

Message from the District Governor

Attending a Rotary International Convention takes you to the heart of Rotary...the massive heart of Rotary. I have travelled to only two of these meetings and found both experiences to be stimulating and inspirational. There is something about being in a stadium alongside twelve to fourteen thousand other Rotarians and spouses, and to realize that over 25,000 people have travelled significant distances to gather for a common cause.



This year in Lisbon we were fortunate to hear a variety of world class speakers.

We heard from a Nobel Prize Winner, Leymah Gbowee, who spoke of being a hot stove for problems; she melts them away. She spoke of women and their struggle in many cultures to live lives devoid of abuse. She spoke of her childhood and how everyone in her community took care of everyone else. A child would go to the neighbours to show them her report card and everyone took an interest in it. If the grades were good, it was a pleasant experience and if they were low, feedback and advice were liberally offered.

The communities she referred to have changed as people are now more individualistic and self- centered and not as interested in helping their neighbours. Leymah encouraged us to return to the old ways of doing things. Part of the challenge is to lighten up by consuming less and even getting rid of things we don't use or need.

Emmanuel Jal is a former child soldier who survived many atrocities and is now a fervent peace advocate. He spoke of peace coming from many sources including having enough food to eat. He also noted that it is good to "Lose to Win," specifically getting rid of the clutter in our lives so as to feel more at peace.

Celine Cousteau, the granddaughter of Jacques, spoke along similar lines and urged people to tell their stories so as to influence others, a theme we are hearing on a regular basis from Rotary leaders. She showed us a short film about a juvenile humpback whale which had become entangled in ocean waste (500 lbs of fishing netting).

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The Peace Arch Journal

The monthly newsletter for Rotary District 5050

Denis Boyd Governor

This monthly publication is a service to district club officers and members. It is intended as a source of news and opinion from throughout the district.

The mission of the **Peace Arch** Journal is to promote communication, understanding, fellowship and fun beyond club meetings, in а manner complementary shared to efforts at placing Service Above Self.

Please send news, articles and photographs to:

editor.paj@gmail.com by the 21st day of the month for possible inclusion in the next issue.

Long articles may be truncated and all articles submitted may be edited before publication. Not all articles and photos submitted will be published.

Peace Arch Journal Editor:

David Truman (Nora) Rotary Club of Langley Box 315, 20465 Douglas Cres. Langley, BC V3A 4B6 (604) 533-4585 editor.paj@gmail.com

www.district5050.org

District Governors Message, continued from page 1.....

The entanglement slowed the whale down so much that he was abandoned by his pod and was slowly dying due to the stress of pulling around so much extra weight. The film showed the attempts to cut the netting free from the imperiled whale and the eventual success of the rescuers. The young whale, although now covered with barnacles, was able to escape and rejoin his community.

When I saw and heard this video, I wondered how much the possessions in my life drag me down and prevent me from being free to live a healthier, more peace filled life.

Denis Boyd

Pakistan Battles Polio, and Its People's Mistrust

Please use the following link to read an excellent article in the NY Times about the battle against polio in Pakistan. <u>NYTimes-Polio</u>



Governor Denis was sworn in by PDG Jane Helten during a fun event on July 20 in White Rock. Visit the District 5050 Facebook page for more photos. <u>District Facebook</u>

Upcoming District Events

Visit the District 5050 Website for further details

August 15

August 23 September 28

Ne Sher

November 9

November 23

Past RI President Richard King; Membership Seminar (Surrey, BC)

District Golfun (Lynden, WA) Rotary Leadership Institute (WA)

Foundation Dinner (Langley, BC)

Rotary Leadership Institute (Surrey, BC)

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District 5050 Administration

Governor

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Rotary Club of Cloverdale, BC 20736 51 Ave Langley, BC V3A 7V2 Res: 604-340-9700 email: william robson@yahoo.ca

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Dennis Ratcliffe (Sharon) Rotary Club of Langley Central, BC 20269 41A Ave Langley, BC V3A 2ZB Res: 604-534-8292 Bus: 604-534-8292 Fax: 604-534-8423 email: felid9@telus.net

Treasurer

Jeff Richards (Marjorie)

Rotary Club of South Surrey, BC 14132 20 Ave Surrey, BC V4A 8P8 Res: 604-531-7927 Cell: 604-328-7976 email: jrichards@telus.net

District Administrator Julie Frauenholtz (Jim)

Rotary Club of So. Everett-Mukilteo, WA 203 47th St SW Everett, WA 98203 Phone/Text: 425-343-3819 email: julieandkat@comcast.net

The Traveling Peace Arch Hits the Road!

The transfer took place on May 16th and was between the Sedro-Woolley Rotary and the Port Coquitlam Club. Keep it going!



Rotary International Convention 2013 Lisbon, Portugal



for more photos visit the Facebook pages of District 5050 or PDG Sean Hogan

District 5050 International Service Projects



As the new Rotary year gets under way, new budgets are approved, and new projects are discussed, the District 5050 ISP would like to received a brief outline of your international projects. This information will be compiled and used to inform DG Denis and the District in general on the type, location, partnering, costs etc of projects. ISP Committees as listed in last month's PAJ are available to assist in finding projects, coordinating activities, and in some cases providing speakers for your club programs.

DG Denis has indicated the emphasis this year will be on Water, Sanitation & Hygiene and on Post-Polio support. Both activities have associated Rotary Action Groups – more information can be found on-line under WASRAG and Polio Survivors And Associates. Rotary Action Groups are resource groups within the six areas of focus and are the direction of the future.

For more information please contact ISP Chair Robert Harris at robertcircom@gmail.com or Past Chair Jack Rae at bettyjackrae@shaw.ca

District 5050 POLIO AWARENESS Program

As previously announced, DG Denis did not appoint a PolioPlus District Committee this year; rather it is his wish to emphasize post-polio and the need to support polio survivors. Thus he has established the *District Polio Awareness Program*; PolioPlus will be a component of this program.

According to the "Polio Survivors and Associates Rotary Action Group" there are over twelve million (12,000,000) polio survivors in the world. Post-polio Syndrome is a condition that affects polio survivors years after recovery, it is rarely life threatening and it is not contagious; only polio survivors can develop this syndrome. Research estimates that this condition affects 25 to 40 percent of polio survivors; UK estimates are up to 75 percent. Symptoms of this condition are muscle weakness, fatigue, muscle atrophy and of course, pain.

Support for polio survivors in many places is sporadic or nonresistant, even in North America there is need. It is the intent of the District Polio Awareness Program to help identify these needs and to look for ways to offer support. You will be hearing more about the program in the near future.

Jack Rae Polio Awareness bettyjackrae@shaw.ca



Harvesting Hope for Literacy

The Rotary Club of La Conner invites you to a festive dinner and an entertaining live auction titled Moonlight and Martinis. You will have the opportunity to bid on special destinations, wonderful dinners and unique items. The annual Harvesting Hope auction to support literacy will be held on Saturday, August 24 from 5:30 to 9 p.m. at Maple Hall in the town of La Conner. Help children learn to read, receive dictionaries and support scholarships for La Conner High School graduates. You will also be contributing to the Regional Library, Skagit Literacy and a wide range of Regional and International programs.

A sampling of the one- of- a- kind items:

- An overnight stay at a family friendly farm
- Enjoy a New Orleans Marti Gras dinner at a vintage farm house
- Invite 20 of your friends to a private jazz concert on the patio of a historic home
- Tour a working wind farm
- Take a relaxing week at the Beach

Martinis will greet our guests, along with an array of appetizers to be enjoyed while browsing our Silent Auction. Dinner with a Skagit Valley flavor will be provided by local caterer Max Dale. The meal includes Steak and grilled salmon, fresh fruit, desert and coffee. Wine will be available throughout dinner provided by Hellams Vineyard, La Conner. Special martinis will be available.

Harvesting Hope raises money that funds local scholarships and literacy projects. Please make your reservations by August 10th. Tickets are \$75. See a list of auction items at www.harvestinghopeauction.org

> submitted by Lee Carlson Rotary Club of La Conner 360-466-0127 or 206-914-9721

Dental Volunteers Wanted for Guatemala Project

"We all have something to give...." "We all want to make a difference..."

President Ron Burton is challenging us in the motion of the Rotary wheel. An ongoing wheel in motion since 1989 is "Rotary Dental Clinic Guatemala".



This is an opportunity for dentists to make a difference in the dental health of needy children ages 7-14 in remote villages near the headwaters of the Rio Dulce River. To date, over 120 dentists from around the world have volunteered. Currently dentists are needed for September and November 2013 and for summer and fall months of 2014.

For clubs considering partnering and/or dentists who can volunteer 2-4 weeks of their time and talents please contact: Von and Betty Kuehn (<u>vonbetty@comcast.net</u>). Cell # 360-202-8581

"Remember that when you leave this earth, you can take with you nothing that you have received...but only what you have given: a full heart, enriched by honest service, love, sacrifice and courage." *St. Francis of Assisi*

> submitted by Maria Small Rotary Club of Anacortes, WA



Were you involved in Scouting as a youth or do you have a son that is currently in the Scouting program? If so, there is a Rotary Fellowship for you, The International Fellowship of Scouting Rotarians. IFSR is an international group of Rotarians that are also involved in the Scouting and or Guiding programs at the local, national, and international levels. Membership dues are \$35.00 for new members and include the IFSR pin. If you are interested in joining the IFSR visit their website at http://ifsr-net.org. Two documents available at the website are the IFSR Membership Application http://scouters.us/ifsr/documents/IFSR brochure Manuel IFSR brochure Manuel IFSR brochure Manuel IFSR brochure Manuel IFSR brochure http://scouters.us/ifsr/documents/IFSR brochure Manuel IFSR brochure http://scouters.us/ifsr/documents/IFSR brochure http://scouters.us/ifsr/documents/IFSR brochure http://scouters.us/ifsr/documents/IFSR brochure Manuel IFSR brochure http://scouters.us/ifsr/documents/IFSR brochure http://scouters.us/ifsr/documents/IFSR brochure http://scouters.us/ifsr/documents/IFSR brochure http://scouters.us/ifsr/documents/IFSR brochure http://scouters.us/if

Membership in the International Fellowship of Scouting Rotarians is open to any Rotarian, in any country, who was formerly or is presently a member or supporter of any (girl or boy) Scout or Guide Association. Spouses of members and Rotaractors may become members.

The principles and goals of Rotary, Scouting and Guiding are closely aligned. Character building; service to country, to others, and to self; teaching leadership skills; and becoming aware of the world around us-these are all incorporated into the programs and activities of each organization. The values expressed in Rotary International's Motto and the Four Way Test greatly parallel those articulated in the Scout Oath, Law, Motto, and Slogan.

In addition, the local Scout councils are working to find former Scouts that are not connected and involved with the local Scouting movement. If you are former Scout alumni, it is time for you to reconnect with the Scouting program and reengage in Scouting. Visit <u>http://scouting.org/Alumni/Reconnect.aspx</u> to reconnect with Scouting and find out the great things that are happening with the Scouts and adult leaders.

If you would like to have more information on the International Fellowship of Scouting Rotarians (IFSR), please contact Dan'l Adams at <u>danl_adams@yahoo.com</u> or visit the IFSR website <u>http://ifsr-net.org</u>.

BURIED IN BOOKS

White Rock Rotary's book warehouse is bursting its seams with great read materials in all genre -- NOVELS, BIOGRAPHY, ARTS, NON-FICTION, ROMANCE, RELIGION, SELF-HELP, WOMEN'S ISSUES, CHILDREN'S and YOUTH LIT. and to liquidate that surplus they plan three super sales at Rotary Field House (in South Surrey Softball City - 148th St between 20th and 24th Ave.

Sept. 7/8 & Nov.9/10 note these are weekend sales Saturday 10-4 and Sunday 11-4 For further info check the website <u>www.whiterockrotary.org</u>

For more info contact Bonnie 604 542 2555

District 5050 – Annual Hike



The gentle slope from the Overlook soon turned into a challenging 1,000 foot gain over a meandering trail.



The hikers were rewarded with a fantastic clear view from the rock outcrop (Oyster Dome) where we enjoyed a lunch – made to perfection by each hiker from supplies provided by **Jan Jones** (RC Burlington).



The Hikers – July 13, 2013, District 5050 Hike.

A warm clear morning greeted the 20 hikers gathered for District 5050's third annual hike.

This year 5 vehicles transported the hikers from the gathering spot (Shell station near 240 – Alger exit) to the West side of the Oyster Dome to the parking lot at Samish Overlook – elevation about 1,000 ft.



At times the climb was hard, but was offset by the beautiful trees and forest canopy.



Patsy Martin and Dan (RC Burlington) did an excellent job of leading the hike. We would appreciate your input so that the hike(s) could serve as more than a simple recreational event. How does a hike in late September sound? This would allow our exchange students to participate)

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Speakers Bureau

This section of the PAJ lists speakers who are willing to be part of your club's program. Do you know of a good speaker? Send the information to: editor.paj@gmail.com

Speaker	Торіс	Loc	Contact
Thomas Thetford new	Water and Sanitation	Both	t.thetford@comcast.net
Carol Tichelman	International Service / PolioPlus / Africa Polio NIDs	Both	(604) 824-9401 carol@tichelman.con
Fran Blackwood	Rotary's Computer Assisted Literacy Solution	Both	(604) 541-7545 fgblackwood@gmail.com
Dan Gallant	Rotary World Help Network Humanitarian containers to developing countries	Both	(604) 889-2580 hett@shaw.ca
Janice Buckley	Heartbeat - Helping wounded warriors	USA	(425) 931-1047
Wayne Leach	TRF Permanent Fund	Can	janice@heartbeatforwarriors.org (604) 313-1102 wayneleach@me.com
		Call	
Dan'l Adams new	Intl Fellowship of Scouting Rotarians	Both	danl_adams@yahoo.com
Linda J. Murray	Membership	Both	(425) 348-3850 wk (425) 347-6738 home
			linda@evergreensecurity.com
Dr. Rodger Stark	Federal Health Care Reform - the Impact on You	USA	Caitlin Kincaid (206)937-9691
Lee Harmon	Polio Plus/ Permanent Fund	Both	imtern@washingtonpolicy.org (360) 435-8595 rlh@wavecable.com
John J. Shaffer new	PET (Personal Energy Trans. Hand Bike)	Both	(425) 314-5916 jjsshaffer@aol.com
PDG Rod Thomson	Rotary Public Image	Both	(604) 855-1180 rodthomson@shaw.ca
Christina Flessner	Club Extension (New club creation)	Both	(604) 536-2011
			cflessner@wheelchairfoundation.ca
Danielle Mullen	Friendship Exchange	USA	(360) 428-8953 travelady2@comcast.net
Pete Kinch	Health & Hunger	Both	(425) 290-2090 petek@handsforpeacemaking.org
Scott Dudley	Membership	Both	(800) 286-4560 scott.dudley@edwardjones.com
Linda Whitehead new	Global Wheelchair Program	Both	(604) 536-2022 lwhitehead@cdnwheelchair.ca
Bob Knight	Public Relations	Both	(360) 568-5629 rdkpdk@aol.com
Richard Clark	Landmines	Both	137clarke@gmail.com

Membership and Attendance Highlights for June 2013

- The number of members in District 5050 as of 30 June was 2667, down 69 YTD.
 - Average Attendance for the district was 71.7%; YTD is 71.4%. Last year the average was 70.7% The club with the best attendance in June was White Rock Peninsula with 97.7%. Second was Abbotsford-

Matsqui with 96.2% and third was South Surrey with 94.6%.