



THE INSPIRATION



Rotary District 7870



May 2020

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**Nancy Russell
District Governor**

www.rotary7870.org

**Rotarian Editors
Maureen Mooney and Martin Cohn**



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Save the Dates - Rotary International Free Virtual Event

Save the Date for Rotary International's Free Virtual Event

"Now More than Ever, Rotary Connects the World: The 2020 Rotary Virtual Convention"

When: 20-26 June

For more info, <https://www.riconvention.org/en>

Janice H. McElroy Scholarship Winner 2020

Rotary District 7870, the Henniker Rotary Club, and the Janice H. McElroy Scholarship Committee comprised of Jim McElroy, Jan's husband, and Mary Krotzer from the Henniker Rotary Club, Peter Powers from the Hopkinton Rotary Club, Jay Burgess from the Concord Rotary Club, Dave Saturley from the White River Junction Rotary Club, and Sandra McGonagle from the Gilford Rotary Club are pleased to announce the fourth recipient of the Janice H. McElroy Scholarship. Janice H. McElroy was a Past District 7870 Governor and Past President of the Henniker Rotary Club. Prior to her death in 2014, she requested that any donations in her memory be dedicated to establishing a scholarship fund for non-traditional students.

The 2019 scholarship recipient is Jennifer L. Savoy from Wearer, NH. Jennifer is attending the Boston University School of Theology majoring in Theology seeking a Masters in Divinity.

Jennifer has shared that she has done a great deal of volunteering through her church, including serving as a Sunday school teacher, Superintendent of Sunday School, nursery director, lay leader, lay servant, worship leader, church council member, director of Vacation Bible School, and youth group leader. She shares that she has learned so much in each of these positions and has grown in her faith through serving. As she looks forward to serving a church as pastor, she intends to take all that she has learned and hopes that it will make her a better pastor.

In her scholarship application, Jennifer expressed that her greatest accomplishment has been raising her children and homeschooling while earning her undergraduate degree and graduating Summa Cum Laude in 2017 from Mid-America Christian University.

Jennifer shared these thoughts in her application:

I am sure there are many people out there that are deserving of this scholarship, and I pray that I am one that you will consider. I have worked hard the past three years in my studies at BU, and have learned a great deal, not just about theology and how to serve as a pastor, but about people from



around the world. I am so thankful for the opportunity to attend this school, but I need to face the reality that I might not be able to continue without financial help. I am a single mom and am unable to work full time and attend school too. I travel to school 1-2 days a week, up to 3.5 hours each way, so working on school days is not an option.

When Janice H. McElroy dreamed of a scholarship fund in her name, Jennifer was exactly the candidate that Jan had in mind. She wanted to give non-traditional students the opportunity to return to school and fulfill their educational dreams.

It is with great pleasure that we present to Jennifer L. Savoy the 2019 Janice H. McElroy Scholarship, and we wish her continued success in her chosen career path of theology.

Youth Exchange Suspended for 2020-2021 Rotary Year

Due to the Covid-19 pandemic, Rotary Districts around the world have either limited their exchanges or suspended their programs completely for the coming year. Our multi-district, Eastern States Student Exchange, met in April and the difficult decision was made to suspend all exchanges for the 20-21 Rotary year. District Chairperson Jim Rumrill reports that we had a good group of students preparing to spend the coming year out of the country and of course our inbound program was ready to go, but there was too much uncertainty. Our district has a very long history of being active in youth exchange and the program is slated to be back in full swing for the 2021-2022 Rotary year.

All but one of our current outbound students has returned to the U.S. and nine of the thirteen inbounds remain here in District 7870

If you have any questions or thoughts on the program as we plan for the future, please contact Jim Rumrill at jrumrill@hotmail.com or by cell at 802-380-2766.

Youth Exchange During The Stay Home Orders

Nine of our inbound students have remained in Vermont and New Hampshire during the stay at home orders. They have been attending school on-line and keeping up with their education, in some cases both here and back in their country. Inbound Coordinator Julie Rowland runs a weekly Zoom meeting that is attended both by the current students and the students who went home earlier this spring.

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Many of the students have fully immersed themselves in what is happening here, making masks for hospitals, prisons and anyone who needs them. Starting exercise routines with their families, even turkey hunting or just enjoying their natural surroundings. We're really proud of the student for making the most of their situation and making this unprecedented year their own. A huge thank you to the host families and host clubs who have truly gone above and beyond to keep the students safe.

Where are they now?

With no youth exchange program for the coming year, we thought it would be fun to begin highlighting students who have been here in the past and have returned home to their education and careers. This month, we feature Nopsorn "Kok" Churitt of Thailand. She was hosted by the Ludlow, Vt Rotary Club in 2007-2008. After her exchange, she received a degree in political science from Chulalongkorn University in Bangkok. Upon graduation she went to work in business but the travel bug had bitten her for life. She eventually pursued a job as a flight attendant for Thai Airways, where she remains today. Her profession has allowed her to visit her friends from her exchange, attend their weddings and see the world. In her words, "of all the places I have been, there is one place I have always wanted to return to, and that is Vermont. I hope it will happen soon" We will look forward to welcoming you back, Kok.





Hopkinton Rotary Pita Rescue and Recovery Effort Benefits Local Food Pantries and Non-Profits

Hopkinton, NH - Hopkinton Rotary members rescued 1,000s of pita bread pockets from destruction on Monday and Tuesday of this week (April 13 + 14) for distribution to food pantries and agencies throughout Merrimack County. Joseph's Middle East Bakery, a national manufacturer, donated over four pallets of pita pockets

Business consultant, and long-time Hopkinton Rotarian, Dave Feller gathered a crew of fellow Rotarians and business colleagues to mount the "rescue" effort. Four pallets containing over 200 cases in total were picked up from the manufacturer and routed to Agile Magnetics in Concord and two sites in Hopkinton where volunteers opened and repacked packages into unlabeled cartons for delivery. The Capital Regional Food Program, a private not-for-profit, all volunteer organization, distributed about half of this product to 19 different local organizations. The Community Action Program - Belnap-Merrimack Counties received a large share for its network with additional deliveries directly to the Hopkinton, Warner, and Kearsarge food pantries. Several cartons were also donated to Dimitris Pizza Restaurant to help with preparation of the free meals they have been making and delivering to the residents of senior housing in Contoocook.



"I am so proud of the quick response I received when I reached out to my friends and Rotarians for help salvaging this product," said Dave Feller. "I work with many food manufacturers, and there is a huge opportunity here for future salvage efforts just like this one."

Hopkinton Rotary extends its sincere thanks to Agile Magnetics for a generous donation of boxes and supplies for repackaging, Bartlett Tree Services for use of its box truck, and Peter Hayden of the Capital Regional Food Program. Hopkinton Rotary President Debbie Norris said, "Dave Feller is always thinking of ways that Rotary can make a difference. I'm grateful to Dave for his efforts and for the efforts of the many caring individuals who stepped forward." Project Pita volunteers were Mike Foley, Ben



Barton, Jeff Donohoe, Kathy Donohoe, Frank Grano, Sarah Hoffman, Gayle Kimball, Debbie Norris, Mike Norris, and Ken Traum.

FOR MORE INFORMATION

Gayle Kimball, Public Relations Chair
Hopkinton Rotary
gaylekimballjd@gmail.com
603-848-0566



Bow Rotary Celebrates 50 Years!

For the Rotary year of July 2020, through June 2021, the Bow Rotary Club plans a series of events to celebrate its 50 years of existence and service in the Bow community. All Rotary Clubs are part of Rotary International, which covers not only the United States, but in 200 countries throughout the world with its 1.2 million members serving their respective communities in 35,000 Rotary Clubs.

Rotary International was started in 1905 by a Chicago attorney Paul Harris. His idea was to bring together business professionals with diverse backgrounds to exchange ideas and form meaningful friendships. Over time, Rotary's purpose evolved into humanitarian service. Members of the Bow Rotary Club, the US, and around the world have a long track record of addressing challenges locally and globally.

From literacy and peace, to clean water and health, we are always working to better our world. At Rotary, we believe we have a shared responsibility to take action on our world's most persistent issues.



We provide service to others, promote integrity, and advance world understanding, goodwill, and peace through our fellowship of business, professional, and community leaders.

We are always looking for people who want to give back to their community. Want to join us? The Bow Rotary Club (which includes Dunbarton residents) meets Friday mornings at 7:30 am at the Old Town Hall in Bow. We would love to see you there once we are allowed to meeting regularly. Please check our website at www.bowrotary.org for our meeting schedule and details.

Alternatively you can contact either our current President, David Scanlan at davidscanlan@yahoo.com | 603-228-4449, or our incoming President, Matt Gatzke at msgatzke@gmail.com | (603) 496-9044.

Gilford Rotarians Continue to Support New England's Heroes During Pandemic

During this trying, abnormal time, Patriot Resilient Leader Institute (PRLI), a 501 (c)(3) founded by Gilford Rotarians, has continued to serve those who have served their country and communities by offering virtual versions of their Camp Resilience retreats.

PRLI's Camp Resilience retreats normally welcome 8-12 veterans or first responders to the beautiful Lakes Region of New Hampshire for 3-4 days of peer-to-peer counseling, life skills workshops, and outdoor experiential learning activities. The PRLI team recognized that this model could not be accomplished during the COVID-19 pandemic, but also realized that constituents would continue to need the chance to enjoy each other's company and practice mindfulness and resiliency with others.

PRLI's team worked remotely to develop virtual opportunities to connect alumni of the program through Zoom. These sessions will serve as moments of connection and education, helping participants combat feelings of social isolation, depression, and anxiety while allowing PRLI to continue its mission of helping those who have served bounce back in mind, body, and spirit.

Founded in 2014 by a small group of veterans and local citizens, PRLI has welcomed over 570 participants to 59 Camp Resilience retreats. The grass roots nature of the programs sends an important message to our attendees—their service is appreciated by their fellow citizens. PRLI is devoted to tackling an array of issues affecting veterans and first responders, offering a variety of tailored retreats that take the healing process out of the clinic and stress the importance of camaraderie and wellness in fostering recovery. We have found great success in running retreats for families, couples, and veterans coping with military sexual trauma, post traumatic stress, or moral injury.

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As you put your 2020-2021 budgets together please consider sponsoring a Camp Resilience retreat participant at \$500 or a full outdoor retreat at \$6000.
For more information please visit www.camp-resilience.org.

Vermont Dairy Farmers, Dairy Producers, VT Community Foundation, and Rotary Collaborate to Donate to the VT Foodbank

Rotary District 7870 has an incredible opportunity to help Vermont farmers, the children summer food program, and food-insecure families for only \$10,000.

BACKGROUND:

Vermont Agency of Agriculture, Food, and Markets has coordinated an effort to recover raw milk from being disposed of while creating a new, temporary food supply for the Vermont Foodbank. In collaboration with the Vermont Community Foundation, \$60,000 has been made available to purchase this milk for the benefit of Vermonters. These efforts are particularly important as Vermont's dairy industry, like all sectors, has been challenged by COVID-19 but remain essential to Vermonters' food supply. Demand at the Vermont Food Bank is up substantially - exceeding 60% increase over the year earlier.



To date, three tractor-trailer loads of milk have been diverted from disposal to produce 11,500-gallon jugs of milk and 42,000 individual cups of yogurt for delivery to the Food Bank. This great effort is underway and will provide product to the Food Bank in May!

There are approximately \$17,000 remaining in funding from the Community Foundation and to divert one more load of milk to yogurt would require an additional \$5,000. The milk is processed at Commonwealth Yogurt in Brattleboro and one load equals 42,000 single-serve cups of yogurt. The funding pays for the tractor load of milk and the processing and materials costs at Commonwealth Yogurt. Delivery occurs to the Food Bank in Brattleboro for statewide distribution. A goal is to process another load of milk to yogurt in late May.

Another product demand at the Food Bank is for butter. The Agency of Agriculture and the Food Bank are working with two possible small-scale butter makers in Vermont. The estimated cost for this project is between \$4,000 and \$5,000. Depending on which butter maker is able to fill the

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request, the funding would provide between 440 to 1,000 pounds of butter for distribution in Vermont. This is a direct purchase and can occur at any time.

Any support helps provide more nutritious dairy products to the Vermont Food Bank. Vermont Food Bank has been managing the funding and processing payments for milk and processing costs. The Vermont Food Bank is a non-profit with tremendous experience managing these programs. The Agency of Agriculture, Food and Markets has been facilitating relationships and bringing together cooperatives with milk, dairy processors and the Food Bank to ensure that all parties receive the support they need.

ACTION

This proposal has been submitted to the District's Global Grant application by the Rotary Clubs of Brattleboro. The Brattleboro Rotary Club, Brattleboro Sunrise Rotary Club, and the Rotary Club of Manchester (VT) have all pledged \$1500 towards the funding goal of \$10,000. However, rather than wait for the grant, Rotarians can make this happen now. We only need \$5,500 more. If you would like to help Vermont farmers, children, and food-insecure families, contact Martin Cohn at martin@cohnpr.com.

The Hollis Brookline Rotary Interact Drives For Success!

Written By Susan Holroyd, HBRI Advisor

The Hollis Brookline Rotary Interact helped the HB Athletic Booster Club by delivering many of the lawn graduation banners that the HBABC purchased for our 200+ seniors. Hollis Brookline High School staff, and 20 HB Rotary Interact and parents of Interact drove to homes in Brookline and Hollis, beeping their horns, blowing air horns, blasting music on their cars' blue tooth, all with the intention of bringing smiles to our quarantined seniors. It was a hugely successful day!

On a side note, we had 9 seniors deliver graduation signs to their fellow classmates. What amazing selfless acts of kindness for them to forgo their fanfare so they could bring smiles to others. I am proud and humbled.

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The Rotary Club of Goffstown has not let the Pandemic Stop it from doing good work in the Community

Our small, but mighty group has held weekly Zoom meetings and has begun inviting guest speakers to join us. We have placed signs of hope around our 4 towns. The signs are from the Don't Give Up Movement, and read "We Are All in This Together", "One Day at a Time", and "Don't Give Up". Our last remaining Charter member, Rich Hopf, and his wife, Joan, and our club secretary, Robin Morrell, donated funds to our club so that we could purchase masks for residents and staff of the Hillsborough County Nursing Home. Forty-five masks, lip balm tubes, pens, sets of notecards, and postage stamps were bagged up with notes of encouragement and given to residents of a local independent senior living facility to help them know they are being thought of. Our club has encouraged our car show friends to help participate in a drive-by birthday celebration for a local 16 year old who is waiting for her driver's license. Last, we are following the lead of the Londonderry and Derry clubs encouraging residents to Light Up During the Lockdown, keeping a light on from 8-9 p.m. to honor first responders and those who are fighting the virus.

Concord NH Zooming Along

Rotary Club of Concord has started its new project, Flags Across Concord, under the leadership of VP Pieter Hollenberg. The objective of the project is to offer a service to property owners in Concord which would have the Rotary Club of Concord members, install a tube in the ground, typically by their mailbox, attach the nicely constructed 3' X 5" flag, and insert the pole that is included in the flag kit, into the tube in the ground! This will be done on five flag days on the calendar, namely Memorial Day, Flag Day, Independence Day, Labor Day, and Veteran's Day. They will also remove the flag for the winter season and store it for the following year. All for the inclusive price tag of \$50 annually.



In addition, the club will be participating in “MaskUp NH” in Concord by helping to distribute FREE breathable, washable, and reusable cloth face-masks to Concord citizens. This is a project initiated by Common Man owner Alex Ray who is partnering with NH Rotary Clubs to donate over 67,000 masks using the Common Man Trolley repurposed as the “MaskMobile”. To learn more, go to <https://www.maskupnh.com/blog>.



Rotary
Club of Concord
is excited to present

FLAGS ACROSS CONCORD

For an annual donation of \$50, the membership of The Rotary Club of Concord, NH will display the “Stars and Stripes” 3’ x 5’ American Flag in your yard for 5 days each year on the following holidays:

**Memorial Day ★ Flag Day ★ Independence Day
Labor Day ★ Veteran’s Day**

We will install the flag and pole into a 10’ capped sleeve placed in your designated yard location where the flag will be inserted 3 days before the holiday and collected 3 days after the holiday.

Please help us fill our streets with the American Flag for the love of our Country and assist The Rotary Club of Concord in financially helping countless Concord non-profit organizations, college, university and trade scholarships to local students.

Events and Fundraisers

100 Holes of Golf in One Day Tournament Rolls Forward!

The Masters and The British Open may have been canceled this year, but a premier Rotary sponsored golf tournament is rolling forward – **the 26th annual Milford Rotary 100 Holes Of Golf In One Day Tournament.**

In spite of and in light of the current Covid-19 pandemic, the Milford Rotary Club has chosen to carry-on with the 100 Holes of Golf Tournament. Each year this event raises considerable funds that are distributed to local, regional and international community and non-profit organizations, and are used to provide \$30,000 in scholarships to area students.

Given the tremendous impact that the Covid-19 crisis is having on all of our hometowns, we anticipate that community needs for assistance will be far greater in the coming year than ever before. **Proceeds from the 100 Holes Tournament will help us meet our commitment to the communities we serve and will support COVID-19 relief efforts.** The success of this event will help the Milford Rotary Club provide as much service above self as possible in the coming “new” Rotary year.

For now we are still on for June 26, 2020 at the Amherst Country Club. If possible, we want to take advantage of the longer daylight and cooler weather of early summer. Precautions will be taken to keep golfers, volunteers and staff safe. We are monitoring directives from Governor Sununu and re-evaluating the plans in light of any new requirements. But this tournament will still take place in some manner shape or form this year and the raffle will still occur!!

How can you help? Become a sponsor, come play golf, and/or buy a raffle ticket! For more information, please visit www.golf100holes.com.

Raffle tickets are ONLY \$20 each, with 10 chances to win on each ticket -

1st Prize is **\$5,000**

2nd Prize is **\$2,000**

3rd Prize is **\$1,250**

4th Prize is **\$1,000**

And 6 other prizes range from \$500 to \$750

Each raffle ticket has six valuable coupons on it, including a \$20 off coupon to anyone of the three Giorgio's restaurant - which itself will pay back the price of the ticket!

Raffle tickets can be purchased online at <https://golf100holes.com/online-raffle-ticket-payment/>. When purchasing a ticket online, you will be asked to provide the name of the "Ticket Seller". Enter the name of any Milford Rotarian or please feel free to enter our Club President's name (Janet Langdell) as the "Ticket Seller". After the transaction, your "Ticket Seller" will make arrangements to get your tickets and coupons to you.



Calendars

District 7870 Calendar

So much going on within the clubs in the district! Be sure to regular check this District Calendar of Events: <http://rotary7870.org/events/calendar>

Do you have an entry for the District online calendar? Please email your entry to: prrotary7870@gmail.com.

Months of the Rotary Year

Many months of the year are designated by Rotary International for special significance. Here are the ones for this [Rotary year](#):

August 2019

Membership and New Club Development Month

September 2019

Basic Education and Literacy Month

October 2019

Economic and Community Development Month

7-13 October — Rotary Alumni Reconnect Week

24 October — World Polio Day

November 2019

Rotary Foundation Month

4-10 World Interact Week

December 2019

Disease Prevention and Treatment Month

January 2020

Vocational Service Month

19-25 January — [International Assembly](#), San Diego, California, USA

February 2020

Peace and Conflict Prevention/Resolution Month

23 February — Rotary's anniversary

March 2020

Water and Sanitation Month

9-15 March — World Rotaract Week

31 March — Preregistration discount ends for the [Rotary International Convention](#)

April 2020

Maternal and Child Health Month

30 April — [Rotary International Convention](#) registrations and ticket cancellations are due

May 2020

Youth Service Month

CANCELLED: 1-3 [District 7870](#) Conference at Sable Oaks in Portland, Maine (Friday begins at 2pm and ends Sunday at 11am)

June 2020

Rotary Fellowships Month

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CANCELLED: 6-10 June — [Rotary International Convention](#), Honolulu, Hawaii, USA

Miscellaneous

Have Something You'd Like to Share with the Entire District?

Updates and short (1 page) articles, along with images (**Word and JPEGs only. NO PDFs please**) may be submitted to Martin Cohn and Maureen Mooney at prrotary7870@gmail.com to be included in the Monthly Newsletter. The District Newsletter is a means of communicating with other clubs in our district: items of interest, upcoming events, fundraisers or opportunities for service.

Deadline for next Newsletter Submissions: June 15th, 2020.

Website and Social Media

Be sure to check (and share) the Rotary District 7870 **website** at: www.rotary7870.org.

Be sure to join (and share) the Rotary District 7870 **Facebook page** here:

