

THE INSPIRATION



Rotary District 7870



August 2022	District Newsletter 2023, Number 2	Randell Barclay District Governor
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www.rotary7870.org

Rotarian Editors
Maureen Mooney and Martin Cohn




Rotary Theme of the Month: Membership and New Club Development Month

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Cross Egypt Challenge 2021

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Rotary Club of Rutland to Host Build Better Friendships International Pickleball Tournament -
Sept. 10-11, 2022
Brattleboro on Wheels - September 17, 2022
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District 7870 Calendar
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Have Something You'd Like to Share with the Entire District?
Website and Social Media

Greetings From Your District Governor Randell Barclay

Dear District 7870 Rotarians:

We are six weeks into this new Rotary year. Dianne and I have completed approximately half of our club visits by August 15, 2022. We have been having great fun crisscrossing the District, meeting fellow Rotarians, and learning about the amazing projects and fundraisers that are taking place in our District. We are hoping that some of those clubs will share their experience and plans at our upcoming District Conference on Sunday, November 6, 2022, in Killington Vermont (see related article in this newsletter). When we near the completion of our official visits, Dianne and I would like to visit clubs to participate in service projects and fundraisers. Keep us informed of your club's plans so we can add them to our schedule, as best we can.



While each Rotary Club is different, we can feel at home on each visit as we recite the 4-Way Test of the Things We Think, Say or Do, we sing, and we enjoy fellowship. We know that we are meeting with Rotarians and that we have a common purpose of service to our local communities and to communities around the world.

In the Rotary calendar, August is Membership and New Club Development month. We have been at many new member inductions over the last few weeks. RI President Jennifer Jones reminds us that while new member recruiting remains important, we should not forget to focus on engaging our existing members in Rotary. Think about conducting a Rotary Club Health Check or Member Satisfaction Survey, then sit down and discuss the results with your members.

<https://my-cms.rotary.org/en/document/rotary-club-health-check>

<https://my-cms.rotary.org/en/document/enhancing-club-experience-member-satisfaction-survey>

September will be Basic Education and Literacy month and there is a Rotary Action Group focused on this known as BELRAG <https://belrag.org>. We know that schools in over 100 countries were closed for extended periods of time during the CoVid pandemic. As these schools reopen, it is important that we get this generation of children back on track with their education. Unesco also points out that “despite the steady rise in literacy rates over the past 50 years, there are over 773 million illiterate adults around the world, most of whom are women.” I encourage you to look at the activities and programs of BELRAG.

Advocating for Fellowship & Fun in Rotary Service,

Randell Barclay, District Governor

District News

District Governor Nominee Designate Applications Accepted Until August 31, 2022

Hello District 7870 Friends,

It is once again time to announce that Rotary District 7870 is seeking applicants to be District Governor 2024-25, thereby becoming our next District Governor Nominee Designate (DGND). I am honored to be the Chairperson for this year's search. In my opinion, anyone who wishes to tender their name for consideration by the selection committee will be setting forth to embark on one of the most rewarding Rotary life experiences available to a District 7870 Rotarian. Just by applying for this opportunity, doors will be opened and new opportunities available. If you have any questions about the position, you can personally contact me by phone at 603.321.9677 or email jay4steel@jaysteel.com.



The updated application for this year's applications is available on our District 7870 website www.District7870.org. Please note that the application document has been expanded from the previous version. Do not be intimidated - to be a successful candidate you are not required to have 100% of all of the fields completed but are asked to be at least compliant with the following items.

A District Governor Nominee must:

- Be a member in good standing
 - Be from a Club that has no indebtedness to RI or the District
 - Have served a full term as president
 - Have the commitment and ability to fulfill the duties and responsibilities of District Governor
- The Complete Duties of a Governor can be viewed at Rotary International Bylaws –article 16.090

If you have ever considered taking your Rotary experience to the next level, this is the time. Applications will be accepted until the deadline of midnight on August 31, 2022.

Be Well, JB

Rotary District 7870 Trophy Golf Event - August 19, 2022

The 2022 Rotary District 7870 Golf Event
August 19, 2022 at Bretwood GC — 11:30 am Shotgun Start
Golf, Bag Lunch, Raffle Prizes, Putting Contest and Dinner

Go to [Rotary7870.org](https://docs.google.com/document/d/13s8uKWleLkSyYt3RcO-9TNVKUxs0cDMhtj57WUo663I/edit?usp=sharing) to register or for application form, go to
<https://docs.google.com/document/d/13s8uKWleLkSyYt3RcO-9TNVKUxs0cDMhtj57WUo663I/edit?usp=sharing>

Clubs not sending golfers are encouraged to donate raffle prizes

Rich Berryman, Chair, Rotary District 7870 Golf Event

Coffee with Ken - Informal Zoom Get Together

Ken Yie (Queen City) will be continuing to host “Coffee with Ken” on Zoom the first Friday of the month. Meetings start at 8:30AM and are scheduled to run for 30 minutes. However, it seems we always have fun and extend that time.

Coffee with Ken is a great opportunity uses a casual approach to the get-together. Imagine you are on a quick coffee break from work. There is no fixed agenda. Participants bring up topics that interest them and it is a chance to ask questions about the District and Rotary.



At the last get together on July 1st, the topics brought up included Youth Exchange, our Ukrainian Refugee Relief program, and the new Nashua West mural. We even had a guest drop in from Cape Cod, immediate Past District Governor Dr. Billy Roberts of District 7950.

Coffee with Ken is open to all district Rotarians and friends. You can join the zoom call from the district website from two places: In the list of upcoming events the next session will appear, you click on, and it will

offer you the opportunity to join the call. OR there is a permanent Coffee with Ken box further down the page and just click on “[Start Zoom by Clicking Here](#)”. Next Coffee with Ken takes place on September 2, 2022 at 8:30AM.

