

New Generations Service Exchange (NGSE) FAQ

What are the benefits?

- Make connections with service-minded community leaders in another country
- Learn another language
- Build your professional skills and gain international experience
- Travel and explore a new culture while giving back through service

What is an exchange like?

With your host Rotary district, you'll plan activities that can include networking, relationship building, humanitarian service, professional development, and leadership training. Exchanges:

- Last from a few weeks to six months
- Can be arranged for individuals or groups
- Need not be reciprocal

How much does it cost?

Costs vary by Rotary club or district. To reduce expenses, Rotary members often provide homestay options, arrange no-cost internship or job-shadowing programs, and offer other financial assistance.

How do I apply?

University students and professionals up to age 30 — including current and former Rotaractors and former Interactors, Rotary Youth Leadership Awards participants, and Youth Exchange students — are encouraged to apply. You don't have to be a member of Rotary to participate in an exchange!

Although each Rotary club determines its own eligibility criteria, all participants should demonstrate a strong commitment to service and the [ideals](#) of Rotary. To apply, click [here](#) or visit our "Application" tab!