

ROTARY DISTRICT 5470 International Service News



D-5470 INTERNATIONAL SERVICE NEWSLETTER #43



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D 5470 INTERNATIONAL COFFEE BISTRO

It's almost time for our second 5470 International Bistro. Being part of the largest service organization on earth is a gift to us all (1.4 million members), and our service encompasses work both at home and internationally. So, we invite you to join a new initiative called "5470 International Bistro." The Bistro is a monthly 1-hour Zoom call for anyone, intended to spread knowledge, expertise, and practical experience about Rotary Projects around the world. It is sponsored by the 5470 International Services Committee.

We are planning to run this Zoom monthly at 9 am on the 3rd Saturday. We would love you to sip some tea, coffee or your beverage of choice and listen in. Come for the full hour or for a 15-minute snack. We'd love to hear what you are doing internationally, to pass on the light of Service above Self. We will share ideas, opportunities, and successes. We want all Rotarians and guests who have news to share or who are eager to learn a little more to come to our "Bistro" and learn more about how to get involved.

We will all enjoy "being together," sharing and delivering encouragement every third Saturday in the month. It won't be as much fun without YOU!! How will you help change the world?

Here is our Zoom link for EVERYONE: 9:00 am MST Saturday, January 20, 9:00 am MST.

<u>Join Zoom Meeting</u> (CLICK HERE OR COPY/PASTE) https://us02web.zoom.us/j/82762339280?pwd=MUluSUN4cWpSMUdQM3c1MkJ5VzcwUT09

Rebekah Kiser is inviting you to a scheduled Zoom meeting. Topic: D 5470 International Coffee Bistro

Every month on the Third Sat, until May 18, 2024, 6 occurrence(s)

Jan 20, 2024 09:00 AM Feb 17, 2024 09:00 AM Mar 16, 2024 09:00 AM Apr 20, 2024 09:00 AM May 18, 2024 09:00 AM

Meeting ID: 827 6233 9280 Passcode: 938948



NIÑAS SABIAS – WISE GIRLS LAKE CHAPALA By Linda Jeschofnig, Ajijic Rotary Club, Jalisco, Mx



By educating and empowering girls entering or going through puberty, Ninas Sabias exchanges limiting rules for personal worth and power. Empowered girls who own their rights, recognize their self-worth, and embrace their biological wisdom make informed decisions for the well-being of their bodies and their future.

Investing in girls' education not only unlocks their potential but also breaks the cycle of poverty and disadvantage (World Vision). In Latin America, 43% of menstruating students skip school due to menstrual challenges, including poverty and stigma (World Bank).

Menstrual poverty, inadequate hygiene management, and stigma diminish the educational experience, leading to increased absenteeism. Adolescent pregnancies further contribute to dropouts, with Latin America having the world's second-highest rate (Pan American Health Organization). Menstruation isn't a setback when understood, and Wise Girls envisions supportive communities that nurture girls' ambitions. Wise Girls strives to eradicate menstrual stigma and poverty, empowering girls to make informed decisions about their health and future. These goals are vital for enabling girls and young women to actively participate in both school and life.



Wise Girls weaves Education, Empowerment, and Entrepreneurship into a fabric of change.

Through this model we deliver our main services:

1. Train/certify teachers to present an innovative Menstrual Embodied Education Program – "Wise Girls Workshop" (WGW) – for girls preparing for or experiencing puberty.

2. Implement our 10-hour program providing menstrual health and body literacy education and self-care for girls in local schools and communities.

3. Create or partner with local micro-enterprises to source kits of quality, reusable, and eco-friendly menstrual pads for every Wise Girl graduate, thereby creating new job opportunities for Mexican women (Continued on next page)

NIÑAS SABIAS - WISE GIRLS LAKE CHAPALA

By Linda Jeschofniq, Ajijic Rotary Club, Jalisco, Mx

Wise Girls Workshop (WGW)

Duration: 10-12 hours Period: One week (Monday to Friday, 2 hours each day.) Venue: Local schools and/or community centers Beneficiaries: 20 girls per WGW, ages 10-17.



Expected Outcomes:

· 95% of girls who come to WGW with a negative perception of menstruation change it to positive. • 85% of girls who graduate from a WGW are able to identify their human rights related to menstrual hygiene; i.e., the right to health, education, work, non-discrimination, gender equality, and water and sanitation. • 85% of girls who attend the WGW can identify the physiology of the menstrual cycle, understand basic fertility, and identify biomarkers in the menstrual cycle. • 95% of girls who take the WGW are able to identify menstrual management options while at school and in their personal environment, and can decide which option is best for them • We anticipate a 50% increase in school attendance during menstruation. Worldwide, menstruation keeps girls out of school. Monitoring and Evaluation Instrument: Niñas Sabias has aligned indicators with UNICEF's "Guidance for Monitoring Menstrual Health and Hygiene 2020" to ensure both reliability and validity are built into our survey instruments. Before, during and after the WGW, we collect data that is quantified and interpreted, to measure the results of the program.

The Rotary Club of Ajijic is in the process of applying for a Global Grant in support of Niñas Sabias and will be looking for an international partner and club contributions.

If you have any questions about the project, please contact Niñas Sabias <<u>wisegirls.ninassabias@gmail.com</u>>

Or Linda Jeschofnig (Rotary Club of Ajijic) - <u>ljeschofnig@gmail.com</u> or 970-456-1774



Katubya Community Borehole Pump Reaction



North Fork Rotary - Partners with FARM STEW and KPP to Bring Water to Zambia By Joy Kauffman



The Rotary Club of the North Fork valley made a splash on August 21st when it partnered with two local nonprofits, the Kids Pasta Project (KPP) and FARM STEW International, to raise \$2,448 for a new water well in Zambia!

Sara Puharich, KPP's Volunteer Coordinator, asked Joy to come early and educate the kids. She asked if they had ever carried a heavy pack on a long mountain hike Then, she had them move a 5gallon (40 pounds) jug of water some distance. "Imagine waking up every morning before dawn and hiking a mountain just to get water." The kids began to get an idea of what their childhood could be like if they were one of the 2 billion people on the planet that don't have access to clean water.

Thanks to Rotary, the kids' effort, combined with the generosity of the attendees, will help Katubya Village, a rural farm community in Zambia, to get a well. The families there currently get water from a muddy puddle shared by farm animals after walking for more than 45 minutes.



A Penny for your thoughts: January 2024

"Relationships, Relationships, Relationships." As I attended our Rotary Zone conference in San Diego, "relationships" is what I heard over and over again. Since then, I hear that word so often.

Does it seem to you that rather than relationship we hear a lot more about division today?

As I have been pondering relationships, it hit me how brilliant our founder, Paul Harris was as he created the foundation for Rotary so many years ago. Part of the foundation is the guideline of not talking about politics and/or religion. Sounds a bit closed until you see what these two topics can do to relationships. Literal obliteration of what could have been or had been a good friendship happens often when these topics come into play.

Serving from the heart because we care about the people in this world. There is no agenda in that desire and as we continue to serve others with a heart full of love through serving we will automatically create relationships.

Thank you, Paul Harris for your wisdom in creating the wonderful world of Rotary!

Penny Kelly, PP RC of EAST CS



Alex Hometown:Ukraine



"Thank you" letter Hello, Rotairans. I am glad to write this letter for you THANK YOU for all your work. It's really nice that you are working with exchanging students. It gives students new and unforgettable feelings. It also let us leave something new about another country. I am really glad to be have. away the past 5 months I have learnt and tryed A LOT OF new things and activities. Fishing on Kayaks, fly fishing, bird hunting; "Adventure Park"; water skiing; A big Zoo with tugers, tions, beaus and bald eagles; I lag levemony; Light Show, Thanksgeveng and Chrostmas Celebratory; Showboarding and lot of other activities I also like American School, It's different from Ukrammen one. In Ukraine we have so students in each class and they have the same subjects. And have students have a chorce which subject they wanter study and in every class you meet new students. I like American one move. I also like my host families. "The Wrights" and "The Sciumstads" I & newt page #



The Wrights are full of energy. They always do something Sunny and active. And often have partnes at home. The Scramstads are active, too. We also often do board game like "chow poly", "Sorry", "Uno ", etc. And I really like BOTH of these families. THANKS TO ALL OF YOU VER Y MUCH. Thank you for a mobile phone, for 150 Severy worth, for Sull snow board pass, for donation to Ukvarre and for You hard work.

> THANK YOU FROM UKRAINE () Benuke gakytoz Ykperitur ()







From John Stroud District Chair, 2023-26 Mountain and Plains District 5470 Rotary Youth Exchange

When Mike Markley, Rotary Youth Exchange Chair for District 5400 and Chair of the North American Youth Exchange Network (NAYEN) Learning & Development Committee, offered the opportunity for Rotary Districts in Western States Student Exchange (WESSEX) to host a Ukrainian student as a oneway exchange this year, we in District 5470 jumped at the opportunity.

We knew it would be a chance for a student in a war-torn country to have this amazing experience, but also knew there would be some challenges to make it happen financially for the student.

Once we learned that we would be hosting Oleksandr (Alex), we put it out to all of the clubs in our district to contribute on behalf of Alex to help with his travel expenses and other program fees and related expenses. We far exceeded our \$8,000 goal thanks to the many contributions of not only clubs but many individual Rotarians.

A sincere thank you to all of them for making this experience possible for Alex, and as you can see from his letter here Alex is having a wonderful time here in Glenwood Springs, Colorado, USA!

Rotary

3 BILLION NETS

Insecticide-treated bednets (ITNs) are an essential foundation for all anti-malaria campaigns. The insecticide treated nets have evolved over the years, and now represent the mainstay of preventative measures.

AMP, or the Alliance for Malaria Prevention, has been the leading organization in the world to distribute nets worldwide. The original net grant in December 2002 was a Rotary International Matching Grant. This grant supplied 14,600 nets to Ghana. At this original distribution venue, digitalization was employed for the first time in net distribution using palm pilot technology for the mapping. This enabled information to be quickly distributed on the number of nets going to specific geographic sites, and further enabled the project to measure accurate outcomes quickly.

From this small start, the AMP mapping program is pleased to announce that <u>3 BILLION NETS HAVE BEEN</u> <u>DISTRIBUTED UNDER THIS PROGRAM</u>, saving millions of lives. The World Health Organization announced this milestone on 12/3/2023.

AMP will continue to build the program to support their partners through technical assistance, logistics, and monitoring, as well as social behavior change, and digitalization. In fact, the program has been able to dramatically increase the distribution of nets in recent years, even during the challenges of the Covid pandemic.

RAM-Global is an AMP partner. Several RAM-G board members will be at the AMP annual meeting in Nairobi February 19-22.

Dr. Dan Perlman Vice-Chair and Incoming President of RAM-Global.

Read the Press Release from the IFRC regarding the distribution of the 3 Billionth Net!

Learn More About the AMP Mapping Project



Rotary 🛞

Rotarians Against Malaria-Global Rotary Action Group

Dec. 4, 2023

RAM-Global News Blast

Alliance for Malaria Prevention Announces Distribution of 3 Billionth Net

Nets, Nets, And More Nets A news blast from Dr. Dan Perlman

POCO A POCO SAN PEDRO ITZICAN - JALISCO, MEXICO

By Kari Higgins, Chapala Sunrise RC & Poco a Poco San Pedro



A group of retired Canadian and American ex-pat residents from Ajijic and Chapala started Poco a Poco San Pedro in 2017, supporting the work of a Mexican volunteer and resident – Anita Torres. She is a social worker by profession, recognized the needs of the people in the San Pedro and Mezcala areas, and decided to stay and help the people. She realized that these indigenous towns and villages had been "forgotten areas." San Pedro Itzicán alone has a population of nearly 7,000 people, and the whole area has a population of around 18,000. There is no bank in San Pedro; one doctor who only occasionally visits; no pharmacy; no dentist and few employment possibilities in the town. (We now have a small medical office and the Lila K Foundation now provides a dentist twice a week, and we have supported them with equipment and supplies.)

Anita has compassion, is non-political, recognizes the needs of the community, and represents them at all levels of government. She is the person who drives people to the hospital or doctors in emergencies. She is the one people go to for help. When people have no food, they go to her.

She is constantly looking to find help for the community, wherever she can. She worked with Human Rights Jalisco for two years and then the Poncitlán Municipal Government for 18 months. But Anita prefers to work independently, with support from Poco a Poco and other organizations, so that she is not dealing with politics etc. She is now an unpaid adviser to the Poncitlán Government.

Poco a Poco has provided a medical office for free services to the public since 2019. Anita's job at Human Rights Jalisco was to identify local renal patients; she found 90 individuals at that time. Further testing since then by the Lila K Foundation in 2022, identified a further 125 more people with renal disease (from testing 900 people). Poco a Poco and Anita – using her contacts and the sale of donated items, help many of these renal patients with medicines and hemodialysis treatments, which takes up much of our budget.

One important program is to feed children at our Kids' Kitchen, with a nutritious meal, five days a week. Studies show that many are facing malnutrition. The children selected for this program come from very poor families and from families where close relatives already have renal disease (malnutrition and poor dental health are some of the links to kidney disease). As at November 2023, 120 children come five days a week for a hot and nutritious meal, fed at the temporary kids' kitchen on the terrace area of Anita's house. This location is not sustainable, because she just has one toilet inside the house, and it is not designed for so many children to use it; and is also a security issue for Anita. (Continued on next page)





(Continued from previous page)

As rentals are not available, or difficult to find, we have moved out office and programs five times since 2017, after upgrading their facilities. So our focus now is to build a community center in San Pedro Itzicán. The current medical office we run is in a government building, but with the change of government next year, it does not guarantee that we will have access to it. Our other programs also need a long-term place for their supplies and their programs. The community center will always belong to the indigenous community – not us or the government. We bought the land and are now building it in stages. It's designed to include one kids' kitchen – that also can be used for cooking lessons; a dental and doctor's office; a water filtration system; an administrative office; a play area for the children; a sheltered outdoor eating area and program area; bathrooms; as well as various rooms for programs to be held (such as for the program for special needs children and young adults).

Our major accomplishments? So many - as we do not just have one mission. We help wherever is needed. This includes finding sponsors for youth and adults to have further education; feeding children, medical support and supplies, providing drinking water for the kids' kitchen, and now starting to build the community center.

Most months, Anita is helping over 2,000 people in various ways. Besides feeding the 120 children, she also distributes donated food and pet food to the surrounding villages, providing medical services and supplies, distributing food packages to renal patients, driving people to medical appointments, and bringing in other organizations that can provide educational help.

