

THE INSPIRATION



Rotary District 7870



January 2021 District Newsletter 2021, Number 7 Steve Puderbaugh
District Governor

www.rotary7870.org

Rotarian Editors Maureen Mooney and Martin Cohn





Rotary Theme of the Month: January is Vocational Service Month

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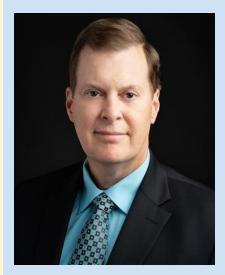
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Greetings From Your District Governor Steve Puderbaugh



Greetings fellow Rotarians.

We have made it through 2020 and we can really look forward to great things happening in 2021. I am very impressed and proud of the work that you are all doing across the district to make a difference in peoples' lives.

Our country and our world need Rotary more than ever with our focuses on peacebuilding and avenues of service. A lot of good things are being accomplished across the district, some of which are in this newsletter. Please make sure to check out what is happening!

There is hope on the horizon as vaccination efforts continue to ramp up. . Vaccinations have started and our Rotarians and family members 65 and older can schedule their Covid immunization injection starting January 22nd.

We had our first district-wide membership event for new and prospective members on January 12th. We had a great turn-out and we will plan on doing this again in March. I want to extend a big thank you to PDGs Sandy and Carolyn for leading this effort.



We also had another big shipment of masks come in on January 12th. We probably shared around a half million more masks at the two distribution sites in Brattleboro and Manchester. They are being spread around NH, VT, and northern MA. Nursing homes, schools, first responders, and many others appreciate these donations.



We will be having our President's Networking meeting on January 26th where the focus will be on service projects. One of the main discussions will be what we can do to help with the Covid vaccination efforts and also help with the food distributions via the mobile food pantries put on around NH by the NH Food Bank. Other ideas will be shared by our club presidents as time allows. We would encourage each club to have representation at this meeting if your club president cannot attend.

Keep up the good work and know that you are making a difference in our communities and our world.

Governor Steve



District News

Rotary Cares, Episode 31 - International Service

In episode 31 of the award-winning, monthly show, Rotary Cares, Brattleboro Rotary Club past president Marty Cohn discusses international service with his guests, District 7870 Past District Governor Venu Manohar Rao representing the Hollis-Brookline, NH Rotary Club and, Lawrence Penna, Secretary, Niskayuna Rotary in Schenectady, New York. The show is produced by Brattleboro Community Television.

To watch the show, view it here.

https://www.youtube.com/watch?v=91ViBd4pTvg&feature=youtu.be

To listen to the podcast, view it here.

https://soundcloud.com/user-402413535/rotary-cares-ep31-international-service



Rotary Rocks!

2020-21 District-Wide Membership Contest

Rotary is a great organization and a vital part of our lives. The relationships and experiences that are available through Rotary locally and around the world are amazing. The challenge we have is getting our members to reach out and invite other potential Rotary members to come join us.

Is your club up for a challenge?

Goals:

- Increase membership by inviting potential members to visit our clubs.
- Create a contest within your club to encourage participation. Offer prizes to provide incentives.
- Participate and compete for prizes in a district contest.

The Specifics:

- The Rotary Rocks Membership Contest will run from September 1st to April 1st.
- Your club will make the rules for your club's contest and decide what "rewards" can be earned locally.

Ideas:

- 1. Divide your club members according to the alphabet in equal teams or some other criteria.
- 2. Assign points for different accomplishments.

a. Invite someone to attend
b. Having them show up to a meeting
c. Having a new member join
1 point
2 points
5 points

(Secretary or membership chair will tally votes and keep the contest visible with a chart or regular announcements at the meetings.)

District Contest Rewards: (Based on active members on September 1, 2020.).

Grand Prize: The club who has the highest net (per capita) growth in the 8-month period will be the winner.

• A cookout of marinated steak tips and chicken tenders prepared by DG Steve and Deb and other District leaders for club members and their guests.



Second Prize: DG Steve, Deb and other District leaders cook breakfast for their club at a mutually agreeable time and place.

Third Prize: A pizza party with 4 bottles of wine, 30 pack of Coke, and a case of variety pack of Sam Adams beer. The Puderbaughs are willing to host the cookout or pizza party using their house and game room if the club members want to make a road trip to Candia.

Each Rotarian who personally sponsors someone will have their name entered into a drawing for a free district conference registration. We plan to hold the drawing April 1st,

Are you ready for the challenge?

Let's increase membership and have fun!

The World of Rotary Webinar

New and prospective Rotarians from across District 7870 recently attended the first "The World of Rotary: New Member Orientation" webinar. The purpose of this webinar was to provide new Rotarians a broader view of Rotary beyond the Rotary Clubs with the goal of highlighting the extraordinary work done by Rotarians globally in addition to what Rotarians do locally.

"I felt that having a district-wide event for new and prospective members would be a good idea before the current pandemic. It is even more valuable during these times of social distancing where a lot of clubs are having challenges with doing in person meetings and orientations," said Steve Puderbaugh the District 7870 Governor.

The program organized by the District Membership Committee included presentations on the World of Rotary, the history and values of Rotary, The Rotary Foundation and Youth programs. Each topic illustrated the impact of work of Rotarians which increases world understanding and peace.

"I learned a lot and am even more excited about being a Rotarian." Alain Martinez, a new member of the Bellow Falls Rotary Club, attended the District Membership webinar. "I have been in Rotary for only 7 months and joined because I wanted to be part of the change. Rotary gives me the outlet for getting involved. This webinar opened my eyes to greater opportunities globally as well as locally. Because of attending this session, I will be looking into getting my Rotary Club engaged in youth programs."



Without the valuable contributions of our presenters, this webinar would have not been possible. Special thanks to District Governor Steve Puderbaugh, Past Rotary International Director Ken Grabeau, Venu Rao, District Foundation Chair and Past District Governor, Maureen Mooney, Assistant Governor and Jim Rumrill, Chair of District Youth Exchange Committee.

The District Membership Committee is planning to have another "World of Rotary" new membership orientation in March.

For more information, contact a Committee Co-Chair

Sandy McGonagle at Mcgonagle@metrocast.net

Carolyn Crowley Meub at Carolynmeub@comcast.net

Rotary Action Opportunities for CoVID Vaccines

By: Frank Malinoski

If you're like me, you have been wondering when and how to sign up for the CoVID vaccines. This remains a fluid situation in both NH and VT. In the meantime, there are some avenues of service available to both individuals and clubs in in our district:

- Individuals in NH can sign up to support DHHS vaccine efforts through www.NHResponds.org. This is for both medical and nonmedical professionals and registering will include a background check and then assignment to an area of need. Note that individuals may need to go back and specifically request contact with a "COVID TEAM" through their "Contact" section.
- **Individuals in VT** should join your local "Medical Reserve Corps". You don't have to be medically trained, just willing to help. Find more at http://oncallforvt.org/wordpress/.
- Clubs in NH can request to help one of the 13 NH Regional Public Health Network centers who are responsible for the distribution of vaccine to the first 3 Tiers of risk groups (through 65 year old and above residents). This can be done by contacting the RPHN that serves their town. Hooksett falls into the Greater Manchester area RPHN and I've attached the overall state mapping.
- I have a dream that our NH Rotary clubs can help pharmacy chains when they become involved in distribution of vaccine to the general public (May timeframe it seems based on recent news reports on WMUR). Rotary Clubs could help with the logistics of managing



the flow of people getting vaccinated, advertising to the community, speaking to groups and the like.

UPDATE: Please note that the N.H. Governor just updated the list for Tier 1B candidates for vaccine with registration starting on 22 January. WMUR has details.

Vermont Groups Join Forces to Aid State Food Assistance Effort

VT Farmstead Cheese provides local cheddar to Vermont Foodbank with financial support from Vermont Rotary groups

January 13, 2021 | Montpelier, VT – In the ongoing effort to connect Vermont food and food products to those struggling during the pandemic, three Vermont entities have teamed up to help donate cheese to the Vermont Foodbank. As a result of a generous donation from Vermont Rotary Clubs across the state, Vermonters in need will be able to access cheddar cheese from the Vermont Farmstead Cheese Company. The Vermont Agency of Agriculture, Food and Markets continues to facilitate efforts to connect our agriculture and food producers to those in need.

