

# **ROTARY YOUTH PROGRAM OF ENRICHMENT**

**Registration Package for Rotarians**

**September 12-15, 2019**

**Southern Alberta Bible Camp**



**For More Information Contact:**

**Karen Johnson,  
Rotary 5360 RYPEN Chair  
Rotary Club of Lethbridge Sunrise  
403-315-9012  
kfjrotary@gmail.com**



## PROGRAM OBJECTIVES:

**RYPEN promotes personal growth, connections and leadership in a safe environment by providing challenging opportunities and tools to empower youth who have demonstrated courage and perseverance in their daily lives.**

**RYPEN focuses on youth between the ages of 13 and 17 years old.**

**The leadership development philosophy of the RYPEN program is based upon the “holistic – meaning whole person” approach (developed by Lyle Benson), with self-esteem enhancement through the small group process as the foundation. Youth will be involved in a variety of active experiential sessions addressing areas such as cooperation, goal setting, group decision making, interpersonal skill development, problem solving attitudes, values clarification, conflict resolution, and active listening and communication. This is all accomplished through a “learn by doing” approach, and a “fun with a purpose” attitude. Throughout the weekend, participants work together in small groups paired with youth leaders from previous RYPEN Experiences. Each group also has an adult mentor**



### **What is RYPEN?**

RYPEN stands for the Rotary Youth Program of ENrichment. RYPEN is a residential experience, where the participants are involved in a variety of sessions, workshops and activities. Each activity provides an opportunity to develop oneself, to challenge oneself, and build friendships with other people. We also provide the opportunity to learn, and build skills in areas like:

- leadership;
- working in a team;
- communication;
- goal setting;
- challenging oneself
- contributing to the community; and
- growing up in a digital world.

RYPEN also provides an opportunity to:

- increase confidence;
- increase self-esteem and self-awareness;
- consider the impact of life choices;
- build trust;
- explore values;
- explore ways to deal with stress;
- challenge fears;
- reflect on how to make a difference in their school and the broader community;
- and HAVE FUN!



## INFORMATION FOR ROTARY CLUBS

- **Cost is \$600.00** per student, **plus** bussing or transportation costs if applicable.
- Included in this fee is meals, accommodation, program and specialty equipment.
- Confirmation of number (not necessarily names) of students to be sent to Karen Johnson at [kfjrotary@gmail.com](mailto:kfjrotary@gmail.com) by **July 15**  
**Payment is required with confirmation. This camp does fill up quickly – do not delay.**
- Cheques are to be sent as soon as you have reserved spots for your students, made payable to “**Rotary District 5360**” with a memo of “**Fall RYPEN 2019**” and mailed to:

**Charlene Bearden**  
**Rotary District 5360 Inc.**  
**Challenger Park 3688-48 Ave NE Calgary AB T3J 5C8**

**THE LOCATION:** ABOUT SOUTHERN ALBERTA BIBLE CAMP (SABC) Southern Alberta Bible Camp is located near Little Bow Provincial Park, a short 1 hour drive from Vulcan, 100 km from Lethbridge. This modern facility sits on the edge of Travers Reservoir and includes the Lodge building, lodge cabins and gymnasium. The camp also offers a soccer field, climbing wall, giant swing, and campfire. Campers will stay in the cabins located just outside the Lodge building.

- **Transportation to SABC is the responsibility of the sponsoring Rotary Club.** Further information on the bus from Calgary to follow. Your club will be invoiced \$85 per student. Please ensure arrangements for pick up at any other locations are pre-arranged with the camp chair. RYPEN participants must arrive at camp by 3:30 PM, on Thursday, September 12. Participants will be ready to leave the camp by 11:00 am on Sunday, September 15. *It is recommended for Rotarians picking up students to attend the student's summary of the weekend Sunday at 10 am.*
- Space is limited to approximately 36 participants. Confirmation of spaces will be forwarded to Rotary Clubs via e-mail upon receipt of their commitment in terms of how many students they will sponsor. **The number of participants is contingent on the number of Volunteers.**
- We **HIGHLY** recommend that Clubs begin their search for students **NOW!** Please seek out your school contacts in person!!
- Registration Forms **MUST** be completed and sent to arrive to Karen by Monday, **September 9.** Email to [kfjrotary@gmail.com](mailto:kfjrotary@gmail.com).
- If you are interested in a presentation about RYPEN for your club, please contact Karen to request a copy.

### Who are the Adults involved in this program?

The RYPEN 2019 Experience will be led by Trevor Brown, a member of the Rotary Club of Lethbridge Mosaic, supported by volunteers who have chosen RYPEN 2019 Experience as a volunteer activity this year.

All adult team members carry current Police record checks, and have completed the Rotary Volunteer Application Process.

The team includes:

Camp Facilitator  
Camp Nurse (Health and Safety)  
Camp Program Facilitator  
Evaluations

Trevor Brown, Lethbridge Mosaic  
Kim Derksen, Lethbridge Sunrise  
Cyndi Starzyk- Frey  
Marlys Reynar, Lethbridge Sunrise



Our leaders will be trained prior to the camp in the areas of the role of the volunteer, rapport building and disclosures, community web of support, suicide awareness, self-care, review of the camp program, and getting to know each other! Our trainer and camp facilitator is a former camp leader!! Trevor Brown brings a wealth of experience and skills from his work locally, provincially and volunteering internationally, and has been working with youth in a variety of roles across Alberta.

Trevor ran a consultant business called Operation Humanity that worked with schools, agencies, and municipal/provincial governments that provided presentations, facilitation and consultation on youth initiatives and events. He travelled provincially to help create and facilitate multiple youth councils that engaged the youth voice in municipal and provincial politics and social issues. It was through this work that Trevor began working closely with a local not for profit to provide suicide and bullying prevention programming to youth in Southern Alberta. Trevor was instrumental in the grant writing, creation and implementation of the many incarnations of the Building Bridges programming. In approximately 8 years of operation, Trevor and the Building Bridges program engaged over 3,000 youth with experiential learning opportunities including 5 summer camps. Trevor is currently the executive director of 5<sup>th</sup> on 5<sup>th</sup> Youth Services in Lethbridge.

Trevor is an energetic and engaging facilitator that has been well recognized for his work in Southern Alberta. On a personal note, Trevor has a young daughter that he loves dearly, cares for 5 crazy cats and has travelled to over 20 countries on 4 continents.

We will also have some very special guest speakers!!

Are you looking for an amazing volunteer experience? Contact the Camp Chair.

*Comments from 2018 Students:*

- *This camp is different. It helped in a lot of ways, mentally and emotionally. I wish I could come to this camp every year.*
- *Please let me come again. I love being here and I love the people I feel so safe and I feel like I can be myself.*
- *Thank you to everyone who made my RYPEN experience an unforgettable one.*