

ROTARY DISTRICT 5470

International Service News

D-5470 International Service Newsletter #8

January 2018



The Rotary District 5470 International Service Committee educates and nurtures Rotarians and clubs working in the six Areas of Focus.

- ◊ It connects clubs
- ◊ It builds relationships
- ◊ It educates, assists, and may help finance clubs' international project development and fulfillment efforts.

It also inspires Rotarians like you who chose to visit international projects and see first-hand how *Rotary is Serving Humanity*.

In the previous newsletter we primarily provided information about global grants involving clubs in our district. In this newsletter, we'll show some more of our many global grants as well as upcoming projects

Share your club's international projects and interest with District International Service Chair [Peter Jeschofnig](#) who will share with District clubs.



“Life’s most persistent and urgent question is, ‘What are you doing for others?’”

— Martin Luther King Jr

In This Issue

- Summary of D-5470 Global Grant projects
- Upcoming Club Projects
- Project Partners Needed
- Volunteer Opportunity
- Peace Corps Rotary Alliance
- Rotary’s CADRE of Technical Advisors
- Global Grants Basics



Mfangano Project: Kenya’s Lake Victoria

Mfangano Island Project, Lake Victoria, Kenya

Glenwood Springs Sunset RC & Mbita Mfangano RC

Rotary service has inspired communities across the world to take action, create and collaborate for the greater good. Over the last five years, Rotarians from across Colorado have supported the remote island communities of Mfangano, in Kenya's Lake Victoria.

Home to 26,000 people of Suba and Luo decent, most families on Mfangano trace their ancestors to Abakunta fishermen who sailed across Lake Victoria over 15 generations ago. With local HIV prevalence estimated at 30% for over a decade, few places in the world have been hit

harder by HIV/AIDS. A two-hour boat ride separates residents from critical infrastructure such as healthcare, running water and electricity. In the face of devastating poverty and disease, however, Mfangano remains blessed with abundant freshwater, rich cultural history, and most importantly, a community of resilient activists.

Since 2012, Rotary Clubs of Glenwood Springs Sunset and Fort Collins Breakfast have collaborated with [Organic Health Response](#), a community-based organization founded by two Mfangano activists and Glenwood Springs native, Chas Salmen. Rotary helped to support the building of the 100% solar-powered Ekialo Kiona Center, Mfangano's first and only community resource center, supplied the EK demonstration farm with irrigation and tools to educate the community on agriculture, and purchased an outboard motor for the EK Emergency Boat, which today has saved hundreds of lives in times of emergency.



Mfangano Island Project, Lake Victoria, Kenya (continued)

Glenwood Springs Sunset RC & Mbita Mfangano RC

Most importantly, through this dedication to service and continued partnership, Colorado Rotarians inspired local community leaders on Mfangano to establish their own club. With mentorship from their friends in Colorado, the [Rotary Club of Mbita Mfangano \(RCMM\)](#) was officially established in 2015. In a little over 2 years, RCMM has already proven itself to be an active change maker for the communities of Lake Victoria, initiating and completing over 6 successful sanitation, health, and mobility campaigns! Today, RCMM plays an instrumental role in implementing the newest Rotary [Global Grant](#) sponsored by Fort Collins



Mbita Mfangano Rotary Club

Breakfast RC to address maternal health on Mfangano Island. Each day, the Rotary network opens access to critical resources, knowledge and expertise for Mfangano Rotarians to solve local problems using local solutions.

The spirit of Rotary has certainly spread once again across continents. The Rotary website could not describe this phenomenon any better: “We connect passionate people with diverse perspectives to exchange ideas, forge lifelong friendships, and, above all, take action to change the world.”

Learn more about the Rotary Club of Mbita Mfangano and its active partnerships:

<https://www.facebook.com/Rotary-Club-of-Mbita-Mfangano-Island-District-9212-814761655244761/>



Latrine system on Remba Island

ROTARY TO THE RESCUE IN ZIMBABWE

by Tami Joslin, Durango High Noon RC

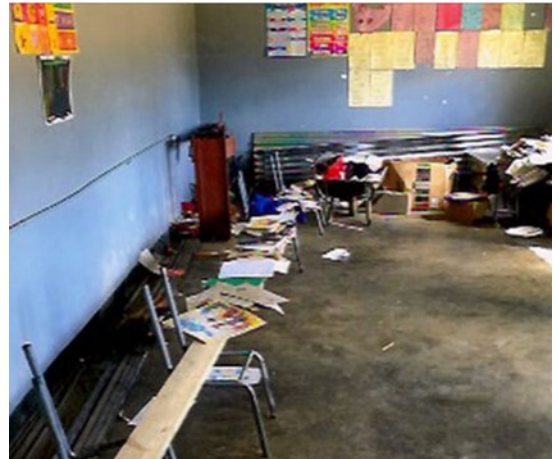
After years of crowding around deteriorating tables and sitting on wobbly benches, the students of Monde School, near Victoria Falls, Zimbabwe, returned from their break to an amazing surprise. Sturdy new school furniture for 330 children had been purchased by the Victoria Falls Rotary Club, with thanks for funding from the Durango High Noon Club, in collaboration with Durango Daybreak Club and the Grand Junction Horizon Sunrise Club, and a matching District Grant.

How did this connection occur? In June of 2016, Judy Duke, founder of Make All Children Smile in Zimbabwe, visited her project at the school. Every school day the children, (who were previously fainting from hunger), are fed a porridge of maize, soy, beans and other nutrients thanks to this 501c3. Attendance has improved and the children are now energetic and prepared to learn. For more about this charity, visit www.makeallchildrensmile.org.

While there, the headmistress and teachers discussed the desperate need for new desks and chairs. Judy then met with the Rotary District Governor, Hudson Mtomba, in Africa who agreed to collaborate on this project. Upon returning to Durango, Judy discussed this with her son, Jim Duke, and daughter-in-law, Tami Duke, who are very active Rotarians in Durango. After a presentation to Durango's High Noon Rotary club, the first \$5,000 was immediately raised and "High Noon" agreed to sponsor the effort to solicit funds from the Durango Daybreak and Grand Junction clubs. Then a matching District Grant was requested of Rotary and granted. The identified need in Zimbabwe for school furniture was \$15,000 and that is what was raised. The Victoria Falls Club kicked in funds for delivery and off-loading the furniture.

The students of Monde School, grades K-7, are desperately poor. Many have no shoes and can barely afford the school fees. Their parents, living in this remote village, have few job opportunities. Ten very devoted teachers live on the premises in two basic houses. Since the Zimbabwe economy is in crisis, they often go without their meager salary. A bucket and cold water from a tap are their bathing facilities.

Therefore, the Duke family plans to pursue a second fundraising effort to help the FACULTY at Monde School. Each teacher needs a desk, chair, file cabinet, and waste basket. Funding will include two solar showers and washbasins, which will immensely improve their quality of life. If your club has any interest in helping with this effort for the teachers at Monde School, please contact Judy Duke at duketj@msn.com.



ROTARY TO THE RESCUE IN ZIMBABWE - continued

by Tami Joslin, Durango High Noon RC



Victoria Falls Rotarians with new school furniture. Club President, Tendai Dionne on the right



Students using the donated furniture

Photo Journal of Himalayan Solar Energy Project

via Richard Dangler, Edwards RC



Getting to the project area



Before



After: LED Lights

Getting help with your GG application

Rotary's CADRE of Technical Advisors

In the "Guide to Global Gants", David Smith included a reference to getting help from the appropriate Regional Grants Officer (RGO) at the Rotary Foundation. While the RGOs are a good resource, especially with online system issues, other basic grant issues can be delegated to the Cadre of Technical Advisors or to the appropriate Rotary Action Group (RAG). RGOs know well the Terms and Conditions of GGs, but they have little or no experience in the challenges of planning a specific kind of project

The Cadre of Technical Advisors (CADRE) are a group of volunteer Rotarians who possess professional expertise in Rotary's six areas of focus. They provide technical expertise and support to Rotarians planning and implementing TRF grant projects around the world. They are a most useful resource because they have a database of >700 Rotarian experts in all areas (**and sub-areas**) of focus.

To take advantage of this resource, just write a brief description of the intended project, and send it to cadre@rotary.org. Staff can find a good match for the applicant's proposal. It is a free service and the applicant can save a lot of time and frustration. (<https://my.rotary.org/en/cadre-technical-advisers>)

PowerPoint Presentation about the Cadre: https://www.slideshare.net/Rotary_International/the-rotary-foundation-cadre-of-technical-advisors

Some districts are starting their own Cadres--which can be augmented by TRF Cadre. D-5470 is also in the process of developing its own Cadre of Technical Advisors.

If you are interested in joining the TRF Cadre, please download the instructions: "How to Register for TRF's Cadre of Technical Advisors" from this link: <https://my.rotary.org/en/document/cadre-technical-advisers-registration>

If you are interested and willing to join the D-5470 Cadre, please send me a short note and I'll contact you by email or phone (pjeschofnig@gmail.com)



Phil Silvers
RC Valle Verde-Green Valley AZ. D-5500
RI Director 2008-10
Chair, Cadre of Technical Advisors 2014-18

The Royal Adventure/ Ethiopia Volunteer Opportunity in Ethiopia

“There is Greatness in You”

February 2-12, 2018 - North Shoa, Ethiopia

By Becky Kiser - East Colorado Springs RC

Purpose:

Present a three-part literacy and ethics model to volunteer rural high school and preparatory pre-selected girl students in Muki Turi, Holleta, Merhabete, Sheno, Ankober, and Aliyu Amba, Ethiopia.

Training:

You are valuable

Your dreams matter

The key to happiness is a life of service (Service above Self)

Prepare girls with tools and encouragement to dream big and then get to work.

Prepare the next generation to do their part to change the world.

We can do much as one, but together we can change the world

Provide a service opportunity

Open this adventure to Rotary members and others who have an interest in very difficult, but rewarding, hands on work. This is an opportunity for those who have skills, input, and the heart to help make a significant difference to not only these girls but the generations to come.



The plan:

A team of international volunteers will travel in the rural countryside in Ethiopia using the Royal Adventure as a model to teach values and English skills to volunteer Trampled Rose girls. The girls will have volunteered and been screened before the volunteer team arrives.

The international volunteer team of no more than eight will begin the three-part training Feb 2-12, 2018. This training will be centered around two great role-models, Israeli Queen Esther and Abyssinian Queen Makeda (Queen of Sheba).

The first two parts of the training are important to enlarge the base of self-confidence. Most of the girls are orphans and have been neglected by their communities. “To educate a man in mind and not in morals is to educate a menace to society” - Theodore Roosevelt

The Royal Adventure/ Ethiopia (continued)

Volunteer Opportunity in Ethiopia

The third part; The key to happiness is a life of service. Ulrich Boser, senior fellow at the Center for American Progress, documented his recent research that the brain retains information best by teaching others in his book, *Learn Better; Mastering the Skills for Success in Life*.

The girls will each be given training in SOUNDS. This is a phonetic manipulative being used by **Rampart Range** Rotary Club and other Rotary clubs throughout the world. It is intended for preschool children but was recently tested in Kalimpong, India with 18 girls in similar circumstances of the Trampled Rose girls in Ethiopia. The Ethiopian needs assessment indicated that the girls have the subject knowledge but are unable to translate that knowledge to their National Exam which is administrated in English. Yanki, Director of the school in India had this quote: *"It is great news that all the 18 students who appeared for their West Bengal Board exams are passed. They are the first batch of Kalimpong Grace Academy to appear for this exam. Yanki is very happy along with all the staff. Souns program has really helped even in this exams as five students have scored almost 90% in English. From this year, Phonetics is introduced in Kalimpong Grace Academy."* Thanks to Robby Dale and the team." (Robby Dale Nelson is our key person on SOUNDS training on this project)

The SOUNDS training on this trip will go even deeper than the training in India with the Royal Adventure/Ethiopia. As we believe, the key to happiness to be Service Above Self, the volunteer girls will commit to teaching younger children and their own parents, relatives and grand-parents. As literacy has been increasing in Ethiopia, the older generation have been expressing a greater longing to read. We believe that this literacy project can not only increase the scores of the girls but also reach three other generations. This will be measured in a follow up trip in May 2018.

Administrative:

The Royal Adventure/Ethiopia was created by the Rotary Club of East Colorado Springs and administered by Trampled Rose, Inc.

Trampled Rose, Inc. is the legal partner in Ethiopia and is a legal 501 C in the United States and fully registered and licensed by the Ethiopian Charities and Societies Agency (#729)

The Rotary Club of East Colorado Springs is in good standing with Rotary International and District 5470.

Monitoring and measuring will be supervised by a team of international professors who are crazy enough to love Tesfaye and Becky and the TR work.

All funds have already been collected and reserved in TR accounts. Donors include Rotary Club of Colorado Springs, Rotary Club of East Colorado Springs, Rampart Range Rotary Club. We expect total costs to be \$2,000 USD. Volunteers will cover their own expense.

All girls will receive a Rotary four-way coin (wish coin) and Ethics training, clothes soap, body soap, Vaseline, pencils, pens, notebooks, and fun presents from their fairy godmother.

