

# THE INSPIRATION



Rotary District 7870



February 2019	District Newsletter 1819, Number 6	Venu Rao, District Governor
www.rotary7870.org		
Rotarian Editors Maureen Mooney and Martin Cohn		

## **Greetings From Your District Governor**



Dear Rotary Friends:

As all the clubs' president-elects are gearing up to go to PETS in Framingham, MA, we have some important milestones right around the corner.

We have a first ever Youth District Conference scheduled for April 13<sup>th</sup> at Hopkinton High School. If your Interact and/or Rotaract Club is interested in participating, please contact Claudine Hessmer-Husainy

(Hessmer65@gmail.com). Prior to Youth District Conference, I plan to visit Interact and Rotaract Clubs. If you like me to attend your Interact or Rotaract Club, please contact me (7870dg1819@gmail.com) with day, time, and address of your meet.

Another milestone that is sneaking up on us is our District Conference (May 3-5). Our District Conference this year will be in Danvers, Massachusetts at Double Tree Hotel. The CoCo Key Waterpark is attached to the Double Tree Hotel and gives us an opportunity to make our District Conference one of the most family friendly events ever. Rotarians, bring your children and grandchildren to enjoy the water park. Hotel Double Tree responded to our request and put together a two dinners and two breakfast meal package (\$95.00) for children 4-14 years.



Sign up for District Conference at the District Website or <u>HERE</u> online or fill the <u>FORM</u> and mail it to District Treasurer Alan Kanegsberg with a check. If your club is providing any financial incentive, first register and then collect the incentive. Please register early. The Hotel rooms block rate only applies till end of March. Registration fee after April 2<sup>nd</sup> will reflect increase based on prevailing room rates.

If you have not already done, it is right time for Club Presidents to revisit their club goals and update them at MyRotary, RI web site.

I wish you all a very successful and fulfilling Rotary Year.

Venu Rao District Governor 2018-2019 District 7870

#### In this issue:

Greetings From Your District Governor

District News

District Conference - May 3-5 2019 Rotary Leadership/Learning Institute 2019 Save the Dates

Club News

Rotary Cares, Episode 14 - Assistant District Governor CCV Student Receives \$2,500 Medical Assisting Scholarship from Brattleboro Rotary Club Gateway Foundation From the Milford Rotary Club - Martin Michaelis Honored Why is Prostate Cancer Important to All Rotary Members?

#### International

Jamaican Dental/Medical Equipment Project - Complete!

Cambodia Trip to Provide Medical and Dental Care

Teach Nepal Project Fundraising Dinner

Rotary Club of Rutland and Rotary Club of Antiqua-Sundown

Events and Fundraisers

Hollis Fast 5K Race

#### Calendars

District 7870 Calendar



Months of the Rotary Year

Miscellaneous

Have Something You'd Like to Share with the Entire District? Website and Social Media

## **District News**

## District Conference - May 3-5 2019

District 7870 Conference Friday through Sunday May 3, 4 and 5, 2019 DoubleTree by Hilton Boston North Shore 50 Ferncroft Rd, Danvers, MA 01923

Our District Conference this year will be in Danvers, Massachusetts at Double Tree Hotel. Four other North East (Boston area, Central MA, etc.,) Rotary Districts (7890, 7910, 7930, 7950) will join us at the Double Tree Hotel for their conferences. All five Districts will have a grand gala dinner and entertainment on Friday 3<sup>rd</sup>, 2019 evening.

The CoCo Key Waterpark attached to the Double Tree Hotel gives us an opportunity to make our District Conference one of the most family friendly events ever. Rotarians, bring your children and grandchildren to enjoy the water park.

An internal service project is planned on Saturday afternoon. "Days for Girls" a non-profit organization that makes and donates sanitary supplies to fill a critical need in South and Central America . The project participation will be three hours. When you register please check the box to participate in this meaningful service project.

Also on Saturday there is an option to play golf.

As with other conferences, there will be a Rotary International President's Representative, great speakers, the Four Way Speech Contest and the Youth Exchange Students, and the opportunity to meet old friends and make new ones.

Sign up for District Conference <u>here online</u> or fill the <u>form</u> and mail it to District Treasurer Alan Kenegsberg with a check. Please register early. The Hotel rooms block rate only applies till end of March. Registration fee after April 2<sup>nd</sup> will reflect increase based on prevailing room rates.



## Rotary Leadership/Learning Institute 2019

All Rotarians in District 7870

March 16, 2019 RLI Session will be held at NH Technical Institute 31 College Drive, Concord, NH 03301 Nursing Building adjacent to McAuliffe-Shepard Center 7:30 am – 3:30 pm Registration fee of \$85.00 (includes breakfast and lunch)

The Rotary Leadership (Learning) Institute has something for every Rotarian but especially valuable for <u>new Rotarians and those looking tohold Leadership positions in their Rotary Club.</u>

**RLI** is a leadership and development program to strengthen Rotary Clubs through education, collaboration and the exchange of ideas among its future leaders.

**Topics** such as: Leadership Development, Rotary Knowledge, Project Leads, Membership Engagement and recruitment, Strategic Planning, Improved Communication, Team Building, Public Relations Service and International Perspective are presented in 3 Levels (must have complete the prior one) and a **Graduate Session**(topic TBD at this date but choices of Diversity in Rotary/Ethics, Motivating Volunteers, Effective Public Speaking). Must have completed Level III

Must complete Levels I, II and III in order.

Register at <u>rlinea.org</u> See you there, PDG Rich Berryman RLI District Chair



#### Save the Dates

Please note the following important dates in 2019:

- New England President Elect Training (PETS): **March 7-9, 2019**. See website for more details: <u>https://rotarynepets.org/</u>

- District 7870 Conference: **May 3-5, 2019** in Danvers, Massachusetts at the Doubletree by Hilton (50 Ferncroft Road, Danvers, MA). More details to come.

Please mark your calendars and share the dates with your club! The more the merrier at both events!

## Club News

# Rotary Cares, Episode 14 - Assistant District Governor

Brattleboro Rotary Club past president Marty Cohn talks with Sheriff Keith Clark about what it means to be Rotary District 7870 Assistant Governor on episode 14 of the monthly, award-winning Rotary Cares. Produced in the studio of Brattleboro Community Television.

To view the show, <u>https://www.brattleborotv.org/rotary-cares/ep-14-sheriff-keith-clark</u>

To listen to the podcast, <u>https://soundcloud.com/user-402413535/rotary-cares-ep-14-assistant-district-governor</u>





# CCV Student Receives \$2,500 Medical Assisting Scholarship from Brattleboro Rotary Club Gateway Foundation

Community College of Vermont (CCV) student Sandy Sherman received a \$2,500 medical assisting scholarship from the Brattleboro Rotary Club Gateway Foundation at a February 7th award ceremony at CCV's Brattleboro academic center. Sherman is the fifth recipient of the Jesse M. Corum IV Scholarship.

The Brattleboro Rotary Club Gateway Foundation established the scholarship in September 2014 to honor late Brattleboro Rotarian Jesse Corum IV, who was active in the Rotary Club for 27 years. He was committed to supporting local education and enhancing the Brattleboro community. Corum had no ties to CCV, but members of the Foundation thought both the College and the chosen area of study were appropriate.

"We are pleased to help Sandy fulfill her goals of finishing her degree in medical assisting," said Brattleboro Rotary Club Gateway Foundation President Martin Cohn. "Her hard work and dedication to achieve her educational and career dreams makes her a wonderful role model for her children."

CCV's Medical Assisting degree is the only one of its kind in Vermont. It prepares students for the Certified Medical Assistant credential, which is becoming increasingly desirable to healthcare providers across the state.

"The Jesse Corum Scholarship has supported five students as they work toward becoming medical assistants," said CCV-Brattleboro Academic Coordinator Leigh Marthe. "CCV's partnership with the Brattleboro Rotary provides financial support that builds stronger bridges to both higher education and high-demand careers in Windham County."

#### # # #

PHOTO (l-r) Martin Cohn, president, Gateway Foundation, Sandra Sherman, Jesse Corum Scholarship recipient, Gina Pattison, board member, Gateway Foundation, Bill Vermouth, president, Brattleboro Rotary Club, John Mabie, chair, Brattleboro Rotary Club scholarship committee.





# From the Milford Rotary Club - Martin Michaelis Honored

Fire Control, Theater Arts, and Cycling.... what the heck do these things have in common and what do they have to do with Rotary?

Over the past two months, the Milford Rotary Club was reminded that community service and living a life of "Service Above Self" come in many forms.

Martin Michaelis, Milford Rotary Club's 41<sup>st</sup> president, was recently honored by Governor Chris Sununu for his decades of service to the State of New Hampshire. Prior to his "retirement" on January 9<sup>th</sup>, Martin had served for forty-four years as the Architects representative on the State Board of Fire Control having been first appointed in 1975. The Governor and Council presented a special citation to Martin with his family present for the celebration. Martin joined the Milford Rotary Club in 1974 and currently serves as an Honorary Rotarian. In addition, Martin served his hometown of Amherst with great dedication for 43 years as an appointed Commissioner to the Nashua Regional Planning Commission.





## Why is Prostate Cancer Important to All Rotary Members?

The answer to the question is obvious for males but our female members may have fathers, brothers, husbands or sons who may be affected by this "silent killer".

Why is it a "silent killer"? The answer is widely accepted myths: It is an old man disease when in fact men in their 20's can get this disease. The second myth is you are more likely to die of another disease. Again, the ground truth is that prostate cancer, if not detected and treated, can spread to other body organs via the lymph systems and metastases. The other myth is the treatment is worse than the disease. Again, prostate cancer can be treated and men can still live an active and dignified lifestyle.

The New Hampshire Prostate Cancer Coalition has challenged itself to promote education and understanding of this disease and targets men as well as women in their men's lives. The Coalition also fund raises to support the Jeff Kantor Memorial Research Fund at the Norris Cotton Cancer Center. Important pioneering research into improved diagnosis and treatment of prostate cancer is conducted with these funds.

The NH Prostate cancer Coalition is looking to raise awareness and support for his work here in New Hampshire. A member of the Coalition can address Rotary Clubs in our District.

As a member of the Bedford Rotary Club, and a prostate cancer survivor as well as a volunteer Board Member of the NH Prostate Cancer Coalition, I can attest that being able to spread the word is an important and lifesaving goal. if you have questions, want us to speak at your Club meetings or want to donate, please go to our website <u>PCCNH.org</u>: or contact: david.kuhns01@gmail.com



### **International**

## Jamaican Dental/Medical Equipment Project - Complete!

After 2 years, PDG Rich Berryman's Global Grant for the dental/medical equipment project has been completed.

Equipment arrived at the Holy Spirit Clinic , Maggoty, Jamaica in late January. \$30,000. grant #GG1635618 was funded with \$15,000. DDF and \$15,000. Rotary Foundation match.

New and Completely refurbished equipment obtained through IMEC (International Medical Equipment Consortium) out of N. Andover, MA and there is at least \$80,000. or more worth of equipment if purchased new. Another \$5000. in dental supplies is included to be delivered later. PDG Rich Berryman has been invited to the January 30th open house. He hopes to go back in late fall or next winter on another dental treatment mission.







## Cambodia Trip to Provide Medical and Dental Care

This past January, a team of 16 volunteers traveled to Cambodia to provide medical and dental care to poor people. This mission was inspired by two Charlestown NH Rotarians, names Daniel Caloras, M.D. and Sam Kong. In cooperation with the Phnom Penh Rotary Club, care was provided to 1,300 people. In addition, books and school supplies were given to over 700 students, 1,500 pairs of flip flops were given out, 2,000 bars of soap, 60 canes and 1,000 pairs of reading glasses.

The goal of this mission is to show the people that we care and to inspire Cambodian students to pursue future acts of kindness.

For further information, please contact Dan Caloras from the Charlestown NH Rotary Club at 802-356-3795.







## **Teach Nepal Project Fundraising Dinner**

Teach Napal Project Fundraiser A Success!

Many thanks to the many hands that helped to make our "Teach Napal Project fundraising dinner last Saturday at the Wallingford Rotary a big success!

As usual, our small but mighty club roared into action to serve more than 60 German Pork dinners and homemade apple desserts to our friends and neighbors on Saturday, January 26th at the Little Red Schoolhouse.

Our MRUHS Interact Club members were at the ready - helping our diners with beverages, clearing and re-setting tables and probably most importantly and very much appreciated by our guests, helping guests get in and out safely -- offering a steady hand to help navigate the somewhat slippery sidewalks outside!

