

# **ROTARY YOUTH PROGRAM OF ENRICHMENT**

**Registration Package for  
Teachers/Advisors/Youth Groups  
September 12-15, 2019  
Southern Alberta Bible Camp**



**For More Information Contact:  
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## PROGRAM OBJECTIVES:

**RYPEN promotes personal growth, connections and leadership in a safe environment by providing challenging opportunities and tools to empower youth who have demonstrated courage and perseverance in their daily lives.**

**RYPEN focuses on youth between the ages of 13 and 17 years old.**

**The leadership development philosophy of the RYPEN program is based upon the “holistic – meaning whole person” approach (developed by Lyle Benson), with self-esteem enhancement through the small group process as the foundation. Youth will be involved in a variety of active experiential sessions addressing areas such as cooperation, goal setting, group decision making, interpersonal skill development, problem solving attitudes, values clarification, conflict resolution, and active listening and communication. This is all accomplished through a “learn by doing” approach, and a “fun with a purpose” attitude. Throughout the weekend, participants work together in small groups paired with youth leaders from previous RYPEN Experiences. Each group also has an adult mentor**

**When considering an applicant, please keep in mind that their academic standing should not play a factor, but rather choose young people who would benefit from being able to develop their personal qualities and skills.**

**Thank you for your thought and time in selecting students who will get the most from this experience.**



### **What is RYPEN?**

RYPEN stands for the Rotary Youth Program of ENrichment. RYPEN is a residential experience, where the participants are involved in a variety of sessions, workshops and activities. Each activity provides an opportunity to develop oneself, to challenge oneself, and build friendships with other people. We also provide the opportunity to learn, and build skills in areas like:

- leadership;
- working in a team;
- communication;
- goal setting;
- challenging oneself
- contributing to the community; and
- growing up in a digital world.

RYPEN also provides an opportunity to:

- increase confidence;
- increase self-esteem and self-awareness;
- consider the impact of life choices;
- build trust;
- explore values;
- explore ways to deal with stress;
- challenge fears;
- reflect on how to make a difference in their school and the broader community;
- and HAVE FUN!

## Comments from 2018 Students at camp

- *This camp is different. It helped in a lot of ways, mentally and emotionally. I wish I could come to this camp every year.*
- *Please let me come again. I love being here and I love the people I feel so safe and I feel like I can be myself.*
- *Thank you to everyone who made my RYPEN experience an unforgettable one.*

Our camp leaders will be trained in the areas of the role of the volunteer, rapport building and disclosures, community web of support, suicide awareness, self-care, and getting to know each other! Our trainer and camp facilitator is a former camp leader! Trevor Brown brings a wealth of experience and skills from his work locally, provincially and volunteering internationally, and has been working with youth in a variety of roles across Alberta.

Trevor ran a consultant business called Operation Humanity that worked with schools, agencies, and municipal/provincial governments that provided presentations, facilitation and consultation on youth initiatives and events. He travelled provincially to help create and facilitate multiple youth councils that engaged the youth voice in municipal and provincial politics and social issues. It was through this work that Trevor began working closely with a local not for profit to provide suicide and bullying prevention programming to youth in Southern Alberta. Trevor was instrumental in the grant writing, creation and implementation of the many incarnations of the Building Bridges programming. In approximately 8 years of operation, Trevor and the Building Bridges program engaged over 3,000 youth with experiential learning opportunities including 5 summer camps. Trevor is the Executive Director of 5<sup>th</sup> on 5<sup>th</sup> Youth Services in Lethbridge.

Trevor is an energetic and engaging facilitator that has been well recognized for his work in Southern Alberta.

We will also have some very special guest speakers!!

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RYPEN is a program provided by Rotary, and this RYPEN Experience is provided by the team from the region known as Rotary District 5360. Details of the region, and the operation of the RYPEN program can be found at <https://www.rotary5360.ca/50011/Page/Show?ClassCode=Page&Slug=youth-programs>

For more information, Please contact your local Rotary Club <http://rotary5360.ca/>