**GOOGLE PHOTOS**

**https://goo.gl/photos/D7QrRcikMStiBDw46**

**District 7910 Interact Teen and Advisor Training, September 17, 2016, Sheraton Hotel, Needham**

Nearly 50 participants from 14 Rotary communities took part in a District Interact Teen and Advisor Training Seminar, which was held on Saturday, September 17 at the Sheraton Hotel in Needham.

Two types of content were presented: Seminars 1 through 4 discussed how to either launch a new Interact club or enhance an existing club, including a District 7910 monthly video clip competition about projects underway by each club; and Seminar 5 was a train- the- trainer workshop for launching the Interact peer-leadership and depression-prevention project in a local community.

For more information, contact Bob Anthony, chair of the District 7910 Interact Committee, at bobanthony@adolescentwellness.org. To learn more about Interact, visit http://rotary7910.org/SitePage/youth-service/interact.

Here is a listing of the Seminar presenters and their topics. For links to YouTube videos of these Seminars - recorded and produced by Auburn Rotarian Steve Jones-D'Agostino - visit <http://rotary7910.org/page/interact-training-seminar-september-26-2016/>

Photos: Steve Jones-D'Agostino, Auburn Rotary; and Cynthia Sibold, Wellesley Rotary

Seminar 1: Wellesley Interactors Hannah Lee and Lindsay Canaday:

-Why I am in Interact

-The Wellness Project experience and outcomes

-What I expect and need from the Rotary and faculty advisors

Seminar 2: Bob Anthony, chair, District Interact Committee:

-How to launch an Interact club

-Certification letter, roles and responsibilities of the president, the Rotary advisor and, in the case of school-based clubs, the faculty advisor

Seminar 3: Hannah Lee and Lindsay Canaday:

-Review the Presidential Citation; invite monthly video-clip competition

-Membership, succession, financial viability and sustainability

Seminars 4 & 5: Motivational life coach Jeff Levin and psychologist Nadja Reilly of Family and Educational Wellness Center:

-Brainstorming with PIP (Problems, Ideas, Plans)

-One idea for each Interact club's goal for the year

-One idea adopted by all district Interact clubs to implement

-Action plan, including routine communication among district Interact members

 Seminar 6: Nadja Reilly:

-How to co-facilitate the Wellness Project in your community

-Train-the-Trainer workshop using the Break Free From Depression curriculum opportunities to teleconference with Interact peer leaders in other schools locally and internationally sharing ideas and experiences around the Wellness Project

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