The Peace Arch Journal

The Monthly Newsletter
District 5050
Volume 31 Issue 04
October, 2017





50% American, 50% Canadian, 100% Rotarian

A message from District Governor Lindagene Coyle

October is Economic and Community Development Month

One of Rotary International's six Areas of Focus

Living in North America it is hard to imagine that in other parts of the world, "In 2013, 767 million people lived on less than \$1.90 a day."

Unemployment, underemployment, lack of economic opportunity, lack of appropriate training, and the absence of social safety nets lie at the core of poverty. For the poor, labor is often the only asset available to improve well-being. Creating productive employment opportunities is essential to reducing poverty and achieving sustainable economic and social development. Providing income security and empowerment especially for women, people with disabilities, youth, and the extremely poor will move impoverished communities toward a better life.

Eliminating Poverty Through Empowering People

Like education and health strategies, generating income and creating opportunities for a productive workforce and entrepreneurship are essential for reducing poverty. Rotarians can promote economic and community development and reduce poverty in needy communities through training, job creation, micro loans, and access to financial management institutions. Projects range from providing people with equipment to vocational training. Members can work to strengthen local entrepreneurs and community leaders, particularly women, in impoverished communities. Every community has different needs.

Several Rotary Action Groups (www.rotary.org/actiongroups) focus on specific poverty issues. The Rotary Action Group for Microfinance and Community Development (RAGM) is a group of Rotarians providing leadership and guidance to other Rotarians in the elimination of poverty through microfinance. Studies find strong evidence that access to microcredit leads to reduced vulnerability, in the sense of a lower threat of fluctuations in income or consumption.

A Rotary Community Corps (<u>www.rotary.org/rcc</u>) is a group of non-Rotarians who share Rotary's values and commitment to service. With the guidance and support of their sponsor Rotary clubs, corps plan and carry out projects that address issues affecting their communities.

Visit the websites above to get information on how you can reduce poverty. Download or order **Economic and Community Development Project Strategies** 619-EN—(116).



World Polio Day October 24

See article on page 3



The Peace Arch Journal Lindagene Coyle

District Governor

This monthly publication is a service to district club officers and members. It is intended as a source of news and opinion from **throughout the district**.

The mission of the *Peace Arch Journal* is to promote communication, understanding, fellowship and fun beyond club meetings, in a manner complementary to shared efforts at placing *service above self*.

Please send articles and news with or without pictures attached to emails, including some reference to Rotary in the subject line. Note that the editor is not a professional journalist, and he appreciates conservation of space in order to meet the sender's needs and the editor's time.

The deadline is the 20th of the month.

Address any and all information to the *Peace Arch Journal* editor.

Bob Knight

Rotary Club of Monroe
P.O. Box 612
Snohomish, WA 98291-0612
Phone: (360) 568-5629
Email: rdkpdk@aol.com

District 5050's web site: Www.district5050.org





Environmental Sustainability and Peace Conference Vancouver, B.C. February 9 to 11, 2018

District Governor Nominee Brad Whittaker is inviting us to learn more and become involved in Rotary's efforts to reach its ultimate

goal of peace in the world. This event is being held right next door to District 5050 and is Rotary's only peacebuilding conference here in our backyard.

In addition to having an opportunity to hear and meet RI President for 2017-18, Ian Riseley, there will be many great speakers to learn from including:

- Dr. Ira Helfand, Nobel Peace Prize recipient 1985
- Dr. David Suzuki, an award-winning scientist, environmentalist and broadcaster
- Derran Moss, Humanitarian Affairs Officer at the UN and Rotary Peace Fellow 2002.



Download information and register at: https://environmentandpeace.com/

What is in this edition?

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World Polio Day, October 24



Past Assistant Governor Lee Harman (the guy with the blue hat) was asked by District Governor Lindagene Coyle to write an article on the importance of World Polio Day, October 24.

The picture was taken during his National Inoculation Day (NID) trip to Bareilly in Uttar Pradesh, North Central India, in February, 2009. Lee commented that: "At the time, it was the worst of the worst from an indigenous polio aspect. The NID was an impressive experience. I returned not convinced, in fact, pessimistic, that we'd ever prevail and then, several years later, India was and remains polio free. Really amazing!"

Hear Ye, Hear Ye! Plan your day around the celebration of World Polio Day, October 24th!

Download the event at https://www.endpolio.org/world-polio-day. It will be hosted by our own District 5050 Rotary International Vice-President Dean Rohrs, and live streamed from Seattle at the Gates Foundation Head-quarters. See page 7 below to learn about Miss Vicky.

This event is a time to celebrate and reinvigorate our dedication to fulfilling Rotary's promise in 1984 to "...rid the world of the scourge of polio, forever!" Since then, Rotarians around the world have inoculated some 2.4 billion youngsters. The world has contributed over \$14 billion dollars; Rotary has contributed some \$1.6 billion and we Rotarians of District 5050 have to date contributed \$2,550,681. This places the district in the TOP TEN of Rotary's 534 Districts for giving, worldwide. While we deserve to be proud, we must remain diligent and steadfast in our quest to "Go the Final Mile." To end the effort now would, indeed, return the world to to its prior polio status, as if we had achieved nothing.

Celebrate the following: in 1984, polio was endemic worldwide in 125 nations, with 350,000 paralyzed children and some 50,000 deaths. As of September 21 of this year, polio existed in just three remaining nations (Can you name them?) and only 10 of the 59 paralytic cases were caused by the wild polio virus itself. As you may know, as the number of yearly polio cases was reduced to double digits, it was discovered that the oral polio vaccine can by itself cause polio, affecting 1 child out of 4 to 5 MILLION children inoculated. This is thought to occur in immune compromised (sick) youngsters receiving the oral vaccine. The original, injectable (Salk) vaccine prevents polio's paralysis, but doesn't eliminate the carrier state, where a child may still harbor the poliovirus intestinally and can shed it into the environment to infect another non-immunized child. Again, the issue was discovered because the total numbers of polio cases became so low (and methods now exist) to determine exactly what strain of virus actually caused the paralysis. Because of what has now been termed "vaccine derived paralytic polio," the decision was made in 2015 by Rotary, WHO and CDC to change the vaccination protocol, inoculating all children first with the original, injectable (Salk) vaccine so that they could not be paralyzed. After the injection, they follow up with the oral (Sabin) vaccine. By switching to injectable vaccine, it is expected to shortly eliminate those 49 cases caused this year by the oral vaccine. Thus said, it is important to acknowledge that literally not hundreds, not thousands, but MILLIONS of kids have been protected by the oral vaccine.

Support! Celebrate! Re-dedicate yourself and your club to Rotary's Grandest project, PolioPlus! Donate today and better yet, SPREAD THE WORD to your non-Rotarian friends and neighbors. It's time to start singing Rotary's praises for a job well done! Ask your neighbors how polio affected their families. They're just waiting to be asked to donate and become a part of history. Ask them to travel with us for the final mile to the Countdown to Zero: Polio Eradicated!



Rotaract Clubs in District 5050

Rotaract will be celebrating their 50 year anniversary in 2018. Phoenix MacLaren, Rotaract Coordinator for the district, was invited to share her personal story as the *Peace Arch Journal* spotlights our Rotaract clubs.



Phoenix MacLaren

District 5050 Rotaract Representative and Secretary of the Rotaract Club of the Fraser Valley

I was first introduced to Rotary in grade 10 when my leadership class fundraised for the Wheelchair Foundation, and personally raised enough money to go towards 6 wheelchairs at the time. In 2006 the Rotary Club of Chilliwack recognized me as a Leader of Tomorrow.

After attending the district's RYLA (Rotary Youth Leadership Awards) in 2014, I helped charter the Rotaract Club of the Fraser Valley as the club's Vice President, and in November of 2014 facilitated the inaugural Ridge Meadows Youth Impact Summit, a leadership camp for students 15-17 from the communities of Maple Ridge and Pitt Meadows. Later in the 2014-15 Rotary year, I was a facilitator for YAIL (Youth Adventures in Leadership) and returned to RYLA as a facilitator.



Members of the Rotaract Club of Fraser Valley

During the 2015-16 year, I was the president of the Fraser Valley Rotaract club, attended and was a

group leader at the RYLA North America's annual conference in Washington DC. Throughout the year I was a facilitator for District 5050's YAIL & RYLA, was a Head Facilitator for RMYIS, and served on the RYLA North America board for the 2016 conference

In the 2016-17 year I continued supporting youth programs at the district and international level, became the district Rotaract representative (DRR) for District 5050, assisted with Rotary Youth In Action, was the co-head facilitator for RYLA, a guest speaker at YAIL, and served on the RYLA North America board as the Director of Promotions and Assistant Director of Programs, and attended the RI convention in Atlanta. For this 2017-18 Rotary year I am again serving on the RYLA North America Board as Director of Social Media, the DRR for the district and one of Fraser Valley Rotaract club's co-secretaries.

For employment, I am a campaign and marketing coordinator for two Canadian Magazine Publishing companies. During my spare time I enjoy hiking, traveling, baking and doing DIY projects.

Rotaract article continues on page 5.



Rotaract article continued from page 4.

Rotaract was founded almost fifty years ago, with the Rotaract Club of North Charlotte, Carolina being the first club to be chartered - on March 13, 1968. There are now 235,500 members and 10, 240 clubs in over 200 counties and areas around the world. Clubs looking to charter need to have 10 - 15 members, sign a charter, have at least one sponsoring Rotary Club, and submit their application to RI.

Rotaract clubs are the youth branch of Rotary International (RI) housed under the Youth avenue of service. Members of Rotaract clubs are men and women typically between the ages of 18 and 30, from a variety of different cultures and backgrounds. Phoenix MacLaren noted that this year they are working on another joint district training with District 5040, multiple socials, and celebrating Rotaract's 50th anniversar. You can find other information on the district Rotaract web site at: www.rotaract5050.org.

In District 5050 we have a total of 6 chartered Rotaract clubs (4 in Canada and 3 in America including the Snohomish County Rotaract club which has begun the chartering process). The chartered Rotaract Clubs are: Rotaract Club of the **Fraser Valley**, Rotaract Club of **Langley**, **Tri-Cities** Rotaract Club, **Surrey Newton** Rotaract, Rotaract Club of **Bellingham**, and Rotaract Club of **Skagit Valley**.

On August 31, 2017, the **Snohomish County Rotaract** club helped with a project at the Everett (WA) Boys and Girls Club which included field activities, distributing back packs filled with school supplies, and ice cream.









Rotaractors left -right: Morgan Crosby, Rachel Preston, William Hager, Alyssa Gorrell, Hilda Pacheco, Kimi Nolte, and Darian Caldwell







At the 9-7-2017 meeting documents were read and signed during the visit by our district governor, Lindagene Coyle, beginning the Rotaract charter process.

Find Everett Herald article at: http://www.heraldnet.com/news/new-rotary-club-aimed-at-a-younger-generation/



Fieny van den Boom Rotary Club of Chilliwack Fraser, BC

Rotary Club President 2017-2018

Rotary wasn't really on my radar, and definitely not something I wanted to be involved in when we still lived in the Netherlands. Rotarians there feel they are more than anybody else, actually, real snobs.

After being a home stay mom for 12 years, my husband and I with our three sons emigrated in 2001 to Chilliwack in beautiful BC. We opened a Mailboxes Etc. which later changed in The UPS Store. Once we had our store, one of our customers asked me if I was interested in being her guest at the next Rotary meeting. As she was a bit of a wonderful crazy person, I thought maybe this was different, and was I right! The moment I walked in I was welcomed with open arms. It truly felt like a warm blanket! Now, 15 years later, it still feels like that. Rotary is now my extended family.

Rotary enriched my life in ways I never imagined, from participating in almost everything our club does, to fundraising to deliver Meals on Wheels. One of the highlights for me was hosting 13 exchange students over the years from all over the world. It's such an amazing opportunity for these young people, and for us to be a part of!

I truly believe that, when we get along, become friends even, this enables us to accomplish so much more. So yes, fellowship is very important if we want to be successful raising money by selling our travel lottery tickets and raising funds for our great projects.

<u>Vocation:</u> Business Services, first through The UPS Store and later as the Executive Director of the Chamber of Commerce

<u>Positions I held in Rotary:</u> Currently as President, in the past as a Youth Exchange Officer, fundraising chair, and second term as club board member

<u>My favourite Rotary Experience:</u> The hands-on project when we helped to buy the Hospice House which we stripped, painted and landscaped the entire yard

Our club was chartered in March 1982; we currently have 77 members and meet every Wednesday at

noon at the Best Western Rainbow Country Inn in Chilliwack, BC.





Club members Stephanie & Russ ready for train duty at the fair in Agassiz, BC.



'Being a Rotarian has made me better'

Based on an article written by Allan Baedak on Aug 25, 2017

Why Rotary? Several years ago I had an unshakable desire to give back. I was looking for an organization to volunteer with - many community, non profit and political organizations I looked into were inspiring and doing meaningful work. I happened to be chatting with a neighbour of my father's who mentioned that he was a member of the Semiahmoo Rotary Club. I was intrigued by the range of local, regional and international projects he was able to participate in. At the end of the conversation, he invited me to a breakfast meeting. That was 19 years ago! Wow, how time flies.

The longer I have been a part of this incredible organization, the more I realize deep in my heart that I have joined an amazing group of passionate people who make a real difference every day.

There are more than 33,000 Rotary clubs in over 200 countries and geographical areas. We are Rotarians; together we are a global network of 1.2 million business and professional leaders volunteering our time and talents to serve our communities and the world. People from all continents and cultures come together to exchange ideas, develop friendships and professional connections, raise money to "give back." And did I mention fun? Camaraderie? Opportunities to travel?

In South-Surrey/White Rock alone, we have five Rotary clubs, each with a unique character, and different meeting time each week. There truly is something for everyone. In our community Rotary clubs are active contributors to the Peace Arch Hospital Foundation, Peace Arch Hospice Society (formerly White Rock South Surrey Hospice Society), Sources Food Bank, Star Fish backpack food supplement program, women's shelters, Camp Alexandra, the five club pancake breakfast, the Polar Bear Swim and many, many more projects and programs too numerous to mention here.

In reflection, I am eternally grateful to Rob Gawthrop for introducing me such an impactful organization those many years ago. Little did I know that when I joined Rotary, I would not only find a tangible way to "give back," but that I would get so much back in return. Sure it sounds like a cliché, but being a Rotarian has made me a better person. It has enriched me beyond measure.

Note: This article was originally published in the Peace Arch Newspaper, The Voice of the Semiahmoo Peninsula serving Surrey & White Rock, BC, and reproduced by the Rotary Club of Semiahmoo (White Rock). At the lower portion of Allan's original article he listed and described a little bit about each of the Rotary clubs in the South Surrey/White Rock area.

See World Polio Day on page 3.



Past Assist. Governor Lee Harman's 1931 Ford Victoria (Miss Vicky) is preparing to go over 10,000 miles from Peking (Bejing) to Paris to raise one million US\$ to help eradicate polio from Earth. Donations to PolioPlus have started coming in. Follow her adventure & share this information with your friends.

Picture taken during a visit to Arlington Rotary club include: DG Lindagene Coyle, Club President Jola Barnett, Assistant Governor area J Dave Duskin, and Lee Harman.



Rotary Club of Surrey-Newton, B.C. **Organized & Sponsored** Free Oral Cancer Screening Health Camp

Article was written by Navjit Sangha & Jasjit Singh

The picture on the left includes Surrey-Newton Rotary club members, guests, and volunteer dentists

On September 24, 2017 the Rotary Club of Surrey-Newton organized a Free Oral Cancer Screening camp for the local community at the Pacific Oral Health Centre in Surrey. The event was organized with the help of BC Oral Cancer Prevention Program and the Pacific Oral Health Centre in Surrey. Doctors and health professionals from University of British Columbia, Simon Fraser University and from the local community also volunteered their time and service for this event.

About 400 community members were screened for Oral Cancer at the camp today. Approximately 33 patients were referred for advanced screenings, and 6 full blown cases of Oral Cancer were detected. Along with screening for Oral Cancer, participants were also educated and counseled on Oral Health best practices, and a variety of their individual concerns and questions were addressed. Biopsies for patients needing advanced screenings will be done without charge, and they jumped the queue by years to get advanced treatment at specialist clinics.

Dr. Harinder Dhanju of the Pacific Oral Health Centre in Surrey, who hosted this event at his clinic, said that this non-profit organization was set up with the purpose of providing low cost care to vulnerable and low-income individuals and families. He also stressed the need to bring academic and research specialists to the doorstep of the community and to the people who need their expertise the most.

Dr. Ajit Auluck, Clinical Scientist from SFU, stated "We collected data and information for the last 40 vears and found that South Asians in BC have the highest risk for Oral Cancer compared to other ethnic minorities and even the general population. We also did a location based, Geographical Information Studies (GIS) study that confirmed that Surrey had highest rates for Oral Cancer, which reinforced the results from the first study. This is why it was important for us to come to Surrey and serve our community directly."



President Harbhajan Singh Parhar of the Rotary Club of Surrey-Newton said that the club has always tried to address the needs of our local



Dr. Ajit Auluck received a Certificate of Appreciation from DG Lindagene Coyle. To the left and right is the Club President Harbhajan Parhar and Dr. Harinder Dhanju, President of the Pacific Oral Health Center

community by bringing together individuals and institutions that can best serve as catalysts for change. He thanked all participating doctors, researchers and volunteers who worked hard to make this event a success. Oral Cancer is a serious health issue for our community, as shown by data from different institutions but it does not get enough attention. We wanted to rectify that and bring this important issue to the forefront.

Doctors Harinder Dhanju & Jasmit Sandhu

On the road with D G Lindagene Coyle





Everett Port Gardner Rotary club: DGE Linda Murray, DG Lindagene, PCP Ann Anderst, PCP Shawn O'Donnell (who was recognized for service), and CP Mary Schoenfeldt.





Club President Wes Jamison & member Pauline Buck at Aldergrove



Club President Teri Treat is seen being presented a plaque for the Rotary Club of Bellingham "Honoring 100 Years of Membership".

Club Preisent Charly Myers at Bellingham Sunrise

3	Surrey	L
4	Mission Morning	В
	Haney	E/D
5	Surrey Guildford	В
	North Delta	L
	Abbotsford Masqui	E/D
10	Fidalgo Island	В
11	No. Whidbey Isle Sunrise	В
	Marysville	L

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	12	Burlington Mid-day	L
	13	Lake Stevens	В
		So. Everett Mukilteo	L
	23	LaConner	E/D
	24	Mount Vernon	L
	25	Skagit	В
		Monroe	L
	26	Sedro-Wooley	L
	31	Abbotsford	L

Rotary District 5050 Calendar

Updates refer to Events on district5050.org home page

2017

Oct 1	Assistant Governor Leadership Training
Oct 2-8	Rotary Alumni Reconnect week

Oct 9 Thanksgiving CANADA

Oct 16-22 Zone GNATS, GETS and Institute

October 24 https://www.endpolio.org/world-polio-day

Nov 10 Veterans' Day USA

Nov 11 Remembrance Day CANADA

Nov 18 Foundation Dinner 5-9pm Newlands Golf Club Langley BC

Nov 23-26 Thanksgiving USA

Dec 2 Pre-PETS Sunrise Banquet & Centre, 5640 - 188th St, Surrey, B.C.

Dec 24-25 Christmas

2018

Jan 1 New Year's Day

Jan 20 Grants Seminar Rotary Field House Surrey BC

Feb 2-4 YAIL Surrey BC

Feb 3 Grants Seminar Silver Reef Ferndale WA

Feb 9-11 Presidential Peace Conference Vancouver CANADA

Feb12 BC Family Day

Feb 19 President's Day USA

Feb 23-25 PNWPETS Doubletree in Seatac WA

Mar 10 RLI Surrey BC

Mar 30-Apr 2 Easter

Apr 7 **District Training Seminars a** Kwantlen Polytechnic University

12666 - 72nd Ave, Surrey, BC

Apr 21 Leadership Training **TBA**

May 8-12 **District Conference** Cruise Seattle return





Information www.district5050.org

May 21 Victoria Day CANADA

May 24-27 RYLA at Mt. Baker Bibleway Camp, Deming, WA

May 28 Memorial Day USA

Jun 23-27 Rotary International Convention Toronto CANADA



Leadership Team of Rotary International District 5050

Governor White Rock Peninsula

Lindagene Coyle

Cell: 604-220-6856 Email: lindacoyle5050@gmail.com

Governor Elect South Everett/Mukilteo

Linda Murray

Cell: 425-422-9141

Email: lindamrotary5050@gmail.com

Governor Nominee Chilliwack

Brad Whittaker

Cell: 604-819-6402 Email: brad.whittaker@ufv.ca

Treasurer BBRC

Carlye Gillespie

Phone: (360) 756-1010 Email: carlye@archerhalliday.com

Secretary White Rock

Joan Apel

Home: (604) 542-7040 Email: ejapel@telus.net

THE ROTARY CLUB OF BELLINGHAM BELLINGHAM'S FIRST ROTARY CLUB



September 17, 1917 - 2017 Centennial

Here are some district training events:

Saturday, September 16. 2017

PDG/District Trainer Rob Martin & PDG Rod Thomson taught us how to get the most out of being a **Facilitator**. You can download Rod's course introduction at https://idrv.ms/v/s!Ai8onL8DrIZPmzUainhAYuGx615L





Rod is seen with Mary Schoenfeldt, Everett Port-Gardner club president, giving her a positive critique of her practice presentation.



Saturday, September 23, 2017

A Rotary Leadership Institute (RLI) was held in Mount Vernon, WA.

The Monthly District Newsletter The Peace Arch Journal

Please send me **short** articles with 1-2 pictures. rdkpdk@aol.com *Thank you! Bob Knight, Editor*