### 2025 Rotary District Life Leadership Conference:

# LLC What to Wear, What to Bring, and What Not to Bring (revised 5/20/25)

#### What to Wear:

- -Casual, comfortable, and appropriate clothing for four days
- -Sneakers or comfortable shoes for walking
- -Work out clothing for recreation times (& optional morning workouts)
- -You will also need one dressier outfit for one evening. This dressier outfit is up to you and what you find comfortable this could include dress pants, blouses, button-down shirts, skirts, dresses, or a suit (with or without a tie)

# What to Bring:

- -Flip flops/water shoes for the shower
- -Photo ID
- -Water bottle
- -Snacks
- -Prescription medication (if you need special storage, please let staff know upon arrival)
- -Backpack or small bag to carry items with you during the day (once we leave the dorms in the morning, we usually aren't back in them until late at night!)
- -Bed linens or a sleeping bag (this includes pillow(s)/pillow cases) for a twin-size mattress
- -Bathroom toiletries including hand soap, towels, as well as a blow dryer or any styling tools (toilet paper and a shower curtain are the only supplies in the dorms)
- -Sunscreen
- -Rain coat/umbrella
- -Notebook and writing utensils if you like to take notes

#### **Optional items:**

- -Fan (this one is highly recommended as the dorms are not air conditioned!)
- -Clothes hangers: whatever amount you want for clothing that you'd like to hang up
- -Workout clothes, sports equipment (no skateboards or roller blades). If you choose to bring sports equipment, please label it accordingly and store it in your dorm room during non-recreation times
- -Talent Show materials (if you would like to participate and it requires materials beyond a chair and microphone/music stand)
- -If you choose to bring any electronic devices for recreation times, you will be responsible for their security

# **DO NOT Bring:**

- -Anything that could be taken for a weapon
- -Tobacco, vaping devices, alcohol, illegal drugs, or recreational drugs
- -Any potentially dangerous materials (fireworks, etc.)

#### For International Students:

- -Electronic (PPT, flash drive, etc.) files about your country
- -Flag or other materials you wish to share about your country