With the help of the Rotarians, Interact members and Rotary friends, and thanks to our great community without whom these dinners would not be such a success, we will be able to donate \$500 to the Teach Napal Project, to assist with Napalese teacher education programs, furthering the Rotary motto of "service above self".

Here are some lovely pictures of the evening, with photo credit to our special visiting guest and helper, Guenevere Crum.





# Rotary Club of Rutland and Rotary Club of Antiqua-Sundown

In May 2018, the Rotary Club of Rutland, Vermont and the Rotary Club of Antiqua-Sundown, St. John's, Antiqua, formally established a Rotary Twin-Club relationship. Mutual goals were to build goodwill, develop better friendships and international understanding. We have maintained regular and frequent communication in order to be apprised of the fundraisers, service projects and other initiatives sponsored by this vibrant group of dedicated Rotarians. Rotary Club of Rutland agreed to financially support the Antiqua Club Breastfeeding project.

Pictured is Antiqua Club President Jonah D. Ormond, Richard Rohe, Rutland Past President and Dr. Janelle Charles-Williams, Communications and Marketing Manager of the Antiqua and Barbuda Medical Benefits Organization and a member of the National Breastfeeding Support Association.



In a recent visit on behalf of the Rotary Club of Rutland, Rohe presented a check in the amount of \$2,000 to the Antiqua Club for the purchase of hospital grade breastfeeding equipment.



The Rotary Club of Rutland surprised Antiqua members with a gift of the 4-Way Test banner. Pictured is President Jonah Ormand and Richard Rohe.



## **Events and Fundraisers**

### Hollis Fast 5K Race

The Hollis Brookline Rotary's Hollis Fast 5k is open for registration! The gradual all downhill course makes it perfect for walkers, joggers, runners and Olympic dreamers!

The event was just named "2018 Race of the Year" by New England Runner Magazine, singled out from over 500 races for its unique combination of a great course and organization. Currently, you will pay our early bird pricing which includes a free technical t-shirt to the first 900 entries. Our price increases by \$5.00 on February 15<sup>th</sup>.

Race info and registration is available at: <u>www.HollisFast5k.com</u>.

Come join us on the starting line, Thursday, June 13, 2019 at 6:30pm. It's all downhill from here! Hollis Fast 5K Race Committee

## **Calendars**

## District 7870 Calendar

So much going on within the clubs in the district! Be sure to regular check this District Calendar of Events: <u>http://rotary7870.org/events/calendar</u>

Do you have an entry for the District online calendar? Please email your entry to: prrotary7870@gmail.com.

## Months of the Rotary Year

Many months of the year are designated by Rotary International for special significance. Here are the ones for the new <u>Rotary year</u>:



September 2018 Basic Education and Literacy Month October 2018 Economic and Community Development Month 24 October — <u>Rotary's World Polio Day Livestream Event</u> 21-27 October — Rotary Week in NH and VT November 2018 **Rotary Foundation Month** 5-11 November - World Interact Week 10 November – Rotary Day at the UN December 2018 Disease Prevention and Treatment Month January 2019 Vocational Service Month February 2019 Peace and Conflict Prevention/Resolution Month 23 February — Rotary's anniversary March 2019 Water and Sanitation Month 11-17 March — World Rotaract Week **April 2019** Maternal and Child Health Month May 2019 Youth Service Month 3-5 May – District 7870 Conference at the Doubletree Danvers, Massachusetts **June 2019 Rotary Fellowships Month** 1-5 June 2019 — Rotary International Convention, Hamburg, Germany



## <u>Miscellaneous</u>

## Have Something You'd Like to Share with the Entire District?

Updates and short (1 page) articles, along with images **(Word and JPEGS only. NO PDFs please)** may be submitted to Martin Cohn, Dick Mills, Robert Schaumann, and Maureen Mooney at prrotary7870@gmail.com to be included in the Monthly Newsletter. The District Newsletter is a means of communicating with other clubs in our district: items of interest, upcoming events, fundraisers or opportunities for service.

Deadline for next Newsletter Submissions: March 15th, 2019.

## Website and Social Media

Be sure to check (and share) the Rotary District 7870 website at: www.rotary7870.org.

Be sure to join (and share) the Rotary District 7870 Facebook page here:

