



Invocation. *For good food, for good friendship and the privilege to serve we give thanks.*

Four Way Test of the things we think, say or do. *Is it the TRUTH? Is it FAIR to all concerned? Will it build GOODWILL and BETTER FRIENDSHIPS? Will it be BENEFICIAL to all concerned?*

A message from Andrew

I have experienced bouts of depression for many years. I am not deeply depressed right now, but have been sinking during the past few weeks. I have learned, the hard way, that if I don't lighten the load, the episode can become quite severe. Therefore, I can't see my way to take on the responsibility to be the president of the club next financial year. I have also taken leave from the board of Muddy Puddles.

I am sorry to have caused an unexpected problem for all my friends in Rotary Moruya. I hope you will agree that it is better for the club, as well as for me, to alert you to the problem now rather than waiting till later.

SHIRL'S SHENANIGANS

Presidential vacancy for Moruya Rotary. As you will see from his note above, sadly Andrew will not continue with the President's role in 2023/24. Andrew will talk to the club on Tuesday night about the unique features of his health condition which has led to this decision. I wish Andrew a speedy recovery.

So the position of President Elect is vacant. From my experience, so far, being President of Moruya Rotary has been full of surprises, opportunities and important decisions. Club members please consider if you would like to take on this role and let me know before our meeting on Tuesday 4th April.

Merimbula Photograph...

The position holders for the coming year are standing at the back of the photograph.

The red head holding the microphone is District Governor Elect Andrea Grosvenor. The others are her district's office bearers. Look at the audience what do you notice?



PETS Training and Learning Development at Merimbula.

It was very poignant when Past Rotary International Director and captivating speaker Noel Trevaskis talked of his experience with depression. He said, "Rotary gave me a purpose in life ... sharing my story at clubs was a healing story." He had gentle advice, "Do what you can when you can ... Have a social night on a different night ... you must have a purpose ... members want friendship and community service not sausages service ... many new members leave within two years as clubs are not giving friendship to new members."

Youth Protection was a subject at the Merimbula conference. It is a complex area, which Sue Proud handled in her years as Protection Officer, in which she made sure that those of us who were likely to have anything to do with children (defined as under the age of 18) had the necessary clearances under the Working with Children Check. These checks are valid for five years. Since 2019, a Volunteer Declaration is required for anyone who is alone with one person under 18. This is particularly relevant if taking a young person home in a car but applies in all other situations. At the Conference the presenter made the point that if a Rotarian is talking to a group or two or more young people he or she is classified as a Responsible Adult and only needs a Working With Children Check (WWCC). However if alone with a person under 18 he/she is considered a Volunteer and also needs the Volunteer Declaration. *(I can't find any back up for Shirley's note on this point—perhaps after District Changeover we should investigate further? Editor.)*



Narooma Rotary. Steve, John and I went to the meeting to officially accept a check for \$3,900 for CAERH. However we got much more as it was their Pride of Workmanship Awards with about 8 young people receiving recognition. Wonderful. *Shirl.*

President Shirl's Board. *Vice President* Andrew Elek; *Immediate Past President* Chris Manahan; *Secretary* Andrew Elek; *Treasurer* Jeff Proud; *Director Club Service* Keith Armstrong; *Meal Numbers* John Hayes; *Program* John Gillett; *Bulletin* John Sewell; *Membership* Peter Smith; *Director International* Shirl Hayes; *Director Vocational* Pauline Gleeson; *Director Community Service* Tony Armstrong; *Director Youth Service* Rhonnie Sourh; *Rotary Foundation* Keith Armstrong; *Catering Projects* Tony Armstrong, *Protection* Col Jay; *ShelterBox* Alan Shephard.



Duty	This Week 28 March	Next Week 4 April
Badges	Cletus Heffernan	Steve Picton
Invocation/Toast	Mervyn Jamieson	Jeff Proud
Meet and Greet	Col Jay	Sue Proud
Cashiers	Chris Manahan John Nader	Fred Power John Sewell
4 Way Test	Michel Nader	Alan Shephard
Introduce	-----	TBA
Thank	-----	TBA

Birthday: John Hayes
Anniversaries: The Hayes and the Prouds

Last Week: Pizzas at Gillett House

A Community Service project in Marian Pearson's year was to build a pizza oven for Yumaro. December 2019 found Col Jay and Chris Manahan hard at work on the construction, which first needed a concrete slab on which the oven would rest.



We were to meet there on 8th April 20 to test the finished work but Covid intervened. Last week's meeting was Yumaro's 'thank you'.

The oven which had been wood fired since early morning was in tip top shape to produce excellent pizzas for our crowd of around thirty, the highest number it has handled. But then, of course, its product needed the skill of the small band of Yumaro women, armed with the pizza shovel, to produce our pizzas.

Tours of Gillett House were organized by Yumaro CEO, Mark Brantingham. There is much to admire: six apartments and, in the two story building where the original house stood, accommodation for the 24/7 supervisor and for carers in need of respite.



March 28	Social evening	
April 3 & 4	RYDA	At the Race Course
April 4	TBA	<i>Cinders is now on 11 July</i>
April 8	Saturday Races	Rotary Easter Cup. John Spencer will be calling for names this week.
April 11	Board Meeting	
April 18	Ken Hutt	Mt Everest Conquest
April 25	Social Evening	
May 2	Vocational Award	
May 9	Board Meeting	

ANU Students—Secretary Andrew reports:

Thank you to all the hosts of medical students this year. I hope all of you enjoyed meeting some of these bright young people as much as we did.

Special thanks to Hannah, the really efficient organizer of the student's visit to Moruya.

Our two explained all of the components of their visit; both had become very fond of our town.



And another apology to a couple who put their hand up to host, but I failed to put them on the list.

You do not need to thank Jane or me, we really enjoyed the event.

All the best, Andrew