

ROTARY DISTRICT 5470

International Service News

D-5470 International Service Newsletter #12

September 2018



The Rotary District 5470 International Service Committee educates and nurtures Rotarians and clubs working in the six Areas of Focus.

- ◊ It connects clubs
- ◊ It builds relationships
- ◊ It educates, assists, and may help finance clubs' international project development and fulfillment efforts.

It also inspires Rotarians like you who chose to visit international projects and see first-hand how *Rotary is Serving Humanity*.

In the previous newsletter we primarily provided information about global grants involving clubs in our district. In this newsletter, we'll show some more of our many global grants as well as upcoming projects

Share your club's international projects and interest with District International Service Chair [Peter Jeschofnig](#) who will share with District clubs.

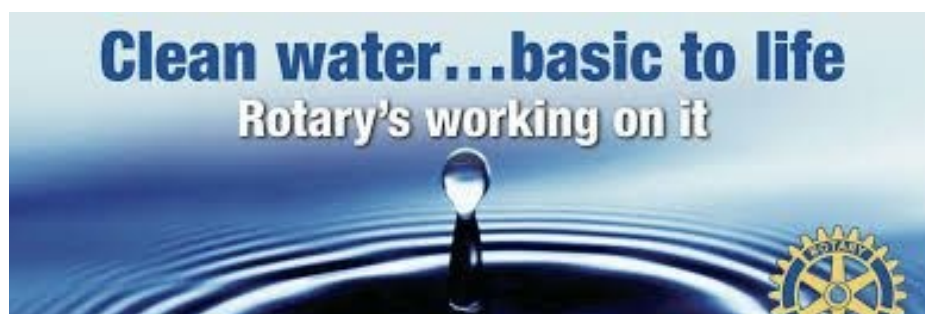


Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has.

— Margaret Mead

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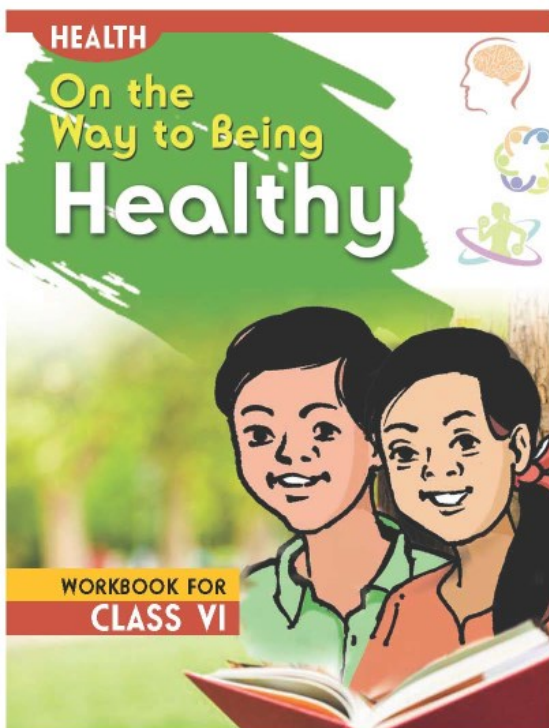


Health Education for School Children in India.

by Rahul Mehra, Ph.D. - Cañon City RC

About two years ago, I received a District Grant to develop a curriculum for Health Education for school children in India, write schoolbooks and Teacher's Manuals for Grade 6 & 7 and get them printed. It may seem strange that inspite of the high disease burden in India, there is no comprehensive Health Education curriculum for school children in India and there are no books devoted to Health Education. Our long-term vision is that Health be a compulsory subject in every school and at every grade level so that children can develop healthy habits and skills. This will allow each child to lead a productive life and reduce the prevalence of diseases and injuries. Of course, any change in Policy takes time. I am happy to report that we have almost completed the first step and the books are being printed. It took me two years to write the four books. The front cover of the four books and the list of chapters are shown below.

Now, the next phase of the project is to translate the four books into Hindi and get them printed. I have received bids for this work and will be applying for a District Grant for this milestone. Please let me know if any clubs would be interested in participating. The Grant for writing, illustrating, editing and printing the four books in English was funded by the Rotary Club of Canon City, Vail, Pueblo West and Buena Vista. I sincerely thank them for their contributions.



Following the translations of these books, we plan to conduct a 1-2 year evaluation of the curriculum in 1000 students of Grade 6 & 7 from 20 schools in Chandigarh. The primary outcome to be evaluated will be health habits of the children. We will then write the student books and teachers manuals on Health education for remaining grade levels. Armed with this information and books, we hope to make Health Education mandatory in every school in Chandigarh. We then plan to scale up to different states in India.

For additional information, contact Dr. Rahul Mehra at:
rahulmehra35@gmail.com

Emergency Medicine in the Democratic Republic of Congo: The Dream and the Necessity

By Dr. Margaret Loewen, Lamar RC

Greetings! I am an Emergency Medicine physician in Lamar, Colorado. My Rotary Club in Lamar was one of the organizations that financially supported the pilot project for Emergency Medicine Training in the Democratic Republic of Congo (DRC) in 2016. The video "Congo Emergency" that you just saw is a brief documentary of that project. Ken Kobre produced the film and shared it with us for publicity about this project around the world.

Dr. Samuel Mampunza, as Vice-President of Université Protestante au Congo (UPC), has initiated planning for Emergency Medicine Training for his entire country. The dream is to bring emergency medicine skills, training and integration of emergency medicine practice into the healthcare system of the DRC. The necessity is based on a reality that is shocking. Congo is one of the poorest countries in the world with a population of 80 million, ranked 168 out of 169 on the Human Development Index. In addition, it is at the bottom of two major indices: maternal mortality is 545 per 100,000 births and infant mortality is 9.2%. Life expectancy in the DRC is 48 years.

This project will integrate emergency medicine training into both the undergraduate and postgraduate medical curricula of the UPC using educational resources developed by the African Federation of Emergency Medicine and the World Health Organization. Dr. Mampunza has obtained the support of the DRC's Ministry of Health in the development of its National Emergency Humanitarian Program, in particular the Disaster Preparedness and Response Strategy for the District of Kinshasa which has a population of 11 million.



Dr. Muller Mundenga, featured in the video we saw, Emergency Medicine Specialist for HEAL Africa who lives in eastern Congo, is working with the Lamar Rotary Club to write a Global Grant to fund the next phase of the project to be implemented in 2020.

As a result of the political instability and safety concerns for foreigners travelling into the DRC, The Rotary Foundation has designated the DRC as a "no travel country" related to Global Grants. However, given the previous work of Dr. Vera Sistenich with HandUp Congo and her affiliation with the African Federation of Emergency Medicine, the work in Congo will continue **without** foreign specialists traveling into the DRC.

The Kingabwa Club of Kinshasa has already agreed to be the in-country sponsoring Rotary Club. The Global Grant we

are writing will have a total budget of no more than \$100,000. We are going to start small, gain experience with this next phase of the project, we will learn through doing, and find a way to help Dr. Mampunza make his dream of preventing unnecessary deaths in Congo, through the development of Emergency Medicine Training, a reality.

Emergency Medicine in the Democratic Republic of Congo: The Dream and the Necessity (continued) By Dr. Margaret Loewen, Lamar RC



Motorcycle ambulance in DR of Congo

(Conclusion was provided by Dr. Margaret Loewen after the presentation by Dr. Samuel Mampunza, Vice-President Universite Protestante au Congo at The Rotary Zone Institute 2018 for Zones 21B-27 In Boise, Idaho, September 7, 2018)

How can you help? We need clubs to support this project. Please contact me if you are interested in learning more about the project. We are in the process of writing the Global Grant now and need clubs to commit support before we submit the application to TRF. We are appealing for funding from your clubs to be designated for the 2019-2020 program year. My email address: mjloewen@hotmail.com.

You can help us make a difference by saving lives in the Democratic Republic of Congo.

Women's Menstrual Health - Tibet

Submitted by Eddie Cheung & Dr. Vanessa Dayton

Based on feedback from Tibetan Village Project's 2017 Medical Team, TVP worked about a year to find volunteers and resources to organize 2018 Medical Mission to Tibet that focused on supporting women's menstrual health by distributing 100 self-care kit along with conducting survey of 100 women in five different locations.

TVP had four volunteers traveling from Colorado to Tibet and these volunteers including Dr. Vanessa Dayton, Justin Dituri, Dituri and Hyeawon Chae. In addition, TVP had three local coordinators and translators: Lhamo Tso, Khando and Nyima Lhamo. Lhamo Tso expressed interest of leading this women's health project and has done a small pilot project in her hometown before joining TVP's 2018 Medical Team.



Project Activities: 1. Durango Colorado Days for Girls Team 100 Kits 2. Students Shoulder to



Shoulder took them to Chengdu 3. Durango Daybreak Rotary Club donated \$1,500 4. Durango Noon Rotary Club donated \$1,000 5. TVP stored at Lhasa Restaurant and Namlha's home 6. Judy Dituri made a sample Self-Care Kit bag 7. T.Lhamo Studio made 125 bags in Chengdu 8. A local shop printed Dromo Logo on the bags 9. Tamdin made 10 T-shirts for volunteers 10. Sijia has purchased 400 underwears 11. Lhamo Tso and Sijia have pur-

chased additional kit contents 12. Medical team packaged Self-Care Kit in Chengdu 13. Vanessa wrote the Health Booklet in English 14. Yonten made initial translation of the book 15. Lhamo Tso hired Lhakpa to review and edit the booklet 16. Gyonpo Kyi, PhD teacher made final editing 17. Tamdin worked with a local shop to print the booklet

Women's Menstrual Health - Tibet (continued)

Submitted by Eddie Cheung & Dr. Vanessa Dayton

What we learned: Despite the efforts being made by TVP and other NGOs to extend health care and health education in Tibet, most rural Tibetans, particularly women, still face enormous challenges: (1) there is very limited access to health education; (2) the quality of available sanitation products is poor; and (3) most women can not afford to pay for higher-quality care products that are available in urban areas. Most health facilities are concentrated at the county or higher level, but most of the Tibetan population lives in rural areas. Thus, there is high incidence of serious diseases. Women especially face this due to hygiene-related illnesses at the township and village levels.



ShelterBox & Rotary Providing Emergency Shelter in Indonesia

Pam Pine: D-5470 ShelterBox Representative

One month ago, the Indonesian island of Lombok was violently struck by the first in a series of deadly quakes. Almost 1,000 aftershocks have occurred, causing more death and destruction, as the community tries to heal and rebuild. These multiple deadly quakes have taken the lives of 515 people and have left hundreds of thousands of people displaced on the island. With aid in the region, ShelterBox has been able to move quickly, working with Rotary in Lombok and the local government to make sure we can get aid to families in desperate need. Our volunteer ShelterBox Response Team Members and Rotarians, Liz Odell (UK) and Brian Glenn (US), are working with Rotary International teams to deliver aid into the hands of the families who need it most.



The single Rotary Club on Lombok has worked tirelessly since the first quake and their continuous assistance has made our response possible. ShelterBox has been working with the local Rotarians, District 3410 and District 3420 to transport emergency aid from storage in Jakarta to Lombok for distribution to the most vulnerable families.



Update from Pam Pine: We are currently active in Indonesia and Kenya, as well as several other deployments to ongoing crisis locations. I did a 2 hour presentation to RYLA in June at the CMC campus where the kids learned about the ShelterBox program and then they got to work as a team to put up the full tent. I am headed to the UK ShelterBox international headquarters in Truro/Helston Cornwall this coming month and I will take pictures and write up an article for the next issue.

Jourdan McGinn - D-5470 Global Grant Scholar

MSc in Public Health - London School of Hygiene and Tropical Medicine

Jourdan McGinn, our district's Global Grant Scholar from 2015-17 has completed her studies with highest honors at the London School of Hygiene and Tropical Medicine. Please read her letter to her sponsoring clubs about her experience.



It is with great pleasure that I share with you my final report for my scholarship experience and Global Grant. I've attached it here, and also submitted it on the online portal.

As I wrote this report, I was overwhelmed with gratitude for the opportunity Rotary has given me to pursue my Masters degree--something I that would not have been possible without the support of Rotary--and more importantly for each of you who made this experience a reality and supported with a level of generosity, care, and commitment that is unparalleled.

I feel so fortunate to be sponsored by the Colorado

Springs and Broadmoor Clubs and to have been hosted by the Newport Pagnell Club. Each of you and the members of your clubs welcomed me with open arms, inspired me with your commitment to doing good in this world, and affirmed my passion for service.

In the time since I completed my Masters and my Global Grant scholarship experience, I have secured a job with Partners in Health (PIH), a world leader in providing healthcare to the poorest and most marginalized in the hardest hit corners of the globe.

At PIH, I am the Director of Policy & Partnerships in Sierra Leone and am helping to lead our strategic priority of radically reducing maternal mortality. Sierra Leone has the highest maternal death rate of anywhere in the world – a woman has a 1 in 17 chance of dying in childbirth – a risk higher than in Syria, Afghanistan or even in the heart of Congo where there have been decades of conflict and war. I work with the national government, World Health Organization (WHO), United Nations, and other partners within Sierra Leone to help inform how to reduce maternal deaths and shape our own strategy within PIH on what we can do to better save the lives of women and children.

What Rotary has enabled me to do after my scholarship experience furthers Rotary Foundation's commitment to saving the lives of women and children. In my role at PIH, I work everyday to expand access to quality care, so mothers and children everywhere can have the same opportunities for a healthy future. While Rotary is no longer funding this work, it was made possible by their investment in me as a scholar and demonstrates the multiplicative and catalytic return on investment of the Global Grant program.

I have no doubt we will continue to be in touch, and extend my gratitude to each of you and the members of your respective clubs for making my dream of pursuing a masters possible. As we say in Sierra Leone, tenki plenti.

How Rotary Youth Exchange (RYE) Impacted Me

Kayla Carter, Denmark D-1470, 2017-18

During the clueless months leading up to my departure to Denmark, I knew only one thing for sure about the country I was to spend nearly a year in.

It was as follows: danish = delicious pastry.

That fact was just fine to satisfy my personal need to be confident about my knowledge of Denmark, but the minute I stepped onto Danish territory, the safety I felt knowing that fact can best be described as thinking a cardboard box could protect me from a hurricane.

Now, I know that if I ever publicly refer to pastries as “danishes” while on Danish soil, I can expect to receive confused stares and maybe a laugh or two. Just to spare any of you the horror of making such an embarrassing mistake – maybe two or fifty times – the correct word to be used is “*wienerbrød*”. It’s alright if you can’t pronounce it. No one who was raised speaking Danish will expect foreigners to pronounce any Danish words correctly. It’s a widely known fact between all Danes – a fact that I grew very accustomed to hearing.

So I began the grueling process of learning a language and culture through immersion. A language that everyone said would be difficult and would make me use muscles in my mouth that I had never used before. I often reflect fondly upon one of many moments that I was practicing Danish with my host mother, where, after an hour of unsuccessful attempts to practice pronouncing a new vowel, I stuck my tongue outside of mouth and pretended to throw up while saying a particularly tricky word. My host mother became suddenly excited and shouted, “*Ja, endelig!*”, which is Danish for “Yes, finally!”.

On that note, exchange also pushed my social limits. Not only was I always meeting new people and always putting my most agreeable side forward, but I also had a whole new culture to grasp. A culture which, at first, I found foolish trying to incorporate into my own fixed version of how things should be in the world, just as I felt foolish contorting my face in order to stumble over difficult words in my limited Danish vocabulary. Over time, I managed to shake that mindset and embrace the culture that I found absolutely fascinating after living just a year within Denmark’s borders.

Exchange has shaped me in a way that I guarantee no other experience could ever match. Stepping onto the plane that would hurl me across the ocean into a completely new, unpredictable challenge, I had no idea that I would find myself in the unique way that I did.

I learned that countries are human beings and that those humans will not always agree with you. Beliefs are shaped by experiences, and the vast spectrum that all seven billion people on this Earth rest upon differ enormously. Yet by simple inquisition and a mindset of curiosity towards understanding the world and the extraordinary people within it, you take one step towards creating a coherent world.

I also came to appreciate the quirks of the culture I grew up in amid the whirlwind of another. Looking back at my country through the window of another, I was able to see how incredibly amazing it is to live where I live, learn what I learn, and experience what I experience. Through exchange, not only was I able to grow to love another culture, but also strengthen the love I had for my own. It’s a rare opportunity that one is able to reflect in such an eye-opening way, and I could never be grateful enough to have been given that chance by people who have shown and continue to show such generosity and understanding throughout their lives.

To say that exchange broadened my perspective on the world would be an understatement. I received the incredible opportunity to make lasting friendships across multiple borders and create connections that would last forever. I saw, first-hand, how people are people no matter what country they’re from or what language they speak, and how that fact alone makes us a very unique society indeed.



Vocational Training Team (VTT) for Botswana- Update

by Amy McBride - Montrose RC

Amy is a member and Past President of the Rotary Club of Montrose. As a Peace Corps Volunteer in Botswana, she is working with two non-governmental organizations (NGOs) that serve people infected and affected by HIV. She also is working with the Rotary Club of Gaborone and District 5470 to bring a Vocational Training Team (VTT) of four to six professionals to Botswana in 2019 to build NGO capacity to end AIDS by 2030. She is providing us with regular updates.

Dumelang banni ba District 5470! (Setswana for Greetings residents of District 5470!)

Since my last update, I've continued to make slow but steady progress. I met with leaders of the Rotary Club of Gaborone to outline their roles and responsibilities for the VTT. These include:

- Identifying possible providers of services and helping to obtain quotations.
- Identifying experts in Botswana in various areas of CSO management to serve as possible mentors. Also, identifying a possible Monitoring & Evaluation consultant for the project.
- Hosting VTT members from America and Botswana during meetings/ trainings in Gaborone.
- Maintaining and distributing funds.
- Assisting with public relations.
- Participating in the VTT Advisory Committee.



I also worked with my Advisory Committee (made up of representatives from Peace Corps Botswana, Project Concern International, Botswana Network of AIDS Support Organisations (BONASO), National AIDS Coordinating Agency (NACA), Botswana Council of Non-Governmental Organisations, Stepping Stones International, and Bokgatla Bolokang Matshelo) to develop a survey to determine the capacity-building needs of Botswana's HIV-focused NGOs. We have selected 20 NGOs for participation. They were chosen because: 1) each currently has a Peace Corps Volunteer who can assist with establishing and maintaining the relationship with the US VTT member assigned to the NGO; and 2) the NGO has been vetted by Peace Corps as stable and able to profit from capacity-building efforts.

The Volunteers' first task is to help their NGO counterparts complete the survey. Not every NGO has internet, so they can't complete the online version of the survey, but the Volunteers and many of their counterparts have WhatsApp on their phones, so I distributed the survey that way, too. The deadline is next Wednesday and I'll need to get on the phone to prod more people and boost the participation rate. Once we have the results, the Advisory Committee will analyze them and determine the main capacity-building areas for which we need to find professionals.

VTT for Botswana—Update - (continued)

by Amy McBride - Montrose RC

We first will look in Botswana. For example, several of the survey respondents have listed website and app development as a need. There are plenty of people doing this in Botswana, so we will contact some of them and see if they will serve as mentors to NGOs. We will turn to the US to meet the remaining needs. One that is mentioned by all respondents thus far is alternative ways to mobilize resources (aka fundraising), and since this is new territory in Botswana, we will need to find some US experts in this field to join the Team.

The survey is our “community assessment,” which is a new requirement as of July 1st. Any club or district applying for a global grant to support a humanitarian project or a VTT must conduct a community assessment first and include the results in the grant application.

A security incident forced me to find another place to live and my new house wasn't ready yet, so I spent two weeks in the capital city of Gaborone which was fortunate for this project since I could schedule meetings with some potential partners. One was with the Director of the Botswana Business Coalition on AIDS (BBCA), Frank Phatshwane. He has been at his post for nearly two decades and will be an invaluable resource for helping to find NGO mentors in Botswana. In exchange, he wants help setting up a “Private Sector Fund” to which businesses would contribute to satisfy their “corporate social responsibility”



commitment, and then the BBKA would oversee distribution of the funds, kind of how community foundations or United Way work in America. I also had productive meetings with Robinson Dimbungu from NACA and Oscar Motsumi from BONASO.

My next steps are to wrap up the survey/community assessment and distribute the results to my Advisory Committee so it can meet and set the areas of focus for the VTT and determine which needs can be met domestically and which require US experts. Then the “International Rotary Partner Committee” (that's you guys in Colorado, led by Dick Dangler of Edwards) springs into action, advertising for and selecting a VTT Leader and three to five Team members. The Committee also will lend its expertise to writing the global grant proposal to The Rotary Foundation.

We also will execute memoranda of agreement between the Rotary Club of Gaborone and our four Cooperating Organizations, identify project Partners and determine their roles, outline major activities and draft a schedule, begin developing our public relations plan, set an initial budget and start getting the required three quotations for all major expenses, find and enlist our domestic experts, and a bunch of other things. My challenge is that the two NGOs for which I work have their own long lists of things they want me to do, so I'm trying to balance their needs with this project. Luckily, they both are Cooperating Organizations, so they are donating part of their time with me to this effort.

I also am trying to balance the work with a little play, so I'm writing this article from the back seat of my friend Jon's car (he's part of the Host Rotary Partner Committee) while fellow PC Volunteer Sara is at the wheel steering us down a highway in the Northern Cape region of South Africa on our way home from a weekend of wildflower viewing in Namaqualand. I am grateful to District 5470 and its support of the Team, and to those of you who give to The Rotary Foundation, without which this project wouldn't be possible. Feel free to contact me at amylopermcbride@gmail.com or on WhatsApp at 19704338779 if you have any questions or comments.

RIDE TO END POLIO—Nov. 11-17, 2018

A ready-made fund raiser for clubs around the world

Join the “Ride to End Polio” anywhere in world. Hop on a stationary bike the week of November 11 and collect pledges for minutes instead of miles.

Better yet, form a team in your Club or District including Rotarians, friends and family and ride together..

- Support polio eradication efforts
- Help your club or district reach its funding goal
- Enjoy fun, fitness, and fellowship with fellow Rotarians.
- Ridetoendpolio.org



Photo by Linda Rumack

For additional information, contact
Ken Robinson, our D-5470 Polio Plus chair:
rotarykar@gmail.com



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ridetoendpolio.org

The Royal Adventure - North Shoa, Ethiopia

By Becky Kiser, East Colorado Springs RC

Our Imprison Adventure began Monday morning around 6:00 a.m. This was without any running water since my almost forty-hour trip from the USA to Ethiopia. Although, I had used a bucket a few times to rinse off and enjoyed a hair wash at a beauty salon the day before, I felt unready for more dust and dirt.

The driver was waiting at 6:00 am and Tesfaye was kind enough to almost patiently wait for me to finish getting ready. We headed north about 7:00 a.m. The car had been checked the night before by Tesfaye (a lesson learned from the original trip) and the ride was comfortable to Muki Turi. We passed our favorite coffee shop in Limi but it had been closed. We felt sad that we had not taken the phone number of the woman who ran it. It has been full of memories.

We arrived in Muki Turi around 8:30 a.m. and stopped for a breakfast of meat. (I ate granola bars in the car) After breakfast, we took the right-hand turn and began the three plus hour trip up the very dry and dusty mountains, down through the dry and dusty valleys and up the mountain into the Amhara Village of Alem Ketema.

After meeting with Ato Sileshi, Woreda Finance Expert, for a lunch of meat (again I waited in the car) We finished in time to walk through the streets of Alem Ketema where Trampled Rose girls were waiting to hold my hand and complete the rest of the distance with me. Only the ninth and tenth grade girls were waiting for us on the school grounds because the older girls were taking their practice test for the National Exam.

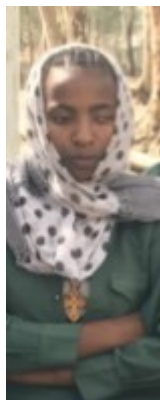
We were first met by the two female teachers who had been gone for training on the day we held the original Royal Adventure. They both said they were amazed at the improvement in self-confidence and willingness to speak out that had occurred because of our training.

We began our discussion just asking the girls what parts of the Royal Adventure meant the most to them. The girl on the far-right side of the photo, leaning in, spoke first and said that she had learned that the key to happiness really is helping others. She has been using part of her TR money to save to buy supplies for other students in she school who are “less fortunate”. She has also been volunteering her time helping in the “welfare shop” where other children purchase supplies and the profit goes to other male and female students in the school who are in need. Her teacher whispered to me that her involvement in the store had escalated her leadership skills.

The next precious girl stood up and said she would never forget what Lourdes had taught her “You are wonderful” Other girls spoke about the story of Queen Esther and that they loved having their drawing hanging on their walls, so they could remember to be courageous.



Group of Trampled Rose girls in Alem Ketema



The Royal Adventure - N. Shoa, Ethiopia (continued)

By Becky Kiser, East Colorado Springs RC

Finally, Tesfaye asked if they had used their letters. They all had the expression on their faces of having no idea at all what he was talking about. He coached them a little and they seemed to remember something, but it was clear those letters hadn't been used since the day they received them.

I felt disappointed, but we had known we were taking a risk that might not pay off. We were trying something that hadn't been tried before and there were no guarantees.

As we were finishing up with the high school girls, the preparatory girls arrived.



Prepretoray Trampled Rose school girls in Alem Ketema. The sister of the girl in the middle front is now in Debre Brehan University with a full scholarship in accounting

Tesfaye asked the girls the same questions and they almost jumped out of their seats to tell us the results. The first girl recited the entire story of Queen Esther word for word and told us that the day of the Royal Adventure she had promised herself and God that she would begin that day to live a life of helping others. She said it had changed her life and that she had been helping others wherever she found them.

The next girl told us her favorite part was the letters. She had been using it to teach the preschoolers who live in her compound. She said that she was disappointed that she had only been able to teach the little ones about ten letters. She said the biggest difference was in her own English skills. The practice exam she had just taken was so much easier because when she got to a word she didn't know she just took a

moment and remembered the sounds of the letters and was able to figure out the word. The rest of the girls jumped in and said they had experienced the same thing.

One especially sweet story is of Edjigiu, in the yellow shirt in the photo. She told us that she had practiced the letters with her sister in the seventh grade and they had learned all of them together and she now knew the pronunciation of words she had mispronounced before. This is a special story because she has been sponsored by Janet, who taught the phonetics part of the Royal Adventure on this trip, for four years.

Next, we read a sweet message Janet sent and told the girls they could keep in touch with us from university by using the internet.

It was a bittersweet parting. All seniors are expected to qualify easily for their scholarships to university, but it's been four years of seeing their development and happy faces each time I visit that I will miss so much.

Our hearts were full as we went to dinner for a meal of Shiro instead of meat and then on to bed for an early morning start to the Oromo Village, Muki Turi. We arrived in Muki Turi just after lunch and had a meeting with both High School and Preparatory School girls. When asked the same questions, the girls were quick to talk about the miracles of learning the phonetic way of reading English.

The Royal Adventure - N. Shoa, Ethiopia (continued)

By Becky Kiser, East Colorado Springs RC



The "welfare store" selling donated Mary Kay items



The girl on the right helped her pre-school friends learn to read

In fact, one girl told us that not only had her English improved but so had her Oromifa because she did not know some of the sounds and the reading program was helping her in all three languages, Amharic, English, and Oromifa. She said she felt confident she was ready for her National Exam now. We heard the same stories again and again of how the Royal Adventure had been so important to them, they were encouraged by the life of Queen Esther, they felt more self-confident, and they knew their reading skills were much improved.

The girls on the left standing by the tree teared up as she mentioned the soap and supplies we had delivered. She is one of six girls and one boy being raised by their widowed mother with no relatives anywhere to help. Her older sister was a Trampled Rose girl and was accepted into university in Ambo. Now she is sure it was her turn. Before the Trampled Rose she was the girl others mocked because of her poverty, now she is the one respected.



Her teacher told us that without our help none of the children in their family would have been able to even attend high school. Now they would have two in the family in university.

In Muki Turi there seemed to be no difference in the experience of the high school girls compared to the preparatory school girls. The stories were detailed of how the Royal Adventure was applied to their own lives and all were enthusiastic to see the Royal Adventure continue as is.

High School and Preparatory School girls in Muki Turi

We heard from the teachers that the literacy part of the Royal Adventure has taken some burden from them because they knew the girls needed to read English better, but they just didn't know a way.

Sheno was the last place we were able to hold the Royal Adventure because the "restructuring" of government had been started the day we held the Royal Adventure in Sheno. Thus, the teachers and translators we had anticipated had been busy (unbeknownst to us at the time) trying to keep peace between the soldiers and the students. This had allowed for a new teacher to translate the first time for Trampled Rose, Inc. This teacher had been so impressed with the three-step adventure he had gone to the school directors and requested that Trampled Rose be invited back to allow the teachers to experience the Royal Adventure.

The Royal Adventure - N. Shoa, Ethiopia (continued)

By Becky Kiser, East Colorado Springs RC

The school also requested that Trampled Rose return to teach all the students, both boys and girls, in both the high school and preparatory school. We made no promises but said we will do our best.

Next was the high school in Aliyu Amba. This school and woreda are the most remote and uninfluenced by the world area of Trampled Rose's work. This had seemed to me to be the least effective of all visits. I was depressed about our seemingly lack of ability to penetrate the thinking of these nomad people. I was almost afraid to go back but the school director is so faithful to do the hard-daily work in such a dark area. He is the school director who has started a "Rotary Club" to encourage each other in the practice of the four-way test.

As we pulled into the schoolyard the Trampled Rose girls were bright and bubbly and waiting for us. Tesfaye asked the girls what things they remembered from the Royal Adventure. One adorable girl jumped up and said she learned to stand up for herself and not let the community set the low standard for what she can accomplish for her life. When I heard the translation I almost fell out of my chair. Seriously???? Girl after girl said almost the same thing and talked about how the story of Queen Esther had made such an impact. Everyone had the paper they had colored of the queen hanging on their wall in their home and wanted us to come home with them to see it. The girls said they loved the Royal Adventure and were excited to do it again. Especially touching was one girl, whom the school director told us had been a Polio victim, who stood up to recite the Rotary fourway test in English.

Endashaw Kewiye, the Aliyu Amba school director came back with us to Ankober where we had needed to miss with the original Royal Adventure due to time restraints. He taught the remaining 94 Trampled Rose girls in Ankober the Rotary four-way test. It was especially moving to see the message spread.

Finally, Tesfaye and I made the one-day trip to Holleta. Our team had been unable to share the Royal Adventure in May due to safety concerns. It seemed like such a pity because it had been the Holleta Preparatory School Director who had first requested help for the girls to improve their English skills to in-

crease their scores on their National Exams.

This time we did make a promise to come back in October to share the Royal Adventure with 50 Trampled Rose girls and 50 female student leaders. The dates are set for October 28-November 4, 2018.

Let the adventure continue.....



Beltyu saying the four-way test

***Note:** The Royal Adventure is a project of Trampled Rose Inc. in cooperation with the Rotary Club of East Colorado Springs

From your District Global Grants Committee

David Smith - Pagosa Springs RC

Did you know that our district has a Global Grants Committee? Members include Werner Stark (N. Colorado Springs RC), Tom Tudor (Colorado Springs Rampart Range RC), Sandy Lowell (Glenwood Springs Sunset RC) and David Smith, Chair (Pagosa Springs RC).

Jerry Grandey (Telluride) has served on the committee for several years, but has recently moved. So, we are looking for a new member. Although experience specifically with Global Grants is desirable, someone with experience in developing countries may be equally suitable. Please contact David Smith, our District Global Grants Chair (dsmith7@unl.edu) if you would like to serve or if you would like to nominate someone.

Our committee is charged with promoting TRF's international aid program, helping clubs to prepare Global Grant applications, and reviewing requests for funds from our district (DDF = District Designated Funds). Specific instructions for starting a new Global Grant are available at <https://www.rotary5470.org/SitePage/global-grants>.

If you are interested in increasing peace and prosperity throughout the world, matching funds from our district and The Rotary Foundation (TRF) present a great opportunity. Do not hesitate to reach out to our committee for additional information.

David Smith - dsmith7@unl.edu



Science Day in Senegal introduces jr high students to science. This student learned that magnetic fields pass painlessly through this hand.

Global Grants Projects Involving Our clubs

Many of our clubs are the International Partners of Global Grants (GG) Projects around the world.

Our clubs also contribute to projects conducted by other districts.

Whether your club is the international partner in a project or is simply contributing to a project, remember that D-5470 is usually prepared to match your club's contributions from District Designated Funds (DDF).

To request D-5470 DDF, you need to complete a simple request form and send it to the D-5470 Global Grants Chair, David Smith < dsmith7@unl.edu >

Contact Us

Do you want to have your International Service project displayed in a future newsletter? Send the story and a few photos to pjeschofnig@gmail.com



Water & Sanitation Projects Around the World

Global Grants Basics:

- Large, long-term projects
- Sustainable, measureable outcomes
- Alignment with Areas of Focus
- Real community needs (via needs assessment)
- International partnerships (frequent communication)
- Implementation plan
- Proper Stewardship of funds
- Involve Rotary clubs in two districts
- Minimum budget of US\$30,000
- Minimum TRF match \$ 15,000

For detailed instructions on Global Grants applications check out David Smith's **GUIDE TO GLOBAL GRANTS:**
<http://www.rotary5470.org/SitePage/global-grants>

If you would like to be the international partner of a Global Grant or simply contribute to an existing D-5470 Global Grant contact the Global Grants Committee chair, David Smith dsmith7@unl.edu or Peter Jeschofnig pjeschofnig@gmail.com