Newsletter
November 2026

Published in partnership with LCHS Interact Club

ROTARY CLUB
OF MENTAL HEALTH & WELLNESS

Mental Health** | **Well-Being** | **Global Impact** | **Service Above Self

YOUTH EXCHANGE

- Seeking 15-18yr old students for the 2027–2028 Rotary Youth Exchange program!
- Opportunity to spend a school year
  - living in another country
  - attending a local high school
  - learning about a new culture
  - learning another language,
  - becoming part of a host family and community
- Apply here by December 1, 2026



Santa Stroll '26!



Join the Rotary Squad in LA!

December 12 @ 9am at Hermosa Beach Pier
More here

MEETING CALENDAR

December 8
Board Meeting 5:00pm PST
Club Meeting 6:00pm PST
- zoom link here
- new member induction

WELCOME NEW MEMBERS!

New to Rotary
- Julia Monkman (Spokane, WA)
- Kate Frankfurt (Tahoe, NV)

Rotarian Champions
- Lucy Tseng (Los Angeles, CA)
- Mike Roux (B.Columbia, Canada)

News & Events

Pls contact us with news and events you would like to share on this page.

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