District Conference Sunday Nov. 6th - Registration Now Open

District Conference Sunday November 6th – Registration Now Open

District 7870 Rotarians and friends:

Registration is now open for our 2022 District Conference on Sunday, November 6, 2022.

This year's District Conference will be held at the Killington Grand Hotel in Killington, Vermont. It will celebrate the accomplishments of PDG John Siemienowicz's 2021-22 Rotary Year and we will share information on club projects and fundraisers taking place in our communities.

You can register by clicking on the link on the District Website (<http://rotary7870.org>) under Upcoming District Events. You will notice that you have two registration choices: if you are registering to attend In-person or via Zoom.

In-person registration includes continental breakfast, a multi-course lunch, access to presentation tables hosted by cooperating organizations in our District and an opportunity to socialize and collaborate with your Rotarian colleagues at the cost of \$75. You may also register to attend online via Zoom, which will be free of charge.



Our in-person Keynote Speaker will be Tom Gump, who is a Past District Governor from Minnesota (RC of Edina/Morningside - District 5950). Tom is known for his Rotary Club Transformation workshops that he conducts around the world. He is also an advocate for new clubs, helping create 8 clubs in his District in the last two years, including a caused-based club to serve veterans. Tom has brought in over 50 new members to his own club. He is a great resource for your questions about club strategic planning, retention, and club transformation.

If you would like to arrive the day before the conference (Saturday), we will be offering optional host hospitality events, including a dinner (\$25) at the Little Red School House in Wallingford, Vermont. We will advise you of other host hospitality options as they become available.

There are two hotel options for Saturday night. You should contact either hotel directly.

1) The Killington Grand Hotel has hotel rooms starting at \$184/night and reservations can be made online at:

<https://www.bookkillington.com/#/room?group=35G82K&checkin=11%2F05%2F2022&checkout=11%2F06%2F2022>



2) Best Western Rutland-Killington Hotel is approximately 15 minutes by car from the conference site. Reservations can be made by telephone (802) 773-3200. When calling you should mention the “Rotary District Conference” rate of \$109/night.

We look forward to seeing you in-person or online.

Advocating for Fellowship and Fun in Rotary Service,
Randell Barclay, District Governor

Club News

Welcome Environmental Sustainability Rotary Action Group (ESRAG)

Want to know more about Rotary’s efforts to help our environment? Our newest area of focus, Environmental Sustainability, has its very own Rotary Action Group known as ESRAG. ESRAG’s Projects Division hosts an ongoing project series with guest speakers on topics ranging from biodiversity to carbon credits, eco-toilets to Ecuador’s southern mangroves. An example of a presentation is one by Aaron Schroeder on “The role of emission offsets on the road to a carbon neutral world” <https://www.youtube.com/watch?v=FSU31mov_6o>. You can learn more about ESRAG by visiting <https://esrag.org/>



Sincerely, Nan Dubin, District Environmental Ambassador

Capital City Sunrise Plastic Recycling Project

The Capital City Sunrise Rotary began a plastic recycling project in February in conjunction with the Key Club students at Merrimack Valley HS and in coordination with the TREX Corp. For every 500 lbs of clear plastic sent to Trex we receive a four foot bench made from TREX recycled plastic. TREX gave us 5 collection containers for the high school and the students collected 90 lbs prior to the end of the school year. In addition, we were joined by the five Grappone Auto dealers, Banks Auto and Duncraft Co. and on July 8th the CCSRC delivered 641 lbs of plastic to Hannaford Food Store to be transported to TREX in Virginia. The students at MVHS learn an



environmental lesson, gain community service credit and we will give them the forthcoming bench to be placed at the school.

Rich Berryman, President CCSRC



From left: Larry Phillips, Dale Chennette, Geoff Souther, Rich Berryman, Pete (Hannaford Warehouse manager), Mike Dunn and Tony Gilmore

Ludlow Rotarians Learn About Drones

Drones -- those little remote-controlled helicopters with an all-seeing camera -- are ideal for solving the mystery of a lost hiker. But finding out what's behind a neighbor's fence or, God forbid, your bedroom window, are off limits, according to Gene Jakominich of Ludlow, featured speaker at the Ludlow Rotary Club's July 19th meeting.

He described the capabilities of drones, detailing how the photographs taken by these flying devices were able to define details that ordinary cameras couldn't.

A retired US Navy Operations Specialist and veteran of the First Gulf War, Jakominich says drones are useful for disaster relief. But, they must never take off from private property without permission from the property owner. In discussing the flight management of drones, Jakominich indicated that most drone users followed basic rules as to elevation and area covered during drone operations.

Two factors he stressed concerned drone flight over private property. He cited the current legal status of a drone as being similar to that of a commercial aircraft, saying, "Don't shoot it down. That's a federal crime. Call the police instead." since this would be considered the same as attacking conventional aircraft based on the current laws.

He also noted that most users will not take photos of private property without first getting the consent of the owner.

Jim Rumrill, LRC President, introduced three recently graduated students from area high schools. All three were recent recipients of scholarship awards from the LRC. Each of the students described their continuing plan of studies in college.



Pictured are three students who recently graduated from high school who were awarded scholarships by the Ludlow Rotary Club (LRC). They recently attended a club meeting and discussed their future education plans. They are pictured with Jim Rumrill, the President of the LRC. From left to right, they are Jim Rumrill, LRC President, Reid Hychiewicz, Mackenzie Martin, and Grace Tyrrell.

Rotary Club of Nashua Celebrated 101st Changing of Gavel



On the evening of June 27 at Nashua Country Club, the Rotary Club of Nashua celebrated its 101st Changing of the Gavel ceremony. The Club welcomed its new President, Erin Gleeson, President of Rambling House, LLC, in Nashua. Outgoing President of the Rotary Club, Elizabeth Covino, Chief Community Relations Officer of the YMCA of Greater Nashua, was thanked for her year of leadership service to the Club.

Also thanked for their Board service were outgoing Board members: Foundation Chair Ian Bowker, Director Patricia Conard, and Director Christine Donlan.

