

District 5040



September 2008

newsletter

**SCAM MESSAGES SENT
TO TRF DONORS
REVEALED**

**Are you R.E.D.I.?
Mission Start!**

**Give Your Old Computer a
New Home**

**Rotary youth partner with
Shane's Inspiration**

**POLIO SURVIVOR CYCLES ACROSS
CANADA TO FIGHT POLIO**



Governor's Newsletter

My club visits began at the beginning of August, traveling up to Prince George on the holiday Monday was a very casual and pleasant drive. I must say driving to all the clubs so far has been very easy and there have been lots to see.

During my stay in Prince George, I was hosted by Gary and Betty Gurnsey. Gary is the President of the Prince George – Nechako Club. They have a beautiful log home on the outskirts of Prince George near the Airport.

Gary was able to show me all the projects that the Rotary Clubs in Prince George have worked together on. I was blown away by the Soccer Fields and how big the complex is. It is first rate and the clubs, Downtown, Nechako and Yellowhead should be very proud of what they have done. There is no doubt the youth of the community appreciates it. I was very happy to see the large Rotary sign at the park signifying that Rotary was behind the construction of the complex. In addition to the complex I was able to see the Rotary Hospice which has 12 beds for palliative care and a skateboard park that has been heavily utilized by the city's youth during spring to fall.

All three clubs in Prince George are healthy and are doing very well membership is on the rise and I know that the city of Prince George is going to benefit from the great work of these clubs. Congratulations go to President Ron Fichtner Prince George (downtown club) President Gary Gurnsey Nechako Club, President Roy Spooner Yellowhead Club.



I also drove to Mackenzie and visited the club for lunch. Sadly the town has taken a huge hit with the economic downturn due to the closing of two mills. However, the Rotary spirit is truly alive and well and I am very proud of how this little club is keeping things together. This has been accomplished by President Jim Clefstad who took over the presidency of the club when Penny Turner resigned. I spoke with each of the remaining members and was totally impressed with commitment to carry on, given the predicament they are in.





At the end of August I visited the Whistler clubs who are doing very well. Both President David Oakes and President Nick Davies who lead the Whistler and Whistler Millennium Clubs have been working very hard with their members on planning for their rotary year.

The Whistler Club is working on a community project with the Head of the Lakes School which is a First Nations School of the Stikin nation which is located 85 kms east of Mount Currie and can only be accessed by a logging road and a 4X4, apparently it takes 3 hours by vehicle to get there. The Whistler Club has been working with this school for over 3 years and has been able to give them books for their library, sports equipment for their gym and is presently putting plans together for a hot breakfast, snack and lunch program for the kids. This is an amazing project which I will be using as a

benchmark for the upcoming literacy project with Government House and the Lt. Governor.

The Millennium Club is working on getting some projects going internationally. This is something that the club has not done. One interesting thing with the club they have three members who have babies and bring them along to the rotary club. Who says that we in Rotary cannot adjust for moms and tots.

Thanks goes to David and Brenda Oakes for hosting Judy and I, both of us really enjoyed staying with them. Brenda and Dave hosted me to a game of golf at Nicklaus North which I have never played at before, what a great course.

More photographs next month.

Bob

Bob (the chief bandit)





Editor's Notes:



Dear Rotarians,

Greetings and welcome to another issue of District 5040 Newsletter! This issue is very thin - er... short. Thanks to those who submitted their articles way before the deadline. I really appreciate it. Thanks to those who always submit articles too. Without you guys, this publication would be shorter than it is now. Of course, I cannot forget past editor Becky Tsukishima who still forwards articles to me for the newsletter itself.

About changing the name of the newsletter for this year, there was a proposal by one of the nicest people in our district. I won't name the Rotarian just yet, but here's the proposed name in that person's own words:

The Dream Catcher.

In Rotary - we are making dreams real - and your newsletter catches those dreams - sharing them with D5040 members

Of course, changing the name of the newsletter will still depend on its readers. If there are no more suggestions, I shall create a poll for votations within the next week.

That aside, school has started and I'm still working full time—meaning I won't be able to reply to your emails as fast as before so I do apologize. I'm still trying to work things out with my schedule and it's really hard. I wasn't really able to edit most of the articles this month due to time constraints. It's 5:21AM and I still have work in roughly 4 hours and a whole lot of assignment to do. This issue won't be as good as the first one, so again, I do apologize.

