





THE INSPIRATION



Rotary District 7870



January 2020	District Newsletter 1920, Number 7	Nancy Russell District Governor
www.rotary7870.org		
<p>Rotarian Editors Maureen Mooney and Martin Cohn</p> <div>   </div>		

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Make the Best of What We Have

What follows is sometimes interesting, sometimes predictable. When the late Christopher Reeve discussed the secret of his success, he moved his audience to tears.

How do you define success?

He was one of many speakers at an event titled "SUCCESS. It was a large-scale event with big-name speakers, all giving advice and encouragement for an eager audience. All seemed hungry for success and it's hardly surprising that the words "success" and "wealth" seemed almost synonymous.

Speaker after speaker addressed the audience. Each was making the link between money and success until finally, accompanied by the theme from the film "Chariots of Fire", actor Christopher Reeve was wheeled onto the stage. Despite his tragic physical condition, he talked clearly, though with pauses to allow his respirator to work.

Famous for his acting role as Superman, Christopher was critically injured by a riding accident in 1995. This accident left him fighting for his life and permanently paralyzed. Reeve had been asked



many times “What is the secret to your success?” Tragically this time his answer was totally different. Reeve hushed the crowd with these thoughtful words.

“I’ve had to leave the physical world. By the time I was 24, I was making millions. I was pretty pleased with myself...I was selfish and neglected my family...Since my accident, I’ve been realizing...that success means something quite different. I see people who achieve these conventional goals. None of it matters.”

The atmosphere in the arena following his speech was described in these words. His words cut through all the snake oil of the last few hours, calmly and with great precision. Everybody in the arena, no matter how greedy or eager for promotion, all 18,000 of them, knew deep down in their hearts that what he had just said was true.

“When the first Superman movie came out, I gave dozens of interviews to promote it. The most frequent question was: what is a hero? My answer was that a hero is someone who commits a courageous action without considering the consequences. Now my definition is completely different.

I think a hero is an ordinary individual who finds the strength to preserve and endure in spite of overwhelming obstacles. They are the real heroes, and so are the families and friends who have stood by them.”

Christopher redefined success by asking what really matters. “I felt I needed to do something – not just for myself but for everyone else in the same condition.”

If you were asked, how would you want to answer the question, what is the secret to your success? Is enduring success really about fame and fortune or could it be something else? Something that helps others and helps them to achieve success? A success defined much more widely than just by our own wealth and possessions.

My final thoughts are a quote from Christopher Reeve:

“What I do is based on powers we all have inside us; the ability to endure; the ability to love, to carry on, to make the best of what we have – and you don’t have to be a ‘Superman’ to do it.”

DG Nancy Russell

District News

District 7870 Working to Help Relief Efforts in Australia

Our initial email has resulted in pledges to help the Australia Rotary 2019-20 Bushfires Appeal. So far we have received pledges of \$16,295!

Here's the list of clubs we have heard from:

BELLOWS FALLS	\$250
BELMONT	\$250
BETHEL AREA	\$250
BOW	\$750
BRATTLEBORO	\$250
BRATTLEBORO SUNRISE	\$250
CAPITAL CITY	\$250
CATAMOUNT	\$250
CHARLESTOWN	\$500
CHARLESTOWN	\$500
DEERFIELD VALLEY	\$2,500
DERRY VILLAGE	\$500
GOFFSTOWN	\$250
GILFORD	\$250
HENNIKER	\$1,000
JAFFREY-RINDGE	\$250
KEENE	\$250
KEENE ELM	\$500
LONDONDERRY	\$500
LUDLOW	\$2,000
MANCHESTER	\$1,000
MEREDITH	\$500
MEREDITH INTERACT	\$150
MILFORD	\$1,000



QUEEN CITY	
MANCHESTER	\$275
NASHUA	\$250
RAYMOND AREA	\$370
RUTLAND SOUTH	\$250
SOUHEGAN VALLEY	\$500
WHITE RIVER	
JUNCTION	\$500

Since we can't simply send checks to Australia and there is difficulty using credit cards, we will have to wire the money.

Please send your checks made payable to Rotary International District 7870 by January 31, 2020, to:

Rotary International District 7870
c/o Randell Barclay, Treasurer
9171 Cold River Road
Cuttingsville, VT 05738

Please note "Australian Relief" in the memo line.

Also, please send an email to Angel Balch (Deerfield Valley Rotary Club president at vtpiggybarbie@gmail.com so that we can continue to track our district's response.

There's still time to participate. Spread the word!

Yours in Rotary,
Marty Cohn

Spreading the Word About All that Rotary Does

By Martin Cohn

Did you enjoy the Christmas lights in downtown Brattleboro? Rotarians strung many of them. Or, have you and your kids played on the disc golf course at Living Memorial Park? Rotarians built it.

Rotary International, along with its various clubs throughout the world, has established January as Rotary Awareness Month.

"A lot of people don't know what Rotary International does. We want to get the word out," said Carla Lineback, Brattleboro Rotary Club president.

"We developed a monthly cable show called Rotary Cares," Lineback said, "The monthly format allows us to inform viewers, as well as listeners to our podcast, about the many aspects of Rotary by featuring different members participation."

Brattleboro Community Television presented the Rotary Clubs of Brattleboro its 2018 Non-Profit Member of the Year Award for the show.

One of the biggest focuses of the organization is working to eliminate polio. The club has worked closely with the World Health Organization and the Gates Foundation in this effort.

"We pretty much have polio eliminated, except for three countries, Nigeria, Pakistan, and Afghanistan," Lineback said.

Rotary International and the Gates Foundation have provided close to \$600 million to combat polio worldwide. This includes the approximate \$10,000 contributed by the Brattleboro Rotary Club and the Sunrise Rotary Club over the last five years.

Still, polio isn't the only focus of Rotary International.

The international organization has also focused on literacy and clean water. Club members have gone to various areas of the world to help map out well locations and to help provide water filters.

In fact, the roots of the program Pure Water for the World are in Brattleboro. In 1994, Peter Abell, a member of the Brattleboro Rotary Club, volunteered to go to a small Salvadoran village to provide medical services.

Abell was moved by the poor living conditions and vowed to make a difference and do something. With the support of the Brattleboro Rotary Club, Abell decided to help the people by providing rural villages with potable water. The success and interest of the club's activities soon outgrew the

capacity of the Rotary Club. As a result, Pure Water for the World, Inc. was set up as a 501(c)(3) organization to carry out this humanitarian effort.

Pure Water for the World works in remote regions of developing countries that lack sustainable clean, safe drinking water. PWW works with local governments and community partners to select, analyze the appropriate technology for the community, and implement cost-effective projects.

For the past eight years, the Brattleboro Rotary Club has been raising awareness and funds for Pine Ridge Reservation in South Dakota. The club has helped rebuild KILI Radio, a radio station committed to improving the lives of residents, gathered more than 250 old and broken laptops and refurbished 150 of them for students on the reservation, and helped collect more than 8,000 pounds of new material for traditional Native American quilts.

The Brattleboro Rotary Club uses funds raised from its annual Christmas tree sales and other efforts primarily for area high school scholarships. More than \$500,000 in scholarships has been awarded over the past 25 years. This year, the club will be offering \$18,000 to graduating seniors from area high schools, as well as a \$2,500 scholarship to a Community College of Vermont student completing a degree in medical assisting. The CCV scholarship is in memory of the late Jesse Corum, a longtime member. The Sunrise Club conducts an annual 3X3 basketball tournament to raise scholarship funds, as well.

The two Brattleboro clubs support a number of projects in the community, both large and small, with cash and in-kind contributions. Rotarians take a monthly turn at supplying and serving meals for the Seasonal Overflow Shelter, pack food at Vermont Foodbank that is delivered to folks throughout Windham County, and support Winston Prouty's Early Learning Express, which brings a mobile lending library and literacy enrichment activities to rural and/or low-income areas.

Brattleboro Rotary Club also raises funds by way of its annual Golf Tournament held the first Thursday in June. Over the past seven years, the club's total donation to the Brattleboro Memorial Hospital is close to \$150,000. At the local level, members help charitable ventures when they arise.

The Brattleboro Rotary Club has over 60 members and the Sunrise Rotary Club has over 40 members. Rotarian members throughout the world follow the same four-way test. The questions addressed by the test include: Is it the truth, fair to all concerned, will it build goodwill and better friendships, and will it be beneficial to all concerned?

Lineback said people have to be invited into the club, and someone must vouch for them.

The Brattleboro Rotary Club, founded in 1950, has weekly meetings on Thursdays at 12:15 p.m. The Sunrise Rotary Club, founded in 1995, has weekly meetings on Wednesdays at 7:15 a.m. Both clubs meet at American Legion Post 5, 32 Linden St. If you are interested in learning more about

Rotary or attending a meeting, visit the Sunrise Rotary Club website at brattleborosunriserotary.org, or the Brattleboro Rotary Club website at brattlebororotaryclub.org.

About the Author: Martin Cohn is a past president of Brattleboro Rotary Club and serves as host of the monthly BCTV show, Rotary Cares. This commentary was published in the Brattleboro Reformer on January 14, 2020.

Pre-PETS - February 8, 2020

District Governor Elect Steve Puderbaugh and other leaders of District 7870 will be sharing information for the incoming 2020-21 club presidents. This will be to establish a foundation to prepare for the multidistrict President Elect Training Seminar in March.

Location: Dartmouth Hitchcock Medical Center, Medical Center Drive, Lebanon, NH

Registration: Here is a link to registration and details on our district website:
<https://rotary7870.org/event/pre-president-elect-training-seminar>

Registration and continental breakfast at 8:30. Event from 9-12 (To be confirmed)

PETS 2020

PETS (Presidents-Elect Training Seminar) is March 5-7, 2020 at the Sheraton Framingham Hotel and Conference Center in Framingham, MA.

Web site: <https://www.rotarynepets.org/>

Questions about registering: Contact the NEPETS Registrar at nepets.registrar@gmail.com.

District 7870 Rotary Conference 2020 - SAVE THE DATES

The District Conference will be **May 1-3, 2020** at the Portland Marriott at Sable Oaks, South Portland, Maine.

Friday begins at 2pm and ends Sunday at 11am.

Mark your calendars!

Rotary Cares, Episode 23 - International Service

Rotary Cares, Episode 23 – International Service

In episode 23 of the award-winning, monthly show, Rotary Cares, Brattleboro Rotary Club past president Marty Cohn talks to Ed Dinnany, a director of the Rotary Club of the Bellows Falls and Ann Henderson, International Service Chair for the Rotary Club of Keene-Elm City. about their club's international service projects. Directed by Brattleboro Sunrise Rotary Club past president Kevin Yager in the studio of Brattleboro Community Television.

To view the show, go to:

<https://www.brattleborotv.org/rotary-cares/ep-23-ed-dinnany-and-ann-henderson>

To listen to the podcast, go to:.

<https://soundcloud.com/user-402413535/rotary-cares-ep-23-international-service>



Rotary Leadership Learning Institute - February 29, 2020

February 29th, 2020 Session will be held at NH Technical Institute
31 College Drive, Concord, NH 03301
Nursing Building adjacent to
McAuliffe-Shepard Discovery Center 7:30 am – 3:30 pm
Registration fee of \$115.00 (includes breakfast and lunch)

The Rotary Leadership (Learning) Institute has something for every Rotarian but especially valuable for new Rotarians and those looking to hold Leadership positions in their Rotary Club.

RLI is a leadership and development program to strengthen Rotary Clubs through education, collaboration and the exchange of ideas among its future leaders.

Topics such as: Leadership Development, Rotary Knowledge, Project Leads, Membership Engagement and recruitment, Strategic Planning, Improved Communication, Team Building, Public Relations Service and International Perspective are presented in 3 Levels (must have complete the prior one) and a Graduate Session.

