



Rotary District 5050

Peace Arch Journal

Volume 25 Issue 1 July 2011



Message from the District Governor

Dear Fellow District 5050 Rotarians,

RI President Kalyan Banerjee searched for a theme that would emphasize his vision of care for all mankind. He found it with: "Reach Within to Embrace Humanity". He asked us to look within ourselves to understand that all humanity has similar dreams, hopes, aspirations, and problems.

During the 2011-2012 Rotary year, we have three emphases in our Rotary service: to strengthen our families, to continue what we do best and to change what needs to be changed.

Our families are the highest priority. Family first, then we can reach out to the community and the world.

As I look at our District, I am filled with pride at our accomplishments: the community projects, the incredible work with international projects and our dedication to our youth through RYLA, YAIL, RYE, Interact and Rotoract. All this is possible through the dedication of individual Rotarians and the cohesiveness of their Rotary clubs. We will continue to do what we do best in these areas.

We are challenged with declining membership and retention. Membership is of utmost importance. District and club leadership should continue to find new and innovative ways to attract and grow membership. Our new generations offer us a wealth and depth of leadership, but we must change the way we attract and keep them.

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2011-12 Theme



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The Peace Arch Journal

The monthly newsletter for
Rotary District 5050

Jane Helton Governor

This monthly publication is a service to district club officers and members. It is intended as a source of news and opinion from throughout the district.

The mission of the *Peace Arch Journal* is to promote communication, understanding, fellowship and fun beyond club meetings, in a manner complementary to shared efforts at placing *Service Above Self*.

Please send news and articles and photographs to:
editor.paj@gmail.com by the 21st day of the month for possible inclusion in the next issue.

Long articles may be truncated and all articles submitted may be edited before publication. Not all articles and photos submitted will be published.

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Message from the District Governor (continued from Page 1)

The second challenge is in the area of Foundation. This year every member of every club is asked to make a donation to the Annual Programs Fund. Club leadership should look within for ideas to accomplish this goal.

Your club presidents and boards have set ambitious goals for both membership growth and Foundation contributions. As we go through this year, please keep working diligently to achieve success in these areas.

This year we have an added incentive from RI President Kalyan Banerjee, which covers each Avenue of Service. The roadmap for this is the Changemaker Award. It is my hope that District 5050 will have at least one club winning that award and representing us at the RI Convention in Bangkok in May of 2012. It would reflect our ongoing initiatives to improve literacy, to provide clean water and to ease hunger and poverty in the world.

The Presidential Citation and the Change Maker award outlines the many ways clubs have a guarantee of a successful year. I have asked the Club President's to follow these guidelines and share them with their club members in order to achieve them.

Rotary District 5050 Hike - August 20, 2011

My name is Ajay Caleb, and I am club President 2011 – 2012 of the Rotary Club of Surrey. As a Rotary District we would like to implement a family hike Saturday, August 20 in the Sedro-Woolley area.

Concept

- To have a District-wide event to which Rotarians can invite friends, family, and possible ROTORACTers and Rotarians.
- After the hikes the day will end with a **BBQ (fee involved)**. The final details are not complete, and your help would be appreciated .

Hike Features

In order to make the hike as pleasant as possible for everyone, 10 different trails offering varying levels of challenge have been selected .

In addition, from a cursory review **there does not seem to be a Geo-Caching** spot in the Sedro-Woolley (Mt. Baker) area. If there is, that can be included as an additional hike. If there is not one, perhaps one group would like to **set up a Rotary Geo-Cache site in the area** .

Implementation

To properly ensure all hikers are well taken care of, we will **need to have at least one facilitator** for each of the trails. Want to lead one of the groups/hikes? **Please contact me by email** (works_for_you@yahoo.ca).

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Rotary World Help Network

Bridging Continents –Helping Communities

One of the best kept secrets of Districts 5040 and 5050 is the great international assistance provided by the Rotary World Help Network.

Nestled in a building at Riverview Hospital is the warehouse of the Rotary World Help Network. The space is bulging with used medical and educational equipment including, hospital beds, gurneys, wheelchairs and walkers, patient- lifts, computers, books and a vast assortment of medical supplies. Collected from hospitals, medical clinics, nursing homes, community colleges and from individual donors, the goods await shipping in forty foot containers to Rotary Clubs and communities throughout the world.

All goods are shipped from the Rotary World help Network through a special agreement with a recipient Rotary Club. The receiving Club must agree to arrange to receive the goods free of taxes and duties and to distribute them at no cost to organizations and individuals in the community. None of the goods can be sold. By utilizing this methodology, we manage to side-step political corruption and government red-tape, and get the help directly to where it is most needed.

With a partnership agreement in place the shipping costs of the container are covered by a Rotary Club, individual or donor organization in B.C. and the goods are loaded into a 40 foot container by Rotarian volunteers and friends. As much as possible we attempt to meet the needs of the recipient Rotary Club in terms of equipment and supplies. In actuality, the need to pack the containers very tightly often means the recipients receive goods far in excess of their basic request. Working together, we have equipped clinics and hospitals and operating theatres in Uganda, Kenya, and other locations; built computer labs and supplied schools and learning centers throughout the world with the tools necessary to improve literacy levels; supplied wheelchairs, crutches and walkers to thousands of disabled people and have assisted in the establishment of dental and eye clinics in several countries. We have even shipped ambulances and fire-trucks to communities in need of them.

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The RWHN Warehouse in Coquitlam



Loading the container. Watch your back!



Hospital beds arriving where they are needed.

Rotary World Help Network (continued from page 3)

The Rotary World Help Network was founded in 1997 largely through the initiative of the Vancouver Rotary Club and is a RI sanctioned not-for-profit organization with charitable status. All full members are Rotary Clubs from District 5040 and 5050 although we do encourage associate membership from Rotary Clubs outside of the two founding Districts. At present the Network has 36 active member clubs. To date the Network has shipped over 270 containers to some 45 world destinations. The total value of goods shipped being in excess of 93 million dollars.

If you are interested in learning more about the Rotary World Help Network or your Club would like help the Network to achieve our international goals please visit our website at www.rwhn.org.

If you would like to have a guest speaker explain the work of the Network to your Rotary Club, please contact Dan Gallant ((604) 469-4841), email hett@shaw.ca or D'Arcy Warner (604-536-1461) email warner@hrnetwork.com

The Rotary World Help Network, your District, your organization, bridging continents, helping communities throughout the world. Help us to change the world!

Wayne Crossen, Past President

Rotary World Help Network

2011 Donald MacRae Peace Award goes to RWHN!

The Rotary Zone Donald MacRae Peace Award is an annual award presented by Rotary Zones 24 and 32 to recognize and honor an individual or organization for outstanding achievement consistent with the ideals of Rotary as expressed in the Fourth Object of Rotary.

The award commemorates the contribution of Halifax Rotarian Donald MacRae, who in a speech to the International Convention in Kansas City in June 1918 proposed that Rotary become an agent for the promotion of goodwill and peace among nations - the first time that this vision of Rotary was expressed publicly.

Remembering 9/11

As I write this article for the PAJ I realize that in the past few months I have presented the “Remembering 911” program to over 30 Rotary clubs from Everett to Coquitlam. It has been a wonderful experience and without exception Rotarians are the best folks on the planet. With the force of Rotary the World will become a better place and “Peace is Possible”.

As many of you know, in addition to honoring the 10th anniversary of September 11, 2001, our main emphasis is on fully funding a Rotary International “Peace and Conflict Resolution” scholarship. The scholarship provides for a selected student to enter into a two year program at one of eight universities for International studies in peace and conflict resolution. On completion the student, a Peace Fellow, will hold a Masters Degree in “Peace and Conflict Resolution”. Of the over 700 graduates 95% have dedicated the rest of their lives to working in positions that promote and support Peace and Conflict Resolutions.