I hope to get more articles for the next issues and hopefully I'd be receiving them before the deadline again. Thank you so much for being so patient with me and for sending the articles ahead of time. Take care and have a great September!

In the spirit of Magis,

Gareth Cj. Wee
Newsletter Editor



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Upcoming Events

District 5040 ShelterBox Gala Fundraising Dinner With Tom Henderson

The Rotary Club of Tsawwassen and Point Roberts, Ladner, and Richmond Sunrise, in partnership with ShelterBox Canada and District 5040, are hosting a fundraising event on September 11, 2008 at Riverside Banquet Hall in Richmond.

This event will raise funds for ShelterBox to aid China, Burma, war torn Africa, and countless other people who are left displaced without shelter due to natural disasters and civil strife. Rotary's commitment to ShelterBox makes a tangible difference. It provides shelter and tools, it gives hope, and it shows the less fortunate that people do care.

Tom Henderson, the founder of ShelterBox worldwide, is visiting Canada from the United Kingdom and will be the keynote speaker at this fundraising event. He is an exciting speaker who will provide a detailed look at the work that Rotarians are accomplishing through the ShelterBox program.

The evening will include a live auction, great entertainment, and scrumptious food from some of the lower mainland's diverse communities. Come and share in Rotary fellowship while supporting this great cause.



The tickets are \$80 per person which includes a tax deductible receipt in the amount of \$50. Tables can be reserved for \$800.00. to order tickets or to reserve a table call 1-800-677-0990.

When: September 11, 2008 | 17:30
Where: The Riverside Grand ballroom
1231 Burdette Street
Richmond, BC
Contact: Gerry Beltgens
gbeltgens@gmail.com
604-818-9604
Reservations: 1-800-677-0990
Fee: CA\$80 / person

The Rotary Club of Tsawwassen and Point Roberts will dedicate the Peace Pole as a symbol of the values of our community and a reminder for us to pray and work for world peace and understanding among all people.

Each year on International Peace Day, September 21st, we invite you, your family and friends to return to Rotary Square for a non-denominational ceremony with over 200,000 communities around the world in committing to pray and work for world peace and understanding.

Rotary Square at the north end of Tsawwassen Town Center Mall 1249 56 St.
For more information call **Steve Cain 604 943-1539**

When: September 21, 2008
Where: Rotary Square
Tsawwassen Town Centre
1249 56St. Tsawwassen, BC
Contact: Steve Cain
604-943-1539



Upcoming Events



Another Reason to Visit Whistler!

Activities**Prizes****Entertainment****BBQ**

Rotary Family Fun Day



Be a part of it...

**Please join the Whistler & Pemberton Rotary Clubs
for a fun filled day at Meadow Park on
Sunday September 21 11:00 AM TO 3:00 PM**

**In celebration of the end of summer and an opportunity
to gather together as a community, we invite you to be
part of the Second Annual Rotary Family Fun Day**



**Bring the family to participate in activities and
games and enjoy a BBQ lunch**

- Kids' talent show
- Old fashioned races – sack, 3-legged, wheel-barrow and more
- Entertainment & Bouncy Castle
- Face painting, arts & crafts
- Local community groups showcasing & educating
- Tee-shirts for Kids

Admission by Donation

Everyone is welcome! Come for the day with your family, friends and their families for an outing of old fashioned fun! There will be many local community based groups displaying their 'wares', and some have participation events as well as the Rotarian ones.

For those of you who are not familiar with Whistler, Meadow Park is behind the Rec Centre, just north (1 – 2 Km) of the village. See you there!



Announcements

Help Us Help Them

The Rotary Club of Whistler is in receipt of a proposed joint project in Uganda. The proposal comes from Joh Mpagi who was the GSE leader of the recent group to visit District 5040. This project is to plant 50 acres of land with local pine trees, to improve the local landscape which has been de-forested. The project also calls for the planting of a maize crop between the rows of trees, to provide both food and income to the locals. A future project would add 70 acres to the overall effort.

The project cost (overseas money) is approximately \$23,000US, which exceeds our capacity to meet. We can probably do \$8,000 through matching grants, so we need help from club or clubs in 5040 to meet the requirements. If the forestation portion is done, the total required is approximately \$18,000. **HELP!**



Rotary - An Old Man's club??? Not on your life!

By Nancy Nikolai

Rotary Clubs are becoming rejuvenated and revitalized to serve in the Community and World Community better - so we can make a difference while having fun!

A new Rotary Club is being formed now in Greater Vancouver - focusing on young professionals, including recipients of Rotary Programs, Rotary Scholarships, GSE (Group Study Exchange) or other Rotary Alumni, including Rotaract, RYLA and Youth Exchange. OR if you have never been involved in Rotary but are community-minded and want to learn more about Rotary International - please contact

Simon Fulber (604.812.7836, simon_fulber@hotmail.com) or Nancy Nikolai (604.524.2144, nico@telus.net).

Give Your Old Computer a New Home

Courtesy of Becky Tsukishima

Try to find a responsible home for your old computers and computer related hardware? Free Geek Vancouver is a non-profit computer re-use and recycling center. They take all computer equipment, **FREE OF CHARGE**, working or not, in any condition. They are recognized as first Canadian non-profit in ethical recycling program.

The center is located at 1820 Pandora Street Vancouver, BC
Telephone number 604-879-GEEK (4335).
Visit their website at <http://freegeekvancouver.org/> for more information.

Electronic waste continues to be the most heavily traded toxic waste on the planet. UN figures say 50 million tons of e-waste are generated yearly.





Announcements

Hello,

I'm writing from the library of the College of Physicians and Surgeons of BC, seeking advice on how best to poll local Rotary Clubs regarding projects of potential interest. We regularly "weed" our collection of books that have been superseded by new editions, and make these "discards" available to anyone to take, free of charge.

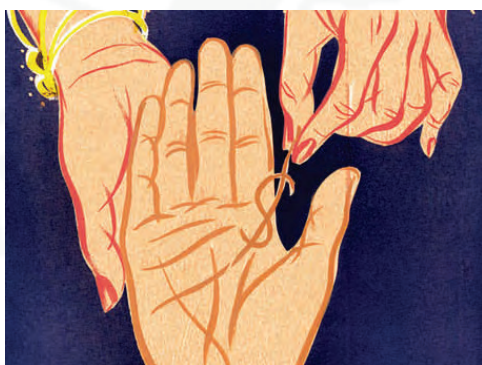
Until recently, we were in contact with a Rotarian, who would come by periodically to gather the discarded books and send them to institutions where they would do the most good. Even though the books are not the most current editions, they are still better than nothing at all. (Though with medical books "old" editions can be as recent as last year, many within the last five years. And, as you may be aware, many medical texts can cost several hundreds of dollars, and may be beyond the financial capacity of hospital or university libraries in developing countries.) Unfortunately, this individual has retired, and we have been unable to find out who, if anyone, has replaced him.

As a former Rotarian myself, I am wondering if any club in the Vancouver area is looking for a possible International Service project and would be interested in collecting free medical books to distribute as they deem best. Our offices are on the 4th floor at 858 Beatty Street, beside B.C. Place. The volume is reasonable, being only a box or two every so often. We are also happy to call to notify someone when the volume appears to be worth the trip. If interested parties would like to take a look at what I'm talking about, they are welcome to drop by our offices.

Any advice you may have is greatly appreciated!

Best regards,

Scott Anderson
Library, College of Physicians & Surgeons of B.C.
400-858 Beatty Street
Tel: 604-733-6671



We have received an urgent notice from TRF of Rotary International about scam messages sent to TRF Donors. Please consider notifying your membership, as you feel necessary.

Obvious Scam message sent to a TRF Donor....
Rotary Foundation International
Rotary United Kingdom (D2210)
D2200 - D2210 Rotary International

We are pleased to inform you that you have emerged a recipient of our Rotary International Cash Grant Programs. You were selected by our Electronic Random Selection System (ERSS) from an exclusive list of 800,000,000 individual and corporate bodies generated from our resource database. NO TICKETS WERE SOLD.

During Rotary Grant and Awareness Month in August, help expand awareness of Rotary's global humanitarian efforts. As members of the world's first service club organization, Rotarians have much to be proud of as they put Service Above Self while advancing world understanding, goodwill, and peace through the improvement of health, the support of education and business and the alleviation of poverty.

You are identified with Batch Number: 444821545-ES/2008 Category A and your Grant portfolio is filed with Ref Number:MARKT 80 ES9414. You are therefore to receive a cash prize of £750.000.00GBP (Seven Hundred and Fifty Thousand Pounds Only).

Please visit <http://www.clubrunner.ca/dprg/dxhome/dxstoriesab/storyitem.aspx?did=5040&index=5055&linkcat=4&tail=4&dir=f> for the full email.



Healing Garden Growing

Delta Hospital project to provide patients, staff and visitors with a place to relax

Dave Willis

The Delta Optimist

Delta Hospital's Healing Garden is nearing completion.

A joint project by the Delta Hospital Foundation, in partnership with the Rotary clubs of Ladner and Tsawwassen, the garden's paved walkways, raised beds and water feature have been installed and the official opening will take place next month.

"What we're doing now is finishing up with the planting. That's the drill for the next few days," Tsawwassen Rotary Club member Patricia Fleming said Thursday.

Fleming, who's also the executive director of the Earthwise Society, designed the garden's plantings.

"I think it'll be wonderful when it's finished. It's a complete transformation," she said, noting the goal is to have color and fragrance throughout the year.

Before work on the garden began, the area was just a "courtyard full of weeds," Fleming said.

Delta Hospital Foundation executive director Teresa Cooper noted there were a few trees and shrubs previously but the space was torn apart when work on the emergency room and surgical daycare took place a few years ago.

The new Healing Garden is designed to be a place of relaxation for patients, visitors and staff. "It's somewhere to come when you're at the hospital that doesn't feel like the hospital," Cooper said.

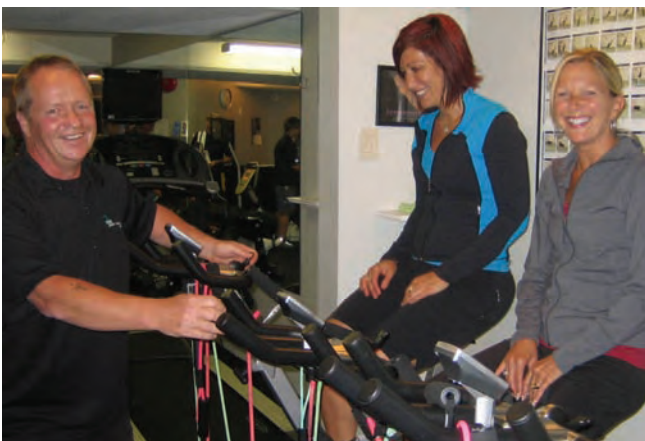
Alex Tappert, the Tsawwassen Rotary's projects committee chair, called it "spectacular" the way the garden's come together.

"It'll be a great area for staff, patients and visitors to come out, sit, enjoy the fresh air and the scenery and listen to the water," he said. "It's a huge improvement over what it was before."



CREDIT: photo by Brett Beadle

Patricia Fleming, executive director of the Earthwise Society, was planting lavender in the beds at Delta Hospital's Healing Garden Thursday afternoon.



Come and join in the fun

During the weekly Terry Fox Run Training Clinic at New Day Personal Training & Fitness, owner Terry Day enjoys a moment with Rotarians Joelle Cummings and Gail McEwan as they warm up. The clinics are free to anyone who commits to participate in the Sept. 14, 2008 Terry Fox Run. This year the Delta Terry Fox Run, organized by the Rotary Club of Tsawwassen, has an entirely new urban route.



Square gets peace pole Tsawwassen Rotary Club to host dedication next month

Ayesha Valadares of Tsawwassen was pleased to see Hindi among the eight languages used to carve the prayer, "May Peace Prevail on Earth," into the recently installed peace pole in Rotary Square at Town Centre Mall.

The other languages include English, French, Arabic, Chinese, Coast Salish, Hebrew and Spanish. Carving the international prayer of peace on a post in multiple languages is an expression of the humanitarian desire for peace, understanding and unity among all people.

The sponsoring Rotary Club of Tsawwassen invites the entire community to witness the official dedication of the eight-foot hand-carved Western Red Cedar post at noon on Sunday, Sept. 21, the International Day of Peace.

The idea of a community peace pole began in Japan following the Second World War after artist Masahisa Goi witnessed the horrors of war. He founded the World Peace Prayer Society to spread the idea of world peace through the symbolism of peace poles.

There are now more than 200,000 Peace Poles in 180 countries around the world including the North Magnetic Pole, the Hiroshima Peace Memorial and many more community parks and squares each year.

You are welcome to speak at the Peace Pole Dedication. If you wish to do so, please advise me and I will make arrangements for you. If further information is required please contact:

Bryan Kelly
Media Relations Chair
Rotary Club of Tsawwassen
Phone: 604 943-1494
email: kelly@dccnet.com
web: www.rotarytsawwassen.org

Dedication start time: 11 am, September 21, 2008



Tsawwassen's Ayesha Valadares stands beside the newly installed peace pole at Rotary Square at the Town Centre Mall.

Send in your nominations!!!

International Service Award for a Polio-Free World (for Rotarians)

Nominators: Any Rotarian

Deadline: 1 November

This award was established by the Trustees of The Rotary Foundation to recognize outstanding contributions to the polio eradication effort and to encourage participation in the final eradication work.

The Rotary Foundation Distinguished Service Award (for Rotarians)

Nominators: Any Rotarian

Deadline: 15 November

Four complete Rotary years after receiving the Citation for Meritorious Service, a Rotarian becomes eligible for the Distinguished Service Award. Because this is the Foundation's highest service recognition, a recipient's exemplary service to the Foundation must extend beyond the district level and occur over an extended period of time.

For other award deadlines and applications, visit RI website <http://www.rotary.org/en/Members/GeneralInformation/Awards/Pages/rifdefault.aspx>



Features

Rotary youth partner with Shane's Inspiration

By Ryan Hyland

Photography by Monika Lozinska-Lee

The smiles were plentiful as members of Rotary youth programs helped children with disabilities slide down slides, crawl through tubes, or ride on swings at Griffith Park in Los Angeles.



Sergei Belokonnyi of the Rotaract Club of West Los Angeles plays with Parker Silcock, 11, from Huntington Beach, California.



Rotaractor Jasmine Park (left) and Yadira show off their newly painted faces.

[Rotaractors](#), [Interactors](#), and [RYLA](#) participants attending the [2008 RI Convention](#) in June spent a morning at the 2-acre playground playing with children and helping them with arts and crafts.

[Shane's Inspiration](#) is a nonprofit started in 1997 to honor Shane Alexander, who was born paralyzed and lived only two weeks. The organization aims to build universally accessible playgrounds throughout Southern California, USA, for children with or without disabilities. The public playgrounds are designed to accommodate children with leg braces and crutches or who are in wheelchairs.

The Griffith Park location, the first playground built by Shane's Inspiration, features special equipment in a modern, safe, and creative environment.

Because of the RI convention, the joint service project brought together Rotary youth program members from around the world. Collaborating with Shane's Inspiration was a natural fit because of its message of acceptance and tolerance for children with disabilities.

"This service project has been a unique and special experience," said former Rotaractor Megan Cotugno, now a member of the Rotary Club of Manhattan Beach, California. "Shane's Inspiration built a beautiful playground. They are a great organization to partner with."



Arias plays with the new balloon she just received from Dana



7 year-old Spencer Hawk (left) and his stepfather Doug Powell (right) play with Ricky the dog.



Rotaractors from Sta Barbara and Sn Diego spent the day with children at Shane's Inspiration Park



Features

Polio survivor cycles across Canada to fight polio

By Dan Nixon

"I am reminded of the effects of polio every day of my life," says Ramesh Ferris, who is cycling 7,200 kilometers (4,474 miles) across Canada to ensure that children worldwide are able to walk.

The 28-year-old polio survivor is riding a 27-speed handcycle on a journey that began in Victoria, British Columbia, on 12 April. He plans to arrive in Cape Spear, Newfoundland, in mid-October.

"Cycle to Walk is my way to prevent polio and give other polio survivors a chance to reach their full potential," said Ferris. He is promoting polio eradication at schools, Rotary, and other service clubs, health care providers, and government offices.

Among other highlights, Ferris has cycled through Fraser Canyon, the Canadian Rockies, and Jasper National Park, on the Terry Fox Courage Highway, and across the town of Sudbury's Bridge of Nations. He has stopped to address District 5550's annual conference, joined Sault Sainte Marie's Rotaryfest parade, and been honored by the Toronto Blue Jays on Cycle to Walk night, in front of more than 23,000 baseball fans.

On 12 August, Ferris met with Canadian Prime Minister Stephen Harper in Ottawa. "Our visit today helps demonstrate that Canada will continue to be a global leader in the fight against history's greatest cause of disability," Ferris said.

A day earlier, Ferris was welcomed to the nation's capital by Liberal Party leader Stéphane Dion. "It's a wonderful initiative," Dion said of the global battle to end polio. "It requires a lot of courage and determination. Everything we are able to do, we will do."



Personal battle

For his part in that battle, Ferris has had to draw deeply on his own determination many times. Born in Coimbatore, Tamil Nadu, India, in 1979, he was stricken by polio at the age of six months. He was adopted by Canadian parents at age two and, following several surgeries and physical rehabilitation, learned to walk with crutches by age four. But polio also afflicted his lungs, and he contracted pneumonia nine times before his 11th birthday.

A visit to India in 2002 and seeing others suffering from polio inspired Ferris to found the Cycle to Walk Society, which raises money to fight polio and boosts public awareness of the disease. His goal in cycling across Canada is to raise C\$1 million (US\$955,082); as of 15 August, contributions had reached C\$279,148 (US\$266,609). Of the total, 75 percent will go to PolioPlus to immunize children in polio-endemic and at-risk countries, 20 percent to aid rehabilitation, and 5 percent to help educate Canadians about the disease and advocate their continued immunization.

"We are on the brink of making history," he said about the global effort to eradicate polio. "Let's get excited about making polio history, so that we can continue the work of ridding the world of other diseases."

To follow Ferris's journey, read his blog at www.cycletowalk.com.

Ferris cycles along a prairie field in Saskatchewan, Canada. *Photos courtesy of Ramesh Ferris Cycle to Walk Society*



Features

How to Survive a Heart Attack When Alone

Courtesy of Simon Turner

Let's say it's 6.15pm and you're driving home (alone of course) after an unusually hard day on the job. You're really tired, and frustrated.....

Suddenly you start experiencing **severe pain** in your chest that starts to radiate out into your arm and up into your jaw.

You are only five miles from the hospital nearest your home. Unfortunately you don't know if you'll be able to make it that far

OH NO ?!?!?!?

YOU HAVE BEEN TRAINED IN CPR, BUT THE GUY THAT CONDUCTED THE COURSE DID NOT TELL YOU HOW TO PERFORM IT ON YOURSELF !!!

SINCE MANY PEOPLE ARE ALONE WHEN THEY SUFFER A HEART ATTACK, WITHOUT HELP, THE PERSON WHOSE HEART IS BEATING IMPROPERLY AND WHO BEGINS TO FEEL FAINT, HAS ONLY ABOUT 10 SECONDS LEFT BEFORE LOSING CONSCIOUS



WHAT TO DO ???

ANSWER:

DO NOT PANIC, BUT START COUGHING REPEATEDLY AND VERY VIGOROUSLY.

A DEEP BREATH SHOULD BE TAKEN BEFORE EACH COUGH, THE COUGH MUST BE DEEP AND PROLONGED, AS WHEN PRODUCING SPUTUM FROM DEEP INSIDE THE CHEST.

A BREATH AND A COUGH MUST BE REPEATED ABOUT EVERY TWO SECONDS WITHOUT LET-UP UNTIL HELP ARRIVES, OR UNTIL THE HEART IS FELT TO BE BEATING NORMALLY AGAIN.

DEEP BREATHS GET **OXYGEN** INTO THE LUNGS AND COUGHING MOVEMENTS SQUEEZE THE HEART AND KEEP THE BLOOD **CIRCULATING**. THE SQUEEZING PRESSURE ON THE HEART ALSO HELPS IT REGAIN NORMAL RHYTHM. IN THIS WAY, HEART ATTACK VICTIMS CAN GET TO A HOSPITAL



ARTICLE PUBLISHED ON N.º 240 OF *JOURNAL OF GENERAL HOSPITAL ROCHESTER*



Rotary International



Are you R.E.D.I.? Mission Start!

