



DISTRICT CONFERENCE 2018 Project Details



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WWW.SHOEBOXPROJECT.COM

Dreams for Women Living in Shelters

Violence affects 1 in 4 women. Approximately every six days, a woman in Canada is killed by her intimate partner. Children who witness violence in the home have twice the rate of psychiatric disorders as children from non-violent homes. Women who flee violent situations often feel guilty, unwanted and unworthy.

The Shoebox Project for Shelters, supported by Dream, collects and distributes gifts to women during the holiday season who are displaced from their homes or estranged from their families. For these women the holidays can be a particularly challenging time. The gift can be a powerful reminder for a woman that she is not forgotten and is a valuable part of the community. The gift of a shoebox filled with items (otherwise not afforded) gives a woman a reason to smile, self-worth and hope. Join Rotarians from across the district to fill and wrap shoeboxes to be delivered in local communities.

Maximum 50 participants



Feeding families around the world...and around the corner.

Kids Against Hunger

The United Nations Food and Agriculture Organization estimates that every 6 seconds a child dies (nearly 16,000 every day) because of hunger and related causes. Kids Against Hunger works to engage Canadians in helping to feed starving children in Canada and around the world.

In this high energy food packaging, participants will package highly nutritious, vitamin-fortified soy-rice casseroles to be delivered to children and families living without adequate food.

Maximum 40 participants

Helping Honduran Women
*Feminine Hygiene Kits
for Under-privileged
Honduran Teens*

Helping Honduran Women

Honduras is one of the poorest countries in the world and education is a key out of poverty. For many young women in the country school is inaccessible for hygienic reasons. They do not have the supplies necessary to allow them to attend school or work when they are

menstruating.

Participants will produce kits containing washable feminine hygiene products for under-privileged Honduran teenagers. These kits will allow the girls to attend school and work without

restriction due to a lack of menstrual supplies, and they will also be taught to produce kits themselves. All materials will be provided and there are no special skills required.

Maximum 50 participants



Salvation Army

It's hard to imagine what it's like to have to turn to a food bank, in order to have a meal. For too many Canadians, turning to a Food Bank for basic food needs. During the holiday season many families make difficult choices between basic living essentials.

The mission of the Salvation Army is to serve others. The Motto of Rotary is Service above Self. Participants will exemplify this by donating time to pack food hampers for The Salvation Army. During your time with us you will sort food donations and create food boxes for our annual Christmas Hamper Campaign.

Your generosity can help us extend our reach to the growing number of people who come to us for assistance. Together, we can change the outcome of someone's Christmas season.

Maximum 40 participants