At the community center building, we have installed a cistern for water, (no pump yet), a septic system and a multi-purpose room. We want to finish the kitchen (we are awaiting the doors and windows, and tiling). We have a generous donor who is supplying most of the kitchen equipment. Our next task is to build two toilets at the upper level of the property, and we have secured funding for that.



• Build a covered seating area for the children to have their meals, and where we can hold our programs or for other organizations to use when they come to help in the community. This is urgent.

• We need a wheelchair accessible ramp down to the kitchen and seating area, for people as well as transporting supplies to the kitchen. This too is urgent.

• A submersible pump for the cistern to pump the water to the bathrooms and kitchen area, plus the plumbing.

• A gas tank and connections to connect to the gas oven and stockpot unit in the kitchen-and many more.

Many parents work all week in Guadalajara and come home just at weekends. They have no money for educational learning or educational toys. They live day to day. Many households are run by women without support.

Any assistance or support that you or anyone you know, would be most appreciated so we can continue our "poco a poco" work. Kari Higgins, Poco a Poco San Pedro – www.pocoapocosanpedro.com Cell: +52-333-820-4927

WHERE IN THE WORLD? FROM MY HEART TO YOURS.

FROM THE DESK OF REBEKAH KISER

Growing up with a father who believed in instilling a strong work ethic, I was introduced to Rotary when he sought my assistance with the engaging Rotary projects that he found challenging or just wanted to throw my way. (Jim Davis, member of the Rampart Range Rotary Club) Over time, I developed a genuine passion for Rotary, starting my service journey in 2007 with the Rotary Club of East Colorado Springs. Today, I proudly serve as your District International Service Chairman, finding joy in volunteering for the greater good.



Knowing since I was a girl that my life desire is to fulfill what I believe to be my destiny, living and working in "developing" counties, helping where I am needed most. My wishes really have come true. It's been twenty-four years since I've lived in the USA full time.

This has resulted in my unique perspective. I've lived these years with the poorest and most needy around the world, especially in the Philippines and Africa. Most heartbreaking to

me is watching desperate people compromise their own faith by confessing another religion to save their own lives and those of their families. I've seen others refuse to convert and not have the promised water, shelter or food from those who should be helping most. To me, this may be the highest form of abuse, forcing others to betray their personal core in order that successful numbers can be sent back to donors and funding will continue and increase. It's common knowledge in the countries where I've built relationships with some of my closest friends and family (including my husband, Tesfaye Legesse), that the unhealthy mix of religion, politics, and humanitarian help is expected and usual.

Although I have had the pleasure of helping thousands and thousands, especially women and girls, live a fuller life, two of the hardest obstacles to overcome have been to develop genuine projects that reach the roots of the situation causing the problem and to continue to change the direction of the next generations while overcoming local people's assumptions that I'm proselytizing religion and paying corruption.

This is one of the big reasons I'm so proud to be a Rotarian and experience of the unity that comes to us through Service above Self with the Rotary International commitment of doing our best to live by the four-way test as a "non-political and non-religious organization". -Rotary website

We're just now just waiting for a little more safety, in the midst of our civil conflict in Ethiopia, for us to return to the rural areas and continue the Rotary Club of East Colorado Spring's sponsored project of lifestyle and creativity training (Greatness in You) to 955 rural Ethiopian high school students and their villages. This has been funded in part by a D5470 grant. We have the most heartwarming stories to share from the already completed pilot projects. I promise more soon.

Our D5470 International committee hopes you are enjoying the newsletter (thank you Maryam Eaton and Crystal Hayes) and please be sure to join us on our Bistro Zoom Call on the third Saturday of each month at 9:00 am MST. The Zoom link should be in your email but please let me know if you haven't received it.

I love changing the world with YOU!

O Repekah Kiser





AFRICA TOUR 2024

KENYA Malaria tour will be kicking off the "KICK OUT MALARIA" soccer league and visiting several malaria and other rotary projects.

Our exciting 8-day trip in February is a great opportunity to learn about malaria, meet fantastic Rotarians from around the US and in Kenya, and see cheetahs in the wild. The tour might get to feed an elephant at an orphanage or a photo op at the equator.

Look for our follow-up after the tour!





GLOBAL GRANT OPPORTUNITY FOR YOUR CLUB:

We are in need of "service above Self" support! This is a great way to be impactful!

Best way to access this is to link to our website at <u>RAM-Global.org</u>

(Acronym for the Rotarians Against Malaria -Global Rotary Action Group)

Click on the "WAKAM" link for short GLOBAL grant summary.

YOU MIGHT BE INTERESTED IN SUPPORTING THIS GOFUNDME:

Even a small donation could help Bryna Ram Perlman reach her fundraising goal. And if you can't make a donation, it would be great if you could share the fundraiser to help spread the word. <u>https://gofund.me/aae73526.</u>



Thanks for taking a look! Dan Perlman . Aspen Rotarian of the Year

Thanks all!

Rotary Peace Bells Project (Overview)

An Interactive Peace experience for Visitors and the People of Melbourne

Background

In 1934, Rotary Park was established by the **City of Melbourne** where trees could be planted or 'dedicated' to honour distinguished Rotarians or mark significant Rotary occasions. The founder of Rotary, Paul Harris planted the first tree in his only visit to Australia. There have been many others since then. Next **May 2023**, we have the **Rotary International Convention** in Melbourne with the first ever female President of Rotary International

Promoting Peace is one of **Rotary's 7 Areas of Focus** and a cornerstone of Rotary's mission. Rotary Melbourne has a history of involvement in Peace Initiatives. In addition, Rotary Melbourne also has a long-standing commitment to **indigenous reconciliation** and engagement with our first nation friends.

The Project

The project is to create a public installation of four Peace Bells in Rotary Park to coincide with the Rotary International Convention in May 2023 and be officially opened in conjunction with **Rotary International's first female President Jennifer Jones**. This initiative is supported by the **Lord Mayor of Melbourne Sally Capp**, Rotary International President Jennifer Jones, and District 9800 Governor Amanda Wendt and the Royal Botanic Gardens. Initial discussions have been held with the traditional owners of the land, the **Bunurong Land Council**, and senior managers within the **City of Melbourne**. Jennifer Jones has commenced planning to highlight the project as the legacy project for the 2023 Rotary International Convention. This would make it the first ever legacy project of a convention. Her planning includes a walk event around the Botanical Gardens on Saturday 27th May 2023 to precede the launch of the Bells.





The installation is designed to create a reflective, interactive and informative experience to promote the importance of peace in all aspects of our lives. It can also highlight the projects and work that Rotary does in this area. It consists of four bells designed and built by **Assoc Prof Neil McLachlan** who designed the Federation Bells (see http://federationbells.com.au) at Birrarung Marr. The traditional owners of this land, the Bunurong people have been consulted to be involved with the project.

The Installation

The concept is to have four bells located adjacent to gate D of the Botanical Gardens in Rotary Park. Each of the four bells would represent a step every person can take for peacebuilding being:

- 1) to be at peace within themselves,
- 2) to talk of the importance of peace for all people including indigenous Australians,
- 3) to write messages of peace and
- 4) to celebrate peace and International Day of Peace.



The City of Melbourne has indicated that there is a long timeframe for full approval of a permanent installation, and recommends that for the purpose of the official launch at the Convention in May, that we seek an initial permit for a temporary art installation, enabling the bells to made and placed in situ for a six month period, which would also include the following International Day of Peace in September. That then gives us extra time to finalise requirements and funds for a permanent installation.

