

January 2021

Rotarian David Knoppert, from London ON, is biking 'virtually' across Canada and is now in Northern Ontario. His stationary bike journey will see him cycle 7,176 km coast to coast.

David is on the executive of COMMIT (Canadian Outreach Medical & Mission Team), who work under the umbrella of the Rotary Club of Stratford Charitable Foundation.

For more about COMMIT visit the group's website - commitwithnphnicaragua.simplesite.com; [Newsletter](#).



Supporting Humanitarian Work in Nicaragua Through a Canada Wide Bike Ride

David Knoppert will attempt to ride his stationary bike 7,176 km coast to coast across Canada.

- ✓ 40 km per day
- ✓ 25 days each month
- ✓ 1,000 km per month
- ✓ 7 months starting October 1st, 2020
- ✓ Pledge today and pay in April, 2021
- ✓ **Please consider pledging 1 cent per km = \$71.76**

All proceeds will be used to support medical, community and education projects in Nicaragua.



Email Your Pledge to:

davidknoppert@sympatico.ca