What is Rotary's role in disaster relief? Attend the 3rd annual R.E.D.I. conference

Natural disasters can happen anywhere and at anytime. Rotary clubs in disaster areas are often times looked upon as secondary relief responders. Does your club have the tools to prepare for the worst? What is Rotary's role in disaster relief?

At the 3rd Annual North American Rotary Emergency Disaster Initiative (R.E.D.I.) Conference and Workshop in Nassau, Bahamas, on 5-6 December, 2008, Rotarians will learn from disaster relief professionals on ways to best prepare for natural disasters, as well as, how to best respond to community needs.

The conference is cosponsored by with Disaster Relief Rotarian Action Group (DRRAG) and will be attended by all six North American RI directors.

[Learn more](#) on how you can register for this important conference.



German Rotaractor visits 60 clubs in 1 year raising funds for ShelterBox



ShelterBox in Germany donated 13 disaster relief kits at the start of 2007. By year-end, that number had soared to more than 200. The difference? German Rotaractor Clemens Witt (see attached picture), 27, who visited 60 Rotaract clubs in less than a year on a one-man fundraising mission.

Witt, a student at the Technical Institute of Berlin, had little trouble convincing clubs to donate. "The project is so attractive that most clubs do it automatically," he says.

ShelterBox is a UK-based nonprofit organization that provides 10-person tents, bedding, water containers, cooking equipment, and toolkits to disaster victims. It was founded in 2001 by the Rotary Club of Helston-Lizard, Cornwall, England.

After Witt's presentations, almost half of the 150 Rotaract clubs in Germany contributed to ShelterBox.

At 19, Witt and two friends re-established an inactive Rotaract club in Germany, and he has held various leadership positions in Rotaract. But now Witt's energy is focused on ShelterBox.

"What I like at ShelterBox is that it's a small, special family within the Rotary family," he says. "It's great to see how a group of Rotarians can work together





Fun at FraserFest

By Tina Zhang

Photos by Aaron Ottho

FraserFest is an exciting annual July festival in New Westminster which celebrates family fun along the beautiful Fraser River. People of all ages coming from different locations gather at the New Westminster Quay for an exciting weekend.

This year, the festival took place from July 18th to July 20th. Display booths were spread out from one end of the quay to the other. The merchandise ranged from clothes and necklaces to paintings and salmon burgers. Visitors were entertained by a band playing onstage while trying different foods.

Children especially enjoyed themselves on rides and at a mascot parade along the boardwalk. Visitors also have the choice of taking a harbor tour on a paddleboat and seeing New Westminster from the river. Fireworks are the perfect touch to end a delightful day at the festival, and everyone was amazed by stunning fireworks on the Fraser River presented two nights in a row.



The Rotaract Club of New Westminster has participated annually in the festival. Each year, members volunteer to hold a facepainting booth and its popularity has been growing. Some talented artists are able to paint complicated characters, such as Transformers, Batman, Harry Potter, and Disney princesses. The most frequently demanded characters this year were Hello Kitty, Pikachu, Wall-E, and Dora. There were even lineups!

Despite experiencing back and wrist pain after painting so many faces in a row, those feelings were erased when members saw the huge smiles on children's faces after seeing the paintings for the first

time. The cost was by donation, and the club has received some generous donations from parents.

This festival also gave the club an opportunity to inform the rest of the community who the club is and what they do. All of those who participated would agree that they had a great time and that they would definitely be back next year.





The Young Leaders of RYLA North 2008

The 11th annual RYLA North program for youth aged 19-25 ran July 29th to August 3rd. 18 participants from all over BC attended the week-long leadership training session at Ness Lake in Prince George, BC, and entered the vast RYLA Alumni network as leaders of today and tomorrow. The program consisted of small group projects, activities, and problem-based learning intermingled with guest speakers covering topics such as personal development, ethics, integrity, communication, finances, and Rotary. Photographs from RYLA North 2008 are available online at www.RYLANorth.org, along with information, application forms, and other resources. Sincerest thanks to the Rotary clubs across BC that supported this event and the RYLA program.



Morgan Evans



In thanks to the Rotary Club of Richmond for sponsoring my attendance at RYLA North 2008:

I've joined workshops and skills building camps before RYLA, thus going in I had certain theories about it - despite my claims to the contrary! Yet theories are not enough. One might be right, but still far from reality. That reality is that RYLA encourages one to inwardly ask constructive questions, and to outwardly share these ideas with others in a casual and enjoyable environment.

Ultimately, RYLA is about introduction and introspection. It immediately introduces applicable and relevant matters regarding not only self goals, but more importantly, self satisfaction. It introduces new (and old) ideas put into various points of view. Plus it introduces team interaction to bounce around even more ideas while developing interpersonal and problem solving skills. All the while posing questions that one asks oneself regarding previous preconceptions, values and approaches: self constructive criticism.

Additionally, one is introduced to new friendships and develops new networks. The camp is an opportunity to get involved in an even greater network of opportunities. Being part of the program feels like the time and the effort invested really matters. One is part of a truly influential whole.

In the end I wanted to stay another day. Just as the questions start to sink in, time runs away. Even in the coming years, I suspect as part of the RYLA network, we will all continue to ask questions, constructively criticize and introduce a little introspection.



- Makoto Tsukishima
Architectural Technologist



The future of the world rests in our youth. They must be nurtured, taught, and trained with the knowledge and skills that will not only help them survive the real world, but also make this world a better place. We encourage clubs to sponsor participants for RYLA 2009. For more information, visit <http://www.rylanorth.org/home.html> or contact coordinator Morgan at ryla@rylanorth.org Together, we can all make a difference.



On October 24th, 2008 the Rotaract Club of Terrace Skeena Valley will be hosting a Model United Nations for High School Students...

This year's Theme is:

Food Security in Africa and the Challenges of Climate Change



The Model UN will be open to all student's in Grade 10-12. Download the Delegate Guide below for all of the information you need about the Rotaract High School Model UN!

Want to know what a Model UN is? Check out www.cyberschoolbus.un.org/modelun

To participate fill out the registration form below and send it in to...

Rotaract High School Model UN

PO Box 538

Terrace, BC V8G 4B5



or email to terracerotaract@hotmail.com

*Please note: Only one delegation fee of \$20 is required **per school** regardless of how many delegations or students are attending.*

Here is a link that might be helpful in understanding the topic....

<http://www.pnas.org/content/104/50/19703.full.pdf>

Documents for Downloading

	Delegate Guide	Guide for MUN Delegates	192kb
	Registration form		28kb



Adventures in **FILM**

The **Adventures in Film** Camp is an exciting part of the Powell River Film Festival for young filmmakers. Participants join workshops with professional filmmakers, make videos or animations, and attend festival events.



Rotary wants to help 15-19 year olds join in. Youth can contact their local club to apply for a subsidy covering meals, accommodation and fees. Clubs are listed at www.rotary.org

For **more info**, visit www.prfilmfestival.ca or contact Michelle Hignell, Youth Program Director: michelle@prfilmfestival.ca tel. 604-485-0325/1-877-330-8118



**FEBRUARY
20-22, 2009**



Here is a list of clubs that sponsored a youth participant or two in February 2008:

- Campbell River Rotary Club
- Chemainus Rotary Club
- Rotary Club of Comox
- Courtenay Rotary Club
- Creston Valley Rotary Club
- Cumberland Centennial Rotary Club
- Invermere Rotary Club
- Rotary Club of Ladysmith
- Rotary Club of Lantzville
- Rotary Club of Pender Harbour
- Powell River Rotary Club
- Princeton Rotary Club
- Rotary Club of Sooke
- Rotary Club of Squamish
- Tsawassen Rotary Club

WHO CAN PARTICIPATE IN THE CAMP?

Rotary Clubs interested in sending a participant or two to the next camp can click here: [rotary application package web.pdf](#)

For the 2009 film camp, about 60 participants will be selected from:

- the local student population
- the 5 Minute Film Contest winners
- youth sponsored by their local Rotary Club

If you're interested in joining the camp, we encourage you to contact your local Rotary Club asap, and/or enter a short video in our **CONTEST!**

Film & video professionals interested in working at the camp should contact Michelle Hignell, Youth Program Director.

Rotary Clubs Adventures in Film 2008 - What a BLAST!!!

It was a whirlwind 3 days, but the 38 participants in our first Adventures in Film Camp saw plenty of films and learned from the pros. Thanks to the Powell River Rotary Club, School District 47, Brooks Secondary, our camp staff and the many volunteers & sponsors who pitched in.