

## What Is Domestic Violence?

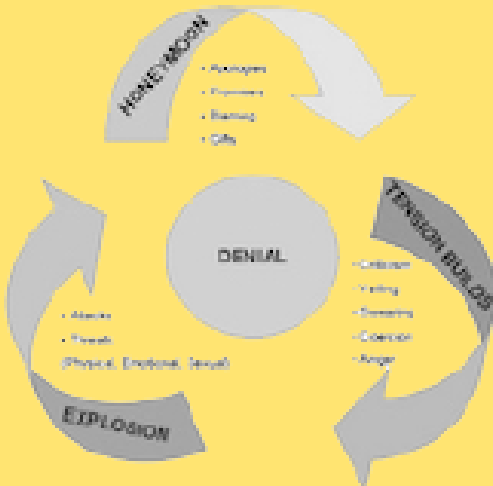
Domestic violence (also called intimate partner violence (IPV), domestic abuse or relationship abuse) is a pattern of behaviors used by one partner to maintain power and control over another partner in an intimate relationship.

**NO ONE DESERVES TO BE ABUSED. THERE ARE OPTIONS.**

Domestic violence does not discriminate. Anyone of any race, age, sexual orientation, religion or gender can be a victim – or perpetrator – of domestic violence. It

can happen to people who are married, living together or who are dating. It affects people of all socioeconomic backgrounds and education levels.

Domestic violence includes behaviors that physically harm, arouse fear, prevent a partner from doing what they wish or force them to behave in ways they do not want. It includes the use of physical and sexual violence, threats and intimidation, emotional abuse and economic deprivation. Many of these different forms of domestic violence/abuse can be occurring at any one time within the same intimate relationship.



## Gifts of Hope

UNLIMITED

[giftsofhopeunlimited.org](http://giftsofhopeunlimited.org)



## Gifts of Hope

UNLIMITED

**We thank you for your support.  
Your contributions allow us to  
fulfill our mission.**

*Please also consider donating:*

**Household Goods  
(Dishes, Pots, Pans, Silverware)**

**Visa, Uber And Lyft Cards**

**Pharmacy and Grocery Cards**

**New Bed Linens**

**New Towels**

**Feminine Hygiene Products**

**Diapers (any size)**

**Furniture**

**Small Kitchen Appliances**

FOR MORE INFORMATION, PLEASE WRITE:  
GIFTSOFHOPUNLIMITED@GMAIL.COM  
OR CALL 978-440-0074 OR 978-440-0084



*Supporting and assisting individuals  
affected by relationship violence  
gain access to resources for  
a safe and empowered future.*



GIFTS OF HOPE UNLIMITED

## A Metrowest Boston-based Organization

For individuals affected by relationship violence who are struggling to access the necessary resources required to sustain themselves, Gifts of Hope Unlimited Inc. provides support and assistance needed to bridge towards a safer and empowered future.

## Who We Serve

GOHU supports survivors of relationship violence access items needed for the home and/or provide financial assistance. Through household goods and funds provided by GOHU, survivors can reestablish a new normalcy and are better empowered to focus on creating a safer environment.

We service the URGENT financial needs of families affected by relationship violence.



## Community Contributions Are Vital To Our Success

GOHU has been consistently able to raise monetary funds from individual contributors since 2012 allowing for the ability to provide necessary funding for financial needs in this program. Beginning in 2017, GOHU has also expanded efforts to partner with local community based organizations, resulting in receipt of grants (such as Lady of Fatima, a faith-based organization). In addition, GOHU has received storage space and other support from local organizations (such as First Baptist Church) which has provided the necessary operational budget required for GOHU to dedicate its financial resources towards helping those in need.

**Send your tax-deductible donation to: Gifts Of Hope Unlimited Inc., PO Box 338, Sudbury MA 01776 or donate online: [www.giftsofhopeunlimited.org](http://www.giftsofhopeunlimited.org)**

*Gifts Of Hope Unlimited Inc. is a 501(c)3 Non-Profit Organization and all donations are tax deductible as allowed by law.*

## OUR MISSION:

Support and assist individuals affected by relationship violence to gain access to resources for a safe and empowered future.

## Our Programs and Services

### ♥ FINANCIAL ACCESS PROGRAM:

Survivors impacted by relationship violence struggle to maintain a level of normalcy for themselves and their dependents especially as the financial means to survive in a single-provider household are enhanced. This program provides the necessary monetary funds to help the victims fund for daily lifestyle needs or for additional expenses incurred, such as legal or medical.

### ♥ PRODUCT ACCESS PROGRAM:

Survivors impacted by relationship violence feel as though they have been left stranded on an island of their own. Many institutions offer contacts that can help the survivor meet daily needs. Unfortunately, this results in more time spent calling multiple helplines for each of their needs. This program allows GOHU to work with the local social worker and domestic violence service provider agencies to identify needs that can be fulfilled, such as household goods and furniture, so that survivors can concentrate just a little bit more on rebuilding their lives.



**If you, or someone you know, is affected by domestic violence, find help.**

**ALWAYS CALL 911 FOR URGENT HELP**

### FOR EMERGENCY SHELTER AND OTHER SERVICES

#### REACH

800-899-4000

[www.reachma.org](http://www.reachma.org)

#### Voices Against Violence

800-593-1125

[www.smoc.org](http://www.smoc.org)

#### DVVAP

*Warm line; Advocates will return your call.*

888-399-6111

Domestic Violence Services Network

[www.dvsn.org](http://www.dvsn.org)

#### The Second Step

617-965-3999

[www.thesecondstep.org](http://www.thesecondstep.org)

### MASSACHUSETTS (STATEWIDE)

#### SAFELINK

*Services are free and confidential*

877-785-2020

TTY: 877-521-2601

[www.janedoe.org](http://www.janedoe.org)

### OUTSIDE MASSACHUSETTS:

**National Domestic Violence Hotline**

800-799-SAFE (800-799-7233)