



THE INSPIRATION



Rotary District 7870



May 2022

District Newsletter 2022, Number 11

**John Siemienowicz
District Governor**

www.rotary7870.org

SPECIAL EDITION INCLUDED - UKRAINE RELIEF



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Greetings From Your District Governor John Siemienowicz

Hello Folks,



This is the special Rotary Month of Youth. After several hours of soul searching and reflection, I wanted to write this month about a project that we as District 7870 are currently wrapping up. Back in the early fall if you may recall Rotary International asked us as Rotarians to explore ways Rotary Members could network and think about opportunities and ways for us to join hands with other group like ours to spread the spirit of cooperation. As a result, I reached out to Rotarian Dave McBee of our new Peace, Community & Environment Passport Club, knowing that he was also a member of the Amherst, NH Lions Club. I thought it might be possible to join some of our District Rotary Clubs with the Amherst Lions to work together on a community support and service project. After a couple of meetings, it was decided that we would gather together to sew Pillowcases for Foster Children.

Now, here is the apology I have to make. Due to both the schedule I was maintaining and ongoing health concerns, this gathering did not occur as planned (originally to be sometime around Thanksgiving 2021). However, that might have been fortunate, because when the gathering finally did occur, it fell right before this Rotary month of focus on Youth. I must thank Amherst Lion Joan Ferguson for spearheading this endeavor. Several Rotary members, Lions and volunteers gathered for a full day session on April 24th at the Souhegan Valley Boys & Girls Club's sewing room in Milford NH to assemble and sew pillowcases for foster children. These crafty and fun community members created 50 pillowcase which are being forwarded to Seneca Eldridge of the Hooksett Area Rotary Club to be distributed this month to area social services organizations for distribution to the needy youth in our Manchester, NH service area. As stated by Joan Ferguson "Many children in foster care have few possessions and these pillowcases are something that is "theirs" to keep and perhaps offer some comfort during confusing and often frightening scenarios." The project uses a pattern that calls for enclosed seams and durable cotton fabrics that have bright colors and interesting details that comfort a child as they prepare to sleep. These truly awesome pillowcases can also be used to carry personal items if the child needs to be removed from a bad situation.

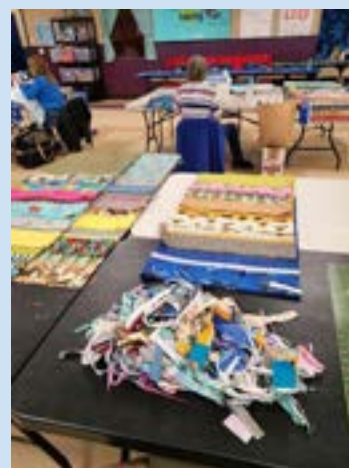
This gathering achieved at least several truly wonderful outcomes:

- combine service efforts from three community service groups,
- provided some additional seamstress knowledge,
- fabric collection and reuse, and
- desire to lift the spirits of children in foster care who benefit from outrageously well-made and unique pillowcases!

Please join me in congratulating these wonderful people that gathered to service to change Lives and are making a difference to some of the neediest youth in our Rotary Community.

Be Well,
JB

PS, Please reach out if you are interested in our next Sew-A-Thon which may be scheduled for some time this fall. Thank you also to Amherst Lions President Nate Jensen for making this special and rewarding event possible.



SPECIAL EDITION SECTION - UKRAINE RELIEF

So. NH/VT Rotary Clubs Reach \$150,000 in Fund-Raising for Ukrainian Relief

According to John Bob Siemienowicz, Governor of Rotary District 7870, covering 57 Rotary clubs in southern NH and VT, the district has reached \$150,000 in funds raised for Ukrainian relief. This represents a \$36,000 increase in funds raised in two weeks. Siemienowicz indicated that he expects donations to increase as more of the clubs have a chance to assess their fund-raising efforts.

Some of the increase is the result of fund-raising projects by Rotary clubs in Milford and Nashua, NH along with efforts by the Windsor VT Rotary Club.

As a result of the latest surge in fund-raising, the District has been able to underwrite several important medical advances for Ukrainian refugees and the homeless due to the devastation created by Russian bombardment.

Known in Poland as “Hospice of the Little Prince”, funds raised by the district and sent to the Lublin-Centrum Rotary Club, have been used to purchase equipment and to treat Ukrainian children with cancer and multiple sclerosis. Mateo Karczmarczuk of the Lublin-Centrum Rotary Club, located close to the Polish Ukraine border, said funds raised by District 7870 purchased much needed equipment and medicines for 16 sick Ukrainian children. This donation was also used to house the parents of these children, all of whom were displaced by the Russian forces attacking the city of Kherson in southern Ukraine.

Karczmarczuk added the following observation, “During the war time . . . the situation is horrible”. He noted that refugee parents were much more prone to suffer from the horrors of the war than their children, indicating that it was not uncommon to see a child comforting a parent.

In describing the conditions facing Ukrainian refugees, Karczmarczuk said, “The loss of home in the Ukraine, serious illness, 50 hours of waiting at the border, the stress that paralyzes everyone, and the lack of space in Polish hospitals” has made this an incredibly difficult time for refugees.

Other activities that District funds enabled Polish Rotarians to create include - but are not limited to:

- Setting up a reception center for refugees offering temporary accommodations, meals, and medical treatment
- Working with the International Police association in Poland, creating a field hospital for wounded Ukrainian soldiers
- Creating a special reception area for blind Ukrainian children

Perhaps the most enlightening observation of the difficulties facing both Ukrainians and those seeking to help them was made by an anonymous surgeon in Cherkasy in central Ukraine as he described what it was like to work during the crisis. “During the last 12 hours, 3 time bomb alerts were announced, 4 [Russian] missiles were shot down by our air defenses, and the wreckage fell into the yards of nearby residential areas”. He added that they were short of physicians, staff, and medicine.

Efforts by District Rotarians have been directed at providing medical supplies for Kyiv, Ukraine’s capital city, food for Odessa, and the care of refugees in Czestochowa, Poland.

The Rotary Foundation of Rotary International has received more than \$7.3 million in contributions to support relief efforts of its many district clubs. It has awarded grants in excess of a million dollars to assist those affected by the war in Ukraine.



PHOTO: A sick young Ukrainian child comforts her father in a Polish refugee center. This is an all too frequent occurrence as the adults realize the magnitude of the loss of their home and friends which, fortunately, the children have yet to fully appreciate.

District Governor Discusses Ukrainian Relief on Merrimack TV

[Rotary District 7870 -- NH, VT](#) raised an extraordinary amount of money in a short amount of time to do extraordinary things for people in Ukraine.

Be sure to watch the [Merrimack TV](#) recording on YouTube featuring District Governor [John Siemienowicz](#) and hosted by [Maureen Mooney](#) summarizing the humanitarian aid given from Rotarians to those in need. "Service above self"



Photo by: Justin Slez

Press Release Link:

https://patch.com/new-hampshire/merrimack/so-nh-vt-rotary-clubs-reach-150k-fundraising-ukrainian-relief?fbclid=IwAR2Rjykc3E1XzVZnXJkh8z6NSXk6A5hga_GYPzhjv-DtiB3hLQ4NkK64fkM

TV show link:

https://www.youtube.com/watch?v=IJMdDCTPseQ&ab_channel=MaureenMooney

Ukraine Relief Efforts in Our Area

By PDG Steve Puderbaugh

Many of our clubs and Rotarians have already donated significantly to help support the people of Ukraine in their struggles against Putin's forces. The Rotary Foundation's Disaster Response Fund has raised \$14.4 million and is doing good things through the Rotary clubs in Ukraine, Poland and other countries. Many of us have supported this effort and it is bearing fruit but the systems in place slow things down to get the money to where it is needed rapidly as less than 3 million has been disbursed so far.

Governor John's efforts have been very successful raising over \$150,000 across the district. Check out his article on those efforts.

Another option where Rotary clubs can possibly get involved more directly is by working with a local group called The Loving Lifeline (<https://lifelineua.org>). Andrey Ilyuk is a Ukrainian American who runs a car dealership in Auburn, NH. His local family and his Ukrainian church in Manchester have hit the ground running and have been able to help in several different ways.

So far they have shipped 7 containers (455 tons) of humanitarian aid including trauma first aid kits, clothing, food and much more. They have supplied direct financial support to buy food that is going to the front line communities to directly feed people. They have contracted with Ukrainian farmers and a bakery to supply bread to feed families. They have purchased plates to make bullet proof vests which are badly needed by conscripted young men on the front lines. They have provided direct funding to add more beds to an orphanage that is bursting at the seams and have several other initiatives that have done amazing things in the two months since the war started. Here is a link to a WMUR television piece on what the group is doing:
<https://www.wmur.com/article/auburn-medical-supplies-ukraine/39676022#>

Andray has already shared a presentation to the Derry Village Rotary with DG John attending. He is speaking in Raymond on the 27th and is scheduling a presentation with the Queen City RC. They have a collection site at their business in Auburn and are setting up other sites in Maine, Massachusetts, New York and elsewhere. Items are collected, sorted and boxed to send to a warehouse in New Jersey where they are filling containers to go to Ukraine.

There are service opportunities for Rotarians to collect donations and to help process them for shipment. Cash donations are always needed both to ship the containers and to purchase many items wholesale in Ukraine and Poland.

Before writing this article for the district newsletter, I feel I have done due diligence in checking out the organization and met Andrey and his brother Demitri. They are putting their own finances of over \$100,000 into this effort and Andrey has traveled to the front lines to see the needs himself. Even after making donations to the other Rotary sponsored routes of Ukrainian support, I felt moved to add more personal support to this local effort and my club has also made a donation.

Feel free to contact me with any questions or help making connections. 603-303-0239.

District News

District Public Image Committee - “Tip of the Month”



Maureen Mooney (Rotary Club of Merrimack) presented at POETS last month on Public Image. Here are important things to keep in mind as President-Elects start their Rotary years:



1. **Why** does your club need visibility?
 - a. To tell others what we do;
 - b. To advertise events/fundraisers;
 - c. To gain new members.
2. **How** does your club become visible?
 - a. Online;
 - b. News outlets;
 - c. Personal connections.

Remember the goal is to **make Rotary visible!**

The World of Rotary - “How Rotary Changes Lives”

New Rotarians and those who are considering joining Rotary, this event is for you!!

The impact of Rotary reaches from the Club level and expands globally. And one of the biggest impacts is how Rotary changes lives, not only the lives of those who benefit from Rotarian action and service, but to our own lives. Membership in Rotary impacts our lives directly. The District Membership Committee is sponsoring a webinar on “How Rotary Changes Lives” on Thursday, May 26th at 7:00 pm.

Six District Rotarians will share their personal stories on how their Rotary involvement impacted them and others. Ken Yie, moderator of the “Coffee with Ken” chats, speaks on how Rotary changed his life. Shelly Carita shares how her time with Amigos de Honduras. Gary Dehnell talks how Rotary Fellowship expanded his Rotary experience. Former Peace Scholar Carla Lineback shares how this program impacted her. Paul Wydra’s introduction to Rotary was through Interact and RYLA, and Marty Cohn’s experience with the Pine Ridge Indian Reservation will be highlighted.

As all of our clubs seek to recruit and retain members to remain vibrant and responsive to our communities and world-wide, it is even more important to reflect on how we are changing our lives and the lives of others through our mission of Service Above Self.

District Governor John Siemienowicz will lead off the program with his own personal reflection on what it means to be a Rotarian.

Please join us. Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZcqfu6qrTMpHtZoupTjXi-qJdeqyKjkWLhy>

After registering, you will receive a confirmation email containing information about joining the meeting.

For more information, please contact either Committee Co-chair Sandy McGonagle at mcgonagle@metrocast.net, or Carolyn Meub at carolynmeub@comcast.net.

District Changing of the Gavel - Save the Date June 27, 2022

Wallingford Memorial Rotary Club, on behalf of District Governor John Bob Siemienowicz, is honored to host the sixty-fifth annual District Changing of the Gavel **on June 27, 2022, at 5:00PM**. This year our District Changing of the Gavel will be a hybrid meeting. Wallingford RC will be offering the traditional Paul Harris Ham dinner for those who attend in-person for \$25. The event is free for those attending on Zoom.



You can register for “in-person” or “Zoom” on the District Website. Look on the left hand side of the District Website for “Upcoming District Events” and click on “District 7870 Changing of the Gavel” to register.

The Changing of the Gavel party gives all Incoming Presidents a chance to start their Rotary year with Incoming District Governor Randell Barclay, and an opportunity to thank and congratulate Outgoing District Governor John Bob Siemienowicz for all that he has accomplished for the District over the past year. Please register by June 20, 2022.

So please join us for the celebration either in-person at the Little Red School House in Wallingford, VT or on Zoom.

Save the Date: Sunday, November 6, 2022, District Conference



Please save the date! Our one-day District Conference will be held at the Killington Grand Hotel in Vermont on Sunday November 6, 2022. Registration will open in mid-July on the District website.

The Killington Grand Hotel offers world class conference facilities. The registration fee will be \$75/person and will include a continental breakfast and a 4-course lunch. We will be offering a “free” online option via Zoom. There will be a variety of speakers from within the District and Around the World. We are looking to celebrate the successes of DG John Bob’s year as District Governor and look ahead to the 2022-23 year with DG Randell.

For those of you who plan to come the night before (Saturday) and stay at the hotel, we will have blocks of rooms at the Killington Grand and other hotels in the area. There will be host hospitality events on Saturday evening. More details as we get closer.

Whether you are coming just for the day, joining us for the weekend, or Zooming in on Sunday, we look forward to sharing the wonderful achievements of Rotary Clubs in our District.

Randell Barclay
District Governor 2022-23
Wallingford Memorial Rotary Club

Little Red School House Bricks - Last Call for 2022

The cutoff for orders this year has been **extended June 1st 2022**.

What better way to recognize a person than creating an engraved brick or paver in the Rotary Wheel in the Paul Harris Memorial Garden at the Little Red Schoolhouse in Wallingford, VT.



You or your club can easily purchase a red brick for \$200 or a white paver for \$300. In addition, there are still 18 gear teeth available for \$1,500 each.

New bricks will be installed in June prior to the Changing of the Gavel Dinner.

We are also offering a presentation certificate in a folder for an additional \$15. Be sure to give us at least 2 weeks to produce and mail a certificate

You can order online with a credit card by going to:

<https://www.crsadmin.com/EventPortal/Registrations/PublicFill/EventPublicFill.aspx?evtid=1263aa3f-ee0c-4e2e-8d79-ee1a5dfc78d6>

If you have any questions, please email me at Rotary.Randell@gmail.com

Randell Barclay, District Governor-Elect
Wallingford Memorial Rotary Club

Coffee with Ken! Rotary Rocks!

Hi District 7870 Rotary Clubs: I'm inviting you to Coffee with Ken!

What is Coffee with Ken? Many of our district events have been canceled due to COVID. As a result, we've been missing building connections to members at other clubs. In January 2021, I reached out to John Siemienowicz of the Milford Rotary Club and we did a virtual coffee over ZOOM to catch up. John liked it so much that he suggested that we have this as a regular event and open to all of the clubs. So, as a result, we started Coffee with Ken. We meet on the first Friday of the month at 8:30 am. This event is an informal open space with no agenda, and the goal is to create and cultivate personal connections between clubs.

• **June 3, 2022 08:30 AM** • **July 1, 2022 08:30 AM**

Join Zoom Meeting

<https://us04web.zoom.us/j/78773960966?pwd=QkFlTTZkdDJyRzJIa3phTmhzam1kQT09>

Meeting ID: 787 7396 0966

Passcode: DuQ4J3

Thanks, Ken Yie, Foundation Co-Chair, Queen City Rotary

Club News

Inter-Lakes Interact Bobhouse Fundraiser

Members of the Inter-Lakes Interact Club, sponsored by Meredith Rotary the club, sold bobhouse raffle tickets during the 'Great Meredith Rotary Fishing Derby' weekend. The funds raised will allow the Interact club to do many 'good things' both locally and

internationally, such as funding Rwanda student Samuel to attend his 9th grade next year. Pictured are bobhouse raffle chair Hayden with assistant chair Riley and Hayden picking the winning raffle ticket with radio announcer Pat Kelly.



Interview on Interact Club Trip to Puerto Rico



We recently had a chance to sit down with Marion Lefrancois after her trip to Puerto Rico with the Interact Club.

We hope you enjoy learning about her trip as much as we did!

How long have you been involved with Rotary? I joined the Keene Elm City Rotary in 2006, so 16 years

How long have you been doing Rotary/Interact trips? The trip that we completed in February of 2022 was my 15th travel experience with Interact.

This year was Puerto Rico but you've been to other places, how do you decide where and what the mission will be? Initially we traveled to El Salvador to build houses. We worked with the Noro Este Rotary Club in San Salvador to define the project and choose the community in which we worked. After nine trips to El Salvador, political unrest and gang aggression toward the police force made us decide that it was not safe to travel there with high school students.

We worked in Nicaragua for 3 years and were hosted by the Rotary Club in San Juan Del Sur. Their focus was on literacy. We worked on rehabilitating schools in the area of San Juan Del Sur: painting and cleaning buildings, erecting small water towers and installing plumbing and drainage so that classrooms would have fresh water for the students. After three years the political situation in Nicaragua became difficult and again, we decided it was an unsafe destination for high school students.

The trip to Puerto Rico this year was our third such trip. The projects we worked on were set up by Community Collaborations International (CCI). This organization arranges alternative Spring Break work opportunities and other projects through the year in the US, Puerto Rico and Central America.

Tell us about your hosts – As noted above, we worked with CCI to set up the trip. We arranged our flight and transportation to and from the Hartford airport, and from there CCI manages the rest. They picked us up at the San Juan airport, brought us to the camp where we stayed, arranged for all of our food and the projects and materials needed. They also arranged our “fun day” which was the last day of the trip. We all went out on a Catamaran for snorkeling and swimming, after which we had a stop at local shops for souvenir shopping.

How has Covid impacted these trips? We returned from the 2020 trip just 2 weeks prior to everything shutting down. By the summer it became apparent that we would not be able to go away in February of 2021 so we began working with our local Parks and Rec Department to plan a local project. The Interactors rehabilitated a local park instead of going to Puerto Rico.

We traveled with fewer folks than previous years. Whether from concerns of safety or general discomfort about the unknown, we had only 28 participants this year. In other years we have had 45 participants.

Planning the 2022 trip was very labor intensive due to the many protocols around COVID safety and the verification that all members of our group were vaccinated. The extra work was well worth it. We all tested before leaving and as we all were negative, we formed a 28-person pod. This enabled us to work closely together and we were able to forego wearing masks for most of our trip. I felt more freedom than I have in 2 years and I believe that the rest of the group did too.

Tell us about the students and other volunteers – There were 9 students from Monadnock Regional High School, 11 from Keene High and 8 chaperones. Of the 8 Chaperones, 4 were from the Keene Elm City Rotary Club and one from the Keene Rotary Club. The other 3 volunteers have traveled with Interact on past trips and generously gave their time again this year to make the trip happen.

What are the top three favorite projects from this Trip?

1. Trail Work in the El Junque National Rain Forest
2. A Beach Cleanup project in which we recorded all of the trash collected for an international database
3. Planting 170 native trees with the Cabezas De San Juan Nature Reserve

What's next year or future plans?

Barring any travel issues due to COVID 19 we will return to Puerto Rico in 2023.

What is the one experience this year that made the most impact on you or someone else this year that you will never forget?

Each year that I have traveled, I have been reminded of how much I have to be thankful for. So many people in our world live with far fewer advantages than folks in our area have. Over the years many Interactors have also expressed this thought. It is always gratifying to me to have helped them to understand a little more about themselves and the world around them. For some of the Interactors, this was a life changing experience. They may not yet know this, but it is possible that it will help guide their future plans as they pursue career paths and go on to other education experiences after high school.

Charlestown Rotary Club Hosts Governor Chris Sununu

Last month, the Charlestown Rotary Club hosted New Hampshire Governor Chris Sununu. Here is the Governor's posting of the event on his Facebook page:



Rotary's Penny Sale Returns to Ludlow with Big Turnout

After having been skipped for two years due to the pandemic, the 64th annual Penny Sale, sponsored by the Ludlow Rotary Club (LRC), returned to Ludlow in full force.

Thanks to the donation of gifts from over 100 area businesses and individuals, the Penny Sale was able to give away over \$30,000 in merchandise and cash, plus award some lucky people during the raffle ticket drawings at the conclusion of the event.

The Items donated included ski passes, cash, sweatshirts, restaurant gift cards, day or overnight summer camp packages, auto services, microwaves, bicycles, Mary Meyers stuffed animals, plants, ski sweaters, ski coats, hotel stays, a gaming computer, and many other surprising gifts.



According to Penny Sale co-chairperson, Kim Lampert, “the crowd in attendance was wonderful and large, many old-timers returning and many new faces welcomed”.

Winners in the raffle ticket drawing included:

- \$500 plus \$25 for being in the gym Chris Granger
- \$250 Fletcher Memorial Library
- \$150 Fletcher Memorial Library
- \$100 Ryan Murphy
- \$50 Kurt Bagley

Kim expressed her thanks to the students at area schools who acted as liaisons for the LRC in delivering prizes to winners during the two rounds when the donated gifts were awarded. They represented Ludlow, Cavendish, and Mt Holly Elementary schools as well as schools in Bradford and Newfane.

She also thanked the many members of the LRC who enabled the event to take place along with all the businesses that denoted gifts for the Penny Sale. In particular, she thanked Cota & Cota, Benson's Chevrolet, and Ludlow Electric for their behind the scenes efforts.

As a result of the Penny Sale, the LRC will be able to offer \$9,000 in scholarships to area graduating seniors to further their educational programs. The Penny Sale has been the primary source of funding for this scholarship program. Over \$250,000 has been awarded by the LRC in scholarships to area students since the program was initiated.

Jim Rumrill, co-chairperson of the Penny Sale, indicated that he was “extremely pleased by the community's response to the penny sale”. He added a reminder that the Penny Sale would be returning next year on the last Saturday in April.

Pictured above is Kim Lampert, Ludlow Rotarian, as she presents a check for \$525 to Chris Granger, the winner of the top raffle ticket prize at the Penny Sale sponsored by the Ludlow Rotary Club.

Ludlow Rotary Hears from Dr. Linda Thomson



The May 3 luncheon meeting of the Ludlow Rotary Club (LRC) featured Dr. Linda Thomson speaking to Rotarians and guests. Her topic was “Changing old mumpsimus to new sumpsimus,” or, hanging on to old beliefs even in light of new scientific research. She was referring to the scientifically proven positive effects of medically overseen hypnotism. Dr. Thomson is internationally recognized as an expert in Hypnosis for Health and Healing and Hypnovations as a Nurse Practitioner.

Dr. Thomson said Hollywood and stage hypnotists, who have people doing ridiculous things, have given hypnosis a bad name. She talked about the fact that brain connections to actions and reactions in the body are linked, as can now be shown with various brain scans. She demonstrated a couple of those connections with volunteers.

Dr. Thomson reported that hypnosis can work well to reduce anxiety or speed a patient’s recovery from surgery among many other clinical applications. It is used for weight loss, smoking cessation, and habit changes such as reducing nail biting. Rotarians had many questions for Dr. Thomson, asking her to return for more discussion.

Also at the meeting, Rotarian Kim Lampert reported that the 64th Annual Penny Sale held Saturday April 30 was the most successful one in recent memory. The Ludlow Rotary Club wishes to thank all the businesses who contributed the more than \$30,000 in prizes awarded at the Penny Sale. We wish to thank the community for their attendance and support for the scholarships the proceeds allow the club to provide.

In other business, the Rotary Club inducted Carol Lighthouse, Director of the Okemo Valley Chamber of Commerce as its newest member. Anyone interested in learning more about joining Rotary is invited to contact Kevin Barnes, Membership Chairman at (802) 228-8877, to receive an invitation to a meeting.

Photo: Dr. Linda Thomson; photo credit Kim Lampert.

Supporting Youth in Need

Queen City Rotary Club Seeking Grant Applications for Manchester Area Programs

The Queen City Rotary Club is excited to announce that it is now accepting applications for youth-centered grants.

“We had to pause our grant process a bit due to COVID-19,” said Club President **Monica Labonville**. “But now we’re pleased to share that we will be awarding several grants later this spring to worthy non-profits.”

Labonville explained that nonprofits now have two grant opportunities from the Queen City Rotary Club.

The first is the “Impact Grant” – This grant is targeted to organizations whose primary focus is serving the underprivileged youth in the greater Manchester area. It is limited to a maximum of five recipients each year. Grants will range from a minimum of \$1000 to a maximum of \$10,000. Applicants will be asked to provide an overall description of the organization and a comprehensive description of the project and how the award will be used. “We will also require a mid-year update on the impact the grant has made for the organization and the community,” noted Labonville.

The second opportunity will be the “Youth Services Grant” – This grant supports organizations that have a youth related focus. The maximum award is \$1000. Applicants will be asked to provide a brief description of the organization, details of the request, and how the funds will be used.

Labonville added that the Queen City Rotary Foundation Grant Committee will review the applications for both award levels and make recommendations to the Board of Directors for final grant approval.

The awards will be announced in early June and the club will hold a special breakfast in late June to honor and celebrate all grant recipients.

All grant applications are due by Friday, May 20th, to apply, please visit www.queencityrotary.org

About the Queen City Rotary Club

Composed of more than 50 community and small business leaders, the Queen City Rotary Club seeks to improve the lives of area youth and others through community service, volunteerism, and charitable giving. The Club meets each Thursday at 7:30 a.m. at the Puritan Back Room and welcomes guests. To learn more, please visit www.queencityrotary.org.

Irish Eyes Were Smiling

Queen City Rotary Club raises critical funds for youth in need

Manchester, NH: (April 15, 2022) “We took a bit of a leap of faith, and it paid off,” said **Art Burns** of the Queen City Rotary Club. “Our first ever Pot of Gold Reverse Raffle brought in over \$40,000 which will go a long way toward supporting kids across Manchester.”

A long time Rotarian, Burns explained that the pandemic had sidelined many of the club’s fund-raising events over the past two years. With things easing up a bit, the club seized upon the idea of a “reverse raffle” where the big winner’s name is chosen last and gets half the pot. The other half would go to charity. Club members sold tickets and sought sponsorships and winning ticket was drawn a special event held on March 17 at the Millard Museum.

“This was a true grass roots event,” said **Monica Labonville**, President of the Queen City Rotary Club. “Art stepped up and organized the planning committee to get the ball rolling and the club members jumped into action. Like all our work, it was a true team effort.”

Sponsors included: Leprechaun Level: Frank DiDonato/Keller Williams, Individual Fitness, Bank Prov, Manchester Rotary Club; Queen’s Gold Level: Clark Insurance, Harbor One Mortgage, The Stevens Family, and Eastern Propane and Oil; Rainbow Level: Dugan PR, Bouford Properties LLC, Write Connection, Parnell, Michels, & McKay, PLLC, Butenhof and Bomster, Pro Cut CNC Machine, Primerica, The McMahon Group of Wells Fargo Advisors, Lally Property Specialists, GSC It Solutions, Sullivan and Sullivan, LLC, The Truncellito Family, and Monarch Title; Lucky Charms Level: Donor Advised Funds-Fidelity Investments; Irish Bambrack Level: Susan King, Greg Timbas and Adam Johnston.

Burns added that multiple in-kind sponsors also stepped up to help and **John Clayton** of the Manchester Historical Society served as Master of Ceremonies for the event.

“Our club is united in our cause, and we have a lot of fun raising money,” said Labonville. She added the in the coming weeks, the club will be announcing the grant application process for area nonprofits that serve youth.

About the Queen City Rotary Club

Comprised of more than 60 community and small business leaders, the Queen City Rotary Club seeks to improve the lives of area youth and others through community service, volunteerism, and charitable giving. The Club meets each Thursday at 7:30 a.m. at the Puritan Back Room and welcomes guests. To learn more, please visit www.queencityrotary.org.

Jaffrey-Rindge Rotary Learns About CSA



A record turnout of members of the Jaffrey-Rindge Rotary Club attended a breakfast meeting on May 5 at Franklin Pierce University for a program of exceptional interest. Guests from Tracie's Farm in Fitzwilliam (pictured left to right - Jack Rixsey, Farm Manager; Tiffany Smith, volunteer at Tracie's Farm, and owner Tom Frazier) presented a PowerPoint program which educated members about community supported agriculture which brings the farm and surrounding communities together in a mutually supportive relationship. The meeting provided a kickoff to a highly successful Monadnock Area Hunger Walk which raised over \$6000 for local food pantries. The Jaffrey and

Rindge Food Pantries utilize farm products and introduce patrons to fresh local vegetables.

Ludlow Rotary Features Cavendish Craftsman's Stained Glass Windows

Peter LaBelle of Cavendish recently spoke to the Ludlow Rotary Club (LRC) at its weekly luncheon meeting on stained glass art.

LaBelle described the process of creating a design for a stained-glass project and the actual process of cutting the glass and piecing it together. He also discussed the ecclesiastical form of stain glass art as exemplified in church windows.

The process begins with a drawn concept of the object to be made followed by the process of acquiring the specially treated and colored glass. The next step involves the very tedious work of cutting the various glass pieces in the design.

This particular phase, according to LaBelle, requires "the utmost patience and a good supply of Band-Aids". The cut pieces then need to have their edges smoothed, wrapped in thin lead which is soldered, and gradually assembled into the full design of the project.

LaBelle has created a large number of stained-glass pieces. Examples included the restoration of the Episcopal Church windows damaged by Irene in Proctorsville, the logo for Murdock's Restaurant, and numerous floral designs.

He gave each of the Rotarians at the meeting a sample piece of a rose blossom stained glass so they could see the actual sequence from concept to finish product.



Left Photo: Art Randolph, LRC President, and Peter LaBelle, guest speaker who described his work with stained glass projects.

Right Photo: A sample of the stained-glass work created by Peter LaBelle which he used to show how an initial project concept was developed into a finished piece of stained glass. A sample piece of this stained-glass art was given to the Rotarians attending the luncheon meeting.



Springfield Rotarians Lend a Hand to the Green Up Effort

The Springfield Rotary Club was well represented at Saturday's Green Up Day as volunteers cleaned up the Valley Street area. Shown here on their way to work are Rotarians Ed McQuaide, Jeff Mobus, Tom Hernon, Karen Longo, Sue Dowdell and Liz Carey, with friend Josh Sorrell. <NOTE: photo and caption appeared in 5/3/22 issue of Springfield Reporter.>



Letter Carriers' Food Drive Returned on May 14 with Assist from Springfield Rotary Club

The Springfield Rotary Club worked with letter carriers to make this year's "Stamp Out Hunger" food drive a success. Rotarians spent most of Saturday at the Springfield Family Center, helping unload collected bags and transporting them to the center's food shelves. Food security has been a focus of the Springfield Rotary Club: in the fall, the Club held a fill-the-truck food drive in the Springfield Plaza that alleviated the food shortage around the holiday season. Shown here getting ready to unload trucks are Rotarians Buddy Dexter, Liz Carey, Deb Cox, and Ed McQuaide, with an assist by Dibran Ambari.



Fundraisers

Hudson-Litchfield Club Electronics Recycling Fundraiser - May 21, 2022

The Hudson-Litchfield Rotary Club is holding an Electronics Recycling Fundraiser from 8 AM to 12 PM, **Saturday May 21st**, in the parking lot of Alvirne High School, 200 Derry Road, Hudson, NH. ALL electronic items are accepted with a donation amount based upon the item. See Facebook for more details. Guaranteed:- Components disassembled and RECYCLED, not ending up in landfills. All data destruction/protection ensured. Event open to residents of all communities. No need to get out of your car - We Unload!

SAVE THE DATE - 47th Annual Charity Golf Tournament - June 9, 2022



The 17th Annual Hollis Fast 5K Race Set for June 9, 2022



The Hollis-Brookline Rotary Club has opened registration for their annual fundraising road race, the Hollis Fast 5K. This year's event moves back to the traditional 2nd Thursday of June, June 9th at 6:30 pm. Participants may sign up by logging on to the race website at www.hollisfast5k.com and selecting the register button.

The event will be organized to follow all State of New Hampshire mandates and guidelines related to Covid safety. As the date of the event nears, communication updates will be shared to registrants and other participants by press releases and email messages.

The Hollis Fast 5K features a unique and scenic course that drops 224 feet from start to finish and offers runners a chance to achieve a personal best time for a 5K distance. The distance is certified by the USA Track & Field, but because it drops more than one meter per kilometer, official state and

national records do not count. As always, runners who beat the State of NH time record for their individual age will be offered free race entrees for the following year. Three participants in the 2021 race achieved this goal and have been awarded waived entries to 2022.

The event is also perfect for walkers and first-race participants, with a gentle downhill course that will enable anyone to join in. A 9-week “Couch-to-5K” program will also be offered by the [Gate City Striders](#) for new runners who want coaching and support as they start out with a first-race effort.

This event always features some of the area’s top runners and has received rave reviews from several national publications. The course is blazing fast. In the first eight years through 2012, 33 state age group records were broken. The **Fast 5K** was the USATF New England **5K Championship** race in 2015 and 2013, and in the 2013 race, 73 people beat the New Hampshire State Record! The race has been named one of the fastest 5k races in America and the fastest 5K in New England.

All proceeds from this Rotary fundraising event will go towards supporting the club’s [charitable efforts](#), local scholarships and other worthy causes.

PHOTO: Runners at the 2021 Hollis Fast 5K start the course at the HB Middle School, wind through scenic Hollis center and down Depot Road. Photo by Bob Heyer

100 Holes of Golf and Great Raffling for Charity - June 17, 2022

The Milford Rotary Club’s 28th annual 100 Holes of Golf in One Day Tournament is rapidly approaching. Rain or shine on **Friday, June 17, 2022**, over 60 golfers will be running around the Amherst Country Club’s beautiful 18-hole course in their quests to play 100 Holes In One Day while having loads of fun raising money for charity.

Once again the honorable Joe Clement will be leading the charge for the **Henniker Rotary**

100 HOLES OF GOLF IN ONE DAY

HELD AT THE AMHERST COUNTRY CLUB, AMHERST, NH

A FUNDRAISING EFFORT OF THE MILFORD, NH ROTARY CLUB
A NEW HAMPSHIRE ROTARY CONTRIBUTION

FRIDAY, JUNE 17, 2022
RAIN OR SHINE

www.Golf100Holes.com

50 CHANCES TO WIN!

1 ST PRIZE	\$1,000.00
2 ND PRIZE	\$500.00
3 RD PRIZE	\$1,250.00
4 TH PRIZE	\$1,000.00
5 TH PRIZE	\$750.00
6 TH - 10 TH PRIZE	\$500.00 EACH

Come Join The Fun!
Play Golf ~ Become a Sponsor
Volunteer to Help ~ Purchase Raffle Tickets
www.Golf100Holes.com

SERVE TO CHANGE LIVES
IMAGINE ROTARY

Club. Joe has participated in nearly every 100 Holes Tournament and was an initial inductee into the tournament's Hall of Fame. As Milford Rotarian Alec Buchanan noted at the time of Joe's induction "Joe has only missed a couple of years in the event's history and that was because we forgot to call him! "

Joining in the fun this year are the **Charlestown Rotary Club** (contact Nick Hobart), the **Hooksett Area Rotary Club** (contact Aaron Telage), the **Hudson-Litchfield Rotary Club** (contact Connie Dionne), and the **Rotary Club of Lowell** (contact Mark Cassidy)! Each of these clubs will "earn" and get to keep 50% of their raffle ticket sales. To also field a golfer, and gain those HUGE bragging rights, each club needs to sell over 50 tickets! Can we count on you to help these partnering Rotary Clubs? Please reach out to the clubs or their contacts to purchase raffle tickets. Just imagine what these clubs will be able to do with the funds they raise through the 100 Holes of Golf 50/50 program!

The 100 Holes raffle tickets are extra special in that they include great coupons and offer 10 chances to win! That's right – 10 cash prizes ranging from \$5000 to \$500 for a total of \$12,500 in raffle prize money! And attendance is not required to win. The fabulous coupons include \$20 off at any of the three Giorgio's Ristorante & Bar locations in New Hampshire, 10% off at Papa Joe's Humble Kitchen, service discounts at Contemporary Automotive, as well as coupons for Aroma Joe's, Station 101 and The Copy Shop.

Interested in serving as a sponsor, a golfer or a volunteer? Please visit www.Golf100Holes.com or contact Doug Knott, 100 Holes Committee Chairperson, at (603) 689-5030 or doug@knottslandcare.com.

Laconia Rotary Club Announces the 30th Anniversary of the 2022 Motorcycle Week Harley-Davidson Raffle! - June 19, 2022

As one of the oldest Rotary Clubs in District 7870 (chartered in 1925), it's only fitting that Laconia Rotary Club partner with the World's Oldest Motorcycle Rally, Laconia Motorcycle Week, for our annual fundraiser.

For 30-years (as of 2022), Laconia Rotary's biggest fundraiser has been a motorcycle raffle, which runs from winter through late spring, commencing on the last day of Laconia Motorcycle Week where we announce the winner of a brand-new 2022 Harley-Davidson right on Lakeside Avenue in the heart of Weirs Beach (**June**

Rotary Club of Laconia
You Could
WIN THIS HARLEY!

30th Annual
Charity Raffle

2022
**Harley-Davidson
Street Glide®**

Only a limited number of tickets sold*
(Maximum 5000)
\$20 each

Don't miss the chance to win!
BUY YOUR TICKET NOW

MSRP: \$22,824

Drawing in the last Sunday of Motorcycle Week - 4:00pm
Purchase your tickets at www.laconiarotary.org




19th, 2022 at 4pm). Each year, we work for well-over six months selling a LIMITED number of tickets for \$20 each for the chance to win the motorcycle.

Proceeds from the raffle directly benefit our community, including organizations such as, The Lakes Region Scholarship Foundation, Boys & Girls Club of Central NH, Got Lunch Laconia, Belknap Mill Society, Gale Memorial Library, Laconia Little League, NH Veterans' Association and many more! Laconia Rotary has supported the Lakes Region Scholarship Foundation for 64-years with scholarship contributions totaling \$354,500! Additionally, Laconia Rotary Club makes an annual financial commitment to the Rotary International Foundation, helping to provide financial support for global projects, such as providing clean water and emergency shelter boxes to people living in third-world countries.

This year's motorcycle is a 2022 White Sand Pearl Harley-Davidson Street Glide. [TICKETS SALES ARE NOW OPEN!!](#)

Butterfly Release - August 26, 2022

Springfield Rotary Club
BUTTERFLY RELEASE
Friday August 26, 2022, 6:30 PM
COMTU Cascade Park
5 Main Street, Springfield, VT




EVENT: A Springfield Rotary Club fundraiser "Live Butterfly Release" to remember and honor our friends and family.
PROGRAM: A brief program reading the names of the people remembered / honored and the butterfly release.
TO PARTICIPATE: Sponsor butterflies in memory of or in honor of loved ones by returning the section below:

BUTTERFLY REGISTRATION FORM
Please return this section and payment to:
Springfield Rotary Club
PO Box 808, Springfield, VT 05156
Please make checks payable to "Springfield Rotary Club"

FROM: (Please print donor information)
Name: _____
Address: _____
City: _____ State: _____ Zip: _____
Phone: _____ Email: _____

ORDER YOUR BUTTERFLIES:
I (we), wish to register the following names for the 2022 Butterfly Release. Name(s) to be remembered / honored for each butterfly. \$10 per name / per butterfly

1. _____
2. _____
3. _____
4. _____
5. _____



Link to application form:

<https://bit.ly/3KF9v2i>

Ride New England IFMR - September 6-16, 2022

<http://www.ifmr.org/chapter/North-America.html>

RIDE NEW ENGLAND IFMR September 6-16, 2022

Join IFMR-NA as we ride through some of the most famous motorcycle roads in North America.

1. Arrive in Manchester, NH
2. Manchester to Woodstock, VT
3. Woodstock to Stowe, VT
4. Stowe, VT to Wilton, ME
5. Coastal Maine to Freeport
6. Day Ride to Kennebunkport/Old Orchard Beach
7. Mount Washington Region, NH
8. Kancamagus Highway, NH, to Fairlee, Vt
9. Fairlee, VT, Day Ride
10. Connecticut River Valley, VT to Manchester, NH
11. Farewell

Tour Key: (B): included breakfast (D): included dinner

Day 1: Make your way to Manchester, NH. Check into the SpringHill Suites Manchester Airport. Enjoy a welcome dinner while getting to know your fellow riders and waiting to receive your bikes. (D)

Day 2: The ride begins. We head west across New Hampshire to scenic Vermont Route 100 - part of every motorcycle owner's bucket list. Our first day will include stops at the boyhood home of Paul Harris and the Vermont Country Store. We will overnight in one of Vermont's most idyllic small towns, at the Woodstock Inn. (B)

Day 3: We head for the twisties in the Green Mountains. The roads are narrow and hilly with almost no traffic. It is an amazing ride. We end our day at the Trapp Family Lodge, founded by the family portrayed in the movie, "The Sound of Music." Dinner will be an authentic Austrian Buffet at the resort. (B)(D)

Day 4: Today will take us back into old-time country life, as we ride through Vermont's Northeast Kingdom. Later today we will pass through Dixville Notch, NH - the first place to vote in every national election. "As goes Dixville, so goes the nation." Our day ends in Wilton, Maine with a stay at the Comfort Inn. (B)

Day 5: We head for Rockland and Camden, Maine, and then ride south along the coast. Lunch will be in Boothbay where we can sit at the water's edge overlooking the harbor. We will then have a short ride over to Bailey Island, ending our day in Freeport, Maine with a 2- night stay at the Harraseeket Inn. (B)

Day 6: Today we will ride down the coast to Kennebunkport, the summer home of the President Bush family. Along the way we will stop and walk on Old Orchard Beach. We will return in the early afternoon to allow time to explore Freeport, it's many shops, and even the L.L. Bean flagship store. Dinner will be an authentic Maine Lobster Bake at the home of our tour guide, Bill Sahlman. (B)(D)

Day 7: We ride on the back roads of Maine into New Hampshire and up the Mount Washington Auto Road - a truly memorable ride. Our overnight is at the Bretton Arms Inn at the Mount Washington Resort. (B)

Day 8: Today, we head west across New Hampshire on the Kancamagus Highway. It will be a day of mountain riding along more twisties. This evening we arrive in Fairlee, VT for a 2-night stay at the Lake Morey Resort. Tonight, enjoy included dinner in the resort restaurant. (B)(D)

Day 9: Today we will ride the backroads of Bill's youth which are not normally seen by motorcycle riders. Our day ends with a barbecue at Lebanon/Riverside Rotary Club Park. Today's ride is dedicated to THE WORLD'S GREATEST RIDE to END POLIO. We are asking each participant to donate \$100 to Polio Plus and receive credit toward your Paul Harris Fellowship Award. John Kramb will be present at the BBQ to collect donations. You may also email him at pdgjohn2015@gmail.com (B)(D)

Day 10: Our last day of riding will take us down the Connecticut River Valley to the town of Hanover, NH - home of Dartmouth College. We will see covered bridges, small towns, and scenery that makes New England special. Our ride ends this evening as we return to SpringHill Suites Manchester Airport. Enjoy included farewell dinner at the hotel. (B)(D)

Day 11: Enjoy the included hotel breakfast and bid farewell to your fellow riders. (B)

Tour package price: \$1799 per person based on double occupancy \$3199 for single occupancy. Package includes: 10 nights hotel, 10 breakfasts, 6 dinners. All additional items not noted on the itinerary are at the expense of the individual such as motorcycle rental, fuel, meals, and items of a personal nature.

Booking Requirements: \$500 deposit per person due at booking. (Deposit nonrefundable as of 3/1/2022) Final Payment due June 1, 2022. Entire package nonrefundable at final payment. Travel

Insurance is highly recommended. To book the tour package, please contact: Erik Hayes – Travel Advisor – AAA Travel Hayes.Erik@nne.aaa.com 207-780-6955

Motorcycle Rental: Please book directly with EagleRider by contacting Suzanne Lopez at slopez@eaglerider.com. Be sure to mention IFMR discount. (Estimated motorcycle rental is \$1500.) For other options, please contact Bill Sahlman.

Non-riding Participants: Non-riding participants may rent their own vehicle and follow along, or ride in our provided chase vehicle for a fee of \$200 per person. Please contact Bill Sahlman for space.

Please book early as motorcycle rentals and hotel space are limited.

The start and finish of our tour are easily accessible from Manchester, NH Airport (MHT) using the airport shuttle provided by SpringHill Suites. Boston Logan Int'l Airport (BOS) is also within a 1-hour drive from the hotel (transfers not provided). Book flights on your own or through our AAA Travel Advisor.

IFMR-NA Organizer: Bill Sahlman bill.sahlman@gmail.com 603-381-8988.

Rotary West 2022 Duck Fest

by Carol Powis

The Rotary Club of Nashua West will be hosting its Fifth Annual Duck Fest on Saturday, October 15th. Ten thousand baby rubber ducklings will again float down the Nashua River near Renaissance Park.



This year's event promises to be filled with tons of family fun activities and events. In addition to live entertainment from the Joe Mack Band, there will be a beer garden, food trucks and games and activities for adults and children.

Proceeds from this event will benefit 40 area nonprofit organizations, provide \$15K in scholarships for qualified high school seniors and allow our club the opportunity to support international humanitarian programs.



Currently, we are looking for individual and corporate sponsors. If you are interested, please reach out to Kim Reagan at kim.reagan@comcast.net.

If you would like purchase ducks, they are \$5 each or can be purchased as adoption packages: a six quack for \$25 a quackers dozen for \$50 or a flock for \$100 by visiting <http://www.nashuaduckderby.com>.

Calendars

District 7870 Calendar

So much going on within the clubs in the district! Be sure to regularly check this District Calendar of Events: <http://rotary7870.org/events/calendar>

Do you have an entry for the District online calendar? Please email your entry to: prrotary7870@gmail.com.

Months of the Rotary Year

Many months of the year are designated by Rotary International for special significance. Here are the ones for this Rotary year:

July New Rotary Year

August Membership and New Club Development Month

September Basic Education and Literacy Month

October Economic and Community Development Month

November Rotary Foundation Month

December Disease Prevention and Treatment Month

January Vocational Service Month

February Peace and Conflict Prevention/Resolution Month

March Water and Sanitation Month

April Maternal and Child Health Month

May Youth Service Month

June Rotary Fellowships Month

Miscellaneous

Have Something You'd Like to Share with the Entire District?

Updates and short (1 page) articles, along with images (**Word and JPEGs only. NO PDFs please**) may be submitted to Martin Cohn and Maureen Mooney at prrotary7870@gmail.com to be included in the Monthly Newsletter. The District Newsletter is a means of communicating with other clubs in our district: items of interest, upcoming events, fundraisers or opportunities for service. **Deadline for next Newsletter Submissions: June 15th, 2022 at 9:00 AM.**

Website and Social Media

Be sure to check (and share) the Rotary District 7870 **website** at: www.rotary7870.org.

Be sure to join (and share) the Rotary District 7870 **Facebook page** here:



District Governor - Closing



Dear District Rotarians & Others,

In conclusion, as your District Governor in this month of Youth Focus, I wanted to share with you a Thank You note from my Friend

Rotarian Mateo Karczmarczuk from Poland. Our District 7870 and his District 2231 have worked together to bring relief and

happier months to the Ukraine Youth being sheltered at our “The Little Prince” hospice. So, let’s continue to engage others who are like minded and wish for a peaceful world for the next generations’ children.



SERVE TO CHANGE LIVES

Dear John Bob, Dear Friends

In recent days we were visited by a delegation of Ukrainian Rotarians with the current Governor of D-2232 Volodymyr Bondarenko to thank the Rotary Club Lublin Centrum (D-2231) for organizing assistance to Ukraine and Ukrainian refugees. I was obliged to give an especially heartfelt thank you to the American Rotarians of District 7870 New Hampshire/Vermont and personally to DG John Bob Siemienowicz. It is because of your District’s big heart and generosity that we were able to complete much needed humanitarian projects. So I extend these thanks and expressions of gratitude on behalf of the Rotarians of Ukraine.

I am attaching a photo from this meeting. From left: Vira Syriamina - PDG D-2232, V. Bondarenko - District Governor, Mateo and other members of our Club.

My Best Regards

Mateo

RC Lublin-Centrum D-2231

Mateo Karczmarczuk

*CPP, PDG, PD RYE CC, PD GSE, PHF, CPN
23/24*

Be Well,
John Bob