Register at rlinea.org

PDG Rich Berryman
RLI District Chair

International Conference 2020- SAVE THE DATES

WHEN: Saturday, June 6, 2020 - Thursday, June 11, 2020

WHERE: Honolulu, Hawaii

HOW TO REGISTER: <https://www.riconvention.org/en>



Club News

Former Exchange Student Follows Paths of Service

In 2012 – 2013, the Rotary International theme was "Peace Through Service." To Nathan Liu, a former District 7870 outbound Rotary Youth Exchange Student, ways to be of service can be found at home or halfway around the world. On December 10, 2019, Nathan was sworn in as a member of the Peace Corps in Rwanda. He will be working as a Maternal and Child Care Educator in a southern rural district for the next two years.

Nathan, sponsored for his exchange by the Hollis-Brookline Rotary Club, spent his junior year of high school living in Tierra del Fuego, Argentina from August 2012 to July 2013. The experience opened his eyes and changed his view of the world, leading him to discover that what he wanted most was to work directly with people in need.

Upon his return from exchange, Nathan joined his family, who had moved during the year to Hampstead, North Carolina, where he completed high school and graduated in June, 2014. He attended the University of North Carolina Wilmington, finding service as a peer educator and coordinator. After graduating in 2018 with a degree in psychology, Nathan spent a year serving as an AmeriCorps maternal health worker in the Jacksonville, Florida area. He has also traveled extensively in South America and Europe.

After he completes his Peace Corps service in Rwanda, Nathan plans to go to medical school and hopes to work in other countries as part of the Doctors Without Borders program.

"Peace, in all of the ways that we can understand it, is a real goal and a realistic goal for Rotary. Peace is not something that can only be achieved through agreements, by governments, or through heroic struggles. It is something that we can find and that we can achieve, every day and in many simple ways."

~ Sakuji Tanaka President, Rotary International, 2012-13

Juliana Rowland
603-305-5009
Hollis-Brookline Rotary Club



Exchange Students Had Lovely Weekend

The District 7870 inbound exchange students had a lovely weekend in early December getting into the holiday spirit. The students were hosted by the Manchester Vermont Rotary club for a fun weekend of shopping, a holiday celebration and gift exchange and some good old fashioned Vermont winter fun. The weekend concluded on Sunday at the Little Red Schoolhouse in Wallingford, VT. While at the Schoolhouse, the inbound students were joined by the Mill River Interact Club members for an afternoon of tree trimming, learning about the history of Paul Harris and the Little Red Schoolhouse, dancing, holiday merriment, food and lots of laughter. An enormous amount of holiday fun was had by all involved, Wallingford Rotarians included!





Concord Club Supports Salvation Army Kettle Drive

The Rotary Club of Concord, raised over \$3500.00 in it's pre- Christmas effort for the Salvation Army Kettle Drive. The Salvation Army depends on many volunteer groups to keep the donations rolling for its largest fundraiser. Rotary Club of Concord continued its tradition of " manning the kettles" by taking on three days. Many fond memories over the years, standing at the kettle!

Here, the CHS Interact Club joins Rotarians.



Hollis Brookline Rotary Interact Supports Stork Project

By: Susan Holroyd

I asked our HB Rotary Interact group to help with a task for the Stork Project today. More than 20 showed up, some even brought friends to help. The task: to package 2400 diapers into sleeves of 20, all to include wipes, some with bum creme. Within an hour, all diapers were done, labeled, taped, boxed and put in the appropriate cars. 120 babies will not have to go without clean diapers.

These kiddos have a very special place in my heart. We should all be very proud to have them in our community.





Milford Rotary Club ~ Great Start to 2020!

Milford Rotary kicked-off the new calendar year with another great meeting!

We inducted our 11th new member in as many months - Welcome Jim Minner! In addition to his corporate and engineering background, Jim brings 30+ years as a volunteer with Boy Scouts of America. Jim jumped right in last month volunteering many hours to selling Milford Rotary Christmas Trees and birdseed wreaths!



Welcome Jim Minner as our newest Milford Rotarian. Past president Allise de Smet presided over the induction ceremony and DGN John Siemienowicz, as Jim's sponsor, shared some stories and did the pinning.

The "full house" of members and guests for our lunchtime meeting was treated to an inspiring presentation by guest speakers Sue Bee & Karen Van Der Beken from [Building on Hope](http://buildingonhope.com/). Building On Hope, which started out as a conversation between friends, has grown over the past 10 years into a dynamic community organization of volunteers who work with builders, architects and designers to provide physical improvements to facilities associated with non-profit service groups. Projects completed include facilities at Easter Seals, Manchester GIRLS Inc, Manchester PAL, Opportunity Networks and the Crisis Center of Central NH. For more information about their current project at Nashua PAL [please visit http://buildingonhope.com/](http://buildingonhope.com/)



Wonderful presentation about [Building on Hope](http://buildingonhope.com/) -
Pictured Karen Van Der Beken on the left and Sue Bee at the podium



Milford Rotary Fine Masters – standing from left – Chad Zingales, David Sturm, Steve Desmarais and Bill Andrews.

Our fabulous Fine Masters were in rare form providing an avenue for some riotous laughter! Wonderful way to start the new calendar year and second half of this Rotary year! Want or need to make up a Rotary meeting? Come join us! MilfordRotaryClub.org.

International

Exchange Student Introduces Indonesia to Ludlow Rotary

At its weekly meeting, the Ludlow Rotary Club heard Tunjung, an exchange student from Indonesia currently sponsored by both the Ludlow and Chester Rotary Clubs, described what life in Indonesia is like.

Tunjung presented a slide presentation that covered the many facets of Indonesia. These include the many languages spoken in this nation of over 19,000 islands, its beautiful islands, the many people who comprise the nation, and cultures of the nation. She also described the music of Indonesia as well as its foods and educational institutions.

Currently enrolled at Green Mountain High School in Chester, Tunjung, pictured above during her presentation, has found life in Vermont to be quite different from Indonesia - in particular, the weather.



Calendars

District 7870 Calendar

So much going on within the clubs in the district! Be sure to regular check this District Calendar of Events: <http://rotary7870.org/events/calendar>

Do you have an entry for the District online calendar? Please email your entry to: prrotary7870@gmail.com.

Months of the Rotary Year

Many months of the year are designated by Rotary International for special significance. Here are the ones for this [Rotary year](#):

August 2019

Membership and New Club Development Month

September 2019

Basic Education and Literacy Month

October 2019

Economic and Community Development Month

7-13 October — Rotary Alumni Reconnect Week

24 October — World Polio Day

November 2019

Rotary Foundation Month

4-10 World Interact Week

December 2019

Disease Prevention and Treatment Month

January 2020

Vocational Service Month

19-25 January — [International Assembly](#), San Diego, California, USA

February 2020

Peace and Conflict Prevention/Resolution Month

23 February — Rotary's anniversary

March 2020

Water and Sanitation Month

9-15 March — World Rotaract Week

31 March — Preregistration discount ends for the [Rotary International Convention](#)

April 2020

Maternal and Child Health Month

30 April — [Rotary International Convention](#) registrations and ticket cancellations are due

Rotary



May 2020

Youth Service Month

1-3 [District 7870](#) Conference at Sable Oaks in Portland, Maine (Friday begins at 2pm and ends Sunday at 11am)

June 2020

Rotary Fellowships Month

6-10 June — [Rotary International Convention](#), Honolulu, Hawaii, USA

Miscellaneous

Have Something You'd Like to Share with the Entire District?

Updates and short (1 page) articles, along with images (**Word and JPEGs only. NO PDFs please**) may be submitted to Martin Cohn and Maureen Mooney at prrotary7870@gmail.com to be included in the Monthly Newsletter. The District Newsletter is a means of communicating with other clubs in our district: items of interest, upcoming events, fundraisers or opportunities for service.

Deadline for next Newsletter Submissions: February 15th, 2020.

Website and Social Media

Be sure to check (and share) the Rotary District 7870 **website** at: www.rotary7870.org.

Be sure to join (and share) the Rotary District 7870 **Facebook** page here:

