

HEALTH CERTIFICATE

Counselor/Assistant Counselor Name: _____

The activities in which you will participate while at Camp RYLA are generally comparable to those experienced in high school, including physical education activities. Some activities may be very strenuous and the heat is always a factor. The camp supervisors **MUST** know of any physical limitations, medications or recent medical treatments or surgeries that may affect your welfare. While this will not limit your participation, special precautions can be taken to ensure your safety.

Please check all items listed below with Yes or No. If Yes, please give a brief description of the problem:

YES NO

FREQUENT OR SEVERE HEADACHES
DIZZINESS OR FAINTING SPELLS
UNCONSCIOUSNESS FOR ANY REASON
EYE TROUBLE (*not correctable with glasses*)
HEART TROUBLE
HIGH OR LOW BLOOD PRESSURE
CRONIC OR RECENT EAR TROUBLE
SIGNIFICANT ABDOMINAL TROUBLE (*including hernia*)
UNLESS CORRECTED
EPILEPSY
HEAD INJURY
NERVOUS TROUBLE OF ANY SORT
ASTHMA OR ANY BREATHING DISORDER
INJURIES (*requiring hospitalization*) OR SURGERY WITHIN
THE LAST 5 YEARS
ANY ALLERGIES (*including allergies to medications*)
DIABETES OR HYPOGLYCEMIA
CURRENT MEDICATIONS (*please list below*)
OTHER (*please specify any medical conditions not listed above*)

IF YES ON ANY OF THE ABOVE PLEASE DESCRIBE HERE:

I hereby certify that to the best of my knowledge and belief my health is as shown above.

Signature

Date