



A QUICK GUIDE TO ROTARY FRIENDSHIP EXCHANGE

Rotary.service@rotary.org

PURPOSE

[Rotary Friendship Exchange](#) offers Rotarians, Rotaractors, and their families and friends the opportunity to take turns visiting and hosting one another in their homes and clubs. Participants experience cultural immersion in another country and develop greater international understanding. They often form lasting friendships and, in some cases, build connections with potential service partners. Rotary Friendship Exchange also allows professionals to enhance their vocational skills.

Exchanges arranged through Rotary Friendship Exchange have certain characteristics:

- They involve at least two Rotary districts in two countries.
- They are reciprocal. That is, visits take place in both (or all) countries.
- They're funded entirely by the participants and their Rotary districts.
- They're open to Rotarians, Rotaractors, and their family members and friends.
- Each one has a specified purpose and goals.

TYPES OF EXCHANGE

Exchanges can be any one of these four types, or a combination.

Cultural: Participants study another country, get to know its people and institutions, and promote an appreciation of cultural differences worldwide.

Fellowship: Exchange group members and hosts communicate and live with each other in a spirit of fellowship and goodwill. They consider each other's challenges, aspirations, and concerns and foster long-term friendships and international understanding.

Service: Visiting participants take part in a service project in their host district.

Vocational: These exchanges provide a unique educational opportunity for professionals of all ages. Participants develop professional or leadership skills that can help them address the needs of their own communities or communities around the world.

HOW TO PARTICIPATE IN ROTARY FRIENDSHIP EXCHANGE

To organize and carry out an exchange:

1. Ask your district governor to introduce you to your district's Rotary Friendship Exchange chair and consult with them as you develop your plan.
2. Invite fellow Rotary or Rotaract members and friends in your district to participate in the exchange. (Anyone under age 18 will need to be accompanied by their parent or guardian.)
3. Find participating districts on the [Exchange Finder Map](#). Contact the Rotary Friendship Exchange chair in the district you want to travel to and invite them to do an exchange with your district.

4. Working with the other district, make some decisions about the exchange:
 - **Type of exchange:** With your exchange group, choose a clear purpose and set the goals to be achieved by the exchange. Does your group want to focus on cultural immersion, participate in service abroad, expand your vocational skills, or build cross-cultural friendships? Are you interested in establishing a twin club or service partner relationship with your hosts?
 - **Length of exchange:** Exchanges usually last one to two weeks. Determine the length of yours based on participants' availability and the goals of the exchange.
 - **Budget and funding:** Exchanges are typically paid for by participants. Participants can pay the expenses themselves, or exchange groups can raise funds before their visits.
 - District grant funding: District grant funds can also be used for Rotary Friendship Exchange visits that are focused on vocational learning or service, as long as the participants comply with The Rotary Foundation Conflict of Interest Policy (section 10.030.) and [Terms and Conditions for District Grants](#). Funding for exchanges can be included in part or full by district grant spending plans.
 - **Destination:** The visiting district may want to travel to a particular part of the host district, and the host district may also need to consider where it can best house guests and help achieve the goals of the exchange.
 - **Timing:** Find the best time for both groups. Consider these factors:
 - Lodging: Usually, participants are hosted by Rotary members in their homes. Hotels and rental homes are also options.
 - Weather: You may want to avoid periods when heavy rain or extreme heat or cold are common. Make sure all trip participants are aware of the destination's typical weather at the time of the exchange.
 - Seasonal attractions: If your group wants to experience particular events or places during your visit, make sure the attraction will be available then.
5. Plan the details of the visits in collaboration with the other district. Make sure to communicate clearly about what your group hopes to get from the exchange and what it can offer when it hosts. Meeting virtually before the visits can help everyone get to know each other and start building relationships. Finalize the exchange itineraries and goals during this virtual meeting.
6. Participate in the first exchange, and then participate in the second exchange.
7. After the visits, continue to feature your exchange on social media, on club and district websites or blogs, in newsletters, and through other communications.
8. [Share your story and photos with Rotary International](#). We'll feature your stories to inspire others to participate in Rotary Friendship Exchange.

ROTARY FRIENDSHIP EXCHANGE DIRECTORY

Information in this directory should be used for Rotary Friendship Exchange purposes only. Do not use it for any other purpose or distribute, publish, reproduce, save, or share any of the information. Delete this information when you no longer need it.