Note: Program was designed according to priority of needs in a needs assessment held by Trampled Rose, Inc. and the six village school administrators, school teachers, government officials, and the girls themselves conducted in October 2016

Update from Botswana

By PCV Amy McBride - Montrose RC



I'm settling in well, and eager to sink my teeth into some projects. I'm spending the holidays in the North with two fellow Volunteers. We're staying six nights in Kasane, where we'll do a game drive and boat tour, and then we're crossing into Zambia, where we'll visit Victoria Falls and stay in Livingstone for 4 nights. Here's something for the newsletter. Peace Corps doesn't like us to give the names of our villages, so I've omitted that.

Dumelang borra le bomma. (That's Setswana for "Greetings, gentlemen and ladies."). I arrived in Botswana on July 24 with 72 other Peace Corps Volunteers. We underwent 10 weeks of Pre-Service Training in a village northwest of the capital, Gaborone. We stayed with host families, and attended daily classes in Setswana, culture, safety, project planning, among many topics, while receiving informal instruction from our families. They also gave us Setswana names. Mine is Tsala, which means "friend."

On October 5, we were sworn in by the US Ambassador, Earl Miller, and the next day I departed for my "site," which is where I'm living for 2 years. Mine has 50,000 people and is northeast of Gaborone. It's surrounded by hills and red rocks, and there are monkeys and baboons. It's summer now, and highs have been in the 90s. Botswana is land-locked and arid--a lot like Colorado's climate. Winter is cool, with lows in the 40s.

I work in the "Civil Society" sector (other Volunteers are in Local Government, Life Skills (schools), and Clinic & Health Team). I serve two non-governmental organizations that provide care to "Orphans and Vulnerable Children." Peace Corps Botswana's mission is to assist with efforts to stop the spread of HIV/AIDS. Nearly one in five people is HIV-positive, the world's third highest prevalence.

Botswana saw huge economic growth after its independence in 1966, and is an "upper middle income country" in World Bank lingo. Top industries are diamond mining, agriculture, and tourism. However, there's high unemployment, and many people lack access to basic needs, especially in rural areas. Botswana's population is around 2 million people in an area about the size of Texas.

I've spent my first two months at my site learning about my village and district (Botswana has 17 of them, and they're similar to US states). I've also assessed my NGOs needs, which aren't too different from US non-profits--sustainable funding, better board engagement, strategic planning, improved communications. Some of my early work has included developing a website, writing grants, and revising a constitution (bylaws). I also am working hard to learn Setswana.

Update from Botswana - (continued)

By PCV Amy McBride - Montrose RC



There are three Rotary Clubs in Botswana, and I went to a meeting of the one in Gaborone. It was very similar to meetings in Montrose. It was held in a hotel, with a buffet lunch, announcements, and presentations from the Club's two Rotary Youth Exchange students (from France and Germany).

As far as Involvement from District 5470, I'm still fleshing out project ideas, and will keep you posted about any opportunities for partnership.

I write monthly columns for the Montrose Daily Press (www.montrosepress.com) and maintain a blog (www.amyinbotswana.com)...when I have good internet access, which is infrequent). Folks can email me at amylopermcbride@gmail.com, and I'll happily answer any questions or send you my mailing address for care packages.

Health Project for Kyi-Khor Community Tibet

by Eddie Cheung, Durango Daybreak RC



Kyi-khor is a semi-agricultural community located in deepest valley of Wendu Tibetan Township in Amdo Qinghai Province. It's about 3 hours by bus from Xining the capital of Qinghai to the village. Kyi-khor has population of 800 with 135 households and attitude is between 2,600 meters in the valley. Averagely each family owns 6-10 mu (Chinese unit of area mu (1/15 of a hectare)) of land. Wheat is the village staple, which is used for self-consumption (bread, noodles) and to pay the government's tax levies. Other crops include barley, rapeseed, potatoes, and beans. The families also raise livestock such as goats, sheep, mules, donkeys and horses in the village. So families have yaks and sheep in summer and winter pastures which is bite far away from the village and sea level is about 4,200 meters.

PROJECT DESCRIPTION: The village has limited access to health care and hygiene education, thus there is a high incidences of diseases that village women face. The project will provide health education to women to improve hygiene and sanitation practices and reduce gynecological diseases via:

- Family Health training and household hygiene practices
- Discussion of Infection Control (STD, HIV/AIDS)
- Menstruation and Pregnancy/ Prenatal care education
- Demonstration of emergency care (cuts, burns) • Advocate for application of quality feminine care kits
- Teaching about underwear and pad sanitation issues to reduce women's diseases
- Demonstration of hand washing, waste handling, and related disease reduction methods

Conguacha village water project, Guatemala - Durango Daybreak RC

The Durango Daybreak RC voted to participate in the following Guatemala water project:

The community of Canguachá has a non-potable water supply system that consists of 40 small-source rivers and 23 small water sources, not all of which are accessible or have a flow suitable for supplying the community and not all of them maintain their flow especially during the summer season.

The main source of water is located north of the community at a distance of approximately 4.5 km in the mountain. The capacity taken in March 2016, which is the driest summer season, indicated 40 gallons per minute and is the source that is part of the system currently in question.



The proposed project intends to provide a good distribution network of the water service between the community of Canguachá:

Project components:

1. Protect the water source, the community will be encouraged to initiate a reforestation project in the basin, identifying critical areas.
2. Work on reforestation around the water catchment area to avoid or minimize evaporation
3. Construct a formal concrete box, protected with a wire mesh screen and a cover to minimize clogging or clogging of the pipe.
4. Schedule periodic visits to clean the catchment area to remove leaves, sediments, sand, branches in order to increase the volume of water collected.
5. Schedule periodic tank and box cleanings to protect sedimentation and trash pipes and improve water flow.

Conguacha village water project, Guatemala - continued

Durango Daybreak RC

6. Replace accessories that are damaged or old.
7. Repair exterior walls to prevent seepage.
8. Develop a distribution network; including water meters; establish periodic maintenance plan; train committee to establish a charge for the service and create an economic fund to cover maintenance costs and implementation of system improvements; raise awareness to the community that resources have value, that they must care for them and that to maintain a good service they must pay for it, under the principle of being self-sufficient.



For additional information, contact Eddie Cheung - <eandncheung@aol.com>

D-5470 Rotary-Peace Corps Alliance

Three years ago, Rotary International and the Peace Corps formed an alliance to benefit both organizations. Through this mutually beneficial relationship, Rotary districts support Peace Corps volunteers (PCVs) with their international projects and PCVs support RI projects with their substantial in-country knowledge.

After completing their service, PCVs are welcome by a Rotary club in their home community and allow them to continue their proven international volunteerism and their desire to make the world a better place.

We recently formed a D-5470 Rotary / Peace Corps Alliance to bring this national partnership model to our district. That's why we asked member Rotarians to self identify as former PCVs and contact Jane Hammoud, the chair of the newly formed Alliance.

Quite a few Rotarians have contacted Jane, and she is working on a way to take advantage of their experience that can be beneficial to them, their clubs, and our district's international service projects.

So far Rotarians from the following clubs have established contact with Jane Hammoud: Aspen, Colorado Springs, Durango; Durango Daybreak, Fruita, Glenwood Springs, Montrose, Palisades, Vail

If YOU are a D-5470 Rotarian and HAVE SERVED IN THE PEACE CORPS, and have not yet contacted Jane, PLEASE JOIN OUR NEWLY FORMED D-5470 PEACE CORPS ROTARY ALLIANCE.

As a former Peace Corps Volunteer (PCV) you have knowledge and experiences that would strengthen our district's international projects. You may also have the opportunity to create and beneficially sponsor projects in your former host countries.

For additional information contact: Jane Hammoud
<Jane.Hammoud@gmail.com>



Global Grants Projects Involving Our clubs

Many of our clubs are the International Partners of Global Grants (GG) Projects around the world.

Our clubs also contribute to projects conducted by other districts.

Whether your club is the international partner in a project or is simply contributing to a project, remember that D-5470 is usually prepared to match your club's contributions from District Designated Funds (DDF).

To request D-5470 DDF, you need to complete a simple request form and send it to the D-5470 Global Grants Chair, David Smith < dsmith7@unl.edu >

Contact Us

Do you want to have your International Service project displayed in a future newsletter? Send the story and a few photos to pjeschofnig@gmail.com



Water & Sanitation Projects Around the World

Global Grants Basics:

- Large, long-term projects
- Sustainable, measureable outcomes
- Alignment with Areas of Focus
- Real community needs (via needs assessment)
- International partnerships (frequent communication)
- Implementation plan
- Proper Stewardship of funds
- Involve Rotary clubs in two districts
- Minimum budget of US\$30,000
- Minimum TRF match \$ 15,000

For detailed instructions on Global Grants applications check out David Smith's **GUIDE TO GLOBAL GRANTS:**
<http://www.rotary5470.org/SitePage/global-grants>

If you would like to be the international partner of a Global Grant or simply contribute to an existing D-5470 Global Grant contact the Global Grants Committee chair, David Smith dsmith7@unl.edu or Peter Jeschofnig pjeschofnig@gmail.com