

# RYLA PACKING LIST

## Essentials

- Mosquito Repellent (there's a reason this is first!)
- Medications if required - to be turned into nurse
- Toiletries - Toothbrush, soaps, towels, deodorant
- Refillable water bottle
- Sunscreen, sunglasses, hat
- Rain coat/poncho
- Changes of clothing - Consider packing:
  - An outfit in your team colour for the Amazing Race
  - Clothing for warm and cool weather
  - A "nicer" outfit for the dance
  - A campfire outfit
  - Sleepwear
- Comfortable runners, shower slippers, extra shoes or sandals
- Bathing suit(s)
- Sleeping bag, pillow, blanket(s)
- Pen, pencil, notebook
- Flashlight
- Minimal cash for meals on travel days. There may also be a small tuck shop at camp with snacks for purchase

## Other things to consider...

- A camera
- Books or other down time activities
- A musical instrument you are comfortable transporting
- There will be a talent show! Bring anything you may need for your act if you're interested in participating