You can also find participating districts and their websites on the [Exchange Finder Map](#).

District	Country	Member Full Name	Email	Website
52	China	Xin-An Chen	13701997274@163.com	https://www.rotarychina.org/#about
1080	England	Robert Lovick	rlovick2000@btinternet.com	https://www.rotary-ribi.org/districts/homepage.php?DistrictNo=1080
1180	Wales	Mr Richard Paul Withers	mail@richardwithers.co.uk	https://www.rotary-ribi.org/districts/page.php?PgID=392362&DistrictNo=1180&Mp=255716
1200	England	Dot Cretney	dorothycretney@hotmail.co.uk	https://www.rotary-ribi.org/districts/page.php?PgID=392362&DistrictNo=1180&Mp=255716
1410	Finland	Martti Sjölund	martti@pulmaton.fi	https://rotary.fi/d1410/en/front-page/
1450	Denmark	Hr Vagn Christensen	stenhoj@stofanet.dk	https://d1450.rotary.dk/
1570	Netherlands	Aad Otto	aadotto@hotmail.com	https://www.rotary.nl/d1570/
1660	France	Guy Cahané	cahanevisinter@aol.com	https://1660.fr/
1780	France	Monsieur David Billard	david.billard@laposte.net	https://www.rotary1780.org/
1810	Germany	Volker Klassen	klassen@hafen-trier.de	https://dist.rotary.de/distrikt/cms/1810/index.php?deviceType=desktop
1841	Germany	Dr. rer.nat. Horst Schmalfeld	hschmal@gmx.com	https://rotary1841.de/
1911	Hungary	dr. Benedek Pálvölgyi	palvolgyibenedek@gmail.com	Club - rotary.hu portál
1913	Croatia	Antonija Musovic	antonija.musovic@gmail.com	https://rotary.hr/
1950	Germany	Prof. Dr. Günther Greiner	guenther.greiner@fau.de	https://www.rotary-distrikt-1950.de//
1970	Portugal	Margarida Mesquita de Carvalho	mesquita.margarida@gmail.com	https://www.rotary1970.org/
2032	Italy	Silvia Scarrone	silviascarrone.rotary@gmail.com	Home - Distretto Rotary 2032
2041	Italy	Dr. Marco Schiavini	marcoschiavini@virgilio.it	https://rotary2041.it/

2050	Italy	Dott. Agr. Paolo Maria Spadari, Sr.	SpadoLX3@gmail.com	https://www.rotary2050.org/site/rotary-friendship-exchange/
2060	Italy	Anna Lucky Dalena	lucky.dalena@rotary2060.org	https://rotary2060.club/
2071	Italy	Avv. Chiara Pagni	info@avvocatopagni.it	https://www.rotary2071.org/
2072	Italy	Arch Monica Morri	morri.monica@gmail.com	https://www.rotary2072.org/rotary2072/
2080	Italy	Rosanna Purificato	rosanna.purificato@gmail.com	https://www.rotary2080.org/
2101	Italy	Giuseppina Iossa	pina.iossa02@gmail.com	https://www.distrettorotary2101.org/
2110	Italy	Dott. Antonio Giunta	ant.giunta2005@libero.it	https://www.rotary2120.org/
2120	Italy	Ing Fernando Tramonte	fernando.tramonte@stiengineering.it	https://www.rotary2120.org/
2140	Belgium	Vick VERHAEGHE	vick.verhaeghe@telenet.be	https://rotary2140.org/en/?ce=1
2202	Spain	Filip Andrzej Bugajski	f.a.bugajski@protonmail.com	https://rotary2202.es/es/?ce=1
2203	Spain	Sra. Maria Ángeles Pérez Sáez	mangelespeysa@gmail.com	https://www.rotary2202.org/iar2202/#
2231	Poland	Monika Rosinska	monika.prazmowo@gmail.com	https://rotary-gdanskcentrum.org/about/
2232	Ukraine	Olena Sopina	es7893109@gmail.com	https://www.linkedin.com/company/d2232/
2241	Romania	Mr. Paul Bogdan Vargan	paul@vargan.ro	https://rotary2241.org/
2310	Norway	Testleder Lars Trømborg	lars.tromborg@gmail.com	https://d2310.rotary.no/
2335	Sweden	Simone Reiche	simonereichenordstrom@gmail.com	https://rotary2335.se/en/
2365	Sweden	Anni Ingdotter Davidson	anni.davidson@inge9sus.com	https://www.rotary2365.se/
2395	Sweden	Mr. Göran Korpe	goran.korpe@gmail.com	https://rotary2395.se/
2420	Turkiye	Ilter Turan	ilterturan@gmail.com	https://www.rotary2420.org/
2430	Turkiye	Mr. Yaşar Enis Güray	ensgry@gmail.com	https://rotary2430.org.tr/#modal
2451	Egypt	Mr. Jean Moutran	Jean_nm@hotmail.com	https://rotaryd2451.org/
2452	Lebanon	Wajdi Alameh	walameh@hotmail.com	https://rotarydistrict2452.org/
2475	Greece	Mr. Vissarion Aris Zachos	viszac2004@yahoo.com	https://www.rd2475.org/
2482	Bulgaria	Ani Hristova	anihristovah@gmail.com	https://www.rotarydistrict2482.org/
2483	Serbia	Tijana Ristić	ristic.tijana.96@gmail.com	https://rotarydistrict2483.org/
2485	Kosovo	Arben Hoti	arben.rcpi@gmail.com	https://www.rotary2485.org/

