ROTARY CARES KIT PROJECT GUIDE

STEP 1

Create a committee

Identify individuals to fill the roles of 1) Lead Organizer, 2) Budget Manager/ Fund Raiser, and 3) Shopper. Your team will work closely together to identify best pricing, monitor accurate inventory, and organize assembly of the kits.

STEP 2

Form a partnership

Collect data from your community to identify the specific needs of women and/or men escaping trafficking and domestic violence situations. Partner with a local agency that will distribute the kits and discuss sizes and genders. Suggestion: 18% small, 46% med, 22% large, 14% XL.



STEP 5

Distribute and report

Deliver the kits to your partnering agency for distribution. Share a google sheet for tracking demographics and quantity remaining in inventory. Report back to the Rotary Peace Chair and Grant committee on results.

STEP 4

Assemble

Organize kit items on four 6-foot tables with end to end to prep for assembly. Hints: put pads and tampons under clothing, put liquid items in grocery bags in case they leak, avoid food in case of spoilage, set a motivational greeting card right inside.

STEP 3

Fund raise and purchase Items

Consider asking an area business to donate the duffel bags as this will be the most costly item. Duffels should be designed for travel. Stick to full-size products, not travel-size. Keep in mind these individuals are making a life-changing move that is not just temporary and own nothing but the clothes on their backs. Use the list provided for examples.

WHAT IS TRAFFICKING?

The recruitment, harboring, transportation, or obtaining of a person through the use of force, fraud, coercion, deception, and vulnerability for the purposes of labor or sexual exploitation.

COTARD

Kit Contact: Patti Mellard, 785-640-9999

ROTARY CARES KIT DONATION ITEMS NEEDED



Below is a list of items that will be included in our Rotary Cares Kits. With your donations we can give these women some essential items we use on a daily basis.

ITEMS	SPECIFIC INFORMATION
□ Duffle Bag	Preferably a 20-inch bag
☐ Sweatshirt/Hoodie	Need Sizes M, L, XL, 2XL
☐ Sweatpants	Need Sizes S, M, L, XL
☐ Cotton Tee Shirt	Need Sizes S, M, L, XL
☐ Tank Top	Need Sizes S, M, L, XL
☐ Hanes 6 Pack Cotton Underwear	Need Sizes S, M, L, XL
☐ Women's Leggings	Need Sizes S, M, L, XL
☐ Sports Bras	Need Sizes S, M, L, XL
☐ Flip Flops	Need Sizes S, M, L, XL
☐ Athletic Socks (low cut)	Need Sizes S, M, L
☐ Menstrual Supplies	
☐ Shampoo	Full Size
☐ Conditioner	Full Size
☐ Body Wash	Full Size
☐ Toothpaste	Full Size
☐ Toothbrush	
☐ Deodorant	
☐ Body Lotion	
☐ Personal Cleansing Wipes	
☐ Hand Sanitizer	Any Size
☐ Hairbrush/Comb	
☐ Fleece Blanket	



CLOTHING

Clothing items should be of neutral color and average fit (not too lose/too tight). The pictures and links below provide examples.

Each duffel bag will contain:



A hoodie/sweatshirt

A pair of sweatpants

A cotton t-shirt





A sports bra, no underwire

<u>4 pairs+ of cotton underwear</u> o Hipster or bikini style



4 pairs + of athletic socks

o Ankle height



A pair of flip-flops















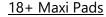
PERSONAL HYGEIENE

Clothing items should be of neutral color and average fit (not too lose/too tight). The pictures and links below provide examples.

Each duffel bag will contain:

18+ Tampons

o Any brand, regular or heavy flow



o Any brand, any thickness

A Bottle of Shampoo, 12oz+

A Bottle of Conditioner, 12oz+

A Bottle of Body Wash, 12oz+

A Standard Size Tube of Toothpaste

A Toothbrush

A Standard Size Stick of Deodorant

A Bottle/Tube of Lotion, 10oz+

o Twist-on cap to avoid leaking

A Bottle of Hand Sanitizer, 2oz+

Twist-on cap to avoid leaking

A Hair Brush

With ventilated/spaced bristles

Personal Cleansing Wipes

o For cleaning without a shower















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MEDIUM



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