

THE INSPIRATION



Rotary District 7870



| July 2023 | District Newsletter 2024, Number 1 | David Saturley District Governor |
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| www.rotary7870.org | | |
| Rotarian Editors Maureen Mooney and Martin Cohn | | |
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| Rotary Theme of the Month: New Rotary Year | | |

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Greetings From Your District Governor David Saturley



"Instead of closing the door on one year, let's build a bridge to the next." Rotary International President-Elect Gordon McInally used these words addressing the International Assembly in Florida where he would introduce the theme for the coming Rotary year. Little did we know just how important bridges and (re)building would be to much of our district just two short weeks into that year. As we wait for waters to recede and service needs to be assessed in affected areas, there is no doubt in my mind that members of Rotary are truly people of action. As Clubs and

individually, people are jumping in to assist wherever and whenever they are able. Simple acts of kindness like checking in on neighbors, delivering coffee and nourishing meals to emergency responders and road crews, and drafting action plans for larger projects once specific needs for assistance are identified; members of Rotary are creating hope.

Club visits are beginning to be added to the District Calendar as they are confirmed. July was a slower start than you may remember from years past, but with a confirmed work schedule firmly in hand, things are picking up speed. On the Governor visit calendar for the remainder of July is the International Fellowship of Flying Rotarians gathering in Wallingford at LRSH on Saturday the 15th (weather permitting), the Eastern States Student Exchange (ESSEX) conference at The Doubletree in Nashua on July 21st and 22nd, and the ROTEX Alumni Rotaract and D7870 Youth Exchange Returning students gathering at LRSH in Wallingford on the 29th.

July 30th will be the Zoom launch and informational session of the D7870 Rotarian Action Group on Mental Heath Initiatives and Rotaract club.

There is still time to register for the District Trophy Golf Event in Keene on August 18th. Come enjoy a day on the Bretwood Golf Course and compete for the trophy for 2023.

I am honored to serve with all of you and look forward to the many ways we will Create Hope in the World together during this coming year.

David Saturley, District Governor 2023-24



District News

Sandra (Sandy) McGonagle - District Treasure 2022-2023

I am pleased to announce that Sandy McGonagle was selected by the awards committee as the District Treasure for 2022-23.

It was a pleasure to attend the Gilford Changing of the Gavel on Wednesday, June 28, 2023, and surprise Sandy with the award.

Sandy joined Rotary in 1990. At that time, she had already received a Paul Harris Fellow Award for her service to the Gilford Community



as an elementary school teacher and principal. She was also Town and School moderator for several years as well as being a Gilford Selectman for six years.

Many of us know Sandy from her year as District Governor (2015-2016), especially those weekly poems that described her official DG visits. Sandy has continued to serve the district since her year as District Governor. She is currently our Representative on the Council of Legislation (2023-26) which is the rule making body for Rotary International. She has served as our District's Scholarship Subcommittee Chair (2021-23) and was District Membership Co-Chair 2020-22). She was the District Trainer during 2017-18 for then DG Jon Springer. Sandy was also an Assistant Governor and Coordinator for the District's Literacy Resource Group. She has also served on the District Nominating Committee, the District Visioning Team and as a trustee of the District 7870 Foundation.

Sandy was president of Gilford Rotary Club in 1997-98 and has been Club secretary four times. Sandy exemplifies "Service above Self". She currently co-author's her club's monthly newsletter. She has worked at the racetrack in Loudon, sold Christmas Trees, has worn a chicken costume for Gilford Rotary's chicken BBQ, dressed as Mrs. Claus for their senior citizen dinner event as well as helping at Gilford Old Home Day pancake breakfast.

Sandy has been a consistent donor to the Rotary Foundation. She is a PHF +4 member and was recently recognized for her support of Polio as being inducted as a charter member into the New Polio Plus Society Program.

Sandra and her husband, John have been a host family to several youth exchange students and continue to support the Youth Exchange program, especially during the Sandwich Fair Youth Exchange Weekend sponsored by Meredith Rotary.



Sandy has demonstrated that she exemplifies every aspect of Rotary through her level of service and deep commitment to Rotary International, our District 7870 and her club. Congratulations Sandy!

Randell Barclay Past District Governor 2022-23

Rotary Learning Center Challenge for Presidents-Elect and AGs

At the District Assembly at the end of April, District Governor Elect (now District Governor) David Saturley challenged the Club Presidents-Elect (PEs) and the Assistant Governors (AGs) to take courses at the Learning Center on my.rotary.org.

Specifically, he asked Presidents-Elect to complete the President Basics Learning Plan and Assistant Governors to complete the Assistant Governor Basics Learning Plan. They

then uploaded their Learning Plan diplomas to the District website. DGE David offered three awards of 1,000 Rotary Recognition Points for the PEs and a single 1,000 Rotary Recognition Points award for AGs.

What's involved with the Rotary Club President Basics Plan? There are 10 modules to complete, and it usually takes about 3 hours. You can start, stop, and restart at any time as the Learning Center will keep track of your progress. And when you are finished with that Learning Plan, you can go onto the Club President Intermediate Learning Plan. The Two President Plans include:

Club President Basics

- Get Ready: Club President
- Managing Club Business
- Working with Your Club Leadership Team
- Minimizing Risk
- Rotary's Action Plan and You

Club President Intermediate

- Is Your Club Healthy?
- Be a Vibrant Club
- Creating an Inclusive Club Culture
- Strategies for Attracting New Members
- Promoting Your Club as People of Action

- Best Practices for Engaging Members
- Rotary Club Central Resources
- Online Membership Leads
- Rotary Foundation Basics
- Protecting Youth Program Participants
- Our Logo: Representing Rotary
- Committing to Diversity, Equity, and Inclusion
- Preventing and Addressing Harassment
- Protecting Personal Data
- Leading Change

CREATE HOPE

n the WORLD





I guess the first series of questions are: What are Rotary Foundation Recognition Points? How can I accumulate them? What can I use them for?

Foundation recognition points are awarded to donors who contribute to The Rotary Foundation through the Annual Fund or PolioPlus, or who contribute to sponsorship of a Foundation grant. Donors receive one recognition point for every U.S. dollar contributed to these funds.

Donors can transfer Foundation recognition points to others to help them qualify as a Paul Harris Fellow or Multiple Paul Harris Fellow.

We are pleased to announce that the three President-Elect (now Presidents) and Assistant Governor winners were:

Neal Cass (Hopkinton) Matt Dodge (Bow) Karyn Finkelson (Concord) AG Diane McCormick (Deerfield Valley)

There are many courses available to you on the my.rotary.org website. Many are about different aspects of Rotary, others cover topics like fundraising, service projects, membership, public image, club & district leadership, professional development, the Rotary Foundation.

If you are new to Rotary there are courses to help you learn more about this great organization. If you are thinking about taking a club or district position, there are courses that will brief you and prepare you for those roles. If you are going to run a service project or fundraiser, there are courses that can help you get started. You can look at the course catalog at https://my-cms.rotary.org/en/document/learning-center-course-catalog.

District Governor David Saturley

Rotary Action Group for Mental Health Initiatives (RAGMHI)



District Governor David is pleased to announce the creation of a District 7870 chapter of the Rotary Action Group for Mental

Health Initiatives. In additional, the district will be sponsoring a cause-based Rotaract Club for Mental Health Initiatives to support the work of the District Chapter.



Rotary International President Gordon McInally has challenged Rotarians to prioritize mental health awareness. <u>Gordon McInally Video (2 min) Click Here</u>. President Gordon is asking us Rotarians to: (i) work to erase the stigma associated with caring about emotional wellbeing, (ii) raise awareness about mental health needs, and (iii) work to improve access to mental health services. <u>Rotary Presidential Initiatives - Click Here</u>

Our vision is to create and support opportunities for every Rotarian and every adult and child in our District to improve their mental health and wellness in order to lead a healthy, happy, and productive life.

Past District Governor Nancy Russell (White River Junction) will be leading this effort as Chair of our District Chapter. Dr Ed Carignan (Henniker) is the Chapter Secretary and Mental Health Initiatives Advisor.

Come to our Zoom meeting on Sunday, July 30, 2023, at 6PM to hear about our plans and project for the District Chapter and the Mental Health Initiatives Rotaract Club.

District 7870 Chapter Meeting Link - Click Here

We would like to have one RAGMHI ambassador from each Rotary and Rotaract Club. Each ambassador will receive access to the RAGMHI website and toolkits. Our initial projects will include (i) a district-wide survey of Rotarians to raise awareness of the issues, (ii) Projects to start breaking the stigma associated with mental health issues, and (iii) Projects to increase our community's capacity by improving access to mental health services, focusing on depression awareness and suicide prevention.

Rotaract Clubs are a different pathway to Rotary membership. Rotaractors must be over the age of 18, with no upper age limit unless one is imposed by the club. Rotary members (Rotary & Rotaract) can be members of one Rotary club and one Rotaract Club at the same time.

PDG Nancy Russell (Chapter Chair – White River Junction) PDG Randell Barclay (Chapter Treasurer - Wallingford) Ed Carignan (Chapter Secretary – Henniker)



District Golf Tournament - August 18, 2023



2023 D7870 Trophy Golf Event Friday August 18, 2023 Brentwood GC South Course 365 E. Surry Road, Keene, NH

Shotgun Start 11:30 am

\$115 per player (\$460. Per team) Includes: Golf with cart, Sleeve of D7870 balls, bag lunch, putting contest, raffle and full dinner

Send names of all team members and checks to: (Can pay on site but need to know numbers staying for dinner) PDG Rich Berryman, 18 Foxcross Circle, Concord, NH 03301

All Net Proceeds donated to D7870 Foundation. Beautiful Weather Guaranteed!

The time is quickly approaching for the District Golf Tournament scheduled for Friday, August 18, 2023, and we need donated prizes for the winners and raffle. Golf related items are desired but items such as gift cards, baskets, wine/spirits, or anything you would like to win in a raffle or contest would be wonderful. Please contact Rich Berryman rberrymandds@gmail.com for coordinating delivery of your donated prizes. Thank you in advance for helping District 7870 make this event a success. Have you registered your team for the event? You will not want to miss the fun-filled day we have planned. Sign up your foursome from you Club with the attached application. If you do not have a foursome, we will do our best to pair singles and pairs. We look forward to seeing you on the links!

Golf Tournament Application Document:

https://docs.google.com/document/d/197FCwgKw_tt9Ru7sgdpZlmwGYXtSWlPy/edit?usp=shar ing&ouid=113101503615438439281&rtpof=true&sd=true

Call for Nominations for District Governor 2026-27

I am excited to announce that nominations are now being accepted for the position of District Governor for the Rotary year 2026-27. Please consider nominating a qualified candidate from your club.





