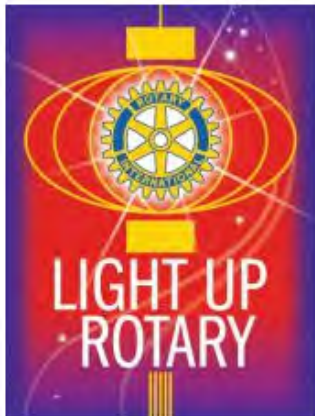


Rotary District 7020 Newsletter



*Rotary International President, Gary C.K. Huang (Taiwan)
District 7020 Governor, Paul Brown (Jamaica)*

NOVEMBER 2014



Our District Governor is Paul Brown from Jamaica. At right with wife, Kay.



Newsletter Editor – Kitty Bucsko

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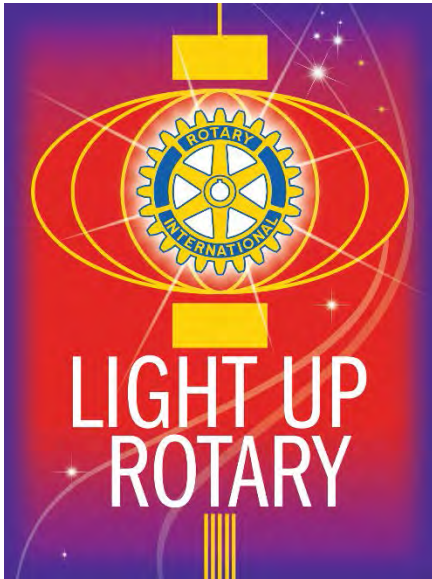
PLEASE NOTE!!

Please send Club-of-the-Month submissions to
COTM7020@gmail.com

NOVEMBER MESSAGE FROM DISTRICT GOVERNOR (2014-15) PAUL BROWN

Fellow Rotarians, Rotaractors, and Family of Rotary

Kay and I continue to make our visits across the District and everywhere we go, we have been exposed to such gracious hospitality. We thank you for your kindness!



For the month of October, we visited the Rotary Clubs in Central and Southern Haiti as well as those in St Maarten, St Martin and Anguilla. In all these areas, we met Rotaractors, Interactors and our “new kids on the block,” our Earlyactors. We continue to be impressed with all the amazing projects and work undertaken by all the Clubs. So much so, I can attest that Rotary is definitely alive and well in our District.



Fellow Rotarians, we now come to the month of November, the Rotary Foundation Month, a month when we reflect on one of our most important institutions in Rotary. This month, more than any other, we focus on the great opportunities that abound in making dreams real for our less fortunate in our various communities. Our Foundation allows us to do great projects that have a significant impact. Here in District 7020, while we contribute well in support of the Foundation, we get back so much more to do our work. We should not but help to make it better.

I ask all our Rotarians to make contributions to the Foundation. Let us focus on the many different ways of giving to our Annual Fund, the Polio Eradication Initiative, and to our Endowment Fund.

Last year, the Foundation had its greatest support in many years. Records were broken as Rotarians sought to support their Foundation like never before. Here in District 7020, we experienced the same generosity by our Rotarians, and we must congratulate PDG Jeremy and his team for leading the way.

This year, our efforts should be no less so, as we seek to further our investment in the Rotary Foundation. All our Clubs are doing great work with the help of the Foundation, and so we should redouble our efforts to grow and enhance the Fund. Let us explore the opportunities for giving to the Annual Fund through Rotary Direct. While doing so, let's challenge ourselves to move from being EREY members to Sustaining members. Let us seek to increase the number of Paul Harris Fellows in our Clubs, and those who can, add more Paul Harris Society members to their Clubs and District. By doing so, we can emulate our efforts of last year, and possibly exceed that effort.

I have asked Clubs to focus some of our resources to completing the fight on Polio. I hope many of us were able to highlight our efforts in leading the fight for the eradication of Polio on World Polio Day that has just passed. I know many of you had events to highlight our efforts and I thank you for that. The fight is important enough for us to take it into this month. We must not lose sight of our goal of Eradicating Polio by 2018. That will be a remarkable achievement, bringing cheer to many all over the world and especially in Pakistan, Afghanistan and Nigeria.

Lastly, spare some time to improving our contributions to the Endowment Fund. It represents our future as we build this Fund to facilitate the development of new opportunities to impact on our development of humanity. Let's see more Rotarians availing themselves of the opportunity to become Major Donors, Benefactors and Bequest Society Members.

Yes, let us *Light up Rotary* in our Clubs and in our Communities, as we utilize the Rotary Foundation resources in doing much needed projects that will contribute to the development of our respective communities. So Rotarians, continue to Light up Rotary in 2014-15!

Paul Brown, District 7020 Governor (2014-15)

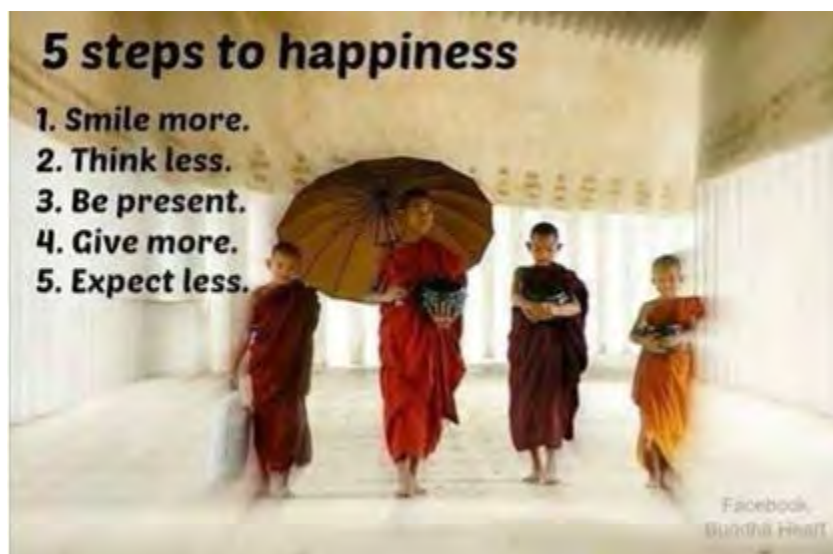
DG'S TRAVEL SCHEDULE AROUND D7020



TRAVEL - NOVEMBER 2014

Fly to BVI		Sunday, November 2-7, 2014	
BVI	Delma Maduro		
Road Town Sunrise	Sunrise of Road Town	Jean Vanterpool	
Road Town	Road Town	Mohamed, Shan	
Tortola	Tortola	Creque, Henry	
Return to Jamaica		Friday, November 7, 2014	
Fly to Bahamas		November 9-15, 2014	
Bahamas	Karen Pinder/ Stanford Charlton		
Eleuthra		Julian Carey	
Abaco		Steve Davis	
East Nassau		Elmer Lowe	
Nassau		Sonia Miller	
Nassau Sunrise		Errol Bodie	
New Providence		Jipcho Johnson	
S-E Nassau		Sean Blyden	
West Nassau		Delric Boneby	
Return to Miami		Saturday, November 15, 2014	
Fly to Ashville		Wednesday, November 19-23, 2014	
Fly to Miami		Sunday, November 23, 2014	
Return to Jamaica		Monday, November 24, 2014	
		Break	
Fly to St Thomas,		Sunday, November 30, 2014	
St Thomas USVI	Michael Toussaint		
Saint Thomas Sunrise		Michelle Vanterpool	
Charlotte Amalie		Rhymer, Sylvanie	
Saint Thomas II		Williams, Anette	
Saint Thomas East		Van Rensselaer, Corinne	
Saint Thomas		Erik Ackerson	
Saint John		Wells, Alecia	

Fly to St Croix		Saturday December 6, 2014	
St Croix, USVI	Deborah Howell		
Saint Croix West		Callwood-Smith, Susanna	
Saint Croix Mid-Isle		Adrienne Seward	
Saint Croix Harborside		Benjamin Mishila	
Saint Croix		Langella, Christopher	
Return to Jamaica		Saturday December 13, 2014	



Only very good minds can read this. This is weird, but interesting!

7H15 M3554G3 53RV35 7O PR0V3 H0W 0UR M1ND5 C4N D0 4M4Z1NG 7H1NG5!
1MPR3551V3 7H1NG5! 1N 7H3 B3G1NN1NG 17 WA5 H4RD BU7 N0W, 0N 7H15 LIN3
Y0UR M1ND 1S R34D1NG 17 4U70M471C4LLY W17H 0U7 3V3N 7H1NK1NG 4B0U7 17,
B3 PROUD! 0NLY C3R741N P30PL3 C4N R3AD 7H15. PL3453 F0RW4RD 1F U C4N R34D 7H15.

Apparently, only 55 people out of 100 can read the following:

I cdnuolt blveiee that I cluod aulacly uesdnatnrd what I was rdanieg. The phaonmneal pweor of the hmuan mnid, aoccdrnig to a rscheearch at Cmabrigde Uinervtisy, it dseno't mtaetr in what oerdr the ltteres in a word are, the olny iproamtnt tihng is that the frsit and last ltteer be in the rghit pclae. The rset can be a taotl mses and you can still raed it whotuit a pboerlm. This is bcuseae the huamn mnid deos not raed ervey lteter by istlef, but the word as a wlohe. Azanmig huh? Yaeh and I awlyas tghuhot slpeling was ipmorantt!

ABCs OF ROTARY



Cliff Dochterman
RI President 1992-93

RI WORLD HEADQUARTERS

The headquarters of Rotary International always has been in the area of Chicago, Illinois, U.S.A. First, it was in Chicago itself, but in 1954, an attractive new building opened in suburban Evanston. The Ridge Avenue building met the needs of the Rotary Secretariat until the 1980s when the addition of new programs, the growth of The Rotary Foundation, and the new PolioPlus activities made the headquarters building extremely crowded and required some staff members to be housed in supplementary office space nearby.

