# AUGUST NEWSLETTER





## **PRESIDENT'S LETTER**

#### Done in a Day.

There are many ways to make a difference. We are all familiar with the grand campaigns and projects that garner lots of press, but smaller actions can lead to positive results too and that is what I will focus on today.

#### First, how Small Actions make a difference.

Psychology. It turns out humans do well with short term goals. We all like having clear milestones and pathways to success. These are easy wins that lead to short term achievements which **keep us engaged and motivated**.

Habit. There are 3 components to creating a habit. The first is a trigger - the cue to take an action. The next is to have a routine. 40-45% of decisions are actually just routines. The final component is a reward. We will **make taking action a habit** by doing something. Cues will occur at our meetings to make Done in a Day actions routine. Then we will lock habits into place by celebrating the results.

Community. Where appropriate we will break into smaller groups to work on our Done in a Day actions. This will **strengthen our club's community** by allowing everyone to get to know each other better, learn together and become part of the larger Club Team. We will create synergy with our combined wins and better understanding of how we can work together.

Network. With a number of our Done in a Day actions we will **engage our networks**. As we all do this our successes and ideas will spread. Others will learn more about our fight to end human trafficking and will be primed to do more.

Influence. As our networks learn and grow, we will **expand our influence**. Like a ripple in a pond, actions lead to more actions. Those who are busy often shy away from Big Plans of action, but by passing along easy wins, we can get others on board and inspired.

Finally, people are drawn to success. They want to be a part of something that is thriving and growing. As we share our actions people will hear more and more about what we are up to, and we will **draw others into the fight**. As we share achievable actions, connect and communicate, others will take note, and their barriers to action will drop.

Any step in the right direction makes a difference and has an impact. It can help you shift your habits and keep you motivated. It can help you connect to others who are on the same path which might help you build your team. You will gain information, learn and grow. With each step you take the monumental mountain in front of us can become more understood and surmountable. You can embrace that you are a part of the solution.

Next month's President's letter will focus on our larger goals and plans.

Moving intention into Action, Michelle Seets Rotary Club to End Human Trafficking President, 2022-2023



## HIGLIGHTS

PRESIDENT'S LETTER

LEARNING WITH JUSTICEU

NEW MEMBER WELCOME

PACT HIGHLIGHT

#### **CLUB UPDATES**

HUMAN TRAFFICKING WINS

AUGUST HOLIDAYS

# **LEARNING WITH JUSTICEU**

JusticeU is a an online educational platform aimed to help individuals gain a better understanding of human trafficking. The founders of JusticeU believe that the solution to end human trafficking is to gain the proper knowledge needed to prevent human trafficking from occurring.

Human trafficking is a global issue that affects a multitide of communities all over the world. JusticeU uses research-based instructional approaches and global and local perspectives to create their different courses. They currently offer 3 course series: Learn How to End Human Trafficking, Healthcare Response to Human Trafficking, and Essential Knowledge for Addressing CSEC. Along with those series they provide an additional course on the impact of the COVID-19 pandemic on human trafficking. The first course series offered by JusticeU is free and is made up of three classes all ranging from one to two hours in length. This series focuses on teaching individuals what human trafficking is, how to report it, how communities can come together to end it, and how to become part of the solution.

JusticeU gives individuals who are intersted the power to learn more about human trafficking and give them the proper skills to fight against it.

## LEARN MORE ABOUT JUSTICEU COURSES HERE

# Welcome NEW MEMBERS!

AUGUST 2022 🛛 🛞 <u>CLUB WEBSITE | FACEBOOK | LINKEDIN | YOUTUBE | TWITTER</u>

## Anne deLain Clark

Specialized Family & Relationship Mediator

Anne deLain is a transformative mediator and relationship/communication coach. She specializes in helping families in crisis over high stress conflict such as child custody and elder care disputes. Her current professional mission is focused on building service delivery capacity for this unique approach to family and organizational conflict in communities around the world.





## María Julia Moreyra

Argentine Lawyer & Magister in International Relations

María Moreyra, on behalf of PeaceWomen Across the Globe, organized an event with two other NGOs in Argentina where a survivor of human trafficking shared her years of slavery with the attendants. It was a very touching moment, considering that people generally do not have enough information about human trafficking.

