



# THE INSPIRATION



Rotary District 7870



June 2021

District Newsletter 2021, Number 12

Steve Puderbaugh  
District Governor

[www.rotary7870.org](http://www.rotary7870.org)

**Rotarian Editors**  
**Maureen Mooney and Martin Cohn**



**Rotary Theme of the Month: Rotary Fellowship Month**

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## Greetings From Your District Governor Steve Puderbaugh



I want to thank you all for all the support and encouragement that you have given me this Rotary year. It has certainly been a challenging year in many ways but I am inspired by what we have accomplished this year in spite of these challenges.

We pulled projects together from all over the district on our District-wide Covid 19 Global Grant. This allowed us to fill the needs of our first responders and medical facilities as well as give thousands of dollars to support our food banks.

Another great group effort with the Million Mask Challenge. We were part of giving out 5.5 million masks across the Northeast with an estimated 600,000 in our district.

We have continued to be active with our Global Grant initiatives. Besides the \$341,000 for the Covid19 grants, we had many other grants in the pipeline. These represent projects in many different countries around the world. We already have 7 grants being re-submitted under the new guidelines on July 1st. More are being developed as we speak.

Rotarians as individuals in our clubs all the way up to the President of our organization have learned a great deal about technology this year. While we want to get back to live club meetings and events, we have learned that there is a place for virtual meetings that can help us be more efficient with our time. Just this morning I hosted a Zoom meeting discussing a Global Grant project. It wasn't long ago that I would have not foreseen being able to bring people together from Rwanda, Virginia, Keene, NH and Candia, NH together for a discussion like this.

Take a look at Chris Parkinson's 10 reasons to attend our District conference. It will be a great celebration and a great time. We will have a lot of fun and enjoy some great speakers.

Thanks again for all you do in your communities  
Steve

## **District News**

### **From the “Almost District Governor”**

As I prepare for becoming your next District 7870 Governor, I want to start by thanking all the people that have supported me in my Rotary Journey thus far. It is hard to imagine that it was the Fall of 2018 when I was selected to have this wonderful opportunity to serve District 7870 as part of the District Governor Track and become your District Governor for this Rotary year.



I have embraced this opportunity as a challenge for me to take any and all steps required to make me a better Rotarian and a better Community Ambassador. If you are at all interested in pursuing this journey yourself, let me tell you that the experience will truly enhance your life. I honestly am a “changed” person because of my Rotary journey. Please consider joining me and the District Governor Track virtually on July 1<sup>st</sup>, 2021, as we zoom from the Little Red School House for the changing of the gavel starting at 5:30PM. You should already have received an email to allow you to register for this event. Feel free to let me know if you need that resent. Thank you in advance for your support and continued Rotary efforts. Stay well!

John Bob “Almost District Governor”

### **Rotary Action Group Against Slavery**

Rotary Action Group Against Slavery (RAGAS) <https://ragas.online/>

I first became interested in RAGAS while volunteering with a team led by Fair Haven Rotarian Caren Helm. Caren had attended the 2017 Rotary International Convention in Atlanta, Georgia. In one of the breakout sessions several ideas to help the victims of sex trafficking around the world. On a trip to Maine, Caren heard about the program “Dress a Girl Around the World” (<https://dressagirlaroundtheworld.com/>). Their premise was straight forward, give young girls in poor communities around the world new dresses with the logo of the organization on the pocket. Dress a Girl’s website states, “The label indicates that an organization is looking after us and just maybe a predator will pass us over!” Doctors without Borders delivers the dresses to needy



communities in 81 countries around the world and village pastors indicate that the dresses work at deterring would-be predators (Dress a Girl FAQs).

Caren's team of almost 100, mostly non-Rotarian, volunteers has now made almost a thousand dresses which have been delivered to Zimbabwe. Caren's original goal was 100 dresses by March of 2020. Who knew that the pandemic would hit us in that time and Caren's results would be 10 fold her original plan? You can find out more about Caren's project at <https://rotary7870.org/page/dress-a-girl-around-the-world>

Given Caren's work, I decided to investigate RAGAS and was lucky enough to hear their secretary Simon John speak to the Rotary Club of Hout Bay in South Africa (via Zoom) back in January 2020. I was surprised to hear the extent of modern slavery. John says, "It is a blight on modern society" and it exists in the USA as we have heard in many recent news articles. John reports that today the Walks Free Global Slavery Index estimates there are 40.4 million slaves worldwide. That is more than at any time in history. There are probably 20+ times more slaves today then there were during the peak of the transatlantic slave trade during the 18<sup>th</sup> and 19<sup>th</sup> centuries.



Human trafficking is big business earning profits of over \$150 billion annually. Of that, \$99 billion comes from commercial sexual exploitation. If you would like to see Simon John's presentation to the Hout Bay Rotary Club click on the following link:

<https://youtu.be/ENVxALSaCLc>

RAGAS' goals are to 1) Create awareness by telling Rotarians and the public of the millions who are being held captive and 2) promoting anti-slavery organizations and activities through Rotary Clubs.

If you are interested, go to their website (see above). Membership in RAGAS is \$25/year.

Next month we will discuss WashRAG (Water, Sanitation and Health Rotary Action Group).

Source: Walks Free Global Slavery Index 2018. For Full Size Picture Click:

<https://portal.clubrunner.ca/50052/Documents/en-ca/54c1bc5b-a25d-4e12-ae29-716b8cb8c21b/1/>

Randell Barclay, District Governor Nominee  
Wallingford Memorial Rotary Club

## Windsor Wins First Place in Rotary Rocks Contest!

We want to congratulate the winners of our District membership contest that ended on June 1st. The rules we set up were to have the largest per capita increase in membership between September 1st and June 1st. The Windsor, VT club under president Mary Springer grew from 22 to 26 members. They have qualified for the grand prize of DG Steve and Deb along with other District 7870 leaders are ready to come to serve our marinated steak tips and other fixins at a cookout for the whole club.

We had a tie for second place between Goffstown and the Capital City Sunrise club. We are going to give these clubs a choice whether they would like to either have us come and host a pizza party or whether they would like us to come and make breakfast for their club.

It was a difficult year to hold a membership contest while we are dealing with a global pandemic with most of us not meeting in person. Kudos to not only these clubs with the highest per capita growth but others that did manage to grow in spite of all the challenges this year.

Honorable mention (in alphabetical order):

Charlestown  
Concord  
Deerfield Valley  
Derry Village  
Grand Monadnock  
Hudson Litchfield  
Lakes Region  
Londonderry  
Ludlow  
Merrimack  
Newport  
Queen city  
Suncook Valley  
Wallingford  
Wantastiquet  
White River Junction  
Woodstock

Thanks for all your efforts to Grow Rotary!

## Rotary 7870 Open Bretwood Golf Course - August 20,2021



### Rotary District 7870 Open Bretwood Golf Course – South Course Friday, August 20, 2021



Scramble Format with Shotgun Start beginning at 11:30AM

\$100.00 per player / \$400.00 per team – includes cart, lunch, and dinner!

Trophy to be awarded to a team with a minimum of three Rotarians. One non-Rotarian golfer allowed providing handicap greater than 10.

Five different games – each with prizes to be awarded!

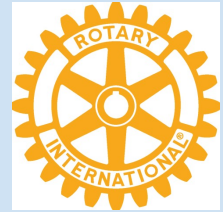
Any proceeds will be shared between supporting the Little Red Schoolhouse and Amigos de Honduras.



## District Conference - Rotary District 7870 - Nov. 13 & 14.



# Serve to Change Lives



## District Conference – Rotary District 7870 – Nov. 13 & 14

Join DG John and PDG Steve for a wonderful time at Beautiful Lake Winnepesaukee

Put it on your calendar now and - beginning July 1<sup>st</sup> - Register by visiting the District Website  
Contact PDG Chris Parkinson with any questions you may have at [cep617@comcast.net](mailto:cep617@comcast.net).

We are planning an awesome District Conference and we hope that you'll join us to celebrate the wonderful things that our district accomplished during the Pandemic and to hear about the many things our District is doing in support of this year's Rotary Theme "Serve to Change Lives".

Between now and the weekend of the District Conference, we'll be providing you additional information about our conference. But, we'd like to present here now the top 10 reasons for attending the 2021 Rotary District 7870 District Conference:

1. Be inspired by great speakers including: Drew Kessler our Rotary International Director 2022-24; Pete Brock, former NE Patriot and Providence Rotarian; and Mahbooba Akharzadah, recent graduate of SNHU and Afghanistan Polio Survivor.
2. Hear excellent District and Club Presentations about the many things we have accomplished and other great things we are currently undertaking.
3. Hear presentations from our youth, including Youth Exchange, Interact, and the winner of the 4 Way Test Speech Contest.
4. Enjoy a wonderful Saturday Night Banquet featuring the comedy of Juston McKinney.



5. Attend the Sunday Morning Memorial Service which is respectful of all religions and honors the Rotarians that have passed away during the past two years.
6. Enjoy the beautiful Church Landing Resort, their excellent facilities, and the Shops of Mills Falls Marketplace on the shore of Lake Winnepesaukee.
7. Share great fellowship during the Conference including a Saturday Night Hospitality Suite hosted by the Raymond Area and Milford Rotary Clubs and featuring PDG Joe Pratt who climbed Mount Everest on behalf of Ending Polio.
8. Come a day early – the Official District Conference begins Saturday morning and ends Sunday at 1pm – but the local Rotarians are planning “Host Hospitality Events” for Friday Night which will only cost \$25 per person and you will be able to sign up for these beginning in September. We have also negotiated great hotel rates at all of the Meredith hotels and we will also have a few “Home Stay” opportunities for you to stay in the home of a local Rotarian, so plan on coming a day early.
9. Enjoy the antics of Sergeant at Arms Roger Louiselle, the comedy of the Milford Players, and the music of PDG Chris Parkinson.
10. Celebrate the fact that the Covid 19 Pandemic is nearing its’ end. We are requesting that everyone attending be vaccinated. We are also providing a Zoom option for those that still may feel uncomfortable about attending the Conference in person.

## Janice H. McElroy Scholarship Winners 2020-2021

Rotary District 7870 and the Henniker Rotary Club are pleased to announce the 2020-21 recipients of the Janice H. McElroy Scholarship. Jan was a Past District Governor of District 7870 and Past President of the Henniker Rotary Club. Prior to her death in 2012, she requested that any donations received in her memory be dedicated to establishing a scholarship fund for non-traditional students. Her wish was that the scholarship would be awarded to a person who has completed high school or earned a G.E.D. with a three-year gap between graduating from high school and seeking further studies.



The winners of a scholarship of \$2,500 are **Kylie Ann Cislak** and **Titilayo Adekunle-Adekoya**. **Kylie Ann Cislak** graduated from high school in 2014 and has been taking courses to earn her certification as a Licensed Nursing Assistant. She has been working at the Catholic Medical Center in the Cardiac Medical Unit and the Intensive care Unit since 2017. Kylie shared in her application that she is an advocate and lobbyist with The National Eating Disorder Association and The Eating Disorder Coalition. She has advocated on both state and federal levels, lobbying most recently before the COVID-19 pandemic in Washington, D.C. with The Eating Disorder Coalition.

