



# PROUD TO BE STIGMA-FREE

## ROTARY DISTRICT 7490 IS PROUD TO BE STIGMA-FREE!

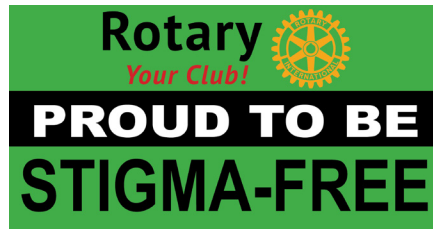
The District's STIGMA-FREE Initiative is a District-wide program that aims to reduce the stigma associated with mental illness. We are dedicated to raising awareness of the disease of mental illness and creating a culture wherein people who have the disease feel supported by their community and neighbors and feel free to seek treatment for the disease without fear of stigma.

### Joining the Stigma-Free Initiative will:

- Educate residents & Rotarians that mental illness is a disease and must be treated as such
- Raise awareness of the prevalence of mental illness in our community
- Provoke public interest in learning what is "STIGMA-FREE"
- Providing Rotarians an opportunity to become involved in serving their community
- Allow people living with the disease to feel supported by our District and community and thus decrease feelings of isolation and shame
- Link people in need to local mental health resources
- Raise awareness that care is accessible regardless of income

## Join Us!

Sign Up Below to have your Rotary Club Become Stigma Free!



Rotary Club: \_\_\_\_\_

Club President: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Stigma Free Committee Chair: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

