NOTE: As soon as your Interact club has completed the ONE (1) REQUIRED GOAL, and at least FOUR (4) OTHER GOALS...Please submit your form. Scan & Email to: interactdistrict5890@gmail.com or by FAX to (979) 543-0027



DEADLINE TO SUBMIT: June 1, 2019...but please submit BEFORE THE LAST DAY OF SCHOOL 2019.

ROTARY CITATION FOR INTERACT CLUBS

Be the Inspiration

We want Interact members to have fun while making a positive difference in their school and community. Include the following activities in your 2018-19 plans and you won't just keep members energized and attract new ones, you'll also earn a Rotary Citation for your efforts. Your club has the entire Rotary year – 1 July 2018 to 30 June 2019 – to work with your sponsoring Rotary club to achieve the citation's goals.

Your Interact club president or adviser should report your club's achievements to your sponsor Rotary club president. The Rotary club president will be contacted by Rotary with instructions for reporting this achievement.

To ear the citation, clubs must achieve one required goal and at least four other goals. Be sure to send your accomplishments to your sponsoring Rotary club's president to make sure your club receives recognition.

Partner with your sponsoring Rotary club

By keeping your club linked to Rotary International and your sponsoring Rotary club, you'll be able to access Rotary resources to strengthen and support your club.

• Required: Have your sponsoring Rotary club's president check the Listing of Club-Sponsored Organizations in Rotary Club Central to confirm that your Interact club is listed as active in Rotary International's records. If your information is not upto-date, learn how to update your club's information.

Enhance your members' experience

Interactors develop their leadership skills while discovering the power of Service Above Self. Connect your members with opportunities outside of your club.

- 1. Plan a meeting to introduce members to Rotary programs for young leaders, such as RYLA and Rotary Youth Exchange. Encourage them to pursue these opportunities.
- 2. Collaborate with your sponsoring Rotary club to develop and participate in a career day or mentoring activity.
- 3. Work with your sponsoring Rotary club to connect graduating Interactors

Serve your community and your world

Interact offers club members the opportunity to meet people from around the world and experience new cultures while making a positive difference.

- 4. Organize or participate in a school or community service project or fundraiser that supports one of Rotary's areas of focus.
- 5. Plan and carry out a service project for Global Youth Service Day.
- 6. Make a video that features your club's service activities and enter it in the Interact Video Awards.
- 7. Invite a Rotary Youth Exchange student or someone else from another country to give a presentation about their country at your club meeting.
- 8. Collaborate with your sponsoring Rotary club to raise funds for End Polio Now or another cause.

5890 2018-2019 INTERACT CLUB PRESIDENTIAL CITATION - DISTRICT 5890 PROJECT IDEAS

Need help? Contact Brittni Staff - interactdistrict5890@gmail.com - Cell: (979) 578-6347

REQUIRED GOAL:

Active status with Rotary International

ENHANCE YOUR MEMBER'S EXPERIENCE

GOAL #1 – ROTARY PROGRAMS FOR YOUNG LEADERS

Invite a Rotarian to have a meeting with your members about RYLA Camp and/or presentation about Rotary Youth Exchange

GOAL #2 – CAREER DAY OR MENTORING ACTIVITY – ASK YOUR SPONSORING ROTARY CLUB TO HELP

Crease awareness and help students learn about careers, or mentor students in middle school or elementary school.

GOAL #3 – ROTARACT

Connect graduating Interactors to university or community-based Rotaract clubs. Go to www.Rotary5890.org, and select "Interact" to find an Alphabetical List of Rotaract clubs in the State of Texas, so share with senior Interactors and encourage them to join Rotaract...and you've qualified for this activity. At our Interact Round-Up & Interact DCon, we'll have Rotaractors speak to senior Interactors, and this will count!

SERVE YOUR COMMUNITY AND YOUR WORLD

GOAL #4 - SERVICE PROJECT OR FUNDRAISER THAT SUPPORTS ROTARY'S AREAS OF FOCUS

- Peace and conflict prevention/resolution
- Disease prevention and treatment
- Water and sanitation

- Maternal and child health
- Basic education and literacy
- Economic and community development

Projects that promote peace, focus on disease prevention of any kinds (AIDS, polio, diabetes, cancer, heart disease, etc.), clean water (Living Water International, Disaster Aid, or any other group that provides clean water), helping women and children (donate items or volunteer at a homeless shelter or one that helps victims of human trafficking/physical abuse, provides food or health care), collect food for Houston Food Bank or for your local community food bank, hold a food drive like our Trick-or-Treat to End Hunger Project, collect & donate clothes to Goodwill Industries, etc.), basic education (collect and donate books, volunteer to read, volunteer at a local library, etc.), or raise funds or donated used books or volunteer for Rotary Books for the World, PolioPlus, Goodwill Industries, or volunteered at a YSA (Youth Service America) Project, hold or volunteer at any project that creates awareness about different cultures and diversity, etc.... then you qualify!

GOAL #5 – PLAN & CARRY OUT A SERVICE PROJECT FOR GLOBAL YOUTH SERVICE DAY

Youth Service America is one of Rotary's partners, so plan an event and register it at www.YSA.org. Do a clean-up day at your school, local park or elementary school. Their website has lots of info and ideas.

GOAL #A - SUBMIT A VIDEO FOR THE 10th ANNUAL INTERACT VIDEO AWARDS- Deadline is usually December 1st

Start working on a video this summer. Visit www.YouTube.Com/InteractOfficial for info. Use the video you created for the Interact DCon and make a few edits to fit the theme. They need to look professional, so ask the Technology Department at your school to help.

GOAL #7 – PROMOTING INTERNATIONAL UNDERSTANDING – ROTARY YOUTH EXCHANGE STUDENTS

Ask your sponsoring Rotary club if they are hosting and Inbound Rotary Youth Exchange Student from another country, and if they attend your school ask them; 1) to join your Interact club, and 2) ask them to give a presentation. Maybe the parents of your Interactors can come speak about their home country, or even a Rotarian from you sponsoring Rotary club. Also, we have many former Rotary Youth Exchange Students (ROTEX) from the Houston area that could come speak...just contact Brittni Staff for their contact info.

GOAL #8 – PARTICIPATE IN AN EVENT TO BUILD AWARENESS OF POLIO OR RAISE FUNDS TO HELP ERADICATE POLIO

Submit an article to your local newspaper, discuss the eradication of polio at your school or raise funds to help Rotary eradicate polio: Purple Pinkie Project, Walk-A-Thon, Golf Tournament, Pennies for Polio, etc. At Rotary's www.EndPolio.org site, scroll to the bottom to the "Materials to Help Spread the Word Resource Center" for photos, templates, Social Media, video, banners & poster downloads & more! Also, visit www.Rotary5890.org, "Interact" Site Page, for our Purple Pinkie Project Handbook, the "Heal the World" video, etc. for presentations at your school, Rotary club, or local community events. For each \$1 you raise, Gates Foundation will match with \$2 so that's a total of \$3... and since each polio vaccine costs 50 cents.... you've protected 6 children from polio!