President Gleeson introduced the incoming Board of Directors of the Rotary Club of Nashua for the 2022/2023 year:

Brian Law, President-Elect	Paige Hultman, Director	Jerrilyn Sullivan, Director
Steve Boilard, Vice President	Cheryl Linder, Director	Paul Hebert, Foundation Chair
Nick Coffey, Sec'y	Steve Hedges, Director	William H. Barry, Club Historian
Kelly M. MacDonald, Ass't Sec'y	Jerry Mayotte, Director	Elizabeth Covino, Im Past Pres
Donna Robinson, Treas	John E. (Jack) Tulley, Director	
Adrian Levesque, Ass't Treas		

The Rotary Club of Nashua is the longest serving professional community-service group in Nashua and celebrated 100 years of service, commemorated with a Gala on October 15 of 2021. The

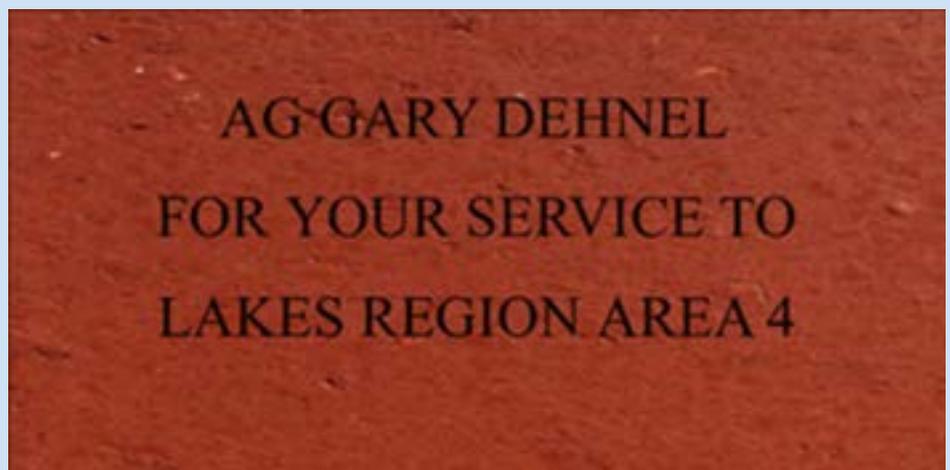
keynoter of that celebration (via Zoom) was Jennifer Jones, who at that time was incoming President of Rotary International. She will serve as this international organization's first woman President.

Some major projects our local Club has brought to the community are: Rotary Common, which is the home to a beautiful Labyrinth ; the Bandshell at Greeley Park; Rotary outdoor swimming pool next to Fairgrounds Elementary School; support of Community Hospice House in Merrimack; and on the international level has supported Polio Eradication, Pure Water for the World, and educational support of midwives in Guatemala, among many projects over the decades.

The Rotary Club of Nashua is always eager to invite others to join us and learn more! Help us create lasting change. Solving some of the world's most complex and pressing problems takes real commitment and vision on the local level. Rotary members believe that we share a responsibility to take action to improve our communities. Join us, so that we can make an even bigger impact – together. For more information about membership, please contact Membership Chairperson Tony Martinez at tonym1346@gmail.com.

Lakes Region Clubs Honor AG Gary Dehnel

For the past 5 years, the Rotary Clubs in District 7870 Area 4, Alton Centennial, Gilford, Laconia, Lakes Region and Meredith have had the exceptional service and guidance from AG Gary Dehnel. Most Rotarians in the District know Gary as he has taken on the role of District Trainer where he develops programs to train our future leaders. The Lakes Region Clubs wanted to do something special for Gary in recognition of his selfless service. At the Meredith Rotary Club Changing of the Gavel, incoming AG Mike Robichaud, on behalf of the Area 4 Clubs, presented Gary with a certificate acknowledging a brick in Gary's name to be placed at the Paul Harris Memorial Garden at the Little Red Schoolhouse in Wallingford, VT. Gary was also presented with a gift card for a local ski shop for him to choose whatever he wanted. Thank you and job well done, Gary.



Ludlow Rotary Hears from District Governor Randell Barclay

The July 26 luncheon meeting of the Ludlow Rotary Club (LRC) featured District Governor Randell Barclay as the speaker. Barclay, a member of the Wallingford Rotary Club, was accompanied by his Rotarian wife Diana.

Barclay called on all Rotarians to use Rotary's theme for the year, Imagination, as a source of developing approaches

- to help local and regional projects that benefit communities,
- to support international efforts such as Ukrainian aid and clean water, and
- to sustain and enhance club membership.

The District Governor brought a message of Rotary International's continuing commitment of service through clubs worldwide and the connections members can make beyond their local clubs. He spoke of his experience with various international projects that build connections with people in other cultures. He has traveled to India doing polio vaccinations in the slums to further polio eradication efforts, a top Rotary cause for the past 25 years, as one example.

Barclay encouraged the Ludlow club to remember Rotary is dedicated to causes that build international relationships, improve lives, and create a better world to support peace efforts and end polio forever. DG Barclay urged the club to pursue the Seven Avenues of Service of Rotary International. Those Avenues of Service are promoting peace; fighting disease; providing clean water, sanitation and hygiene; saving mothers and children; supporting education; growing local economies; and protecting the environment.

He applauded the Ludlow Club for their record of retaining members for many years, because they have fun while raising funds for great causes.

Anyone interested in learning more about joining Rotary is invited to contact Kevin Barnes, Membership Chairman at (802) 228-8877, to receive an invitation to a meeting.



Pictured are District Governor Randell Barclay standing, club President Jim Rumrill and Treasurer Kim Lampert seated; photo credit Kevin Barnes.

