



ROTARY DISTRICT 5470

International Service News

D-5470 International Service Newsletter #40

May 2023

What the Rotary District 5470 International Service Committee does:

- Educates and nurtures Rotarians and clubs working in the Seven areas of Focus.
- Connects clubs
- Builds relationships
- Educates, assists, and may help finance clubs' international project development and fulfilment efforts.

It also inspires Rotarians, like you, who chose to visit international projects and see first-hand how to *Imagine Rotary*.

In this newsletter, we'll continue to show more of our many global grants as well as upcoming projects.

Share your club's international projects and interest with District International Service Chairman, [Rebekah Kiser](#). We want to know what YOUR club is doing.



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The Importance of ROTARY ACTION GROUPS

By Peter Jeschofnig, Glenwood Springs Sunset RC

Rotary Action Groups are independent, Rotary-affiliated groups made up of people from around the world who are experts in a particular field, such as economic development, peace, addiction prevention, the environment, or water.

Action groups offer their technical expertise and support to help clubs plan and implement projects to increase our impact, one of Rotary's strategic priorities. This support includes helping clubs find partners, funding, and other resources. Action groups can also help clubs and districts prepare grant applications, conduct community assessments, and develop plans to monitor and evaluate their projects.

Anyone who wants to share their expertise to make a positive difference can join an action group. Only Rotarians, Rotaractors, and Rotary Peace Fellows can serve in leadership roles.

Rotary Action Groups can help your club:

- Get expert advice on planning and implementing service projects, including those funded by Rotary Foundation district and global grants.
- Connect with potential project partners, both within and outside of Rotary
- Get help fundraising and obtaining resources for projects

Join a Rotary Action Group to share your expertise and make a difference in projects outside your club or district. Check the next page for a list of Action Groups and links.



ROTARY ACTION GROUPS By Area of Focus

By Peter Jeschofnig, Glenwood Springs Sunset RC

Promoting peace

[Domestic Violence Prevention](https://www.ragfamsafe.org/) <https://www.ragfamsafe.org/>

[Peace](https://rotaryactiongroupforpeace.org/) <https://rotaryactiongroupforpeace.org/>

[Refugees](https://www.ragforrefugees.org/) <https://www.ragforrefugees.org/>

[Slavery Prevention](https://ragas.online/) <https://ragas.online/>

Fighting disease

[Addiction Prevention](https://www.rag-ap.org/en) <https://www.rag-ap.org/en>

[Alzheimer's/Dementia](https://adrag.org/ords/f?p=BLOG3000:HOME) <https://adrag.org/ords/f?p=BLOG3000:HOME>

[Blindness Prevention](http://www.rag4bp.org/) <http://www.rag4bp.org/>

[Blood Donation](https://ourblooddrive.org/) <https://ourblooddrive.org/>

[Diabetes](https://rag-diabetes.org/) <https://rag-diabetes.org/>

[Family Health/AIDS Prevention](https://www.rfha.org/) <https://www.rfha.org/>

[Health Education and Wellness](https://www.hewrag.org/) <https://www.hewrag.org/>

[Hearing](https://www.ifrahl.org/) <https://www.ifrahl.org/>

[Hepatitis Eradication](https://ragforhepatitiseradication.com/) <https://ragforhepatitiseradication.com/>

[Malaria](https://www.ram-global.org/) <https://www.ram-global.org/>

[Mental Health Initiatives](https://ragonmentalhealth.org/) <https://ragonmentalhealth.org/>

[Multiple Sclerosis](http://rotary-ragmsa.org/) <http://rotary-ragmsa.org/>

[Polio Survivors](https://rotarypoliosurvivors.org/) <https://rotarypoliosurvivors.org/>



Providing clean water and sanitation

[Menstrual Health and Hygiene](https://www.ragmhh.org/) <https://www.ragmhh.org/>

[Water, Sanitation and Hygiene](https://wash-rag.org/) <https://wash-rag.org/>

Saving mothers and children

[Clubfoot](https://rag4clubfoot.org/) <https://rag4clubfoot.org/>

[Reproductive Maternal and Child Health](https://rotaryrmch.org/) <https://rotaryrmch.org/>

Supporting education

[Basic Education and Literacy](https://belrag.org/) <https://belrag.org/>

Growing local economies

[Community Economic Development](https://www.ragced.org/) <https://www.ragced.org/>

[Disaster Assistance](https://dna-rag.com/) <https://dna-rag.com/>

Farm Stew

Submitted by Sarah Bishop

and

Joy Kauffman (Rotary Club of the North Fork Valley)



FARM STEW, is a training movement that is designed to improve the health and well-being of poor families and vulnerable people by sharing a powerful recipe for abundant life throughout the world. So far this year, Joy Kauffman, MPH, the founder, and a Rotarian with the North Fork Rotary Club in Paonia, has been in 4 African countries and is heading to two more next month.

FARM STEW trainers conduct hands-on classes, teaching the 8 “ingredients” in a “recipe” for a healthy lifestyle. It’s an acronym standing for organic sustainable Farming, positive Attitude, Rest, whole-foods plant-based Meals, Sanitation and hygiene, Temperance, small business Enterprise, and clean Water. The 400+ page curriculum is taught in 13 countries and has been taught to over 264,000 participants (72% women) in a full-day class.

FARM STEW’s trainers motivate behavioral changes by sharing practical skills so that, without creating dependency, people can help themselves. Our experience repeatedly indicates that these “ingredients” are the solution to prevent hunger, disease, and poverty.

Additionally, gifts are used to promote the [5 Freedom Priorities](#) that invest in people and material resources that facilitate these goals. As a result, abundant life is the outcome, achieved through your generosity, one child, one family, and one community at a time!

