



WEEK 1 FOUNDATION MINUTE

"How can we summon a moment of lift for human beings – and especially for women? Because when you lift up women, you lift up humanity. And how can we create a moment of lift in human hearts so that we all want to lift up women? Because sometime all that's needed to lift women up is to stop pulling them down."

"More than at any time in the past, we have the knowledge and energy and moral insight to crack the patterns of history. We need the help of every advocate now. Women and men. No one should b left out. Everyone should be brought in. Our call is to lift women up—and when we come together in this cause, we are the lift."

From <u>The Moment of Lift</u> by Melinda Gates 2020