

ROTARY CLUB

OF MENTAL HEALTH & WELLNESS

[Mental Health](#) | [Well-Being](#) | [Global Impact](#) | [Service Above Self](#)

DID YOU KNOW?

Our growing community offers something for everyone:

- Meet fellow members with interest in mental health & wellness
- Become part of a global community of philanthropists who organize and lead local and global grant projects
- Enjoy social and professional networking opportunities in nearby districts or globally and virtually
- Support meaningful projects related to mental health & wellness through our club's foundation
- Donate to The Rotary Foundation for important causes, ranging from maternal & children's health to peace-building

[Meet our Members](#)
[Membership options](#)
[Refer a new member](#)

FUNDRAISERS!



Support Be Kind Scholars [here](#).

Please join our month-long online giving campaign to support emerging professionals focused on mental wellbeing. More [here](#).

Join our District's Rotary Foundation drawing [here](#).

Win up to \$3,000 by submitting TRF donations to a special campaign hosted by our Los Angeles District 5280 this October. TRF donations support Rotary-wide grant projects. More [here](#).



MEETING CALENDAR



October 13

Board Meeting 5:00pm PST

Club Meeting 6:00pm PST

- Speaker, Meirav Zur
"Friendition"

October 27

Club Meeting 8:00am PST

- Speaker: Alex Banayan
"Coming Alive"

RYLA UPDATE

Our Club's Board voted to sponsor a second student, Devon Berg, to attend this year's RYLA retreat in Los Angeles.

Read more at RYLA5280.org.

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