**YOUTUBE**

**Keywords:**

Rotary

Rotary International

Rotary Massachusetts

Rotary Central Massachusetts

Interact Massachusetts

Interact Central Massachusetts

Rotary Interact Massachusetts

Rotary Interact Central Massachusetts

Service Above Self

**District Interact Teen and Advisor Training - Seminar 1 - Why I am in Interact**

**https://youtu.be/2iVU4tbsxQE**

**<iframe width="854" height="480" src="https://www.youtube.com/embed/2iVU4tbsxQE" frameborder="0" allowfullscreen></iframe>**

Nearly 50 participants from 14 Rotary communities took part in a District Interact Teen and Advisor Training Seminar, which was held on Saturday, September 17, 2016 at the Sheraton Hotel in Needham.

Two types of content were presented: Seminars 1 through 4 discussed how to either launch a new Interact club or enhance an existing club, including a District 7910 monthly video clip competition about projects underway by each club; and Seminar 5 was a train- the- trainer workshop for launching the Interact peer-leadership and depression-prevention project in a local community.

In Seminar 1, Wellesley Interactors Lindsay Canaday and Hannah Lee discuss "Why I am in Interact," including The Wellness Project experience and outcomes, and what they expect and need from the Rotary and faculty advisors.

Here are the other presenters and their topics. You can view these Seminars in additional Training videos - recorded and produced by Auburn Rotarian Steve Jones-D'Agostino - posted on this YouTube page.

Seminar 2: Bob Anthony, chair, District Interact Committee

• How to launch an Interact club

• Certification letter, roles and responsibilities of the president, the Rotary advisor and, in the case of school-based clubs, the faculty advisor

Seminar 3: Hannah Lee and Lindsay Canaday

• Review the Presidential Citation; invite monthly video-clip competition

• Membership, succession, financial viability and sustainability

Seminar 4: Motivational life coach Jeff Levin and psychologist Nadja Reilly of Family and Educational Wellness Center

• Brainstorming with PIP (Problems, Ideas, Plans)

• One idea for each Interact club's goal for the year

• One idea adopted by all district Interact clubs to implement

• Action plan, including routine communication among district Interact members

Seminar 5: Nadja Reilly

• How to co-facilitate the Wellness Project in your community

• Train-the-Trainer workshop using the Break Free From Depression curriculum opportunities to teleconference with Interact peer leaders in other schools locally and internationally sharing ideas and experiences around the Wellness Project

View Training photos: https://goo.gl/photos/D7QrRcikMStiBDw46.

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For more information, contact Bob Anthony, chair of the District 7910 Interact Committee, at [bobanthony@adolescentwellness.org](mailto:bobanthony@adolescentwellness.org).

**District Interact Teen and Advisor Training - Seminar 2 - How to launch an Interact club**

**https://youtu.be/nqaxpCvOGfQ**

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In Seminar 2, Bob Anthony, chair of the District Interact Committee, discusses “How to launch an Interact club,” including the certification letter, roles and responsibilities of the president, the Rotary advisor and, in the case of school-based clubs, the faculty advisor.

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Seminar 1: Wellesley Interactors Lindsay Canaday and Hannah Lee

• Why I am in Interact

• The Wellness Project experience and outcomes

• What I expect and need from the Rotary and faculty advisors

Seminar 3: Hannah Lee and Lindsay Canaday

• Review the Presidential Citation; invite monthly video-clip competition

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**District Interact Teen and Advisor Training - Seminar 3 - How to run and sustain an Interact club**

**https://youtu.be/gDIKH6ymHhk**

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In Seminar 3, Hannah Lee and Lindsay Canaday of Wellesley Interact discuss “How to run and sustain an Interact club,” including review the Presidential Citation, invite monthly video-clip competition, and membership, succession, financial viability and sustainability

Here are the other presenters and their topics. You can view these Seminars in additional Training videos - recorded and produced by Auburn Rotarian Steve Jones-D'Agostino - posted on this YouTube page.

Seminar 1: Wellesley Interactors Lindsay Canaday and Hannah Lee

• Why I am in Interact

• The Wellness Project experience and outcomes

Seminar 2, Bob Anthony, chair of the District Interact Committee

• How to launch an Interact club

• Certification letter, roles and responsibilities of the president, the Rotary advisor and, in the case of school-based clubs, the faculty advisor

• What I expect and need from the Rotary and faculty advisors

Seminar 4: Motivational life coach Jeff Levin and psychologist Nadja Reilly of Family and Educational Wellness Center

• Brainstorming with PIP (Problems, Ideas, Plans)

• One idea for each Interact club's goal for the year

• One idea adopted by all district Interact clubs to implement

• Action plan, including routine communication among district Interact members

Seminar 5: Nadja Reilly

• How to co-facilitate the Wellness Project in your community

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**District Interact Teen and Advisor Training - Seminar 4 Part 1 - Brainstorming with PIP**

**https://youtu.be/FneWwmjGI2w**

**<iframe width="480" height="270" src="https://www.youtube.com/embed/FneWwmjGI2w" frameborder="0" allowfullscreen></iframe>**

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In Seminar 4 Part 1, motivational life coach Jeff Levin discusses “Brainstorming with PIP (Problems, Ideas, Plans),” including one idea for each Interact club's goal for the year, one idea adopted by all district Interact clubs to implement, and action plan, including routine communication among district Interact members.

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• Why I am in Interact

• The Wellness Project experience and outcomes

Seminar 2: Bob Anthony, chair of the District Interact Committee

• How to launch an Interact club

• Certification letter, roles and responsibilities of the president, the Rotary advisor and, in the case of school-based clubs, the faculty advisor

• What I expect and need from the Rotary and faculty advisors

Seminar 3: Wellesley Interactors Hannah Lee and Lindsay Canaday

• How to run and sustain an Interact club

• Review the Presidential Citation

• Invite monthly video-clip competition, and membership, succession, financial viability and sustainability

Seminar 4 Part 2: Psychologist Nadja Reilly of Family and Educational Wellness Center

• Brainstorming with PIP (Problems, Ideas, Plans)

• One idea for each Interact club's goal for the year

• One idea adopted by all district Interact clubs to implement

• Action plan, including routine communication among district Interact members

Seminar 5: Psychologist Nadja Reilly of Family and Educational Wellness Center

• How to co-facilitate the Wellness Project in your community

• Train-the-Trainer workshop using the Break Free From Depression curriculum opportunities to teleconference with Interact peer leaders in other schools locally and internationally sharing ideas and experiences around the Wellness Project

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**District Interact Teen and Advisor Training Seminar - Seminar 4 Part 2 - Brainstorming with PIP**

**https://youtu.be/nn7ZBUbKa6k**

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In Seminar 4 Part 2, psychologist Nadja Reilly of Family and Educational Wellness Center discusses “Brainstorming with PIP (Problems, Ideas, Plans),” including one idea for each Interact club's goal for the year, one idea adopted by all district Interact clubs to implement, and action plan, including routine communication among district Interact members. At the end, motivational life coach Jeff Levin gets the audience involved in a sing-along.

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Seminar 3: Wellesley Interactors Hannah Lee and Lindsay Canaday

• How to run and sustain an Interact club

• Review the Presidential Citation

• Invite monthly video-clip competition, and membership, succession, financial viability and sustainability

Seminar 4, Part 1: Motivational life coach Jeff Levin

• Brainstorming with PIP (Problems, Ideas, Plans)

• One idea for each Interact club's goal for the year

• One idea adopted by all district Interact clubs to implement

• Action plan, including routine communication among district Interact members

Seminar 5: Psychologist Nadja Reilly of Family and Educational Wellness Center

• How to co-facilitate the Wellness Project in your community

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**District Interact Teen and Advisor Training - Seminar 5 - Co-facilitation of Wellness Project**

**https://youtu.be/6QwrZe8Qu7I**

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In Seminar 5, psychologist Nadja Reilly of Family and Educational Wellness Center discusses “How to co-facilitate the Wellness Project in your community,” including Train-the-Trainer workshop using the Break Free From Depression curriculum opportunities to teleconference with Interact peer leaders in other schools locally and internationally sharing ideas and experiences around the Wellness Project.

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• How to run and sustain an Interact club

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• Invite monthly video-clip competition, and membership, succession, financial viability and sustainability

Seminar 4, Part 1: Motivational life coach Jeff Levin

• Brainstorming with PIP (Problems, Ideas, Plans)

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• Action plan, including routine communication among district Interact members

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**-END-**