When a modern office building became available in downtown Evanston in 1987, it appeared to meet all of Rotary's space and expansion needs for years to come. The glass and steel structure, built in 1977, provides 400,000 square feet of office and usable space. The building was purchased by Rotary International, which leases approximately two-thirds of the space to commercial tenants, until needed by future Rotary growth.

The building provides a 190-seat auditorium, large parking garage and 300-seat cafeteria, as well as functional office space for the 400 employees of the world Headquarters. The executive suite on the 18th floor includes conference rooms for the RI board and committee meetings, in addition to the offices for the RI president, president-elect and general secretary.

One Rotary Center, as it is called, will enhance the efficient operations of Rotary International for many years to come.

MORE ROTARY FIRSTS

- Rotary became a bilingual in 1916 when the first club was organized in a non-English-speaking country – Havana, Cuba.
- Rotary established the "Endowment Fund" in 1917, which became the forerunner of The Rotary Foundation.
- Rotary first adopted the name "Rotary International" in 1922 when the name was changed from the International Association of Rotary Clubs.
- Rotary first established the Paul Harris Fellows recognition in 1957 for contributors of \$1,000 to The Rotary Foundation.
- The Rotary club which first held meetings on a weekly basis was Oakland, California, the Number 3 club.
- The Rotary emblem was printed on a commemorative stamp for the first time in 1931 at the time of the Vienna Convention.
- The first Rotary club banner (from the Houston Space Center) to orbit the moon was carried by astronaut Frank Borman, a member of that club.
- The first Rotary International convention held outside the United States was in Edinburgh, Scotland, in 1921.
- The first head of state to address a Rotary convention was U.S. President Warren G. Harding in 1923 at St. Louis.

ROTARY MOTTOS

The first motto of Rotary International, "*He Profits Most Who Serves Best*," was approved at the second Rotary Convention, held in Portland, Oregon, in August 1911. The phrase was first stated by a Chicago Rotarian, Art Sheldon, who made a speech in 1910 which included the remark "*He profits most who serves his fellows best.*"

At about the same time, Ben Collins, president of the Rotary Club of Minneapolis, Minnesota, commented that the proper way to organize a Rotary club was through the principle his club had adopted - "Service, Not Self."

These two slogans, slightly modified, were formally approved to be the official mottoes of Rotary at the 1950 Convention in Detroit - "*He Profits Most Who Serves Best*" and "*Service Above Self.*"

The 1989 Council on Legislation established "*Service Above Self*" as the principal motto of Rotary, since it best explains the philosophy of unselfish volunteer service.

....from Wikipedia

From 1905 until the 1980s, women were not allowed membership in Rotary clubs, although Rotarian spouses, including Paul Harris' wife, were often members of the similar "Inner Wheel" club. Women did play some roles, and Paul Harris' wife made numerous speeches. In 1963, it was noted that the Rotary practice of involving wives in club activities had helped to break down female seclusion in some countries. Clubs such as Rotary had long been predated by women's voluntary organizations, which started in the United States as early as 1790.

The change of the second Rotarian motto in 2004, from "He profits most who serves best" to "They profit most who serve best," 99 years after its foundation, illustrates the move to general acceptance of women members in Rotary.

100 PERCENT ATTENDANCE

Regular attendance is essential to a strong and active Rotary club. The emphasis on attendance is traced back to 1922 when Rotary International announced a worldwide attendance contest which motivated thousands of Rotarians to achieve a 100 per cent attendance year after year. Many Rotarians take great pride in maintaining their 100 per cent record in their own club or by making-up at other Rotary club meetings.

Although the bylaws of Rotary require members to attend only 50 per cent of all meetings, the custom has emerged that 100 per cent is the desirable level. Rotary stresses regular attendance because each member represents his own business or professional and thus the absence of any member deprives the club of the values of its diversified membership and the personal fellowship of each member.

From time to time, proposals have been made to give attendance credit to Rotarians who are on jury duty, serving in the community, attending a trade convention, on vacation in remote areas, on shipboard or unable to attend because of ill health or other special reasons. None of these exceptions has been adopted. The policy is very clear - a Rotarian is not given attendance credit if he does not attend a meeting.

There are a few circumstances where attendance credit is awarded when a Rotarian participates in an alternate type of Rotary event. If a Rotarian is requested to attend an Interact or Rotaract meeting, attendance credit may be allowed. When a member attends a rotary district conference, district assembly, international convention, Council on Legislation, a meeting of an international committee, an inter-city meeting, and a few other specially designated events, attendance may be credited. A Rotarian actively participating in a district-sponsored service project in a remote area when it is impossible to make-up may also receive attendance credit.

THE FOUR-WAY TEST

One of the most widely printed and quoted statements of business ethics in the world is the Rotary "4-Way Test." It was created by Rotarian Herbert J. Taylor in 1932 when he was asked to take charge of the Chicago-based Club Aluminum Company, which was facing bankruptcy.

Taylor looked for a way to save the struggling company mired in depression-caused financial difficulties. He drew up a 24-word code of ethics for all employees to follow in their business and professional lives. The 4-Way Test became the guide for sales, production, advertising and all relations with dealers and customers, and the survival of the company was credited to this simple philosophy.

Herb Taylor became president of Rotary International during 1954-55. The 4-Way Test was adopted by Rotary in 1943 and has been translated into more than 100 languages and published in thousands of ways. The message should be known and followed by all Rotarians.

"Of the things we think, say or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

This year, 2014, marks the 91st anniversary of the discovery of insulin!!

The International Diabetes Federation (IDF) is an umbrella organization of over 200 national diabetes associations in over 160 countries. It represents the interests of the growing number of people with diabetes and those at risk.

The IDF has been leading the global diabetes communities since 1950. (Source: www.idf.org)

There are many risk factors for Type 2 Diabetes: (from <http://www.idf.org/worlddiabetesday>)

- Obesity and overweight
- Lack of exercise
- Previously identified glucose intolerance
- Unhealthy diet
- Increased age
- High blood pressure and high cholesterol
- A family history of Diabetes
- A history of gestational Diabetes
- Ethnicity - higher reported rates of Diabetes have been reported in Asians, Hispanics, Indigenous peoples (USA, Canada, Australia) and African Americans



At present, Type 1 Diabetes cannot be prevented. The environmental triggers that are thought to generate the process that results in destruction of the body's insulin-producing cells are still under investigation.

Type 2 Diabetes, however, can be prevented in many cases by maintaining a healthy weight and being physically active. Studies in China, Finland, and the United States have confirmed this.

More information at www.idf.org, and <http://www.idf.org/worlddiabetesday/current-campaign>

The **World Diabetes Day 2014 campaign (November 14)** marks the first of a three-year (2014-16) focus on **healthy living and diabetes**. This year's activities and materials will specifically address the topic of healthy eating and its importance both in the prevention of type 2 diabetes and the effective management of diabetes to avoid complications.

The latest estimates from the IDF Diabetes Atlas indicate that there are 382 million people living with diabetes worldwide. By 2035, 592 million people or one person in ten will have the disease. A further 316 million people are currently at high risk of developing type 2 diabetes, with the number expected to increase to almost 500 million within a generation. What makes the pandemic particularly menacing is that throughout much of the world, it remains hidden. Up to half of all people with diabetes globally remain undiagnosed.

These facts and figures reiterate the importance of urgent action. Most cases of type 2 diabetes can be prevented and the serious complications of diabetes can be avoided through healthy lifestyles and living environments that encourage and facilitate healthy behaviour.

The key messages of the campaign aim to raise awareness of how the healthy choice can be the easy choice and the various steps that individuals can take to make informed decisions about what they eat. Special focus will be placed on the importance of starting the day with a healthy breakfast.

All campaign activities will be continue to be informed by the slogan "**Diabetes: protect our future.**"

The campaign will continue to promote the importance of immediate action to protect the health and well-being of future generations and achieve meaningful outcomes for people with diabetes and those at risk.

The key messages of the campaign include:

- **Make healthy food the easy choice**
- **Healthy eating: make the right choice**
- **Healthy eating begins with breakfast**

RLI TRAINING IN THE BVI

...submitted by Lorna Smith

RLI Training for District 7020 members will take place on Saturday 6th and Sunday 7th December at the H. Lavity Stoutt Community College in the BVI led by Rotarian Randy Rawiszer with support from other leaders including PDGs Vance Lewis and Rupert Ross.

Parts 1 and 3 will be offered on Saturday and Part 2 on Sunday. There will also be both recertification and training for discussion leaders during that period.

We invite any member of District 7020 to participate and especially those from the USVI, St Martin and Anguilla. If you have completed this training, here is your opportunity to maximize your contribution to your Rotary Club while continuing your vocation in your respective community. We invite you to join us for two days of learning and fellowship then.

RLI International Training Chairman Frank Wargo, from Connecticut, USA, will be attending the RLI event in Tortola and will be personally facilitating the Discussion Leader Training. Randy Rawiszer will handle the recertification of existing, inactive Discussion Leaders who wish to be reactivated. Frank Wargo travels all over the world whenever a new Division is opened and trains the first class of Discussion Leaders. The Discussion Leader Training Class is limited to eight trainees, who must be recommended by District Director Vance.

All information including registration is available on line at www.rlitraining.org. For further information please contact PP Lorna Smith of the Rotary club of Tortola at [smithlorna @hotmail.com](mailto:smithlorna@hotmail.com)



I signed up for an exercise class and was told to wear loose fitting clothing. If I HAD any loose fitting clothing, I wouldn't have signed up in the first place!

PLEASE NOTE!!

