



ROTARY DISTRICT 5470

International Service News



D-5470 INTERNATIONAL SERVICE NEWSLETTER #44



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D 5470 INTERNATIONAL COFFEE BISTRO

Join us for our monthly 5470 International Bistro. Being part of the largest service organization on earth is a gift to us all (1.4 million members), and our service encompasses work both at home and internationally. The Bistro is a monthly 1-hour Zoom call for anyone, intended to spread knowledge, expertise, and practical experience about Rotary Projects around the world. It is sponsored by the 5470 International Services Committee.

We would love you to sip some tea, coffee or your beverage of choice and listen in. Come for the full hour or for a 15-minute snack. We'd love to hear what you are doing internationally, to pass on the light of Service above Self. We want all Rotarians and guests who have news to share or who are eager to learn a little more to come to our "Bistro" and learn more about how to get involved.

We will all enjoy "being together," sharing and delivering encouragement every third Saturday in the month. It won't be as much fun without YOU!! How will you help change the world?

Here is our Zoom link for EVERYONE: 9:00 am MST Saturday, Apr 20, 2024 09:00 AM MST.

Join Zoom Meeting (CLICK HERE OR COPY/PASTE)
<https://us02web.zoom.us/j/82762339280?pwd=MULuSUN4cWpSMUdQM3c1MkU5VzcuUT09>

Rebekah Kiser is inviting you to a scheduled Zoom meeting.
Topic: D 5470 International Coffee Bistro

Every month on the Third Sat, until May 18, 2024, 6 occurrence(s).
The next scheduled meetings are:

Apr 20, 2024 09:00 AM
 May 18, 2024 09:00 AM

Meeting ID: 827 6233 9280
 Passcode: 938948



We have begun a District International WhatsApp group that has been fun. If you are not on it and want to be added, email your name and mobile phone number to: beckykiser28@gmail.com with subject: WhatsApp Group

GREG SUND

DISTRICT GOVERNOR 2023-2024



Many clubs think getting involved in International projects is too daunting. Developing and sponsoring a project requires considerable dedication and perseverance, yet it's very easy for clubs and Rotarians to get involved in International projects. Every club has ample opportunity to donate money to projects sponsored both in various districts. However some projects require more than funding such as travel and work contributions.

In the 2023-24 Rotary year, 12 International Projects are partially funded through District Designated Funds grants totaling \$76,749.50. These projects include Community Health Worker Retraining in Zambia, Africa sponsored by the Aspen, Delta, and Carbondale clubs. Several projects sponsored by the Durango Daybreak club including a project to provide dentures to elderly adults, a project to identify and treat children with congenital heart disease in Chihuahua and the city of Juarez in Mexico, a water, sanitation, a hygiene project in Cameroon to help over 500 children, and a village aid project to provide clean water in Jalapa, Mexico. The Vail club sponsored a sanitation project. The Glenwood Springs Sunrise sponsored an empowering girls project. The Western Alliance of Kenya Against Malaria (WAKAM) project is sponsored by Aspen, and last, but not least, the Guatemala Literacy Project sponsored by Durango Daybreak, Fruita, Aspen, Snowmass, Carbondale, and Roaring Forks clubs. In the projects above, the "sponsored by" designation references that the District grants were based on club commitments to the projects.

Many projects provide the added opportunity for Rotarians to visit the project first-hand. In February this year, Dan and Bryna Perlman of the Aspen and Carbondale clubs, took 18 Rotarians on the 2024 Kenya Malaria Tour.

In addition to learning more about malaria, they attended malaria medical camps, where they had the opportunity to meet with and see the enormous value of Community Health Promoters. Additionally, the group distributed shoes to children that provide the flexibility of fitting as a child's foot grows. The group also visited a Water, Sanitation and Hygiene (WASH) project and learned of opportunities to partake in other service oriented projects.

The WAKAM project is the implementation of a project in Kenya that is similar to one started in 2019 with a \$10,000 commitment of the Aspen club to combat malaria in Zambia. That project grew into the first Rotary Foundation Program of Scale project, a \$6 million endeavor. As described by Dan Perlman, the Aspen club planted an acorn with this project and it is growing into a large oak. Dan seeks additional Rotarians district-wide to serve on the D5470 workgroup to assist in implementing this project.

One way Rotarians can learn about and get ideas for International projects is through the Rotary Service Blog and the Rotary Showcase. I strongly encourage Rotarians to check out opportunities at <https://rotaryserviceblog.org>, and [Main | Rotary Showcase](#).

I encourage Rotarians who think they may be interested in International projects to contact clubs in our District that are involved in these projects and log into the Rotary Service Blog and the Rotary Showcase. As was said to me years ago, people in the U.S. may not know what Rotary is all about, but people in other countries definitely know us and what we are doing to make the world a better place.

YOU'RE INVITED!

From Rebekah Kiser

What: An invitation for you and/or your Rotary Club to practically express your gratitude for the life we live as Rotarians in District 5470 by supplying eggs to the poorest in Ethiopia.

These eggs are used for the traditional dish, Duro Wot, celebrating the most important holidays in Ethiopia, Fasika and Eid al-Fir. For many families, this may be their only time of year to provide eggs and tradition to their children.

Who: You, yes, YOU! This practical and powerful project originated from the Rotary Club of East Colorado Springs and has been supported by the Rampart Range Rotary Club and the Rotary Club of Colorado Springs. There are no administration costs. All your contribution will go straight to providing fresh eggs at wholesale prices to bring happiness for the holiday to those who have found themselves in a very difficult situation.

Where: Rural Ethiopia; Dukem and the Oromia Somalia Refugee Camp to be exact.

Why: Isn't that what Rotary is all about? Service above Self? Is there any reason why we shouldn't sit down to our own Easter dinner knowing others have enough too? It's true, Service is what unifies us all.

Rotary members (including me) from District 5470 who live in Ethiopia will personally distribute all the eggs. One USD purchases six eggs. three USD will help one family. Our goal is to provide food for 1,000 families this year. This project has distributed over 100,000 eggs in the last four years. How many shall we distribute this year?

Why not join us and make you and your family happy this year by using the secret key, helping others?



MAY 5, 2024

**CELEBRATING FASIKA AND
EID AL-FITR ACCORDING TO
THE ETHIOPIAN CALENDAR**

HOW: JUST MAIL YOUR CHECK TO:

The Rotary Club of East Colorado Springs
P.O. Box 10301
Colorado Springs, CO 80932-1301



Mexican School Bus Project

Dr. Khurshid Qureshi
Founder and Past President
Tri-Lakes Dynamic Rotary Club

Our club began forming in May 2022 and we were already looking for some interesting projects for our future endeavors. Having exciting noteworthy international projects to attract new members and retain the existing members was essential.

Along the southern Mexican Pacific coast border is Puerto Vallarta, a glitzy touristy town with magnificent beaches and world-class resorts. Club Rotario Puerto Vallarta Sur meets every Thursday morning at the Marriot in Marina Vallarta, a mere 5-minute walk from our winter residence. The club is particularly attractive to Canadian and American expats who predominantly fund local projects. It was there that I met Art Fumerton, a frail, tall gentleman and retired US military officer who has been living in Mexico with his Mexican wife, Mayra, for the last 30 years. Art and Mayra have dedicated their life savings and years to the Volcan Education Project.

The Volcan Education Project aims to educate children from impoverished neighborhoods and prepare them for college. The project is transforming lives by elevating standards in computing, mathematics, sciences, and languages. The school was built on a dumpsite where impoverished individuals made their living by collecting food and recyclable materials. The school has empowered the neighborhood; adults have begun learning to read and write alongside their children. Additionally, the school provides breakfast, lunch, clean water, access to laptop computers, and a library. With six full-time teachers and a few volunteers, the school is funded by both Rotarians and non-Rotarians. Many of its graduates end up attending top universities in Mexico, becoming accountants, teachers, managers, and other professionals. Some even return to volunteer and join Rotary, furthering the cycle of empowerment.

The school vans are used for field trips, band performances, delivering food and supplies, as well as for Rotary projects such as water filtration and hosting Rotary visitors on weekends. Recently, the van was utilized to distribute wheelchairs to those in need, with 350 wheelchairs donated by a Rotarian.

The recent purchase of a new van for the school is a testament to the power of collaboration. Our newly formed international committee, filled with enthusiasm, joined forces with other Rotary Clubs to make this project a reality. Our new international committee was excited to help the school replace their aging van with a newer one, at a cost of \$13,000. However, our new club lacked sufficient funds, so we sought assistance from area Rotary Clubs and applied for a district grant, which was approved. The Broadmoor and Colorado Springs Rotary Clubs collaborated to make this project possible, with a Rotarian from a Rotary Club in Ohio donating \$2000. The van was finally purchased in January 2024, and the keys were officially presented to Sharon Chavez, President of the Puerto Vallarta Sur Rotary Club, and Art Fumerton in a jubilant ceremony. I extend my gratitude to the District 5470 grants committee, the Broadmoor Rotary Club, and the Colorado Springs Rotary Club for turning this project into a reality.

The successful completion of the Mexican School Van project has instilled a real sense of pride in our newly formed club and motivated future international projects. Our international committee is planning a trip to Mexico to further explore areas of cooperation. Puerto Vallarta's status as a tourist destination offers opportunities to combine tourism with volunteer services.

Dr. Khurshid Qureshi
kqureshico@yahoo.com



NAVAJO LITERACY AND COMMUNITY BUILDING - UPDATE AND FUTURE PLANS

SUBMITTED BY NANCY BOFLOOD AND DEBBIE WILDE



Chinle Planting Hope and Read at Home: Books, Early Literacy, Community Building on the Navajo Nation, Chinle, Arizona

Rotarians from several different clubs in Colorado - Glenwood Springs Noon, Glenwood Springs Sunset, Durango, Vail, Colorado Springs, and Monument - have worked with two "grassroots" Navajo nonprofits, Read at Home and Chinle Planting Hope, to support life-long literacy and community development. Working with Read at Home, Rotarians provided high-quality children's magazine subscriptions (Highlight's Hi-Five and Hello) to over 500 Native students. Magazines are sent to classroom teachers who read with the children and guide the literacy activities. Each student takes home their own copy to share with family, read to siblings and with parents. Funds were also used to purchase high-interest new books for children of all ages. Working with Chinle Planting Hope, Rotarians worked side-by-side painting, hammering, repairing to transform shipping containers into a Thrift Store where basic items (donated/ gently used) are available for purchase. Rotarians assisted with cataloging over 10,000 books for a lending library-on-wheels that is now open to all community members, families and students and also has a weekly schedule of bringing books to nearby community centers and schools that do not have libraries. The Bookmobile, magazine subscriptions, and Thrift Store daily benefit all members of the Navajo communities especially children and their families.

Rotarians worked side by side to sort donated clothes and household items and then transport all donated items to Chinle, Navajo Nation. During a "work week-end" Rotarians rolled up their sleeves and worked on-site with Navajo community members to catalog books, paint shipping containers, build shelves, prepare food baskets for elders, read to preschool children, and prepare food for volunteers. During the festive celebration in June at Chinle, Rotarians encouraged children and parents to participate in art and literacy activities, talk with visiting Navajo authors and illustrators, and choose a book to keep as their own.

Other Rotary clubs that helped collect additional donated books were: East Colorado Springs, Florence, Freemont, Delta, Durango, Castle Rock High Noon, and the Vail clubs.

Exciting Events Being Coming Up:

The Chinle Team visiting Glenwood Springs. The first week-end in May, Navajo volunteers from Chinle, including members of the Leadership Team of Chinle Planting Hope, are coming to Colorado. As guests of the Glenwood Springs Noon and Sunset Clubs, they will arrive with trucks and trailers to fill

with small furniture, children’s books, clothes, tools and kitchen items, and mountain bikes (with helmets). A schedule for the weekend will be sent out soon. All and any volunteers welcome! Our Navajo guests will give a presentation at the Friday noon meeting of the Glenwood Springs Noon Club. Tentative schedule for 9AM - Noon on Saturday morning will be the scheduled time to bring donations to fill the trailers with a presentation by the Chinle team and refreshments at 11AM. Please come and join us for any of the events.

Raising Club Support for a Global Grant. The two Glenwood Rotary Clubs in conjunction with an international Rotary Club (several possibilities) are proposing a Rotary Global Grant for the interior finishing of the Imagination and Learning Center in the Chinle Planting Hope community “complex.” The internal finishing will include furnishing the Imagination and Learning Center with a variety of “hands on” STEM (Science, Technology, Education, & Math) materials for children to explore, manipulate, build with, etc. **The lead clubs are reaching out to clubs in the district to join this project with a financial pledge by early Fall of this year. Please consider being a part of this opportunity!**

Rotarian Service Project in Chinle. In spring or summer of 2025, Rotarians will travel to Chinle to help with the interior finishing of the Imagination and Learning Center. This Center will complement the current projects - the Bookmobile, Thrift Store, and Bike Shop & Repair Building and the Community Garden. The Imagination Station will be similar to facilities such as museums and community libraries. The 2,400 square foot area will also house a place for children to explore and learn in event led activity as well as curl up with a book in the reading center. Chinle Planting Hope will also use grant money to expand the bike shop and the R.E.A.D. (Read, Empower, Adventure, Dream] in Beauty Bookmobile launched last year, bringing books to remote areas around the reservation. The closest public library is at least an hour’s drive away. The bookmobile already has over 1,500 patrons and has been popular at schools with no libraries and also at events like the Ganado Cultural Night, Read S’More STEM night in the fall as well as Love with Reading on Valentine’s Day. Plans include adding workstations with laptops and hotspots for the internet to the bookmobile, adding another much-needed resource.

We welcome participation from all interested Rotarians. For more information contact:

Debbie Wilde debbiewilde@debbiewilde.com or Nancy Flood wflood@hotmail.com
Enjoy checking out the Chinle Planting Hope Facebook page to see the activity of this growing organization.





Christmas Tree Project Wrap Up Letter

The Christmas Tree Project had an outstanding year and we're thrilled to share these remarkable highlights:

- Over 670 families received a Christmas tree thanks to your support.
- Our Colorado Springs event alone welcomed 300 families.
- We were honored to team up with Justin Simmons, the Denver Broncos safety, and his wife Taryn to deliver trees in Denver—Wow!
- We partnered with the Bob Telmosse giveaway again and provided 107 live trees.
- Media spotlight shone on our efforts with features on KOAA, KKTV, and NBC New York Live, NBC Rockefeller Tree Lighting Special, and Good Morning Broncos.
- We received over 31,000 requests for trees from around the US and around the world.
- Our reach extended globally, distributing trees to families in Mexico, South Africa, Uganda, Sierra Leone, India, Ghana, and Kenya.
- In total, we have provided over 7,000 families with a tree since 2014.

We want to thank ALL THE ELVES who contributed your time, donated trees, decorations, and money. You made it possible for us to create smiles, touch lives, and spread the true meaning

International Elf Outreach



This year, our efforts spanned across continents, delivering Christmas trees to families around the world, broadening our international footprint.

Every year, we strive to broaden the reach of our international elf network, and this year marked a new record with 26 trees delivered globally, surpassing all previous years. With the help of some incredible partners, we managed to bring holiday joy to children in Mexico, South Africa, Myanmar, Uganda, Sierra Leone, India, Ghana, and Kenya. Each tree carries its unique narrative, and the stories from this year's international distribution are particularly touching. It has been a profound journey collaborating with our global elves to disperse Christmas cheer worldwide.

Meet our international elf team below, including Manna Dabholkar, Nimo Patel, David Gengan, Dino Kiro Alay, Bennett Kpentey, and Jared Ondieki, whose efforts made this bit of Christmas magic possible.



International Stories:

Elf Manna Dabholkar

Mexico: One tree went to an orphanage in Tijuana. The children are HIV + and they live in the orphanage. The 2nd tree went to Cartolandia, a community of 2500 homes about 10 minutes from US Mexico border. Most families are single parent and GIFT Global Initiative has been running different programs there since 2017.

Sierra Leone: One tree, food and gifts went to the children in an orphanage with 36 young girls who have all lost their families to HIV. One tree to the local school that helps us with education for these 36 young girls.

South Africa: Two trees, and food went to 50 kids to Soweto, South Africa. This is the former home to Nelson Mandela and has 6000 homes with no access to basic necessities of life.



Elf David Gengan-Pietermaritzburg, South Africa

This is a message from David Gengan: Hi David. This has been a wonderful project to be involved with, so thank you for including me. As you saw, the project went beyond just placing Christmas trees. Driving around the area confirmed the level of poverty in the community and the struggle to put food on the table. We were able to give 44 hampers to needy families and 15 trees to families that had children, thanks to you, and some of my friends and colleagues who made contributions. We had 8 teams distributing the hampers and trees, and those who helped set up trees spoke about the joy it brought to the children. This was a very rewarding experience for those who helped bring some joy to people who

ELVES JOAH & JINGYI, MYANMAR



The Christmas tree was bought and transported to the Zyhno refugee camp. Once there, it was decorated with the help of 40 kids and placed in the camp's makeshift church. As the camp continues to face challenges, such initiatives play a crucial role in promoting social cohesion and well-being. Mr. Rona, one of the fathers in the community said "As a father and the head of my family, I have been having a lot of troubles in survival and supporting my family after this coup and living in this camp, so I can't stop being grateful for this Christmas tree. As we all know, children in particular have a lot of expectations and new things for this season when December arrives.

The Myanmar Christmas Tree Project initiative aimed to provide a sense of joy, community, and normalcy to residents of the camp who have experienced displacement and hardship. The majority of the Chin people traveling towards the border between India and Myanmar were forced to flee persecution and violence at the hands of the Myanmar military. About 500 refugees reside in Zyhno Camp. Recognizing the importance of fostering a sense of community and providing emotional support, the Christmas Tree Project sought to bring a festive atmosphere to the camp, celebrating diversity and resilience.



However, we are living in this tent with no income, which only makes me cry because I am unable to fulfil my father's duty. However, when I observed my kids' delight and cherish while putting up the Christmas tree. We all felt joy and happiness from this Christmas tree, even though as a father I am unable to give my children any gifts. I sincerely want to thank the team and the donor for this project."

SUPPORT ROTARY'S COMMITMENT TO CLEAN WATER, SANITATION, AND HYGIENE

CLAUDIA URBANO
ROTARY SERVICE AND ENGAGEMENT STAFF
POSTED ON MARCH 7, 2024 BY ROTARY SERVICE

One in four people lives without safe drinking water and almost half lack basic sanitation. This staggering reality impacts health, education, and overall well-being. United Nations Sustainable Development Goal (SDG) 6 on clean water and sanitation encourages us to address universal access to drinking water and sanitation along with improved water management to protect ecosystems and build resiliency.

Your club can help support communities with access to safe water, sanitation, and hygiene by 2030. Rotary International President-elect Stephanie Urchick, a member of the Rotary Club of McMurray, Pennsylvania, USA, saw the magic of Rotary when she was helping a community in the Dominican Republic access clean water. Two boys were watching as dirty water entered the water filter and then ran out clean at the other end. "One of the boys grabbed my sleeve and said, 'Show me the magic again,'" she said. Obviously, the water filter wasn't magic. The project team worked hard to build a strong working relationship with the community, understand their wishes and needs, procure and install appropriate filters, and work with leaders in the area to maintain them while helping the community build healthy habits to ensure the filters and filtered water remained clean. The boys knew that easier access to clean water would change their lives. This transformative power motivates our clubs worldwide: Clubs address water scarcity in South African schools



A toilet block at Khutliso Daniels Senior Secondary School (left) before the renovation and (right) after the renovation.



A partnership between Rotary clubs in South Africa and the United States tackles water scarcity, helping transform 11 schools in South Africa into better learning environments for more than 7,200 students.

Clean water and healthy habits in Thailand



Ban Noen Phayom School, a kindergarten near Hua Hin District, sources its water from rainwater and a nearby creek. Through a survey, the Rotary Club of Hua Hin found that the school's drinking water was not up to standards. They also observed that students did not wash their hands during important periods such as after going to the bathroom, before and after eating, and determined there were not enough hand washing points and reinforcements for the school children to improve their handwashing habits. The club helped the school install a new water pump system, as well as installed water filters and trained the teachers and staff in how to use and maintain them.

Safe water in Peru



The community of Santa Maria de Fatima, located along the banks of the Amazon River, is a frequent destination for eco-tourists visiting the Loreto region. There are approximately 80 families in the community whose only options for drinking water were either directly from the river or rainwater collection. Recognizing how the use of contaminated water affected not only their health and well-being but also the economic potential of the community as a tourist destination, community leaders reached out to Water Mission and the Rotary Club Iquitos Amazonas to pursue a safe water project. Thanks to a global grant awarded by the Rotary Foundation, the club installed a community-managed, solar-powered water treatment system. A local safe water committee was created to ensure the project's sustainability, as well as to manage its finances and operation.



Empowering Your Water, Sanitation, and Hygiene (WASH) Initiatives

Are you interested in starting or currently planning a WASH project? Explore these resources:

- Read [Rotary's Areas of Focus Guide](#) for project ideas and tips for success.
- Connect with the Rotary Action Group for [Menstrual Health and Hygiene](#) or [Water, Sanitation and Hygiene](#) for expert advice on planning and implementing WASH projects.
- Explore [learnings](#) and [resources](#) for WASH sustainability from the Rotary-USAID partnership.
- Check out the United Nation's [World Water Day](#) and [World Toilet Day](#) campaigns, which aim to provide information and inspiration to take action on hygiene issues.

How is your club focusing on water, sanitation, and hygiene? Post your completed projects on [Rotary Showcase](#) or share them in the comments section. Together, we can create a world where clean water, sanitation, and hygiene are fundamental rights.

Is the Risk worth the Reward?

By Rebekah Kiser

5470-District International Service Chairman

Because our Rotary District is innovative and inclusive, I have the honor of serving Rotary District 5470 as our International Service Committee Chairman (DISC) while living most of the year in Ethiopia. I help keep the poorest high school students in school giving them an equal chance with their peers to succeed in education and have hope for their future. I'm often asked if it is safe during our current civil conflict. My quick response, stemming from my belief, is "Safety is only an illusion".

Last week my husband, also a member of the Rotary Club of East Colorado Springs, and I gathered our courage to go out of the capital city to the rural area. We checked one final time at 6:30 am to verify that there had been no battles for the prior two nights and all was peaceful for the moment.

We traveled without incident and arrived at the village where we wanted to see, with our own eyes, that the students we support are truly fine and flourishing. (Thank you Rotary Club of East Colorado Springs, Rampart Range Rotary Club, Colorado Springs Rotary Club, and many Rotarians) We, maybe more importantly, wanted to show the students that they can depend on us for stability in such an unstable time. For most of them at least one parent, if not both, have already passed away leaving them alone to figure out how to manage all they need while planning for their own future. For most, we are their only rock.



We were greeted by the school staff and eighty girls with hugs, poems, and art full of relief that we were still their stability. After a day of love and discussion about their progress, we returned home before dark with almost no incident. Our next step is to complete the district 5470 grant we received to provide training to 955 rural students about how to live well and encourage them to follow the Rotary Four Way Test in all we think, say, and do.

Yes, the Reward is worth the Risk!

How about your story? We'd love to hear more! Please join our International Service Committee on our monthly Zoom call. We hold it every third Saturday for one hour beginning at 9:00am. MDT. If you don't receive an email from me, let me know. We hope to see you there!



COMMUNITY RESILIENCE: A SAFETY FOUNDATION

David Nuttle (npiinc2000@aol.com)

Tel. 1-918-868-7090 (cell)

Any community under threat of migrant crimes, illegal drugs, human trafficking, terrorist attacks, and/or harm from insurgent mobs, may reduce the threat levels and improve safety by creation of strong resilience.

For youth, resilience is created by quality education free of divisive programs such as CRT (critical race theory) and DEI (diversity, equity, & inclusion) as well as gender and pronoun issues. Skills and leadership training are important with job opportunities being created. Entrepreneurship instruction should be provided, so youth have the means to create new enterprises. Good health and mental health services must be sufficient for the needs. Sports, summer camps, competitions, and after-school activities, to include Scouts, 4-H, FFA, Adventure Clubs, Bible Schools as well as other programs should be available. Social organizations such as Rotary, Lions, Elks, Churches, and local businesses all need a focus on support for youth. Parent training classes should be provided, and youth require access to all types of social services plus counselling. By thus providing youth with support and a solid "foundation," most youth will reject use of illegal drugs and greatly shrink cartel markets for these drugs to include the killer-drug fentanyl.

In order for a community to improve resilience there needs to be community-wide efforts to: 1) Increase numbers of quality jobs and safe affordable housing; 2) Provide adequate potable water, healthful foods, affordable energy, medical/ health services, law enforcement, elder care, recreational opportunities, social/ religious groups, and reintegration programs for former inmates. Deficiencies in any one of these areas will reduce a community's resilience. Social chaos, as advanced by the CCP (Chinese Communist Party) and its agents-of-influence, demand communities protect resilience achieved by defending against such chaos. The current issues promoted to create such chaos are: infanticide, Trans/ LGBTQ promotion, men in women's sports, inflation, critical shortages, gun control, limiting free speech, disinformation, planned agitation on social media sites, defense of Hamas, defunding police, support of armed conflicts, and similar issues. I have witnessed CCP social chaos attacks on other nations and these attacks are effective and politically destructive.

Overall, resilience of all communities requires education and information programs to help members of any population better understand problems and trends leading to conflicts and erosion of community resilience. **It takes work to achieve security.**

"Biochar, a soil amendment to increase soil fertility and improve crop yields was first developed long ago by tribal groups in the Amazon Basin by their trench-method of pyrolysis of local timber and brush cut to clear new farmland. Today it is being promoted because of global reduction of crop yields because many years of farming has depleted natural plant nutrients & the cost of commercial crop fertilizers has become too expensive for most of the world's smallholder farmers, and many farmers as well. Green groups are also promoting biochar due to its ability to improve moisture retention. In soils and accomplish extensive carbon sequestration. To learn more on this subject, see U. S. Biochar Initiative's Biochar Learning Center and the Biochar Journal as well as the Intl. Biochar Institute (IBI) website. U. N. FAO (Food & Ag Organization) reports that not less than 440,000 smallholder farmers, in 92 nations are in urgent need of biochar soil additives. U. N. and World Bank reports indicate over 820 million people of the world's current population of eight billion are living on the brink-of-starvation. USAID (U. S. Agency for Intl. Development) confirms this crisis is due to global reduction of crop yields. Please help promote use of biochar as a soil additive."

CHINLE NEWS

SUBMITTED BY NANCY BO FLOOD AND DEBBIE WILDE



Thank you for your interest in the work that Rotary has been doing on the Navajo Nation with the nonprofit Chinle Planting Hope.

Here are two major efforts in the works:

1. **Rotary Global Grant!** If you are a member of Rotary, please give your club officers and board this heads-up for consideration. Many are working on their budgets now, so time is important. The grant will supply materials to complete a permanent structure that will house such components as learning centers and place for classes (much like our libraries), a reading area and library anchor for the bookmobile, café for nutrition and cooking classes as well as healthy snacks. With a successful global grant, which gets matching monies from Rotary Districts and The Rotary Foundation, we will assemble a Rotary work crew to do actual work on the center that is being called “The Imagination Station.”

- More info is available. Please let me know if you need more and if your club would like a call or presentation. Grant commitments are due by beginning of the Fall.

1. **Chinle Crew Coming to Glenwood Springs!** The Chinle leadership Team will be here the first weekend in May – Friday, May 3 and Saturday, May 4. The schedule is being put together. One of the activities will be a “load the trailer with furniture” drive so save your stuff that is in very good condition. More to come on the itinerary.

Send me any questions or ways you are wanting to help.

Watch for updates.

We continue to partner with our friends on the Nation not only because the need is so great, but because they have demonstrated remarkable stewardship and deep appreciation. They are excited to meet you all and to convey their thanks.



PP PENNY KELLY
 Rotary Club of
 East Colorado Springs



A PENNY FOR YOUR THOUGHTS

In researching the history of the Rotary 4 Way Test, I found that in 1932, Herbert J Taylor needed a miracle to keep his business from bankruptcy. His plan started with a desire to change the ethical climate of the company. He said the first job was to set policies for the company that would reflect the high ethics and morals God would want in any business. He felt, if the employees were to think right, they would do right. This was/is a simple, easily remembered guide to right conduct, kind of an ethical yardstick, which all can memorize and apply to what was /is thought, said, and done.

He searched many resources and found himself praying for divine guidance. As he asked, he grabbed a white paper card and wrote down the twenty-four words that changed the history of his company and was adopted for Rotary in 1940 when Taylor was the international director of Rotary. Nothing has ever changed with this powerful guideline throughout the world in Rotary.

- *IS IT THE TRUTH?**
- *IS IT FAIR TO ALL CONCERNED?**
- *WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?**
- *WILL IT BE BENEFICIAL TO ALL CONCERNED?**

My thoughts...isn't it easy to "know" the 4-way test, recite the 4-way test, and yet "forget" to apply the 4-way test in our dealings with others? Consistent application of this test will continue to set the excellence bar high for Rotary and limit self-promotion which can easily hinder our decisions as we serve the world.

What if we began to daily use these simple but life-altering 24 words and apply them to all we think, do, or say?

A little tip that has helped me remember the 4-way test is:
 Is it, is it, will it, will it? So easy to get tongue-tied when trying to recite and I have found this a great memory tool.



WATER PROJECT IN KENYA

BY CONNIE PYLE

Connie Pyle became interested in helping a Maasai village in Kenya when she visited on safari in the summer of 2022, during the drought. She stayed in touch with one of the village leaders, Richard. A retired teacher, she visited the village again a year later to volunteer at the community school. She also collaborated with Richard about the prospect of a solar-powered irrigation system as a long-term solution to the recurring drought situation. Connie began doing fundraising for this project in the U.S. At one point she heard about the Rotary Club, decided to join, and began working on a global grant with one of the other members who has experience in this area. She contacted a Rotary Club in Kenya, and they have graciously agreed to do what's needed in-country. Connie will volunteer at the village again this summer, and hopes to attend one of the Rotary Club meetings in Kenya.



Food Plant Solutions

From Karalyn Hingston & Una Hobday



The need for climate change resilient food production and resources that support this must be readily available to the global community.

This [brief video](#) explains the work of Food Plant Solutions Rotary Action; an organization that creates these tools and resources. Contact us to [learn more](#).

Best regards,
Una Hobday
Chair



Membership Options

- Rotaractors Membership \$A15 annually
- Individual Membership \$A30 annually (or \$A125 for 5 years)
- Individual Champion \$A100 annually (or \$A400 for 5 years)
- Club Membership \$A100 annually
- Club Champion \$A500 annually

<https://foodplantsolutions.org/get-involved-and-join-us/>

Food Plant Solutions
PO Box 690, DEVONPORT TAS 7310
AUSTRALIA

info@foodplantsolutions.org
Karalyn Hingston-Executive Officer



Rotarians Against Malaria-Global
Rotary Action Group

Kenya Malaria Tour 2024 News Blast

Rotarians Against Malaria-Global Hosts Kenya Tour to Assess Future Rotary Projects to Energize CHPs



This blast from Dan and Bryna Perlman shares many examples of how Rotarians Against Malaria-Global pivots and responds to the needs of Community Health Promoters (CHP's) in Kenya on the frontline in the battle to bring Malaria to zero.

An 18 person US delegation of Rotarians Against Malaria-Global Rotary Action Group (RAM-G) spent the past week in Western Kenya. The goal was to initiate interventions against malaria in partnership with Rotary International, District 9212. The group was led by Dr. Dan Perlman, Larry Granat and Bryna Perlman, all RAM-Global board members.



group of 62 Community Health Promoters (CHPs), and viewed a medical camp where malaria was being diagnosed and treated. The following 2 days they met with groups of CHPs in Vihiga and Busia Counties. These groups were all poorly equipped, poorly trained and lacked stipend support.

They visited the Rumbiye Health Facility, where the Rotary Club of Busia is working with Kenya's Ministry of Health CHPs. RAM-G had granted funds for a Community Empowerment and Health Pop-Up. The group donated to villagers, including mosquito nets, cooking oil, vegetable seeds, and other basic household items targeting vulnerable subsistence farming families. They also donated funds for indoor residual spraying to reduce Anopheles mosquito malaria vectors.

The Rumbiye Health Facility has registered a 53% malaria prevalence among children under one year according to the facility lead, Mrs. Truphena Kerubo. The facility serves remote villages with the highest malaria rate in Kenya. According to Mr. Joseph Okello Okoba, who represented the Ministry of Health, malaria prevalence is high above the national average because of huge rainfall, poor drainage, and climate warming in the Lake Victoria vicinity. The critical need is more CHPs with better training and equipment.



In the following days, the group met with CHPs in Hawinga and supplied new bicycles, rain gear, boots and backpacks to all 44 CHPs. The group also distributed free shoes, that adjust 3 sizes, to 80 vulnerable children at the Precious Tears Initiative. The next CHP group they interviewed was at the Rafiki Foundation in Rarieda. This group had previously received bicycles and other equipment through an Aspen Rotary club grant coordinated with RAM-G.



The week concluded at KEMRI (Kenya Medical Research Institute) in Kisumu where members of the delegation learned about research indicating that modified building codes can reduce malaria and reduce heat loads in homes as well. The group was briefed on changing mosquito entomology and how this impacts malaria rates.



Some takeaways from the tour is that CHPs require more rapid testing devices and treatment medications, as they serve as the primary village health providers. CHP's are generally not paid and their stipends are insufficient.

On the path to zero malaria there are numerous opportunities to improve CHP teams, to enhance early diagnosis and treatment of malaria at the community level. Many strategies, including vaccination, need expansion to facilitate the fight against malaria.

Board members from the delegation participated in an Annual Global Malaria conference sponsored by the Alliance for Malaria Prevention. This event focused on the latest issues concerning mosquito nets, followed by 2 days on "Digitalization," integrating data systems for the data points that CHP's collect, building directly on the RAM-Global model to capture more and better data faster.





ROTARY INTERNATIONAL
WWW.ROTARY.ORG

Dear Rotary leader,

As the Partnerships Manager for Rotary International's [service and project partnerships](#), I am pleased to share an opportunity for Rotary members (18+ year-old, US citizens) that comes to us through our service partner, [Peace Corps](#). Please feel free to share this opportunity to your members and community through your club's outreach platforms.

Announcement / Newsletter



Make a lasting impact in communities around the world without leaving home

Rotary and Rotaract members are eligible to serve in Peace Corps' Virtual Service Pilot. Participants donate 5-15 hours per week for 3 to 6 months to support organizations abroad with their community-level projects related to education, health, agriculture, youth development, and entrepreneurship. Apply your professional skills, language skills, and interest in both global friendships and cultural exchange to build capacity and sustainability through a short-term, virtual engagement.

[Learn more about Virtual Service opportunities and apply](#)

[Link: <https://www.peacecorps.gov/virtual-service/>]

Social Media Post

 A few hours of your time each week can make a lasting impact in communities worldwide. 

Rotary and Rotaract members are invited to serve through [Peace Corps](#) Virtual Service Pilot. Virtual engagements connect US citizens with communities abroad to complete health, economic development, education, and youth development projects. This is a great short-term, part-time opportunity to lend your skills for service, gain intercultural experience, and learn about a new culture without leaving home.

Explore the virtual opportunities and apply at the link in our bio.

[Virtual Service Pilot Engagements](#)

[Link: <https://www.peacecorps.gov/volunteer/virtual-service-pilot/engagements/?#results>]

Please let me know if you have any questions. Thank you for sharing this great opportunity!

Kindest regards,

Carrie Golden

Partnerships Manager

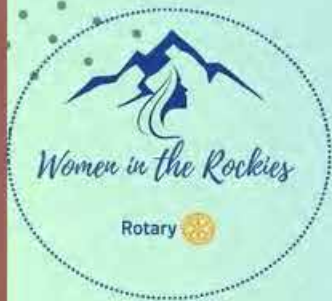
Programs and Grants | Service and Engagement

ONE ROTARY CENTER

1560 SHERMAN AVENUE

EVANSTON, ILLINOIS 60201-3698 USA

ROTARY.ORG



Women in the Rockies

Exploring and Expanding our Impact on Service

JULY 26-28, 2024

Westcliffe, CO

Registration \$200

Lodging

Lodging - Visit Custer County -
Westcliffe, CO and Silver Cliff, CO

Registration opens 3/1

Onsite camper hookups \$25/night



LORI MUELLER
Narrative Enneagram
Instructor and Life coach



DR. BRENDA SMALL
Author, Professor,
Educational Consultant



NICOLE SCHOOLSKY
Life Coach and
Resilience Coach



BARBARA VIDMAR
Leader in International Auto
Industry & Public Service

OUTCOMES...

- Network with like minded women to build your support community
- Discovering your own history of women in service
- Identifying your personal service strengths
- Finding/developing your voice in Rotary
- Identifying barriers to your influence and service
- Planning/preparing your influence on your club and community

WEEKEND ACTIVITIES....

- Welcome ...get to know your new friends
- Cocktails and Concert
- Four facilitated learning sessions
- SHOPPING! onsite with local artists selling their personal creations
- Paint and Sip evening class (optional)
- Dark Skies viewing through a high powered telescope
- Sit around the fire and share your visions for yourself, your club and your community
- Design a plan for enhancing your dream/vision/skills to support your club

USEFUL ROTARY RESOURCES ON GLOBAL GRANTS

Compiled by PDG Chehab Elawar, Rotary Club of Las Vegas WON
"Kindness is not an act, but a lifestyle."

How To Find Partners And Funds

<https://www.matchinggrants.org/>

Regional grant coordinators

<http://msgfocus.rotary.org/c/12kRRsDf7Me8F1nzWrvyKUCNvimO>

Cadre – Technical Advisers

<https://my.rotary.org/en/take-action/apply-grants/cadre-technical-advisers>

Give to the foundation Donate | Rotary International

<https://www.rotary.org/en/donate>

Charitable Remaining Trust

<https://rotary.planmygift.org/charitable-remainder-trusts>

Disaster fund application

<http://msgfocus.rotary.org/c/1pteO9SscGf8IbuIMYMvR3I7Wh>

Google sheet for global grant partners

https://docs.google.com/spreadsheets/d/1UP2yBWmNAHglSrZ6dO_dypaq5YVgJhACsjJ2Rewo49E/edit#gid=0

To join WhatsApp Global Grant Partners (only if you are serious about global grants)

<https://chat.whatsapp.com/Cwqvm79MleB59aI7WEHoQU>

Raise funds with Rotary

<https://raise.rotary.org/>

Rotary Showcase

https://map.rotary.org/en/project/pages/project_showcase.aspx

Rotary Public Relations

<https://my.rotary.org/en/learning-reference/learn-topic/public-relations>

Action Groups projects WhatsApp

<https://chat.whatsapp.com/J9MeDruh0IkBoaBo7Vo7p>

ROTARY FRIENDSHIP EXCHANGE

NEW FRIENDS AWAIT IN EVERY CORNER OF THE WORLD.

BENEFITS OF AN EXCHANGE:



rotary.org/en/our-programs/friendship-exchange

BENEFITS OF AN EXCHANGE

- Broaden international understanding
- Explore a profession or job in a different context
- Build enduring friendships
- Establish a foundation for peace and service
- Gain opportunities for active project involvement and support
- Learn about a region's people, food, languages, customs, and history
- Find partners for grants

From: <https://www.rotary.org/en/our-programs/friendship-exchange>



Friends + Exchange

Friendship Exchange is an international exchange program for Rotarians to exchange being hosts with each other. You can participate as a family, individual, or group whether you're a Rotary member or not.

Types of exchanges:

Vocational: Participate in help with fixing, repairing, building, medical, and various aspects of helping out.

Culture: Meet with the locals and leaders.

Fellowship: Enjoy music, food, dance, culture, etc

For more info:

<https://www.rotary.org/en/our-programs/friendship-exchange>

QUSQUAM SCHOOL

WRITTEN BY A PROSPECTIVE ROTARIAN SCHEDULED FOR INDUCTION
ROTARY CLUB OF ADDIS ABABA (RCAA)

Production of Bread and Injera to Feed Needy Students of Qusquam Taitu Bitul Primary School

Qusquam Taitu Bitul Primary School
and Rotary Club of Addis Ababa (RCAA)



Project Background

This project is located in Qusquam Tayitu Bitul Primary School, placed in the north of Addis Ababa, by the foot of Mount Entoto. Established in 1933, Qusquam has 1,530 student population learning in 1 – 8 grades and a preparatory school section for 5-year-olds, of which 60% are girls. The background assessment reveals that most of the students come from very poor families, who are mostly traditional cloth weavers, firewood collectors and sellers, and custodial workers. Hence, most of the students come to school without food and their attendance and proper follow up of their class are compromised. Some drop out from school and opt for begging, shoe shining or petty trading.

Cognizant of this fact, the school initiated a feeding program for 30 of the poorest of the poor school children in 2010 and for 35 students in 2011 with the support of the World Vision and World Learning. Since 2012, the RCAA together with Friends and Family of Rotary started feeding 75 selected needy students, which grew to 350 during 2014 – 2015.

Since October 2021, the City Government of Addis Ababa started school feeding program by providing breakfast and lunch (with a daily budget of ETB 23.00/capita) during school days to (i) enhance school enrolment and retention rates, (ii) reduce absenteeism, (iii) address food insecurity, and (iv) enhance dietary, hygiene and health practices.

Project Description

RCAA took the initiation to conduct a feasibility study, for which this Executive Summary is produced, to reinstate a sustainable bread and injera production project, which will help solicit funds with the aim of (i) baking and selling bread and injera, (ii) feeding 800 needy students during the non-school days (weekends, holidays and school breaks), and (iii) upgrading pertinent school facilities – library, IT lab, and sport facilities. It also envisions to improve students' enrolment and achievement rates by 2033 so that they become productive citizens.

Funds generated from the sales of bread and injera cover the feeding costs of target students for meals that are not covered by the government feeding program, including (i) breakfast and lunch during non-school days and (ii) dinner served every night. The school feeding committee will spearhead the feeding program to ensure quality and safe food procurement, storage, cooking and serving, and to avoid service overlap and confusion.

The installed capacity is 0.98 and 0.48 million of breads and injeras respectively, while the initial operational capacity will be 50% with an annual growth of 5%, reaching 95% by 2033 (project end). The direct beneficiaries include targeted student population (from the poorest of the poor family), feeding associations and project staff, and indirect beneficiaries are local community, government authorities, and the school.



Technical and Manpower Requirements

The bakery covers an area of 98 sqm, divided mainly between the bakery area (45.7 sqm), the storage area (34.9 sqm), the sitting areas (4.5 sqm) and the washing and changing rooms (12.2 sqm). It is equipped with basic triple deck (9-tray capacity) baking oven of 1655 X 770 X 1540 mm size (Model SL-9), dough proofing ferment cabinet of 13-tray capacity (Model: LinkRich FX-13A and size of 490x710x1850mm) and a 25 kg kneading capacity dough mixer (Model: LinkRich HS 50 with the dimension of 920x530x935mm). The project has also four injera making ovens, an electric cooking oven, baking trays (22), baskets (17), barrels, cups and pots, kneading table, and secretarial table and chairs. Additional requirements include buckets (10), barrel (15), beds (2) with mattresses, a digital scale, a PC, and injera making utensils.

The project has essential electric power and water supply networks including 3-phase electric and individual water meter. Additional requirement includes 3,000 litre water tanker and network upgrading.

The production process of bread and injera is based on a conventional basic baking process of mise-en-place, dough mixing and kneading, shaping and proofing, baking, cooling and packing for delivery. Required inputs materials include flours, yeast, bread improver, sugar, salt and ghee.

The project needs 15 employees – manager, sales clerk, baking chefs (2), injera makers (4), assistants (4) and cleaners (3).

Market Assessment

The marketing assessment of this project shows that there is high demand for bread and injera in the locality, calculated to be 28,000 per day in 2024 – comprising residents, businesses (small retail shops, restaurants, etc.) and large establishments (Saint Peter Hospital, ten public schools, etc.). This market size is expected to growth 5% annually.

Two major bakeries are supplying ten thousand breads and individuals bake 5,000 injera daily.

The prices of bread and injera in the locality are currently in the range of ETB 5.00 – 10.00 for bread and ETB 15.00 – 20.00 for injera. Considering the quality of raw materials, size of products and marketing strategies, the selling prices for bread and injera will be ETB 8.00 and 17.00 respectively.

Financial Analysis

The project has already spent ETB 2.6 million (\$ 46,200) to establish the bakery (building, equipment and furniture). It also requires operational capital (salary, feeding costs, input materials, etc.) and infrastructure upgrading (machineries, networks, etc.) expenses, calculated for the first three years (until the breakeven point) which are ETB 14.4 million (\$ 258,600) for 2024, ETB 16.37 million (\$ 294,200) for 2025, and ETB 20.83 million (\$ 374,300) for 2026. The revenue generated for the same period (2024 – 2026) will be ETB 8 million (\$ 144,100), ETB 16.1 million (\$ 288,600) and ETB 20 million (\$ 360,000). The gross revenue is expected to reach ETB 57 million (\$ 1 million) in 2033. The Project Economics has been computed based on 100% equity-based business model. The income statement shows the following results: i) Internal Rate of Return (IRR) = 22%; ii) Net Present Value = ETB 7,075,093.37 (\$ 127,121); and iii) Payback Period = 3.07 years (22nd January of 2027). The financial supports required to jump start this project are calculated as ETB 6.37 million (\$ 114,500) for 2024, while they are ETB 0.31 million (\$ 5,585) and ETB 0.79 million (\$ 14,234) for 2025 and 2026 respectively.

Project Governance

A project steering committee (PSC) composed of school management (1), teachers (2), parents (2), school feeding committee (1), cooking and feeding association (1) and RCAA (1) will spearhead the project. PSC is chaired by the school management with an office period of two years. It is responsible for (i) general guidance; (ii) meal menu setting; (iii) overseeing implementation of procurement plans; (iv) quality; (v) communications with public authorities, suppliers and others; (vi) adherence to all requirements; and (vii) project monitoring and evaluation (M&E).

The project is led by a middle-level manager, who is accountable to the PSC and responsible to the overall operational management (i.e. staffing, scheduling, customer satisfaction, supplies, bookkeeping and reporting).

The manager will keep records of raw materials, maintain production and feeding data, and comply to guidelines. The monitoring process will be done via observation, interviews and focus group discussions, focused on specific indicators (input variables, production level, financial status, source of ingredients, feeding calendar, meal variety and attendance).

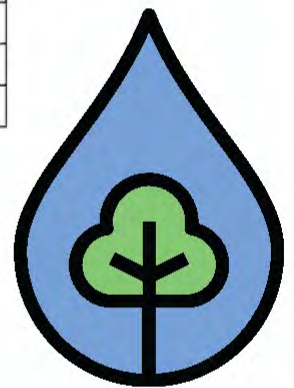
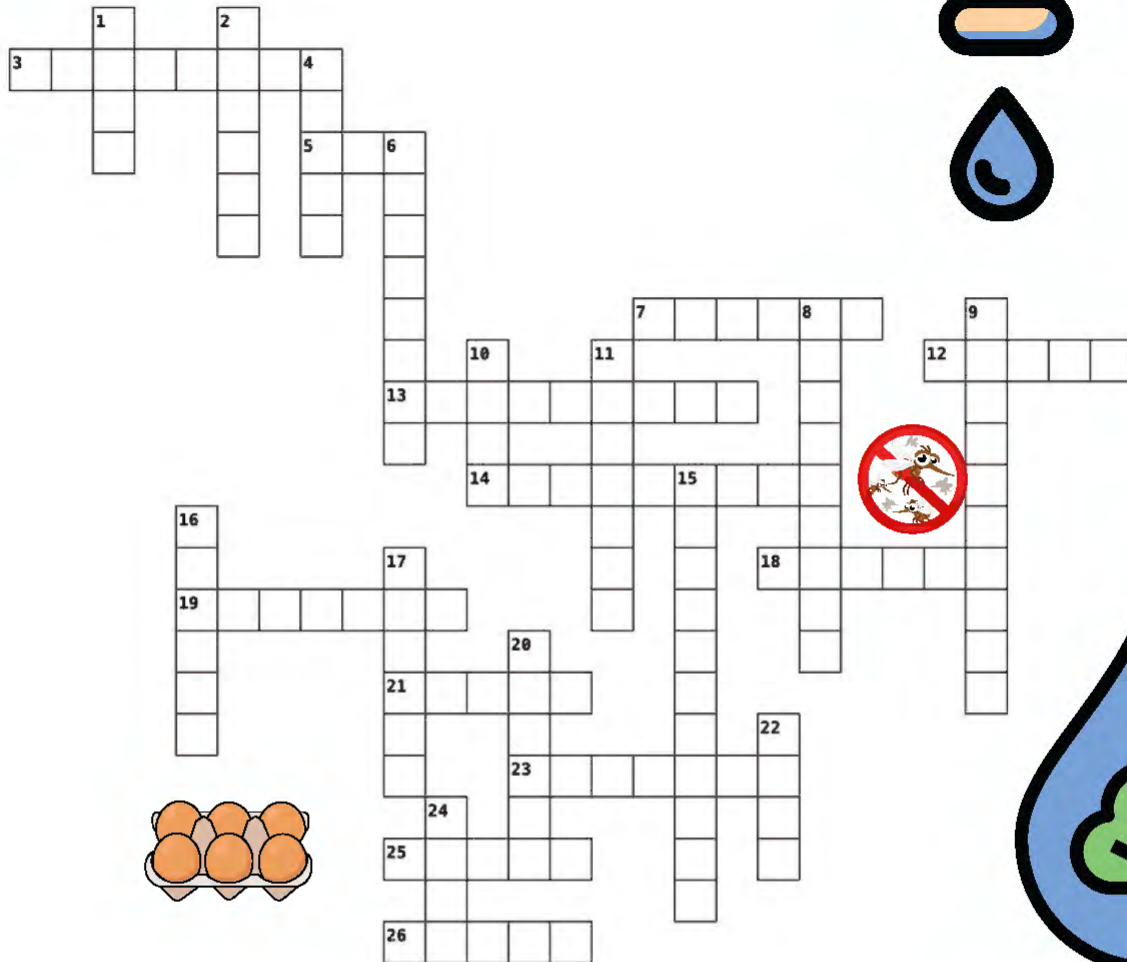




Rotary International District 5470

International Newsletter Crossword Puzzle

By Maryam Eaton



Down

1. District #5_70
2. C_____, Navajo Nation
4. Dr. Brenda _____, author and speaker at the 2024 Women in the Rockies
6. Guatemala _____ Project
8. Against Malaria-Global Rotary Action Group
9. Location in Colorado for 2024 Women in the Rockies
10. _470
11. Western Alliance of Kenya Against _____ (WAKAM) project
15. Will it build goodwill and better _____?
16. Barbara _____, 2024 Women in the Rockies speaker
17. _____ Education Project in Puerto Vallarta, MX aims to educate children from impoverished neighborhoods and prepare them for college.
20. Z_____, Africa
22. ___Sund
24. Is it _____ to all concerned?

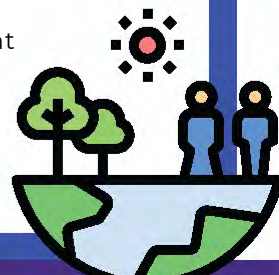
Across

3. Penny for your _____
5. Will it be beneficial to _____ concerned?
7. In the Risk worth the _____?
12. 54_0
13. C_____, Mexico
14. Ethiopian families provide eggs and tradition to their children on this holiday
18. _____ village in Kenya
19. Traditional Ethiopian egg dish
21. water, sanitation, and hygiene
23. A soil amendment to increase soil fertility
25. Project in Kenya to combat malaria in Zambia.
26. Is it the _____?

Print this page or goto digital version/website to fill in the blanks here (click here).

All • Biochar • Chihuahua • China • Clean • DuroWot • EldalFitR • Fair • Five • Four • Friends • Greg • Literacy • Maasai • Malaria • Reward • Rotarians • Seven • Small • Thoughts • Truth • Vidmar • Volcan • WAKAM • Westcliffe • Zambia

WORD BANK ANSWERS





What the Rotary District 5470 International Service Committee does:

- Encourages us to expand our definition of community
- Educates and nurtures Rotarians and clubs working in the Seven Areas of Focus
- Connects clubs
- Builds relationships
- Educates, assists and may help finance clubs' international project development and fulfillment efforts

It also inspires Rotarians, like you, who chose to visit international projects and see first-hand how to Imagine Rotary.

Who do I email for an international project article submission for the International Service Newsletter? What do I need to Include?

Share your club's international projects and interests with District International Service Chairman, Rebekah Kiser.

We want to know what YOUR club is doing.

1. Club Name and website
2. Name of who wrote the article
3. Name of your project
4. Your Article in PDF/Word format (PDF preferred)
5. Photos/images (Person who took photos if possible). Photos within the article are good or attached to the email.
6. Video website address/URLs if you want to include those.
7. Email: beckykiser28@gmail.com with subject: Newsletter

Next Due Date: **June 10, 2024**