"We applaud our partners in the effort to assist our most vulnerable citizens with food insecurity issues," Secretary of Agriculture Anson Tebbetts said. "Although there is a light at the end of the tunnel, we must continue to recognize the hardships many Vermonters are experiencing. Our farmers and food businesses are making important efforts to address this, including food and funding."

Vermont Rotary groups have once again provided monetary support for a donation to the Vermont Foodbank. In 2020, Vermont Rotary groups were part of a collaboration https://agriculture-vermont.gov/agency-agriculture-food-markets-news/vermont-rotary-clubs-join-vermont-dairy-recovery-and-food to turn milk from Vermont dairies into yogurt and butter for distribution from the Vermont Foodbank.

"Throughout COVID-19, Rotary clubs in Vermont and New Hampshire have worked with community partners to help dairy farmers and food-insecure residents," said Martin Cohn, a Brattleboro Rotary Club past-president who spearheaded the project. "Members and clubs from two Rotary districts – 7870 and 7850 – reached into their pockets to enable the Vermont Foodbank to buy dairy products directly from a Vermont dairy producer. We are pleased to be a part of this initiative to get nutritious cheddar cheese to Vermont families during these difficult times and help a Vermont dairy farmer challenged by disruptions as a result of COVID-19."



Vermont Rotary clubs joined forces to raise nearly \$10,000 dollars to purchase the Vermont cheddar from Windsor based Vermont Farmstead Cheese Company. The purchase supplied 1,750 pounds of cheddar cheese or 4,000 seven-ounce servings.

Vermont Farmstead Cheese Company CEO Kent Underwood acknowledged the importance of this effort for Vermonters in need, and the community effort it took to make it happen. "We thank the Rotary Clubs of Vermont for their collaborative fundraising efforts, and for the opportunity to provide our cheese to Vermonters in a time of need. Not only does this bolster the efforts of the Vermont Foodbank, but it also has a positive impact on our local employment and farm production."

As the pandemic continues its impacts on Vermonters, causing many to face extraordinary challenges, the Vermont Foodbank has maintained a vital role in addressing food insecurity. "Hunger in Vermont has reached unprecedented levels during the pandemic, with 1 in 3 people facing hunger since the start of the pandemic, "says Vermont Foodbank CEO, John Sayles. "These extreme numbers make it even more impactful to have the assistance of Rotary clubs across Vermont helping to feed our community."

*Attached Image - Cheese delivery to Vermont Foodbank in Barre. VF employees in the photo - Dustin Songer, Brad Houghton, David Ruiz, Nick Reynolds (L-R)

*June 18, 2020 Press Release: <u>Vermont Rotary Clubs Join Vermont Dairy Recovery and Food Assistance Effort</u>

https://agriculture.vermont.gov/agency-agriculture-food-markets-news/vermont-rotary-clubs-joi-n-vermont-dairy-recovery-and-food">https://agriculture.vermont.gov/agency-agriculture-food-markets-news/vermont-rotary-clubs-joi-n-vermont-dairy-recovery-and-food

For questions or more information, please contact:

About Rotary

Contact: Martin Cohn - 802-221-4821 | martin@cohnpr.com

Rotary International brings together a global network of volunteer leaders dedicated to tackling the world's most pressing humanitarian challenges. Rotary connects 1.2 million members of more than 35,000 Rotary clubs in over 200 countries and geographical areas. Their work improves lives at both the local and international levels, from helping those in need in their own communities to working toward a polio-free world. Rotary District 7870 consists of 60 Rotary Clubs in southern Vermont and southern New Hampshire. Rotary District 7850 consists of 43 Rotary clubs in northern Vermont, New Hampshire, and Canada.