Please send Club-of-the-Month submissions to COTM7020@gmail.com



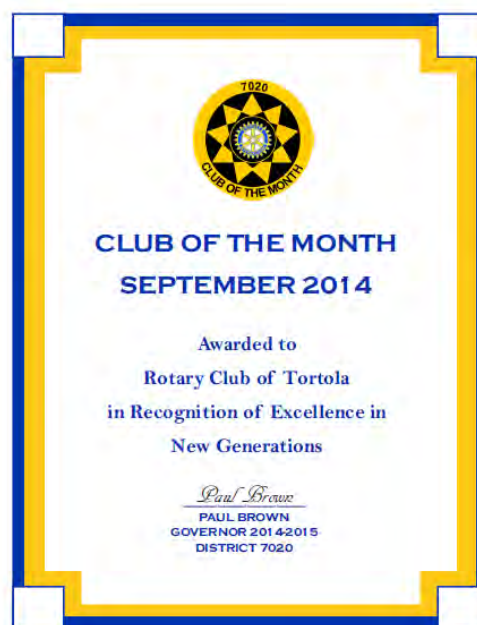
WINNERS

Club-of-the-Month

MONTH	CLUB NAME	SIZE	PRESIDENT
AUGUST <i>Membership and Partnerships</i>	E-CLUB OF THE CARIBBEAN, 7020	25 and under (20)	Amarylis Dávila-Agosto
	ROADTOWN	Over 25 (55)	Shan Mohamed
SEPTEMBER <i>New Generations</i>	SINT MAARTEN MID-ISLE	25 and under (20)	Wayne Wilkie
	TORTOLA	Over 25 (95)	Henry Creque

Congratulations to the runners-up this month -

- **Second place** - Montego Bay Sunrise (Small) and Grand Cayman (Large)
- **Third place** - St. Martin Sunrise (Small) and Eleuthera (Large)



CLUB-OF-THE MONTH

Ideas to Share



PP Marcellia Henry

Many good ideas from Club-of-the-Month submissions -

Thomas Edison has stated, and I quote, “*The value of an idea lies in the using of it.*”

For this segment of the District’s Newsletter, innovative ideas that are being executed by the clubs of District 7020 will be shared on a monthly basis. These novel ideas will be selected from the Club of the Month (COTM) submissions, and will showcase the creativeness of the clubs in this *ground-breaking* district. It is the intention that these ideas can be used as inspiration, or be adapted and implemented by the clubs.

For the month of August, *Membership and Extension Month* here are some great ideas from the Rotary Clubs in our district.

AUGUST

Grand Cayman Rotary Sunrise used interesting icebreakers to enhance membership and to encourage camaraderie and retention of members. One of their icebreakers **People Bingo** required their members to fill bingo cards with a name of a member or guest present at the meeting who matched the description in the square. Their idea to use **Personalized Thank You Cards** that were handwritten with photos of each member inserted in the cards was sweet, heart-warming and unique. In the cards, they extended words of gratitude to the members of the club for exhibiting *Service Above Self*, and for being an integral part of their club. Aw!

Rotary Club of New Kingston decided to use this month to cement relations with their brother and sister clubs by visiting each club with a group of at least four (4) members. The vibrant group of members visited a total of five (5) Rotary clubs, which was a great way of networking with the other clubs, forming and boosting friendships with those clubs and among themselves, and created opportunities for future joint activities.

Rotary Club of Road Town also came up with the idea to “bring the church to the club.” Wow! Poor participation in previous church services was the catalyst for this new idea. Their Spiritual Partner, Rev. Turnbull used his sermonette to inspire members to remember their calling to *Serve the local and international communities*, which was well received by the members.

SEPTEMBER

The **Rotary Club of East Nassau** organized a New Generations Entrepreneurship Panel, which featured four panelists under the age of 35, who presented interesting stories of how they were able to overcome the obstacles to make it so far in their respective businesses, and provided opportunities for the host and audience to pose questions as well.

Rotary Club of Grand Cayman Central got “jiggy with it” during the International Peace Day event jointly organized with the Rotaractors, the Department of Counselling Services’ Family Resource Centre, and other Rotary Clubs. The event culminated with a Flash Mob Peace Dance with Rotarians, Rotaractors, members of their families and the community all participating.

Rotary Club of Tortola organized two interactive and successful youth forums on Peace and Conflict Resolution, in which every secondary school in the Territory, spread over the three major islands of the British Virgin Islands, participated. The panels consisted of student representatives from each of the Territory’s Secondary Schools (public and private) and young positive role models in the community including a Rotaractor representative, and Mr. Rashad Jones of Epic Youth Services as the keynote speaker. The forum focused on a number of Peace and Conflict Resolution topics and targeted students from Grades 7-9 or forms 1-3, and had over one thousand six hundred (1,600) students in attendance.

The **Rotary Club of St. Martin Sunrise** likewise organized a Peace Symposium for all secondary schools, and a Cultural Manifestation. The activities were organized to promote peace within the community due to the growing unrest and increase in criminal activities on the island amongst the youth, to display the diversity of cultures in Sint Maarten/ Saint Martin, and to promote peace and dialogue among the groups. Organizing these activities, allowed the club to collaborate with two UN (United Nations) organizations: UNDP (United Nations Development Programme) and UNESCO (United Nations Educational, Scientific and Cultural

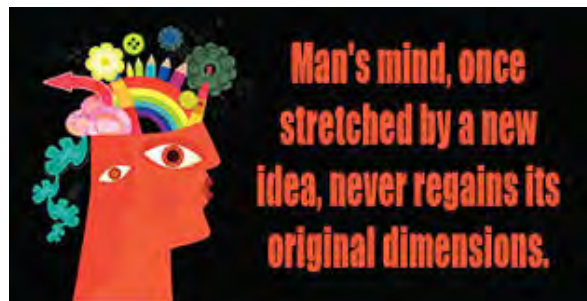
Organization), the Government of St. Maarten, the Rotary and Rotaract Clubs on the island, and various culture / ethnic groups on St. Maarten / Saint Martin. And most of all, allowed the school children to dialogue and pose pressing questions to the keynote speaker, Mr. Richard Blewitt, the UNDP Resident Representative in Trinidad and Tobago and local panelists. Whilst the International Peace Day events ended with all participants holding hands around the newly constructed 'Peace Monument' as a symbol and promise of peace and unity amongst us all.

Rotary Club Isle de St. Barthelemy organized a *Return to the Library Project* to commemorate UNESCO's "World Literacy Day." They sponsored over 50 library cards to school children on the island. The goal is to encourage school children to visit the library and take advantage of its resources.

Rotary Club of Liguanea Plains sponsored an Early Act beautification project at New Providence Primary School as a means of making practical the Early Act principles of Responsibility, Caring and Friendship in working with their fellow students. The students worked in groups to plant flowers to beautify their surroundings.

These examples are just a few of the many, many great ideas that were visualize, planned and then executed by the clubs in this wonderful district. And yet, I will share even more fabulous ideas in the next article.

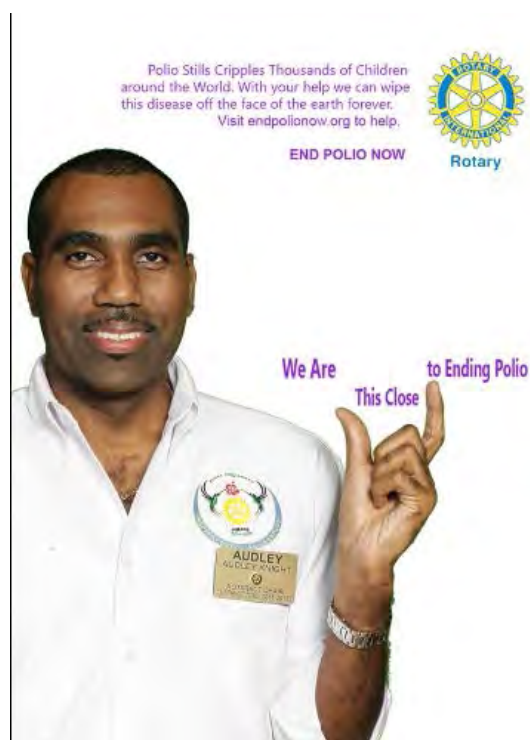
Until then, remember, "Everything begins with an idea." - Earl Nightengale



PLEASE NOTE!!

Please send Club-of-the-Month submissions to
COTM7020@gmail.com

END POLIO NOW





DOES YOUR ROTARY CLUB HAVE A **WINNING** FACEBOOK PAGE OR WEBSITE?



Enter your Club's FB page or website in our District 7020 competition. Send your FB & website url to the address below and our Communications team will visit your page and allocate points as shown. Winners will be chosen as follows:

- Overall 1st, 2nd, 3rd in District 7020.
- 1st place winner in each country.

JUDGING CRITERIA: *

- | | |
|--|--------------|
| • Overall design | 1-10 points |
| • Rotary Links (District/RI/Zone, etc.) | 1 point ea. |
| • Use of new brand elements | 1 point ea. |
| • Special highlight of Rotary events,
(e.g. World Polio Day, RI's Birthday) | 2 points ea. |
| • Quality of photo galleries | 1-10 points |
| • Regularly updated | 10 points |
| • Updated occasionally | 1 point |
| • Gives an overall feeling for the
Club, its mission & focus | 10 points |
| * Winners will receive a framed Certificate of Excellence | |
| * Judges' decision is final | |

Rotary



If you want your Club to participate please contact:
sheila.bethel@gmail.com.
Notification must be received before October 31, 2014

Club Charter Celebrations

Celebration/Activity Date

<i>Attendance Report Due</i>	3 rd of the month
Club Charter Celebrations	
<i>St. Thomas Sunrise, USVI</i>	November 3, 2003
<i>Ocho Rios, East, Jamaica</i>	November 16, 2001
<i>Ocho Rios, Jamaica</i>	November 20, 1968
<i>Grand Turk, Turks and Caicos</i>	November 22, 2005
<i>Spanish Town, Jamaica</i>	December 17, 1981
<i>Trafalgar New Heights, Jamaica</i>	December 17, 2008
<i>Les Cayes, Haiti</i>	December 20, 1978

“Everything big starts with something little.”

-- John Mason



Rotary International Convention

Posted by David Beck on Jul 01, 2014

Upcoming Conventions:

June 6-9 - RI Convention 2015
São Paulo, Brazil

29 May—1 June - RI Convention 2016
Seoul, Republic of Korea (tentative)

10-14 June - RI Convention 2017
Atlanta, Georgia, USA (tentative)

THE ROTARY FOUNDATION

...submitted by Patrick Adizua

THE PAUL HARRIS SOCIETY, NOW AN OFFICIAL TRF PROGRAM

"Rotary International's masterpiece is The Rotary Foundation. It transforms our dreams into splendid realities . . . it is the most generous expression of Rotarian generosity - a generosity that not only brings benefits but also brings help and cooperation to solve the problems that affect mankind. The Rotary Foundation achieves the best that mankind can possibly achieve."