Application materials and a job description are available on the District Website <u>http://rotary7870.org</u> in the site pages section entitled "District Governor Application Materials". Note: you must be logged into the District website to access these materials.

District Governor (to serve 2026-2027). Qualifications for District Governor are as follows:

- Nominee must be a Rotarian in good standing of a Club in the District
- Nominee must be of outstanding personal caliber and must maintain full qualifications of membership
- · The integrity of the Nominee's classification must be without question

• Nominee must be a member of a functioning club, in good standing, that has no outstanding indebtedness to Rotary International or District 7870

- Nominee must have served as a Rotary Club President for a full term
- Nominee must have been a Rotarian for at least seven (7) years at the time of taking office

• Nominee must demonstrate willingness, commitment, and ability, (Physically and otherwise, to fulfill the duties and responsibilities of the office of District Governor)

Traditionally, the nominating committee also looks for Nominees with a record of club and district participation, an outstanding attendance record, and demonstrated civic interest in their community. Rotary International suggests that Nominees have necessary computer skills, and Rotary International also mandates attendance at the Governors-Elect Training Seminar and the International Assembly.

Please upload all nominations and supporting documents on the District Website http://rotary7870.org under the Site Page "District Governor Application Materials" **no later than August 31, 2023**. Submissions uploaded after August 31, 2023, will NOT be considered.

Interviews of the candidates for District Governor 26-27 will take place during the middle of September 2023, invitations will be forwarded to each candidate. Specific times will be assigned to each candidate. Failure to appear for any reason will automatically eliminate the candidate from consideration.

Thank you for ensuring that all qualified candidates receive this information.

Yours in Rotary, Randell Barclay, Past District Governor 2022-23



Coffee with Ken - Informal Zoom Get Together

Ken Yei (Queen City RC) will be hosting his next Coffee with Ken on **Fri. August 4 at 8:30 AM** on Zoom. Coffee with Ken started during the pandemic as a way for District Rotarians to meet online and share their interests in Rotary. It also was a form for asking questions. The Zoom meeting typically lasts 40 minutes. These meetings are free flowing discussions on topics of interest to the participants. The group decides what to talk about. It is also a great way to find out what is happening around the District. Everyone is welcome. Here is the link: https://us02web.zoom.us/j/78773960966?pwd=QkFlTTZkdDJyRzJIa3phTmhzam1kQT09 If you are ready, pick up a cup of Joe and click on the link above or on the District Website http://rotary7870.org and join the meeting.

"Club & District Calendar" AND "Upcoming District Events"

This District now has two tabs on the homepage: <u>https://rotary7870.org/</u> for events throughout the District.

One is the "**Club and District Calendar**" tab (<u>see here: https://rotary7870.org/events/calendar</u>) for club and district events.

The other is **"Upcoming District Events"** which is visible from the District's homepage for district events.

Check them both out on the right-hand side here: <u>https://rotary7870.org/</u>

Rotary Leadership Institute Why RLI? Why Now?



Engaging our members by providing knowledge combined with quality education through interactive participation – that's what it's all about – and "yes" it will be FUN!

This year District 7870 will work with surrounding districts to offer the opportunity for District 7870 clubs to grow and strengthen club leadership.



Topics will include how to effectively engage members and build confidence through club communication; our Rotary International Foundation and how to utilize resources for building domestic and international programs; how to build better and more substantial service projects in our communities; strategic planning and analysis to internally strengthen clubs; and discussions on public perception and public relations to build and strengthen public and community awareness of what we do and what we can offer.

Lecture format is only used to provide specific information.

RLI consists of either three full day sessions or a ZOOM option divided over two nightly sessions for each course: **Course 1:** My Rotary World **Course 2:** The Club **Course 3:** My Rotary Journey **2023 Continuing Education Graduate Level:** Succession Planning for Your Membership

More to follow soon!





Club News

Jaffrey Rindge Rotary Cathedral of the Pines



On Thursday, June 15th the Jaffrey Rindge Rotary Club held a breakfast meeting at the Cathedral of the Pines in Rindge.

David Blair of Project Home was the guest speaker. Project Home is a volunteer organization in the Monadnock Region that hosts asylum seekers and supports them in their medical care, education, training, and preparation for asylum hearings.

Ludlow Rotary Celebrates "Changing of the Gavel"

The Ludlow Rotary Club celebrated the changing of gavel from President James Rumrill to Thomas Ray. Meeting at the lake home of Tom Harris, the rains stayed away long enough to share the tradition of outing President Jim to rewind his year and the club's accomplishments. This was Jim's second time as club President.



In recognition of Jim's accomplishments incoming President, Tom Ray, presented Jim with a wall plaque of recognition, pictured above.

New President Ray takes over until June 30, 2024. Tom has been a member of the club since 2021 after moving from NYC to his Ludlow home permanently. Tom grew up in Wisconsin.

The club members would like to congratulate Jim on a great year of leadership and fun and wishes Tom all the best for his year!

The club also welcomed new member Ron Berk. Ron is a retired psychologist and is looking forward to his membership in the club.

The Ludlow Rotary club was chartered in 1927 and meets most Tuesdays at <u>DJ's Restaurant</u> from 12:15 to 1:30 pm. We are active locally and internationally serving peace and humanity-and having fun in the process! New members are welcome to attend a luncheon. Email us at ludlowrotary@gmail.com for more info.



Ludlow Rotary Announces Scholarship Winners

In keeping with its long-standing tradition, the Ludlow Rotary Club announced the winners of its 2023 scholarships, totaling \$9,000. Mary Crowley, scholarship committee chairperson, indicated that the Ludlow Rotary's scholarship program has offered over \$284,000 to graduating seniors from the club's area of service which includes Ludlow, Plymouth, Mt Holly, and Cavendish.

Recipients of the scholarships in 2023 are:

1. Daniel Kessman Scholarship \$2.000 to Chloe Ayer, Ludlow resident, attended Green Mountain High School

2. Robert Kirkbride Scholarship \$2,000 to Mia Valerie, Ludlow, attended Green Mountain High School

3. Ralph Hogancamp Technical Scholarship \$2,000 to Jaçk Hinkley , Cavendish, attended Green Mountain High School

4. Traditional Scholarship \$1,000 to Dominic Valente, Ludlow Resident, attended Mt Saint Joseph Academy in Rutland

5. Traditional Scholarship \$1,000 to Liam O'Brien, Cavendish, attended Green Mountain High School

6. Traditional Scholarship \$1,000 to Olivia Rebetz, Ludlow, attended Bellows Falls Union High School.

Funding for the scholarship program is derived primarily from proceeds of the Ludlow Rotary Club's annual Penny Sale in the Spring.



OVRCC 2023 Member of the Year

Glenn Heitsmith, of the Timber Inn Motel in Ludlow, was awarded the 2023 Member of the Year by the Okemo Valley Chamber of Commerce to recognize his Travelers' Choice 2022 Award from Trip Advisor, ranking in the top 10% of hotels worldwide. Timber Inn was also previously the chamber member of the month for their "Loved By Guests" Award from Hotels.com. Glenn also recently served as moderator for the chamber's Legislative Forum. In addition, he is also an active community member with organizations such as the Ludlow Rotary Club.



Glenn Heitsmith (c), of the Timber Inn Motel in Ludlow, was presented with the 2023 Member of the Year Award by Okemo Valley Chamber Director Carol Lighthall (l) & Chamber Board President Gail Beardmore of Engel & Volkers (r). Photo provided by Images by Donald Dill.

Springfield Rotary Club has Earned its Second Trex Bench

Springfield residents have shown amazing support for the plastic film recycling program that started in February of this year. The Springfield Rotary Club signed on to the Trex Community Recycling Challenge, to collect and recycle soft plastic used by Trex to manufacture building materials such as decking. Communities that collect 500 pounds of film plastic within a six-month period are awarded a bench.



Working with Friends of Springfield Town Library (FOSTL), the Springfield Rotary Club has now earned two Trex benches. Most importantly, the project has kept over 1,000 pounds of film plastic out of the waste stream.

The second bench is located at The Common overlooking the ball field. Springfield Rotary Club is now working with the Union Park Neighborhood Association to collect another 500 pounds of soft film plastic – which cannot be included in the curbside single stream recycling – out of landfills and waterways.

In addition, three local businesses are participating in the project. McGee CDRJ, Springfield GMC and the Springfield Food Co-op are separating their plastic for recycling.



The public can continue to bring the plastic to the bin located at the Town library. The plastic is then delivered to Shaw's Supermarket who in turn sends it to its distribution plant. From there it is shipped to the Trex processing plant.

The plastic bags that the Springfield community collects are returned in the form of a bench. This means that there's a good chance a piece of plastic waste dropped into the bin at the library is actually a part of a bench someone is sitting on.

The Springfield Rotary Club is in its 95th year of service to the community. For more information about the Trex Plastic Challenge, visit <u>https://springfieldvtrotary.org</u>



Chris Owen at J-R



Rev. Chris Owen has been visiting Rotary Clubs in our district to stimulate conversations about our societal divide and how to understand and respond to the binary. His presence at a recent breakfast meeting of the Jaffrey-Rindge Rotary, held at the Cathedral of the Pines, proved intellectually and spiritually stimulating. He stated that "Rotary Clubs are a voluntary organization, they are a great example of a non-political public space that I claim as being crucial for our shared common life." He explained that he talks about

his podcast "Whatingodsname", and really interesting talks about his podcast "Whatingodsname", and really interesting conversation ensues. He believes that's because he offers a framework for talking about public questions that does not begin with political posturing.

2nd Year of Rotary Youth Weekend Food Distribution Program Begins



For the second year, The Rotary Club of Springfield has initiated a Rotary Youth Weekend Food Distribution Program to help fight child hunger in Springfield.

According to Springfield Rotary Club President Karen Longo, 1 in 7 children are considered food insecure in Vermont. The most at-risk children for food insecurity are also the ones who are most affected by the achievement gap, and poor academic and athletic outcomes that can have lifelong effects.



"Currently some of the children attending the YMCA summer camp rely on the food program for most of their nutrition during the week," Longo explained, "These supports do not exist over the weekend, so the Rotary Club of Springfield established the Rotary Youth Weekend Food Distribution Program for campers."

"The Rotary Club prepares shopping bags filled with high protein, low sugar foods every Thursday evening and delivers them to the camp on Friday mornings," Longo said, "The backpacks are sent home discreetly with the campers on Fridays to ensure they are well fed over the weekend and can come in Monday mornings, ready to hike, swim and learn."

During the first week of the program, 20 shopping bags were distributed that contained water, fruits, a jar of peanut butter, crackers, veggie sticks, cheese crackers, noodles, fruit snacks, smart popcorn, carrots, pudding, hand sanitizer and utensils.

The Springfield Rotary club will continue to support the Rotary Youth Weekend Food Distribution Program for 8 weeks until the end of August.

The Rotary Club of Springfield, founded in 1927, is an active community service club of more than 40 members who engage in community and human service projects both locally and internationally. For more information, visit <u>https://springfieldvtrotary.org/</u>.

PHOTO (l-r): Springfield Rotary Club Director Sue Dana and Springfield Rotary Club President Karen Longo distributed shopping bags for the Rotary Youth Weekend Food Distribution Program

Goffstown Rotary's 10th Annual Car Show

One thing you can always count on, New England weather is hard to predict! That's what our Rotary Club had to deal with the week of our 10th Annual Car Show in June. The weather forecast ranged from great to fair to lousy to well, who knows, and we had to make a decision: should we postpone, cancel outright, or let the show go on?

With a lot of angst, we made the decision 2 days prior to move forward, albeit with a delayed opening. We then had to notify our pre-registered car owners, our fans, and above all our vendors, some of whom were also sponsors. Biggest challenge? Replacing our major food vendor on Friday morning when they backed out due to fears of rain. What to do? Do we take some of our small club out of the work running the show to sell burgers, dogs, and our signature fried bologna? Do we ask a local non-profit to pitch in? Fortunately, driving away from the site after doing prep work on



Friday morning, we spotted a local vendor with a hotdog cart. The owner was only too happy to come bail us out! Thank goodness!

The day of the show dawned with cloudy skies and a few owners showing up early. We were ready. The hotdog cart was ready. And little by little, cars started to arrive. And then, around noon, so did the showers. Sigh. Our numbers were down from the past several years, and we raised less than we'd hoped. But one of our members reframed it for us, reminding us that when we first started, we'd have been thrilled to make as much as we did. Good, positive thinking, thank you, Chery!!

Would we make the same decision again? We've never planned a rain date, and the following weekends were actually worse, so not sure if postponing would have been a better plan for this year. We heard from our guests that they love coming to our show, even in the damp, and that kind of feedback helps. What really put a shine on the day, though, happened at the raffle booth. One of our sponsors (our first international one!) had purchased a slew of raffle tickets. When her number was called for a kid's bike, she quietly gave the ticket to a young boy standing near her and told him, "I think this may have won something, why don't you go check and the prize is yours!" He had not been paying attention, and he had no idea what the prize was. The look on his face when we announced he'd won a bike: priceless! This gift was the most gracious, most generous act we've seen in a long time. This, more than the rain, more than the less-than-hoped for profit, will be what we remember from our 10th car show.

The Derry Village Rotary Club - It's been a busy couple of months...

Like most clubs, each of our clubs has a timeframe during the year that is more active than usual. Here is a sneak peek at what has been going on recently "at our house":



(l) Derry Rail Trail fix up, clean up and provide crowd control during this year's Derry Rail Trail Boston marathon qualifier.
(right) Help Community Caregivers of Greater Derry with over \$3300 in donated supplies and labor to complete conversion of a portion of their facility to a modern meeting and training center







(l) Conduct two food drives in support of End 68 Hours of Hunger, a group that supports children with weekend food challenges. We collected enough product to TOTALLY fill a 20 ft U-Haul truck. (right) In conjunction with our



cousin Derry club, Derry Rotary, we together held our annual

Veterans appreciation Dinner, an all-expenses paid evening out to over 300 greater Derry and Londonderry Veterans and their significant others.



Completed our annual running of the concession stand at the Greater Derry / Londonderry American Cancer Society Relay for Life. Despite terrible weather, the relay netted \$84K including \$593 in food and drink from the stand.





2023 Passing of the Gavel at our club's traditional location, the Robert Frost Farm in Derry.



Henniker Area Rotary Club earns 100% Paul Harris Fellow Club Award

One of the honors and pleasures for me during my time as District Governor was visiting clubs and presenting recognition to individual Rotarians as they became Paul Harris Fellows (PHF), Multiple Paul Harris Fellows and Major Donors to the Rotary Foundation. It is even more special when a club achieves the status of 100% Paul Harris Fellow Club. Henniker Area Rotary Club achieved that status during the 2022-23 year. They did it by having every dues-paying member donate a minimum \$1,000 to the Rotary Foundation, at any time prior to achieving the status.

I would like to thank each member of the Henniker Area Rotary Club for making the Rotary Foundation their charity of choice. The Rotary Foundation is special. It is primarily funded by individual Rotarians, and it funds projects, both local and international, that are designed and implemented by Rotarians. It allows Rotary Clubs to create grants covering The Foundation's seven areas of focus. Our charity is really Rotarians helping other Rotarians "Do Good in the World".

Henniker Area Rotary Club has not only achieved 100% PHF Club status, but they also recently completed a global grant as the international partner. In addition, they sent two of their members to participate in our District's Amigos de Honduras mission representing the medical and school construction groups. HARC continues to support Rotary's mission of service, integrity, and the goal of peace and cultural understanding around the world.

I would also like to thank the Club's Rotary President Paul Keiner and the Club's Foundation Chair, Ed Carignan for their dedication and leadership. They were both instrumental in helping the club set the 100% goal and achieving their objective.



I was delighted to attend their Club's Charter Night to present them with their 100% Paul Harris Fellow Club banner and certificate on June 24, 2023. Congratulations

Randell Barclay, immediate Past District Governor

Photo: iPDG Randell Barclay & outgoing Club President Paul Keiner.



Wantastiquit Rotary has a Dam Good Speaker

On June 20, 2023, the Wantastiquet Rotary was happy to have Jordan Luks, a ranger at the Ball Mountain as its guest speaker. According to Luks, there are five rangers that maintain 10 miles of the West River Trails and the 111 campsites in Townshend. The ranger group is part of the Army Corp of Engineers. The Ball Mountain Dam was built in 1962 and has three control gates and 200' of water. The dam is located on the West River, a tributary to the Connecticut River, and consists of 2,000 acres. Since 2015, the dam has provided hydro power for a private company. The West River is stocked annually with



trout and has a boat launch. In addition, the dam has a beach for swimming (no lifeguards on duty), hiking trails as well as cross country skiing.

EDITORS' NOTE: This presentation was particularly timely given the severe rain we experienced.

Milford Rotary Celebrates 60 Years of Service Above Self

The Milford Rotary Club traveled to Nashua on Wednesday July 12th to honor Peter Ten Broeck, a beloved member of our club, and to celebrate his major Rotary milestone – 60 years of perfect attendance! As Club President Todd Leo noted, "Peter has been passionate about Rotary longer than I've been alive!"

Peter's Rotary story started when he was a youngster and his father was a dedicated member of the Boston MA Rotary Club. As an adult, Peter joined the Rotary Club of Framingham MA and twice served as their President. Throughout his professional career, one caveat he had when seeking new employment positions was that he had to be able to schedule his work commitments around his weekly Rotary Club meeting – that was a make-or-break stipulation!

After 40 years with the Framingham Club, Peter moved to Southern NH where he initially joined the Groton-Pepperell Club, and eventually the Milford NH Rotary Club. Incidentally, Peter's son Derek is a very active Rotarian and has served twice as President of the Groton-Pepperell Club! In addition to attending meetings of his home clubs, Peter has regularly visited neighboring clubs,



visited many international clubs while traveling in Europe and Africa, mastered Zoom meetings (with the help of his beloved wife Suzi), and been a tireless member of any and all Rotary committees he has volunteered to serve on. Peter's dedication to Rotary goes far beyond making sure he attends weekly meetings.

Throughout his Rotary journey, Peter has touched many lives both individually and collectively through his club and community service. He has lead by example, provided sage guidance to new members and officers, demonstrated profound empathy to all, and lived a life of Service Above Self. He is a Paul Harris Fellow +8, a Sustaining Member of the Rotary Foundation, and a generous supporter of the Milford Rotary Club Foundation. The Milford Rotary Club is honored to have



Peter Ten Broeck as a member and a friend! Together we congratulate him on this major milestone!

Celebrating Peter Ten Broeck's 60 years of perfect attendance and his passion for Rotary!

Newport Rotary Club Celebrates 100th Anniversary

Amidst a room full of Rotarians, Legislators, and guests, Newport Rotary celebrated its 100th Anniversary on June 27th. The Club was originally chartered on January 22, 1923 and was sponsored by the (then) Claremont Rotary Club. In addition to current and past members of the Newport Rotary Club, attendees at this 100th year anniversary included representatives from the Claremont Sugar River Rotary Club, New London Rotary Club, and the Charlestown Rotary Club. The Newport Rotary Club sponsored those three clubs – Charlestown in 1948, New London in 1979, and Claremont's Sugar River Club in 2014. Others attending included past, present, and incoming Rotary District Governors, and members of the NH Legislature.

In his welcoming remarks, President Elect Steve Gunnerson introduced D.G. Randell Barclay who shared a letter from RI President Jennifer Jones who noted, "You have made the commitment to not only represent Rotary in your community but also to do significant, meaningful work from which your community will benefit. You have shown a deep commitment to your members and to all that Rotary does and hopes to do." DG Barclay added his own comments which focused on Rotary values and its mission – providing service to others, promoting integrity, and advancing



world understanding, goodwill, and peace through fellowship. He described friendship as the bedrock of Rotary and the importance of integrity in both business and personal lives of Rotarians.

In addition to the letter from RI President Jones, commendations were presented from NH Governor Chris Sununu, NH Speaker of the House of Representatives Sherman Packard, presented by Deputy Speaker, Steve Smith, and NH Senator Ruth Ward.

Bruce Jasper, the Club's long-time Secretary, provided a snapshot of history pertaining to the Club including an early trip in a snowstorm by Claremont Rotarians as the Newport Club was being formed. Later in the program Jasper and Jan McMahon were recognized for their individual commitments – Jasper in his role of Club Secretary for 40 years (the longest serving Secretary in the District) and McMahon for her role as Club President for six terms.

Newport Rotary Club has a rich history as its members have strived for service above self. It has raised funds through ski races, bike races, duck races, road races and a host of other programs to support local organizations including the Newport Recreation Department, Newport School System, Richards Free Library, and a host of other local projects addressing a variety of community needs. The Club has, for many years, offered scholarships to two graduating seniors from Newport High School as they pursue higher education. The Club has also supported worldwide initiatives for clean water, polio eradication, rebuilding areas ravaged by natural disasters, and in promoting world peace. The celebration was held at the Old Courthouse Restaurant in Newport. Light refreshments were served.

International

Rotary Youth Exchange - May Silva

To view a short story about our Rotary Youth Exchange Student from Brazil, May Silva, go to <u>https://iplayerhd.com/player/video/501db0f9-ec43-44a5-b282-0b317241f9d2/share</u>





Milestone for Rotary Club in South Africa



By Ifechukwude Rex Omameh, 2023-24 president of the Rotary Club of Blouberg, South Africa [Editors' Note: "Blouberg Rotary Club (South Africa) is twinned with our District's Wallingford Memorial Rotary Club. PDGs Venu Rao and Tony Gilmore visited this Club and its projects for two days last December. PDG Randell Barclay and Dianne Barclay are honorary members of Blouberg Rotary Club. Twelve clubs in our District have been involved with Global Grants Sponsored by Blouberg. Originally in January 2020, where we

funded a pediatric bronchoscope for the Tygerberg Children's hospital in Cape Town South Africa. We are thrilled and proud to celebrate Rex becoming the youngest president in the 35 year history of this club and the first president of color."]

In July, I became the youngest president in the history of my Rotary club, and the first president of color.

It was while I was sitting in the audience at the Rotary People of Action: Champions of Inclusion concert in Cape Town that I realized the significance of this. I had a conversation with Rotary General Secretary and CEO John Hewko, who encouraged me to share my story. I'm excited about what my presidency could mean to the future of my club, my district, and Rotary in South Africa. I've always advocated for transition in Rotary. I joined the Rotary family in 2007 as an Interactor in Nigeria, where I grew up. I didn't even know it was called Interact. I just volunteered at Rotary projects, and we would meet informally to plan our own activities.

I joined Rotaract when I began college in Nigeria. When I moved to Cape Town to further my education, I became a member of the Rotaract Club of Blouberg. Four years later, in 2020, I joined the Rotary Club of Blouberg. I was the club's first dual member of Rotary and Rotaract, the same year Rotary International elevated Rotaract to equal status with Rotary.

Club history

Blouberg Rotary has a rich history. Chartered in 1986, the club has hosted well-known guest speakers like former president F.W. de Klerk and performer Pieter-Dirk Uys. I'm honored to be chosen to lead a club with projects that have run for decades. I'm even more honored to lead a Rotary club in South Africa, where no person of color has led a club in more than 35 years. My transition from Rotaract to Rotary wasn't entirely smooth. I was the youngest member of my



Rotary club. Within a year of joining, I was approached by fellow Rotarians asking me to run for president because the club needed a "breath of fresh air" and good leadership. I was almost certain that neither myself nor my club were ready for my leadership. The difference in age was dramatic. The average age of our club members then was over 50 years old. Similarly, while South Africa is 80.1% black, at the time I joined, our club was 2.7% black. I accepted the nomination but knew I didn't stand a chance.

Many firsts

But I strongly believe that humanity should be our race and love should be our religion. There are so many Rotarians in South Africa and the world who share this vision. As a Rotarian, I express service above self through my favorite areas of focus: ending hunger, ending polio, basic education and literacy, and water and sanitation. I host our district's annual polio fundraising event and our sandwich drive distributes more than 28,000 sandwiches to those who are hungry in collaboration with partners and other Rotaract and Interact clubs.

I was not selected president in 2020, but I was humbled to receive multiple nominations to run again for the 2023-24 year. It's a moment of many "firsts." Most importantly, it's a time for growing in diversity and equity. The Blouberg Rotary Club has been active in embracing DEI, and I am so proud to call them not just fellow Rotarians, but family.

At the Champions of Inclusion event, I saw what diversity and integration can look like in our service clubs around the world. I was inspired by the speech of Andrè Hadley Marria. I look forward to serving my club as its youngest president, and watching Rotary grow in South Africa and elsewhere.

Cross Egypt Challenge

The members and the board of the Rotary Club of Alexandria Cosmopolitan - District 2451 would like to extend a warm invitation to you and the members of your club to join our Rotary organized initiative, "Cross Egypt Challenge" that will take you on a unique journey throughout Egypt this October.

Cross Egypt Challenge is an international crosscountry motorcycle and scooter adventure tour





conducted throughout the majestic and fascinating Egypt. This amazing Rotary project started in 2011 for the purpose of promoting tourism to Egypt, and for the past 11 years, Rotarians and riders from over 50 countries took part in this unique and amazing challenge.

The 2023 season of Cross Egypt Challenge will start on October 6, last for 10 days and will pass by Egypt's top attractions and off the beaten track destinations including Sinai, Luxor, the Red Sea Riviera and the Egyptian Eastern Desert. Participation is open for Rotarians and non-rotarians and their accompanying spouses or friends from around the globe. People who do not ride motorcycles or scooters can also join this amazing adventure and be hosted in air-conditioned chase vans. Cross Egypt Challenge provides a very rewarding and challenging experience for participants from around the globe as it combines the best of adventure travels and extreme sports.

A normal practice we are used to conduct during Cross Egypt Challenge is an annual "Sahara Rotary Meeting" where participating Rotarians along with Rotaracts from our organizing team conduct an official Rotary meeting in the Egyptian Desert – please view the attached image -, a practice that we happily repeat at each new season.

We are happy to invite you, and the members of your club to join the tour this October, be it on a scooter, on a motorcycle or in our chase vans and enjoy a once in a life-time experience (a motorcycle and scooter rental option is available for international participants). Direct link to the registration application which can be completed in 5 minutes is: www.crossegyptchallenge.com/registration

For more information or cost of participation, or to register, please visit our website: <u>www.CrossEgyptChallenge.com</u> or our Facebook page: <u>www.facebook.com/CrossEgyptChallenge</u>. You can also download a copy of Cross Egypt Challenge brochure with all season information, pricing, routes, etc.. from this link: <u>DOWNLOAD</u>

We look forward to hearing back from you, welcoming you as a rider in Cross Egypt Challenge 2023 and hosting you in our annual Sahara Rotary meeting.

If your club is interested to learn more, we could join one of your club meetings via ZOOM for a presentation. For any further details, please do not hesitate to contact us or me personally.

Best Regards, Ahmad Elzoghby, PHF Rotary Club of Alexandria Cosmopolitan Rotary International – District 2451 Alexandria, Egypt



Phone: +20 (100) 721-0000 Web: <u>crossegyptchallenge.com</u> Facebook: <u>facebook.com/CrossEgyptChallenge</u> YouTube: <u>youtube.com/CrossEgyptChallenge</u> Instagram: <u>instagram.com/CrossEgyptChallenge</u>

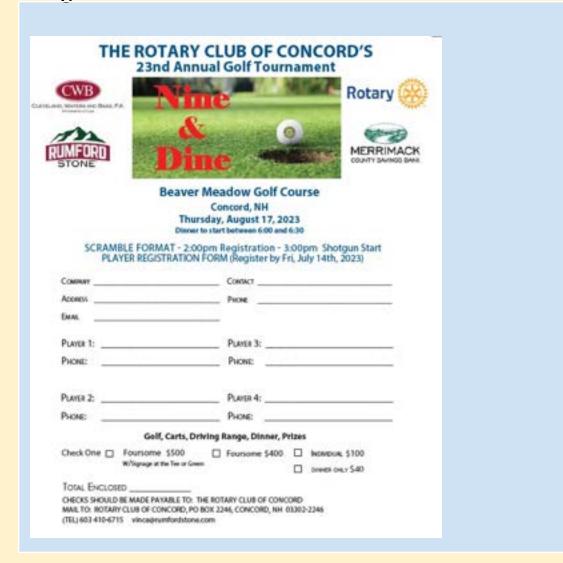
Fundraisers

Splash Dash 5K - August 5, 2023





Rotary Club of Concord - 23rd Annual Golf Tournament - August 17, 2023





Build Better Friendships Pickleball Tournament - Sept. 9 & 10, 2023

Registrations for the Second Annual Rutland City Rotary, Build Better Friendships Pickleball Tournament are open at rutlandcityrotary.org. BBFPT is a non-sanctioned Round Robin tournament that will support all levels of play. The event will be held at several sites in the city of Rutland, please stay tuned.



There will also be a learning clinic Saturday, September 9th (rain date Sunday) at Monsignor Connor Park (aka Meadow Street Park) staffed by accomplished pickleball facilitators, for those that would like to play the fastest growing sport in America. There will be no fee for this fun, although donations will be graciously accepted. We would also like to know if you are interested so we can plan. No need for paddles and balls, just be sure to wear athletic shoes, sunscreen, and smiles.

Last year's tournament did "Build Good Will and Better Friendships" and we also taught pickleball to 44+ newbies. Rutland will be Pickleball Fun Central in Vermont, September 9th, and 10th, 2023. For more information contact Steve White stevewhitevt@gmail.com 802-236-1951.

Bethel Area Rotary Club Fall Foliage Golf Tournament - September 30, 2023



The Bethel Area Rotary Club is hosting a fall foliage golf tournament at the <u>Montague Golf Club</u> in Randolph, VT on September 30, 2023.

Shotgun start at 10 am, scramble format, prizes, and buffet meal afterwards.

Contact Jenny Hewitt - <u>hewittvt@gmail.com</u> or Jeanne Conde - <u>BethelAreaRotary@gmail.com</u> with questions, to sign up a team of 4, make a donation, sponsor a hole, or to volunteer. for more details:

https://www.facebook.com/events/635303168482578/?ref=newsfeed



Calendars

District 7870 Calendar

So much going on within the clubs in the district! Be sure to regularly check this District Calendar of Events: <u>http://rotary7870.org/events/calendar</u>

Do you have an entry for the District online calendar? Please email your entry to: prrotary7870@gmail.com.

Months of the Rotary Year

Many months of the year are designated by Rotary International for special significance. Here are the ones for this Rotary year: July New Rotary Year August Membership and New Club Development Month September Basic Education and Literacy Month October Economic and Community Development Month November Rotary Foundation Month December Disease Prevention and Treatment Month January Vocational Service Month February Peace and Conflict Prevention/Resolution Month March Water and Sanitation Month April Environment Month May Youth Service Month June Rotary Fellowships Month

Miscellaneous

Have Something You'd Like to Share with the Entire District?

Updates and short (1 page) articles, along with images (Word and JPEGS only. NO PDFs please) may be submitted to Martin Cohn and Maureen Mooney at prrotary7870@gmail.com to be included in the Monthly Newsletter. The District Newsletter is a means of communicating with other clubs in our district: items of interest, upcoming events, fundraisers or opportunities for service. Deadline for next Newsletter Submissions: August 15th, 2023 at 9:00 AM.



Website and Social Media

Be sure to check (and share) the Rotary District 7870 website at: www.rotary7870.org.



Be sure to join (and share) the Rotary District 7870 Facebook page here:

