Milford Rotary Chat October 15, 2026







Meeting Minutes 10/8/2026 SBC Restaurant 12:15PM

Welcome:
Evelyn Karam led us in the Pledge of Allegiance in English!
Dave Adams and Joe Barnes led us all in a short and unified Prayer.
Joe Barnes was easily able to give us a jovial 4-Way-Test from a physical Chat of 1992 which he read from.

Guests:
Louis Trevisan who gave us a little background of his recent move from New York.

Do Good: (Dave Adams – Sargent-At-Arms)

Dave Adams was unhappy about the Yankees out of the Playoffs but noted that so too are the Red Sox. He gave an old Irish wake Joke.

Frost Smith was happy about a recent article in the paper about him being a "difficult person" but in general a great article. He was sad about Aldo Rascati's recent passing. He gave a story about the Italian Table of Old and how Aldo had a wallpaper store, made violins, and was a musician.

Don Wetmore was happy to give the article he found to Frost today. He was also happy (giving a plug) to Dave Adams for the services he has given to Don and his wife for Insurance Services over the years.

Dan Smith gave a sad fine about the Yankees and gave a few jokes you had to be at the meeting to enjoy!

Phil Ucci was happy about last weekend's Jazz Fest. Also, he was happy about his recent 50 mile bike ride for the Scout's Cycling Merit Badge that went from Massachussets to the Peabody Museum.

Tom Margius was happy to be the sweeper rider/guide for many kids that participated in the Bike/Walk to School day on Wednesday to Pumpkin Delight School and on Thursday to Orange Avenue School. Curran Bishop and his sons Hudson and Jake helped also.

Carrie Reed was happy to have recently gone camping in Vermont. Due to the heavy rains they were able to stay in a cabin instead of a tent. With the nice accommodations Jim didn't complain 'with the rain' Carrie also recently did a 5K Run for Cancer at the Seymour Pink event – there were 3000 people and she ran with Warren's Warriers a group of 93 runners. Carrie had good memories of Aldo Rascoti and noted he was a trumpet player and fixed violins. He had even asked her if the muscles about and below the lips could be trained to help playing the trumpet!

Tracy O'Brien noted she missed last week's meeting but that was due to her now current monthly visits to Melbourne, Florida to help her mother.

Do Good today raised $45.

Speaker:

Our speaker for today was Dave Adams speaking on Insurance Changes and Medicare Enrollment. He started in Insurance in 2006 as per his parents having some questions regarding Prescription Drugs. He currently has 600 clients including Fairfield University and Fairfield Prep's employees and retirees.

Insurance for the subscriber has become more complicatrd over the years. Regarding Open Enrollment for Medicare it is 54 days, starting October 15th and ending on December 7th.

He noted this year that 3.1 million Medicare Advantage Plan subscribers in the US will be losing their plans at the end of this year. Connecticut's ?Connecticare? is getting rid of their Medicare Advantage Plans his noted that 150 of his clients have received letters regarding discontinuing of coverage. There are many changes in some plans buried in the many pages of paperw ork including possibly No Rx Coverage. In Fairfield County as of 2024 they got rid of plans with AETNA/United HealthCare - he said 53k in Connecticut and 2 milion in the US.

It is a tough arena. In the past Insurance companies were looking for subscribers but currently the idea is "we don't want anybody". An example as a few years back that an insurance company gave a $1,200 fittness provision that subscribers used for everything in fitness equipment from Western Cowboy Boots (for Western Dancing) to Kayaks.

There are currently 30 average and Medium Plans. Fairfield County has 8 plans which 3 years ago was 50 plans.

Dave noted he will be presenting to various groups to get the word out about subscribers needing to see about their doctors in plans, possibly switching doctors, and the good , bad, ugly about PPO Plans.

Post Script:

In last week's Chat of October 8, 2026 the Meeting Minutes were listed as 9/24/26 but should have been 10/1/26.

President's Remarks:

President Bill Parry noted a Board Meeting Tonight. Sunday being the Shred Event will have Matt Fama running the event, Dave Adams will do donuts and coffee, Phil Ucci will bring water, and Evelyn Karam will bring the credit card readers.

Announcements and Upcoming Dates:

10/17 is a Saturday and it it is the next Beth El service day. Come about 9:30 and wear a hat.
10/19 2PM is the ground breaking for the new home of Beth El Center. The construction should take about 20 months.
11/6 Food2Kids Winter Gala at Grassy Hill Country Club $125pp
12/19 Keeping Milford Warm event being held at Grassy Hill. It is a great event. We are forming tables of 10.
Photos of Bake & Awards Luncheon by Ray Carissimi Lobster Bake photos Scholarship Photos

Upcoming Speakers:

10/15 Milford Police Chief Keith Mello
10/22 Maggie Mitchell Salem, Exec Dir IRIS (Integraed Refugee and Immigrant Services)
10/29 Milford Legislative Reps – Sen James Maroney, Rep MJ Shannon, Rep Kathy Kennedy, & Rep Frank Smith

Scribe: Tom Margius

Who's Who for the July 1, 2026- June 30, 2027 Rotary Year

Officers:			1st Yr Board Dir:	2nd Year Board Dir:
President – *Bill Parry*	Sargent-At-Arms: *Dave Adams* AsstSrgent-At-Arms: *Joe Barnes*		*Roger Pocock*	*Carrie Reed*
President-Elect – *Lise Robinson*	Treasurer: *Tracy O'Brien*		*Gary Johnson*	*Evelyn Karam*
Vice President – *Dick Poplowski*	Asst Treasurer: *Christine Early*		*Gina Gaglione*	*Matt Fama*
Secretary – *Ray Carissimi*	*Lorna Sura* (Immediate Past President)		*Phil Ucci III*	*Joe Barnes*
Membership Chairman – *Gary Johnson*	Beth-El meal leader- *Dave Adams*			*Lorna Sura – IPP*

Board Meeting the Second Thursday, 5:30 PM Social, 6 PM Meeting every month unless noted otherwise

Your Rotary Chat Team: Scribes: Greg Schmitt, Tom Margius & Win Smith, Jr Setting/Editing/Circulation: Tom Margius
Milford Rotary, PO Box 381, Milford, CT www.milfordrotary.org

And all the lives we ever lived and all the lives to be are full of trees and changing leaves.

—Virginia Woolf