Kylie stated in her application:

*Through my work, I have had the absolute pleasure and outstanding opportunity to work with my community while working alongside some of the most extraordinary nurses and physicians. I enjoy working with people in this field, especially since I feel like I can remain a light for these patients during very dark times. This has furthered my passion, intelligence, sympathy, and consideration for patient care.*

*When I look into my future, I envision so much. My goal is to become a critical care nurse, while returning back to school to receive my Bachelors in Nursing. I have found myself to be very interested in the situation overseas, specifically the Syrian Civil War. After obtaining my BSN, I would love to travel to the Middle East and work in camps taking in Syrian refugees. It has felt like a calling in my life, and I want to bring more light to the ongoing horrors occurring in that country.*

*After returning home from my mission trip, I want to continue my advocacy work with mental health awareness, eating disorder treatment, and refugee and migrant healthcare. I can't think of anything that I want more in life, than to care for and help people who are in need. I don't plan to just serve my community here in New Hampshire, but the entire world. From refugee camps in Jordan to the beautiful small towns in New Hampshire, I want to change lives.*



### **Titilayo Adekunle-Adekoya**

**Titilayo Adekunle-Adekoya** graduated from high school in 2009 and has taken courses to earn certification as a Licensed Practical Nurse. She has been working at the Genesis Health Care Ridgewood Center in Bedford as a Licensed Practical Nurse. In her application, Titilayo told the committee about her experience of buying clothes, shoes, and hair accessories and sending them to less privileged back in Nigeria. That inspired her to do more, and she has been sending shoes and clothing to 50 or more children in Nigeria.

In her application, Titilayo expressed the following:

*For the past five years that I have become a Licensed Practical Nurse, I have worked with several registered Nurses that have challenged me with a wealth of experience, and it has been a source of motivation for me to go back for my associate degree. Their wealth of experience, intervention, and evaluation has further helped me to give a professional care and empathy for my clients.*



*In the next five years, I see myself working as a Director of Nursing in a reputable nursing home. This RN program will equip me with skills and experience that I will need to take care and have a trusting relationship with my patients, family, and colleagues.*

*Both Kylie and Titilayo are enrolled at Rivier University for the Fall Semester.*

*The Janice H. McElroy Scholarship Committee expresses that it is fitting that Kylie Ann Cislak and Titilayo Adekunle-Adekoya have been chosen as the recipients of this scholarship for 2020-21. These women represent the non-traditional student with a goal of seeking a post-secondary education which Jan McElroy had in mind when she established the scholarship. They have demonstrated their giving hearts in an effort to make our world a better place.*

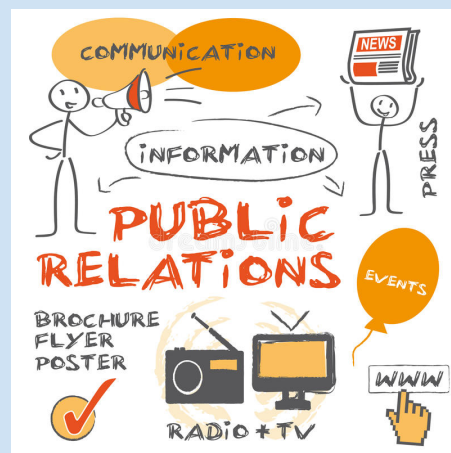
District 7870 expresses its thanks to the Henniker Rotary Club for managing the funds for the scholarship and to the members of the Janice H. McElroy Scholarship Committee for their efforts in establishing this scholarship. The members include Jim McElroy, Mary Krotzer, and Jay Burgess, Henniker Rotary Club; Peter Powers, Hopkinton Rotary Club; David Saturley, White River Junction Rotary Club; and Sandra McGonagle, Gilford Rotary Club.

## **Wanted: Public Image Committee Members**

### **Wanted: Public Image Committee Members**

The District's Public Image Committee is getting ready for the next Rotary year starting in July, 2021. Please contact [PrRotary7870@gmail.com](mailto:PrRotary7870@gmail.com) if you are interested in meeting once a month with other Rotarians around the district to raise visibility on all the awesome things Rotary does through:

- Social Media
- Website
- Newsletter
- TV/Radio
- YouTube
- And other ways to heighten Rotary awareness.



We look forward to hearing from you!

## Rotary Cares, Episode 36 - Passing the Gavel

In episode 36 of the award-winning, monthly show, Rotary Cares, Brattleboro Rotary Club past president Marty Cohn discusses “passing the gavel”, a time when a club president steps down with his guests Brattleboro Rotary Club Past President Milt Gilmore and Brattleboro Sunrise Club Past President Tristram Johnson. Directed by Brattleboro Sunrise Rotary Club past president Kevin Yager and produced by Brattleboro Community Television.



To watch the show, visit

<https://www.brattleborotv.org/rotary-cares/ep-36-milt-gilmore-and-tristram-johnson>

To listen to the podcast, visit

<https://soundcloud.com/user-402413535/rotary-cares-ep36-passing-the-gavel>

## Coffee with Ken! Rotary Rocks!

Hi District 7870 Rotary Clubs,

I'm inviting you to the new event Coffee with Ken! What is Coffee with Ken?

As you all know, many of our district events have been canceled due to COVID. As a result, we've been missing building connections to members at other clubs. A couple of months ago, I reached out to John Siemienowicz of the Milford Rotary Club and we did a virtual coffee over Zoom to catch up. John liked it so much that he suggested that we have this as a regular event and open to all of the clubs.

So as a result, we'll be starting the inaugural Coffee with Ken on February 5th at 8:30 am. We'll be scheduling this on every first Friday of the month at 8:30 am. This event is an informal open space with no agenda, and the goal is to create and cultivate personal connections between clubs.

Members of at least the following rotary clubs have indicated an interest so far:

- Milford
- Hollis Brookline
- Souhegan Valley
- White River Junction
- Queen City Rotary

Let me know if you're interested in attending, and what club you're from!

Time: First Fri of every month, 08:30 AM Eastern Time (US and Canada)

Jul 2, 2021 08:30 AM	Oct 1, 2021 08:30 AM	Jan 7, 2022 08:30 AM
Aug 6, 2021 08:30 AM	Nov 5, 2021 08:30 AM	
Sep 3, 2021 08:30 AM	Dec 3, 2021 08:30 AM	

Join Zoom Meeting

<https://us04web.zoom.us/j/78773960966?pwd=QkFlTTZkdDJyRzJIa3phTmhzam1kQT09>

Meeting ID: 787 7396 0966

Passcode: DuQ4J3

Thanks,

Ken Yie, Foundation Co-Chair, Queen City Rotary

## **Club News**

### **India COVID Situation Worsens: NH and VT Rotarians Step Up to the Plate**

With COVID-19 cases surging in India, and oxygen supplies a major concern, Rotary Clubs in New Hampshire and Southern Vermont are stepping up to the plate to help.

Rotary International District 7870 includes 58 Rotary clubs in New Hampshire and Southern Vermont totalling about 1900 members. In our effort to find the best way to help India, we considered many options to provide much needed oxygen concentrators to India. As a result of this search, we identified SEWA International as an organization to work with to address the dire situation in India. SEWA International, a worldwide organization that specializes in disaster relief efforts, already has a strong presence in India focused on Covid relief. Just like Rotary International, SEWA has a four-star rating from Charity Navigator.

On May 2nd, Rotary District Governor Steve Puderbaugh shared an email with all members of the Rotary District and encouraged them to donate to the cause on Sewa International's website at <http://www.sewausa.org>. To contribute, please use this website: <https://www.sewausa.org>. Their Tax ID: 20-0638718. Sewa International will match your donation.

Governor Puderbaugh stated "It is great that we can use the strengths of both organizations to respond quickly to a humanitarian crisis such as this. Sewa has the infrastructure in place to move

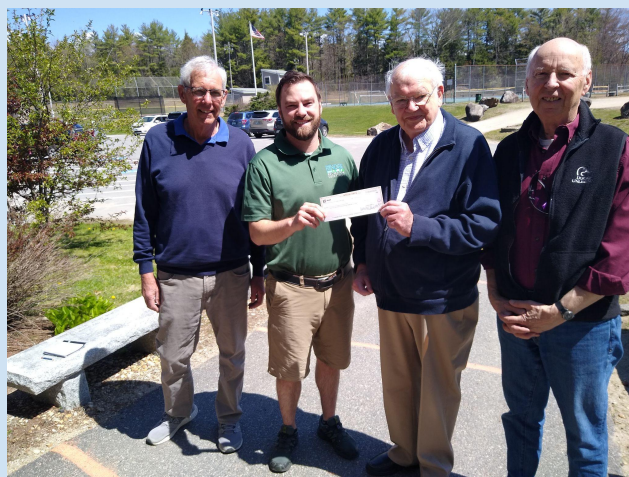
the much-needed oxygen units quickly and efficiently to India. Rotary has the network to support the project financially and to distribute the units to where they are most needed.”

Rotary International District 7870 and Sewa International have worked together in the past and pooled their resources to help Puerto Ricans after the Hurricane Maria disaster. Two trailers containing solar powered generators and water purification systems were supplied. After Puerto Rico, Sewa International used those two trailers containing solar powered generators and water purification systems in other disaster areas.

More recently, Sewa International contributed over \$2,300 to 7870’s district-wide Covid-19 Global Grant project here in New Hampshire. In response to Governor Puderbaugh’s recommendation, many of the clubs and several individuals have already responded with donations of several thousand dollars with more likely to come. For District Rotarians who would like to help, we recommend that you please donate to SEWA International. Sewa International will match your donation. If you make a donation, please let them know that you are donating as a Rotarian. In addition to matching your donation, it could also be helpful as we move forward and look for other opportunities for our two organizations to partner in the future.

## **Jaffrey-Rindge Rotary Donates to Rindge Recreation Summer Program**

The Rindge Recreation Department recently received a donation of near \$5000 from the Jaffrey-Rindge Rotary Club BEST Committee. Pictured transferring the scholarship funds for students to attend the Rindge Summer Day Camp program: from left to right, Peter Russell, Rindge Recreation Director and former Best Camp Director Dan Bemis, Harold Davis and Clay Hollister. The Best Committee stated that the funds retained from the highly successful BEST program for Middle School students from the Jaffrey-Rindge School District were establishing a scholarship program reflecting the objectives of the BEST endeavor. For 10 years, beginning in the summer of 2011, the Quality Unlimited Educational Training program (QUEST) provided a unique free summer camp experience with sponsorship between the School District, Franklin Pierce University and the two-town Rotary Club. Engaging volunteers as well as club members, the varied activities included academic, athletic, recreational and outdoor education critical to healthy fun for deserving local youth. The





scholarship program will allow K-8 students unable to afford a similar array of activity from both towns to enjoy the Rindge Summer Program. More information on the programs may be found at [www.rindge.recdesk.com](http://www.rindge.recdesk.com)

## Rotary Club of Nashua Holds First Ever Car Raffle

What a great evening at Nashua's Tulley Automotive on May 26 when the Rotary Club of Nashua held its first-ever car raffle, selling 1000 tickets. We appreciate the support from Rotarians near and far who purchased a ticket or tickets. Proceeds from our club's fundraisers enable us to support our community through grants to community organizations and scholarships for high school seniors and adult learners.



Thanks to FRANK-FM radio for broadcasting live this evening. The big winner of the evening was John Udalo, Jr.! Kudos to Rotarians and Board Members Patricia Conard and Christine Donlan and their committee members who planned this fundraiser.

We appreciate the support of our generous sponsors:

Earl Prolman	Tulley Automotive Group	Frank FM Radio
Barry & Honorow	Clark & Levy Benefits Solutions	St Joseph Hospital
Masi Plumbing and Heating	Chick Beaulieu Inc	Levesque Dentistry
Red Brick Clothing Company		



## Rotary Club of Nashua Commemorate 100 Years!

On May 19, Rotary Club of Nashua members and guests gathered at Martha's Exchange in Nashua for a fellowship commemorating 100 years of the Club's founding. Our weekly meeting today was held on the 100-year (plus 3 days!) anniversary of the Club's founding!

Stay tuned for details on our Centennial Gala to be held on Friday, October 15, at the Doubletree Hotel (former Crowne Plaza) in Nashua. We will be welcoming special guest and incoming Rotary international President Jennifer E. Jones.





## Concord Rotary Updates!

As the Rotary Club of Concord inches toward the Changing of the Gavel, June 29th, we are still Zoom Meeting until July when the goal is to go LIVE!



In the meantime, we continued our Flags Across Concord, initiated by President - Elect Pieter Hollenberg. Fifty more flags were ordered and the citizenry responded!

At least 20 flags adorn South Street from the Bow Town Line to Flanagan's! And there are more around different neighborhoods in the west end, south end and east end!

Other news has the Concord Club handing out the last of the Zoom 4-Way Speech Test checks to the winners! Two students from Trinity Baptist receive theirs with smiling faces, as they pose next to Committee Chair, Lucy Morris and President-Elect Pieter Hollenberg!



## Goffstown Rotary Club Hosted 8th Annual Car Show

The small, but mighty Rotary Club of Goffstown hosted its 8<sup>th</sup> Annual Car Show on June 5<sup>th</sup>. With sunny, hot weather, we greeted the most cars, the most guests, the most food booths, and the most sponsors we've ever had. We had help from Bow Rotarian Bob Dawkins (thank you, Bob!), friends of Rotarians, spouses of Rotarians, one father of a Rotarian, and sons of Rotarians --- it was a family affair from start to finish!

Trophies were given out in 15 classes, and 3 lucky drivers took home plaques for Kids' Choice, People's Choice, and VIP Sponsors' Choice. One trophy winner allowed as how he'd been to "hundreds of shows" with his car and his dad without ever taking home a prize. Brought his young son for the first time, and wham, wins 1<sup>st</sup> place in his class. His son proudly posed with the trophy which is almost as big as he is.

Over and over we heard people tell us they'll be back --- including a Rotarian from Newburyport, MA who wore her sparkly Corvette lover t-shirt adorned with Rotary pins.

After a year of limited fundraising opportunities, we were happy to come away with the funds we need to maintain our park and give out grants to local non-profits. Life is good.

## 56th Annual Milford Rotary Swim Meet ~ The Tradition Continues!



The Milford Rotary Club is very pleased to announce that the 56th Annual Milford Rotary Swim Meet will be held in-person this year on July 24th and 25th at the Keyes Memorial Park, 45 Elm Street, Milford NH!

Last year the Milford Rotary Swim Meet tradition was “kept alive” by holding a “virtual” meet in which five teams swam at their team pools, race times were combined, and winners announced. We are very grateful to the Milford Keyes, Jasper Valley, YMCA

of Greater Nashua, Nashua Country Club, and Agiochook Aquatics swim teams for helping us keep this tradition going during the height of the pandemic!

In addition to the host team from Milford’s Keyes Pool, around seventeen teams from across New Hampshire and northern Massachusetts are invited to attend this year’s meet. We expect 400+ young athletes to participate. Once again they all will be trying to better their individual performances and score points for their teams as they compete in one or more of the 86 individual and relay events. Many of these athletes are second and third generation participants! For some of the summer league swimmers the Rotary meet is the biggest swim meet they attend each year. And unlike other competitive swim meets, no individual or team entry fees are charged to participate in this invitational event.

Milford Rotarians will be working on-deck and in the field passing out ribbons, timing races, flipping burgers, chopping onions, selling commemorative tee-shirts, parking cars, cheering on the athletes, fielding a swim team for the Coaches Relay Race and so much more. This definitely is not a “Rotary in name only” event. But Rotarians don’t do this alone - community spirit and volunteerism carry the day or in this case the two days. Hallmarks of this event have always been cooperation and collaboration along with a great deal of community support and participation.

Collaboration with the Town of Milford, the Milford Recreation Commission, the Granite State Swimming Association (GSSA), the Milford Keyes Swim Team family and the visiting teams has been essential to the success and longevity of the meet. From the “Welcome Rotary Swimmers” signs posted by local businesses to the many community volunteers who share their time, all of it comes together to ensure that the athletes, the spectators, and the volunteers all have a fun and enjoyable experience at the annual Milford Rotary Swim Meet.

As Coach John DeCaprio from the Concord YMCA has said on more than one occasion, “This is a great swim meet! It is extremely well organized and my team loves to come each year!” The



tremendous poolside work is managed by a group of dedicated GSSA and Keyes Swim Team volunteers led by Jim Rezzarday of Brookline, and Becky Anderson and Pat Whalen of Milford. Incidentally, Mr. Rezzarday has been volunteering at the Rotary meet as a team coach and then as meet director for well over thirty years.

The Milford Rotary Club's support of local swimming initiatives dates back to 1963 when club members championed community efforts to get a new pool built in Milford. To celebrate the opening of the new pool in 1966, Milford Rotarians, lead by the late John Bilodeau, organized a statewide swim meet that hosted 5 teams and over 150 athletes, and included events like walk-the-plank and a tug-of-war between Rotarians and the Milford Selectmen. Research indicates that the Milford Rotary Swim Meet is the oldest continuously operated Rotary sponsored swim meet in the country and quite possibly the world! For Milford Rotarians, the annual swim meet is a fun community service project that reflects the club's dedication to supporting positive youth activities.

If you are in the Milford area or have some free time on July 24th or 25th, come join the Fun!!





Photo Captions: Welcome signs all over town Jim Rezzarday working his magic in a very special Director's Vest Julie Whitcomb handing out ribbons to delighted athletes Bill Andrews timing races Steve Desmarais and Allise de Smet cutting up onions and peppers

It all adds up to a whole lot of Fun!

## Keene Elm City Rotary Brings Sneakers to 2nd Graders

This month, the Keene Elm City Rotary club delivered more than 600 pairs of New Balance sneakers to second graders at 27 schools in the Monadnock region as part of our Follow ME (Move Everyday) Sneakers project. In addition, we brought frisbees and jump ropes for more than 630 third graders we were unable to visit last year due to pandemic-related school closures and gifted each school with a set of double dutch ropes!

The Follow ME Sneakers project was developed to encourage kids and families in our region to be physically active. During our school visits, we taught students the "Follow ME" dance, choreographed by Kristen Leach of the New Hampshire Dance Institute, and then we all danced along to the Follow ME song (written and performed by Peter Siegel, music teacher at Symonds School) and video.

This is one of our signature projects and requires many volunteers along with support from school nurses and teachers in collecting shoe sizes and helping fit all of the kids. We were thrilled to be back in the schools, and thank everyone for their contributions in making this year's month-long project a huge success.

If you'd like to join in on the fun, you can view the Follow ME video at <https://www.youtube.com/watch?v=jmYrysZmk7Y>.





## Nashua Club Announces **WINNER** of Brand New BMW X3

And the winner is: **John Udaloy, Jr. of Canterbury, NH.** Rotary Club of Nashua is pleased to announce the **WINNER** of a brand new BMW X3 in their newest fund-raising venture as part of our Century of Service Celebration. Teaming up with Tulley BMW of Nashua, the Club raffled the car to increase funding for scholarships and community grants which the club awards annually in the city.

1000 tickets were sold at \$100 each, with the grand prize winner awarded a new BMW X3 from Tulley BMW or their choice of \$35,000 cash (the winner is still deciding between the two prize options). Three additional prizes of \$500 each were awarded to early bird buyers.

The grand prize drawing took place at Tulley BMW of Nashua on May 26th, where the dealership hosted a party for approximately 100 ticket holders and friends. The fundraiser was such a success that plans are already underway for the 2022 BMW car raffle. Tickets will go on sale in October with a March grand prize drawing date. Thanks to Rotarians that purchased a ticket.



Included in picture (left to right)

Bryan Tulley, Owner at Tulley Automotive Group

John Udaloy, Jr., Winner of Rotary Club of Nashua's 2021 Car Raffle

Patricia Conard, Rotarian/Co-Chair of car raffle committee

Jay Van Sciver, General Manager at Tulley BMW



Included in second picture

Bill Barry, President of the Rotary Club of Nashua. In picture he is introducing Sneha Prakash who drew the winning ball from the tumbler. Sneha is a Nashua South High School senior and the recipient of the Club's Arsenault/Faucher Memorial Scholarship this year.

## **International**

### **Where Are They Now?**

This month, we feature Dr. Elsa Huart of Belgium. Elsa spent an exchange year here in 2014-2015 hosted by the Rotary Club of Bethel, VT. She fondly recalls her time here in Vermont, District 7870 and the relationships that continue today. In Elsa's words:

Since I came back from exchange, a lot has changed.

I started medical school, which is 6 years here in Belgium. I had such a big break during my exchange year, that I didn't have any excuse not to work hard and give it my all. And it worked, I passed every year magna cum laude and will graduate this year. After these six years, you have to apply for a residency and I chose to apply for Gynecology-Obstetrics, following my mom who is also an OB-GYN. This is an additional five year process.

I also traveled a lot. In med school, if you pass all your exams, you get 2 months of summer, and if you don't pass everything, you don't really have a break for summer. So that was a motivation to work even more, and I got to travel a lot during these summers. I went to Singapor, Malaysia, Indonesia, Borneo, Portugal, Sicily, Thailand, Cambodia, China, Martinique, Finland,... It was such a blast. And of course, a year after my exchange, I came back to South Royalton, Vermont! How did my exchange year affect me? The answer would be much shorter if I was asked the ways that it did NOT affect me. My exchange year affected me in EVERY way possible. There isn't a day where I don't think of this year of my life or where I don't have English words rushing through my mind, without being able to find the word in my maternal language (French!).

As much as it is so exciting to build a future and finish studies and start working and everything, I still would give anything to re-live my exchange year. I would recommend the Rotary Experience to anyone over anything. I will never be able to thank enough all the people who made it possible. It opened my mind on so many things, and I think there is nothing like being included inside a family, a school, a community to live the full experience of an exchange student.

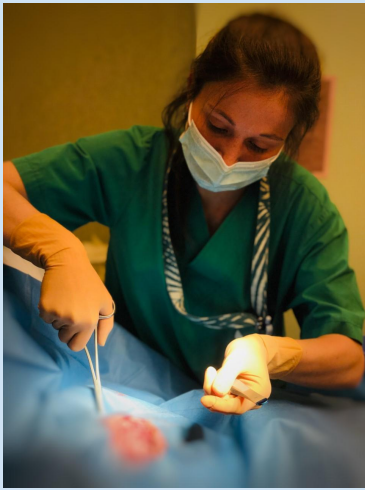
I discovered softball in the USA, and found myself pretty good at it! It is not at all a popular sport in Belgium, but I found a club anyway and played for a year when I came back! Unfortunately, I had to stop because of med school.

My room is still covered with pictures of Vermont, pictures of our travels, and although it's been six years, it's still really hard to even think about redecorating.



I have traveled to Germany and France to visit friends from my exchange, and another has visited me from Brazil. It never ends!

Once a Royal, always a Royal <3



## **Fundraisers**

### **Capital City's Fall Staycation Raffle - Entries Close Sep. 6, 2021**

For a \$25 ticket, win a fall foliage stay for two nights and tickets on the steam powered Mt. Washington Cog Railway <https://rafflecreator.com/.../foliage-weekend-staycation> Nights of October 2 & 3, 2021 at the 4-star Omni Mount Washington Bretton Arms in Bretton Woods

- Two day stay for two persons, in a luxurious room with two queen-size beds and a nicely appointed seating area
- \$250 for meals and incidentals
- Two front-row seat tickets on the Mount Washington Cog Steam Locomotive Railway for Saturday, October 3rd
- Magnificent Mount Washington autumn foliage scenery

All proceeds will benefit the charities of the Capital City Sunrise Rotary Club, Concord, NH and its international service projects.

Only 300 tickets to be sold @ \$25 per ticket

<https://rafflecreator.com/.../foliage-weekend-staycation>



## 27th Annual 100 Holes of Golf Tournament - Friday, June 18, 2021



On June 18<sup>th</sup> the Milford Rotary Club will welcome approximately 70 golfers to play 100 holes of uninterrupted golf in one day – all in the name of helping others in the community! Proceeds from the 100 Holes of Golf Tournament are raised through the sale of Raffle Tickets and Sponsorships. Due to COVID 19 the committee has decided that ticket sales will be done online once again this year.

In just the past two decades, the Milford Rotary Club has donated well over \$1,200,000.00 in charitable grants and scholarships. Over two-thirds of that sum has been raised by the 100 Holes of Golf Tournament.

If you would like to purchase a ticket to support our tournament you may do so in our [online shop](#). Business coupons will be mailed to all who request them.

- Raffle tickets are just \$20 each, with cash prizes totaling \$12,500!
- Attendance at the tournament is not required to win.
- Raffle tickets also include valuable coupons from local businesses including: \$20 Giorgio's Ristorante coupon, A Free Drink at Aroma Joe's, 10% off at Papa Joe's Humble Kitchen, valuable discounts at Contemporary Automotive & The Copy Shop and \$10 off an oil change at Valvoline.

The Milford Rotary Club, founded in 1950, is a not-for-profit service club that promotes fellowship, world peace and supports the local community. **For more information about playing in the event, please visit [www.Golf100Holes.com](http://www.Golf100Holes.com) or contact Committee Chair, Doug Knott, at [doug@knottslandcare.com](mailto:doug@knottslandcare.com) or 603-689-5030.**



## Laconia Rotary 29th Annual Charity Motorcycle Raffle Underway

Wouldn't it be nice to cruise the roads of New England this summer on a brand new Harley? And what if your sweet new ride was all because you supported local charities like the Lakes Region Scholarship Foundation?

It's not just nice... it's possible!

Laconia Rotary Club is excited to announce the kick-off its 29th Annual Charity Raffle and the chance to win a 2021 Harley-Davidson Street Glide. The billiard red FLHX bike is valued at \$23,752. Supporting this annual fundraiser is priceless! And, it is easier than ever. The \$20 ticket can be purchased early and often online starting today. **Only 3,000 tickets will be sold.**



Visit [laconiarotary.org](https://laconiarotary.org) to purchase tickets and view the Harley. Tickets can also be purchased by contacting a Club Member. Not a rider? You can purchase tickets on behalf of friends and family members who would love a new bike!

Laconia Rotary is deeply grateful to the local community, and recognizes the generosity received by this fundraiser over the years. Many Motorcycle enthusiasts riding into town for Laconia Motorcycle Week, purchase the "lucky ticket", have also supported the plethora of charities the Club is able to honor.

Traditionally, the Harley-Davidson to be raffled is available in the Fall prior to the next year's Motorcycle Week, allowing Club Members nine months to sell tickets. Due to the pandemic, the 2021 models were not made available until this February, shortening the window of opportunity for sales. The Club remains optimistic that Online ticket sales will be successful. Past experience suggests that many people look forward to purchasing tickets while supporting local organizations at the same time.

Laconia Rotary President John Moriarty shares, "By necessity, we are refining and streamlining how we promote and sell the tickets in 2021. In the end, it's not about the bike. It's about the thousands of people whose lives will be improved by the great work of the organizations we can support. Through fundraising efforts like the motorcycle raffle, Laconia Rotary has donated more than one million dollars to this end."

**This year's raffle ticket will be drawn on the final Sunday of Laconia Motorcycle Week at 4 PM.** Winners need not be present to win. For full details about the bike as well as terms and conditions of ticket purchase, please visit [laconiarotary.org](https://laconiarotary.org). Special gratitude is extended to this year's raffle sponsors: Bank of New Hampshire, Laconia Harley-Davidson and Watermark Marine.



# Brattleboro Rotary Club - 46th Annual Charity Golf Tournament - August 26, 2021

Save the Date!

**Thursday, August 26th, 2021**

The Brattleboro Rotary Club's

## ***46<sup>th</sup> Annual Charity Golf Tournament***

Thank you for your past support.  
We hope you will be able to join us this year!

For more information, contact Gina Pattison at 802-257-8314  
or [gpattison@bmhvt.org](mailto:gpattison@bmhvt.org). Or visit us online at [www.BrattleboroRotaryClub.org](http://www.BrattleboroRotaryClub.org).

## Poultney Rotary Golf Tournament - June 19, 2021

Poultney Rotary welcomes all District 7870 golfers to a day of golf in our Jim Thieser Memorial Tournament. Join us **Saturday, June 19** at the Milestone Golf Club in Hampton, NY. The format is a four person scramble and a Rotary team needs to include two (2) Rotarians from the same club to vie for the Rotary Team Trophy. There are additional cash awards for the top three placing teams, as well as, a 50/50 Raffle and other awards. Tee off time is 9 am and pre-registration will be available via our website or by contacting Bob Isherwood at 802-287-0900. The cost is \$ 65 per player and this will include a tasty lunch following golf.

If you are unable to attend but wish to support our fundraising efforts please consider a hole sponsorship for your club, business or as an individual. Hole sponsorship rate is \$100 per hole.



Right photo: Your Club can win the trophy for a year!



Left photo: Hole Sponsorship supports our fundraising.



## Bedford Rotary Club - Trails to Ales - August 19, 2021

### 4th Annual Trails to Ales

Bedford Rotary will be hosting its 4<sup>th</sup> annual 2K/5K Trails to Ales event August 19<sup>th</sup> Thursday evening from 6-8 PM at Legacy Park, Bedford. Trails to Ales is a trail race over cross country ski trails within Legacy Park woods. Runners and walkers elect to go to either 2K or the 5K when they reach the “fork in the road”. Everyone is treated to drinks and grilled burger and corn hole games. Adults can indulge in the craft beer and wine tasting as well. All ages are invited! CDC and NH state guidelines respected. Some 400-500 participants are expected. Register at [BedfordRotaryTrailstoAles.com](http://BedfordRotaryTrailstoAles.com)

# LEGACY PARK | AUG 19, 2021

**ROTARY**  
*Trails*



**Rotary**  
Club of Bedford

4th Annual Trails to Ales 2k & 5k

For details & registration visit:

**[ROTARYTRAILS2ALES.COM](http://ROTARYTRAILS2ALES.COM)**

## Manchester Rotary Club's Cruising Downtown Returns for 20th Anniversary - September 4, 2021

With all of the uncertainties brought about by the pandemic, the 20<sup>th</sup> anniversary of the Manchester Rotary Club's Cruising Downtown event had to be cancelled last year. This momentous occasion will be celebrated this year on **Saturday, September 4 from 10 a.m.-4 p.m.** when Cruising returns. This classic car show—a Labor Day weekend tradition—is one of the biggest such events in New England. Cruising is promising to be more exciting than ever in 2021. It will occupy much of Manchester, New Hampshire's central business district along Elm Street and adjacent side streets, and in Veterans Memorial Park. The show will feature around 1,000 classic, antique, hot rod, and specialty cars, trucks, and motorcycles. It will also include live entertainment, food and other vendors, and awards presentations. Ample parking will be available nearby, and visitors can take advantage of Downtown Manchester's dining and shopping amenities.

Cruising is expected to attract over 30,000 people, young and old, for a fun, family-friendly day. There will be a \$5 suggested donation for adult attendees, and the Club is aiming to have all of the upfront expenses paid through corporate donations. This is the Club's major fundraiser, and all of the net receipts will be distributed to local youth programs.

Vehicle registration is \$20 online until August 23, and you can also register in person the day of the event for \$25. To register now, and for event details and updates: <https://cruisingdowntownmanchester.com/>. The Club is looking for volunteers to help on the day of the show. If you are interested in working with fellow Rotarians on this really enjoyable event, please contact Brad Fournier at [ronstoyshop@aol.com](mailto:ronstoyshop@aol.com) or Jeanine Tousignant at [jeanine@jeanineandcompany.com](mailto:jeanine@jeanineandcompany.com).



Caption Left: 20<sup>th</sup> Anniversary Cruising Downtown logo

Caption Right: Leslie Beitel joined the Manchester Rotary Club at its lunch meeting on Monday, April 26 at the Stark Brewery Company in Manchester. President David Crespo warmly welcomed

Leslie, who is a Sales Officer at the Bangor Savings Bank branch in Manchester. This venue in the Amoskeag Millyard is now home to the Club's lunch meetings and evening socials.



## Calendars

### District 7870 Calendar

So much going on within the clubs in the district! Be sure to regular check this District Calendar of Events: <http://rotary7870.org/events/calendar>

Do you have an entry for the District online calendar? Please email your entry to: [prrotary7870@gmail.com](mailto:prrotary7870@gmail.com).

### Months of the Rotary Year

Many months of the year are designated by Rotary International for special significance. Here are the ones for this Rotary year:

**August 2020** Membership and New Club Development Month

**September 2020** Basic Education and Literacy Month

**October 2020** Economic and Community Development Month

- 5-11 October — Rotary Alumni Reconnect Week
- 24 October — World Polio Day

**November 2020** Rotary Foundation Month

- 2-8 October — World Interact Week

**December 2020** Disease Prevention and Treatment Month

- 15 December — Last day for early registration discount for the 2021 Rotary Convention

**January 2021** Vocational Service Month

**February 2021** Peace and Conflict Prevention/Resolution Month

- 7-11 February — International Assembly, Orlando, Florida
- 23 February — Rotary's anniversary

**March 2021** Water and Sanitation Month

- 8-14 March — World Rotaract Week
- 31 March — Preregistration discount ends for the Rotary International Convention

**April 2021** Maternal and Child Health Month

- 30 April — Rotary International Convention registrations and ticket cancellations are due

**May 2021** Youth Service Month

**June 2021** Rotary Fellowships Month

- 12-16 June — Rotary International Convention

## **Miscellaneous**

### **Have Something You'd Like to Share with the Entire District?**

Updates and short (1 page) articles, along with images **(Word and JPEGs only. NO PDFs please)** may be submitted to Martin Cohn and Maureen Mooney at [prrotary7870@gmail.com](mailto:prrotary7870@gmail.com) to be included in the Monthly Newsletter. The District Newsletter is a means of communicating with other clubs in our district: items of interest, upcoming events, fundraisers or opportunities for service. **Deadline for next Newsletter Submissions: July 15th, 2021 at 9:00 AM.**

### **Website and Social Media**

Be sure to check (and share) the Rotary District 7870 **website** at: [www.rotary7870.org](http://www.rotary7870.org).

Be sure to join (and share) the Rotary District 7870 **Facebook page** here:

