



The District TIMES

The Official Newsletter of District 7870
December, 2008



VOTE FOR ALINA

Alina Michelewicz was one of our exchange students last year. She went to Hungary, and is planning to return there to go to college in the fall.

She is participating in an essay contest where the winner will receive a \$2000 scholarship

Whoever gets the most votes wins.

Please help Alina by clicking on the link below and casting your vote

<http://www.crosslites.com/scholarship.aspx/Essay/17ddf9b2771aabb9f94bffd00a56a2cb#vote>



Alina's essay:

I have always tried to live life the fullest. I try to never take anything for granted; never let a day slip by without fully appreciating it. Although my life has been wonderful I have never appreciated anything as much as my junior year which I spent in Hungary as an exchange student.

I knew that I would have to make every day special. I knew that I'd only be there for 10 months and that to experience and take in all that I could I would have to make every moment count. I wanted to be immersed in the culture and to become as Hungarian as I possibly could. At the beginning of my year I never wasted time when I was alone at my host families' house; I always studied the language. I knew that to understand the culture that I would have to understand the language. I wanted to be able to understand the conversations and the people around me. I studied and studied and by the end of the year I was fluent in one of the hardest languages for English speakers to learn.

I took all the opportunities for travel that I could get. I was so lucky and saw more of Europe than most people will ever see. I saw all different cultures up close and met so many interesting people. I spent as much time as possible with people from my Hungarian high school making social connections. By the end of my trip, I had dozens of close friends and so many amazing relationships with people. I made every moment with my host families count because I never knew exactly when I would be moving to a new family. I got to know them so well, that they became like a real family to me. In the last few months of my exchange I never took a day for granted. There were people I met and I never knew if I would see them again. I said goodbye to them every time as if it would be our last meeting, our parting of ways. Every place I went I made sure to take it all in, to remember every detail because I didn't know if I'd ever be back again.

Everything and every person that touched my heart over the course of my exchange, were so special to me. I encourage everyone to live life to the fullest and make the most of each day. I believe that "We ought to make every moment count, because it may be the last."

Alice (Alley) Boucher
District Governor
aliceboucher@metrocast.net
Home 603-293-8439
Cell 603-455-1834

The District TIMES
Published periodically by District 7870

Al Posnack, editor
alposnack@metrocast.net

Kenneth (Ken) W. Grabeau
Rotary International Director Nominee – 2010-2012

Ken is the nominee for Director of Rotary International from the newly constituted Zone 32 for the Rotary years 2010 to 2012.

Ken was governor of District 7870 in 1997-98. Since that time, he has represented two Rotary International presidents at district conferences, served as the District 7870 delegate to two Councils on Legislation, served as a National Advisor for the Permanent Fund for four years, was a member of the International Multi-district PETS Committee, is a charter member of the Water and Sanitation Rotary Action Group and sat on the 2004 Nominating Committee that selected the 2006-08 Rotary International Director. In January 2009, Ken and Ruth will serve as Discussion Leaders training incoming District Governors at the International Assembly in San Diego.



Ken is the only Discussion Leader to have participated in every one of the New England Multi-district PETS since its inception in 1994. He served as General Chair of that committee in 1998 during his year as District Governor. He has been a member of the Zones 31-32 Rotary Foundation Training Team and coordinator of the Public Relations and Rotary Image Task Force, Foundation Alumni Resource Group and Brisbane Convention Promotion Committee for Zones 28, 31, 32, 33 and 34.

Ken and Ruth have participated in National Immunization Days in Cameroon in 2002 and Ghana in 2005. They have traveled twice to Russia where they held organizational meetings for a new Rotary club in Petrozavodsk and founded the first drug treatment center west of the Urals in Tver. They have made multiple trips into Central America, initially providing relief from Hurricane Mitch and ultimately organizing a multi-district committee that continues today to provide equipment, supplies and human services to areas of greatest need. Ken is immediate Past President of Pure Water for the World, an independent 501(C)3 not-for-profit that he took from a single club project to a successful Rotary partner that has provided clean water to over 125,000 people in six countries in Central America and the Caribbean.

Ken is the recipient of Rotary's Service Above Self Award and The Rotary Foundation's Citation for Meritorious Service. Both he and Ruth are Major Donors, multiple Paul Harris Fellows, charter members of the Bequest Society, Benefactors and charter members of the Paul Harris Society.

Ken is founder, President and CEO of Monarch Instrument, a 32 year old manufacturer of industrial instrumentation. Ken and Ruth have lived in Nashua, NH for their entire 42 years of marriage and are parents of Glenn and Meridith and grandparents of four beautiful granddaughters. Ken has served on and chaired the boards of United Way and Girls Inc., and has been a member of numerous other not-for-profit boards. His interests include photography, travel, model railroading and his restored 1952 MG, which sometimes even runs!

December is Family Month

By DG Alley Boucher

Each month Rotary has a particular theme and December's is Family Month. As we approach the holiday season we turn towards having family gatherings, parties where we invite friends from organizations that we might belong to or gathering together in our Rotary Clubs to celebrate the season. We do belong to a wonderful group of people that I call the Family of Rotary that consists of each and every one of you in our district.



Whatever you do this holiday season may we all remember the less fortunate people in our communities and see how we can help so their holidays may be brighter.

I remember as I visited some clubs they mentioned that they were going to help people in their communities with fuel assistance, buying food for needy families or clothing for school children. I think of all these things and realize we are not just the Family of Rotary but the Family of our Communities.

I wish you all Happy Holidays and a new year filled with peace and joy.



Polio Challenge

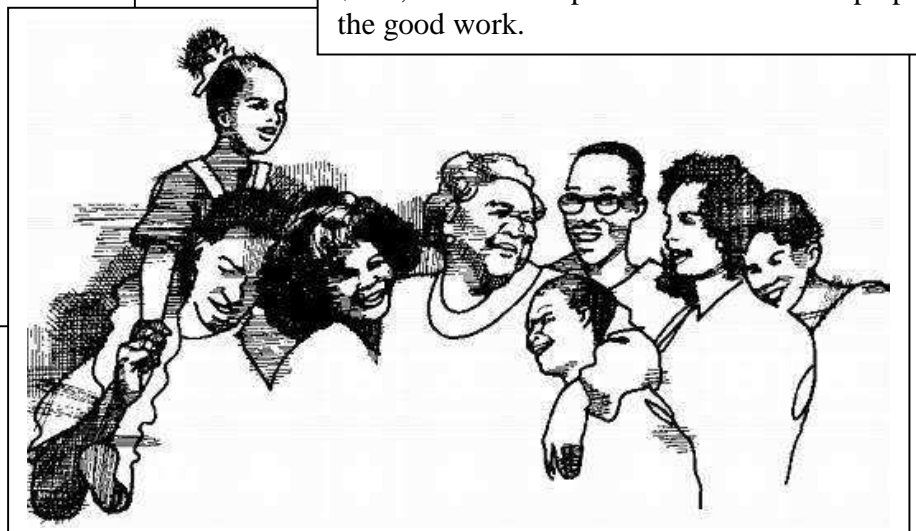
By DG Alley Boucher

As we go about our busy lives doing Rotary's work in our communities and around the world, we must keep in mind the devastation that Polio still causes. The Bill and Melinda Gates Foundation have given Rotary \$100 Million Dollars towards the eradication of Polio with the anticipation that Rotary will match it over the next three years.

I wish you all could have attended the Foundation Dinners or the Polio Dinner held in Henniker this past month. If you had you would have heard about the children afflicted with Polio and how we need to help not only children abroad but also our own children from getting this crippling and sometimes fatal disease.

Many of you and your clubs have already made the \$3,000 contribution that the District has asked of all of you. I truly hope that if you haven't already made that contribution that you are out educating the public and seeking their help to eradicate this very infectious disease.

I know times are tough for many but every donation will help so please work towards achieving the \$3,000 I have asked each club to do and you have agreed to do as we need to "Make Dreams Real" for all the children of the world. We have already contributed over \$60,000.00 towards the district goal of \$180,000.00 to help eradicate Polio. Keep up the good work.





District Governor's Visit to Merrimack Club By Jane Hoover

PROGRAM: Our distinguished District Governor, Alice (Alley) Boucher joined us this morning to talk about her vision, platform, and direction for this year. Representing the Central and Southern sections of both Vermont and New Hampshire, Alley and her husband, Charlie, are traveling around to her clubs to visit, meet and greet, and spread her message of hope. Her theme this year, "Make Dreams Real", befits her passion for change. After hearing RI President DK Lee, it is clear that Alley has taken on the challenge of being a District Governor with a purpose.

Her major goal is to make the club contributions to the Bill and Melinda Gates challenge to eradicate Polio in one year rather than 3. That said, we as a club are now tasked with educating our community about Polio and to raise our \$3000 contribution to help Alley "Make Dreams Real." "As Rotarians, we have dreams both internationally and for our communities. It is up to us to make those dreams real." In her plea to help with the eradication of Polio, Alley reminded us that, "it is only a plane ride away, and the 1300 cases last year represent four countries." With the number of immigrants to the United States, we must be vigilant not only about our own children but about those from other countries as well. To raise the matching portion, our District is being asked to contribute \$180,000....not unrealistic considering that the '93 campaign raised \$500,000....LET'S GO!!!

Her goal of increasing communication between local, district, and International offices is within reach. As is her goal to increase district membership by 30 people (Merrimack has contributed 3 to that total in the last month!). Alley invites all of us to join her at The Balsam's May 29th-31st (the weekend after Memorial Day) for the District Conference. She is looking forward to seeing many of us at the Foundation Dinner in November. Please feel free to contact Alley either on the District 7870 website or her e-mail: aliceboucher@metrocast.net.

**ACTION WITHOUT VISION IS
WASTED.**

**VISION WITHOUT ACTION IS A
DREAM.**

**VISION WITH ACTION BRINGS HOPE
TO
THE WORLD**

Welcome New Members . . .

Bellows Falls – Matthew Trieber, Sonia Alexander

Henniker – Tim Pigsley, Jim O'Rourke

Windsor – Eamon Smith



Gilford Rotary Christmas Tree Sale

NH grown premium trees - All trees are freshly cut

Starts Friday December 5th
Through Sunday December 14th
Monday - Friday Noon - 8 PM
Saturday and Sunday 8 AM - 8 PM



Buy a tree and enter FREE Raffle

Located at the new Lowe's parking lot,
Rt. 11 - Winnipesaukee Crossing

All Proceeds Benefit Local Charities

District Conference - Save Your Appetite . . .

Food, Glorious Food

We'll eat splendidly in the majestic 19th century dining room bay at The Balsams Grand Resort during the coming district conference. For nearly a century and a half, The Balsams has prided itself on delivering fine dining and we will be only too happy to play our part by munching our way into their history.

Just last year, The Balsams was named to the Conde Nast Gold List, which represents the top 700 hotels in the world -- the only Gold List hotel in New Hampshire -- and received a perfect score of 100% for their food.

The dining room menu changes daily and is presented table d' hôte style. Fortuitously, their wine cellar features over 4,000 bottles from 310 different labels.



In addition, their Panorama Grille, set high in the mountains above the hotel, offers panoramic views of New Hampshire's White Mountains and Vermont. Its cathedral ceiling, exposed beams and grand stone fireplace can be appreciated during lunch or after golf.

Recognizing that an excellent dining experience can only be provided by a reliable and professional culinary staff, The Balsams trains chefs for the National Apprenticeship Training Program for Cooks and Pastry Cooks. Many graduates of the renowned 3-year culinary apprenticeship program have remained at the resort, while others have gone on to careers in some of the nation's most prestigious resorts, hotels and restaurants.

The resort also conducts a Visiting Chef Series, inviting award-winning chefs from around the country to "guest chef." My personal favorite was "A Weekend with Olive Oil" with Jack Chiaro, professor at Johnson & Wales University.

Meet the Chefs

Executive Chef Larry Johnson is a graduate of the University of New Orleans, where he was raised and learned from many of the city's famous chefs. He has over 25 years of culinary experience from four-star hotels to exclusive country clubs. His travels have helped him become a diversified chef, including his personal favorite styles: classical French, Mediterranean, Caribbean and wild game preparations.

Executive Pastry Chef Kader Temkitt, has over 33 years' experience, having begun his pastry career at 15 in Corsica. At 26, he earned his Masters in Pastry from the highly-regarded Chambre des Metiers du Vaucluse in Avignon, France. Rotarians will be interested to know he was chef instructor at The Culinary School at Kendall College in Evanston, Illinois.

Chef de Cuisine Steve Learned is a second-generation employee who grew up in The Balsams kitchen. He graduated from the Culinary Institute of America, has been Executive Chef in a number of US hotels and returned to The Balsams in 1998. He was named Chef of the Year by the Northern NH Chapter of the ACF in 1999 and is currently President of the Balsams Culinary School, Inc.

Garde Manger Patricia Tallmadge graduated from The Balsams Culinary Apprenticeship Program in 1997, after which she traveled to Switzerland for special studies in chocolate making. In 2001, she received the Chef of the Year Award and in 2002 the Charles Carroll Award.

Continued on next page ...

District Conference (Continued) . . .

The Balsam's Signature Dishes

Appetizer: Maple-Cured Salmon, a Swedish specialty of raw salmon cured in a salt-sugar-dill mixture and sliced paper-thin.

Soup: New England Fish Chowder, an early favorite that utilized the abundant fresh haddock and cod found in nearby waters. This creamy version uses salt pork for a totally decadent experience.

Entrée: Shrimp and Lobster Florentine, a taste of legendary New England lobster, this recipe is one of The Balsams most popular.

Side Dish: Risotto

Dessert: New England Whoopie Pies, sweet and yummy treats that are just plain fun.



October Attendance – District 7870

Alton Centennial	80.00%
Bedford	78.08%
Bellows Falls	69.00%
Belmont	75.00%
Bennington	80.00%
Bennington/Catamount	73.00%
Bethel	0.00%
Bow	96.07%
Brandon	47.00%
Brattleboro	76.95%
Brattleboro Sunrise	86.20%
Capital City Concord	82.00%
Charlestown	75.00%
Chester	73.00%
Concord	78.29%
Deerfield Valley	81.72%
Derry	86.00%
Derry Village	78.21%
Fair Haven	83.00%
Franklin	74.31%
Gilford	69.84%
Goffstown	0.00%
Henniker	81.80%
Hollis/Brookline	74.03%
Hopkinton	91.00%
Hudson/Litchfield	0.00%
Jaffrey/Rindge	84.70%
Keene	81.41%
Keene/Elm City	88.00%

Killington-Pico	59.00%
Laconia	73.60%
Lakes Region	68.00%
Londonderry	90.00%
Ludlow	76.50%
Manchester	58.14%
Manchester	56.00%
Meredith	76.00%
Merrimack	89.00%
Milford	78.00%
Monadnock	66.00%
Nashua	0.00%
Nashua West	76.20%
New London	60.00%
Newport	74.00%
Peterborough	63.00%
Pittsfield	80.39%
Poultney	0.00%
Queen City	88.00%
Raymond Area	67.50%
Rutland City	92.00%
Rutland South	98.04%
Springfield	89.00%
Tilton-Northfield	58.00%
Wallingford	79.00%
Wantas/Londonderry	90.00%
West Rutland	81.00%
White River Junction	0.00%
Windsor	67.86%
Woodstock	76.00%

Club Notes . . .



New Club Presidents . . .

Manchester, NH

Charles S. Goodwin
Spouse: Jaye
433 North Bay Street
Manchester, NH 03104
Home Phone: 603-622-2323
Cell Phone: 603-493-5971
Email: csgoodwin13@gmail.com

Bennington, VT

Kevin Thivierge
Spouse: Amy
10 West St.
Bennington, VT 05201
Home Phone: 802-442-9821
Business: 802-442-3400
Email address: kjt04281@yahoo.com

The Rotary Club of Bedford presents . . .

A PAUL BORDELEAU PRODUCTION CELEBRATING HIS 85TH BIRTHDAY

End Polio Now Concert

With **FIVE LIVE BANDS**

Black Brook Band

Amoskeag Strummers

Soul House Seven

Rent Party Players

Freese Brothers Big Band

. . . Plus seven Specialty Acts!

Bedford High School Auditorium

Sunday January 11, 2009 at 2:00PM

For Tickets – Call 603 472-5566