

ANTS ON A LOG

“Logs”; sliced celery, carrots, apples, bananas, peaches, nectarines

Fillings: peanut butter, cottage cheese, hummus, yogurt fruit dip

“Ants” raisins, dried; blueberries, cranberries, pineapple,
chopped dates, mini chocolate chips, granola

Instructions:

Cut “Logs” into serving size portions, large enough for little hands to hold

Spread a filling on the logs

Add “Ants” of choice to top of the filling

Sujoy Spencer (The Brookfields)