To accomplish presenting the beautiful musical program and fully funding the scholarship we are looking to individuals and clubs becoming Major Sponsors which requires a donation of \$911.00. Also, donations in any amount are happily accepted and appreciated. However, perhaps almost the most important thing you can do, as Rotarians, is to buy tickets to one of the six performances. The performances will be on Saturday and Sunday September 10th and 11th at 1:00, 4:00 and 7:30 PM both days. Your support by attending one of these performances will do a great deal to insure financial success. Our ticket prices range for \$9.11 to \$29.11. I should mention that there is not a bad seat in McIntyre Hall Performing Arts Center.

Please go to our website (www.remembering911.com) where you can buy tickets and learn much more about the “Remembering 911” event. If you have any questions regarding the concert program, donating to the event, participating as a volunteer either as a musician or a volunteer in some other capacity please contact Dick Irwin at the following: P.O. Box 911, Burlington, WA 98233 / rai55@hotmail.com / 360-941-3947.

Stay tuned as in the August PAJ I will share some of the exciting content of the “Remembering 911” program. A program and concert you won’t want to miss.

FORCE Society - Isolated, Alone and in Danger

On June 19, Douglas Janzen left his home in Chilliwack BC to ride a motorcycle alone and unsupported to Inuvik in Canada's high arctic. His purpose is to bring attention to approximately one in eight youth in Canada who struggle with Clinical Depression feeling isolated and alone every day. Clinical Depression, often undiagnosed and untreated, is a leading cause of suicide.

Janzen left on Father's Day to ride for "all the Fathers who have children fighting depression" and expects to be home in early July. He will be travelling through one of Canada's more remote areas where it is more common to see wild animals such as wolves and bears than to see another human. He will be isolated and alone in an area where even a minor mishap could have very serious consequences.

Douglas states that his journey is the physical representation of a mind troubled by Clinical Depression. "Everyone knows someone with Depression but nobody wants to talk about it," says Douglas. "If people started to talk openly about Depression, those who battle it would be more likely to get proper treatment; the stigma would be reduced." Many high achieving people such as Clara Hughes, Harrison Ford, Janet Jackson and Winston Churchill have successfully battled Clinical Depression.

Depression can be difficult to detect in teens but experts advise that "early diagnosis and aggressive treatment can be the difference between a full, normal, productive life or no life at all." A family doctor can diagnose Clinical Depression very quickly but often parents don't realize their children are struggling.

Parents of youth with Clinical Depression are challenged to find support and information that would help them deal with what their children are facing. FORCE Society (Families Organized for Recognition and Care Equality) provides families with an opportunity to speak with other families who understand and may be able to offer support or advice on what has worked for them. FORCE Society also works with professionals and serves as an advocate in this area of mental health.

Douglas hopes his journey will encourage more open conversation about Depression and that people will contribute to FORCE Society. More information is available at www.forcesociety.com or on Janzen's website www.road2blue.com where you can also follow his progress by satellite tracking.

District's Rotary Foundation Seminar

Report submitted by Bob Knight

On Saturday, June 18, District Governor Elect Jane Helten and District Rotary Foundation Chair Bill Robson hosted a training seminar about The Rotary Foundation (TRF). Many of the attendees included the incoming club presidents and Foundation chairs.

The trainers and their topics included: Rick Bolduc & Mark Kendziorek, Rotary Foundation Matching Grants; Steve Morach, Every Rotarian Every Year; and PDG Rob Martin & Linda Murray, Group Study Exchange. Bill Robson's topics included: District Simplified Grants, Scholarships, PolioPlus, and TRF's Future Vision planning program. DGE Jane Helten focused on her Foundation goals for 2011-2012 and request for support by club presidents and Foundation chairs.

Attendees were encouraged to utilize publications available through the Rotary International web site. For example, The Guide to Matching Grants (144-EN-210). It can be downloaded at:

http://www.rotary.org/RIdocuments/en_pdf/144en.pdf.

For questions that you may have, contact DRFC Bill Robson by email at:

William.robson@yahoo.ca.





Bob Preston Receives a Community Award

Bob Preston was awarded a Community Award from The Rotary Club of White Rock at the Installation Banquet on Tuesday, June 7, at Eaglequest Coyote Creek. Bob was named a Paul Harris Fellow of The Rotary Foundation of Rotary International. This recognition is given to individuals who have performed service above self providing charitable work in their community helping others in need and not asking for or receiving any benefit except personal satisfaction that comes with giving of one's time and effort on a strictly voluntary basis.

Bob has been performing regularly in retirement homes around Surrey and White Rock. He is well known as the "Man in Black" because he sings and relates to the history of Johnny Cash. Bob says it is a "great feeling to watch seniors reminisce listening to the songs they recall from their younger years and see the smile on their faces". Bob gives back to his community also with charity fundraising for cancer research and is a volunteer for Meals on Wheels.

Meadowridge Club Donates \$125,000 to Sports Groups

The Meadowridge Rotary Club donated \$125,000 to local sports groups, money that will help build and maintain sports facilities for children in Maple Ridge and Pitt Meadows. The club donated \$75,000 to the Ridge Canoe and Kayak Club, \$30,000 to the Meadow Ridge Knights community football program, and \$20,000 to the Golden Ears Athletics club.

Rotary member and former Maple Ridge mayor Gordy Robson said the money raised will help ensure local children will have affordable sports options with top-notch facilities. "This represents the money we've raised from our annual sports banquets for the last two years," he said. "We've been holding the banquets for the last 20 years."

The Ridge Canoe and Kayak Club plans to use the donation as seed money towards its proposed boathouse on Whonnock Lake. The RCKC was founded in 1982, and was originally housed in a shipping container. The club is currently housed in an addition to the Whonnock Lake Community Centre.

The Meadow Ridge Knights will use their donation to fund a scoreboard for the artificial turf Rotary Field at Samuel Robertson Technical secondary. "It will be just like Friday Night Lights, the same as at Empire Field," said Robson. Golden Ears Athletics, meanwhile, will be using its donation to replace the old trailers in which they store track equipment with new, leak-free units.

Meadowridge Rotary is currently raising funds for local sports organization with the first annual Rotary Duck Race. The race takes place July 31 at Maple Ridge Park, with the grand prize being a new 2011 Jeep Wrangler Sport 4X4. Rubber duckies can be adopted for \$10 each. So far, more than 6,000 ducks have been sold, says Robson. "The sports banquet funds the facilities, and the duck race funds the operations," he said. The first \$25,000 raised through the fundraiser will go to KidSport, a charity that helps pay for sports registration fees for needy kids. The remainder will go to local sports organizations that take part in selling ducks for the fundraiser.

For more information, visit www.rotaryduckrace.ca or call 604-463-3333

Langley Club 100% PHF

On June 23, District Governor Wayne Wiebe presented the 100% Paul Harris Fellow banner to David Truman, president of the Langley Club, which is also DG Wayne's home club. Wayne expressed his appreciation to the club for their support of the Rotary Foundation. Langley has also done a Matching Grant project in each of the past three years, and the club was a 100% sustaining member club in 2010-11.



Installation Ceremony

DGE Jane Helton performed many installation ceremonies for the 2011/2012 Rotary Year in June. One of them was at the Rotary Club of Coquitlam Sunrise on June 8. Pictured, left to right are:

- Gideon Redman, incoming club president
- Rhian Piprell, outgoing club president
- DGE Jane Helton



Are you looking for the Monthly Membership and Attendance Report?

The report will be sent directly from now on to all club presidents and secretaries. It will also be archived on the new District 5050 Website.

Membership and Attendance Highlights for May, 2011

- The number of members in District 5050 as of 31May 2011 was 2843, a decrease of 39 since 1 Jul 2010.
- Average Attendance for the district May was 71.66%, YTD is 70.86%. Last year the average was 65.76%
- The clubs with the best attendance in May were Marysville Sunrise and San Juan Island, both with 93.33%.