

Invocation. *For good food, for good friendship and the privilege to serve we give thanks.*

Four Way Test of the things we think, say or do. *Is it the TRUTH? Is it FAIR to all concerned?*

Will It build GOODWILL and BETTER FRIENDSHIPS? Will it be BENEFICIAL to all concerned?

Derek's Dissertations

We had a very interesting and informative evening last week when Tracy Blake kept us up to date with the Oncology Unit at Moruya Hospital, which is operating as a level 4 unit. Following Tracy, Claire Waite told us of her role as a prostate cancer carer, and the importance of continuing to be tested for PSA, and also the after care for those who have had prostate cancer. We do have some amazing, dedicated health care professionals in our region.

This week we commence starting our meeting at 6:30, gathering at the golf club from 6pm. You will all have received my email last week with the background to this change, and I hope you all manage to arrive on time to enjoy our club fellowship. I've had some feedback that some time ago this used to be the way the club met, early for the winter months. (We will have to let the district secretary know of our change so that visiting Rotarians will arrive at the appropriate time.)

Our May board meeting will be held prior to our club meeting this week, still commencing at 5:00pm, and as usual I will report on important matters to the club meeting and include some items in next weeks bulletin. Phil Armstrong is still looking for members to assist at the kiosk for the race day on Sunday 26th May, so if you can help on this day, please let Phil know as soon as practicable so he can finalise the race day roster. We have had the situation at the last couple of meetings where some members have doubled up on the day to ensure we have a full team for the day. For those who have done that, the Club thanks you, but that places a burden on those members. So please, if you can help and haven't let Phil know, can you do so soon?

Editor John has requested Board members to commence organising their annual report for the Changeover Bulletin so he can put that together. Last week John included a poem that appeared in the Batemans Bay Rotary bulletin, including some poignant photos of the Menin Gate and graveyard of those who lost their lives in the so-called "war to end all wars". Sadly, we see that is not the case with 2 major wars occurring at this time, with some other "minor" conflicts also occurring in different parts of the world.

Next week we welcome Andrew Constance to the club. Andrew has visited us before, so he is well known to Moruya Rotary.

Yours in Rotary Service *Derek*



Last Week—Oncology and Prostrates

We had two dedicated nurses both working for years in in handling cancer patients.

Tracy reminded us of the old oncology building, with its five beds, its lack of privacy and exposure to the weather. We were quite involved in the campaign , started by Ron Snape and taken up by Councillor Rob Pollack who set up the fund to which Rotary contributed \$9,500. We also bought a blanket warmer, which is still in use.




So in 2016 the move was made to the new 12 bed unit. And since then the number of patients has risen to 65 and the range of cancers under treatment has extended to embrace new therapies. Heamatology has its own special needs.

Chairs have been improved with a generous gift from Toyota, and the best will be moved to the new hospital. The unit is already operating at level four.

PCFA

Clare works three days a week in prostate education and support, funded by the Prostate Cancer Foundation of Australia, a largely Government funded body. Cancer is detected in the PSA blood test. A positive result is pretty worrying for individuals and their families, and treatments vary according to results.

We can take some comfort from the old adage that far more men die **with** prostate cancer then **from** the cancer. But still Tracy's message holds good—get tested.

What now?	
	Check your family history
	Seek information
	Get tested

President Derek's Board. *Vice President* Allan Veness; *Immediate Past President* Shirl Cornish; *Secretary* Vere Gray *Treasurer* Jeff Proud *Director Club Service* Steve Young; *Meal Numbers* Steve Young; *Program* John Gillett; *Bulletin* John Sewell; *Membership* Peter Smith; *Director International* Shirl Cornish; *Director Vocational* Peter Smith; *Director Community Service* Chris Manahan & Steve Picton; *Director Youth Service* Rhonnie South *Rotary Foundation* Phil Armstrong; *Catering Projects* The Armstrongs, *Protection* Col Jay.

New Hospital—Second Community Q&A Forum

As reported in last week's Bulletin, we were well represented at the first Forum. The current issue of *Moruya Mail* has details of the follow up forum, to be held in the Golf Club on Thursday, 23rd May from 5 to 6.30pm. Questions must reach the organisers by May 15. This QR Code will get you the *Moruya Mail* with the full details.



Narooma Rotary is running the Distinguished Gentleman's Ride.

Sunday 19th May at the Nata Oval.

The DGR is a nationwide project involving mainly vintage and classic bikes to raise funds for prostate cancer and men's mental health research. There will a poster on each table tonight. If you decide to ride you must register with Narooma Rotary before the 19th.

Jay Stewart's project "Jay Feeds Eurobodalla"

A reminder that Steve Picton is helping this remarkable Indigenous disabled man by helping to collect non perishable food.

Robert Shore takes on more Rotary work

When Robert moved from Parkes to Batemans Bay in early 2023 he took over from Fred Fawkes as District ShelterBox coordinator. He also chaired District's Membership and Innovation Committee. He spoke to us on 22 August 2023 about another of his great interests—the stories of Prisoners of War. At that stage he was the District Governor nominee for Rotary year 2025– 2026.

Now we learn through District Secretary's email of 5 June that he is our Rotary Community Leader, RCG 7 (Coast and Highlands) under the Regionalisation project. He will take up the position from 1 July and will be working with us to develop forward plans, encourage collaboration and try new things. Another old axiom —if you want a job done, give it to a busy man.



Update on Alan Shephard

Steve Young and Editor John visited Alan in Crown Gardens Batemans Bay. He is still waiting for a transfer to IRG Moruya, but remains philosophical and in fact more cheerful than of late.

He would of course welcome visitors. As with all IRT villages, you will be RAT tested on arrival.

Duty	This Week 14 May	Next Week 21 May
Badges	Lauren Bartlett	Rohan Gleeson
Invocation/toast	David Cattanach	Ward Hack
Meet & Greet	Shirl Cornish	Col Jay
Cashiers	Andrew Elek John Gillett	Cletus Heffernan Mervyn Jamieson
4 Way Test	Pauline Gleeson	Chris Manahan
Introduce	————	John Nader
Thank	————	Michel Nader

Birthdays: None

Anniversary: Tony & Therese Armstrong;
Phil & Judy smith

May 14 Tues	Board Meeting	
May 21 Tues	Andrew Constance	
May 26 Sun	Races	Broulee /Tomakin Cup
May 28 Tues	Social evening	
June 4 Tues	Angie Winter	Anglicare
June 11 Tues	Board Meeting	
June 18 Tues	Social Evening	
June 25 Tues	CHANGEOVER	
June 28 Fri	Races	Tradies Day

HOUSEKEEPING

1. New dinner time—6pm for 6..30.
2. We are short of a member to take over Rotary Foundation for the year 2024– 2025. The Board will consider optios

A Hidden Hand - The Red Door Theatre Company Inc

Rotary Tables

John Gillett suggests that we reserve two Rotary tables, the first on Saturday May 18, the second on Friday, May 24.