Website and Additional Information

Information at each bell will provide assistance with taking these "Four Steps to Peace" and details of a dedicated Rotary Park website (<u>http://rotarypark.org.au</u>). Initial discussions with the Melbourne University Initiative for Peacebuilding have been positive about support for this. The Peace Bells and web site will also complement other plaques and installations within Rotary Parks, highlighting the people, clubs, projects and supporters. The estimated budget for the bells and stands to meet the convention deadline is \$120,000. (Continued on next page)

(Continued from page 12)

After May 2023

The initial goal is to have an installation that can be launched by us with the Rotary International President and Lord Mayor in May 2023. The budget above achieves this aim. The full term aim of the project includes the permanent installation following approval by Heritage Victoria, plus potentially indigenous designs for 4 stands, expansion of the website, coordination of peace building events, and indigenous involvement. The aim is to complete the 2nd stage no later than the Commonwealth Games in March 2026.

Conclusion

This project is a significant one in the treasured history of the Rotary Club of Melbourne. It is the first legacy project of a Rotary International Convention, it enhances and builds upon the 88 year history of Rotary Park, and it provides a permanent focus as a landmark for Peace Building in the City of Melbourne.



EDITOR'S CORNER

5470 International Committee Editor

Hey, did you know that the Rotary website is like your project idea matchmaker? Whether you're flying solo or ready to team up, it's got you covered! 🚀 Check it out!

WHAT'S NEW? Exciting news! Rotary clubs can now play the partnership game on Rotary Showcase. Picture this: your club listing cool projects, seeking partners for support, sharing budgets for global grants, and making club connections to sprinkle some service magic worldwide!

Ready to dive in? CLICK HERE: Rotary Showcase

In the Spotlight: Your Projects Guess what? Our district's international newsletter is on the lookout for your project ideas. Success, failure, or still in the brainstorming phase – we want them all! **%** Share your project scoop, and who knows? You might snag some helpful tips, find the perfect partner, or just inspire others with your journey. Let's swap stories, learn from each other, and keep the spirit of service alive! **•••** #BetterTogether #ServiceAboveSelf

P.S Keep an eye out for the 5470 crosspuzzle in this edition. Have Fun!

HOW TO put together a Peace Bell Project



Notes.

- 1. Bells are 11 sided truncated cones. 6mm plate is folded, welded and mirror polished. Tuning is achieved by profiled ribs welded to the interior of each face (detail in photo).
- 2. Stands are 4 fins that form the diagonal cross shown in base plate plans.
- 3. Each bell has an internal hand striker mechanism (not shown)
- 4. Each stand is welded to its base plate with laser cut text and bolt holes.
- 5. Each stand has a top plate that sits inside the bell (10mm above the rim) to prevent fingers from being inserted between the bell and striker. The striker handle extends through a slot in the top plate. The bell and striker mechanism assemblies are bolted to the top plates on site.
- 6. The bells and striker mechanism assemblies can be manufactured and transported independently of their steel stands.
- 7. All surfaces are coated with an anti-graffiti coating that also prevents corrosion.

B. Text & Sign

The base plates of the bells have the following text laser cut through the black steel. The text is backed with a thin polished stainless steel plate to provide luminosity:

Bell 1: Seek Peace Within (smallest bell)

Bell 2: Make Peace at Home

Bell 3: Create Peace in your Community

Bell 4: Foster Peace Between Peoples and Lands

The Four Steps towards Peace

This project was inspired and informed by the idea that peace is a collective responsibility, and every person can help to build peace. The bells signify each step and create an action for those who sound the bells to contemplate and commit to take these steps in their lives.

1. The beginning and the first step is to seek peace within yourself

2. The next most important step is to use words and actions to make your home peaceful.

Expanding this to peaceful interactions and communications with your communities
 And by respecting all peoples and lands to foster an environment where different communities and races can all live in peace with the land

A small folded stainless-steel sign accompanied the installation in Melbourne to explain their purpose. The sign we used is below (the fine print may be adapted as required)



C. Sound

The bells are unique designs developed from the 'Federation Bells' harmonic bell designs for fabrication in aluminium (see http://federationbells.com.au/). They are designed to be heard comfortably at an arms distance, and will not create a noise annoyance if sited more than 50 yards from offices or residences. The following table provides an indication of the expected sound levels the bells will produce.

Distance from Bell ¹ (Yards)	Peak Sound Pressure levels ² (dBA)	Reference sound loudness
1	85	Passing Truck
8	67	Street with car traffic
64	49	Quiet brook

1. In outdoor conditions (without reflecting surfaces) the sound pressure drops by 6dB for every doubling of distance. Indoors the sound pressure drops by 3dB for every doubling, so if the bells are sited in a concrete courtyard the sound may travel up to twice as far.

2. The peak loudness of the bell only lasts for about 0.1 seconds during the actual strike, so the noise impact is substantially less than the reference sounds indicated in column 3. The resonant tone is quieter and decays over about 10 seconds.

D. Other Installation Details

- 1. No power required.
- 2. Lighting as desired on site.
- 3. Stand bases can be bolted to footings or flooring.
- 4. The bells should be installed within 5 yards of each other.
- 5. Bell and stand assemblies weigh approximately 120 pounds each.

Neil McLachlan neilmclach@gmail.com

Rob McGuirk Rotary Melbourne rmcguirk@ozemail.com.au



BELLS IN PARK AND SHOWING COMPONENTS

- 1. Stands and bases in the park location for launch
- 2. Bells being added to stands
- 3. Interior of prototype of bell showing detail



BELLS IN HOUSE OF FRIENDSHIP - MELBOURNE CONVENTION MAY 2023

- 1. Bells in House of Friendship at Melbourne Convention May 2023
- 2. RI President Elect Stephanie Urchick taking the four steps to peace
- 3. Bells with the transport vehicle behind

SALIDA SUNRISE ROTARY CLUB – RELINI DAY CARE CENTER INTERNATIONAL PROJECT

The non-profit, Saidia Tanzania Community Foundation (SATCOFO), is building a new daycare center in USA River, Tanzania. The Relini Day Care Center provides education and a good care environment for a minimum of eighty disadvantaged children between 3 and 5 years old. In 10 years, around 700 children were given a quality preschool education at Relini Day Care Center. Through a sponsorship program, 80% of these children were able to enter Primary and Secondary school without financial difficulties. To further enhance this program SATACOFO is constructing a new Day Care Center. The new center will be bigger, more modern, and built with the social welfare expectations to get the perfect environment for the children. However, SATACAFO needed a new bridge to the land in order to start construction.

The Salida Sunrise Rotary Club obtained a district grant to purchase materials and fund the construction of the new bridge. Members of the Rotary Club of Arusha Mt Meru supported the construction project. The bridge has been marked with a plaque recognizing the Rotary contribution. A video of the construction project is at: https://www.dropbox.com/scl/fi/hwtx3gce100rnoqpd0ncq/Culvert-Project.mov?rlkey=9pttosxixr5goly73c0t9y66c&dl=0

As reported by Damien Sellier, the founder of SATACOFO, this full project, for which construction has been enabled by the Rotary-funded bridge, will:

- Increase our student's capacity.
- Offer better comfort with dedicated classrooms and dormitories.
- Offer dedicated spaces for games and lessons.
- Offer bigger shaded playing area.
- Build a veggie garden to teach children how to grow food.
- Build a dedicated space for meetings with parents.
- Build an administrative base for our sponsorships.
- Be fully independent vs renting our current building







SATACOFO PO BOX 45, USA RIVER, ARUSHA, TANZANIA PHONE (+255) 0757 240 505 Page 11 of 23

(Continued on next page)

D-5470 INTERNATIONAL SERVICE NEWSLETTER #43



Lessons Learned...

In order to assist Rotary Clubs doing, or interested in doing, international projects/ Global Grants I am recording the history of such a proposed but failed project by Dolores Rotary Club of said District. I hope others learn from our failure.

Identify Need: Our first effort was to search for an urgent global need. That was found to be food insecurity/ hunger with a reported 820 million people, of a global population of eight billion, living on the brink-o-starvation (per UN, World Bank, & USAID data). In searching for a cause of such hunger, U. N. Food & Ag Organization (FAO) reported that not less than 440,000 stallholder farmers, who grow most of the food crops for populations in developing nations, could no longer afford to buy commercial fertilizers as needed to sustain good crop yields. The result has been that food crop yields are dramatically lower and not enough foods are available to meet global nutrient needs.

Find Solution: Over 400 agricultural biochar research studies were found, from seven nations, indicating that biochar used as a soil amendment (additive) greatly improved soil fertility, increased crop yields, helped hold soil moisture, engaged in extensive carbon sequestration, and improved farm profitability. These biochar results were long-term from a single application of biochar at a rate of 8 to 10 percent biochar (by volume) being added to crop-row root-zones. Biochar is a rediscovered unique technology first developed over 200 years ago by tribes in the Amazon Basin. These tribes lost plant nutrients on farmlands due to leaching caused by heavy tropical rains. The initial solution was to slash-and-burn more jungle to make new farm fields. In the process of doing so, a tribe elected to construct a large trench to hold and burn timber and brush from jungle being cleared. Fires used to burn this biomass created a fire-cap on the top one-third, thus forcing the bottom 2/3rds of biomass to undergo pyrolysis (charring) since the upper fire denied oxygen to this lower layer of biomass. It is believed that these tribes had been in the habit of putting wood ash on farm fields, and thus put the biochar they had unknowingly produced on new farmland. The pyrolysis process had removed bio-oils and biogas from the biomass thus creating hundreds of cavities in the biochar. The soil microbes present in new field soils elected to take residence in these cavities and produce all basic plant nutrients needed for crops as a form of space "rent." These fields therefore remained fertile. (Continued on next page)

Demonstrate Solution: El Salvador was selected as a nation with extreme poverty and food insecurity caused by low crop yields due to farmlands being depleted and smallholder farmers not having funds to buy commercial fertilizers needed. All this was documented by UN FAO, USAID, and three El Salvadoran agencies. The poverty caused high levels of crime and motivated many youth to enter the U. S. as illegals. Appropriated studies were done to document the above, and a local Rotary club agreed to assist with our demonstration project.

As a result of prior work in the area, I had an El Salvadoran friend, Luis Albanes, who had an Engineering degree, was a professional Project Manager, and was very fluent in English as a second language. Luis had an El Salvadoran friend, Odette Milla, Ph. D. in Agriculture and expert in biochar. Both agreed to assist in our biochar demonstration, and 25 local smallholder farmers agreed to make and test biochar on their farms (all less than 5-acres). Using our own funds, a baseline study was made to document all aspects of our biochar project using a unique biochar mobile kiln to make biochar on each farm to add to farmland. Due to a lack of local timber, we made test biochar from available coffee-been hulls. This biochar was then inoculated with cultured soil microbes by soaking same in clean water in tubs with crushed biochar. We recruited a coffee-bean mill to provide the hulls and to help sustain their use as biochar once we demonstrated the benefits as previously noted. A local certified project evaluator was recruited and massive paperwork requirements for a Global Grant from the Rotary Foundation were completed to include farmer training and project implementation plans.

Early Project "Crash:" District Rotary Clubs, including Dolores, had contributed the \$10,000 in funds required for this project. We asked D-5470 for a match as needed to apply for a Global Grant from the Rotary Foundation. The District refused this match, with its project reviewers essentially saying biochar technology was too new or yet to be appreciated for the promised benefits. District reviewers did not take time to carefully study biochar. As an example, one reviewer stated that coffee-bean hulls would not "burn properly" in the biochar kiln we designed. He did not understand that making biochar requires a pyrolysis process, and we had already demonstrated this during our baseline study. My NGO, Needful Provision, Inc. (NPI), and I had assisted with the start and implementation of this project, but we had the feeling that NGOs are not as welcome as Global Grant participants.

By: David A. Nuttle Tel. 918-868-7090 Email: <u>npiinc2000@aol.com</u> Dolores, CO 81323-9208 Former member of Dolores Rotary Club NeedfulProvision,Inc.(NPI) EIN85-0433956 DUNS078539710 UEI:CPLZAC41Q827 25337-A Road T.5, Dolores, CO 81323-9208 Tel. 1-918-868-7090 Email: npiinc2000@aol.com Website:http://www.needfulprovision.org 07Dec2023

To:USDANIFAICGP Re:USDA-NIFA-ICGP-010314(OGAgResearch&ExtensionInitiative) Project Title: "Acceleration of Innovative OG Agriculture Technologies & Practices" Summary

NPI plans to undertake a 4-year, \$1,946,000 Tier 3 project to increase the knowledge of organic agricultural sciences and improve relevant entrepreneurship skills and nutritional health of students in the high desert, a generally impoverished area of SW Colorado, focused on Montezuma County, and Cache County, Utah. The Project Director (PD) is David Nuttle of NPI and co-PD Darren McAvoy of Utah State University USU, both having extensive biochar research experience. A project research, education, and extension team will create, advance, and demonstrate a unique organic biochar agricultural curriculum for Agriculture undergraduates at USU, with replication guides for other interested universities, based on organic (OG) farmer-to-student field exercises/ demonstration projects & making of OG immune system enhancing value-added food products.

A third project partner will be SW Open School (SWOS), Cortez, CO 81321, with 132 disadvantaged students of mixed ethnicity, from mostly poor families often food insecure. Basic instruction shall be accomplished using an advanced, innovative, organic work-study greenhouse NPI is being constructed on the campus of SWOS. Current progress on this may be seen on a You Tube video found at https://youtu.be/Su9XdKY8UOA. This greenhouse, when completed, will have alternative energy (power) systems, solar-zeolite cooling, supplemental solar heating, automated controls, drip irrigation of crops, unique biochar addition to grow-bed soil mix to double typical crop yields, and other organic Ag technology innovations. Another project partner, Bill Beasley & Assoc. will make distance education instructional videos to teach said technologies to other area students, gardeners, farmers, farmer coops, and greenhouse/ hoop-house growers.

To expand and increase knowledge on the advanced OG Ag technologies used for this project, field demonstrations of new technologies will also occur on area farms; e.g. on-farm trench-system making of biochar from insect-killed timber, special inoculation of same, application of this biochar to farmlands on not less than four demonstration farms organic or in organic transition (two in CO and two in UT). Biochar results evaluation will determine if this practice does actually improve soil fertility, increase crop yields, hold more moisture in soils, accomplish extensive carbon sequestration, improve farm income & profits, and increase food security.

Improvement of the health of project students and other area populations shall occur by teaching selection of health-promoting food crops, safe growing & preparation of same, making of value-added food products to include human immune system enhancing food crops/ products. Meal planning, entrepreneurship, leadership, new food venture starts, and new venture development will also be instructed. Vegetable scraps, from food processing, will be added to sawdust or wood shavings and composted to fertilize the instructional organic garden

at SWOS. NPI will match USDA's grant of \$973,000 with an in-kind, project supporting proprietary technology donation of \$973,000 in fair market value. Other community partners for the subject project shall be named in NPI's grant application. The critical and priority need of this project is to provide a safe, efficient, economical, long-term means of providing organic farmers the means to achieve farmland soil fertility in an alternative form (biochar) to avoid price inflation for organic fertilizers. The project outreach will be achieved by distance education of farmers, farm groups/ organizations, & smallholder farmer coops, worldwide. A Biochar Certificate Program shall be developed for all students at USU seeking any type of agricultural degree. This certificate shall be under USU's Applied Sciences, Technology, & Education Dept., Rebecca Lawver, Dept. Head. In addition, NPI will offer entrepreneurship and leadership instruction to give students increased chances of success in any aspect of organic agriculture.

Farmer-student biochar learning/work-study experiences, by direct and virtual means, shall take place on said demonstration farms, the Mountain Ute Farm (in the 4-Corners area), and on two smallholder demonstration farms in El Salvador. The Colorado and Utah demonstration farms will make biochar from insect-killed timber, with the Ute making biochar from corn staks.

and the El Salvador demonstration farmers making biochar from coffee-bean hulls. Each farm will have not less than 5 to 10 acres of farm fields with inoculated biochar added to soils to achieve the improvements heretofore listed. To help avoid extensive travel, cooperative farmer-student efforts shall be accomplished by virtual means. In El Salvador, these efforts will be under the direction of Odette Milla, Ph.D. in Ag and expert in biochar use as a soil additive. Dr. Milla is the Director of El Salvador's National College of Agriculture. NPI has a good working relationship/Dr.Milla.

To help advance organic farming and organic value-added food products, NPI and USU shall help students develop and demonstrate value-added food products that greatly improve consumer health and enhance human immune system response. NPI already has created such food products to be tested and perfected by students and Dr. Stephan van Vliet at the Center for

Human Nutrition Studies at USU. An example of such a NPI developed food product is a food bar made using: 1) A special blend of organic fruits & vegetables having an average of 58 percent more polyphenolics; 2) A Grain Amaranth with 03 percent squalene lipid; 3) Spirulina algae having vitamins, minerals, a total blend of proteins, and polyphenolics; and 4) Honey and Sea salt flavor plus added benefits. N. B. The immune system enhancing achievement of said fruit & vegetable mix, all organic, was proven by a research study at the University of CA, Davis. Entrepreneurship instruction for project students will focus on starting new and profitable food enterprises using development and perfection of such organic, value-added food products.

Debbie Wilde Past-President 2020-21| Rotary Club of Glenwood Springs



CHINLE PLANTING HOPE (CPH) REPORT AND IDEAS

NAVAJO NATION, CHINLE, ARIZONA DECEMBER 1, 2023 PHONE CONVERSATION WITH AMBER DRINEN SUBMITTED BY GLENWOOD NOON ROTARIAN DEBBIE WILDE, <u>DEBBIEWILDE@DEBBIEWILDE.COM</u>

Request for a Rotary Work Weekend

- May 30, 31 and June 1 (Thursday Saturday)
- The Durango Daybreak Club is planning a big solar light install over those days
- Amber is asking if this could be time when various Rotary Clubs gather to work on solar and other projects
- There will be many work opportunities especially the building out of the Imagination Station
- Ideas may be the buildout of the café area and/or reading area...these could be recognized as Rotary projects
- We already have several clubs who have been involved. This promises to grow.
- Anticipate that we will again bring collected books and items for the thrift store during this time.

Imagination Station

- The building was going up as we talked on Dec 1.
- San Manuel Band of Mission Indians has included CPH in general operating giving and will again in February....AND....they like what CPH is doing so much that they just gave an extra \$100K for the Imagination Station!
- More on San Manuel https://sanmanuel-nsn.gov/community/philanthropy

Literacy

- CPH has secured operating funding to cover the operations of the bookmobile.
- Read at Home (the nonprofit that is doing the High 5's Magazines for preschoolers in many reservation locations including Chinle) is asking the CPH board to consider taking Read at Home on as a program area of CPH. Read at Home is the organization where Glenwood Rotarian Nancy Flood is the president of the board. Amber reports that the CPH board is interested and will take this up in their strategic planning.
- All monies from Glenwood Noon and Sunset Clubs and Rotary District match grant have been expended for books for the bookmobile and High 5 magazines distributed through Read at Home.

Bike Shop

- CPH is still working to have a fully functioning bike shop (the only on the rez). They are turning in a large grant to the Arizona Diamond Backs who have been good supporters of CPH.
- We have had many offer donated bikes from our area. This and bike equipment are other items for which we could easily conduct a special drive.

Community Garden

- This project continues.
- There is a local man who has had a business producing Navajo Tea. It has been very popular. He is retiring from that and has offered to teach CPH what/how to grow the ingredients and take over the tea making business. This, along with the thrift store, would be an income generating activity.

Senior Thanksgiving Baskets

• 100 food boxes were made/delivered to elders in the community

CPH Activity Updates

• CPH regularly posts their activity on their facebook page. <u>https://www.facebook.com/search/top?</u> <u>q=chinle%20planting%20hope</u>

CPH Staff

- CPH is maturing as an organization.
- The have hired Jan Dunn as full time executive director.
- Jan is a member of the Navajo Nation. She has been the chair of the board. She has been the staff person for the thrift store. Glenwood Rotarians have worked with Jan since we first went to Chinle.
- Many of us have met Adrian who is a full-time employee.
- CPH plans to contact Dine College to find students who are interested in doing internships with CPH programs. CPH hopes this will be a good opportunity to find staff for its programs.
 - Diné College is the first tribally controlled and accredited collegiate institution in the United States. Established in 1968 as Navajo Community College, it was later renamed Diné College. The Navajo Nation sought to create an institution of higher education that encouraged Navajo youth to become contributing members of the Navajo Nation and the world. <u>https://www.dinecollege.edu/</u>
- Those of us who helped with the CPH open house in June 2023 met representatives of the college.

CPH Board and Leadership Development

- Amber has consistently worked to help locals step into the work and leadership of CPH.
- Amber will continue her involvement as a mentor and member of the board.
- A strategic planning session is scheduled for January 13, 2024. Debbie Wilde will help with development of the session.
- Debbie has given members of the board copies of her book The Sustainable Nonprofit. There is interest in doing a book club / board training with the book.
- Rotarians could help with mentoring and support for the board/leadership.
- One of the projects for the May Rotary weekend could be some Rotarians meeting with/doing organizational education with the CPH board

Other

• I would like to see a contingency from CPH travel to the Glenwood area (with their trailer) to meet with the clubs in our area. Maybe our Glenwood Clubs host a gathering of Rotarians to meet and hear from CPH. This would elevate the connection between our groups. It would be a good time to do a furniture drive – these are items in demand but hard for us to store or haul. - Debbie

BATHROOMS FOR GIRLS UPDATE

District Wide Support for Global Grant Submitted by PDG Becky J Smith



A bit of Background

As you may remember, two years ago each club was asked to donate to a global grant that would provide bathrooms for secondary girls in an impoverished country. The purpose of the support was to ensure that girls in economically challenged countries often dropped out of high school because they didn't have private, gender specific bathrooms. The girls need bathrooms monthly to take care of their basic feminine health processes. Without the bathrooms, they stay home and miss school. Many girls just give up and drop out of school.

Research has proven that girls who graduate from high school will insist their own children (in the future) receive an education, will not be so likely to be defrauded by shady business deals, will be less likely to be taken in by sex/slave trafficking schemes and will be more likely to take on leadership positions in their communities. Educated girls improve the quality of life for and their themselves for communities!



Club donations raised \$25,000 to donate to a bathroom project for girls. Our District 5470 Foundation Committee committed to matching those dollars on a 1:1 basis with funds from our District Designated Fund account (DDF). The Rotary Foundation will match any DDF funds at 80%; they will donate \$20,000 to the project. The total donation for the bathroom project will be \$70,000 because of your generosity! Actual donations exceeded the goal by approximately \$2500. Those extra funds will be used to support the purchase of monthly supplies for the girls involved in the grant.

<u>Our first two attempts at supporting a global</u> **<u>grant fizzled.</u>** Grant opportunity #1 was to build bathrooms for a school in Kenya. The project was delayed several years because TRF at the time. Projects were prioritized and put on a schedule of delay. Our project wouldn't be considered for three years. The DDF funds would most likely not be available when it came to implementing the grant. The Rotary club in Kenya agreed that ending our partnership was for the best. The second attempt was a grant we found in Uganda. Our Kabala deleted a significant portion of the text



Persistence is critical when working with global grants. Our ad hoc committee began another search for a partner. We refused to give up! The girls need bathrooms. The need is worldwide. We were determined a reliable partner was somewhere to be found.

And Now the Update... The third Time is a Charm!

Our Bathrooms for Girls ad hoc committee approved a donation to the Zambia WASH Project that will begin this year. The project was introduced to us through our District Governor Nominee Designate Maile Foster. Maile will be the District Governor in July of 2026. Maile found out about this incredible project while attending Rotary's International Zone Conference last fall. PDG Becky Smith met with two members of the Phoenix 100 club to discuss a potential partnership.

The Zambia WASH Project is a \$1.2 global grant to bring water, sanitation, hygiene instruction, bathrooms (separate for girls and boys). The Rotary 100 Club of Phoenix is the international sponsor, meaning they are the lead club for the project. Their club has successfully implemented several international global grants. They raised \$400,000 in support of the grant, which included our district donation. Other districts, clubs and private individuals have made contributions to this project. District 5470's donation of \$70,000 (\$25,000 club donations, \$25,000 District 5470 DDF, \$20,000 TRF match) will make us a major partner of the grant! As a funding partner, we will receive monthly reports of the progress in Mbala, Zambia. Those advancements will be shared with all clubs in the district via the International Newsletter.

An incredible part of this project is that there are two nonprofits supporting the grant with matching funds. World Vision is an NGO that builds water systems in Africa. They are approved by Charity Navigator and have worked previously with Rotary. World Vision was the selected partner for Rotary's first Project of Scale (a \$3,000,000 project) Golf Fore Africa is also a nonprofit which is run by Golf Hall of Famer Betsy King. She has been a major sponsor of water projects throughout Africa for 10 years. Both donors will match our donations dollar for dollar. The process creates an 8:1 match.

Here's a link for you to watch a video created by Arizona PDG Craig Wilson. Craig is one of the leaders on the project. It's worth the time to view it!!

Zambia video (Click for video. Photos is this article are screenshots from this video.)

The grant is currently being reviewed by the WASH cadre. Once they review and give their approval of the grant, they will make an initial donation of \$3,000 and then after it's approved by TRF they will make a second donation of \$5,000. This is a rare occurrence! We are inspired by their support.

Currently, the grant has been submitted to The Rotary Foundation. The approval for the grant with TRF is expected to be straight forward and timely. The actual funds will only be transferred when official approval is made by TRF.

Lessons Learned!

When working with donated funds, you never give up! You never alter the focus of the purpose for the funds. Staying true to the promise made to the donors is an absolute.

When working with global grants, be diligent with communication. Reach out for clarification regarding any actions taken by your partner. Be kind. Accept that other cultures work in different time frames that our overly time obsessed American culture. Eat some chocolate chip cookies and get back to work!

Be persistent. With dignified words and actions, accept the frustrations of setbacks. Allow yourself to be frustrated, overwhelmed and even a bit angry at times. Eat some chocolate chip cookies and get back to work!

Celebrate your successes. Each time you reach a goal, shout Wahoo! Eat some chocolate chip cookies and get back to work.

Going Forward

Updates will be included in the District 5470 International Newsletter. We will include photos of the project and of the children who will benefit from your generosity.





Changing lives in Zambia

Rotary-World Vision- Golf Fore Africa WASH Project

2023 PROJECT SUMMARY

In the spirit of improving the lives of the most vulnerable, please join Rotary in collaboration with World Vision and Golf Fore Africa in an \$1.2million large-scale WASH project (GG2348948) to bring universal access to clean water, sanitation and hygiene for 14,500 people in communities and 19 piped water systems benefiting 7,600 children in the Mbala district in the northern part of Zambia.

THE NEED

Of the nearly 19.7 million people living in Zambia, 36% (7 million) lack access to clean, accessible water resources - 1.2 million are from rural areas. In Mbala, most of the people are small scale farmers who grow maize, sunflower, groundnuts, beans, millet and sorgum for household use and sale. The people also keep livestock such as goats, cattle, chickens and pigs. According to the Mapping Subnational Poverty in Zambia (2015), the poverty prevalence rate for Mbala is 78%, entailing that almost 8 people in 10 are in either extreme or moderate poverty range.

The major issues are lack of access to clean drinking water services,

inadequate sanitation infrastructure, and hygiene behavior change in communities, schools and healthcare facilities. Rural families lacking access to safe water consume water from streams or open wells - the same places where people bathe and wash clothes, and animals defecate—leading to diseases. Mbala is at 43% with access to water with 19 education facilities that do not have water on their premises. So our vision with this global grant and collaboration is to finish the job of bringing universal water coverage to these rural families.

KEY PARTNERSHIPS AND COLLABORATIONS

As the world's largest service organization, Rotary has unprecedented reach around the world to people committed to serving their communities. As the leading nongovernmental provider of clean water in the developing world, World Vision works in nearly 100 countries with over 34,000 staff, with unprecedented reach into the world's poorest and most vulnerable countries. Golf Fore Africa is bringing hope and change to children and families living in extreme poverty in Africa by empowering the golf community.

Phoenix Rotary 100 is the International Sponsor for this global grant. The

project will be managed by the local Mbala Rotary Club with capacity support from the Lusaka Rotary Club alongside the professional local World Vision staff on the ground who have been designing and working together on this project. World Vision has agreed to match Rotary funds up to \$400,000 for this critical project. Golf Fore Africa has also agreed to contribute \$400,000 of funds they raise towards this project.

Rotary is leveraging the expertise and the donor funding to accomplish one

of the largest and most professional WASH projects in Zambia and the district. Rotary Clubs and World Vision have been collaborating on projects since 2005 and co-invested in excess of \$25 million in project funding, reaching over 3 million people worldwide.





"I have to wake up early in the morning each day to draw water before I go to school, and sometimes I miss my favorite subject," said Silvia, 10, from Kalikoti village in Mwamba. "I love math and I want to be a nurse or a doctor someday. I want to help my community.

"Water has always been a big problem in my

village. I have to walk far to collect water, and wash dishes and clothes. Also, the dirty water makes us sick. And having diarrhea is common in my village. Then there's the snakes and other animals. Despite seeing others bitten by snakes, I still come to this stream because my family needs water. They depend on me and my mother to draw the water.

"I'm also very afraid that someday

what has happened to other girls may also happen to me. Sometimes women and girls are abused by men when they go alone to the stream."

"They say access to clean and safe water is a

start to success and a better life. I'd like that for my family and community."



Rotarians and World Vision holding up pipe in the prior grant in Honduras that was part of 87 miles of piping in trenches dug by 1,000 community members.

WATER ACCESS

The project will provide access to sufficient quantities of clean water through the drilling and installation of hand pumps, rehabilitation of non-functional water points and installation of piped water systems.

SANITATION AND HYGIENE

The project will use innovative approaches to improve sanitation systems and hygiene practices. Hygiene campaigns and activities will include a wide range of media, educational materials and communication channels for maximum impact on behavior change.

PROJECT SUSTAINABILITY

The project will build the capacity of the communities to implement, monitor and sustain WASH interventions. World Vision has strong relationships with the Ministry of Water Development, Sanitation and Environmental Protection.

PROJECT GOALS AND OUTCOMES

The project goal to provide universal access to water, sanitation, and hygiene for 14,500 people in communities and 19 piped water systems for education facilities benefiting 7,600 children in Mbala district.

Project Outcomes

 Greater access to clean and sustainable water supplies
 Greater access to improved sanitation
 Improved knowledge of basic hygiene practices
 Local communities and governments empowered to facilitate sustainable interventions and services.

YOU CAN MAKE A DIFFERENCE

Rotary is excited about this partnership together, one that will forever change lives for children and families in Mbala, Zambia. Your club giving will have an immeasurable return on investment, as every young life is precious beyond value.

Thank you for collaborating with us.

Checks can be sent to: Phoenix Rotary Club Charities (PRCC) 501 E. Osborn Road Phoenix, AZ 85012 In the memo: "Water Zambia GG2348948"

World Vision

Brian Gower Rotary Liaison World Vision U.S 425-281-8429 rotarypartnerships@worldvision.org

LOCATION

The project will focus in the Northern part of Zambia.





Hold your camera over this QR code and click the link to watch this video and learn more about the water needs in Zambia and Rotary's partnership with World Vision.



Randy Long International Outreach Committee Phoenix Rotary 100, District 5495 480-818-1636 rlong35@cox.net



USEFUL ROTARY RESOURCES ON GLOBAL GRANTS

Compiled by PDG Chehab Elawar, Rotary Club of Las Vegas WON "Kindness is not an act, but a lifestyle."

How To Find Partners And Funds

https://www.matchinggrants.org/

Regional grant coordinators

http://msgfocus.rotary.org/c/12kRRsDf7Me8F1nzWrvyKUCNvimO

Cadre – Technical Advisers

https://my.rotary.org/en/take-action/apply-grants/cadre-technical-advisers

Give to the foundation Donate | Rotary International

https://www.rotary.org/en/donate

Charitable Remaining Trust

https://rotary.planmygift.org/charitable-remainder-trusts

Disaster fund application

http://msgfocus.rotary.org/c/1pteO9SscGf8lbulMYMvR3l7Wh

Google sheet for global grant partners

https://docs.google.com/spreadsheets/d/1UP2yBWmNAHgISrz6dO_dypaq5YVgJhACsjJ2Rewo49E/edit#gid=0

To join WhatsApp Global Grant Partners (only if you are serious about global grants)

https://chat.whatsapp.com/Cwqvm79MleB59al7WEHoQU

Raise funds with Rotary

https://raise.rotary.org/

Rotary Showcase

https://map.rotary.org/en/project/pages/project_showcase.aspx

Rotary Public Relations

https://my.rotary.org/en/learning-reference/learn-topic/public-relations

Action Groups projects WhatsApp

https://chat.whatsapp.com/J9MeDruh0lkBoaBo7Vo7p

BENEFITS OF AN EXCHANGE:



rotary.org/en/our-programs/ friendship-exchange

BENEFITS OF AN EXCHANGE

- Broaden international understanding
- Explore a profession or job in a different context
- Build enduring friendships
- Establish a foundation for peace and service
- Gain opportunities for active project involvement and support
- Learn about a region's people, food, languages, customs, and history
- Find partners for grants
 From: https://www.rotary.org/en/our-programs/friendship-exchange



Friends + Exchange

Friendship Exchange is an international exchange program for Rotarians to exchange being hosts with each other. You can participate as a family, individual, or group whether you're a Rotary member or not.

Types of exchanges:

Vocational: Participate in help with fixing, repairing, building, medical, and various aspects of helping out.

Culture: Meet with the locals and leaders.

Fellowship: Enjoy music, food, dance, culture, etc

For more info: https://www.rotary.org/en/our-programs/friendship-exchange





7. The 2nd test of the 4-way test: Is it _____ to all concerned?

- 8. A _____ for your thoughts
- 12. _____ GIRLS LAKE CHAPALA
- 13. RI District 5470 located in this state
- 14. First name of District International Service Chairman 5470
- 15. Rotary's official colors are blue and ____
- 16. 3 _____ Nets
- 18. Full name of 5470 District Governor

19. The 3rd test of the 4-way test: Will it build goodwill and better _

- 3. Full name of Rotary's founder
- 4. El Salvador demonstration farmers making ______ from coffee-bean hulls.
- Rotary's motto is _____ ____ above Self
- 7. _____ four seven zero
- 8. _____ A POCO SAN PEDRO ITZICAN
- 9. 5470 International _____ (first page)
- 10. Rotary Friendship ____
- 11. State where Rotary international headquarters is located
- 17. A Rotary Youth program for post primary school students

PAGE 33

20. Bells are _____ sided truncated cones (Peace Bells)

Print this page or goto digital version/website to fill in the blanks here (click here)

DOWN: 7. Peace 3. Paul Harris 4. biochar 5. Service 7. five 8. Poco 9. Bistro 10. Exchange. 11. Illinois 17. Interact. 20. eleven ACROSS: 2. RAM 6. Alex 7. fair 8. Penny 12. Wise 13. Colorado 14. Rebekah 15. Cold. 16. Billion 18. Creg Sund 19. friendships **SMSWERS**



What the Rotary District 5470 International Service Committee does:

- Encourages us to expand our definition of community
- Educates and nurtures Rotarians and clubs working in the Seven Areas of Focus
- Connects clubs
- Builds relationships
- Educates, assists and may help finance clubs' international project development and fulfillment efforts

It also inspires Rotarians, like you, who chose to visit international projects and see first-hand how to Imagine Rotary.

In this newsletter, we'll continue to show more of our many global grants as well as upcoming projects.

Who do I email for an international project article submission for the International Service Newsletter? What do I need to Include?

Share your club's international projects and interests with District International Service Chairman, Rebekah Kiser.

We want to know what YOUR club is doing.

- 1. Club Name and website
- 2. Name of who wrote the article
- 3. Name of your project
- 4. Your Article in PDF/Word format (PDF preferred)

5. Photos/images (Person who took photos if possible). Photos within the article are good or attached to the email.

- 6. Video website address/URLs if you want to include those.
- 7. Email: <u>beckykiser28@gmail.com</u>