PAULO COSTA 1990-1991 RI PRESIDENT



The Rotary Foundation has been so effective because it matches money with people.

THE DISTRICT 7020 FOUNDATION TEAM



Above left – District 7020 Paul Harris Society Chair – PDGSC Patrick Adizua. Email: eyiche2@cwjamaica.com

Second from left – Paul Harris Society Co-ordinator, Grand Cayman – PAG Rosalie Twohey. Email: rosiel@candw.ky

Second from right – Paul Harris Society Co-ordinator East, St. Thomas – Marston Winkles. Email: mwinkles@hunterfoodsvi.com

Far right - Paul Harris Society Co-ordinator, Bahamas Joanne Smith. Email: jopatts111@hotmail.com

ANNUAL PROGRAMS FUND

Greetings Club Presidents, Secretaries, and Foundation Chairs.

I'm sure that you have been busy implementing your plans for this year, and entertaining DG Paul and First Lady Kay, while you proudly show them your projects completed and those in progress.

You will recall that when you met with DG Paul in Grand Cayman in May, you presented him with your **"Planning Guide for Effective Clubs"** in which you pledged to donate a certain amount to the **Annual Programs Fund** on Page 5. The District's goal this year is to contribute \$325,000 to APF, and your role in at least achieving your goal is vital to our success.

In achieving this goal, \$162,500 will come back to our District 7020, to enable you to fund more of the projects for your clubs. Each club is a link in the chain of success, and we must have strong links to succeed.

November is **Rotary Foundation Month**, and we hope that most, if not all clubs, will send their donations to the **Annual Programs Fund** during the month. Let us make this a bumper year, not only for DG Paul, but for each of your clubs to reap the success in obtaining funding in future years for your projects.



Please remember to tick “**Annual Fund – SHARE**” IN Section 2 of the contribution form 123-EN (123-FR) for French speaking clubs.

Salutations présidents de club, les secrétaires et les présidents de la Fondation.

Je suis sûr que vous avez été très occupé la réalisation de vos projets pour cette année, et de divertir DG Paul et la Première Dame Kay, tandis que vous montrez fièrement leur vos projets réalisés et ceux en cours.

Vous vous souviendrez que lorsque vous avez rencontré DG Paul à Grand Cayman en mai dernier, vous le retrouvez avec votre "Guide de planification pour les clubs efficaces" dans laquelle vous vous êtes engagés à faire don d'un certain montant au Fonds de participation aux programmes sur le but de la page 5 Le district de ce année est de contribuer \$ 325 000 à l'APF, et votre rôle dans au moins atteindre votre objectif est essentiel à notre succès.

Pour atteindre cet objectif, \$ 162,500 reviendront à notre District 7020, pour vous permettre de financer plus de projets pour vos clubs. Chaque club est un maillon de la chaîne de succès, et nous devons avoir des liens forts pour réussir.

Novembre est le mois de la Fondation, et nous espérons que la plupart, si pas tous les clubs, aura envoyer leurs dons au Fonds de participation aux programmes au cours du mois. Faisons de cette année exceptionnelle, non seulement pour la DG Paul, mais pour chacun de vos clubs de récolter le succès à obtenir du financement dans les années à venir pour vos projets.

S'il vous plaît n'oubliez pas de cocher la case «Fonds annuel - PARTAGER» à l'article 2 du formulaire de contribution 123-FR (123-FR) pour les clubs francophones.

Yours in Rotary
PDG Richard Grant
Annual Programs Fund Chair



What's in a Name?

Instead of “the John,” I call my toilet “the Jim.” That way it sounds better when I say I go to the Jim first thing every morning.

The Last Word

Looking for more peace and quiet? Try switching to a phoneless cord!

Is That So?

There is a species of antelope capable of jumping higher than the average house due to its powerful hind legs... and the fact that the average house can't jump.

PLEASE NOTE!!

*Please send Club-of-the-Month submissions to
COTM7020@gmail.com*

Coming Events

The Rotary Foundation Month

November

World Interact Week

November 3-9, 2014

World Diabetes Day

November 14, 2014

RLI – BVI

December 6 and 7, 2014

RLI – Jamaica

Spanish Court Hotel on January 24- 25, 2015.

International Women's Day

March 8, 2015

World Rotaract Week

March 9-15, 2015

World Autism Awareness Day

April 2, 2015

Earth Day, 2015

Wednesday, April 22, 2015

D7020 Conference 2015 – May

May 12-16, 2015

Montego Bay, Jamaica

A CHILLING HALLOWEEN TALE

Written by: Brian King

Once upon a Rotary year-y, while I pondered, growing a bit leery,
Over whether every Rotarian, would give \$100 or more.
My mind raced, now more wary, suddenly what I saw was terribly scary.
More so than ghosts or monsters or something rapping at my chamber door.
It was the image of a child, paralyzed, crawling on a dirt floor.
Only this and nothing more.

Ah, but this child I did not know, as she pained and suffered so.
Would not someone else see she was not left upon that dirty floor?
Rapidly my fear turned to sorrow for this child may have no tomorrow.
She was just another crawler, helpless and always to be poor.
Leaving it to someone else, leaves her on that dirty floor.
Nameless and alone for ever more.

More images now, my fear grew stronger; hesitating then no longer.
Poverty, illness, hunger and so many victims of conflict and war.
So many living a nightmare, with whom our good fortune we can share.
No water or food or one to care; no education, for millions no open door.
No opportunity; no bright future, neither nor.
Darkness there and nothing more.

Who will help those in need; this desperate call who will heed?
"Sir," said I, "or Madam", truly your support I implore;
Every Rotarian, everywhere, help end this chilling tale if you dare,
help those in great despair, in our backyard and on another shore.
'O the ways you can help are so many, please do explore.
And change the life of a child--forevermore!
And every Rotarian, with no hesitation, responded without consternation,
giving every year \$100 and even more.
And the children's eyes have all the seeming, filled of hope; and dreaming;
their smiles now beaming, as Rotarians' generosity there was an outpour;
And the lives of millions with so little to live for,
shall be lifted--forever and ever more!

I thought you might get a kick out of this poem penned by Brian King, Manager of Annual Giving & Alumni Relations at The Rotary Foundation. – *Lindsay Cancino, D7020*

Halloween!!

Hope it was successful and happy!

CLUB NEWS – Where is your club?

ROTARY CLUB OF GRAND CAYMAN

...submitted by Chris Bailey

Photos from a recent Rotaract Take-over Meeting



Top right - Chris Bailey & Nik Tatarkin. Bottom right Derek Haines, Betty Baraud, Alan Roffey

The club also organized a couple of recent Furniture Sales as a fundraiser.

Here is the second of two furniture sales at the Universal Warehouse Park. With many willing volunteers, additional stock from kind benefactors, and a stream of eager buyers, the Rotary team raised just under CI\$ 1,400.

Huge thanks to all who came and supported the club.

Here are some photos on the next pages.



At left - The furniture removal team.



*Below, top row - Brad Watts and Trevour Neckles watch President Brian do the heavy lifting. **Right** - sitting down Trevour Neckles
Bottom row - Brad and Trev. **Right**, Jim and Brad Watts*



ROTARY CLUB OF ST. CROIX MID-ISLE

...submitted by PDG Richard Grant

DIAGEO USVI presents...

ROTARY - MID ISLE

2014 MOTOR TREASURE HUNT

SUNDAY NOVEMBER 9, 2014

CHECK IN TIME 8:00 AM / START TIME AT 9:00 AM

DIAGEO VISITOR'S CENTER

Pre Registration Required

MAXIMUM 50 VEHICLE ENTRIES

ONLY \$75 PER ENTRY

PRIZES FOR 1ST, 2ND & 3RD FINISHERS

2 TO 4 PERSONS PER VEHICLE

INVITE YOUR FRIENDS - JOIN IN THE FUN!

TO ENTER YOUR TEAM CALL RICHARD GRANT AT 718-8384

Good day!

We have set the date for the 2014 *Rotary Mid-Isle TREASURE HUNT...NOVEMBER 9!* As former participants and sponsors, you know just how much fun this event can be!

We will be starting this year at the Captain Morgan visitors Center! Registration to start at 8:00 a.m. More details to follow soon, but mark your calendars for November 9 for this great event.

All proceeds going directly to the Rotary Mid-Isle scholarship fund. Each year we give away Two 4 year scholarships to deserving young adults in our community. Plan now for a fun-day that also gives back to our community!

Thank you in advance for your continued support of Rotary St. Croix Mid-Isle and we look forward to seeing you on November 9!



ROTARY CLUBS OF ST. MARTIN/SINT MAARTEN

...submitted by Marcellia Henry

International Peace Day Culture Manifestation



The general public was invited to a Culture Manifestation at the Library on Sunday September 21, 2014 from 4:00 – 6:00 p.m. to commemorate International Peace Day. At the event, many cultural organizations displayed their culture in different art forms: dance, music, fashion and poetry.

These activities were organized by the Rotary Clubs on Sint Maarten/ Saint Martin in collaboration with the Government of St. Maarten, UNDP (United Nations, Development Programme), and Sint Maarten National Commission for UNESCO to promote peace and dialogue among the culture / ethnic groups on St. Martin.

As a symbol or promise towards living in Peace on our island, the participants present held hands around the Peace Monument erected by the Rotary Clubs on Sint Maarten/ Saint Martin.



Participants holding hands around the Peace Monument



Participants Performing at Culture Manifestation

ROTARY CLUB OF SINT MAARTEN MID-ISLE SPELLING BEE

...submitted by PAG Louis Wever

Each year, the Rotary Club of St. Martin Mid-Isle sponsors an island-wide Spelling Bee. Rotaract Clubs are involved. Here are some photos. Thanks to the committee for a job well done and of course the main sponsor, Scotiabank. The official name of the activity is *Annual Scotiabank Bright Future, Rotary – Rotaract Spelling Bee*.



Above right – *the usual suspects* – Fred and Desiree Van Der Peijl along with Mandy Wever and other guests

IF IT IS TO BE
IT IS UP TO ME



Left above - Mrs Gail Wilkie, President Wayne Wilkie, PP David Antrobus, and a supporter.

Right above - Rotarian Raymond Green, Country manager Scotiabank, main sponsor, Mrs. Betty Green, and Scotiabank staff



Left above - Rotarian Nalaj Agard preparing the drinks. **Right above** - Rotaractors helping with serving the drinks and snacks



Left above - Rotarian Tony enjoying the snacks





Left above - Rotarian Peter, head judge explaining the rules



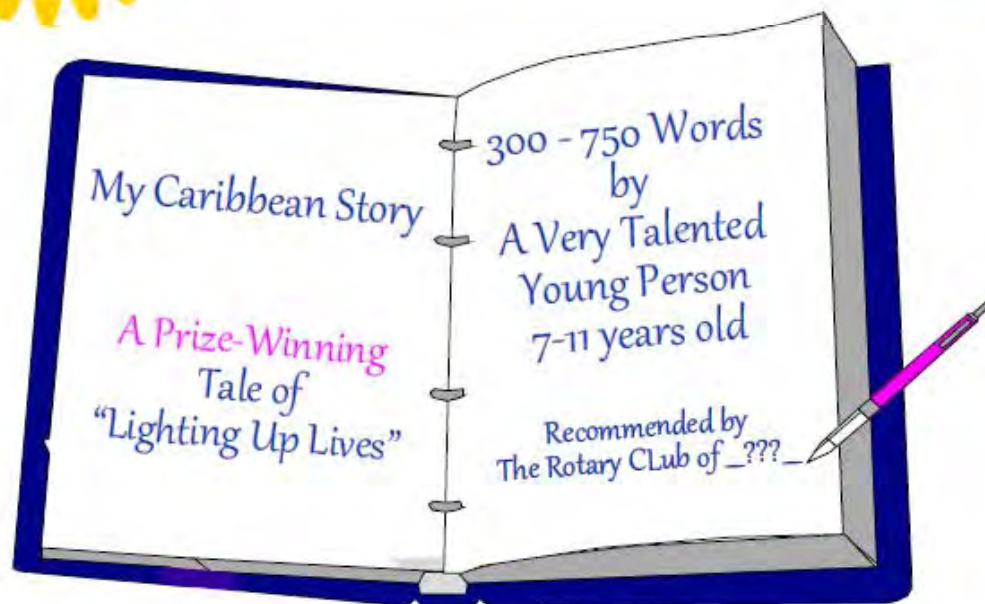
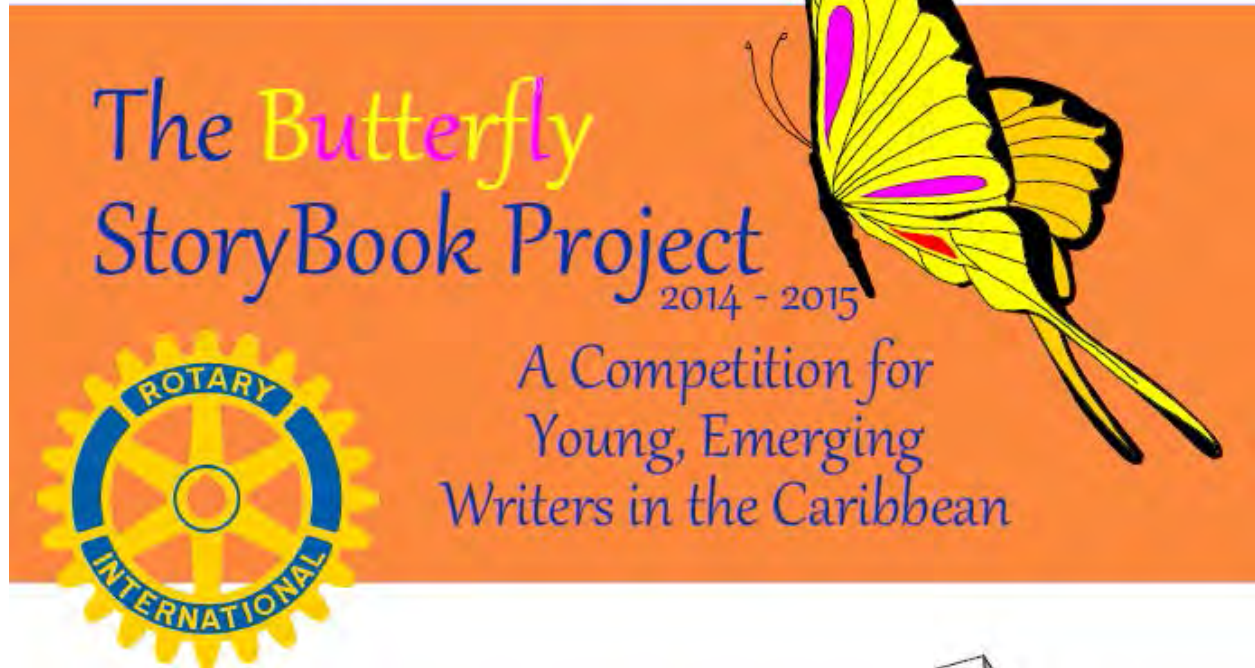
Above left - The winners of the second round with the main sponsor.



**Wouldn't you know it....
Brain cells come and brain cells go, but FAT cells live forever.**

ROTARY E-CLUB OF THE CARIBBEAN, 7020
Award-winning Literacy Project

Announcing 3rd Annual Contest.



Sponsored by the
Rotary E-Club of the Caribbean, 7020
<http://e7020.org> rotarye7020@gmail.com



ROTARY E-CLUB OF THE CARIBBEAN, 7020
8168 Crown Bay Marina, Suite 310-69
St. Thomas, US Virgin Islands, V100802

VIA CLUBRUNNER E-MAIL

Dear Assistant Governor, President and Secretary,

The Rotary E-Club of the Caribbean, 7020 invites you to participate in a district-wide literacy project.

Our club is offering students in your area an opportunity to write a short story, to win prizes, to have their story published and available for purchase worldwide through Amazon.

Please partner with us to make this project a success, and to encourage your schools to participate.

For more information, please print the attached entry form.

Yours in Rotary Service

Members of the Rotary E-Club of the Caribbean, 7020

<http://e7020.org>

rotarye7020@gmail.com



CONTEST DESCRIPTION

The Butterfly Storybook Project is a competition for young emerging writers in the Caribbean aged 7-11. The Rotary E-Club of the Caribbean, 7020 is offering young people in your local community an opportunity to showcase their talents for story writing. The stories must be about how Caribbean children can make a difference in the world by "lighting up" the lives of others through acts of kindness, friendship, leadership and/or respect. **Students may write in their local language.**

Each Rotary club in District 7020 is invited to promote the project and to request submissions from young authors in their community by requesting local schools to promote it among their students.

Each club is invited to select their top three choice of stories for consideration by the Rotary E-Club .

Each participant will receive a certificate and all entries received by the E-Club will be acknowledged.

The Rotary E-Club of the Caribbean will select ten stories to be published in the 2015 edition of The Butterfly StoryBook. The book will be published in four languages (English, French, Spanish and Haitian Creole) and will be available for purchase worldwide on www.amazon.com

The Rotary E-Club of the Caribbean will provide to the Rotary Club, \$50 in prize money and a book for each published author. Clubs are expected to purchase \$50 worth of books on behalf of the E-Club and to present those books along with a copy of the Butterfly Storybook autographed by the District Governor, to each published author.

Each submission must include the consent to publishing rights signed by the parent or guardian of the author

GUIDELINES FOR ROTARY CLUBS

1. Deadline for submission to your club by the student is **December 1, 2014**.
2. Clubs should send their top three choices to the Rotary E-Club of the Caribbean at rotarye7020@gmail.com by **December 15, 2014**.
3. Clubs should send a list of the names of all contestants (for purposes of contestants receiving participation certificates).
4. Clubs must agree to present certificates to all participants during Literacy Month (March 2015). Certificates will be provided by the E-Club, 7020 via e-mail).
5. Clubs must agree to receive \$50 prize money on behalf of the winners and to present the prize to the published author(s) along with a special autographed copy of the Butterfly StoryBook before the end of the school year. The \$50 and the book will be issued to the clubs during the District Conference. It is recommended, but not mandatory, that the \$50 be used to purchase suitable books for the student-winner(s).

STUDENT SUBMISSION FORM

One form per story to be submitted to your Rotary Club no later than December 1, 2014

The Butterfly Storybook Project is a competition for young emerging writers in the Caribbean. We are offering young people an opportunity to showcase their talents for story writing.

School may submit any number of authors to the Rotary Club

Name of Author _____

Age of Author _____

Title of Story _____

Name of School _____

Parental Consent: As parent/guardian of _____ I agreed & accept that the prizes listed will be the only compensation for a winning story that is published in the Rotary E-Club Butterfly Storybook.

Signature _____ Date _____

1. Deadline for submission is **December 1, 2014**.
2. Student must be between the ages of seven and eleven.
3. The story must be about how **Caribbean children can make a difference in the world by "lighting up" the lives of others through acts of kindness, friendship, leadership and/or respect.**
4. Students may submit their stories in their local language.
5. The story must contain **300-750** words (These parameters are strictly adhered to. Stories which are too long or too short will not be accepted). The story may include people or animals.
6. Students may illustrate the story if they wish but it is not mandatory to do so .
7. Every student will receive a Certificate of Participation.
8. The winning stories will be published and available for purchase worldwide at [www. amazon.com](http://www.amazon.com) in "The Butterfly Storybook" in four languages .
9. All published authors will receive a Winner's Certificate, a prize and a copy of the Butterfly StoryBook autographed by the Rotary District Governor.
10. Parental consent is necessary for each contest submission.

SUBMISSION FORM FOR CLUB

Submit to the Rotary E-Club of the Caribbean, 7020 at rotarye7020@gmail.com by December 15, 2014

Please attach your three selected stories and a list of the names of all participating students and their school name.

Ensure the Parental Consent has been signed on the Student Application Form

Name of Rotary Club _____

Name of Club President: _____ E-mail _____

Name of contact Rotarian _____ E-mail _____

OUR CHOICE FOR A WINNER (story attached):

Name of Author _____ Age of Author _____

Title of Story _____

Name of School _____

OUR CHOICE FOR A WINNER (story attached):

Name of Author _____ Age of Author _____

Title of Story _____

Name of School _____

OUR CHOICE FOR A WINNER (story attached):

Name of Author _____ Age of Author _____

Title of Story _____

Name of School _____

I have read the responsibilities expected of the club and undertake to present certificates to all contestants; to purchase and present a prize and a book to any published authors using funds provided.

Signed: Club President

ROTARY CLUB OF ST. THOMAS

...submitted by Mary Gleason

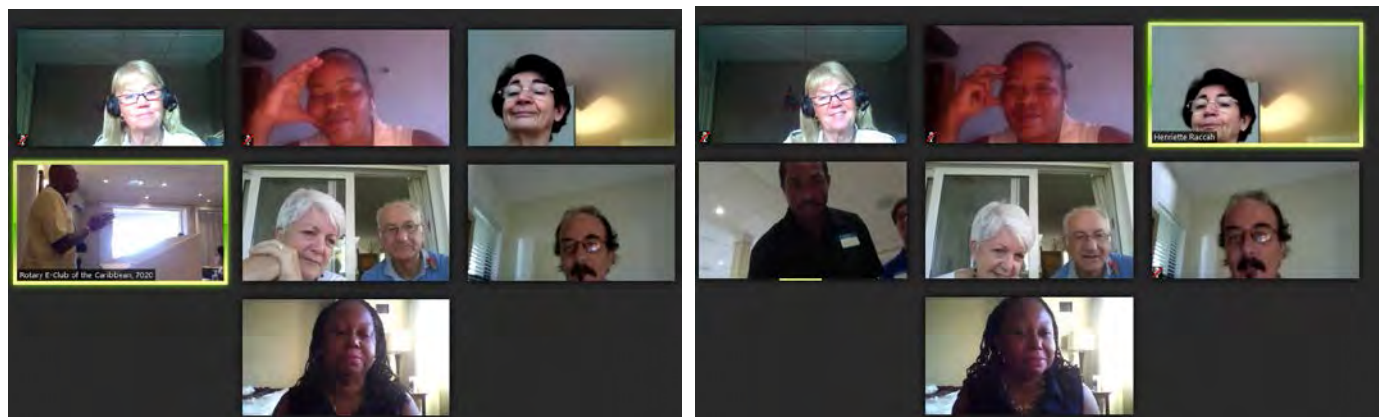
On Saturday, October 25, Rotary Club of St. Thomas organized a Careers Day, in conjunction with the Rotaract Club of University of West Indies and the Boys and Girls Clubs, and the Interact Club of ... The event saw 10 speakers addressing the audience of young people on various topics.

The event was organized by Past President Sue

A special guest presence in the morning was the Rotary E-Club of the Caribbean, 7020 – attending by Internet and the fabulous 21st Century Internet technology. Pictures follow:



Below, screenshots of the Rotary E-Club of the Caribbean, 7020 attending the St. Thomas Careers Day in the morning. Our E-Club members were attending from Canada, St. Maarten, Paris, Spain, Florida, and St. Croix – a truly international event!



At left second row above is the first speaker. In the same position on the right above, a Rotaractor saying hello from the conference.

Below, same position, you can see what our E-Club members were able to view – the conference attendees. With the E-Club, we are able to attend any meeting anywhere in the world!



Walk for polio in Addis Ababa, Ethiopia

attended by Wein Dimetros, Rotary E-Club of the Caribbean, 7020

Wein Dimetros, member of Rotary E-Club of the Caribbean, 7020, attended the Walk for Polio held by the Rotary Club of Addis Ababa, Ethiopia. She writes,

"We had fun yesterday during the walk. What was amazing was the number of young children, the youth and Interactors and Rotaractors, hundreds of them, which took part in the walk. They by far outnumbered the adults and there is one net picture in the start line where the young children about 8 - 10 year old carrying the banner led the way. I took it with my phone."



Say it with flowers

Wayne visited a florist's shop which showed a large sign that read,

Say It With Flowers.

"Wrap up one rose, please," Wayne demanded of the florist's assistant.

"Only one?" she enquired frowning.

"Ah yes just the one," Wayne replied. *"I'm a man of very few words."*

BVI/USVI FRIENDSHIP DAY



Jacque Heyliger, from St. Croix – representing the Rotary E-Club of the Caribbean, 7020 – participated in the BVI/USVI Friendship Day, October 4.

These islands get together on an annual basis to highlight the friendship among these Virgin Islands.

True Rotary spirit of friendship!

Well done!



ROTARY CLUB OF ST. CROIX

Rotary St. Croix provided goodies for the small but dedicated crowd at the Vintage Fair held Saturday in Limpritch Park, there were all sorts of items on display and for sale. Rotary had the best stuff: horseshoe cookie, pound cake, spice cake, chocolate cakes, cookie monster cupcake, locally made lemonade and mango twist.



WORLD FOOD DAY

Rotarians from the club also sponsored and served lunch to the hungry and homeless for World Food Day at Catholic Charities on Thursday October 16.

During annual event Rotarians helped out in kitchen with staff from Catholic Charities and then served the meals to the groups that the soup kitchen provides meals for on regular basis. The customers look forward to the special meal that they know is coming when the Rotarians are coming.

See photos next page:



ROTARY CLUBS OF ST. CROIX



All four Rotary Clubs, Innovative and VI National Guard came together at Charles H Emmanuel Elementary School to support this year's Coole School presentation.

Over 100 students in the 5th & 6th grades received planners along with 1300 students across St.Croix this year.

Teachers and administrator along with friends and family of Rotary came out in support of the event, local media from TV2 News, St. Croix Avis, VI Source, and Government access channel covered the presentation as platform guest gave brief remarks and encouraged the students to study hard and reach for achievement.



ROTARY CLUB OF TORTOLA

...submitted by Valerie Georges

FOOD DRIVE BY THE ROTARY CLUB OF TORTOLA NETS SUPPLIES IN EXCESS OF \$15,000

Saturday August 30, 2014, the Rotary Club of Tortola set out on a mission to solicit food and other supplies from the public to aid the Family Support Network (FSN) and Social Development never thinking that it would have amassed supplies in excess of \$15K.



This undertaking was decided upon following the startling figures of families that struggle daily for meals and turn to the Family Support Network and Social Development for help. There are reports that very often persons are turned away when the food pantry is empty.

The Rotary Club of Tortola conducted an internal food drive and then reached out to the community utilizing any and all forms of media to get the message out.

Persons going into the chosen supermarkets were encouraged to support the cause by purchasing extra items at their discretion and donating them to Rotarians who were set up under tents outside the supermarkets, or by donating items they already had in their pantry.

Canned goods, paper goods, toilet paper, napkin, pampers, baby food, feminine products etc. were the recommended items.

This food drive was done simultaneously on Tortola with four of the large supermarkets and four on Virgin Gorda. The response by



the BVI community was overwhelming. Men, women and children all donated to this cause. Some gave bags of goods, others cases and others a single item. While the initiative was the brainchild of the Rotary Club of Tortola all of the sister clubs including the Rotaract Club of Virgin Gorda stepped in as a family to execute the project.

On Tuesday September 2nd, at the handover ceremony to the Family Support Network, the Rotary Family was high in praises of the many persons, businesses, media and organizations who supported the effort.

Above - Front Row (L to R): Rtn. Nicolle Schultz, Rtn. Everet Fraser, Rtn. Floyd Isaacs, Robin George, Pres. Shan Mohammed (RCRT), PP Elvis Harrigan (RCRT), Dir. Lynette Harrigan, AG Delma Maduro, Pres. Henry Creque, Rtn. Ixora Wong-Williams. Back Row: (L to R): Greg Massicot, Rtn. Sam Macintosh, P.E. Julien Johnson, P.E. Ryan Geluk (RCRT)

President of the Rotary Club of Tortola, Henry Creque, thanked persons who gave to the cause, adding that plans were afoot to embark on another drive over the coming months.

“The Rotary Club of Tortola will always try to assist where there is a great need. While the Rotary Club of Tortola has assisted FSN and other organizations as beneficiaries of the Club’s Annual Grand Affair this was the Club’s first food drive for FSN and Social Development. Given the need we have plans to continue to conduct another drive before the end of the year.” said President Henry.

FSN Executive Director Dr. Sylvia Simmonds used the occasion to thank those who donated the much needed items to the organization.

“We want to thank you for the families that will be fed. We have called some persons who need food to come and pick up. So, for the next few days, we will have some clients coming because they know that we have food. Thanks was not a sufficient word to describe the impact that the supplies would make on the lives of many families in the Virgin Islands” added Dr. Simmonds.



She underscored the rising number of cases that are now surfacing especially in the case of domestic violence and noted that it’s a situation that is now a common trend with both persons from other countries who are residing in the Territory as well as locals. She concluded her comments by stating, “A number of needy families in the British Virgin Islands will be able to rest easy over the next few months thanks to the Rotary Club of Tortola”.

Items collected from the drive are expected to last a couple of months. As such President Henry of the Rotary Club of Tortola is planning another big drive close to Christmas and is looking forward to the same level of generosity by the BVI community.

ROTARY CLUB OF ST. THOMAS, USVI

The Rotary Club of St. Thomas and its Foundation have sponsored and supported Baby Think It Over - a teen pregnancy deterrent program- for over thirteen years. It is in the curriculum of both public middle school and both public high schools in St. Thomas and has resulted in approximately 90-95% success rate with students who have gone through the program avoiding unplanned pregnancies in high school.

During the Caribbean Conference in Puerto Rico earlier this year, Rotarians from our club did a presentation to other Caribbean clubs. As a result, the Rotary Club of Road Town, Tortola, British Virgin Islands, became interested in the program and have ordered six babies for use in their schools. Rotarian and Past President Mary M. Gleason visited this club in early October 2014 and made a presentation to their club.

Thus far, the Rotary Club of St. Thomas and its Foundation have donated over \$90,000 to this program for "babies" and accessory items. Their latest donation - of five babies to each of three of the schools involved - as well as accessory items to a fourth school - for a total of \$12,000 will be distributed next week. Photos will be posted next month.

ROTARY CLUB OF ELEUTHERA, BAHAMAS

SUPPORTS BREAST CANCER AWARENESS MONTH



The Early Act Club of Deep Creek Middle School does "PINK FRIDAYS" in support of Breast Cancer Awareness month.

At left - Several members of the EarlyAct Club of Deep Creek, Eleuthera, with their president, third from right, Tarrin Culmer, next to her in blue shirt is her VP Simeon Bethel.



WASHING MACHINE FOR EXCEPTIONAL LEARNERS

What a wonderful time we had with our very special students, during our visit. Part of the morning was spent reviewing and teaching the students the Rotary Four Way Test, which was affixed to the classroom last year. It was very interactive as each student gave their interpretation of the test with Rotarians. They also showed off their 'Phonics' books donated by Rotarian Juanita Pinder, Co-owner of Office General and the Rotary Club of Eleuthera.

This awesome visit was climaxed with the washing machine presentation. The Rotary Club of Eleuthera has plans to keep the support and love for Exceptional Learners ongoing. Our goal will continue to "Inspire Youth and Build Rotary!"



ROTARY CLUB OF GRAND CAYMAN SUNRISE

Medical Mission to Honduras

...submitted by Gina McBryan

Several members of the Sunrise Club visited the communities of Las Mangas and El Pital in the Pico Bonito National Park, Honduras, over the last weekend of September. Sunrise has a long standing relationship with 'Guaruma', a non-profit organization set up in 2002, to run after school educational programs in the area, focusing on environmental awareness for the local inhabitants. One of the main thrusts of Guaruma is teaching students the medium of photography as a focus for education, and sales of their art also provides a source of income.



Over several years Rotarian Dr Krishna Mani has undertaken trips to Guaruma to undertake ophthalmic examinations and provide basic treatment, which is sadly lacking locally. On this latest visit, additional medical members of Sunrise also made the trip, to provide other services alongside Dr Mani.

At left - Local children receiving dental hygiene supplies donated from club members

Doctors Ulrich Ecke (ENT) and Delroy Jefferson (General Practice) conducted examinations and delivered outpatient based care, including hearing tests, ear syringing, the treatment of hypertension, allergies and infections. Rachel Windhaber provided her dental expertise, with education on oral hygiene and handing out supplies of toothbrushes and toothpaste taken by the team.

Supported by Rotarians Renzo Escalante and his wife Sandra (who both provided invaluable translation assistance), Pat Steward, John Lee, Rotaractor Matthew Seales and his wife (Ariana also assisted with Spanish speakers), and Robert Powell, the team worked two full days, seeing a mix of patients of all ages, numbering about 60 each day.

The team also distributed clothing which had been donated and collected by the club in anticipation of the trip.

The youngsters who attend Guaruma and live in the area put on a show of music and dancing for the team, showed them a slideshow of other performances they had put on recently, and were proud to display a large papier mache model of the Cangrejal region (the communities are located in the valley of the Cangrejal River), demonstrating their team skills as artists and model makers.

The Sunrise group provided their time and skills voluntarily, and funded the trip entirely out of their own pockets. The doctors also donated equipment and drugs.

As on previous visits, the services, support and donations were extremely well received and Sunrise looks forward to further visits.



Above left - Rotarians and friends on the 2014 medical mission. Right - Rotarian Dr. Mani performing an eye exam



*At left above - Rotarian Dr. Ecke performing a throat exam.
Right - Rotarian Dr. Jefferson with local translator providing a general consultation*

At an Optometrist's Office:

"If you don't see what you're looking for, you've come to the right place."

On a Maternity Room door: "Push. Push. Push."

At a Car Dealership: "The best way to get back on your feet - miss a car payment."

On a Fence: "Salesmen welcome! Dog food is expensive!"

To be sure of hitting the target, shoot first and call whatever you hit the target.

Classy Insults

...submitted by Denison Stockman

"He has all the virtues I dislike and none of the vices I admire."

-- *Winston Churchill*

"A modest little person, with much to be modest about."

-- *Winston Churchill*

"I have never killed a man, but I have read many obituaries with great pleasure."

-- *Clarence Darrow*

"He has never been known to use a word that might send a reader to the dictionary."

-- *William Faulkner (about Ernest Hemingway)*

"Poor Faulkner. Does he really think big emotions come from big words?"

-- *Ernest Hemingway (about William Faulkner)*

"Thank you for sending me a copy of your book; I'll waste no time reading it."

-- *Moses Hadas*

"He can compress the most words into the smallest idea of any man I know."

-- *Abraham Lincoln*

"I've had a perfectly wonderful evening. But this wasn't it."

-- *Groucho Marx*

"I didn't attend the funeral, but I sent a nice letter saying I approved of it."

-- *Mark Twain*

"He has no enemies, but is intensely disliked by his friends."

-- *Oscar Wilde*

"I am enclosing two tickets to the first night of my new play, bring a friend... if you have one."

-- *George Bernard Shaw to Winston Churchill*

"Cannot possibly attend first night, will attend second... if there is one."

-- *Winston Churchill, in response*

"I feel so miserable without you, it's almost like having you here."

-- *Stephen Bishop*

"He is a self-made man and worships his creator."

-- *John Bright*

"I've just learned about his illness. Let's hope it's nothing trivial."

-- *Irvin S. Cobb*

"He is not only dull himself, he is the cause of dullness in others."

-- *Samuel Johnson*

"He is simply a shiver looking for a spine to run up."

-- *Paul Keating*

"He had delusions of adequacy."

-- *Walter Kerr*

"There's nothing wrong with you that reincarnation won't cure."

-- *Jack E. Leonard*

"He has the attention span of a lightning bolt."

-- *Robert Redford*

"They never open their mouths without subtracting from the sum of human knowledge."

-- *Thomas Brackett Reed*

"He inherited some good instincts from his Quaker forebears, but by diligent hard work, he overcame them."

-- *James Reston (about Richard Nixon)*

"He loves nature in spite of what it did to him."

-- *Forrest Tucker*

"Why do you sit there looking like an envelope without any address on it?"

-- *Mark Twain*

"His mother should have thrown him away and kept the stork."

-- *Mae West*

"Some cause happiness wherever they go; others, whenever they go."

-- *Oscar Wilde*

"He uses statistics as a drunken man uses lamp-posts... for support rather than illumination."

-- *Andrew Lang (1844-1912)*

"He has Van Gogh's ear for music."

-- *Billy Wilder*

PLEASE NOTE!!

*Please send Club-of-the-Month submissions to
COTM7020@gmail.com*

ROTARY CLUB OF LES CAYES, HAITI

...submitted by Robert Leger

This month of October the Rotary Club des Cayes has received the visit of our DG Paul Brown and his wife Kay. Here are some pictures for his moments with us in Les Cayes.



Above left – DG Paul singing “One Love.” Middle – Dinner event. Right – Addressing the gathering.



Above left – ready to pin new PHF. Middle – PE Colbert with Paul Harris Certificate. Right – PHF pin to PE Colbert.



Above left – visit to DAF 91 project. Middle – Cayes Club Committee. Right – with PHF members



THE ROTARACT CORNER

WHAT IS ROTARACT?

Rotaract is a club for adults ages 18-30 that meets twice a month to exchange ideas, plan activities and projects, and socialize. While Rotary clubs serve as sponsors, Rotaract clubs decide how to organize and run their club and what projects and activities to carry out.

1 - ROTARACT GRAND CAYMAN AND ROTARACT BLUE

Elisia Lake, RD7020R wrote recently:

This morning I had an awesome breakfast meeting with the board members of Rotaract Grand Cayman and Blue which was organized by ADRR Jacqueline. The meeting started off with an icebreaker followed by the directors discussing their year plan. I must say that both clubs have and will be executing projects that we all should take note of. Their ideas are unique, effective and realistic. All board members are super hyped and with great Presidents such as President Stephanie and Louise both clubs are very organized and enthusiastic. I also discussed my expectations of them and encouraged them to keep up the good work and give back to their community as much as they can. We discussed preparations for conference, Rotary relationship and club issues. I am totally proud of both these clubs and look forward to seeing more great things coming from them!!!!

Today I attended the Special Olympics in the Cayman Islands with the Rotaractors of Grand Cayman and Blue. I had the honors of being a volunteer and chaperoning an amazing, intelligent and beautiful 18 year old name Kanza as she visited the different stations set up. We checked her flexibility, heart rate, vision and skin just to name a few. She really made the day worth wild and the conversations were quite interesting. —



YOU GUYS ROCK!



Togetherness always brings forth the best. When I look at both the Rotaract Club of Grand Cayman and Blue; I get a joyous feeling inside as they display a form of togetherness like no other. Throughout the entire day, I witnessed first hand the willingness of them coming together to serve their community and display their passion for Rotaract. Tonight was no exception as ADRR organized a happy hour joint meeting. I did an icebreaker by testing to see if they knew basic information about Rotaract and District 7020 (in which a few won. Lollipops were given to the winners and I still gave the others lollipops for participation) .

I addressed the clubs on district objectives, updates, district project, conference 2015 and answered questions. Present at this meeting were also Rotarians from Cayman who really praised district and the Cayman Rotaractors for such great work. The rotaractors are highly respected in Cayman and the support they have with Rotary is tremendous. President Stephanie and Louise, I see that your leadership is fantastic and I wish you guys a great Rotaract year 2014-2015.



*See Page 23 of this newsletter for information on participation of **Rotaract St. Maarten/St. Martin** in the Annual Scotiabank Bright Future, Rotary – Rotaract Spelling Bee*

2 - ROTARACT IN JAMAICA

Awesome joint meeting with the Rotaract Club of Kingston, New Kingston, St. Andrew, Liguanea Plains and UWI. I had the opportunity to hear President Dominic, Ammesha, Ryan and Sigmund talked about their club's year plan of which are all outstanding. All these clubs are really focused on the overall development of their club members and community of which I applauded them for. In addition to such great presentation from each club; the whole layout and flow of the meeting was conducted in such a professional manner where protocol was on point!

I started off in teacher mode and conducted a Rotary/ Rotaract quiz and gave out sweets to those that answered correctly. I also discussed district's history, theme, status, goals, project and conference. Questions were asked and concerns were raised all of which I clarified. I also had the honors of officially pinning district board members Dane, Shana, Sheena, Brian, Ward and Kahdonah.



In addition to club members, present at meeting were DRC Audley, IPDRR Julie and Rotarian Donair who have shown tremendous support to the district thus far. ADRR Shana, thank you for organizing a productive meeting and I wish you all the best for this Rotaract year and beyond. I love all of you dearly!

3 - NEGRIL



I had the distinct pleasure of meeting with the members of the Rotaract Club of Negril. I presented to them on the district's plans for the year and brought some encouragement to the club. I was mostly interested in the concerns and struggles that they are having and we managed to brainstorm different strategies that can be implemented to facilitate training and support to this club. Also present at the meeting was President of the Rotaract Club of Hanover; Sherod, President of the Rotaract Club of Montego Bay ChAn Mc, ADRR Paul G. Thompson and ADRR Shana Reid

President Glenroy has the club and its members' development at heart and with ADRR Paul I know that this club will bring forth great things for this year. To all the other clubs in District 7020, I encourage you to team up with the Rotaract Club of Negril and assist them in any way possible. It's a new club, full of energy, dedicated and willing; all they need is that extra push to become more effective Rotaractors.

We are here for you guys. Much love and productivity for this year and beyond.



4 - ROTARACT CLUB OF ELEUTHERA



The Rotaract Club sponsored a community project to spread soil at Eleuthera Community Farms and Deli and sort recycled bottles at South Eleuthera Emergency Partners (SEEP)'s recycling depot!

Club of Eleuthera, and our Rotary kids (including representation from our EarlyAct Club from the Deep Creek Middle School). The grand finale was a ride aboard one of our partner SEEP Fire Trucks, driven by CP Shaun Ingraham, 'Firemen/woman' included President Julian Carey, Rotaract President Gacintha Gordon, PP Jacquie Gibson. A hot dog and fresh picked Hog Plum feast was also enjoyed by all! *"Inspire Youth and Build Rotary!"*

The Rotaract Club of Eleuthera to induct new members



Will Simmons, is a phenomenal Rotaractor of the Rotaract Club of Eleuthera - a young man born with extraordinary vision to effect change on his native island of Harbour Island, located North of Eleuthera in the Bahamas.

It is astounding how a young teenage boy, passionate about bringing his dream to fruition, gathered coconuts, and sold the water from them, raising in excess of \$300, with the support of some of his friends.

All of these funds were pumped into the initial launch of his dream, thereby impacting the lives of virtually all of the young people on the island!

WE TRULY BELIEVE THAT WILL SIMMONS HAS THE FORMULA TO BE A "WORLD CHANGER."

We are so blessed to have him as part of our family of Rotary. His incredible passion definitely validates the district theme, "Inspire Youth and Build Rotary!"

https://www.youtube.com/watch?v=BjRb6Qe3PqI&feature=player_embedded



ROTARACT CLUB OF LES CAYES, HAITI

With DG Paul Brown (Center back) during his visit to Les Cayes.



ROTARACT CLUB OF NORTHERN CARIBBEAN UNIVERSITY Jamaica Southwest

...submitted by Trisha Davis

The Rotaract Club of Northern Caribbean University partnered with the newly chartered Rotaract Club of May Pen and conducted a back-to-school drive for the students of the Effortville Primary School in May Pen, Clarendon.



Saturday 6th September 2014 - Membership Social



In collaboration with NCU Student Development Committee we held a membership drive and social where six RCNCU members and three prospective members were placed in groups with freshmen and Returning students and went on a nature walk and played games. From this event we were better able to talk to students one-on-one, and they got the opportunity to see that Rotaract is not just about service, but about fellowship and fun.

At left - President Trisha and Director Rasheana with their team

World Literacy Day



We donated reading books and back to school supplies to the Effortville Primary School in celebration of World Literacy Day.

We assisted the Manchester Chapter of Reading Association and read to the Children on the Paediatric Ward at the Mandeville Regional Hospital. This project was done with the Rotary Club of Mandeville, Rotaract Clubs of Mandeville and Church Teachers' College.

See photos on next page:





Photo left above - We visited our sponsor club the Rotary Club of Mandeville, and discussed our upcoming plans for the year. Club Service Director Maniere Johnson thanking the guest speaker Dr. Herbert Thompson.

Photo right above - The Early-act/Interact Committee took over the Interact Club of DeCarteret College meeting, where it was discussed with them "What is Interact?" and "The Benefits of Being an Interactor." The students also got the opportunity to role play what they think Interactors do.

Worship with the Elderly and Annual Installation - Worshipped and fellowshiped with the residents of Ken Health. The devotional theme was "Walking by faith".



We had our installation ceremony where we installed ten members as officers for the Rotaract year 2014-2015. After the event we had a fellowship which comprised of Rotaract clubs of Mandeville, Church Teachers' College, Montego Bay, Hanover, Negril, Savanna-La-Mar, May Pen and the Rotary Club of Montego Bay Sunrise.



September was Sickle Cell Disease Awareness Month. We partnered with the Rotaract Club of Freeport in Grand Bahamas as they assisted the Rotaract Club of Matopos in Zimbabwe to raise awareness for the Disease.

Below - In playing our part in the awareness campaign we posted one fact/informative video on the Sickle Cell Disease on our club's Facebook wall everyday till the end of September.



Professional Development

For Vocational services month we had a series of forums. On October 1, 2014 our first forum was on Guidelines of Professionalism and Resume Writing, our guest presenter was Rotarian Heather Bernard, Secretary of the Mandeville Rotary Club. See photo below:



Rotary Clean Up Project - Movie/Play Day at the Children Home –Rotabration.

We participated in our sponsor club Mandeville Rotary Club Clean-Up Day project.

We held a Movie/Play Day where we showed “**RIO**” for the Children at New Hop Children Home. The Rotaract Club of Church Teachers' College and the Interact Clubs of DeCarteret College and May Day High also joined in the fun. Photos next page:





We had our Rota-bration, where we celebrated the birthday of our members born from July – September. This celebration was done in the form of a social. Special invited clubs were the Rotaract Club of Church Teachers' College and the Rotaract Club of Mandeville and ADRR Alicia Carr.



Breast Cancer Awareness



We had our “Feel Up Yuh Breast” Forum in support of Breast Cancer Awareness Month. The presenter spoke on the importance of testing yourself for breast cancer and how the cancer can affect each of us. Club members were asked to wear pink to the forum.

We also joined the “#iHeartBoobs” campaign to raise awareness for Breast Cancer. This forum was held by Prospective Member Taryn Cuff who also issued pamphlets to the ladies on how to do a self –exam. Students and Staff joined in the fight.



Bake Sale to End Polio

What was supposed to be a One-day bake sale to earn funds to end Polio, turned into a two-day bake sale due to the tremendous support.

School Impact and End Polio Day

We collaborated with the Student Body Government of NCU and impact the schools in the neighboring parish of Clarendon. We taught, mentored and had fun with the students of the Lennon High School.



Launched our End Polio project which incorporated the NCU community: inclusive of students, facility and staff.

We had an End Polio booth and designed a banner and allowed members of staff and students to sign it showing the support to the drive to End Polio. It was hung in the middle of school so it could be seen by members in the community.

We also made a video to awareness persons all over the world about the disease it can be found on our facebook page and youtube.

Link: <https://www.youtube.com/watch?v=0rPI95uGPEY>

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THE INTERACT CORNER

Interact is a club for young people ages 12-18 who want to join together to tackle the issues in their community that they care most about. Through Interact, you can:

- Carry out hands-on service projects
- Make international connections
- Develop leadership skills
- Have fun!

*Tell us your Interact club's story for a chance to win **US\$500** toward your next service project!*

GET STARTED

Each club must choose one of the following two themes for their entry. Only one entry may be submitted. All videos must be at least 30 seconds, but no longer than 3 minutes. All entries must be in English or have English subtitles. Any music must be *Royalty Free*.



SUBMIT AND VOTE

Complete the entry form and upload your video before the deadline on **1 December**. Share your video through Facebook with your friends, classmates, family, and social networks. YOU can also watch other video entries from around the world. In December, you'll have a chance to vote for your favorites. Those receiving the most votes will be reviewed by a panel of judges for a chance to win the Grand Prize based on these criteria:

- (50%) Appropriateness to the purpose of the contest
- (25%) Originality/creativity of the video
- (25%) Overall quality

IMPORTANT DATES

- 1 December:** Deadline to submit your entry
- 2 December:** Voting starts for all entries
- 16 December:** Last chance to vote for your favorites
- January:** Winners are announced. Check out the winners page for more information

More info: https://www.facebook.com/interactofficial?v=app_486254294756872&rest=1

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Rotary International. Rotary Basics. Evanston, Illinois. (595-EN)

Rotary International News. Online.

Rotary Gallery of Past Presidents

<<https://www.rotary.org/en/aboutus/history/galleryofpastpresidents/pages/timelineofpresidents.aspx>>

Submissions from District 7020 Clubs

*Please send Club News and photos (with appropriate IDs) to
Kitty at ladykitt@gmail.com
For inclusion in the District Newsletter*