You can see, hear, and share what we teach here: <https://www.farmstew.org/e-learning>

Joy Kauffman, MPH, is the Founder and Executive Director of FARM STEW International, a recipe for abundant life. She is passionate about equipping families to address the root causes of hunger, disease, and poverty. In the past 7 years, over 260,000 participants have been trained by the over 60 full-time African Staff in the FARM STEW principles in 13 different countries and in refugee camps in Africa and now launching in the Philippines, Cuba, Bolivia and Brazil.

Joy graduated Magna Cum Laude from both Johns Hopkins University with a Masters in Public Health and Virginia Tech in Nutrition. Early in her career Joy volunteered as a community health worker living in a favela in Brazil, she also worked for various non-profits in the US and then served for 6 years at the U.S. Department of Health and Human Services in Washington DC. Later she began learning about true health and human service 24/7 style as a mom, which inspires her work to equip and empower mothers around the world to care for their children so they can thrive. Joy is a wife of 24 years, the mother of two teenage girls, and "grandma" to two orange cats.

Joy Kauffman, MPH
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FARM STEW International
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**COMMUNITY HEALTH WORKERS (CHW) teams in SIAYA (Kenya) distributed
521 mosquito nets on World Malaria Day, April 25, 2023!**

Submitted by Dr Daniel Perlman MD, MBA



Siaya CHW team with new vests about to distribute 521 mosquito nets on world malaria day!

The ROTARY CLUB of ASPEN funded the first \$10,000 grant for this project after local CHW teams met with Dr. Dan Pearlman and his wife Bryna. In March the teams met at the rural Hawinga health clinic and determined how and where the mosquito nets would be best used to fill gaps in malaria prevention.

The Perlman's have been busy sharing their African fact finding experiences with several clubs in District 5470. Even more information will be available for anyone interested in joining the efforts of Rotarians Against Malaria (RAM) upon the Pearlman's return from the International RI Convention in Australia. They will attend a RAM meeting prior to the convention.

Short Story Rotary Youth Exchange Student

Kate Keleher from Carbondale, CO and currently studying in Romania

RYE Stories Submitted by Megan Webber
Outbound Coordinator
Mountain and Plains Rotary District 5470

Here are a couple pictures of her skiing with her host family in Dobriach, Austria



When flying to Frankfurt, leaving my small Rocky Mountain town behind in Colorado, that was the moment of realization my life was about to change completely, unaware of what the future held for me in Romania.

Landing in Romania, I walked through the sliding doors to the other side of the airport to find a blue poster saying, “Welcome Kate!” with an American and Romanian flag held by my host mom and sister.

My life quickly changed, as I learned about Romanian culture, traditional foods, the way of communication, and how to politely greet people. After living in Romania for only 3 and ½ months, I learned so much about myself. I learned how to be more independent than I would have been back home in Colorado.

During my time here, I’ve realized how much I have needed to step back and take a look at everything from a different perspective. I’ve grown a lot as a person, and I’m aware of so much more.

When I first stepped off the plane, I felt completely scared of not knowing what would happen with my exchange — in other words, I felt like I was being thrown into the lion’s den. With that, the exchange is not all happy and amazing moments. Rotary Youth Exchange also shows self-reflection and realization about a lot.

Rotary exchange is a year of changing your way of looking at everything: yourself, the way you treat others, and the world around you. I haven’t finished my exchange year, and already I’ve learned lifelong lessons and experienced so much about different beautiful cultures.

Short Story Rotary Youth Exchange Student

Kate Keleher (continued)

I've taught myself so much and learned from mistakes. Before I left Colorado, past RYE students would tell me how life-changing this experience is. I never really understood this until I was actually in it, experienced it, and I found how much you grow and learn as a person in less than a year.

I have been living in Romania for over 7 months now. I've had the opportunity to see many new places and meet so many people. I have explored new cities like Brasov, Cluj Napoca, Bucharest, and Constanta in Romania. One of the highlights of my exchange so far has to be meeting the other exchange students living in Romania.

The exchange students are from Mexico, Brazil, Argentina and the United States. I have made unforgettable memories with them that I will carry with me for a very long time. Not only have we had many laughs together, but we've supported each other through good and bad times.

I went to Dobriach, Austria in February with my host family for an unforgettable ski trip, and I am now exploring my host country of Romania for over two weeks with the 12 other RYE students. Then, at the end of my exchange program, I will go on a "Euro Tour," traveling to 11 different countries with the RYE students from Romania and many European countries.

The Rotary Youth Exchange program has made me enjoy life even more, and given me a different perspective for the way I look at everything. I realize how lucky I am to experience this once-in-a-lifetime opportunity that I will carry with me for the rest of my life. Rotary Youth Exchange is truly one of the scariest, most breathtaking, daring, educational and rewarding experiences that I have had as a 16-year-old. If you are considering a youth exchange program, jump into the deep end and do it — you won't regret it



Short Story Rotary Youth Exchange Student

Liam Intemann from Telluride, Colorado, USA

to Santa Teresita, Buenos Aires, Argentina 2022-23

A picture of Liam surfing



At around 7 in the morning, my host dad woke me up with a huge smile on his face. "Get

up, we are going surfing!"

Half asleep, I looked towards the window to see that it was raining. Although I had only

surfing a couple of times before, I couldn't turn down this adventure. After grabbing a banana

and a bottle of water, we headed out the door. I assumed I would be surfing with my host dad,

but to my surprise, he told me I would be with his good friend.

As we drove to the beach, my host dad's friend explained that we had to hurry because

the ocean was experiencing a swell, and we had a limited window to surf. He was speaking in

Spanish, and at the time, I had no idea what a "swell" meant, but it became clear once we

arrived. The waves were massive and looked like clouds crashing into the water.

We waxed our boards, put on our leashes, and stretched before heading into the water.

The first few steps were freezing, but I quickly got used to it since I was already soaked from the rain. Paddling out, we encountered our first wave, and I was amazed by the beauty of the water as it rippled in the wind. I pushed my board under the wave, and I made it through to the other side.

As we waited for the next wave, I couldn't help but feel grateful for this experience. Even though it was still early in the morning and raining, I was surfing on my exchange. I was excited and determined to catch a wave. However, I soon realized how dangerous the ocean can be. I got too close to a break and was caught by a massive wave that flipped me upside down and threw me into the darkness.

Short Story Rotary Youth Exchange Student

Liam Intemann

(continued)

Underwater, I braced myself and hoped for the best. When I surfaced, I was in a valley between two waves that looked like rolling hills. I took a deep breath and ducked under again as the next wave passed overhead. After many more waves, I finally managed to break through and relax for a moment.

But then, I saw a great wave and couldn't resist paddling towards it. I picked up speed and snapped up onto my feet, riding the wave all the way until it crashed behind me. It was the biggest wave of my life, and I was filled with happiness and excitement.

As I walked back to the beach, I couldn't help but laugh when I realized I had forgotten about my surfing partner. He was still surfing his own wave, and it was a humbling experience to realize that we were both just a small part of the massive ocean.

This experience taught me that just like how there are hard parts to get through when surfing, there are challenges during a cultural exchange. While an exchange can be an amazing experience, it's not always easy. It takes effort, patience, and an open mind to truly appreciate and learn from a different culture. But just like catching that big wave, it's worth the effort and hard work in the end.

Short Story Rotary Youth Exchange Student

Philip Brooks from Telluride, CO to Austria 2022-23



No matter the country, city, family, or school one might get placed with, embarking on a foreign exchange is sure to be a once-in-a-lifetime experience. In addition to reaching fluent levels of speaking in a new language, exchange students get a taste of a different life that is only found through attending a local school and living with a local family. As a lifelong skier coming out of the small ski town of Telluride, Colorado, I was beyond thrilled to find out I had been placed in Salzburg, Austria, a beautiful city located in the heart of the Austrian Alps, surrounded by some of the best skiing in Europe. It has always been a dream of mine to experience the Alps, and now thanks to exchange, that dream has come true in the best way possible.

During my 7 months of exchange so far, I have had the privilege of skiing at Ski Amade, which is the largest ski area in Austria, with over 800 kilometers of ski slopes and 270 ski lifts. In addition to the breathtaking views incomparable with any other mountain range I have ever seen, I have been amazed at the sheer amount of talent packed into this tiny country, and have had the honor of skiing alongside world-famous skiers and snowboarders such as Matej Svancer and Anna Gasser nearly every weekend this winter. The ski-related opportunities in the Salzburg region are made even more incredible due to the fact that RedBull is based in Salzburg and holds many of its events in the region. My personal favorite event I have witnessed this year is known as RedBull Playstreets, in which the best skiers in the world come to compete in a unique freestyle course built through the streets of the beautiful village of Bad Gastein. It was truly an unreal experience to watch and meet many of my ski idols, surrounded by others who share a passion for the sport.

Short Story Rotary Youth Exchange Student

Philip Brooks (continued)

Of course, skiing has not been the only facet of life in a culturally rich country such as Austria. I have also had the opportunity to attend music festivals and concerts

in Salzburg, the birthplace of Mozart. As a pianist of 12 years, I have a great appreciation for music, and Salzburg is, aside from Vienna, the most important city in

the world when it comes to classical music. It has been extraordinary to attend concerts

featuring some of the best musicians in the world, including the Turkish pianist Fazil

Say, the Mozarteum Orchestra, and many others. Something that truly surprised me

coming to this city was how good many of the unknown street musicians playing for tips

are. Just like with skiing, I am once again amazed at the staggering amount of talent present in this place. Music is a large part of the culture in this city, but there are many other pieces of Austrian culture I've had the privilege of learning.



Living with a local family in Salzburg has allowed me to immerse myself in Austrian culture and learn the German language with only a few months of online language learning to prepare me. While the dive into full immersion is challenging at first, there is no quicker way to learn a language than to speak and hear that language only. While I am not quite fluent yet, I can confidently converse with locals in the region, despite the differences between their Austrian dialect and Standard German, which could be comparable to British vs. American English. In addition to the change of language, nearly every function of life is at least slightly different in this new country, from the mannerisms of meeting new people to the way you open a window. For me, each difference has allowed for a greater awareness of the benefits and drawbacks of lifestyles both in Austria and in the USA.

Living with a local family in Salzburg has been a unique and rewarding experience. I have been able to experience firsthand the Austrian way of life, and my host family has been incredibly welcoming and accommodating. It amazes me how kind and generous so many people are, and I am so thankful that my host family has gone to such lengths to ensure that my experience is the best it can be.

In conclusion, studying abroad in Salzburg, Austria has been an unforgettable experience that has allowed me to pursue my passion for skiing and immerse myself in Austrian culture.

The opportunity to attend high school, learn German and live with a local family has enriched my experience and made it all the more rewarding. I am forever thankful to my foreign exchange organization, Rotary Youth Exchange, for making this dream possible for me and I cannot wait to see future exchange students embark on their own life-changing experiences.



Karuhinda WASH Project in Uganda

Bathrooms for Girls, Boys and So Much More

Submitted by PDG Becky Smith

Happy Day!

Rotary is featuring our global grant in Uganda on their Rotary Service Blog. Please take a moment to review and celebrate! Please share the link.

<https://rotaryserviceblog.org/2023/05/18/an-innovative-global-grant-unites-clubs-over-the-needs-of-girls-sanitation/>

This is so cool,

B
Yours in service and support,
PDG Becky Smith



An innovative global grant unites clubs over the needs of girls' sanitation

By Becky Smith, member of Pine River Valley Centennial Rotary Club, Bayfield, Colorado, USA

Written and published by **Service in Action Blog Rotary USA**

Posted on May 18, 2023 by rotary service

My name is Becky Smith and I am a Past District Governor in Rotary District 5470, which is located in Colorado, USA. During my term as district governor, I shared a vision with the district's Board of Directors that would involve all our clubs in one global grant project. I wanted to do something that would bring us out of the shadows of the pandemic and unite all the clubs in one focused effort. Our district had never had all our clubs participate in one grant, so success was not assured.

I passionately made a bold request to each club in the district to contribute to a possible global grant project that would align with one of RI President Shekhar Mehta's priorities, Empowering Girls. Once we received consensus from our clubs, we began securing financing. Fundraising for the district-wide project was part of my regular club visits. I shared with the members my absolute amazement that even today a [young woman's education and future could be hindered or stopped because of her own naturally beautiful bodily functions](#). I asked each club to donate US\$500 to a global grant that would provide private bathrooms, clean water, and hygiene education to girls in Africa. The fundraising goal for club contributions was set at US\$25,000.00.

The response from clubs was overwhelming: our 57 clubs contributed a total of US\$27,000.00. Several clubs did not have the finances to donate the full \$500 because they were still recovering from the impact of the pandemic. In true Rotary fashion, many other clubs offered to help those who could not make the full requested donation. Concurrently, the District's Board of Directors authorized the allocation of US\$25,000.00 from our District Designated Funds for a possible global grant project.

Our behind-the-scenes tracking process was quite simple. The District Operations Manager kept track of all donations. She and I met online weekly to review the most recent donations. A thank you message was sent to each club for their support. After our fundraising goal was met, we commenced an active search for a possible grant that would cover the objectives in our vision and address community priorities aligned with supporting girls.



Past District Governor Becky Smith invites Pueblo West Rotary Club in Colorado (USA) to join in funding a global grant to empower girls in Africa.



Students from San Giovanni School in Kabale (Uganda)

A search committee was formed in the spring of 2022 consisting of Past District Governor David Wood (now our District Foundation Chair), District International Service Chair Rebekah Kiser, and myself. After several failed attempts to establish a working relationship with other clubs in Africa, we were able to connect with John Bosco Agaba and the Rotary Club of Kabale in Uganda. His club had proposed a WASH project that was looking for funding assistance. It would build gender-specific bathrooms, provide water catchment systems for sustainable water, and teach hygiene education to all students. After numerous email exchanges and several Zoom meetings with John, our steering committee agreed that the Karuhinda WASH project would be a good partnership for District 5470 and the Rotary Club of Kabale. As a result, Rotary District 5470 became the International Sponsor and the Rotary Club of Kabale the Host Club for a global grant.

Our grant proposal is currently under review and expected to be approved soon. We are eager to begin implementing the project later this year. We report our progress in our monthly district and international newsletters. We've also taken this opportunity to explain the vigorous process a club goes through to get a global grant. Our progress reports include data, photographs, and stories from the community. It is important to keep focused on the humanity of the project, as well as the numbers.

To expand supporting girls in partnership with the Rotary Club of Kabale, we will partner with our "Empowering Girls" task force to raise funds to supply girls with reusable monthly sanitary supplies. Two of our Interact clubs want to be the foundational support of this effort. There is also a group of students in Colorado Springs who want to develop direct communication with students in Kabale. We are thrilled the students want to learn from one another and are figuring out how to facilitate their communication. So, you see, our entire district is unified in our support of this global grant. We may not make the headline news in the media, but our true goal is to support the future of generations of children in Uganda. As a side benefit, we are building Rotary pride in our district and expanding our desire to do more on the international level. I couldn't be more proud of my fellow District 5470 members and participants.

A Penny for your Thoughts

PP Penny Kelly
Rotary Club of East Colorado Springs



I'M OFFENDED..... many are waiting and looking for ways/things/people to offend them

Interesting to observe. One thing that has helped me is a simple phrase, "I don't do offended". When I first heard that I pondered it and decided to make it part of my life. I started saying it over and over to myself. First, with little annoyances and then my tolerance grew to letting go of bigger things. Reminding myself, "I don't do offended".

I have found the statement to be fun and freeing, makes me smile and lightens life's load.

So maybe this little nugget could lighten your load as we navigate this life with people, lots of people throughout the world.

"I don't do offended" by the way, I'm not perfect at this yet, so don't try TO offend me. You never know, I might be offended (:>))



Monthly International Global Grants Project Fair via Zoom Submitted by Peter Jeschofnig

Every third Tuesday of the month at 7pm Colorado time, PDG Chehab Elawar of the RC of San Bernardino Sunset, D-5330, conducts a Global Grants Project Fair via Zoom. In these monthly meetings participants from all over the world share project ideas, learn better ways to share their projects, learn of better ways to find partners, and often find a project partner during the Fair.

<https://us06web.zoom.us/j/2113420592?pwd=ODAyendVL3dCcV6S1MvRnhZeG5qZz09>

For additional info, contact PDG Chehab Elawar; shabdg201415@gmail.com

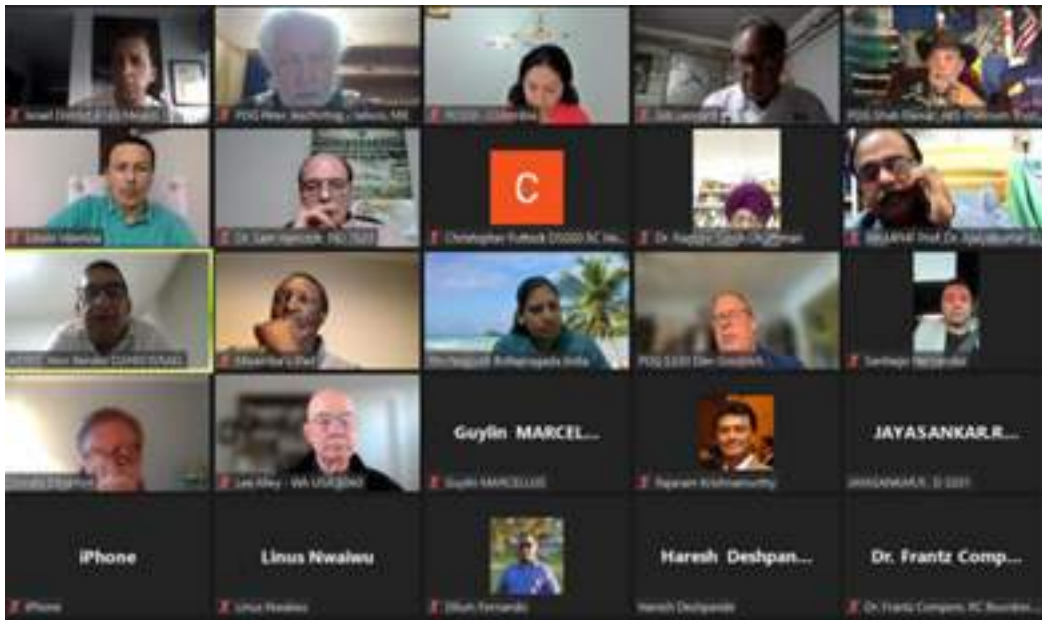
**INTERNATIONAL
LIVE GLOBAL GRANT PROJECT FAIR**

HOSTED BY

 PDG Shab Elawar	 PDG Deepak Gupta	 Antonio Carlos	 Dr. Sam Hancock	 PDG Mykola Stebiansko	 PP Steve Bender
 PP Kishan Goenka	 PDG Dan Goodrich	 Chris Puttoc	 Alon Bendet	 Dr. Bricia Elawar	 RTN Rossi Bert

**BRING YOUR PROJECTS AND GET CONNECT
IN REAL TIME**

Zoom Meeting ID: **2113420592** Password: **249809** **MAY 16, 2023**
06:00 pm Pacific time (USA/CANADA)





Entertainment:
Talibah Begay
(Navajo Singer &
Family Advocate)



Community Booths,
Artisan Vendors,
Carnival Games &
Silent Auction



CPH is proud to partner with:
Chinle Fire Department,
Chinle Police Department,
Chinle Service Unit Mobile Health Unit,
& Chinle Chapter Government



Saturday, June 10, 2023
10 am to 2 pm

Chinle Planting Hope Open House Celebration

Come celebrate the CPH Community
Center progress and plans for the
upcoming year and beyond!



Come visit the programs of Chinle Planting Hope
Hope Thrift Store, R.E.A.D. in Beauty Bookmobile &
Read at Home, Garden of Dreams, Chinle Bike Shop,
Diné Designs, Elderly Relief & Navajo Solar Lights,
Community Volunteer Team, Imagination Station



Each CPH program will have a hands-on activity,
giveaway, and info about upcoming events

Chinle Planting Hope

Build Community | Live with Hope | Walk in Beauty



PO Box 4119, Chinle, AZ 86503
chinleplantinghope@gmail.com
(908) 283-2769 office
(908) 313-8528 mobile



Practicing creative community development on the Navajo Nation

www.chinleplantinghope.com
facebook.com/ChinlePlantingHope

This is a drug and alcohol-free event.
CPH is not responsible for lost, stolen,
or damaged property



Guest Speakers:
Miss Navajo Nation
Valentina Clitso
and
Chinle Chapter
President
Dr Rosanna
Jumbo-Fitch



Food Vendors:
Val's Frybread,
Yeego Coffee,
and more...



Thank you to our
Event Sponsors!





This wrap is being put on June 5th before the event!! Custom artwork by Jonathon Nelson

One child + can read + books = a future

What a win-win concept. Read at Home and Chinle Planting Hope are doing it – these two "grass-roots non-profits" are working together with several Rotary Clubs in Colorado as we share the goal to support life-long literacy and community development.

Come join us as a volunteer or simply enjoy the celebration: Chinle Planting Hope / Read at Home Open House

Saturday June 10th is the official Open House Celebration of all the above plus more. Local authors and illustrators will be signing books. Music and food for all! Browse the treasures at the Thrift Store. Sit and imagine the Community Garden that will be growing - providing "green" and cool. Choose a book to take home, a copy of Highlights, and take your chance to win prizes plus bid at a Silent Auction.

Now: Reserve a room at the Holiday Inn, Canyon de Chelly : 928-674-5000 The National Monument Park campground nearby is also a good option.

For more information and also let us know if you plan to come or would like more information: contact Nancy Bo Flood wflood@hotmail.com or Debbie Wilde at debbiewilde@debbiewilde.com

<https://gsrotary.org/Stories/come-join-us-as-a-volunteer>

Global Grant Opportunity to Support Women Empowerment in Roatan, Honduras Via Jodi Fischer, Adelante Foundation, Honduras & USA Submitted by Peter Jeschofnig, GWS Sunset RC & Michelle Lefebvre, GWS RC

Honduras continues to be the poorest Central American country. More than 66% of the population live in poverty and one in five Hondurans live in “extreme poverty”. Women are one of the nation’s most vulnerable groups; due to their lack of access to capital and training, they struggle to survive and ensure basic necessities for their families. Challenges for impoverished people on the island of Roatan have been compounded by Covid and despite the recovering tourism industry, there are still thousands of women and their families living in poverty.

Rotary Club of Roatan is serving as the Host Club and working in conjunction with International Club, Denver Cherry Creek and Cooperating Organization, Adelante Foundation, to advance a microfinance project that will provide local women living in poverty with micro loans and training so that they may start and grow enterprises to enable economic self-sufficiency, improve resilience to external shocks, bridge the gender gap, and help break inter generational cycles of poverty. This global grant already has \$7k of pledged club and district designated funds (DDF). They are seeking additional pledges of support in order to meet minimum requirements for matched Rotary Foundation funds, with the goal of \$50k which will be used towards microfinance loan pool.



A photo of a Well-Being Officer and a client who makes desserts and baked goods,

Global Grant Opportunity to Support Women Empowerment in Roatan, Honduras Via Jodi Fischer, Adelante Foundation, Honduras & USA

Submitted by Peter Jeschofnig, GWS Sunset RC & Michelle Lefebvre, GWS RC
(continued)

Both clubs and Adelante have a history of successful execution of global grant funds. Rotarians from the Denver club have done several projects in Roatan already and over 50% of members have been to Honduras at least once. Cooperating organization, Adelante Foundation, was selected due to its past performance and success serving 4,000 – 8,000 women annually in Honduras for the last 20+ years. They have also achieved an average 97% repayment rate and employ qualified local Well-Being Officers to support education and training of entrepreneurs as well. Adelante charges a very nominal interest, unlike other financial institutions in Honduras that practice more predatory lending methods. Adelante Foundation has implemented Rotary funds in the past on an entirely different project and had former board members who currently participate in Rotary activities.



A woman proudly sharing her wares at her pulperia store.

The microfinance services will be sustained beyond the project scope indefinitely. With an anticipated high loan repayment rate and marginal interest collected, loan pool funds will be replenished and redistributed to more deserving women seeking to start and grow enterprises. After two microloan distribution cycles that serve a minimum of 250 women, the rotary clubs will enable Adelante to manage funds to continue to serve more impoverished women in Roatan and potentially to other Bay Islands.

If the project is fully funded, Rotarians will have the chance to do site visits in Roatan to see how entrepreneurial activities are going for women participating in the program. To learn more about this project and to commit club or DDF please visit <https://www.matchinggrants.org/global/project3153.html>. To learn more about the Cooperating Organization, Adelante Foundation, please visit www.AdelanteFoundation.org.

Bummer, two new cases of Polio. Good news, the Gates Foundation has agreed to continue their support of Polio eradication. Please watch the video. If possible, play it at your club meeting. –Ken Robinson

<https://www.youtube.com/watch?v=mdpzl6PtZys&authuser=0>

Dear Polio Eradication Warriors,

Two new Wild Polio cases reported this week. We are now 1 week since the most recent reported Wild Polio Case - on 5/12/23 in Afghanistan.

What is that Polio Picture? Registration for the District 5500 - Tucson, AZ based November 18, 2023 **Ride to End Polio** is now open. See details for the ride and for the early registration discount here <https://polioride.org/>



Colorado Rockies END POLIO NOW Game! The Colorado Rockies will be playing the S.F. Giants on Sunday afternoon, September 17, 2023 at Coors Field in Denver. The Rotary District 5450 Polio Committee has arranged for tickets to be available at the reduced price of \$28 and \$5 per ticket sold will be donated to the PolioPlus effort. Buy your tickets now at www.rockies.com/rotary.

Attending the Rotary Convention in Melbourne? Melbourne has beautiful parks, gardens, and walking trails — so join us Friday, 26 May, for a leisurely 2.5-kilometer (1.5-mile) [End Polio Now Walk](#). We'll go from Federation Square in the city centre along the magnificent St Kilda Road and past many of the city's finest landmarks to the Rotary Melbourne Peace Park in the beautiful Royal Botanic Gardens Victoria. At the park, take time to find plaques commemorating Rotary leaders over the years, including Paul Harris.

You are also invited to the PolioPlus breakout session "Delivering on the Dream of a Polio-free World," scheduled for May 31, from 9:00-10:00 AM. Come to this session, moderated by International PolioPlus Committee Chair Michael McGovern, to hear a global update on the status of polio eradication efforts from WHO Polio Eradication Director Aidan O'Leary and remarks from Past RI President John Germ, RI Director Jessie Harman, and Rotary Foundation Trustee and National PolioPlus Committee Chair in Pakistan Aziz Memon.

Rotary's Win Against Polio will be a Win For Global Health!

2023 Circulating Vaccine Derived Polio Case Total - 74, Benin - 2, Central African Republic - 7, Chad - 6, Cote d'Ivoire - 1, DR Congo - 34, Indonesia - 3, Israel - 1, Madagascar - 9, Mozambique - 3, Nigeria - 6, Somalia - 2.

2022 Circulating Vaccine Derived Polio Case Total - 909 Afghanistan - 43, Algeria - 3, Benin - 11 (3 in 2021), Burundi - 1, Cameroon - 3 (3 in 2021), Central African Republic - 5, Chad - 44 (0 in 2021), DR Congo - 507 (28 in 2021), Republic of Congo - 1, Eritrea - 1, Ethiopia - 1, Ghana - 3, Indonesia - 1, Israel - 1, Madagascar - 14 (13 in 2021), Malawi - 4, Mali - 2, Mozambique - 22 (2 in 2021), Niger - 15 (18 in 2021), Nigeria - 48 (415 in 2021), Pakistan - 8, Somalia - 5 (1 in 2021), Sudan - 1, Togo - 2, United States - 1, Yemen - 162 (69 in 2021) .

New Polio Cases & Samples reported this week - Afghanistan - 2 WPV1 Cases + 4 Samples, Algeria - 3 cVDPV2 Samples, Central African Republic - 2 cVDPV2 Cases, DR Congo - 1 cVDPV1 (2022) Case, Madagascar - 2 cVDPV1 Samples, Nigeria - 2 cVDPV2 Cases + 1 cVDPV2 Sample, Pakistan - 1 WPV1 Sample.

Quote of the Day - "Almost everything will work again if you unplug it for a few minutes, including you." Anne Lamott, Writer

2023 Wild Polio Cases - 1**The Final Two Polio Endemic Countries:Pakistan** No new Wild Polio cases reported this week. **One Wild Polio case reported in 2023.** Twenty Wild Polio cases reported in 2022. The most recent case had an onset of paralysis on 2/20/23. **Two WPV1 Samples and no cVDPV2 Positive Environmental Samples were reported this week in Pakistan.** **Afghanistan** Two new Wild Polio cases reported this week. **Two Wild Polio cases reported in 2023.** Two Wild Polio Cases reported in 2022. The most recent case had an onset of paralysis on 5/12/23. No **WPV1 Samples and no cVDPV2 Positive Environmental Samples were reported this week in Afghanistan.**

From the International Committee
Colorado Springs Rotary Club
JON KAUFMAN

WATER PURIFICATION PLANTS AND PAULOWNIA PLANTATIONS

Global Water First (GWF) intends to create 80-year tree plantations adjacent to our new water purification facilities whenever possible. The development of robust water provisions for drinking water for human consumption also presents an opportunity to provide ample supply of raw, untreated water for the initial stages of Paulownia trees. People and Planet solutions can also bring Profit to the stakeholders. It all starts with water...