### Newsletter Feedback

Please complete <u>this</u> <u>form</u> to submit relevant information or news you would like to share with the club in the next month's release. The more we collaborate and connect with each other, the stronger our club is in creating effective change to achieve our Rotary mission.

# PACT: PARTNERS AGAINST CHILD TRAFFICKING

#### SUMMARY

PACT has been a long time collaborator with the Rotary Club to End Human Trafficking. It's dedication towards raising awareness and its focus on preventative education has helped teach children about human trafficking.

PACT got its start in September of 2014 after its founder Rick Naylor witnessed an eye opening experience and led him to stop child sex trafficking. Naylor sought out to create an organization that focuses on prevention to stop child sex trafficking before it happens.



#### CHECK OUT PACT COURSES <u>HERE</u>

#### Daniela Herrera

Daniela Herrera is currently the program manager for PACT. She got involved with the organization during her time as an undergraduate student at the University of Texas at Austin.

Her day to day responsibilities involve checking in on the progress of all of the different projects that PACT is involved with. This includes working with different Rotary organizations all around the world to being PACT's educational program to new audiences.

Daniela became involved with PACT through the her student organization the Texas Sunshines. During her time with the organization they decided to focus on human trafficking as their philanthropic cause. From there they found PACT as a local Austin organization that they could work with.

Daniela wanted to highlight PACT's traning program to the members of the RCEHT. While the program is tailored to educate students, Daniela emphasized the instrumental feedback that Rotarians can give to help improve the program for other students.

# CLUB UPDATES

## RCEHT BUSINESS CARD

RCEHT now has business cards specifically designed for its members! Brightna Hu (Marketing/ Communications intern) was honored to design RCEHT's business card & is excited for members to use. If you would like your very own RCEHT Business card, please <u>fill out this</u> form.

Given your information, the Marketing/ Communications team will create the card on our end and send you a PNG copy for you to print out.

<u>Note</u>: We will not be using or sharing your information anywhere else except for the business card.

RCEHT's Treasurer set up an AmazonSmile for RCEHT!

0.5% of your eligible purchases is donated to a charitable organization of your choice (such as "Ro-

#### AMAZONSMILE

tary Club To End Human Trafficking Foundation"). You can support RCEHT by going to smile.amazon.com or clicking here. If you have any questions or concerns about using AmazonSmile to make purchases, please reach out to Lisa at treasurer@endhtrotarycl ub.org

# HUMAN TRAFFICKING

As our topic "human trafficking" can get quite dreary and depressing, this corner is meant to bring some light and remind us why we do what we do! Here is just **ONE** success story:



### NAPTIP RESCUES 615 VICTIMS OF HUMAN TRAFFICKING IN KATSINA

This news is from Premium Times, a Nigerian online newspaper based in Abuja in the Federal Capital Territory. To read this article, click <u>here</u>.

AUGUST 2022 <u>CLUB WEBSITE</u> | <u>FACEBOOK</u> | <u>LINKEDIN</u> |<u>YOUTUBE|TWITTER</u>

#### 8/17 - 3rd Week of the Month

#### Standing Meeting:

The **Speaker Meeting** will be on a Wed. (Aug. 17) at 7am US Central.

#### 8/21 - International Day of Remembrance & Tribute to the Victims of Terrorism

The General Assembly established 21 August as the International Day of Remembrance of and Tribute to the Victims of Terrorism in order to honor and support the victims and survivors of terrorism and to promote and protect the full enjoyment of their human rights and fundamental freedoms

8/22 - International Day Commemorating the Victims of Acts of Violence Based on Religion or Belief

This day is a United Nationssponsored annual awareness day as part of the UN's efforts to support Human Rights Related to Freedom of Religion or Belief. It recognizes the importance of providing victims of acts of violence based on religion or belief with appropriate support and assistance.

#### 8/23 - International Day for Remembrance of the Slave Trade & Its Abolition

AUGUST

CALENDAR

The Day intends to inscribe the tragedy of the slave trade in the memory of all peoples. In accordance with the goals of the intercultural project "The Slave Route", it should offer an opportunity for collective consideration of the historic causes, the methods and the consequences of this tragedy, and for an analysis of the interactions to which it has given rise between Africa, Europe, the Americas and the Caribbean.

#### 8/25 - 4th Week of the Month

#### Standing Meeting:

The **General Meeting** will be on a Thurs. (Aug. 25) at 7am US Central .