

Where We're Going?

Tanzania is located in East Africa on the coast of the Indian Ocean. It is a developing country noted for its amazing natural beauty and it's stability. The country has a thriving tourist industry that provides for all types of tourists. The capital of Tanzania is Dodoma but the largest city is Dar es Salaam, this is also where the US Embassy is located.



June-late October is the dry season

They can be very cool this time of year. The evenings or cool and the daytimes are warm. The highs are in the low 70's F and the lows are in the low 50's F at night



- A passport and a visa are required to travel to Tanzania. US citizens with a valid passport should obtain a visa before arriving to Tanzania. US passports should be valid for a minimum of six months beyond the date the visa is obtained. To gain a visa to enter Tanzania you must visit the Embassy of Tanzania's website at http://www.tanzaniaembassy-us.org and print the visa application form.
- You must then mail the completed application form, passport, two passport photos, a \$100 money order, and a letter from EdPowerment's partner organization, KIWOCE, explaining your volunteer role.
- When you mail the documents to the Embassy of Tanzania make sure you use a tracking envelope so you can track your passport. Also included a prepaid selfaddressed tracking envelope inside the package for the Tanzanian Embassy to use when shipping it back to you.
- All application requirements are listed on the Embassy of Tanzania's website http://www.tanzaniaembassy-us.org.





- It is important to be current on your childhood immunizations prior to travel.
- For travel to Tanzania the CDC recommends the following vaccines:
 - Hepatitis A
 - Hepatitis B
 - Typhoid
 - Yellow Fever- this is required to enter Tanzania and proof of the vaccination will be required by the customs agent at time of entry.
- As needed, booster doses for tetanus-diphtheria, measles, and polio
- Malaria is a disease that is prevalent in the East African Region and is transmitted by the bite of an infected female mosquito. There are many mosquitoes in the Kilimanjaro Region. The CDC highly recommends taking precautions against malaria. If you become ill with a fever or flu-like illness or when you return home it is important you seem medical attention immediately. In Tanzania it is important that you use **bug spray**, sleep with a mosquito net, and talk to your doctor about taking an anti-malarial medication. Despite the risk of malaria most travelers can avoid becoming ill by taking precautions.
- It is important to see your doctor at least four to six weeks before your trip for shots to take effect.





- Diseases from food and water are the leading cause of illness in travelers. Even with precautions, traveler's diarrhea may be inevitable occurrence as a consequence of eating food different than you are used to. It is important that you follow basic guidelines when eating and drinking food in places that are unfamiliar to you.
- Food will be prepared especially for our American based group.
- Bottled Water will be provided at the hostel where we will be staying.
- Private clinic, used by American's is available if needed.
- Please check out the CDC website prior to your volunteer experience. (<u>www.cdc.gov</u>).

Estimated Cost for 2 week Trip to Tanzania

Predeparture:

- Visa Application: \$100
- ¶ Immunizations:
- Depends on needed but Yellow Fever and Malaria medication is a must

Trip Costs:

- Flight: Depends on group rate- might be best to work through a travel agent. You are flying into Kilimanjaro Airport (JRO)
- Room and Board= \$20 a night (Includes breakfast & dinner)
- Food (lunch & snacks) = \$10 a day
- Transportation= Still figuring that out- it will depend on how many people come and what we do
- Safari 3 days= \$800 ish

Tentative Itinerary

Currently the most economical and shortest trip, in terms of legs, is to fly KLM/Delta to Amsterdam and then to Kilimanjaro. The fare currently is \$2365. To add trip insurance covering cancelation, emergency medical and evacuation is an additional \$115, roughly \$2,500 in total. If we get 10 or more travelers, a deposit to \$100 to \$150 per traveler will be needed at booking. The final payment for the tickets will in April or May. Less than 10 travelers, full fare due at booking.

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Rate is not guaranteed. It can change at any time.

Our Goals...

- Overall- the mission would be for them to learn about the culture and help educate the community in different ways through a variety of experiences with EdPowerment.
- Activities to Participate in:
 - Teach students English
 - Sports Day
 - Health Seminar
 - Visit Special Needs school
 - Meet villagers, learn about Tanzian culture
 - Visit Moshi market, shops, and restaurants,
 - day hike up Kilimanjaro
 - Visit the coffee plantation and learn how people farm here
 - Possibly do a cultural tour of some of the tribal history
 - Take a trip to Arusha in a local bus to visit the Masai market
 - Activities with the Moshi Rotary club/interact groups that exist here to get to know how rotary/interact works here.
- As for the safari options, this typically will cost about \$700-\$800 for a 4 day safari which will include the Serengeti and all costs.









Living Conditions

- Living conditions are safe.
- They will be staying in a nice area of Moshi called ShantiTown (don't let the name fool you it is the richer area of town) in a house that has a gate and security.
- There are people at the house 24/7 and a guard at night.
- Students will be supervised by both
- Mrs. Clutter and Ms. Elliott