About the Vermont Foodbank

Contact: Jess Cover - 802.373.4762 jess.cover@junapr.com



The Vermont Foodbank is the state's largest hunger-relief organization, providing nutritious food through a network of more than 300 community partners – food shelves, meal sites, senior centers, after-school programs, schools, and hospitals. Food insecurity has increased dramatically as a result of the pandemic and the Vermont Foodbank and its network have been on the front lines, working to ensure that everyone has the food they need to maintain their health. Learn more at www.vtfoodbank.org.

About Vermont Farmstead Cheese Company

Contact: Kent Underwood - 802-457-9992 ext. 10 | kent@vermontfarmstead.com Vermont Farmstead Cheese Company (VFCC) gently cares for our land and the lives of our animals to make fresh, quality, and artisan cheese available to all. Through a marriage of authentic cheesemaking practices and innovative and playful partnerships within our community, we are creating a new generation of award-winning artisanal cheeses.



Club News

Meredith Rotary Supplies Fire Departments with Sanitizing Equipment

When Meredith Rotary Club heard about the potential for a District managed Covid-19 Global Grant, the club contacted four local fire departments asking what supplies or equipment they needed in response to the Covid-19 pandemic. Upon learning of their need for specialized sanitizing equipment, Meredith Rotary Club applied to the District for a Covid-19 matching grant. As a result of receiving the Rotary Foundation's matching grant funds, Meredith Rotary purchased and delivered specialized sanitizing equipment to Meredith, Center Harbor, Sandwich, and Moultonborough Fire Departments. Meredith and Sandwich Fire Departments received fire code compliant cabinet washers to launder and sanitize fire fighting suits. Center Harbor Fire-Rescue received a fire code compliant gear drying cabinet that dries laundered fire fighting suits in hours versus days of open air drying. Moultonborough Fire-Rescue received an electrostatic sprayer that covers fire fighting equipment, including fire trucks, with disinfectant spray saving hours of manual hand cleaning.







Ludlow Rotary Helps Area Towns with Dog Waste Stations

The Ludlow Rotary Club (LRC) is continuing efforts to help area towns with dog waste stations in Ludlow, Mt Holly, and Cavendish.

Recently, LRC members helped Ludlow install three waste stations in Ludlow and a waste station at Star Lake in Mt. Holly. Plans also included such assistance in Cavendish.

The LRC has supported many community improvements to Star Lake over the past 5 years. It is the hope of the Ludlow Rotary Club that the new dog waste station will be another well-used addition. Visitors to Star Lake are required to clean up after their pets. The free dog waste bags will help with compliance for those who mean well but came unprepared for dog emergencies. The goal is to enhance the experience of all visitors to the Lake and protect the surrounding environment. The bags are supplied as a courtesy to Star Lake visitors whose dogs must be on a leash at the lake.

Rotary is also supplying several boxes of replacement bags for the station and will supply several more boxes of replacement bags in the Ludlow and Cavendish sites.

In Ludlow, the LRC has contributed to the West Hill Dog Park's development in addition to the waste station located there.



There have been numerous investments at Star Lake over the past 5 years with Ludlow Rotary Club support. The dam was rebuilt in 2015. In 2016 three new picnic tables were purchased for the recreation area/beach. Volunteers rebuilt a permanent bench and canoe/boat racks. Rotarians and Mount Holly Community Association volunteers built and planted a beautiful new perennial garden which local volunteers now maintain. A new swim raft was purchased in 2019 with help from Rotary. The Star Lake recreation area is popular for fishing, swimming, picnics, community events, and viewing wildlife and fall colors.

The LRC, in spite of the limitations and restrictions imposed by Covid-19, will continue to help area towns in developing similar programs for the public good and recreation. The LRC is continuing to hold its weekly meetings on Tuesdays from 12 Noon to 1 PM using the Zoom computer app. People interested in learning more about Rotary are invited to contact Kevin Barnes, LRC President, at (802) 228-8877, to receive an invitation to a Tuesday meeting.



Pictured are volunteers Julia Hoeh and Sean Casler as they install a dog waste bag station at Star Lake in Mount Holly.

Ludlow Rotary Donates to Black River Good Neighbors

Pictured below is Audrey Bridge, Executive Director of Black River Good Neighbors (BRGN) as she accepts special donations from Barbara LeMire, a member of the Ludlow Rotary Club (LRC). In addition to many toys, books, and clothing items collected by members of the LRC, the club also donated an additional \$150 given by LRC Rotarians. This special drive was motivated, in part, by a desire to help BRGN as it prepares for its annual food and toy packages for area residents.





Community Service Idea: Valentine's Day Cards for Nursing Homes

During the summer, members of the Brattleboro Rotary Club and the Brattleboro Sunrise Rotary Club teamed up to send cards to residents of the five area nursing homes to remind those individuals that they were not forgotten.

For Christmas, members of the two clubs joined again to send holiday greetings.

This involved just 17 Rotarians sending 19 cards each to reach every resident. And, we also supported the United States Postal Service!

Now we are considering Valentine's Day cards. Rotary Cares!



KECR Delivers Meals to Families in Need

This holiday season, the Keene Elm City Rotary Club (KECR) has focused its efforts on bringing food to those in need in the Monadnock region. We worked with MUCH (Monadnock Understands Childhood Hunger), a group dedicated to alleviating childhood hunger that is funded through the KECR, to deliver 148 food boxes the week of Christmas and 136 food boxes on the Monday before Thanksgiving to local families.

We also have been working throughout the COVID-19 pandemic to deliver 48-68 boxes each week to area families in need. These boxes include fresh produce, beans, rice, pasta, canned sauces, eggs, milk, cheese, snacks, bread, cereal and are available through our schools, who identify families in need and relay that information to MUCH. The weekly deliveries will continue through the school year with larger efforts planned for the February and April school vacations.



KECR members also volunteered at the Keene Community Kitchen on the Wednesday before Thanksgiving and Wednesday before Christmas, packing and distributing more than 100 dinners each night.

With a potential end in sight to the pandemic, we are all anxious to meet again in person, but have been heartened to see so many working harder than ever to support the health and safety of those in our communities. We wish you all a wonderful 2021!



Community Catalysts

Community Catalysts' goals are to uncover our community's needs and identify local problems and match them with solutions through connections and networking with a purpose. In this way, we are being problem identifiers and solvers making an impact in our community. We do this by making connections and identifying people in the community who have a need and others who have human capital, physical capital, or surplus of supplies. We're actively seeking new connections to help people. If interested, please contact Ken Yie at yiek888@gmail.com.

Our first event is a collection drive, "Fill the MI-BOX!" to fill a storage unit with items needed by local non-profit organizations and school districts. To start 2021 off with an act of kindness, we're collecting donations from January 16th to the 24th. Please check out the Facebook event at https://fb.me/e/1LS2MRZTy for more details.

Let's fill the MI-Box together!





Community Catalysts Collection Drive The Spirit of Giving is Year Round

Support local organizations and school districts by dropping off your donation of new items during collection hours. Then Rotarians will distribute specific goods to the organization that needs them most. To learn about Community Catalysts and organizations we are supporting, please go to our Facebook event page: https://fb.me/e/1LS2MRZTy

Collecting Donations at SNHU in Parking Lot 40 40 W Alice Ave. Hooksett. NH 03106 01/16 - 01/24 Saturdays/Sundays from 12:00 - 4:00 pm and Wednesday from 5:00 - 7:00 pm

Toilettes

- Deodorant
- Diapers size

Newborn, 1, 5, 6, & Wipes

- Feminine Hygiene
- Shower
- Curtain/Rings
- ·Soap
- Toilet brush
- Toothbrushes
- Toothpaste
- Travel Size Shampoo & Conditioner

General Goods

- · Broom & Dustpan
- · Dish soap
- Garbage can w/lid 13 gal
- Liquid Laundry Detergent
- · Mop/Bucket
- N95 Masks
- Sponges

Most Needed Items

- School Supplies 3 ring binders
- Backpacks
- Cloth Masks for

Middle Schoolers

- · Color Pencils
- Magic Eraser
- Pencil Cases

New Clothing

- Bras
- Adult Coloring Books
 Kids Clothes
 - Men's & Women's
 - Sweatpants
 - Sweatshirts
 - Underwear
 - Rain Ponchos
 - · Winter Hats, Coats,
 - & Gloves

Foods

- · Boxed: Bread Mix, Complete Pancake Mix, Rice a Roni, Rice, Scalped or Cheesy Potatoes, & Stuffing
- · Crackers: Ritz & Saltine
- Canned Vegetables
- Coffee
- Non-Dairy Creamer
- Healthy Snacks
- · Pop-Tarts
- Sugar







Club of Queen City-Manchester



Merrimack Club Delivers Masks

On January 12, 2021, the Rotary Club of #Merrimack distributed thousands of masks from the "Million Mask Challenge Tour [Take 2]." The "Million Mask Challenge Tour [Take 2]" delivered 100K masks over four days to fourteen stops.

Club President Brian Snow met the delivery truck in Bedford to pick up the masks. Afterward, Rotarian Chris Christensen delivered thousands of masks to Meals on Wheels. Then Rotarian Maureen Mooney and Club President Brian Snow dropped off another thousand to the Merrimack Town Hall.

The much needed donations were well-received, and once again Rotary is serving the #Merrimack community.





Fundraiser

Rotary Club of Nashua - Charity Car Raffle



WIN A 2021 BMW X3 xDrive30i or \$35,000 in Nashua Rotary Fundraiser – ONLY 175 TICKETS LEFT – Get yours before they're gone! Only 1000 tickets to be sold. Win a 2021 BMW X3 or apply the credit to any car offered by Tulley Automotive (BMW, Buick, GMC, Mazda, Subaru). The winner also has the option of a \$35,000 cash prize. Buy now to get entered into the last \$500 Early Bird Raffle – January 25. Winning early bird ticket remains in the drawing for the Grand Prize! Additional information including raffle terms and conditions may be found on our website. Tickets may be purchased through our Club website https://portal.clubrunner.ca/2946 or by clicking on the following link:

https://rafflecreator.com/pages/39601/nashua-rotary-car-raffle---bmw-x3-or-\$35000



Calendars

District 7870 Calendar

So much going on within the clubs in the district! Be sure to regular check this District Calendar of Events: http://rotary7870.org/events/calendar

Do you have an entry for the District online calendar? Please email your entry to: prrotary 7870@gmail.com.

Months of the Rotary Year

Many months of the year are designated by Rotary International for special significance. Here are the ones for this Rotary year:

August 2020

Membership and New Club Development Month

September 2020

Basic Education and Literacy Month

October 2020

Economic and Community Development Month 5-11 October — Rotary Alumni Reconnect Week 24 October — World Polio Day

November 2020

Rotary Foundation Month
2-8 October — World Interact Week

December 2020

Disease Prevention and Treatment Month

15 December — Last day for early registration discount for the 2021 Rotary Convention

January 2021

Vocational Service Month



February 2021

Peace and Conflict Prevention/Resolution Month

7-11 February — International Assembly, Orlando, Florida

23 February — Rotary's anniversary

March 2021

Water and Sanitation Month

8-14 March — World Rotaract Week

31 March — Preregistration discount ends for the Rotary International Convention

April 2021

Maternal and Child Health Month

30 April — Rotary International Convention registrations and ticket cancellations are due

May 2021

Youth Service Month

June 2021

Rotary Fellowships Month

12-16 June — Rotary International Convention, Taipei, Taiwan

Miscellaneous

Have Something You'd Like to Share with the Entire District?

Updates and short (1 page) articles, along with images (Word and JPEGS only. NO PDFs please) may be submitted to Martin Cohn and Maureen Mooney at prrotary 7870@gmail.com to be included in the Monthly Newsletter. The District Newsletter is a means of communicating with other clubs in our district: items of interest, upcoming events, fundraisers or opportunities for service.

Deadline for next Newsletter Submissions: February 15th, 2021 at 9:00AM.

Website and Social Media

Be sure to check (and share) the Rotary District 7870 website at: www.rotary7870.org.

Be sure to join (and share) the Rotary District 7870 Facebook page here:





