

# ROTARY CLUB

## OF MENTAL HEALTH & WELLNESS

[Mental Health](#) | [Well-Being](#) | [Global Impact](#) | [Service Above Self](#)

### DID YOU KNOW?

- **First cause-based virtual Rotary club in the world** dedicated to promoting mental health and emotional well-being.
- Our Satellite Club members meet in person in Los Angeles. We also have a high school Interact Club!

### WELCOME NEW MEMBERS!

- [Gina de la Chesnaye](#), Brooklyn, NY
- [Nilan Ming](#), Zurich, Switzerland
- [Sarah Gentle](#), San Jose, CA
- [Scott Burrus](#), San Diego, CA
- Sue Pellish, Shepherdstown, WV

### MARK YOUR CALENDAR!

August 11  
Brady Connell, Governor  
District 5280, 2026-2027



September 22  
Adam Nemer, Founder  
Simple Mental Health

October 13 (Coming Soon)  
Meirav Zur — Friendition

### APPLICATIONS OPEN!

October 16-18 | RYLA 2026  
**Youth leadership camp at The Painted Turtle.** We are sponsoring one student and one counselor.

**Applications:** [RYLA5280.org](https://ryla5280.org)

Please share with your network!

### SPEAKER HIGHLIGHT



**Dr. Jennifer Levin** joined our July 28 meeting to present "I'm Sorry for Your Loss" — practical strategies for supporting ourselves and others through grief.

More at [therapyheals.com](https://therapyheals.com)

For past speakers and resources, check out our website [here](#).

### MEMBER HIGHLIGHT



**Dr. Bahareh Talei ("Dr. B")**

A licensed clinical psychologist, educator and entrepreneur, Dr. B is passionate about psychological assessment, diagnosis and clinician training. Read her bio [here](#) and visit her nonprofit Hive of Hope [here](#).

[CLUB WEBSITE](#)

[MOBILE APP](#)

Follow Us >