About the water purification plants:

Solar powered water purification plants from GWF can produce between 20,000 and 50,000 liters per day of water that exceeds the quality standards of the WHO and the US EPA. Membrane technology avoids the use of chemical treatment. Removal of bacteria and virus is preferable to simply killing the toxic particulates and allowing them to be consumed as potential carcinogens.

The source water can be from a lake, river, municipal source or a borehole/well.

The purified water can be placed in bottles, such as 20L family bottles or personal 650ml glass bottles. We require that all containers be fully reusable for at least 100 fills.

The finished water can also be piped under constant pressure to buildings or units for hospitals, condominium and business facilities or small neighborhoods. In these cases, as well as large tank storage, chlorination will be necessary to avoid recontamination.



Water purified by the above equipment made by Innovative Water Technologies in Rocky Ford, Colorado provides for a level of quality exceeding the standards held by the WHO and the US EPA. This membrane-based technology removes toxic particulates like viruses, bacteria and cysts, with membrane pore size of 0.02 microns. In the case of dissolved solids like too much mineralization, or heavy metals like arsenic or fluoride, we use a special configuration called the ComboSpring, above center, which uses both UltraFiltration (UF) membranes and Reverse Osmosis (RO) membranes, providing the operator with dynamic control based on that day's Total Dissolved Solids count. The addition of RO membranes with 0.005 micron-sized pores allows for a blended final product with exact amount of mineralization to assure the healthiest water. **Summary:**

A solar-powered, 20,000L per day **water purification plant with an adjacent 80-year Paulownia plantation** has a CapEx starting cost of \$125,000. The landowner/farmer/enterprise operator forms a revenue share partnership with GWF (and its investors). The investment can be an equity investment with GWF using a SAFE agreement, or a Program Related Investment (PRI) which allows for return of all capital plus interest for recycled charitable investment every 3-5 years. All dividends, loan repayments or other forms of capital return are tethered to water sales revenue.

For more information email jkaufman@GlobalWaterFirst.com

Regeneration of Soils to Promote Growth of Agriculture and Economies

Soil is a critical part of our ecosystem. It filters water, recycles essential nutrients to feed forests and crops, regulates the Earth's temperature and manages important greenhouse gases. A handful of healthy soil contains **billions of microorganisms** critical to fulfilling its role in our ecosystem. This diverse composition of microbes includes fungi, bacteria and even microalgae. When soil is at its best microalgae can be as much as 20% of this microbial biomass. But the inappropriate use of chemical fertilizers has disturbed this delicate balance and disrupted the natural cycle that preserves our planet.

TrueAlgae works with farmers to reestablish that natural cycle. The product, [TrueSolum®](#), is an organic and proprietary [metabolite](#)-rich liquid that is produced from the cultivation of microalgae. These metabolites stimulate the natural microbial activity in the soil helping to release, assimilate, solubilize and make key nutrients valuable to the crop. Third party research and our grower partners have verified many benefits including:

- ✦ Enriched nutrient and water uptake
- ✦ Enhanced plant and root growth
- ✦ Increased microbial growth associated with healthier crops
- ✦ Increased environmental stress tolerance

Improved yield

For more information about True Solum, go to www.truesolem.com



Summary:

What is needed most in thousands of rural communities to assure opportunities that can lift families out of generational poverty, while solving essential challenges of thirst and starvation? We've addressed that we must "**start with water**". Solve the issue of water for a village, and you open up the possibilities for improvement in health security, community development and prosperity. Next, with the extra raw water source now available for purification, the community can create a **vibrant agricultural** economy. We recommend plantations of the fastest growing tree in the world, the Paulownia Elongata. Non-invasive and part of a permaculture strategy, the Paulownia grows to maturity in ten years and provides amazing, warp-free hardwood lumber worth over \$800 per tree. The stump, which has been carefully trained in Year One, regenerates after each harvest without need for replanting. And it will do so 7 more times, creating an 80-year

business that includes shade grown row crops under the canopy... valuable crops like coffee, cacao, beans and corn. All of this *agriculture is supercharged with True Solum*, a breakthrough liquid from microalgae that is added in small quantities to irrigation water. Higher yields, enriched nutrient and increased microbial growth make it possible for better crops with higher profits at the local markets.

When installed as part of an enterprise, often run by women, the expected total Gross Revenue is over \$300,000 annually, with a revenue split of 2/3 for the village to use for essential social services, and 1/3 to GWF and its charitable investors.

A STRATEGY TO PROMOTE REGENERATIVE AGRICULTURE AND SELF-RELIANT COMMUNITIES

Global Water First intends to leverage our activities in certain regions where water, food and economic opportunity are lacking. *We start with water, always.* We identify communities that can best advance

through the provision of adequate raw water sources. Our hydrology team performs electromagnetic resistance tests to inform our drillers when groundwater bore holes are required. Often, rivers, lakes and municipal water are available to our purification facilities.

Next, through a due diligence process involving community and market assessments, we partner with the integrated organization on the ground to form an enterprise to **bring the water to market**, in family sized reusable bottles or pipe and truck delivered bulk operations. Often, the CapEx is provided as investment

with a revenue share agreement that return capital plus interest within 3 to 5 years. The resulting **Safe Water Enterprise (SWE)** follows a business plan that enables gross revenue of over \$300,000 per year with two thirds being retained by the community SWE for OpEx and the essential social services of the community. The balance of one third of the gross revenue goes to GWF and its investors.

In most regions, the most essential social service needs are to provide opportunity for community development and regular income. Where possible, we want to plant **Paulownia Tree plantations**. These 80-year plantations require ample water to establish trees that grow 40 feet in ten years and regenerate 7 more times after each ten year harvest. The hardwood lumber from just one acre of 120 trees is valued at over \$100,000. During their growth, CO2 is sequestered at a rate of 90 metric tons each year. The provision of the water from the raw water source serves the Year One needs for the thirsty seedlings which each require 20 liters per week.

True Solum modular production units added to the GWF water purification facilities will produce 100,000 liters of soil amendment for sale to farmers throughout the region and the immediate Paulownias to stimulate the microbial availability in the soil. This enables additional crop development of coffee, cacao, corn and beans under the canopies, and well as additional fruit and nut tree production.

Robust water development for drinking and for agriculture... Paulownia trees for lumber production and CO2 sequestration for 80 years... Additional permaculture advantages with True Solum soil regeneration strategies.

All of this is possible with investments as low as \$125,000 per site.

We have identified 7 projects for immediate investment and development, some with initial work already underway:

Kenya

Mungai Homestead has a recently completed deep borehole that is producing 9000 liters of water per hour. We intend to buildout the water purification facility, elevated tanks for raw water distribution and a 3-acre Paulownia plantation adjacent for lumber production, additional crops for regular food harvests. **Investment needed: \$125,000.**

A new medical center in Fellbaum, West Kenya has been construction, but requires interior finishing and the creation of a complete water purification facility for providing safe water within the entire 60-bed facility along with establishment of an SWE for funding the operations of this community hospital serving over 50,000 with a focus on Malaria treatment **Investment needed: \$190,000**

Continued... for more information, contact Jon Kaufman directly jkaufman@globalwaterfirst.com

Looking for Empowering Girls & Women Stories!

Hello Fellow District 5470 Clubs! What local or international project(s) (current or previous), community effort(s), or collaboration(s) are you doing that has you empowering girls and/or women?

Your project(s) may not have started out to, specifically, empower girls, and yet the project has/is doing just that.

I'll do the leg-work, all you need to do is call me at (970) 384-0027 or email me at michelle@coachwithmichelle.com and tell me your (club's) story.

Thank you for your help!

Warmly,
Michelle Lefebvre
District 5470 Empowering Girls Ambassador



The Empowering Girls Initiative

Through the Empowering Girls Initiative, Rotary members worldwide can enhance girls' safety, health, education, and well-

Why empower girls?

- It makes families healthier.
- Educated girls have better-educated children and earn higher wages, helping get their families out of poverty.
- Women participating in the labor market at the same rate as men would add up to **\$28 trillion** to the annual global gross domestic product in 2025, shares the World Economic Forum.
- Every girl should be in charge of her own future. We have an obligation to protect girls' rights and promote their well-being.

USEFUL ROTARY RESOURCES ON GLOBAL GRANTS

Compiled by PDG Chehab Elawar , Rotary Club of Las Vegas WON

“Kindness is not an act, but a lifestyle.”



District Resources Network Sites (all RI sites in links by subject)https://drive.google.com/file/d/16FiI97DW_a8LZdkitndtLZJrLlf_G5ZK/view?usp=drivesdk

- How To Find Partners And Funds <https://www.matchinggrants.org/>
- Regional grant coordinators <http://msgfocus.rotary.org/c/12kRRsDf7Me8F1nzWrvyKUCNvimO>
- Cadre – Technical Advisers <https://my.rotary.org/en/take-action/apply-grants/cadre-technical-advisers>
- Give to the foundation [Donate | Rotary International](#)
- Charitable Remaining Trust <https://rotary.planmygift.org/charitable-remainder-trusts>
- Disaster fund application <http://msgfocus.rotary.org/c/1pteO9SscGf8IbulMYMvR3I7Wh>
- Google sheet for global grant partners https://docs.google.com/spreadsheets/d/1UP2yBWmNAHglSrzdO_dydaq5YVgJhACsjJ2Rwo49E/edit#gid=0
- To join WhatsApp Global Grant Partners (only if you are serious about global grants) <https://chat.whatsapp.com/Cwqvm79MleB59aI7WEHoQU>
- Raise fund with Rotary <https://raise.rotary.org/>
- Rotary Show case https://map.rotary.org/en/project/pages/project_showcase.aspx
- <https://my.rotary.org/en/learning-reference/learn-topic/public-relations>
- Action Groups projects WhatsApp <https://chat.whatsapp.com/J9MeDruh0IkBoaBo7Vo7pW>

Global Grants Projects Involving Our Clubs

Many of our clubs are the International Partners of Global Grants (GG) Projects around the world.

Our clubs also contribute to projects conducted by other districts.

Whether your club is the international partner in a project or is simply contributing to a project, remember that D-5470 is usually prepared to match your club's contributions from District Designated Funds (DDF).

To request D-5470 DDF, you need to complete a simple request form and send it to the D-5470 Global Grants Chair, **Melanie Phelps** <melaniephe@aol.com>

Contact Us

Do you want to have your International Service project displayed in a future newsletter? Send the story and a few photos to bkiser@aol.com or pjeschofnig@gmail.com



Projects Around the World

Global Grants Basics:

- Large, long-term projects
 - Sustainable, measurable outcomes
 - Alignment with Areas of Focus
 - Real community needs (via needs assessment)
 - International partnerships (frequent communication)
 - Implementation plan
 - Proper Stewardship of funds
 - Involve Rotary clubs in two districts
- Minimum budget of US \$30,000

For detailed instructions on Global Grants applications, check out David Smith's **GUIDE TO GLOBAL GRANTS:**

<http://www.rotary5470.org/SitePage/global-grants>

If you would like to be the international partner of a Global Grant or simply contribute to an existing D-5470 Global Grant, contact the Global Grants Committee chair Melanie Phelps melaniephe@aol.com