2550	Japan	Sadayuki Onuki	sadayuki@onuki-paint.com	https://www.rid2550.com/
2700	Japan	Motohiro Mineura	daiichi-den@oregano.ocn.ne.jp	https://2700rid.com/
2710	Japan	Tetsushi Okumoto	tok@ysn-net.com	http://rotary2710.net/
2720	Japan	Masami Majime	kouma304@gmail.com	https://www.ri2720.org/
2730	Japan	Satoshi Nakamura	satoshi.nakamura@prudential.co.jp	https://www.ri2730.org/
2770	Japan	Yusuke Matsumoto	y.matsumoto@rc-omiya-west.com	tomoko@shirai.co.jp
2790	Japan	Katsutoshi Yasuda	bonzo@msc.biglobe.ne.jp	siohama-shoji@ab.auone-net.jp
2820	Japan	Morihiko Karube	karube@karube-ao.com	https://www.rid2820.jp/
2981	India	Rtn M.N. Mohamed Rafi	raffiassociates@gmail.com	https://rid2981.rotaryindia.org/
2982	India	P. R. Kumaresh	sanjiviniherbals@gmail.com	https://rid2982.rotaryindia.org/
3000	India	Dr. Pradipta Rath	pkmath27@gmail.com	https://www.facebook.com/RI.District.3000/
3011	India	Vikram Sahny	rcdmegapolis@hotmail.com	https://rotarydistrict3011.org/
3012	India	Vikas Goyal	vikas@motigarden.com	https://www.instagram.com/rotarydistrict3012/
3020	India	Mallidi Veerabhadra Reddy (Bobby)	veerabhadrareddy_bobby@yahoo.com	https://rid3020.org/
3030	India	Jayshree Chhabrani	jaishreechhabrani@yahoo.com	https://rotarydistrict3030.wordpress.com/
3040	India	Madhuri Bharaktiya	fontera@gmail.com	https://rfedistrict3040.org/
3053	India	Ashutosh Pandey	ashutoshpandey.ap6@gmail.com	https://www.facebook.com/groups/174290809369400/
3055	India	Jigar Shah	jigarsshah@yahoo.com	https://www.instagram.com/rid_3055/
3056	India	Vikas Solanki	vikas@doomshell.com	https://www.rotary3056.org/
3060	India	Devang Munim	devangmunim@yahoo.com	http://www.rotary3060.org/
3070	India	Vinod K. Gupta	subofficegdp@gmail.com	https://rid3070.rotaryindia.org/
3080	India	Harjeet Singh Saggi	rotaryye3080@yahoo.in	https://www.facebook.com/groups/1001705277511122/
3090	India	Gurpreet Singh Babbar	gurpreetbabbar777@gmail.com	https://www.facebook.com/rotaract3090/
3100	India	Akhilesh Saran Kothiwala	rot_akhilesh@yahoo.com	https://www.rotarydistrict3100business.com/
3110	India	Jitender Singh Arora	rtn.isarora@gmail.com	https://rotary3110.com/
3120	India	Subhash Kapoor	supersubhash72@gmail.com	https://www.facebook.com/groups/rotary3120/

3132	India	Dr. Sunil Madhukar Dhumal	drsunildhumal@gmail.com	https://www.instagram.com/rotarydistrict3132/
3141	India	Mr. Dilip Mansukhlal Jani	dilip.jani@dmjani.com	https://rid3141.rotaryindia.org/Home.aspx
3142	India	Jay Hariharbhai Karia	jay.karia2005@gmail.com	https://www.instagram.com/ridist3142/
3150	India	Sharath Choudary Katragadda	sharath3150@gmail.com	https://www.rotary3150.org/
3160	India	Dr. Madhava Reddy Kurapati	madhavareddykvasu@gmail.com	https://rid3160.rotaryindia.org/
3170	India	Mr Deepak Hanumanthgouda Patil	deepak.iphubli@gmail.com	https://rid3170.rotaryindia.org/
3181	India	Mr. Deepak D.S Solanki	tigersolanki@rediffmail.com	https://rid3181.rotaryindia.org/
3182	India	Alwyn Silvester Quadros	durotop@hotmail.com	https://rid3182.rotaryindia.org/
3191	India	Sreekanth Alur Sadasiviah	sreesavitheja@gmail.com	https://websites.dacdb.com/RotaryDistrict3191_5821_v6/about-us.php
3192	India	Devadasan Menon Kizhapat	devadasan.kizhapat@gmail.com	https://rotary3192.org/
3203	India	K. Nagesh	knagesh150@gmail.com	https://www.facebook.com/dist3203/events/?_rdr
3204	India	Lakshmi Narayana Prabhu	lnprabhunqm@gmail.com	https://www.facebook.com/RotaryRID3204/
3206	India	Satish Santanam	satsan@gmail.com	https://rotary3206.org/
3211	India	Alex Thomas	advalex1965@gmail.com	https://rotary3211.org/
3220	Sri Lanka	Melroy Peiris	jnmpeiris@yahoo.com	https://www.facebook.com/rotary3220/
3231	India	Mr Ramchandrar C.C	caccram@gmail.com	https://www.facebook.com/p/Rotary-District-3231-Excel-Year-2024-25-61552872903143/?locale=hy_AM
3234	India	Dr. Kumar Rajendran	kumaarrajendran@gmail.com	https://rotarydistrict3234.org/
3261	India	Mr. Biswajit Pati	biswajit_pati13@yahoo.co.in	https://www.facebook.com/p/RID-3261-100084004508322/
3262	India	SUBHRANSHU SAMANTARAY	subhranshu_s@rediffmail.com	https://rid3262.rotaryindia.org/Home.aspx
3271	Pakistan	Farooq Dadi	farooqdadi@yahoo.com	https://www.facebook.com/rotarypakistan3271/

3291	India	Pramod Kumar Sharma	pksharma.pks55@gmail.com	http://www.rotary3291.org/
3292	Nepal	Tula Bahadur Kandel	lawyertula@yahoo.com	https://rotarydistrict3292.org.np/
3300	Malaysia	Michael Boon Kit Pua	michaelbkpua@yahoo.co.uk	https://rotarymalaysia3300.org.my/
3310	Singapore	Mr. Jimmy Ooi	rtnjimmyooi@gmail.com	https://www.rotaryclubrafflescity.org/links/rotary-district-3310
3330	Thailand	Anchalee Amornsinn	amorasin19@gmail.com	https://m.rotary3330.org/index
3340	Thailand	Pratheep Singh Malhotra	pratheep3340@pattayamail.com	https://rotaryd3340.org/
3360	Thailand	Mrs. Fongchan Sooksawat Na Ayudhya	fongchan.so@gmail.com	https://www.district6360.com/
3410	Indonesia	Julia Alwi Waluyo	juliaalwiwaluyo@gmail.com	https://rotaryd3410.org/
3461	Taiwan	Mr. Uen Hua Chao	uenhuachao@gmail.com	https://www.rotary3461.org/
3481	Taiwan	Dr. Josephine Min-Ling Wong	drjo.wong@gmail.com	https://rid3481.org/
3482	Taiwan	Hui-Na Shih	dr.huina@gmail.com	https://rid3482.org/2020-21/
3490	Taiwan	Yi-Jean LIN	linjean5318@gmail.com	https://www.rid3490.org.tw/
3502	Taiwan	Pei-Chun Lee	sep78910@gmail.com	https://rotaryd3502.org.tw/
3510	Taiwan	Kuo-Chen Wang	gmico.waterchem@gmail.com	http://www.rotary-yep.org/D3510.asp
3521	Taiwan	Chih Fang Aileen Wu	pufferbabies@gmail.com	https://ri3521.org/
3522	Taiwan	Ting-Shen Chen	alexchenbon@gmail.com	https://ri3522.org/2425/include/index.php?Page=7-C
3523	Taiwan	Kevin Gi-Kuan Yu	rtic8800@gmail.com	https://ri3523.org/
3590	Korea, Republic of	Jong Min Yeo	yjm1969@gmail.com	gonskim@nongae.gsnu.ac.kr
3600	Korea, Republic of	Myeong-Sik Sim	smsnhs64@naver.com	ymh8459@naver.com
3610	Korea, Republic of	Wang Sun Seo	8915922@dbmail.one	
3620	Korea, Republic of	Sang-Chun Park	db4204@naver.com	db4204@naver.com
3630	Korea, Republic of	Sung Jin Jang	proaura@hanmail.net	a35344203@gmail.com

3640	Korea, Republic of	Do-Yeong Kim	kdy4045@gmail.com	kdy@unitel.co.kr
3670	Korea, Republic of	Beom-Seok Ko	kbsd114@hanmail.net	ksun1243@hanmail.net
3690	Korea, Republic of	Bae-Eun Song	elsong999@hanmail.net	https://www.facebook.com/p/Rotary-International-District-3690- -%EA%B5%AD%EC%A0%9C%EB%A1%9C%ED%83%80%EB%A6%AC-3690%EC%A7%80%EA%B5%AC-100064673082121/
3780	Phillipines	Jennifer Santos	chefjennsantos@gmail.com	https://rotaryphilippines.wordpress.com/directory/district-3780/
3800	Phillipines	Ms. Luz N. Cotoco	luzcotoco@gmail.com	https://rotarydistrict3800.org/
3810	Phillipines	Elenita Bagatila Landicho	ellen_landicho60@yahoo.com	https://rotary3810.org/
3820	Phillipines	Jenny R. Salud	jennyrs18@yahoo.com	https://rotarydistrict3820.info/
3850	Phillipines	Mrs. Neptune Natividad Pittman	neptunepittman@yahoo.com	https://www.rotary3850.org/
3860	Phillipines	Mr. Arnold Manaday Nicolas	amn_1309@yahoo.com	http://district3860.org
4060	Dominican Republic	Ing. Ramona Leonary Peralta	leonary122@gmail.com	https://www.instagram.com/rotarydistrito4060/
4110	Mexico	Anna Driskell Mier	mieranna@hotmail.com	https://rotarydistrito4110.org/
4130	Mexico	Martha Idalia Flores Martinez	mfadisla@hotmail.com	https://facebook.com/rfed4130mexico/ ; https://www.rotary4130.org/intercambio
4140	Mexico	Ma. MELINA JIMÉNEZ GONZÁLEZ	melinaj77@gmail.com	https://www.rotary4140.com/en
4195	Mexico	Scarlet Hernandez Rath	scarhr@hotmail.com	https://rotarydistrito4195.org/
4240	Costa Rica	Sr. Alberto Ayón Chang	ayonchang100@yahoo.com	https://www.facebook.com/Distrito4240rotary/

4271	Colombia	Josefina Arevalo de R., Sr.	josefina.arevalo@gmail.com	https://www.instagram.com/rotary4271/?hl=en
4281	Colombia	Maritza Londoño Barco	gerenciamaritzatours@gmail.com	https://www.facebook.com/RFE4281Colombia?mibextid=JRoKGi
4340	Chile	Carlos Alberto Gonzalez Coquelet, Sr.	gonzalezcoquelet1975@gmail.com	https://fex9400.org.za/
4355	Chile	Mr. Luis Enrique Espinoza Garrido	notariodepucon@gmail.com	https://www.distrito4355.cl/
4370	Venezuela	Sr. Tomás Arturo Romero Hernandez	romero.tomas786@gmail.com	https://www.instagram.com/rotarydistrito4370oficial/?hl=en
4391	Brazil	Josué José Silva	jjopto@hotmail.com	https://www.facebook.com/p/rotary4391-100083741523245/?rdr
4400	Ecuador	Mónica Patricia Jaramillo Torres	monikapjaramillo@yahoo.es	https://www.instagram.com/rotary.ecuador/?hl=en
4440	Brazil	Pedro Coelho de Almeida	pedro@vcpvisual.com.br	http://www.rotaryecuador.org/
4455	Peru	Srta. Nora Angelica Vicuña San Martín	noravicuna@yahoo.com.mx	https://www.facebook.com/RotaryDistrito4455/
4465	Peru	Erica Guadalupe Peña Ibañez	egpi3344@hotmail.com	https://m.facebook.com/rotaryfriendshipexchange4465?refid=17&paipv=0&eav=AfY11_4DXBHccfUhd bbt6VSEM4C9JuwVzLD6dp5gKMKTRYMaT59M0ir0KXgoPejB5HM&wtsid=rdr_0aW14C7r0k7Oxfr2v&mibextid=Zxz2cZ
4470	Brazil	Antonio Eliseo Caballero Sena	casena2016@gmail.com	https://www.facebook.com/rotary4470/
4480	Brazil	Valentim Aparecido Dias	valentimdias@hotmail.com	https://www.instagram.com/rotary4480/?hl=en
4500	Brazil	Roberta Costa S. F. de Oliveira Melo	rotaryrobertamelo@gmail.com	https://www.instagram.com/rotarydistrito4500oficial/?hl=en
4521	Brazil	Erika Ferreira Leite Albuquerque	erika_marcao@hotmail.com	https://rotary4521.org.br/
4530	Brazil	Fernando Leite Bezerra	fernando.bicho65@gmail.com	https://www.instagram.com/rotarydistrito4530/?hl=en
4540	Brazil	Daise Ullian Santos do Amaral Soares Rego	daise.ullian80@gmail.com	https://www.rotary4540.org.br/home
4571	Brazil	Alcione M. Giannico de A. Viana	amga.viana@gmail.com	https://www.facebook.com/Rotary4571/

4590	Brazil	Lu Bellão Luciane Cristina Gordinho Angelo Bellão	lubellao@uol.com.br	https://www.rotary4590.org.br/home
4640	Brazil	DALZIRA ARAUJO SILVEIRA	dalzirasil@hotmail.com	http://www.rotary4640.org.br/noticia/47984
4652	Brazil	Helvino Wilsmann	helvinowi@gmail.com	https://www.rotary4652.org.br/home
4660	Brazil	Geni Zandona Gehlen	genizandona.adm@gmail.com	https://www.facebook.com/distrito4660/
4680	Brazil	Sra. Helena Beatriz Petry Buchaim	helenabuchaim@gmail.com	https://revistarotarybrasil.com.br/category/distritos/4680/
4690	Bolivia	Silvia Patricia Mercado Mier	spmeren@gmail.com	https://rotary4690.org/
4700	Brazil	Jandira Pauletto	jandira.pauletto@gmail.com	https://www.instagram.com/rotaryd4700/
4710	Brazil	Claudia Silva Pereira Taha	claudia@collegelondrina.com.br	https://www.facebook.com/rotaryclubcalifornia/
4740	Brazil	Senhorita Fabiane Aparecida Pereira	fabiaap@yahoo.com.br	https://www.instagram.com/rotarydistrito4740/?hl=en
4751	Brazil	MIGUEL MENDONÇA PINHEIRO	miguelmendonca.rj@gmail.com	https://www.instagram.com/rotary4751/
4760	Brazil	Tony Couto	tonycouto1971@gmail.com	https://www.instagram.com/rotarydistrito4760/?hl=en
4770	Brazil	Sr. Flávio Henrique de Lima Oliveira	flaviobveritas@hotmail.com	https://www.instagram.com/rotarydistrito4770/?hl=en
4780	Brazil	Ana Maria Vilela Neves	ananeves@supermercadosparaiso.com.br	https://www.instagram.com/rotary4780.oficial/?hl=en
4845	Argentina	Ing. Eduardo Enrique Cubells	eduardocubells@hotmail.com	https://www.instagram.com/distrito4845/
4851	Argentina	Juan Manuel Dalmaida	juandalmaida@hotmail.com	https://www.instagram.com/rotary4851/
4895	Argentina	Irma Jesús Zurita	irma.zurita49@gmail.com	https://rotary4895.org/district.pg/ira/2019-2020
4921	Argentina	Sr. Francisc Ozerans Resina	fozerans@gmail.com	https://distrito4921.org/
4945	Argentina	Sra. Elba Carmen Bernat	elba_bernata@hotmail.com	https://www.instagram.com/rotary4945/
5010	United States	Mary Kowalczyk	cliffdwelling@kpunet.net	https://rotarydistrict5010.org/

5020	United States	Graham Calder	jgcalder51@gmail.com	https://www.rotary5020.org/friends-hip-exchange/exchange-with-5020/
5100	United States	Dr. Dennis J. Wickham	wickhamdj@comcast.net	https://rotarydistrict5100.org/contact/
5110	United States	Camille Joyce Ronzio	ajr60@comcast.net	https://rotarydistrict5110.com/
5300	United States	Jean-Pierre Claude Mainguy	jpmainguy@gmail.com	https://www.lasvegasrotary.com/
5320	United States	Jutta Whitaker-Gamboa	jutta@irvinerotary.org	https://rotary5320.org/
5330	United States	Mr. Ladd G. Seekins	ladd.g.seekins@gmail.com	https://www.district5330.org/
5360	Canada	Mr. Felipe De Jesús Guerra	felipe.guerra.f@gmail.com	https://rotary5360.ca
5495	United States	Mary Bjork Zongolowicz	mary.zongolowicz@gmail.com	https://rotary5495.org/
5500	United States	Susan M. Archibald	eggsuetrev@aol.com	https://www.rotaryd5500.org/
5580	United States	Mr. Michael Cochran	r0wmaster@hotmail.com	https://rotary5580.org/
5610	United States	Mrs. Patricia M. Sutliff	pmsutliff@gmail.com	https://www.rotary5610.org/
5680	United States	Dr. Arlen K. Honts	akhonts@att.net	https://rotary5680.org/
5870	United States	Mrs. Leslie Gwinn Bagby	lgbagby1@icloud.com	https://rotarydistrict5870.org/
5890	United States	Mrs. J. Irene Hickey Kroll	irenehkroll@gmail.com	https://rotaryd5890.org/
5910	United States	Mr. John Delaney	j_delaney@verizon.net	https://www.rotary5910.org/
6000	United States	Lesley G. Dakin	lesley@retiredfun.net	https://rotary6000.org/SitePage/friendship-exchange
6040	United States	Ben F. Martin, III	brmbj3@gmail.com	https://www.rotary6040.org/
6060	United States	Robert James Wagon	rwagon@gmail.com	https://rotary6060.org/
6200	United States	Terri Y. Wainwright	tweaux@yahoo.com	https://rotary6200.org/
6250	United States	Mark A Etrheim	mark@mchlax.com	https://www.rotary6250.org/
6270	United States	Randy Helbach	randyhelbach@hotmail.com	https://rotary6270.org/
6360	Canada	Mrs. Amy Renee Lee	leeamylee0910@aol.com	https://www.district6360.com/
6440	United States	Julie Wilkins	juliewilkins17@gmail.com	https://rotary6440.org/

6450	United States	Osei David E. Andrews-Hutchinson	dg6450osei@gmail.com	https://rotary6450.org/
6490	United States	Ms. Deborah Rugg	DebRugg@aol.com	https://www.rotarydistrict6490.org/
6710	United States	Mr. Thom S. Crimans	tcrimans@gmail.com	https://www.rotarydistrict6710.org/
6840	United States	Ms. Karen Swaim Babin	ksbabin@gmail.com	https://rotary6840.org/
6960	United States	Mrs. Janet DiBenedetto	janetdiben@aol.com	https://rotarydistrict6960.org/
6970	United States	Ms. Dottie Fortwengler	dottie@afieldofdreamstravel.com	https://rotarydistrict6970.org/
7010	Canada	Margaret Ann Walton	mwalton7010dg16.17@gmail.com	https://rotary7010.org/
7020	Jamaica	Julie Ramchandani	julieramchandani@gmail.com	https://7020.org/
7040	Canada	Simmy Ahluwalia	simmy.a@icloud.com	https://rotary7040.com/
7080	Canada	Noma Vales	vales.noma@gmail.com	https://rotary7080.org/
7090	United States	Mr. Richard P. Evans	irevans@sympatico.ca	https://www.rotary7090.org/
7120	United States	Ms. Cathryn Jensen	catwomyn19@gmail.com	https://rotary7120.org/sitepage/rotary-friendship-exchange
7255	United States	Mr. Gabor Karsai	karsai@aol.com	https://rotary7255.org/
7430	United States	Katie M. Farrell	kmfarrell@comcast.net	https://clubrunner.blob.core.windows.net/00000050086/en-ca/files/homepage/international-service-rotary-district-7430-fr/district-7430-rotary-friendship-exchange-web-site-page.pdf
7545	United States	Mr. Dennis M. Shreve	dmsshreve12@gmail.com	https://rotarydistrict7545.org/
7570	United States	Mr. C. Burt Duren	durencburt@gmail.com	https://www.rotary7570.org/friendship-exchange/
7670	United States	Prof. Isaac B. Owolabi	dgisaac1819@gmail.com	https://www.rotary7670.org/?p=whe-reclubsmeet
7680	United States	Mrs. Ineke Wilson	for.ineke@gmail.com	http://www.rotary7680.org/
7815	Canada	Mr. Thomas G. McCaughey	dgtom7820@gmail.com	https://ridist7815.org/
7910	United States	Clifford Eric Rober	cliffcoach@aol.com	https://www.rotary7910.org/
7930	United States	Joan Kelly Arsenault	thewellbeing@comcast.net	https://rotary7930.org/

9103	Niger	Monsieur Moussa Mahamadou Marou	moussam13@yahoo.fr	https://rotary9103.org/
9104	Ghana	Eric Dzidedi Botey	botey9090@hotmail.com	https://rotarydist9104.org/
9111	Nigeria	Dr. Adewale Saheed Sanni	adewale.sanni@icloud.com	https://www.rotary9111.org/
9112	Nigeria	Christyn Nneka Obiajulu	raluchi1@yahoo.com	http://www.rotary9112.org
9126	Nigeria	RTN Omolola Oluwakemi Fadumiye	omololafadumiye@gmail.com	https://rotarydistrict9126.org/
9127	Nigeria	Abdul-Hakim Sani	akeemsani5@gmail.com	https://www.facebook.com/rotaractd9127ng/
9141	Nigeria	Osazuwa Obakpolor	osazuwaobakpolor@yahoo.com	https://rotarydistrict9141.org/
9142	Nigeria	Adiaha Obong Ukoyen	adiahaobongukoyen@gmail.com	https://rotarydistrict9142.org/
9143		Israel okonkwo	bugabush@yahoo.com	
9150	Cameroon	Lulu Senga	lulousng@hotmail.com	https://rotarydistrict9150.org/
9210	Zambia	Rachel Ward	rachwar1402@yahoo.co.uk	https://rotarydistrict9210.org/
9212	Kenya	Mrs. Margaret Waturi Munene	Wakiarie1960@yahoo.com	https://www.rotary9212.org/
9213	Uganda	Ronald Reagan Namanya	ronaldnreagan1784@gmail.com	https://portal.clubrunner.ca/50109
9214	Uganda	Rita Namakiika Nangono	rnangono@gmail.com	https://rotaryd9214.org/
9220	Mauritius	Mr. Jean Yves De Fleuriot de la Colinière	jydefleuriot1960@gmail.com	https://www.rotary9220.org/
9350	South Africa	Mr. Pieter Andre van Aswegen	pavanaswegen@gmail.com	https://rotary9350.co.za/
9370	South Africa	Mr Ash Maharaj	ash.maharaj108@gmail.com	https://portal.clubrunner.ca/50221
9400	South Africa	Mrs Jacqueline Van Waveren	jackievw40@yahoo.com	https://rotary9400.org.za/
9560	Australia	Ida Portella	Idaportella@bigpond.com	https://rotary9560.org/
9660	Australia	Mrs. Diane Carolyn Hall DGE JP	dihall605@gmail.com	https://rotary9660.org.au/
9675	Australia	Ms Rebecca Emily Murray	rebecca.murray5555@gmail.com	https://rotarydistrict9675.org/
9920	New Zealand	Mrs Jeanette A Drysdale	drysdale_ja@xtra.co.nz	https://rotarydistrict9920.org/

9930	New Zealand	Mr Alan Charles Hitchcock	alan.hitchcock@xtra.co.nz	https://rotary9930.org/page/fellows-hips-affiliates-rotary-friendship-exchange
9999	New Zealand	Mrs Irene Mosley	results4u@xtra.co.nz	https://rotarydistrict9999.org/