

**DISTRICT INTERACT TEEN AND ADVISOR TRAINING SEMINAR A HUGE SUCCESS**

By Bob Anthony



Nearly 50 participants from 14 Rotary communities took part in a **District Interact Teen and Advisor Training Seminar**, which was held on Saturday, **September 17** at the Sheraton Hotel in Needham.

**Two types of content** were presented: Seminars 1 through 4 discussed how to either launch a new Interact club or enhance an existing club, including a District 7910 monthly video clip competition about projects underway by each club; and Seminar 5 was a train- the- trainer workshop for launching the Interact peer-leadership and depression-prevention project in a local community.

Here is a listing of the **presenters** and their **topics**, including **links to video** of the Seminar presentations, which were recorded and produced by **Steve Jones-D'Agostino** of Auburn Rotary:

**Seminar 1:** Wellesley Interactors **Hannah Lee** and **Lindsay Canaday:**

(To watch 7-minute video, [click here](https://youtu.be/2iVU4tbsxQE))

* Why I am in Interact
* The Wellness Project experience and outcomes
* What I expect and need from the Rotary and faculty advisors

**Seminar 2:** District Interact Committee Chair **Bob Anthony**:

(To watch 10-minute video, [click here](https://youtu.be/nqaxpCvOGfQ))

* How to launch an Interact club
* Certification letter, roles and responsibilities of the president, the Rotary advisor and, in the case of school-based clubs, the faculty advisor

**Seminar 3:** Wellesley Interactors **Hannah Lee** and **Lindsay Canaday:**

(To watch 27-minute video, [click here](https://youtu.be/gDIKH6ymHhk))

* Review the Presidential Citation; invite monthly video-clip competition
* Membership, succession, financial viability and sustainability
* Motivational life coach

**Seminar 4 Part 1:** Motivational life coach **Jeff Levin:**

(To watch 16-minute video, [click here](https://youtu.be/FneWwmjGI2w))

* Brainstorming with PIP (Problems, Ideas, Plans)
* One idea for each Interact club's goal for the year
* One idea adopted by all district Interact clubs to implement
* Action plan, including routine communication among district Interact members

**Seminar 4 Part 2:** Psychologist **Nadja Reilly** of Family and Educational Wellness Center - with motivational life coach **Jeff Levin**, at the end, getting the audience involved in a sing-along

(To watch 114- minute video, [click here](https://youtu.be/nn7ZBUbKa6k))

* Brainstorming with PIP (Problems, Ideas, Plans)
* One idea for each Interact club's goal for the year
* One idea adopted by all district Interact clubs to implement
* Action plan, including routine communication among district Interact members



**Seminar 5:** Psychologist **Nadja Reilly** of Family and Educational Wellness Center

(To watch 86-minute video, [click here](https://youtu.be/6QwrZe8Qu7I))

* How to co-facilitate the Wellness Project in your community
* Train-the-Trainer workshop using the Break Free From Depression curriculum opportunities to teleconference with Interact peer leaders in other schools locally and internationally sharing ideas and experiences around the Wellness Project
* Motivational life coach **Jeff Levin** gets the audience involved in a sing-along

Photos: Steve Jones-D'Agostino, Auburn Rotary; and Cynthia Sibold, Wellesley Rotary

To **view and download** these and additional **Seminar photos,** [click here](https://goo.gl/photos/D7QrRcikMStiBDw46).

To l**earn more** about **Interact**, [click here](http://rotary7910.org/SitePage/youth-service/interact).

For more information, contact **Bob Anthony,** chair of the **District 7910 Interact Committee**, at bobanthony@adolescentwellness.org. ​​​​​​

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