



THE INSPIRATION



Rotary District 7870



April 2022

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**John Siemienowicz
District Governor**

www.rotary7870.org

**Rotarian Editors
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Rotary Theme of the Month: Maternal and Child Health Month

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Greetings From Your District Governor John Siemienowicz

Hello Friends & District Rotarians,

In this Rotary International month of Maternal & Child Health I had many avenues to consider. The one that happened to me this morning while on my almost daily WhatsApp calls to Poland was about the Ukrainian women in Bolastok Poland being assisted my friends from the RC of Bolastok. These Ukrainian women are days, if not hours, away from giving birth to a new generation. Two haunting take-aways. First is that these Ukrainian families didn't have the time or opportunity to enjoy being given a Baby shower and appreciating the gifts and the love and support of their actual families and friends. However, our Polish counterparts are doing their best to be the substitutes providing that support. The second item is that these women have fled Ukraine with only mostly winter apparel, if any spare clothing at all, and now it is turning into spring with temperatures in Poland reaching 16°C to 17°C (low 60's°F). They are truly relying on the kindness of strangers in every way.

That really made me think about the life and opportunities that we have here in Rotary District 7870. I have two very good friends who have created a non-profit that is an ideal model of my interpretation of Rotary's vision of Maternal and Child Health. They created a community outreach group where people feel supported and all children have a chance to reach their potential to be good community members and thrive. Where parenting support is provided. Where young families are helped with being provided what they need to care for themselves and their newborns. Where health and a clean and nurturing environment exists and is encouraged. Am I dreaming, or is this achievable on a global platform? Probably not, but just think about what each of us can do to direct our thoughts and possible purpose in that direction. If you have a chance checkout www.milfordthrives.org. A special thank you to my friends Joelle and Nancy who are working to fulfill the dream that this is possible and will have long lasting impact.



Be Well,
JB

Southern NH-VT Rotary District Releases \$114,000 for Ukrainian Relief Assistance

“I can no longer sit silent while the people of Ukraine suffer such inhuman devastation from this unprovoked violence.” With these words, John Bob Siemienowicz asked members of District 7870, covering Rotary clubs in Southern NH and Southern VT, of Rotary International to “band together to offer humanitarian aid to alleviate the grief and suffering that the people of Ukraine are experiencing”.

Based on the response to this call for Ukrainian aid, 65% of the district’s club have already responded, producing over \$114,000 in donations and contributions to the District 7870 Foundation. According to Siemienowicz, all of this amount will be distributed to selected Ukrainian and Polish organizations. In addition, some of the Clubs and members of the district have made contributions to the Rotary International Disaster Response Fund and to other organizations working on Ukrainian relief projects.

Donors to the District 7870 Foundation have included individuals (both Rotarians and non-Rotarians), community church groups, and others, as well as Rotary Clubs both in the District and outside of our district.

Thus far, district 7870 has been involved in many specific activities for Ukrainian relief, among them being:

- Medical equipment purchased through the Lublin, Poland Rotary (RC) club
- \$45,000 for field hospital x-ray and operating room equipment plus medicines
- \$12,000 for Hospice for treatment of Ukrainian children with cancer
- \$18,000 through the Zamosc, Poland RC for refugee housing and humanitarian aid
- Monies for the purchase of 40 laptops to help manage the Education needs of children refugees with Bialystok RC.

Other activities the district has been involved with include medical supplies for Kiyv, food for Odessa, and the care of refugees in Czestochowa, Poland. Siemienowicz indicated that “more projects are in the works, and are being vetted through our teams of Rotarians in Poland to make sure the best results for the money are being pursued”.

Virtually all Rotary districts in the United States are also participating in aid to the Ukraine. District 7870 took advantage of challenging the Puta Gorda Rotary Club of Florida to a \$5,000 match for humanitarian aid going to Czestochowa RC, and Puta Gorda raised well over the \$5,000 required.

Siemienowicz noted that District 7870 has teamed up with Rotary Clubs (RC) in Poland including Rotary Czestochowa, Lublin Centrum Rotary, RC Zamosc Ordynacki, Bialystok RC and RC Zamosc. These clubs have the best knowledge of the immediate needs in the Ukraine and the most effective way to addressing them.

Assistance is also coming to Poland from the many Rotary Clubs in 13 European nations.

Examples of how local Rotarians addressed the fund-raising effort are numerous and display the unique approaches involved. For example:

- The Woodstock Rotary, after deciding to donate from its funds, had one of its members, a photographer, raffle off a picture of the sunflower, the national flower of the Ukraine
- Laconia setup a “Tips for Ukraine” jar at its recent pancake breakfast event
- Ludlow, joining with the United Church of Ludlow, sponsored a lasagna dinner, raising over \$20,000; the local elementary school is also selling sunflower seeds
- Windsor will be holding a Bingo event to raise funds

In summarizing the progress made thus far, Siemienowicz said, “The call to action by everyone involved in this humanitarian effort is something that highlights our Rotarian theme, ‘Serve to Change Lives’, and makes you proud to be a member of this great organization”.



Photograph recently taken by Milford Rotarians Sheila and David Sturm in Europe

District News

District Public Image Committee - “Tip of the Month”



Canva.com can help your club with logos and designs to enhance your web/Facebook pages. Check it out!

Canva: <https://www.canva.com/create/logos/>



District Changing of the Gavel - Save the Date June 27, 2022

Wallingford Memorial Rotary Club, on behalf of District Governor John Bob Siemienowicz, is honored to host the sixty-fifth annual District Changing of the Gavel **on June 27, 2022, at 5:00PM**. This year our District Changing of the Gavel will be a hybrid meeting. Wallingford RC will be offering the traditional Paul Harris Ham dinner for those who attend in-person for \$25. The event is free for those attending on Zoom.



You can register for “in-person” or “Zoom” on the District Website. Look on the left hand side of the District Website for “Upcoming District Events” and click on “District 7870 Changing of the Gavel” to register.

The Changing of the Gavel party gives all Incoming Presidents a chance to start their Rotary year with Incoming District Governor Randell Barclay, and an opportunity to thank and congratulate Outgoing District Governor John Bob Siemienowicz for all that he has accomplished for the District over the past year. Please register by June 20, 2022.

So please join us on for the celebration either in-person at the Little Red School House in Wallingford, VT or on Zoom.

District Assembly - Note Change of Location!

The District 7870 Training Team is pleased to announce that registration for our District Training Assembly on Saturday April 30th is now open. Registration is required to attend but there are no fees.

The District Training Assembly will be in-person and take now place at the Courtyard by Marriott conference facilities in Lebanon, NH. NOTE NEW LOCATION

You can register for the Assembly below (Note Presidents-Elect will receive a separate link for their President-Elect Training Seminar “PETS”).

<https://www.crsadmin.com/EventPortal/Registrations/PublicFill/EventPublicFill.aspx?evtid=f14ab78f-e8c0-44c3-a442-1acfd118ed7d>

We encourage all District Rotarians to attend the Assembly. We have arranged two sets of breakout sessions in the morning covering a range of topics useful for both new and experienced members. We will have sessions for club officers and committee members. Club Youth Exchange Officers are encouraged to attend to learn about the post-pandemic program. After lunch we will vote on District Business. There will be an awards ceremony and we will finish with the finals of our Districts 4-way test competition. The program will finish at 3PM.

Note: For lunch catering purposes, there is a registration cutoff of April 22, 2022 at Noon.

Sample program

Time	Activity
09:00AM	Pick up registration materials - Socialize
09:30AM	Greeting by DG, DGE and other guests
10:00AM	Session 1 - Breakout
10:45AM	Socialize
11:00AM	Session 2 - Breakout
11:45AM	Lunch
12:45PM	Amigos de Honduras Update
01:00PM	Finals 4-Way Speech Contest

01:30PM	Diversity, Equity and Inclusion
01:45PM	Financial Report
02:00PM	Awards & Recognitions

Let us know if you have any questions.

The District Training Team
Gary Dehnel, AG & District Trainer

Janice H. McElroy - Scholarship

Jan was born and raised in the wheat and cattle country of Kansas and later lived in Denver. She majored in Chemistry at Colorado College before going to the University of Cologne, Germany as a Fulbright Scholar in Biochemistry. Jan taught science in Baltimore and earned her masters at Johns Hopkins. She served as chair of the science department at the Bishop's School in La Jolla, California, before she completed her Ph.D. in Human Behavior.

Jan, her husband Jim, and their two children moved to New Jersey and later Pennsylvania, where she became very involved in the American Association of University Women serving four years as State President of AAUW and four years on AAUW's national Board of Directors. In 1988 she accepted a gubernatorial appointment as Executive Director of the Pennsylvania Commission for Women. Her proudest accomplishment in that role was the creation of the Leadership Development Institute for Women in State Government and achieved the transition of the Institute to the next administration. In 1998, she ran unsuccessfully for Congress in the PA 15th



In 1999, she moved to Henniker to be the Assistant to the President and Director of Planning at New England College. In 2005, she joined the development staff at Colby-Sawyer College as their Grants Manager until her retirement in 2009.

Jan McElroy's Rotary Legacy

Jan joined the Henniker Rotary Club in 2000 and served as its President in 2004—05, receiving the Presidential Citation for the club. She received the Rotarian of the Year Award in 2008. Jan served 3 years as an Assistant Governor, as District Rotary Foundation Chair and as Secretary of the District 7870 Foundation. She is a multiple Paul Harris Fellow and was a member of the Rotary Leadership

Institute Faculty. Her travels took her throughout Europe, Japan, China, Ghana and all fifty United States. During her year as District Governor 2011-2012, Hurricane Irene devastated southern Vermont. Representing District 7870, Jan partnered with Marilyn Bedell, her counterpart in Vermont's District 7850, to submit a matching grant to *The Rotary Foundation* to help with Vermont's long-term recovery. They secured pledges from individuals and 114 Rotary Clubs around the world and ultimately received an RI grant of \$412,000 –the largest RI grant ever awarded for a US project. Jan was invited to present at the International Rotary Conference, but had been recently diagnosed with cancer and was unable to attend. Still, she narrated a multi-media presentation which was shown at the conference.

After a valiant struggle, Jan died in the winter of 2014. Prior to her death, she decided what she would like her legacy in Rotary to be. She asked that a fund be set up to award scholarship assistance to non-traditional students that was open to eligible youth 21 and over from throughout the district to attend post-secondary education in a 2 or 4 year program.

District 7870 is proud to honor Janice's service to Rotary, the district and the world with the announcement of the Janice H. McElroy Scholarship for Non-Traditional Students.

Eligibility

This scholarship fund is to be used to support the college education of non-traditional students from Rotary District 7870. Applicants must be 21 years of age or older and must have completed high school or have earned a G.E.D. There must be at least a three-year gap between graduating from high school and full time college attendance or a record of part-time college for three years after graduating from high school.

Scholarship recipients earning a B average or better may apply for a subsequent year of support, allowing the possibility for support to continue until the supported course of study is completed. The scholarship can be used for expenses at a four- year or a two- year college, or for another type of accredited institution.

A committee consisting of representatives from District 7870 will determine the Scholarship recipient each year. The scholarship award will be at least \$1,000 and will be presented at a District Rotary meeting.

The application can be downloaded from the District website, in the left column entitled:

“Application for Jan McElroy Scholarship” (due date May 15, 2022):

https://drive.google.com/file/d/1ggoRLtmIIG594aECDt_pAgOIpVjAlJtm/view?usp=sharing

Recognition with a Little Red School House Brick

Something every Rotary club should do on a regular basis, especially at this time of the year. It is time to recognize the successful completion of your club president's year or the long-time efforts of a great member.

What better way to recognize a person than creating an engraved brick or paver in the Rotary Wheel in the Paul Harris Memorial Garden at the Little Red Schoolhouse in Wallingford, VT.



Created in 2010 to help provide the funds to support the operation and maintenance of the Little Red Schoolhouse in Wallingford, VT, this 20' diameter Rotary wheel currently has over 319 engraved bricks (red) and pavers (white) installed.



Donations have been received from Rotarians, clubs, Zones, and Districts from around the world.

You or your club can easily purchase a red brick for \$200 or a white paver for \$300. In addition, there are still 18 gear teeth available for \$1,500 each.

New bricks and pavers are ordered in late May each year and installed in June prior to the Changing of the Gavel Dinner.

We are also offering a presentation certificate in a folder for an additional \$15. Be sure to give us at least 2 weeks to produce and mail a certificate

The cutoff for orders this year will be May 25. If you want to place an order you can access our brochure by clicking "Little Red Schoolhouse Brochure" under "Documents" on the left side of the home page at www.Rotary7870.org.

You can also order online with a credit card by going to www.Rotary7870.org and click on the EVENT "**Purchase a Brick or Paver for the Little Red Schoolhouse**"

If you have any questions, please email me at Rotary.Randell@gmail.com

Randell Barclay, District Governor-Elect
Wallingford Memorial Rotary Club

Coffee with Ken! Rotary Rocks!

Hi District 7870 Rotary Clubs: I'm inviting you to Coffee with Ken!

What is Coffee with Ken?

Many of our district events have been canceled due to COVID. As a result, we've been missing building connections to members at other clubs. In January 2021, I reached out to John Siemienowicz of the Milford Rotary Club and we did a virtual coffee over ZOOM to catch up. John liked it so much that he suggested that we have this as a regular event and open to all of the clubs. So, as a result, we started Coffee with Ken. We meet on the first Friday of the month at 8:30 am. This event is an informal open space with no agenda, and the goal is to create and cultivate personal connections between clubs.

• May 6, 2022 08:30 AM • June 3, 2022 08:30 AM • July 1, 2022 08:30 AM

Join Zoom Meeting

<https://us04web.zoom.us/j/78773960966?pwd=QkFlTTZkdDJyRzJIa3phTmhzam1kQT09>

Meeting ID: 787 7396 0966

Passcode: DuQ4J3

Thanks, Ken Yie, Foundation Co-Chair, Queen City Rotary

Club News

Amigos De Honduras Update and Request for Funds

To: Club Presidents, Secretaries, and all Club Members

From: Chris Parkinson, PDG & Chair of Amigos De Honduras

I have been a part of the Amigos De Honduras program for the past twenty-one years. We take great pride in the fact that over that time numerous teams of Rotarians from 31 of our clubs, as well as many friends of Rotarians, have constructed 8 schools, expanded 5 schools, converted 2 buildings into schools, painted and repaired 18 schools, and have worked on a youth center. We have also repaired hospitals and constructed a Dental Clinic. Over that period, we have had 29 mission trips, and our medical and dental missions have served almost 30,000 people. We also installed more than 12,000 water filters, and water & sanitation systems so that more than 60,000 people now have pure water to drink which has greatly improved their health status.



In 2020, Dave Lawrence led a team of 20 individuals and also led the construction of school addition in San Marcos Abajo. Dave is a Rotarian from Lancaster, Pennsylvania (formerly of Springfield Vermont). Jim Magennis, took the lead on a Pure Water and Sanitation Project in the village of La Jagua. Dr. Kell Giffen (pictured), a Wallingford Rotarian, led the medical team, and DMD Jim Wright, a Rotarian from Fairhaven, took the lead with respect to the Dental brigade. They served almost 1,200 patients in six days. In to 2021 & 2022, we were unable to have Mission Teams travel to Honduras due to Covid. But, we were able to fund several important projects as we worked with Pure Water for the World (PWW) to provide an emergency response to the hurricanes of Eta and Iota repairing and replacing water lines in two projects outside of Trojes which served more than 2,000 people; provided funds to PWW for a water and sanitation project in the village of El Chaguite, and provided funds to build a school addition in the village of El Barro.

We are currently planning to have our next Mission Trip in 2023 and the dates have been set for February 4th to February 12th . A final decision on whether we believe it safe to hold this trip will be made in September. If interested in being a team member or having me present to your club, please email me at cep617@comcast.net .

We continue to need funding for our projects and I'd note that 100% of the funds you contribute will go to the projects. The Rotary International District 7870 Foundation is a not-for-profit 501c3 charitable organization under IRS rules. Our Tax Id is 26-0197796. **Checks should be made out to "Amigos De Honduras".**

Please send contributions to our Foundation Treasurer, Jeff Mobus at 19 Orchard St., Springfield, VT 05156. Thank you in advance for your support of the Amigos De Honduras program. As Margaret Meade said

"Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has."

Area Students Receive Personalized Books From Ludlow Rotary Club

In keeping with its long-standing efforts to support literacy in the local school systems, members of the Ludlow Rotary Club (LRC) have been preparing customized books, "School is Fun" and "My School", for area elementary school children. What makes these books particularly unique is the fact that each student has his or her name printed on the title page. As Tom Harris, an LRC member who has been part of this program for years observed,

"About 24 years ago the Ludlow Rotary Club began distributing personalized reading books titled "School is Fun" and "My School" to every 1st grader in our service area. We have been doing it ever since."



Pictured above are six 1st graders from Mt Holly Elementary School as they display their personalized books. The students are Eli Bruce, Quinn Garrett, Quentin Huynh, Dominic Mouhiot, Jack Newhouse, and Ildy Vastola. On the left is George Thomson, a LRC Rotarian, reading the personalized book "MySchool" to the first graders at Ludlow Elementary School. George noted that "the kids loved the story about a Raccoon loose in the school. They were delighted to each get a book to take home".

Hudson-Litchfield Celebrate 50th Anniversary

We cordially invite you to join with the members of the Hudson-Litchfield Rotary to celebrate the 50th Anniversary of our charter as a Rotary Club in December 1971.

We are holding an Anniversary Dinner on Thursday, April 21st at The White Birch Catering & Banquet Hall, 222 Central Street Hudson NH. (<http://www.thewhitebirchnh.com/index.html>) Fellowship and Cocktails are at 5 pm, followed by dinner at 6 pm, and at 7 pm, a presentation by our Club President Kathleen Connerty on the history of the Hudson-Litchfield Rotary, our current activities, and our future plans.

If you are able to attend, please register on-line by 5 pm, Thursday, April 14th at our Eventbrite page:

<https://www.eventbrite.com/e/hudson-litchfield-rotary-club-50th-anniversary-dinner-tickets-277517441137>

If you previously registered and paid for the original date of December 16th, you only need to reregister. Your previous payment is still valid. If you need to cancel that payment and to request a refund please contact Reese Eskridge at (cell) 302-985-7051 or email reeseesk@udel.edu for instructions and assistance.

The cost per person is \$30. Please feel free to bring a spouse, significant other or a guest. Payment will be made through Eventbrite. Dinner entree choices are Prime Rib and Baked Haddock; both will be available that evening. There will be a Cash Bar.

If you have any questions, please feel free to email me at traciedumont@gmail.com.

United Christ and Rotary Raise over \$12,000 As Area Residents Support Ukrainian Relief

“The generosity of the community was way beyond our expectations.” This was George Thomson’s enthusiastic summary of the results of the recent lasagna dinner sponsored jointly by the United Church of Ludlow and the Ludlow Rotary Club.

Over \$12,000 was raised for Ukrainian Humanitarian relief from this dinner that served over 250 meals. This amount will be increased by additional donations.



This collaborative effort between the church and Rotary also saw the participation of a number of area organizations and individuals that included:

- Okemo Valley Womans Club made desserts
- Black River Produce provided all the salad fixings
- The Reading Greenhouse provided sunflowers for lovely arrangements
- People’s United Bank provided coffee supplies
- Vermont Family Farms provided the hamburger
- River Valley Technical Center Culinary Arts Program provided fresh baked bread
- Cavendish Town Elementary School students as part of the Young Historians Program at CTES sponsored by the Cavendish Historical Society provided sunflower seed packets which they decorated and filled with seeds
- Thirty workers from the church, Rotary and the women’s club served over 250 meals both take out and sit down

Thomson noted that 70% of those who attended the dinner in the church’s Fellowship Hall paid well above the \$15/person price for the lasagna dinner.

Linda Thomson, who handled the preparation and serving of the dinners, observed, “Thanks everyone who made this such a success. It was heartwarming for sure to see all the support and energy over this dinner for Ukraine. The suffering folks of the Ukraine would thank everyone too for their support and kindness”.

The proceeds from this fund-raising dinner will be sent to an eastern European relief organization providing humanitarian relief to the Ukraine. Additional donations may be sent to the Ludlow Rotary Club’s charitable foundation: LARCF, PO Box 216, Ludlow, VT 05149.



Photos: Folks and workers at the Ukraine dinner fund-raiser



Annual Ludlow Rotary’s Penny Sale Resumes April 30 With Prizes Galore



The Laconia Rotary Club thanks everyone who came to support our Club’s Pancake Breakfast on March 20th at the Belknap Mill in downtown Laconia. Laconia Rotarians and Laconia Interact students spent the day with community members, who generously raised a total of \$1500 for the Belknap House and \$250 towards Ukrainian Relief Efforts. Laconia Rotary Club will match the Ukraine donations and send funds to the Companion Rotary District 2231 in Poland to provide relief to Refugee Women & Children fleeing Ukraine into Southeastern Poland. Thank you to the Belknap Mill Society for hosting the fundraiser and to our local businesses who donated supplies including, the Naswa Resort, Meredith Bay Association, Water Street Café, Woodshed Coffee Roasters, Café DéjàVu, Union Diner, and Windswept Maples Farm in Loudon. Thank you all for your service above self!

Picture: Rotarian Gary Dionne (white Rotary hat) stops by to thank his family for coming out to support Laconia Rotary and the Belknap House. From left to right: Scott Allen, Lily Allen, Gary Dionne, Marcia Dionne, Bethany Allen, Scarlet Allen

Hollis-Brookline Rotary Helps Pink Revolution Breast Cancer Alliance of NH



“It takes a village”. No truer words have ever been spoken. Our village has been the Hollis-Brookline and Milford, NH Rotary Clubs. The support that they have given to Pink Revolution Breast Cancer Alliance of NH over the past couple of years is directly related to the successful assistance we have been able to provide to local cancer patients. These two organizations are a difference-maker for sure.

As a 5-year breast cancer survivor, I saw first-hand how many patients lacked support during one of the most challenging times of their life. I understood after going through chemo myself how ongoing support is vital to a patient’s overall well-being and directly tied to positive outcomes. On my last day of treatment, I knew that I had to find a way to support the patients I had just left in the chemo chairs. They needed to know that they were not alone.

Pink Revolution of NH’s mission is to provide 1500 chemo care packages annually to oncology centers around NH. Our goal was to design care packages that would help occupy a patient’s time during long hours of treatment and improve their sense of well-being.

While our care packages will always be the foundation of our non-profit, we quickly realized that we needed to shift focus due to the challenges brought forth by COVID. Many people missed their annual diagnostic testing leading to more cancer diagnoses down the road. Some patients lost their jobs during COVID and many were finding themselves unable to pay for mounting medical bills not covered by insurance. Unfortunately, patients have had to make the decision to put food on the table or fill their gas tanks to get to chemo. In some cases putting food on the table is winning out and patients are having to skip life-saving chemo treatments as they can’t fill their gas tanks to get there. This issue has become more of a concern with the price of gas at an all-time high.

In addition to transportation challenges, food insecurity is a real concern in many communities. As a result, the focus of our fundraising efforts last year and into 2022 has been to raise funding to support our gas and grocery gift card program. These cards are given to the social workers at the oncology centers in NH so that they can distribute them to those patients who need them the most. In 2022 our strategy is to form relationships with every Rotary that is located in an area where we deliver chemo care packages and provide gift cards to patients in need. We are also looking to identify those organizations in NH that would like to join forces through sponsorships that will be used to purchase gas/grocery cards.

We are trying to spread the word about Pink Revolution throughout NH. If your Rotary organization would like to learn more, please contact us at pinkrevolutionofnh@charter.net or invite us to one of your meetings. We love to tell our story. Visit us on FB: [Pink Revolution of NH](#) or on our website: www.pinkrevolutionofnh.org for more information. Learn about all the great things that are happening and join our revolution!

Lauren Caulfield Pink Revolution Breast Cancer Alliance of NH

Rotary International Recognizes Claremont Resident

CLAREMONT, NH The Claremont-Sugar River Rotary Club along with District Governor John Bob Siemienowicz is proud to recognize member Annalisa Parent as a recipient of the Paul Harris Fellow award. The Rotary Foundation recognizes those individuals who contribute US\$1,000 or more to the Annual Fund, PolioPlus, or approved Foundation grants by inducting them into the Paul Harris Society.

Paul Harris Society gifts enable Rotary's worldwide network of dedicated humanitarians to implement projects that address pressing needs in communities around the world. Because of these contributions:

- Children are vaccinated against polio and other diseases
- Adults and children alike can learn to read and write
- Women are given microloans and vocational training that enable them to support themselves and their families in a healthy and dignified way
- Teachers and schoolchildren have access to toilet facilities and clean drinking water
- Scholars are able to study ways to prevent maternal and child mortality
- Professionals from around the world convene to discuss strategies for resolving conflict and fostering peace

Annalisa returned to the area in 2019 after an impressive career which includes being part of the White House press pool and three seasons writing for CBS. Her history with Rotary goes as far back as 8th grade when she participated in the Charlestown Rotary's essay contest. Rotary has provided Annalisa the chance to travel abroad, meet and develop lasting friendships with business professionals around the world and to see first hand the impact such donations can bring to local communities.

When asked why she gives, Annalisa offered this, "I deeply appreciate how committed Rotary is to operating locally, nationally and internationally. Here in Claremont we are able to help with activities such as First Night and the NH Food Bank's Distribution. Worldwide, we are providing drinking water, sanitation—an almost endless list of humanitarian projects. Best of all, these are not

exclusive top-down propositions. Many of these projects are grassroots—created by locals to help locals. I love that about Rotary.”

To learn more about Claremont’s Sugar River Rotary, the project we support in Claremont and around the world, follow us on Facebook or contact our current president, Joshua Nelson for more information.



Wantastiquet Rotary Holds Successful St Patrick’s Day Gala

On March 17, 2022 the Wantastiquet Rotary of Londonderry Vermont held their second annual NO SHOW DINNER DANCE. 100% of the tickets sold goes to the Wantastiquet Rotary Foundation. This money is used to help students of the Mountain Towns with secondary education. The Mountain Towns include Windham, Jamaica, Londonderry, Peru, Stratton, Weston, and Winhall.

We would like to thank the community for NOT ATTENDING and supporting our foundation. We raised over \$5500 that will go directly to students. Over the last five years the Wantastiquet Rotary has given out \$24,000 in Scholarships.

Thank you for your continued support.
Tom Widger, President.

Rotary & Gilford Community to Start Styrofoam Recycling Pilot Program

Rotary & Gilford Community To Start Styrofoam Recycling Pilot Program

Gilford Solid Waste Center is planning on accepting polystyrene foam, also known as Styrofoam, for recycling in 2022!

What Types of Foam Are Accepted?

All types of foam with the #6 recycling symbol including clean and dry food service foam and rigid foam packaging from TVs, furniture, appliances and electronics.

How You Can Help

- Remove tape and paper from foam packaging
- Wash and dry food service foam containers

What is not accepted?

- Packing peanuts Colored foam
- #4 flexible foam plastic lids



Special thanks to our recycling partner, Gilford Rotary Club!

Troop 465 Shoe Drive Letter



Troop 465 is an active girls' BSA troop meeting in Hollis, NH where young women participate in outdoor activities and stewardship, leadership and character development, and community service. Some recent activities include archery, camping, climbing, and collecting food for those in need. We have grown exponentially in this first year and hope to provide even more girls with similar hands-on experiences.

Earth Day is in April and we want to invite you to join us in helping our earth through a special recycling effort. Troop 465 is running a shoe drive fundraiser and is asking for help from the community. The troop will be collecting new and gently worn shoes from now until June 1st, 2022. We will get paid for what we collect and plan to use the funds to offset summer camp, monthly activities, and a high adventure trip planned for summer 2023 where our scouts will learn about reef ecology and learn to be part of a sailing crew.

In addition, after the shoes are sorted and cleaned, they are wholesaled to female micro-entrepreneurs in developing nations, to create businesses and jobs for people in their local communities. This helps women support their families. We are proud to also be part of this service model.

How can you help? You can share our news with your friends, colleagues, and clients. If you are willing to host a shoe collection bin, we can share a promotional flier and deliver a box to you that scouts will check regularly and collect when it is full. Host a single day, week, or month when you will help us in this effort to help our earth, and support young leaders.

To participate in our drive or for more information, please email hollistroop465@gmail.com or call Tanya Tenkarian 603-465-7888 or Sarah DeChiaro 603-546-8438. Or visit, www.hollistroop465.org

Ludlow rotary Hears from Ludlow Ambulance Director

The April 12 luncheon meeting of the Ludlow Rotary Club (LRC) featured Stephanie Grover, Ludlow Ambulance Director speaking to Rotarians and guests about the state of ambulance services in Ludlow and their nearby service district.

Grover expressed gratitude for the support of Ludlow voters who again approved the Ambulance budget request of \$312,000 for FY 22-23. The budget will support paying 2 people to work 24/7 year-round in an effort to reduce the number of missed calls. Missed calls was a major issue when Ludlow relied strictly on volunteers to respond to calls. Missed calls occur most often during the winter months when there are many calls to Okemo Mountain Resort.

It is increasingly difficult for residents to devote the time required to meet all the training requirements as a volunteer when they work full time for an income. An advantage of a paid staff is they are compensated for the 6 months of training required for an entry level EMT. Paramedic training requirements are even more extensive, requiring 2 years of training.

Ludlow Ambulance serves a portion of Plymouth and Cavendish in addition to Ludlow. They would like to add 2 additional paid staff to cover a second ambulance from December through April to address the high number of missed calls during the ski season.

In other business at the meeting, the Rotary Club continued preparing for the 64th Annual Penny Sale to be held April 30 at the Ludlow School gym at 6:00 PM.

Anyone interested in learning more about joining Rotary is invited to contact Kevin Barnes, Membership Chairman at (802) 228-8877, to receive an invitation to a meeting.



Pictured is Stephanie Grover, Ludlow Ambulance Director; photo credit Kim Lampert.

International

Youth Exchange Outbound Orientation

For the first time since March of 2020, a full in-person Rotary Youth Exchange event was held in District 7870. Our students who will be going out of the country in August gathered at Hartford High School in White River, VT for their first live orientation meeting. Previous orientations had been held via Zoom.

Program Chair Jim Rumrill (Ludlow Rotary Club) and Outbound Coordinator Barry Griffith (Wallingford Rotary Club) facilitated a day of meetings and breakout sessions designed to help the students and their parents prepare for their year abroad. DGE Randell Barclay made two presentations to the full group to discuss international travel and the structure of Rotary International. Randell was also the “tech guru” for the event.



Each student made a ten minute presentation about their host country that included geography, culture and the system of government. They also provided an opening statement in their new language as part of the exercise. One of the students made their presentation remotely from France, as she is currently on a private short term exchange.

Experienced parents who have sent their son or daughter on exchange in the past spoke to the parents and made themselves available for consultation and support going forward. Orientations will continue into the summer prior to the students' departure.

Pictured here are some of the outbound students and Rotarian Carrie Mobus (Bellows Falls Rotary Club), herself a former exchange student and now a member of the district committee.

Fundraisers

Annual Ludlow Rotary's Penny Sale Resumes April 30 With Prizes Galore

After a two-year hiatus due to Covid, the Ludlow Rotary Club has announced the resumption of its annual "Penny Sale" on Saturday, April 30 in the Ludlow Elementary School's Gymnasium at 6 pm.

This will be the 64th edition of this traditional event that features hundreds of prizes donated by area businesses and individuals plus a raffle. The Penny Sale is free and open to everyone. In addition to the prizes and raffle, refreshments will be available.

The raffle, normally conducted at the close of the Penny Sale, will offer the following prizes:
1st Prize is \$500 2nd Prize is \$250 3rd Prize is \$150 4th Prize is \$100 5th Prize is \$50
Raffle tickets are \$2 for one or 3 tickets for \$5.

Raffle tickets may be purchased from LRC members, accessing the LRC's website at <https://portal.clubrunner.ca/2939>, or by sending a check to LARCF, PO Box 216, Ludlow, VT 05149. You do not have to be there to win one of these raffle prizes but, if you are in attendance, your award is increased by \$25.

Currently, the LRC members are soliciting area businesses and individuals for donations that may be in the form of merchandise, gift certificates, or cash.

The proceeds from the Penny Sale help LRC underwrite its annual scholarship program for area graduating high school seniors planning advanced educational programs. Through this program, LRC has awarded over \$150,000 in scholarship awards during the past 20 years. The annual scholarship awards last year totalled \$9,000.



PHOTO: A scene from the last Penny Sale sponsored by the Ludlow Rotary Club. As indicated from the photo, it was a packed house eagerly waiting to see if they won some of the prizes in the foreground.

Laconia Rotary Club Announces the 30th Anniversary of the 2022 Motorcycle Week Harley-Davidson Raffle!

As one of the oldest Rotary Clubs in District 7870 (chartered in 1925), it's only fitting that Laconia Rotary Club partner with the World's Oldest Motorcycle Rally, Laconia Motorcycle Week, for our annual fundraiser.

For 30-years (as of 2022), Laconia Rotary's biggest fundraiser has been a motorcycle raffle, which runs from winter through late spring, commencing on the last day of Laconia Motorcycle Week where we announce the winner of a brand-new 2022 Harley-Davidson right on Lakeside Avenue in the heart of Weirs Beach (**June 19th, 2022 at 4pm**). Each year, we work for well-over six months selling a LIMITED number of tickets for \$20 each for the chance to win the motorcycle.

Proceeds from the raffle directly benefit our community, including organizations such as, The Lakes Region Scholarship Foundation, Boys & Girls Club of Central NH, Got Lunch Laconia, Belknap Mill Society, Gale Memorial Library, Laconia Little League, NH Veterans' Association and many more! Laconia Rotary has supported the Lakes Region Scholarship Foundation for 64-years with scholarship contributions totaling \$354,500! Additionally, Laconia Rotary Club makes an annual financial commitment to the Rotary International Foundation, helping to provide financial



support for global projects, such as providing clean water and emergency shelter boxes to people living in third-world countries.

This year's motorcycle is a 2022 White Sand Pearl Harley-Davidson Street Glide. [TICKETS SALES ARE NOW OPEN!!](#)

SAVE THE DATE - 47th Annual Charity Golf Tournament - June 9, 2022



The 17th Annual Hollis Fast 5K Race Set for June 9, 2022



The Hollis-Brookline Rotary Club has opened registration for their annual fundraising road race, the Hollis Fast 5K. This year's event moves back to the traditional 2nd Thursday of June, June 9th at 6:30 pm. Participants may sign up by logging on to the race website at www.hollisfast5k.com and selecting the register button.

The event will be organized to follow all State of New Hampshire mandates and guidelines related to Covid safety. As the date of the event nears,

communication updates will be shared to registrants and other participants by press releases and email messages.

The Hollis Fast 5K features a unique and scenic course that drops 224 feet from start to finish and offers runners a chance to achieve a personal best time for a 5K distance. The distance is certified by the USA Track & Field, but because it drops more than one meter per kilometer, official state and national records do not count. As always, runners who beat the State of NH time record for their individual age will be offered free race entrees for the following year. Three participants in the 2021 race achieved this goal and have been awarded waived entries to 2022.

The event is also perfect for walkers and first-race participants, with a gentle downhill course that will enable anyone to join in. A 9-week “Couch-to-5K” program will also be offered by the [Gate City Striders](#) for new runners who want coaching and support as they start out with a first-race effort.

This event always features some of the area’s top runners and has received rave reviews from several national publications. The course is blazing fast. In the first eight years through 2012, 33 state age group records were broken. The ***Fast 5K*** was the USATF New England ***5K Championship*** race in 2015 and 2013, and in the 2013 race, 73 people beat the New Hampshire State Record! The race has been named one of the fastest 5k races in America and the fastest 5K in New England.

All proceeds from this Rotary fundraising event will go towards supporting the club’s [charitable efforts](#), local scholarships and other worthy causes.

PHOTO: Runners at the 2021 Hollis Fast 5K start the course at the HB Middle School, wind through scenic Hollis center and down Depot Road. Photo by Bob Heyer

Calling all RID 7870 (and beyond) Rotary Clubs Become a 100 Holes 50/50 Community Partner!

Interested in a straightforward, relatively easy way to raise money for your club? Then please consider becoming a 50/50 Community Partner with the Milford Rotary Club in the annual 100 Holes of Golf In One Day Tournament!

The Milford Rotary Club has kicked off preparations for its 28th annual 100 Holes of Golf in One Day Tournament. As 100 Holes veteran Alec Buchanan likes to point out “this

fundraiser really is a huge raffle with lots of cash prizes that is dressed up as a golf tournament!” The tournament will be held, rain or shine, on Friday, June 17, 2022 at the Amherst Country Club.



Here's how the 50/50 program works for Rotary Clubs. When your club signs up as a 100 Holes 50/50 Community Partner it will be given a unique online web address for selling raffle tickets. For each \$20 raffle ticket your club sells, your club will receive half of the proceeds. That's \$10 for your club from each raffle ticket you sell with the Milford Rotary Club Foundation getting the other \$10. These raffle tickets are special in that they include great coupons and offer 10 chances to win! That's right – 10 cash prizes ranging from \$5000 to \$500 for a total of \$12,500 in raffle prize money! And attendance is not required to win. We make it easy for you by providing the online point of sales and by mailing the raffle ticket coupons to your purchasers. All you have to do is get the word out via social media, email blasts, newsletters, and, or course, good ol' fashioned “word of mouth”.

But wait.....it gets better! If your Rotary Club sells at least \$1000 in raffle tickets (that's only 50 tickets @ \$20 each), then your club can enter a golfer in the tournament and we'll still split the proceeds 50/50! As Steve Desmarais always says, “this tournament is a blast” and, as you can imagine, the bragging rights earned by players are extraordinary! Given how easy this all is, participating clubs are strongly encouraged to sell more than the minimum of 50 tickets to field a golfer. This is a great way to raise funds for your club's community service projects, charitable donations and scholarship programs!

What do you think? Interested in joining this fun fundraiser? If so, please contact Paula Telage (ptelage@yahoo.com) or Janet Langdell (Langdell508@comcast.net) to become a 50/50 Community Partner. Got questions about the golfing? Please contact Glenn Flessas (glennflessas1@gmail.com) or Tina Brown (TBrown@BarHarbor.Bank). Also more information is available at www.Golf100Holes.com.

Butterfly Release - August 26, 2022

Springfield Rotary Club
BUTTERFLY RELEASE
Friday August 26, 2022, 6:30 PM
COMTU Cascade Park
5 Main Street, Springfield, VT



EVENT: A Springfield Rotary Club fundraiser "Live Butterfly Release" to remember and honor our friends and family.

PROGRAM: A brief program reading the names of the people remembered / honored and the butterfly release.

TO PARTICIPATE: Sponsor butterflies in memory of or in honor of loved ones by returning the section below:

BUTTERFLY REGISTRATION FORM

Please return this section and payment to:
Springfield Rotary Club

PO Box 808, Springfield, VT 05156

Please make checks payable to "Springfield Rotary Club"

FROM: (Please print donor information)

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

ORDER YOUR BUTTERFLIES:

I (we) wish to register the following names for the 2022 Butterfly Release. Name(s) to be remembered / honored for each butterfly. \$10 per name / per butterfly

1. _____
2. _____
3. _____
4. _____
5. _____



Link to application form:

<https://bit.ly/3KF9v2i>



Ride New England IFMR - September 6-16, 2022

<http://www.ifmr.org/chapter/North-America.html>

RIDE NEW ENGLAND IFMR September 6-16, 2022

Join IFMR-NA as we ride through some of the most famous motorcycle roads in North America.

1. Arrive in Manchester, NH
2. Manchester to Woodstock, VT
3. Woodstock to Stowe, VT
4. Stowe, VT to Wilton, ME
5. Coastal Maine to Freeport
6. Day Ride to Kennebunkport/Old Orchard Beach
7. Mount Washington Region, NH
8. Kancamagus Highway, NH, to Fairlee, Vt
9. Fairlee, VT, Day Ride
10. Connecticut River Valley, VT to Manchester, NH
11. Farewell

Tour Key: (B): included breakfast (D): included dinner

Day 1: Make your way to Manchester, NH. Check into the SpringHill Suites Manchester Airport. Enjoy a welcome dinner while getting to know your fellow riders and waiting to receive your bikes. (D)

Day 2: The ride begins. We head west across New Hampshire to scenic Vermont Route 100 - part of every motorcycle owner's bucket list. Our first day will include stops at the boyhood home of Paul Harris and the Vermont Country Store. We will overnight in one of Vermont's most idyllic small towns, at the Woodstock Inn. (B)

Day 3: We head for the twisties in the Green Mountains. The roads are narrow and hilly with almost no traffic. It is an amazing ride. We end our day at the Trapp Family Lodge, founded by the family portrayed in the movie, "The Sound of Music." Dinner will be an authentic Austrian Buffet at the resort. (B)(D)

Day 4: Today will take us back into old-time country life, as we ride through Vermont's Northeast Kingdom. Later today we will pass through Dixville Notch, NH - the first place to vote in every national election. "As goes Dixville, so goes the nation." Our day ends in Wilton, Maine with a stay at the Comfort Inn. (B)

Day 5: We head for Rockland and Camden, Maine, and then ride south along the coast. Lunch will be in Boothbay where we can sit at the water's edge overlooking the harbor. We will then have a

short ride over to Bailey Island, ending our day in Freeport, Maine with a 2- night stay at the Harraseeket Inn. (B)

Day 6: Today we will ride down the coast to Kennebunkport, the summer home of the President Bush family. Along the way we will stop and walk on Old Orchard Beach. We will return in the early afternoon to allow time to explore Freeport, it's many shops, and even the L.L. Bean flagship store. Dinner will be an authentic Maine Lobster Bake at the home of our tour guide, Bill Sahlman. (B)(D)

Day 7: We ride on the back roads of Maine into New Hampshire and up the Mount Washington Auto Road - a truly memorable ride. Our overnight is at the Bretton Arms Inn at the Mount Washington Resort. (B)

Day 8: Today, we head west across New Hampshire on the Kancamagus Highway. It will be a day of mountain riding along more twisties. This evening we arrive in Fairlee, VT for a 2-night stay at the Lake Morey Resort. Tonight, enjoy included dinner in the resort restaurant. (B)(D)

Day 9: Today we will ride the backroads of Bill's youth which are not normally seen by motorcycle riders. Our day ends with a barbecue at Lebanon/Riverside Rotary Club Park. Today's ride is dedicated to THE WORLD'S GREATEST RIDE to END POLIO. We are asking each participant to donate \$100 to Polio Plus and receive credit toward your Paul Harris Fellowship Award. John Kramb will be present at the BBQ to collect donations. You may also email him at pdgjohn2015@gmail.com (B)(D)

Day 10: Our last day of riding will take us down the Connecticut River Valley to the town of Hanover, NH - home of Dartmouth College. We will see covered bridges, small towns, and scenery that makes New England special. Our ride ends this evening as we return to SpringHill Suites Manchester Airport. Enjoy included farewell dinner at the hotel. (B)(D)

Day 11: Enjoy the included hotel breakfast and bid farewell to your fellow riders. (B)

Tour package price: \$1799 per person based on double occupancy \$3199 for single occupancy. Package includes: 10 nights hotel, 10 breakfasts, 6 dinners. All additional items not noted on the itinerary are at the expense of the individual such as motorcycle rental, fuel, meals, and items of a personal nature.

Booking Requirements: \$500 deposit per person due at booking. (Deposit nonrefundable as of 3/1/2022) Final Payment due June 1, 2022. Entire package nonrefundable at final payment. Travel Insurance is highly recommended. To book the tour package, please contact: Erik Hayes –Travel Advisor – AAA Travel Hayes.Erik@nne.aaa.com 207-780-6955

Motorcycle Rental: Please book directly with EagleRider by contacting Suzanne Lopez at slopez@eaglerider.com. Be sure to mention IFMR discount. (Estimated motorcycle rental is \$1500.) For other options, please contact Bill Sahlman.

Non-riding Participants: Non-riding participants may rent their own vehicle and follow along, or ride in our provided chase vehicle for a fee of \$200 per person. Please contact Bill Sahlman for space.

Please book early as motorcycle rentals and hotel space are limited.

The start and finish of our tour are easily accessible from Manchester, NH Airport (MHT) using the airport shuttle provided by SpringHill Suites. Boston Logan Int'l Airport (BOS) is also within a 1-hour drive from the hotel (transfers not provided). Book flights on your own or through our AAA Travel Advisor.

IFMR-NA Organizer: Bill Sahlman bill.sahlman@gmail.com 603-381-8988.

Calendars

District 7870 Calendar

So much going on within the clubs in the district! Be sure to regularly check this District Calendar of Events: <http://rotary7870.org/events/calendar>

Do you have an entry for the District online calendar? Please email your entry to: prrotary7870@gmail.com.

Months of the Rotary Year

Many months of the year are designated by Rotary International for special significance. Here are the ones for this Rotary year:

July New Rotary Year

August Membership and New Club Development Month

September Basic Education and Literacy Month

October Economic and Community Development Month

November Rotary Foundation Month

December Disease Prevention and Treatment Month



January Vocational Service Month
February Peace and Conflict Prevention/Resolution Month
March Water and Sanitation Month
April Maternal and Child Health Month
May Youth Service Month
June Rotary Fellowships Month

Miscellaneous

Have Something You'd Like to Share with the Entire District?

Updates and short (1 page) articles, along with images (**Word and JPEGs only. NO PDFs please**) may be submitted to Martin Cohn and Maureen Mooney at prrotary7870@gmail.com to be included in the Monthly Newsletter. The District Newsletter is a means of communicating with other clubs in our district: items of interest, upcoming events, fundraisers or opportunities for service. **Deadline for next Newsletter Submissions: May 15th, 2022 at 9:00 AM.**

Website and Social Media

Be sure to check (and share) the Rotary District 7870 **website** at: www.rotary7870.org.

Be sure to join (and share) the Rotary District 7870 **Facebook** page here:



District Governor - Closing



Dear District Rotarians & Others,



To closing out this month's newsletter I wanted to thank all of you who have done so much to increase our District 7870 membership. As of the end of March, we have fifty-six (56) new members in District 7870. Because of your effort, our membership increase largely exceeds the membership expansion being experienced by the other seven (7) Rotary International Districts that surround us. It is possible that we will see some form of drop in membership numbers as Clubs adjust their membership totals when the Rotary Year of "Serve To Change Lives" winds down to the new Rotary Theme Year of "Imagine Rotary". That said, I am hopefully optimistic that we can finish with a net positive member count. Please keep up the good work.

Be Well,
John Bob



The Windsor, VT & Cornish, NH Crossing

District 7870 Connecting Southern Vermont and Southern New Hampshire