019. MinPRA, Philippines After three weeks in 13 high schools, 3,000 teenagers knew how to prevent pregnancy.

2020. Rotary Convention Hamburg. A Hall of Friendship Booth and a 30 minute presentation. We had 183 email requests to send the complete program on a Dropbox link. Follow ups have included from Uganda, *The Girls Support G Group* and from Nigeria a report of progress from Chief Modestus Ukachukwu *'It was an expository session as our team in Imo state Nigeria challenges female students of Nnorie Secondary Technical School to take charge of their sexual lives.'*

Editor's Note. Remember that for almost all these projects, John and Shirl paid for their own air fares.

The Eastern Region RAWCS Meeting will be by ZOOM at 9 a.m. on Sunday 21st May 2023

Duty	This Week 16 May	Next Week 23 May
Badges	Ward Hack	Michel Nader
Invocation/Toast	Cletus Heffernan	Steve Picton
Meet and Greet	Merv Jamieson	Jeff Proud
Cashiers	Col Jay Chris Manahan	Sue Proud Fred Power
4 Way Test	John Nader	John Sewell
Introduce	Keith Armstrong	John Gillett
Thank	The Company	The Company

Birthdays and Anniversaries: - Nil

May 16	Ella Wilden	NYSF Student
May 23	John Gillett	Red Door Theatre
May 27-31	Melbourne Convention	Many Members attending
May 30	Social Evening	
June 6	Discussion -Convention	Attendees
June 13	Lauren Barnett - Life and Times	
June 20	Sue Murphy ?	Museum matters
June 27	CHANGEOVER	

Meal Numbers. John Spencer will assume you will be attending Tuesday meetings unless he hears otherwise.

We have to notify the Golf Club how many meals are required by 10 am on Tuesday. That is the number of meals ordered and they have to be paid for.

If you will not be attending, contact John by phone or message at 043 8282 663. To assist the kitchen staff and avoid late service it is equally important that you contact John if you intend to bring any guests, plus any dietary requirements they have.

Sexual Health Education Changes Everything

REDUCE	PROMOTE
ignorance	→ medical knowledge
superstition	→ understanding
endless childbearing	→ considered family planning
teenage pregnancy	→ say 'No!'
maternal and baby mortality	→ a happy and healthy life
rising population	→ economic development
poverty	→ couples discussing options
silence misunderstanding	→ words to express and learn
sexual violence	→ shared responsibility
STIs	→ informed sexual choices
wellbeing of body, mind and spirit	