

Rotary

District 6000



Paul E. Hellwege **Guardians of Integrity**



Rotary International
District 6000

April 24, 2021

Remembering Paul Hellwege

At the time of his death at age 97 on Jan. 28, 2010, Paul E. Hellwege had been a past district governor in District 6000 and its predecessor districts for 55 years, which was more than half the 105-year existence of Rotary. During those years, the Boone Rotarian provided continuity, consistency and credibility to Rotarians young and old in District 6000 as a friend, mentor, story teller and redoubtable source of the history and traditions of our district.

To honor Paul's many contributions, and to promote the ideals of ethics and integrity which his life exemplified, District 6000 established the Paul E. Hellwege Guardian of Integrity Award in 2011. Clubs were invited to nominate a member who has been a member for a minimum of three years and whose life exemplifies the attributes and passion for ethics and integrity in his or her vocation, business and personal life that Paul exemplified.

This award recognizes individuals who have made outstanding contributions that foster the development of integrity. The award honors individuals who have made contributions in business, media, academia or government and who have by their actions, writing, policies and public pronouncements strengthened and fostered development of integrity and ethical practices – and who have made sacrifices and/or undertaken risks to uphold Rotary's Core Value of Integrity.

We have been inspired by the examples of the 95 outstanding Rotarians who have been nominated by their clubs in the program's first 10 years. Committee member Nancy Pacha commented: "Wow! These nominations are always so humbling to read. What remarkable people. I wish they all lived in my neighborhood and were friends I could invite to dinner frequently."

That's Rotary! The initial goal was to select one Rotarian annually as the district Guardian of Integrity Award recipient. Soon, however, it became apparent that all of our nominees were Guardians of Integrity.

I would like to thank the clubs who nominated the outstanding Rotarians whose biographies appear in this folder. The information here is just a snapshot of their many contributions. Special appreciation is extended to District Administrator Carolyn Scharff, District Governor Steve Dakin, and the District 6000 Vocational Service Committee: Nancy Pacha, who masterfully writes the profiles in this brochure, PDGs Susan Herrick, Jacque Andrew and Mike Ruby.

Our wish is that the award can provide a perpetual memory of the life of this one incredible Rotarian – Paul Hellwege – and it will do that when others are inspired to follow his example, which is summed up succinctly in Rotary's Four-Way Test and Rotary Code of Conduct.

– PDG Bill Tubbs, District 6000 Vocational Service Committee chair

2021 Guardians of Integrity ...



Carolyn Jons
Ames Morning



Tom Friedman
Ankeny



Tim Lane
Bettendorf



Lisa Mount
Boone



Loring Miller
Decatur County



Nancy Stensvaag
Iowa City AM



Tony Conn
Keokuk



T Waldmann-Williams
Knoxville



Dick Cole
North Scott



Doug Hillman
West Des Moines



Steve Hanson
West Liberty

2021 Guardians of Integrity

Ames AM Rotarian Carolyn Jones is a champion of access to early childhood literacy for all children, with special concern for low-income populations. Carolyn's work and initiatives in several reading programs led her to found Raising Readers in Story County, an endeavor that has quantifiable evidence of improved reading readiness for kindergarteners. Carolyn has won award after award for her dedication to philanthropic efforts from Iowa to Honduras. Her dream of "a future in which all children grow up with a strong foundation in literacy" guides her continually.

Ankeny Rotarian Tom Friedman is a banker who is deeply engaged in his community. He coaches youth athletic teams, serves on several local and state boards, moderates the Ankeny Area Chamber of Commerce Government Committee forum, organizes fundraisers for Special Olympics and service projects for the Ankeny Service Center, and he writes a bi-weekly column entitled "Small Business Today" about building a culture for employees to create and deliver exceptional service to clients. His devotion to his community has earned him many honors as Tom "exemplifies the meaning of the Rotary motto Service Above Self."

Bettendorf Rotarian Tim Lane sees the big picture as he works toward goals, and he strives for the "benefit of all, not just some." With creative thinking and an eagerness to make a difference, Tim organized QC100, a philanthropic organization to raise money for the local community. He also initiated Pay It Forward for fifth graders to develop a charitable, philanthropic mentality. Big dreams have led Tim to create successful fundraisers for Rotary and for local organizations. He leads retreats and service trips for his church and mentors new co-workers. When Tim sees needs, he works tirelessly toward solutions.

Boone Rotarian Lisa Mount is a businesswoman and community volunteer. A working mom, Lisa manages an office for real estate, insurance and financial services. As well, she is found working with the Public Library and area school districts to support literacy, and she has worn many of the hats that her Rotary club has asked that she wear, including that of the co-chair of the conference you attend today. If you visit Boone and appreciate the Boone Rotary Welcome Train, it is because Lisa's leadership devoted three years to refurbish and transport it to its location to greet you. Lisa "does not quit until the job is complete."

2021 Guardians of Integrity

Decatur County Rotarian Loring Miller is best known in District 6000 for his long and storied commitment to Rotary Youth Exchange and as a Past District Governor. Lesser known to many is that he is a third generation Rotarian and that he has had a hand in projects and initiatives in India, Mexico, China, Brazil and far beyond. He has vaccinated children against polio, helped build a school and an orphanage, been an international presenter and facilitated the life-changing experience of youth exchange to hundreds of youth worldwide. And just imagine all the positive good he has done in his own local community. Loring's imprint will endure and be "recognized for generations to come."

Iowa City AM Rotarian Nancy Stensvaag is described as "literally and figuratively a builder of safe places." Volunteer Director of Habitat for Humanity from 1995 until 2003, Nancy directed building of 24 homes for families. She has helped to find spaces for homeless to spend winter nights and organized conversion of a former county building into a social service campus to house offices for DVIP, CommUnity Crisis Center of Johnson County, NAMI and for Free Lunch Program. In Pakistan there is a girls' school with Nancy's influence and in Korea, an Ambassadorial Scholar who became a member of her family.

Keokuk Rotarian Tony Conn has served his country, his community and Rotary. In 2010, two years after joining Rotary, Tony participated in a humanitarian service mission to Africa and two years after that, he went to India for a National Immunization Day. Growing passion led Tony to assume leadership positions in his Rotary club and the district and to publish a book based on letters extending peace from Keokuk Rotarians to clubs around the world. "Highly regarded and respected" in Keokuk, the former officer in the Army Corps of Engineers is founder and CEO of Conn Communications and staunch community volunteer.

Knoxville Rotarian T. Waldmann-Williams is an active partner to her community, her family, her church and Rotary. A member of the Chamber of Commerce, organizer of a Four-Way Test essay contest in the Knoxville Elementary School, family caretaker, Eucharistic Minister in her church, past President of Rotary, current club Secretary, grant writer, RYLA counselor and Assistant Governor, T. serves. She matches employees to jobs, including disabled potential employees in her role as Chairperson of the Central Iowa Workforce Development Board. She is the "overall go-to person, dependable and productive."

2021 Guardians of Integrity

North Scott Rotarian Dick Cole uses his vocational skills to lend a hand to any project that needs his help. In 45 years teaching industrial tech, he has positively influenced the lives of thousands of students in career paths to serve others. He and his wife, Shirley, have been ambassadors of goodwill in travels to 50 states and 30 countries, always seeking Rotary connections. In his Rotary club and community, he serves quietly and unassumingly, building handicapped ramps, repairing Rotary benches, taking books to inmates at the county jail, and sharing life skills with new generations whether through GED, at One Eighty, at the blacksmith shop at Walnut Grove Pioneer Village, or recycling wood for industrial arts students. “If there is a need to be done, you can count on Dick Cole.”

West Des Moines Rotarian Doug Hillman is a retired Drake University accounting professor who has received prestigious awards for his teaching skills. As well, Doug has been recognized and honored for his service as a member of many Des Moines area boards. Doug’s dedication as a community volunteer leader has been particularly profound through his involvement with Mosaic of central Iowa, an organization serving disadvantaged people in his area, and with Iowa Prison Industries, which helps offenders transition successfully back into society. “Doug walks and talks the important aspects of being a servant leader.”

West Liberty Rotarian Steve Hanson has devoted his vocational life and his volunteer life to children and youth. A former principal and superintendent of schools, Steve continues in retirement to aid young people who can benefit by helpful direction to positively impact their lives. Steve is director of Dream Catchers, an organization that guides and mentors elementary and secondary students to achieve their promise. As chair of the District Interact Committee, Steve supports 30 Interact clubs, connecting and encouraging them. Steve’s belief in “early empowerment has made a lasting difference” that betters our world.

Character is doing the right thing even when it costs more than you want to pay. — *Michael Josephson, whatwillmatter.com*



Rotary

✓ **Join Leaders**
✓ **Exchange Ideas** ✓ **Take Action**

'I got to know Paul Hellwege ...'

I got to know Paul Hellwege in the early 1980s after I was newly appointed to the bench and was sent by the state to the National Judges School in Reno, Nev., for three weeks. I was a new judge and a student at the school; Paul was both an instructor and an unofficial den mother for those of us from Iowa finding ourselves in the sin city of the country, Reno. We began a friendship there which lasted for the better part of 20 years, until his death. We were not in the same judicial district, and lived some 150 miles apart so that our paths had not crossed before Reno.



Paul Hellwege

I can't think of a more appropriate award to be given in Judge Hellwege's name – an award for ethics and integrity. If ever there was a man who epitomized that which is signified by the words “ethics” and “integrity,” it was he.

My most sincere congratulations for making such an award and naming it after Judge Hellwege. Were he yet living, he would have been quite honored and quietly pleased with your selection.

Sincerely,

James D. Jenkins, Albia, Iowa

The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST: The development of acquaintance as an opportunity for service;

SECOND: High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD: The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH: The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

District 6000 Guardians of Integrity

2020

James Ramsey, Ankeny
Bill Daley, Bettendorf
Troy Thompson, Boone
Neal Smith, Des Moines
Tom Novak, Iowa City AM
Ed Kiedaisch, Keokuk
Greg Schaapveld, North Scott
Robert Mauer, Pella
Jim Conrey, West Liberty

2019

John Lott, Ames Morning
Sally Schroeder, Ankeny
Mary Youngblood, Boone
Gene Meeker, Davenport
Craig Hertel, Jefferson
Mike Schoville, Johnston
Keokuk, Dick Lofton
Will Prather, Knoxville
Paul Holzworth, North Scott
Ed Arnold, Northwest Des Moines
Wyndell Campbell, Oskaloosa

2018

David Miller, Ames Morning
Kathy Sibbel, Ankeny
Ann Kappeler, Bettendorf
Dave Cook, Boone
Terry Geiger, Decatur County
Lynn Washburn Livingston, Davenport
Matt Lafrenz, Fort Madison
Don Orris, Jefferson
Dev Kiedaisch, Keokuk
Gary Anderson, Knoxville
Brad Vollstedt, Manning
Becky Bray, North Scott
Conrad Gregg, West Liberty

2017

Thomas Walsh, Ames
Gary Welch, Ankeny
S.K. Nanda, Bettendorf
Jeff Anderson, Boone
Philip Metcalf, Decatur County
Dick Kleine, Davenport
Larry Nash, Fairfield
Nancy Pacha, Iowa City AM
Harold Bischman, Iowa Quad Cities
Mary Jane Goeke, Keokuk
Glen Keppy, North Scott
Tom Brooke, West Liberty
Roger Schlaefer, Waukee

2016

Al Hermanson, Ames Morning
Nate Burnham, Ankeny

Jim Slavens, Bettendorf
Rob Herrick, Boone
Lee Elson, Decatur County
Dale Belknap, Des Moines
Deb Dunkhase, Iowa City AM
Gary Von Ahsen, Jefferson
Ken Andresen, Johnston
Patrick Olsen, North Scott
Diana Reed, Northwest Des Moines
Bill Koellner, West Liberty

2015

Gerald Klonglan, Ames
Susan Herrick, Boone
Dennis Dietz, Johnston
John Billingsley, Newton
Charlie Jones, North Scott

2014

Bob Morrison, Davenport
Elaine Estes, Des Moines
Jim Swaim, Iowa City AM
Jim Smith, North Scott

2013

Decker Ploehn, Bettendorf
Scott Raecker, Des Moines AM
Robert D. Ray, Des Moines
Pat Schnack, Iowa City AM
Pete Wallace, Iowa City
Merle Anderson, North Scott

2012

Don Goering, Ames
Frank Mitvalsky, Bettendorf
Steve Dakin, Boone
Scott Raecker, Des Moines AM
Ned Looney, East Polk
Pete Wallace, Iowa City
Rick Morain, Jefferson
Mark Zirkelbach, Johnston
James Frevert, Nevada
Keith Mattke, North Scott
Bill Reese, West Des Moines

2011

David Deuth, Bettendorf
Vernon Condon, Boone
Gary Foster, Clinton
Pete Knapp, Coralville-North Corridor
Brock Earnhardt, Davenport
Scott Raecker, Des Moines AM
Jean Bartley, Iowa City AM
Jim Miles, Johnston
Robert Walters, Nevada
James Koehler, North Scott
Ann Harris, Washington

WHAT WILL MATTER

Ready or not, some day it will all come to an end.

There will be no more sunrises, no minutes, hours or days.

All the things you collected, whether treasured or forgotten, will pass to someone else.

Your wealth, fame and temporal power will shrivel to irrelevance.

It will not matter what you owned or what you were owed.

Your grudges, resentments, frustrations and jealousies will finally disappear.

So too, your hopes, ambitions, plans and to-do lists will expire.

The wins and losses that once seemed so important will fade away.

It won't matter where you came from or what side of the tracks you lived on at the end.

It won't matter whether you were beautiful or brilliant.

Even your gender and skin color will be irrelevant.

So what will matter? How will the value of your days be measured?

What will matter is not what you bought but what you built, not what you got but what you gave.

What will matter is not your success but your significance.

What will matter is not what you learned but what you taught.

What will matter is every act of integrity, compassion, courage or sacrifice that enriched, empowered or encouraged others to emulate your example.

What will matter is not your competence but your character.

What will matter is not how many people you knew, but how many will feel a lasting loss when you're gone.

What will matter is not your memories but the memories of those who loved you.

What will matter is how long you will be remembered, by whom and for what.

Living a life that matters doesn't happen by accident.

It's not a matter of circumstance but of choice.

Choose to live a life that matters.

– Michael Josephson, founder of Character Counts

Integrity: *Webster's New World Dictionary*

1. Completeness; wholeness.
2. Unimpaired condition; soundness.
3. Uprightness, honesty, and sincerity.

A Life of Integrity ...

By Rotarian Bob Schaub/Boone

Publisher, Boone News-Republican, 2004

Surely no man has done more to exemplify Rotary in District 6000 than Paul E. Hellwege of Boone.

Known to his friends as “The Judge,” Hellwege was attracted to Rotary early in his career in Boone, but he had to wait to join the Boone club until the classification of attorney came open in 1948.

Once in, he quickly seized the opportunity to serve that Rotary offers. By 1951, he became president of the Boone club, and by 1954, he was governor of District 197, the old number of District 6000.

For many district governors, their year as governor caps their Rotary activity. For Judge Hellwege, who became governor at age 41, his year as governor was almost part of the beginning of his Rotary service.

Hellwege has served on the Council on Legislation four times, on the Ambassador Scholarship Committee six years, on the Group Study Exchange Committee three years and the Rotary Foundation Committee three years.

The Judge is a Paul Harris Fellow several times over, a Rotary Foundation Benefactor and, in 1995, received the Foundation Major Gift crystal for contributions to the Permanent Fund of The Rotary Foundation.

In 1994, Hellwege received The Rotary Foundation’s Citation for Meritorious Service. (In 2007, RI President Bill Boyd personally presented him with the Foundation’s highest honor, the Distinguished Service Award.)

Meanwhile, back in Boone, the Judge chaired the committee hosting the visit of Rotary International President Carlos Canseco in 1984 and later took charge of the club’s 75th anniversary celebration.

In 1999, Paul and Phoebe Hellwege endowed a scholarship for needy students from an agricultural background at the University of Iowa College of Law.

More than 100 people – from Boone, from the legal community of Iowa and Rotarians from District 6000 – attended the announcement in Iowa City. Richard T. Jordan, a Boone County attorney, and Phoebe Hellwege gave some of the background for the event.

Paul’s Rotary Partner Phoebe has always been a quiet supporter of her husband at Rotary meetings, which she continues to this day. (Editor’s note:



Phoebe & PDG Paul Hellwege

Phoebe died in 2006.) One Rotarian expressed surprise at how effective a speaker she was. “Well,” the Judge responded, “she wasn’t a Phi Beta Kappa for nothing.”

Paul E. Hellwege was born July 3, 1912, in Amaqua Township northwest of Boone. He finished high school at Boxholm School in 1930.

His father, a tenant farmer, moved the family to a farm southeast of Boone, and Paul helped out at the farm for two years.

Then he took what he had saved and \$3 from his father and hitchhiked to Cedar Rapids, from where he took the train to Iowa City.

He worked at a variety of jobs at the university and was graduated from the State University of Iowa in 1936 and from the College of Law in 1938.

Among the jobs at the university, he encountered a dietician named Phoebe Benson. They were married in 1939. Paul and Phoebe had two children (both now deceased): Janice, married to Dr. Olaf Malmin, and David P. Hellwege, married to Jo.

After he passed the bar, Hellwege rented space from a Boone lawyer named Goodykoontz. In 1942, he ran for county attorney and won, becoming the first Democrat in Boone County to hold that office and the first Democrat in the Boone County Courthouse that anyone could remember. He is credited as being the man who established the Democratic Party as a force in Boone County.

Hellwege served as county attorney for six years. Then, from 1952 to 1958, he was city attorney for Boone. He was appointed by Gov. Herschel Loveless to serve as district judge following the death of H.C. Nichol in 1958.

Hellwege became the first Democrat to serve as judge of the 11th Judicial District since 1894. Hellwege became part of an effort to make election of judges nonpartisan, but the effort failed, and Hellwege failed to win nomination for the post in the fall of 1958.

Hellwege lost the battle but won the war. In 1962, the election of judges was made nonpartisan, and in 1964, Judge Schaupp told Hellwege he planned to retire – was Paul interested in returning to the bench?

Gov. Harold Hughes appointed Hellwege judge in 1964. Hellwege served as district judge until May 1981 and as senior judge until December 1990. Judge Hellwege’s love was the law. His fellow judges described him as “an able and respected judge.” The Iowa Supreme Court, in affirming a criminal case presided over by him observed, “Trial court throughout displayed that patience and insight which characterizes competent management of criminal cases.”

When he explained why he was endowing the scholarship at the College of Law, the Judge said he had always believed he might have gotten more from his time at the U of I if he could have spent more time at his studies and less doing what he had to do to pay for room, board and expenses.

Judge Hellwege has set a standard of service through his club, through his vocation, through his community and throughout the world of Rotary.

ROTARY CODE OF CONDUCT



As a Rotarian, I will

1. Exemplify the core value of integrity in all behaviors and activities
2. Use my vocational experience and talents to serve in Rotary
3. Conduct all of my personal, business, and professional affairs ethically, encouraging and fostering high ethical standards as an example to others
4. Be fair in all dealings with others and treat them with the respect due to them as fellow human beings
5. Promote recognition and respect for all occupations which are useful to society
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community
7. Honor the trust that Rotary and fellow Rotarians provide and not do anything that will bring disfavor or reflect adversely on Rotary or fellow Rotarians
8. Not seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship

THE FOUR-WAY TEST (OF THE THINGS WE THINK, SAY OR DO)

FIRST: IS IT THE TRUTH?

SECOND: WILL IT BE FAIR TO ALL CONCERNED?

*THIRD: WILL IT BUILD
GOODWILL AND BETTER FRIENDSHIPS?*

FOURTH: WILL IT BE BENEFICIAL TO ALL CONCERNED?