Rotary of Deerfield Valley Held Its 3rd Annual Tour, “Barns, Live Music and Art”

Rotary of the Deerfield Valley held its 3rd Annual Tour, “Barns, Live Music and Art” on July 16th, raising close to \$12,000 to help our local community. Ticketholders got to see 5 local barns including The Art of Humor, where Skip Morrow’s art is housed in a barn structure, a tour with Bill Adams who had a wealth of history to share, and the Howe Community Garden with farm to table samplings! All enjoyed listening to live musicians at each location, several who donated their time in addition to their treasures: Bas Duo, Bongobilly, Logan Boyd, Tom Carroll, Juno Quartet, Paul Fisher, and Trumpet Andy. 17 artists showcased their artistic creations, mostly at the new Chez Nous Barn, with many making a donation to Rotary: Gail Anderson, Bobbi Angell, Leslie Brunn, Ann Coleman, Debra Dunphy, Kate Follett, Terry Hauptman, Jane May Jones, Hugh and Jeanne Joudry, Sharon Klass, Nancy Powers Libby, Skip Morrow, Kevin OHare, Nicki Steel, Ellie Roden and Jen Voilette. Many of these artists plus Joan Lovell, Mary Wright and John McGrath donated items for an Art Raffle, for which we had a lot of excited winners!

Thank you to our sponsors of the event: Deerfield Valley Real Estate, Snow Republic Brewing Company, Fisher and Fisher Law Offices, Black Diamond Tree Service, and Vermont Barns. Many participants stopped at Snow Republic Brewing Company who offered them a free pint; thank you!

If you would like to help support the Rotary, please visit www.rotarydfv.org to donate, or write check to DVRC, with Barns, Live Music & Art Tour on the memo line, and mail check to: DVRC, P.O. Box 542, West Dover, VT 05356. If you are interested in joining the Rotary Club, please send email to rotarydfv@gmail.com



Little Library Erected in Springfield

One of the six little libraries auctioned by the Friends of Springfield Town Library has been erected at 51 Pearl Street in Springfield. The little library was built by Springfield Vermont Rotarian Rod Arnold, designed by Springfield local artist Corey Mitchell, and purchased by Pearl Street Creative Studio founder Casimir Krupinsky. Springfield Rotary created this project as a way of supporting FOSTL and furthering its goal of increasing literacy in the community. The auction raised close to \$2800 for FOSTL. The Little Library is stocked with books for exchange by the public.



PHOTO (l-r) Little Library builder Rod Arnold, artist Corey Mitchell and owner Casimir Krupinsky

Springfield Rotary Penny Sale Coming Up on October 22nd



The 68th Annual Springfield Vermont Rotary Club Penny Sale returns this year on Saturday, October 22nd at Riverside Middle School in Springfield. The popular annual event could not be held the past two years because of the pandemic but will come back this fall bigger and better than ever.

As always, there will be over 300 prizes donated by area businesses and individuals to be won. And as always, each chance at a prize cost only a penny.

There are three prize series – red, white, and blue – and each series boasts at least 100 prizes. Each one-dollar series ticket is a chance to win any of the more than 100 series prizes – a penny per chance. Of course, to increase chances of winning, most people buy several tickets in each series.

Members of the Springfield Rotary Club will soon be out in the community soliciting prizes. They also will be selling chances for the Penny Sale's Grand Prize drawing for \$5,000 in cash. In addition to the Grand Prize, the tickets give the holder a chance in the Door Prize drawing for \$500 in cash (must be present to win the Door Prize). Grand Prize tickets are now available from any Springfield Rotarian, and they will also be available at the Penny Sale.

The Penny Sale is the Springfield Rotary Club's single largest annual fundraiser, raising most of the money that the Club returns to the community through scholarships and financial support to community projects and organizations. The Club currently awards three scholarships totaling \$6,000 to college-bound Springfield High School seniors. Thanks to the success of past Penny Sales and their supporters, the Springfield Rotary Club has raised and given back to the community over \$565,000.

Mark your calendars now so you don't miss the 68th Annual Springfield Vermont Rotary Club Penny Sale Saturday, October 22nd at Riverside Middle School in Springfield, starting at 6:00 p.m. Doors open at 5:00 p.m.

Rotary International is an international service organization with over one million members in over 200 countries. The Springfield Rotary Club is in its 95th year of service to the community. For more information, visit <https://springfieldvtr Rotary.org/>

Ludlow Rotarians Ready Ducks for Annual Race on the Black River



In keeping with tradition, and the need for our fine feathered friends to exercise, the Ludlow Rotary Club (LRC) will sponsor the 23rd running of the duck race on the Black River on Saturday, August 20 beginning at 12 Noon.

At Noon the sponsored ducks will be dropped from the Depot Street bridge by Rotarians into the Black River to determine who the fastest duck to reach Walker Bridge is.

The ducks reaching the Walker Bridge first will be rewarding their sponsors with cash prizes of \$200, 100, and 75 for the first three winners. Keeping with tradition, the last sponsored duck to make it across the finish line will earn \$25 for its sponsor-just for trying.

Naturally, in order to be one of the winners, sponsors need to rent their ducks by purchasing raffle tickets. Tickets are available in numerous "sizes":

\$5 for a single ticket

\$20 for a quack pack (5 for \$20)

\$50 for a corporate duck

Raffle tickets are available at Benson's Chevrolet, Fletcher Memorial Library, Peoples United Bank and Ludlow Insurance and any Ludlow Rotarian! They are also available online at www.ludlowrotary.com.

Women's Freedom Center Speaks to Ludlow Rotary

At a recent meeting of the Ludlow Rotary Club (LRC), representatives of the Women's Freedom Center (WFC) totally captivated the club membership as they discussed sexual violence and sex trafficking in Windham and Southern Windsor Counties.

Due to the nature of WFC's organization, which supports the recovery of women sexually victimized, the speakers, Shari and Rhiannon, were only identified by their first names. No video recording of the meeting was made.

The speakers outlined some of the types of cases they support and the emotional and physical damage that they needed to deal with in assisting victimized women, and their children, as they attempt to recover and return to a "normal" life.

Rotarian Mary Crowley noted the intensity of the discussion when she noted that "I've never seen such captivated audience as club members were during this discussion and the question-and-answer period that followed".

The WFC, formerly known as the Women's Crisis Center, has a 48 year history in the two counties. Among the many roles it plays in assisting victimized women are:

- A 24/7 confidential hotline
- Crisis shelters for women and children
- Development of individual crisis plans
- Emergency transportation
- Group support
- Community outreach and education

The WFC is an approved 501(c)(3) organization. Their funding is dependent on support from the federal and state with much of their financial support coming from individual donors. The WFC has a web site at <https://womensfreedomcenter.net>. They also maintain a Facebook page at www.facebook.com/womensfreedomcenter. Their 24/7 hotline is 802-885-2050 for Southern Windsor County and 802-254-6954 for Windham County; they will accept collect calls.

Rotary Club Nashua West 50th Anniversary Mural

Submitted by Carol Powis

June 29, 2022 was a great day for the Rotary Club of Nashua West as we unveiled our 50th Anniversary Mural, done by Positive Street Art! Looking forward to our upcoming Rotary Club of Nashua West Duck Fest on Saturday, October 15th

<https://www.duckrace.com/nashu>



Pixels, Wood, Clay ~ August 12 - September 3

Three talented Rotarian artists are combining their talents for this show: the photo vision of Tony Gilmore to capture nuanced images, the woodturning that exposes the beauty of grain markings by Rick Manganello, and the clay artistry of Caren Helm.

Experience Pixels, Wood, Clay at 'Two Villages' gallery, 845 Main Street Contoocook, from August 12 through September 3. Open to the public Thursday through Sunday from 12:00 to 4:00.



Another Little Library Erected in Springfield

One of the six little libraries auctioned by the Friends of Springfield Town Library has been erected at 51 Rte106 in North Springfield. The little library, titled "Purple Coneflowers", was built by Springfield Vermont Rotarian Rod Arnold, designed by Springfield local artist Becky Tucker, and purchased by Primerica Regional Vice President Debbie Cox. Springfield Rotary created this project as a way of supporting FOSTL and furthering its goal of increasing literacy in the community. The auction raised close to \$2800 for FOSTL. The Little Library is stocked with books for exchange by the public.



PHOTO (l-r) Little Library "Purple Coneflowers" builder Rod Arnold, artist Becky Tucker, and owner Debbie Cox.

Queen City Rotary Club Round Up

The Queen City Rotary club has been busy this Summer. Past President Monica Labonville, awarded our Annual Firefighter of the Year Award to Manchester firefighter Ken Wong.

Ken received this award with his family and Assistant Fire Chief Matt Lamothe present.



Photo right: Queen City Rotary President Tom Stewart welcomed and inducted newest members to the club, Alisha Cahall and Stan Garrity.



Our club was also busy these past few weeks with recognition of two special club members. Member Melissa Magoon, who selflessly works hard as our club Treasurer, was awarded with a Paul Harris fellowship. Our club also recognized long time member Rick Blais with a SPOKE award for his dedication and tireless work on behalf of Queen City Rotary Club. Both very well deserved congratulations!

We also had many members volunteering on two recent community service events, The Manchester Library Annual Book Sale, and Stuff a Backpack event held at Manchester Memorial High School. Thank you to all members who were able to pitch in and lend a hand!



Milford Rotary Pancakes ~ Save the Date & Sponsors Welcome!



For the 54th consecutive year, the Milford Rotary Club will be organizing its annual community pancake breakfast. What started in 1969 as a festive fundraiser under the big top in the “Super Save” parking lot has flourished over the past five decades to become a much anticipated community breakfast along with being a Rotary fundraiser.

Traditionally held on the first Sunday after Labor Day, this year’s event is scheduled for Sunday, September 11th at the Souhegan Valley Boys & Girls Club. We’ll be serving an all you can eat breakfast of pancakes, sausages and bacon with coffee, orange juice and tea. Please see any Milford Rotarian for tickets or show up at the door for a suggested donation of \$5.00 per person and kids eat free! Everyone is welcome and no one is turned away for lack of a donation. The principal way funds are raised is through event sponsorships by businesses and individuals. Interested in being associated with this great community tradition? Then become a Milford Rotary Pancake Breakfast sponsor!

The suggested sponsorship levels for the pancake breakfast are: Platinum - \$500, Millennium - \$250, Century - \$100, Gold - \$75, and Silver - \$50. All sponsors are honored in several ways:

- Your name is printed on the breakfast placements served to every guest
- Every Milford Rotarian will know of your sponsorship
- You will receive four complimentary tickets to the breakfast
- For those who donate \$250 or more, a large sign with your name or logo will be displayed prominently at the event!



For an additional \$50 you can also sponsor a table! Your name or company name will be placed on your table to show your support of the community and Rotary. To learn more about this opportunity or to sign-up as a Pancake Sponsor, please contact Pancake Chairperson Mike Goodwin at mgoodwin@svbgc.org. We hope you can join us on September 11th to break bread, or in this case pancakes, and share some Rotary fun and fellowship!



Our dedicated chefs and waitstaff will be ready to serve you and your family!

White River Junction Rotary Updates



Photo left: President Carson presenting a well deserved Four Way Test Award to long time Rotarian, Phil Hammond. This recognition was for Phil's continuing belief in the Four Way Test of Rotary following its premise every day, at work and play!!!

Photo right: PDG Nancy Russell and PP Kevin McAllister after their 'jump' for Pure Water. This is their second year of participating in this very important fundraiser.



Photo left: WRJ Rotary members 'resting' after serving up 500 hot dogs at the Hartford Block Party!

Photo right: Outgoing WRJ Rotary President Carson Wenz (who joined us four days before her wedding on her way home with fiance from Alaska) passing the gavel to incoming President William 'Brett' Mayfield.



Photo left: The White River Junction Rotary Club was honored to welcome visitors from District 9530, Cape Town South Africa in June. Helene Visser, DRFC and Ian Robertson,



DGN chat while waiting for the meeting to start. Helene presented the Club with certificates of appreciation for participation in a global grant for the purchase of equipment for the Tygererg's Children in Cape Town.

Photo right: Rotarians Joe Major and Ray Stanford manning the Rotary Booth at a recent Hartford gathering.



White River Rotary Club has been in high gear this year. An online Auction provided over 75 items generating \$5,200! Auction and 10/100 party was held at the Hotel Coolidge attended by over 100 members and guests enjoying good food, beverages and hoping to have their ticket drawn for the big bucks!!

Ludlow Rotary Learns How Crowley Makes Cheese

At its August 9 meeting, members of the Ludlow Rotary Club traveled to Healdville to tour the facilities of Crowley Cheese and learn how their cheese was produced.

Crowley Cheese began making cheese in 1824 in the Crowley farm kitchen. In 1882 it built its factory next to the Crowley farm in Mt Holly and has been producing its fine cheeses ever since. Recognized as a National Historic Place, it is the oldest continuously-operating cheese producer in America.



Galen Jones, President of Crowley Cheese, detailed the process by which their special version of cheddar cheese is created. Unlike the usual process, where the bulk of the process is handled by machines, Crowley still employs its age-old process requiring the patience and attention that only direct human involvement can produce.

Crowley cheese is made according to a unique recipe. It falls in the Cheddar family, but unlike a Cheddar it doesn't go through the cheddaring process. Instead, the production adds a rinse step that reduces the amount of whey in the cheese. This step is somewhat similar to the wash step used in Colby. As a result, their cheddars are more moist. Jones also noted that it takes 10 units of milk to create one of cheese.

Picture above is Galen Jones as he explains the cheese making process to the Ludlow Rotarians as they view the actual cheese production area.

The Ludlow Rotary Club welcomes interested persons to its weekly meetings, usually held at DJs Restaurant on Tuesdays beginning at Noon. Simply ask a Rotarian for more information or contact Kevin Barnes at 802.228.8877.

International

Bethel Area Rotary Hosts 42nd International Dinner - Oct. 23, 2022

Bethel Area Rotary for our 42nd International Dinner on Oct 23 @ 4pm in Bethel VT. Join us for an informal potluck dinner celebrating Bethel Area Rotary's 51 years of International Youth Exchanges and United Nations Day as we look towards a future of peace and understanding. More details will be coming.

More information here: <https://www.facebook.com/events/441972570617543>

Contact info: bethelarearotary@gmail.com

Cross Egypt Challenge 2021

While the International Fellowship of Motorcycling Rotarians North American chapter autumn tour through part of our district has been canceled for this year, the Egypt ride is still on. Below is an article written by Past District 7390 Governor and Zone 32 End Polio Now Coordinator John Krumb that was published in the July edition of the IFMR-NA newsletter and republished with permission of the author. Some of you may also know John from the Wine Fellowship. If you're interested in learning more about the 2022 Cross Egypt Challenge, they are available at <https://www.crossegyptchallenge.com>.

Cross Egypt Challenge 2021

In October of 2021 IFMR member and Past District Governor John Krumb participated in the tenth annual Cross Egypt Challenge (CEC). The CEC is a nine-day ride taken on either a scooter or a motorcycle through



parts of Egypt. The length of the ride varies from year to year; this time around the Group recorded 2050 kilometers, or about 1273 miles. This map shows the route that was planned for the ride. Because of security concerns, the route was subject to change daily, and the 2021 ride was no exception. Instead of crossing the Red Sea and riding the Sinai Peninsula, the route was changed to go up the West coast of the Red Sea and the Gulf of Suez. Almost all equipment was available for rent since it is so difficult to bring a two-wheel vehicle into the country. Riders had a choice of either a scooter (150 cc) or a motorcycle (~1000 cc). John chose the scooter because the organizers said it would be more fun. “This was probably one of the best organized events in which I have ever participated.”, stated Kramb. “As part of the registration fee and rentals, the organizers provided vehicles, arranged for housing each night, provided meals (either on the road or at the hotel), fuel from their own tanker, mechanics for rapid repair of any problems, a team doctor, and arranged for security. For security, riders had with us a member of the tourism police, armed with a machine pistol, and everywhere riders drove riders had a heavy police escort.” Riders could also avail themselves of optional tours along the route. Among the options riders could take were tours of both the Luxor and Karnak Temple complexes, a sunrise hot air balloon ride, trip the Valley of the Kings and the Valley of the Queens, and a cruise on the Nile River. Kramb arrived in Cairo three days early in order to tour the city. On the 7th of October several riders met in Cairo for the three-hour van ride to Alexandria, which is on the Mediterranean coast. This was the first time that all the group members got together. This was the official organization meeting. Riders were each administered a PCR test, got our welcome packets, made introductions, and got our t-shirts. There were riders from the USA, Canada, Mexico, France, Poland, Slovenia, Romania, Greece, and Egypt. Everyone spoke at least passible English, so riders were all able to communicate. No one was allowed to go to their rooms the first night until the results of the PCR test came back. Riders were all negative. Kramb was interviewed by a reporter from the local newspaper. . One question that she asked concerned Kramb’s , he was seventy-two. She wanted to know if he was worried about something happening to him on the ride. The reporter must have been in her mid-thirties, and probably couldn’t conceive of someone my age doing this. The actual ride started on 8 October. Riders got their bikes and headed out of town. The handling characteristics of a scooter are different than that of my cruiser, and it took some getting used to. The second night was spent at a luxury hotel located near the Pyramids of Giza. On the 9th riders rode to Minya, generally south along the Nile River. The hotel there was not what an American is used to. Wifi was available only in the lobby, and the hotel security team would not let anyone leave the facility without being accompanied by one of their security team. (continued on next page...) Bob Shriner Great Motorcycle Tours Cross Egypt Challenge 2021 John G. Kramb The 10th was the longest day’s ride of the whole event. Riders rode 445 km/276 miles to Luxor. On cruiser motorcycle, that isn’t a big deal, on a scooter, one develops what the medical community describes as “bike butt”, a soreness that results from sitting for a long time in one position. Scooters stopped every 100 km for refueling, with no intervening rest stops. This was also the first day in which riders observed the utter starkness and beauty of the desert. There were very few sand dunes, and lots of vast stretches of openness and no vegetation. Think of Death Valley, except without the colors and vegetation. Luxor is one of the most famous of Egyptian cities. On the evening of the arrival, riders visited to

both the Luxor Temple and the Karnak Temple. The enormity of the decorated columns and walls is most impressive, and Kramb could not adequately describe them except to say “wow”. The 11th was a day of rest, and most of participants took a one hour van trip to the Valley of the Kings. At first glance, the Valley of the Kings, (also known as the Valley of the Gates of the Kings) seems like no more than a sun-blasted gorge of generic red rock, but underneath all of its dust lay the tombs of 63 of the most important pharaohs in the history of Ancient Egypt. Depending on whose cell phone you wanted to believe, the temperature that day was anywhere between 102 and 108 degrees. Very hot, and it felt good to walk into the hallways that made up a tomb. On the 12th riders rode 340 km over a pockmarked, pot-holed road to the Red Sea. Probably one of the worst roads most had ever been on. Riders wound up at a sea-side resort, and the water was refreshing. The desert was still stark and devoid of vegetation, but somehow majestic in its vastness. Riders spent the next three days traveling North along the shores of the Red Sea, stopping each night at a different resort hotel. The shades of blue that come from the water is stunning in its variety and richness. Some rented snorkeling gear, and some just went swimming. On the night of the 15th, the hotel and ride organizers sponsored a Bedouin dinner. Complete with belly dancer. Reflected Kramb: “Yours truly was chosen by her to come on the stage to dance with her. It was great fun.” On the last day of the ride, riders wound up back in Giza, passing by the Great Pyramids of the same name. Riders paraded into our final stop, parked the bikes, and started the endgame process. Riders turned in keys, returned any rented equipment, and had our final farewells. Those of us who were leaving the country within 72 hours got another PCR test.

Kramb became the second oldest person ever to have completed the ride. The oldest was 74 at the time. “It was a great adventure, but I was happy to be back home.”



Fundraisers

Butterfly Release - August 26, 2022

Springfield Rotary Club
BUTTERFLY RELEASE
Friday, August 26, 2022, 8:30 PM
COMET Cascade Park
3 Main Street, Springfield, VT

EVENT: A Springfield Rotary Club fundraiser "Live Butterfly Release" to members and honor our friends and family.

PROGRAM: A brief program meeting the needs of the people remembered / honored and the butterfly release.

TO PARTICIPATE: Sponsor butterflies in memory of or in honor of loved ones by obtaining the service below.

BUTTERFLY REGISTRATION FORM
Please return this section and payment to:
Springfield Rotary Club
PO Box 626, Springfield, VT 05156
Please make checks payable to "Springfield Rotary Club"

FORM: (Please print name and address)
Name: _____
Address: _____
City: _____ State: _____ Zip: _____
Phone: _____ Email: _____

ORDER YOUR BUTTERFLIES
I wish to register the following names for the 2022 Butterfly Release (Maximum to be remembered / honored for each butterfly: \$20 per name / per butterfly)

1. _____
2. _____
3. _____
4. _____
5. _____

Link to application form:
<https://bit.ly/3KF9v2i>



Rotary Club of Rutland to Host Build Better Friendships International Pickleball Tournament - Sept. 10-11, 2022



The Rotary Club of Rutland will host the Build Better Friendships Pickleball Tournament in partnership with Vermont Sport & Fitness and Rutland Recreation & Parks Department to be held Saturday, September 10, and Sunday, September 11.

COVID-19 took a toll on the Rotary Club of Rutland's ability to raise the funds. The Christmas Tree sale has been the largest fundraiser for over 60 years. The fundraising opportunity was significantly diminished when the annual order of 1000 trees was abruptly cut to less than half. The "Ten of Nine Golf Tournament", the second-largest source of funding, had to be canceled for the third year in a row. Club members determined a new avenue was needed to help fill the void. And one that would grow from year to year. Rutland is suited for a large pickleball tournament and the Rotary Club of Rutland aspires to make Rutland Pickleball Central in Vermont.

Pickleball is spiking in popularity and is the fastest-growing sport in America. The Rutland area is an ideal place for a tournament featuring competitive play with several levels of competition and



instructional play for the novice. No matter the experienced player, or the beginner, pickleball boasts the health and well-being of each individual through exercise and social interaction. An effort will be made to meet the skill level of all players. The courts at Vermont Sport & Fitness, Rutland Recreation & Parks Department, and Monsignor Connor Park (aka Meadow Street Park) will provide the opportunity for 80 players per round plus spectators. This will be a non-sanctioned fun tournament open to all players near and far.

Pickleball's core players — those who play more than eight times per year — are over age 48, but the game is getting younger, check out the fact sheet at usapickleball.org. The game was invented in 1965 by three middle-aged fathers in Washington state. Pickleball is a quirky cross between tennis, ping pong, and badminton, played with a paddle and a perforated plastic ball. With just a few minutes of instruction, one can play this sport at a recreational level, yet there are professional pickleballers that play at a very high level.

Tournament registration will open soon. For more details follow Rotary Club of Rutland's event on Facebook or visit the club's website at www.rutandcityrotary.org

About Rotary Club of Rutland

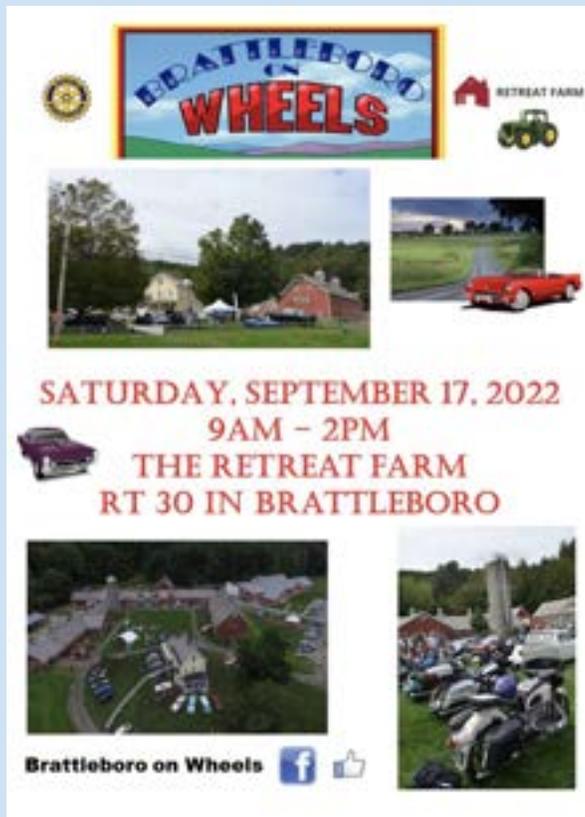
Founded in 1919, the Rotary Club of Rutland is one of the oldest Rotary Clubs in New England. Our membership has always reflected a wide diversity of local business leaders and community partners with a commitment to Service Above Self. The focus of the Rotary Club of Rutland is community service. Throughout the year we are active in a variety of hands-on projects as well as mentoring and knowledge sharing activities.



Pickleball is the fastest-growing sport in America.

Novice players learn from a short pickleball instruction session at the Rutland Community Center.

Brattleboro on Wheels - September 17, 2022



Capital City Sunrise Rotary \$1,000 Summer - September 5, 2022

Gas prices getting you down? Want to take the family on a summer vacation? Have a home improvement project to pay for?

WOULD \$1,000 HELP????

[Capital City Sunrise Rotary Club of Concord, NH](#) is hosting a raffle with a top prize of a \$1,000 Visa gift card. Spend your winnings how and when you would like.

10 runners up will also be drawn to receive a \$100 Visa gift card.

ONLY 300 TICKETS TO BE SOLD- [\\$25.00 Each TICKETS: CLICK HERE](#)

Winners Drawn on Labor Day Monday September 5th, 2022.

Help the Capital City Sunrise Rotary Club of Concord, NH with their mission to support community and international projects by caring for others and sharing fellowship with all.

****All winners will be selected via random drawing on Monday September 5, 2022. Winners will be notified via email.****

Ride New England IFMR - September 6-16, 2022

RIDE NEW ENGLAND IFMR September 6-16, 2022

Join IFMR-NA as we ride through some of the most famous motorcycle roads in North America.

1. Arrive in Manchester, NH
2. Manchester to Woodstock, VT
3. Woodstock to Stowe, VT
4. Stowe, VT to Wilton, ME
5. Coastal Maine to Freeport
6. Day Ride to Kennebunkport/Old Orchard Beach
7. Mount Washington Region, NH
8. Kancamagus Highway, NH, to Fairlee, Vt
9. Fairlee, VT, Day Ride
10. Connecticut River Valley, VT to Manchester, NH
11. Farewell

IFMR-NA Organizer: Bill Sahlman bill.sahlman@gmail.com 603-381-8988. For more information, visit <https://ifmr-na.org/event/ifmr-new-england-ride-2022/>

Rotary West 2022 Duck Fest - October 15, 2022

by Carol Powis

The Rotary Club of Nashua West will be hosting its Fifth Annual Duck Fest on **Saturday, October 15th**. Ten thousand baby rubber ducklings will again float down the Nashua River near Renaissance Park.

This year's event promises to be filled with tons of family fun activities and events. In addition to live entertainment from the Joe Mack Band, there will be a beer garden, food trucks and games and activities for adults and children.

Proceeds from this event will benefit 40 area nonprofit organizations, provide \$15K in scholarships for qualified high school seniors and allow our club the opportunity to support international humanitarian programs.

Currently, we are looking for individual and corporate sponsors. If you are interested, please reach out to Kim Reagan at kim.reagan@comcast.net.



If you would like to purchase ducks, they are \$5 each or can be purchased as adoption packages: a six quack for \$25 a quackers dozen for \$50 or a flock for \$100 by visiting <http://www.nashuaduckderby.com>.

Calendars

District 7870 Calendar

So much going on within the clubs in the district! Be sure to regularly check this District Calendar of Events: <http://rotary7870.org/events/calendar>

Do you have an entry for the District online calendar? Please email your entry to: prrotary7870@gmail.com.

Months of the Rotary Year

Many months of the year are designated by Rotary International for special significance. Here are the ones for this Rotary year:

July New Rotary Year

August Membership and New Club Development Month

September Basic Education and Literacy Month

October Economic and Community Development Month

November Rotary Foundation Month

December Disease Prevention and Treatment Month

January Vocational Service Month

February Peace and Conflict Prevention/Resolution Month

March Water and Sanitation Month

April Maternal and Child Health Month

May Youth Service Month

June Rotary Fellowships Month

Miscellaneous

Have Something You'd Like to Share with the Entire District?

Updates and short (1 page) articles, along with images (**Word and JPEGs only. NO PDFs please**) may be submitted to Martin Cohn and Maureen Mooney at prrotary7870@gmail.com to be included in the Monthly Newsletter. The District Newsletter is a means of communicating with other clubs in our district: items of interest, upcoming events, fundraisers or opportunities for service. **Deadline for next Newsletter Submissions: September 15th, 2022 at 9:00 AM.**

Website and Social Media

Be sure to check (and share) the Rotary District 7870 **website** at: www.rotary7870.org.

Be sure to join (and share) the Rotary District 7870 **Facebook page** here:

